1 2	NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE
3	Guideline scope
4	Safeguarding adults in care homes
5	
6 7	The Department of Health and Social Care in England has asked NICE to develop a guideline on safeguarding adults in care homes.
8	The guideline will be developed using the methods and processes outlined in developing NICE guidelines: the manual.
10	The guideline will contribute to the development of NICE quality standards.
11	
12	1 Why the guideline is needed
13	Key facts and figures
14 15 16 17	Over 465,000 people live in the 22,000 care homes in the UK. Many of these people have high care and support needs, and are vulnerable to abuse and neglect. As well as care home residents, there are people with care and support needs that stay at care homes for short periods, including as day visitors.
19	In the 2016–17 period (in cases where the setting was recorded), care homes
20 21	(including homes with and without nursing) accounted for 36% of all safeguarding enquiries under the Care Act 2014.
22 23 24 25	In its <u>2017 report</u> , the Care Quality Commission stated that in relation to the quality of social care services, it ' is nursing homes that remain the biggest concern – 67% were rated as good and 1% as outstanding, with 29% rated as requiring improvement and 3% as inadequate'.

2

- Policy, legislation, regulation and commissioning
- 3 Legislation particularly relevant to this guideline includes:
- the Human Rights Act 1998
- the Mental Capacity Act 2005 and Deprivation of Liberty Safeguards (as of
- 6 November 2018, this is the subject of parliamentary debate through a
- 7 proposed amendment to the Mental Capacity Act)
- the Mental Health Acts 1983 and 2007
- the Health and Social Care Act 2008.
- 10 Despite the legal framework for adult safeguarding introduced by the Care Act
- 2014 and the associated statutory guidance, there is still variation in
- safeguarding procedures and practice at the local level.
- 13 Six principles underpin the safeguarding framework: empowerment,
- prevention, proportionality, protection, partnership and accountability.
- 15 As well as these 6 principles, this guideline will recognise the important
- 16 context of:
- the 'wellbeing principle' from the Care Act 2014
- a concept of safeguarding based on Making Safeguarding Personal, which
- 19 emphasises the need to prioritise changes that are meaningful to the
- individual rather than simply following a process.
- 21 Section 42 of the Care Act places a statutory duty on local authorities to make
- 22 an enquiry when there is reasonable cause to suspect that an adult with care
- and support needs:
- is experiencing or at risk of experiencing abuse and neglect and
- is unable to safeguard themselves because of their care and support
- 26 needs.
- 27 The local authority is the lead agency for adult safeguarding and should be
- 28 alerted whenever abuse or neglect is suspected. They will determine whether

- an investigation is necessary, and if so who will conduct it. The decision to
- 2 investigate depends on the criteria set out above, and not on whether a
- 3 person is eligible for or receiving services funded by the local authority.
- 4 Statutory guidance for the Care Act states that:
- 5 '... safeguarding means protecting an adult's right to live in safety, free
- from abuse and neglect. It is about people and organisations working
- 7 together to prevent and stop both the risks and experience of abuse or
- 8 neglect, while at the same time making sure that the adult's wellbeing is
- 9 promoted including, where appropriate, having regard to their views,
- wishes, feelings and beliefs in deciding on any action. This must
- recognise that adults sometimes have complex interpersonal
- relationships and may be ambivalent, unclear or unrealistic about their
- 13 personal circumstances.'
- 14 This guideline will cover a broad population of adults accessing care and
- support in care homes, including older people, people with learning and/or
- physical disabilities, people living with dementia, people with communication
- difficulties, people with mental health issues and people who may lack
- capacity now or in the future. It will also consider the particular safeguarding
- 19 needs of people without relatives, friends or advocates.
- The guideline will use the definitions of abuse and neglect in the Care Act,
- 21 which cover:
- physical abuse
- 23 domestic violence
- sexual abuse
- psychological abuse
- financial or material abuse
- modern slavery (such as forced labour)
- discriminatory abuse
- organisational abuse
- neglect and acts of omission

self-neglect.

## 2 **Who the guideline is for**

- 3 This guideline is for:
- care home providers, managers, staff and volunteers
- other health and social care practitioners working with adults in care homes
- health and social care commissioners of residential care for adults
- adults living in care homes, their families, friends, carers and advocates,
- 8 and the public.
- 9 It may also be relevant for:
- Safeguarding Adults Boards
- practitioners working within other residential settings where care and
- support is provided, for example unregistered settings such as supported
- 13 living services
- advocacy and user-led organisations, including Healthwatch
- providers of services within care homes (for example hairdressers or
- activity coordinators).
- 17 NICE guidelines cover health and care in England. Decisions on how they
- apply in other UK countries are made by ministers in the Welsh Government,
- 19 Scottish Government, and Northern Ireland Executive.

