

Myalgic encephalomyelitis (or encephalopathy)/Chronic fatigue syndrome (ME/CFS) Committee meeting 18

Date: 07/08/2020
Location: Video-conference
Minutes: Final

Committee members present:		
Peter Barry (Chair)		(Present for notes 1 – 4)
Ilora Finlay (Vice-chair)		(Present for notes 1 – 4)
Theo Anbu		(Present for notes 1 – 4)
Michael Beadsworth		(Present for notes 1 – 4)
Saran Bonser		(Present for notes 1 – 4)
Sally Burch		(Present for notes 1 – 4)
Chris Burton		(Present for notes 1 – 4)
Tony Crouch		(Present for notes 1 – 4)
Jo Daniels		(Present for notes 1 – 4)
Dorinda Jack		(Present for notes 1 – 4)
Nicola Kidby		(Present for notes 1 – 4)
Caroline Kingdon		(Present for notes 1 – 4)
Adam Lowe		(Present for notes 1 – 4)
Jennifer McIntosh		(Present for notes 1 – 4)
Gabrielle Murphy		(Present for notes 3b – 4)
Alan Stanton		(Present for notes 1 – 3b)
William Weir		(Present for notes 1 – 4)
Charles Shepherd (co-optee)		(Present for notes 1 – 4)

In attendance:		
Kate Ashmore	NGC Project Manager	(Present for notes 1 – 4)
Richard Clubbe	NGC Research Fellow	(Present for notes 1 – 4)
Kate Kelley	NGC Guideline Lead	(Present for notes 1 – 4)

Maria Smyth	NGC Senior Research Fellow	(Present for notes 1 – 4)
Karin VanBart	NGC Research Fellow	(Present for notes 1 – 4)
Melina Vasileiou	NGC Research Fellow	(Present for notes 1 – 4)
David Wonderling	NGC Head of Health Economics	(Present for notes 1 – 4)
Rupert Franklin	NICE Senior Guideline Commissioning Manager	(Present for notes 1 – 4)

Apologies:	
Joanne Bond-Kendall	Senior Physiotherapist, Specialist Paediatric CFS/ME, Bath
Luis Nacul	GP
Susan Watson	Senior Occupational Therapist, Leeds and West Yorkshire CFS/ME Service

1. Welcome and objectives for the meeting
<p>The Chair welcomed the Committee members and attendees to the eighteenth meeting of the ME/CFS guideline.</p> <p>The Chair informed the Committee that apologies were received for this meeting. These are noted above.</p>
2. Confirmation of matter under discussion, and declarations of interest
<p>The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were:</p> <ul style="list-style-type: none"> • Safeguarding • Severe ME/CFS <p>The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. No new interests were declared.</p>
3. Presentations, questions and discussion
<p>a) Maria Smyth updated the committee on updates to the evidence reviews, following reruns.</p>

b) The committee discussed and drafted recommendations on safeguarding.

c) The committee discussed and drafted recommendations on severe ME/CFS.

4. Any other business

None.

Date of next meeting: 10/08/2020

Location of next meeting: Video-conference