

Myalgic encephalomyelitis (or encephalopathy)/Chronic fatigue syndrome (ME/CFS) Committee meeting 23

Date: 08/03/2021
Location: Video-conference
Minutes: Final

Committee members present:	
Peter Barry (Chair)	(Present for notes 1 – 4)
Ilora Finlay (Vice-chair)	(Present for notes 3a – 4)
Theo Anbu	(Present for notes 1 – 4)
Michael Beadsworth	(Present for notes 1 – 4)
Joanne Bond-Kendall	(Present for notes 1 – 4)
Saran Bonser	(Present for notes 1 – 4)
Sally Burch	(Present for notes 1 – 4)
Chris Burton	(Present for notes 1 – 4)
Tony Crouch	(Present for notes 1 – 4)
Jo Daniels	(Present for notes 1 – 3b & 4)
Nicola Kidby	(Present for notes 1 – 4)
Caroline Kingdon	(Present for notes 1 – 4)
Adam Lowe	(Present for notes 1 – 4)
Jennifer McIntosh	(Present for notes 1 – 3a, 3c – 4)
Gabrielle Murphy	(Present for notes 1 – 3b & 4)
Luis Nacul	(Present for notes 1 – 3b & 4)
Susan Watson	(Present for notes 1 – 4)
Charles Shepherd (co-optee)	(Present for notes 1 – 3b & 4)

In attendance:

Kate Ashmore	NGC Project Manager	(Present for notes 1 – 4)
Kate Kelley	NGC Guideline Lead	(Present for notes 1 – 4)
Karin VanBart	NGC Research Fellow	(Present for notes 1 – 4)
Melina Vasileiou	NGC Senior Research Fellow	(Present for notes 1 – 4)
David Wonderling	NGC Head of Health Economics	(Present for notes 1 – 4)
Rupert Franklin	NICE Senior Guideline Commissioning Manager	(Present for notes 1 – 4)
Sarah Catchpole	NICE Senior Medical Editor	(Present for notes 1 – 4)
Ian Mather	NICE Business Analyst	(Present for notes 1 – 4)

Apologies:

Dorinda Jack	Lay member
Alan Stanton	Consultant Community Paediatrician, University Hospitals, Birmingham
William Weir	Consultant Physician, London

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the twenty third meeting of the ME/CFS guideline.

The Chair informed the Committee that apologies had been received for this meeting. These are noted above.

2. Declarations of interest

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest	Decision taken
Charles Shepherd	Honorary Medical adviser, ME Association	Social media promotion to health professionals of an accredited 'Study PRN' CPD learning module on the diagnosis and management of ME/CFS. This module was prepared by Dr Nina Muirhead	No action other than the process of open declaration

		with input from myself. We now have funding from the Scottish Health Department to carry out this promotion to Scottish health professionals and are hoping to extend this to the rest of the UK.	
Theo Anbu	Consultant General Paediatrician and lead for Paediatric CFS/ME, Alder Hey Children's NHS Foundation Trust, Liverpool	C&M Long Covid service meetings- member C&M Long Covid CRG – member Regional Long Covid steering group – member National Long Covid Board - member	No action other than the process of open declaration
Jennifer McIntosh	Senior Specialist Dietician, Mill Lodge CAMHS, Leeds and York Partnership NHS Foundation Trust	One off Workshop for BACME on nutrition and diet with ME/CFS on 12 th May 2021	No action other than the process of open declaration

The Chair and a senior member of the Developer's team noted that previous interests declared meant that Jo Daniels, Luis Nacul, Charles Shepherd and Gabrielle Murphy would step out for decision-making on CBT.

3. Presentations, questions and discussion

- a) The committee reviewed and discussed stakeholder comments and recommendations on mental health and social wellbeing.
- b) The committee reviewed and discussed stakeholder comments and recommendations on CBT.
- c) The committee amended recommendations on CBT.

4. Any other business

None.

Date of next meeting: 15/03/21