### 20 Equality considerations

- 21 NICE has carried out an equality impact assessment during scoping. The
- 22 assessment:
- lists equality issues identified, and how they have been addressed
- explains why any groups are excluded from the scope.
- 25 The guideline will look at inequalities caused by barriers to communication
- that make it more difficult to identify risks or report abuse or neglect. We will
- 27 make recommendations that:

- do not make assumptions (based on the protected characteristics within the
- 2 Equality Act 2010) about what is or isn't acceptable behaviour or care
- 3 within care homes
- do not make assumptions about the capacity of individuals to make
- 5 decisions for themselves
- promote a person-centred approach to safeguarding practices.

# 7 3 What the guideline will cover

#### 8 3.1 Who is the focus?

#### 9 Groups that will be covered

- Adults aged 18 and over who are accessing care and support in care
- 11 homes that are registered with the Care Quality Commission.

### 12 **3.2 Settings**

#### 13 Settings that will be covered

- Care homes (with or without nursing) that are registered with the Care
- 15 Quality Commission.

### 16 3.3 Activities, services or aspects of care

#### 17 Key areas that will be covered

- We will look at evidence in the areas below when developing the guideline,
- but it may not be possible to make recommendations in all the areas.
- 20 1 Identifying abuse in care homes
- 21 2 Identifying neglect in care homes
- 22 3 Managing safeguarding concerns about abuse and neglect
- 23 4 Supporting people directly affected
- 24 5 Multi-agency working and communication
- 25 6 Training and skills for safeguarding
- 26 7 Embedding learning in organisations to prevent abuse and neglect

#### 1 Areas that will not be covered

- 2 1 Criminal investigations and court proceedings
- 3 2 The role of Safeguarding Adults Boards
- 4 3 The role of the Care Quality Commission

#### 5 Related NICE guidance

#### 6 Published

- 7 Decision-making and mental capacity (2018) NICE guideline NG108
- 8 Dementia: assessment, management and support for people living with
- 9 <u>dementia and their carers</u> (2018) NICE guideline NG97
- Care and support of people growing older with learning disabilities (2018)
- 11 NICE guideline NG96
- Learning disabilities and behaviour that challenges: service design and
- delivery (2018) NICE guideline NG93
- People's experience in adult social care services: improving the experience
- of care and support for people using adult social care services (2018) NICE
- guideline NG86<u>Transition between inpatient mental health settings and</u>
- 17 <u>community or care home settings</u> (2017) NICE quality standard 159
- Transition between inpatient hospital settings and community or care home
- settings for adults with social care needs (2016) NICE quality standard 136
- Transition between inpatient mental health settings and community or care
- 21 <u>home settings</u> (2016) NICE guideline NG53
- Home care: delivering personal care and practical support to older people
- 23 <u>living in their own homes</u> (2015) NICE guideline NG21
- Transition between inpatient hospital settings and community or care home
- 25 <u>settings for adults with social care needs (2015) NICE guideline NG27</u>
- Managing medicines in care homes (2014) NICE guideline SC1
- Mental wellbeing of older people in care homes (2013) NICE quality
- 28 standard 50
- Self-harm (2013) NICE quality standard 34
- Patient experience in adult NHS services (2012) NICE guideline CG138
- Nutrition support for adults: oral nutrition support, enteral tube feeding and
- 32 parenteral nutrition (2006) NICE guideline CG32

### 3.4 Economic aspects

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10

- 2 We will take economic aspects into account when making recommendations.
- We will develop an economic plan that states for each review question (or key
- 4 area in the scope) whether economic considerations are relevant, and if so
- 5 whether this is an area that should be prioritised for economic modelling and
- 6 analysis. We will review the economic evidence and carry out economic
- 7 analyses, using a public sector perspective. However, we may also use a
- 8 wider perspective including additional costs and outcomes related to the
- 9 people using services and their carers, as appropriate.

