

# NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

## NICE guidelines

### Equality impact assessment

#### Behaviour change: digital and mobile-health (m-health) interventions

The impact on equality has been assessed during guidance development according to the principles of the NICE equality policy.

#### 4.0 Final guideline (to be completed by the Developer before GE consideration of final guideline)

4.1 Have any additional potential equality issues been raised during the consultation, and, if so, how has the Committee addressed them?

No additional equality issues were raised during consultation.

4.2 If the recommendations have changed after consultation, are there any recommendations that make it more difficult in practice for a specific group to access services compared with other groups? If so, what are the barriers to, or difficulties with, access for the specific group?

None identified that would make it more difficult for a group to access services.

4.3 If the recommendations have changed after consultation, is there potential for the recommendations to have an adverse impact on people with disabilities because of something that is a consequence of the disability?

No changes made that would have an adverse impact on people with disabilities.

4.4 If the recommendations have changed after consultation, are there any recommendations or explanations that the Committee could make to remove or alleviate barriers to, or difficulties with, access to services identified in question 4.2, or otherwise fulfil NICE's obligations to advance equality?

Not applicable.

4.5 Have the Committee's considerations of equality issues been described in the final guideline, and, if so, where?

Equality issues were considered when creating recommendations 1.1.5, 1.1.7, 1.1.8, 1.1.9, 1.2.2, 1.2.3, 1.2.7, 1.3.2, 1.3.3, 1.3.4, 1.4.3, 1.7.3. The issues are described in the rationale sections for developing digital and mobile health interventions, commissioning digital and mobile health interventions, using digital and mobile health interventions, diet and physical activity, and unsafe sexual behaviour.

Inequalities relating to COVID-19 are discussed in the rationales for sections developing digital and mobile health interventions, commissioning digital and mobile health interventions, and using digital and mobile health interventions. This is also reflected in the recommendation relating to commissioners assessing whether these interventions could meet some of the needs of the local population which includes the need to address digital exclusion. This is also reflected in recommendations on discussions about the use of the interventions which include aspects of digital exclusion.

Detailed discussions on inequalities are included in the overall discussion of the evidence in evidence review A: smoking. Much of the committee's discussion centred around how to keep access to interventions open for all.

Updated by Developer: Sarah Willett, Associate Director

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Approved by NICE quality assurance: Simon Ellis, Guideline Lead

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