

## Chronic pain Committee meeting 10

**Date:** 26/03/2019

**Location:** NGC Boardroom, Royal College of Physicians, London

**Minutes:** Final

<b>Committee members present:</b>		
Polly Ashworth (PA)		(Present for notes 1 – 5)
Chris Barker (CB)		(Present for notes 1 – 5)
Ian Bernstein (IB)		(Present for notes 1 – 5)
Diarmuid Denny (DD)		(Present for notes 1 – 5)
Benjamin Ellis (BE)		(Present for notes 1 – 5)
Jens Foell (JF)		(Present for notes 1 – 5)
Roger Knaggs (RK)		(Present for notes 1 – 5)
Nick Kosky (NK)		(Present for notes 1 – 5)
Candida McCabe (CM)		(Present for notes 1 – 5)
Lucy Ryan (LR)		(Present for notes 1 – 5)
Catherine Stannard (CS)		(Present for notes 1 – 5)
John Tetlow (JT)		(Present for notes 1 – 5)
Colin Wilkinson (CW) (by phone)		(Present for notes 1 – 5)

<b>In attendance:</b>		
Rebecca Boffa (RB)	Senior Research Fellow, NGC	(Present for notes 1 – 5)
Katie Broomfield (KB)	Project Manager, NGC	(Present for notes 1 – 5)
Serena Carville (SC)	Guideline Lead, NGC	(Present for notes 1 – 5)
Richard Clubbe (RC)	Systematic Reviewer, NGC	(Present for notes 4.3 – 5)
Margaret Constanti (MC)	Senior Health Economist, NGC	(Present for notes 1 – 5)
Catherine McEvoy (CME)	Guideline Commissioning Manager, NICE	(Present for notes 4.1 – 5)
Maria Smyth (MS)	Senior Research Fellow, NGC	(Present for notes 1 – 5)

**Apologies:**

**1. Welcome and objectives for the meeting**

NK welcomed the Committee members and attendees to the tenth meeting of the Chronic pain guideline. The Committee members and attendees introduced themselves.

NK informed the Committee that apologies had been received. These are noted above.

NK outlined the objectives of the meeting.

**Introductions****2. Confirmation of matter under discussion, and declarations of interest**

The DOI register was made available to NK. NK reviewed the DOI register and deemed that one committee member had DOIs that were in conflict with the agenda topics and clinical questions under discussion at this meeting:

- DD (Diarmuid Denny): The Chair used his discretion to ensure that this committee member was not unduly influencing recommendations for manual therapy.

NK asked everyone to verbally declare any interests that have arisen since application. The following new interests were received for this committee meeting:

**Committee Declarations of Interest**

N.B. The Committee members were recruited to this guideline using NICE DOI policy published April 2018.

<b>Insert initials</b>	<b>Declaration</b>	<b>Classification (as per the NICE DOI policy wording*)</b>	<b>Chair's action</b>
PA	Training pharmacists in psychological aspects of chronic pain for Morph Consultancy Ltd	Direct financial non-specific	No action other than the process of open declaration
CB	Co-authored a paper on CRPS European standards: Goebel A, <b>Barker C</b> , Birklein F, Brunner F, Casale R, Eccleston C, Eisenberg E, McCabe CS, Moseley GL, Perez R, Perrot S, Terkelsen A, Thomassen I, Zyluk A, Wells C. Standards for the diagnosis and management of Complex	Direct non-financial non-specific	No action other than the process of open declaration

	<p>Regional Pain Syndrome: results of a European Pain Federation task force. Eu J of Pain 2019 Jan 8. doi: 10.1002/ejp.</p> <p>Accepted a role as a mentor for versus arthritis.</p>	<p>Direct non-financial non-specific</p>	<p>No action other than the process of open declaration</p>
DD	<p>Mediaplanet campaign article that was a supplement in the Guardian: Representing physio pain association and highlighting the role of physiotherapy in pain.</p> <p>Interviewed for physio Frontline magazine to comment on the recent NICE high frequency neuromodulation guideline.</p> <p>Speaking at LSBU independent Prescribers CPD day on deprescribing in chronic pain. Speaker's fee was to my department charitable trust fund.</p>	<p>Direct non-financial specific</p> <p>Direct non-financial non-specific</p> <p>Indirect financial non-specific</p>	<p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p>
BE	<p>Appeared on BBC Radio 4 programme 'Sliced bread' discussing "Sports pain: Gels and sprays".</p> <p>Presentation on public health and musculoskeletal health to East Midlands PHE Centre</p> <p>Presentation on public health and musculoskeletal health to West Midlands PHE Centre</p> <p>National webinar on fibromyalgia for DWP Job Centre Plus work coaches and disability employment advisers</p>	<p>Direct financial non-specific</p> <p>Direct non-financial non-specific</p> <p>Direct non-financial non-specific</p> <p>Direct non-financial non-specific</p>	<p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p>
JF	<p>Contributing to the Metropolitan University of Cardiff's MSc in Sports and Exercise Medicine in April by running a session on 4 April 2019 about dry needling and</p>	<p>Direct non-financial specific</p>	<p>Partial exclusion</p>

	Acupuncture. It consists of an introduction and practical session about dry needling (palpating muscle tissue).		
LR	Community Information Worker for Age UK Oxfordshire Social Prescribing Service. This role does not involve working with people with chronic pain, rather with lonely older people.	Direct financial non-specific	No action other than the process of open declaration
	Lecture at the Guild of Health Writers on opioids and pain	Direct non-financial specific	No action other than the process of open declaration
	Lecture at the RCPsych on substance misuse in older people	Direct non-financial non-specific	No action other than the process of open declaration
	Debate at the RCPsych where CS proposed the motion that gabapentinoids have done more harm than good	Direct non-financial specific	Partial exclusion
	Lecture at the Association of Palliative Medicine on opioids – contextual considerations.	Direct non-financial non-specific	No action other than the process of open declaration
	Lecture at the Association of Palliative Medicine on long-term opioid prescribing	Direct non-financial non-specific	No action other than the process of open declaration
	Interview for the Sunday Times on opioids and Pain	Direct non-financial specific	Partial exclusion
	Correction published in the Sunday Times	Direct non-financial specific	Partial exclusion

	Interview in the Daily Mail on OTC and online codeine prescribing	Direct non-financial non-specific	No action other than the process of open declaration
	Radio 4 Phone-in 'you are yours' on opioids	Direct non-financial specific	No action other than the process of open declaration
	Interview with the Daily Mail on online opioid prescribing	Direct non-financial non-specific	No action other than the process of open declaration
	Interview with Radio Gloucestershire on Living Well with Pain programme	Direct non-financial non-specific	No action other than the process of open declaration

NICE DOI policy classifications are:

- Direct financial specific
- Direct financial non-specific
- Direct non-financial specific
- Direct non-financial non-specific
- Indirect financial specific
- Indirect financial non-specific

### **3. Minutes of the last meeting**

The committee reviewed the minutes from the last meeting and agreed that they were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

### **4. Presentations and discussion**

4.1 RB presented the clinical evidence for electrical physical modalities.

4.2 MC presented the economic considerations for electrical physical modalities.

4.3 RC presented the clinical evidence for manual therapy.

4.4 MC presented the economic considerations for manual therapy.

4.5 MC presented methods for the health economic model on exercise.

### **5. Any other business**

The group discussed next steps and agreed action points.

**Date of next meeting:** 23/05/2019

**Location of next meeting:** 41 Portland Place, London