## 3.5 Key issues and draft questions

- 11 While writing this scope, we have identified the following key issues and draft
- questions related to them. We have used 'abuse' and 'neglect' to refer to acts
- or omissions by individuals and organisations, and includes self-neglect.
- 14 1 Identifying abuse in care homes:
- 1.1 What physical, emotional, behavioural and social indicators should alert practitioners to the possibility of abuse in care homes?
- 1.2 What are the barriers and facilitators to identifying the risk or incidence of abuse in care homes?
- 19 2 Identifying neglect in care homes:
- 20 2.1 What physical, emotional, behavioural and social indicators should
- alert practitioners to the possibility of neglect in care homes?
- 22 2.2 What are the barriers and facilitators to identifying the risk or
- incidence of neglect in care homes?
- 24 3 Managing safeguarding concerns about abuse and neglect:
- 25 3.1 What tools and ways of working support effective recognition and
- reporting of safeguarding concerns in care homes?
- 3.2 What approaches are effective in responding to abuse in care
- 28 homes?
- 29 3.3 What approaches are effective in responding to neglect in care
- 30 homes?

2		to safeguarding concerns for practitioners, people in care homes, and			
3		families and carers?			
4	4	Supporting people directly affected:			
5		4.1 What support and information is needed by adults accessing care			
6		and support in care homes, and by practitioners and families, when a			
7		safeguarding concern is raised?			
8	5 Multi-agency working and communication:				
9		5.1 What are the barriers and facilitators to effective strategic partnership			
10		working, information sharing and communication involving care homes,			
11		local authorities, Safeguarding Adults Boards and local health			
12		organisations?			
13		5.2 What are the barriers and facilitators to effective multi-agency			
14		working at the individual operational level?			
15	6	Training and skills for safeguarding:			
16		6.1 What is the effectiveness of different models of training for			
17		safeguarding in care homes?			
18	7	Embedding learning in organisations to prevent abuse and neglect:			
19		7.1 What is the effectiveness and acceptability of approaches to embed			
20		learning in organisations about safeguarding in care homes in order to			
21		prevent abuse?			
22		7.2 What is the effectiveness and acceptability of approaches to embed			
23		learning in organisations about safeguarding in care homes in order to			
24		prevent neglect?			
25					
26	The key issues and draft questions will be used to develop more detailed				
27	revie	ew questions, which guide the systematic review of the literature.			
28	3.6	Main outcomes			
29	The	main outcomes that may be considered when searching for and			
30	assessing the evidence are:				
31	1	Morbidity (including physical and mental health, avoidable harm and			
32		injuries)			

3.4 What is the acceptability of approaches to managing and responding

1

1	2	Mortality	

- 2 3 Quality of life (including social care, mental health and health-related
- 3 outcomes)
- 4 4 Views and experiences of people using care homes, staff, friends and
- families (for example, gathered qualitatively or through the Making
- 6 Safeguarding Personal Outcomes Framework)
- 7 5 Workforce skills
- 8 6 Unnecessary transfers between settings
- 9 7 Economic outcomes (including resource use and impact on other
- services)

11

## 12 4 NICE quality standards and NICE Pathways

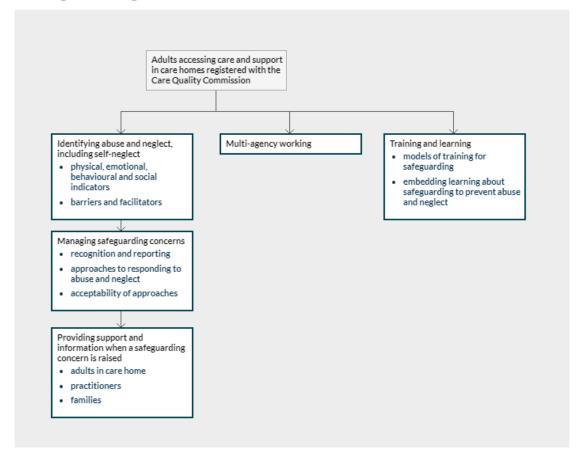
### 13 **4.1 NICE quality standards**

- 14 NICE quality standards that may need to be revised or updated when
- 15 this guideline is published
- Transition between inpatient mental health settings and community or care
- home settings (2017) NICE quality standard 159
- Transition between inpatient hospital settings and community or care home
- 19 <u>settings for adults with social care needs</u> (2016) NICE quality standard 136
- Mental wellbeing of older people in care homes (2013) NICE quality
- 21 standard 50

## 22 **4.2 NICE Pathways**

- 23 NICE Pathways bring together everything we have said on a topic in an
- interactive flowchart. When this guideline is published, the recommendations
- will be included in the NICE Pathway on safeguarding adults in care homes (in
- 26 development).
- 27 An outline based on this scope is included below. It will be adapted and more
- 28 detail added as the recommendations are written during guideline
- 29 development. Links will be added to relevant NICE Pathways.

# Safeguarding adults in care homes overview



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## 5 Further information

The guideline is expected to be published in October 2020.

You can follow progress of the guideline.

Our website has information about how NICE guidelines are developed.

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