

Chronic pain Committee meeting 11

Date: 23/05/2019

Location: 41 Portland Place, London

Minutes: Final

Committee members present:		
Polly Ashworth (PA)		(Present for notes 1 – 5)
Chris Barker (CB)		(Present for notes 1 – 5)
Ian Bernstein (IB)		(Present for notes 1 – 5)
Benjamin Ellis (BE)		(Present for notes 4.2 – 5)
Jens Foell (JF)		(Present for notes 1 – 5)
Roger Knaggs (RK)		(Present for notes 1 – 5)
Nick Kosky (NK)		(Present for notes 1 – 5)
Candida McCabe (CMC)		(Present for notes 1 – 5)
Lucy Ryan (LR) (by phone)		(Present for notes 1 – 5)
Catherine Stannard (CS)		(Present for notes 1 – 5)
John Tetlow (JT)		(Present for notes 1 – 5)
Colin Wilkinson (CW) (by phone)		(Present for notes 1 – 5)
Co-opted committee members present:		
Amanda Williams (AW)		(Present for notes 1 – 4.1)

In attendance:		
Rebecca Boffa (RB)	Senior Research Fellow, NGC	(Present for notes 1 – 5)
Katie Broomfield (KB)	Project Manager, NGC	(Present for notes 1 – 5)
Serena Carville (SC)	Guideline Lead, NGC	(Present for notes 1 – 5)
Anne-Louise Clayton (ALC)	Senior Medical Editor, NICE	(Present for notes 4.2 – 5)
Margaret Constanti (MC)	Senior Health Economist, NGC	(Present for notes 1 – 5)
Catherine McEvoy (CME)	Guideline Commissioning Manager, NICE	(Present for notes 4.1 – 5)
Maria Smyth (MS)	Senior Research Fellow, NGC	(Present for notes 1 – 5)

Apologies:	
Diarmuid Denny (DD)	Guideline Committee
Amanda Hendry (AH)	Guideline Committee

1. Welcome and objectives for the meeting

NK welcomed the Committee members and attendees to the eleventh meeting of the Chronic pain guideline. The Committee members and attendees introduced themselves.

NK informed the Committee that apologies had been received. These are noted above.

NK outlined the objectives of the meeting.

Introductions

2. Confirmation of matter under discussion, and declarations of interest

The DOI register was made available to NK. NK reviewed the DOI register and deemed that one committee member had DOIs that were in conflict with the agenda topics and clinical questions under discussion at this meeting:

- JF (Jens Foell): The Chair used his discretion to ensure that this committee member was not unduly influencing recommendations for acupuncture.

NK asked everyone to verbally declare any interests that have arisen since application. The following new interests were received for this committee meeting:

Committee Declarations of Interest			
N.B. The Committee members were recruited to this guideline using NICE DOI policy published April 2018.			
Insert initials	Declaration	Classification (as per the NICE DOI policy wording*)	Chair's action
CB	<p>I have agreed to provide work in leadership role for Connect Health. This will be a paid role on an hourly contractual basis.</p> <p>I delivered a lecture on Pain Neurophysiology at Primary Care & Public Health 2019 Conference, NEC Birmingham. Funded by http://www.sterlingevents.co.uk/ Sterling Events Ltd. Overnight accommodation provided by organiser & expenses for travel claimed.</p>	<p>Direct financial non-specific</p> <p>Direct non-financial specific</p>	<p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p>

IB	<p>Lecture "Commissioning MSk Services - Everything you wanted to ask". Funded by National Orthopaedic Alliance, Royal Orthopaedic Hospital NHS Foundation Trust, Birmingham</p> <p>Lecture "Musculoskeletal Health and Primary Care Networks" Connect Health and the School of Health and Rehabilitation, Keele University event 9 May. Pay, subsistence and travel expenses covered by my employer, Connect Health Ltd.</p> <p>Lecture "Low Back Pain and Sciatica" summary of NICE guidance, Primary Care & Public Health 2019 Conference, NEC Birmingham. Funded by http://www.sterlingevents.co.uk/ Sterling Events Ltd</p> <p>Appointed as a NICE clinical guideline chair for the National Guideline Centre. Guideline topic yet to be allocated. An honorarium (for committee days), travel costs and locum reimbursements provided by NICE in accordance with published national expenses policy.</p> <p>Appointed as a NICE clinical guideline chair for the National Guideline Alliance. Guideline topic yet to be allocated. An honorarium (for committee days), travel costs and locum reimbursements provided by NICE in accordance with published national expenses policy.</p>	<p>Direct financial non-specific</p> <p>Direct financial non-specific</p> <p>Direct financial non-specific</p> <p>Direct financial non-specific</p> <p>Direct financial non-specific</p>	<p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p>
JF	Present on conference "Recovery redefined" for BASEM together with advocate from St Mungo's.	Direct non-financial non-specific	No action other than the process of open declaration
RK	<p>Vice President, British Pain Society (now demitted office as Honorary Secretary)</p> <p>Interview published in Pharmaceutical Journal on medicines for pain</p>	<p>Direct non-financial specific</p> <p>Direct non-financial specific</p>	<p>No action other than the process of open declaration</p> <p>Partial exclusion Declare and withdraw from drafting recommendations on pharmacological management. The committee member will remain in the room for presentation of the evidence and may be asked to respond to specific questions from the committee regarding this topic.</p>

	Mediaplanet campaign article that was a supplement in the Guardian: role of medicines in pain management	Direct non-financial specific	Partial exclusion Declare and withdraw from drafting recommendations on pharmacological management. The committee member will remain in the room for presentation of the evidence and may be asked to respond to specific questions from the committee regarding this topic.
CMC	South West Hub lead for NIHR 70@70 Leadership Programme for Senior Nurses and Midwives in research 21 days per annum	Direct non-financial non-specific	No action other than the process of open declaration
CS	British Pain Society Annual Scientific Meeting- Speaker at workshop on pain service redesign	Direct non-financial non-specific	No action other than the process of open declaration
	Participant in Radio 4 File on 4 programme about opioid marketing and use	Direct non-financial specific	Partial exclusion Declare and withdraw from drafting recommendations on pharmacological management (where opioids are the intervention or comparator). The committee member will remain in the room for presentation of the evidence and may be asked to respond to specific questions from the committee regarding this topic.
	Interviewed for New Scientist- Can the UK avoid having a lethal opioid crisis like the one in the US?	Direct non-financial specific	Partial exclusion Declare and withdraw from drafting recommendations on pharmacological management (where opioids are the

	<p>Invited editorial for BMJ- Tramadol is not 'opioid-lite'</p>	<p>Direct non-financial specific</p>	<p>intervention or comparator). The committee member will remain in the room for presentation of the evidence and may be asked to respond to specific questions from the committee regarding this topic.</p> <p>Partial exclusion Declare and withdraw from drafting recommendations on pharmacological management (where opioids are the intervention or comparator). The committee member will remain in the room for presentation of the evidence and may be asked to respond to specific questions from the committee regarding this topic.</p>
	<p>Lecture Anaesthesia 19- The opioid epidemic: a disaster in waiting</p>	<p>Direct non-financial specific</p>	<p>Partial exclusion Declare and withdraw from drafting recommendations on pharmacological management (where opioids are the intervention or comparator). The committee member will remain in the room for presentation of the evidence and may be asked to respond to specific questions from the committee regarding this topic.</p>
<p>JT</p>	<p>Led re-write of occupational therapy chapter of 'faculty of pain medicine standards of practice for pain management services in the UK' along with 4 other OTs and RCOT.</p>	<p>Direct non-financial specific</p>	<p>No action other than the process of open declaration</p>

AW	<p>Talk at RCPsychiatry: Pain: science and practice</p> <p>European Association for Urology Chronic Pain Guidelines panel meeting</p> <p>Belgian Pain Society & Medecins sans Frontières Belgium: spoke at meeting. Pain and mental health in tortured refugees.</p> <p>Talk to patient group, Southampton. Pain: science and practice</p> <p>Talk at German Pain Society psychology group. Psychological treatment for chronic pain: are we making progress?</p> <p>Jones B, Williams ACDC. <u>CBT to reduce healthcare use for medically unexplained symptoms: systematic review and meta analysis</u>. B J Gen Pract 2019;69(681):E262-9.</p> <p>Price CM, Williams AC, Smith BH, Bottle A. <u>Implementation of Patient Reported Outcomes (PROMs) from Specialist Pain Clinics in England and Wales: experience from a nationwide study</u>. Eur J Pain 2019</p> <p>Williams ACDC. <u>Pain management programmes in the United Kingdom: lessons for us all</u>. British Journal of Pain 13(2):71-73 01</p> <p>Williams ACdeC. Pain Assessment. In Lewellyn CD, Ayers S, McManus CM, Newman S, Petrie KJ, Revenson TA,</p>	<p>Direct non-financial non-specific</p> <p>Direct non-financial specific</p> <p>Direct non-financial non-specific</p> <p>Direct non-financial non-specific</p> <p>Direct non-financial specific</p> <p>Direct non-financial specific</p> <p>Direct non-financial non-specific</p> <p>Direct non-financial specific</p> <p>Direct non-financial non-specific</p> <p>Direct non-financial specific</p> <p>Direct non-financial non-specific</p>	<p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>Included for information. AW is a co-opted member and does not participate in recommendation discussions.</p> <p>Included for information. AW is a co-opted member and does not participate in recommendation discussions.</p> <p>No action other than the process of open declaration</p> <p>Included for information. AW is a co-opted member and does not participate in recommendation discussions.</p> <p>No action other than the process of open declaration</p>
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	<p>Weinman J (editors), The Cambridge Handbook of Psychology, Health & Medicine, 3rd edition, Cambridge, Cambridge University Press, 2019, pp 210-214.</p> <p>De Paepe AL, Williams ACDC, Crombez G. <u>Habituation to pain: a motivational-ethological perspective.</u> Pain 25 Feb 2019</p> <p>Elomaa M, Hotta J, Williams ACDC, Forss N, Äyräpää A, Kalso E, Harno H. <u>Symptom reduction and improved function in chronic CRPS type 1 after 12-week integrated, interdisciplinary therapy.</u> Scand J Pain 21 Feb 2019</p> <p>Denneny D, Frijdal A, <u>Berthouze N</u>, Greenwood J, McLoughlin R, Petersen K, Singh A, Williams A <u>The application of Psychologically Informed Practice: Observations of experienced physiotherapists working with people with chronic pain.</u> Australian J Physiotherapy 04 Feb 2019</p> <p>Denneny D, Frawley HC, Petersen K, McLoughlin R, Brook S, Hassan S, Williams AC Denneny D, Frawley HC, Petersen K, McLoughlin R, Brook S, Hassan S, de C Williams AC. Trigger point manual therapy for the treatment of chronic non-cancer pain in adults: a systematic review and meta-analysis. Arch Phys Med Rehab 2019;100(3):562–57.</p> <p>Contracted to review pain management programme for military veterans at King Edward VII Hospital</p> <p>Section editor for psychology, PAIN journal</p>	<p>Direct non-financial non-specific</p> <p>Direct non-financial specific</p> <p>Direct non-financial non-specific</p> <p>Direct non-financial specific</p> <p>Direct financial specific</p> <p>Direct financial specific</p>	<p>No action other than the process of open declaration</p> <p>Included for information. AW is a co-opted member and does not participate in recommendation discussions.</p> <p>No action other than the process of open declaration</p> <p>Included for information. AW not co-opted to attend the committee on this topic.</p> <p>Included for information. AW is a co-opted member and does not participate in recommendation discussions.</p> <p>No action other than the process of open declaration</p>
NICE DOI policy classifications are:			

- Direct financial specific
- Direct financial non-specific
- Direct non-financial specific
- Direct non-financial non-specific
- Indirect financial specific
- Indirect financial non-specific

3. Minutes of the last meeting

The committee reviewed the minutes from the last meeting and agreed that they were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

4. Presentations and discussion

4.1 MS presented the clinical evidence for factors.

4.2 MC presented the economic model for exercise.

4.3 The group reviewed the committee discussion documents for acupuncture, electrical physical modalities and pain management programmes.

5. Any other business

The group discussed next steps and agreed action points.

Date of next meeting: 11/07/2019

Location of next meeting: Boardroom, NGC Offices, Royal College of Physicians