

## Myalgic encephalomyelitis (or encephalopathy)/Chronic fatigue syndrome (ME/CFS) Committee meeting 25

**Date:** 19/03/2021  
**Location:** Video-conference  
**Minutes:** Final

<b>Committee members present:</b>	
Peter Barry (Chair)	(Present for notes 1 – 4)
Iloria Finlay (Vice-chair)	(Present for notes 1 – 4)
Theo Anbu	(Present for notes 3b – 4)
Michael Beadsworth	(Present for notes 1 – 4)
Joanne Bond-Kendall	(Present for notes 1 – 4)
Saran Bonser	(Present for notes 1 – 4)
Sally Burch	(Present for notes 1 – 4)
Chris Burton	(Present for notes 3a – 4)
Tony Crouch	(Present for notes 1 – 4)
Jo Daniels	(Present for notes 1 – 4)
Dorinda Jack	(Present for notes 1 – 4)
Nicola Kidby	(Present for notes 1 – 3a and 3c – 4)
Caroline Kingdon	(Present for notes 1 – 4)
Adam Lowe	(Present for notes 1 – 4)
Luis Nacul	(Present for notes 3b – 4)
Jennifer McIntosh	(Present for notes 1 – 4)
Alan Stanton	(Present for notes 1 – 4)
Susan Watson	(Present for notes 1 – 4)
William Weir	(Present for notes 1 – 4)

<b>In attendance:</b>		
Kate Ashmore	NGC Project Manager	(Present for notes 1 – 4)

Kate Kelley	NGC Guideline Lead	(Present for notes 1 – 4)
Karin VanBart	NGC Research Fellow	(Present for notes 1 – 3a)
Melina Vasileiou	NGC Senior Research Fellow	(Present for notes 1 – 4)
David Wonderling	NGC Head of Health Economics	(Present for notes 1 – 4)
Sarah Catchpole	NICE Senior Medical Editor	(Present for notes 1 – 4)
Rupert Franklin	NICE Senior Guideline Commissioning Manager	(Present for notes 1 – 4)
Ian Mather	NICE Business Analyst	(Present for notes 1 – 4)

**Apologies:**

Gabrielle Murphy	Clinical Lead, Fatigue Service, Royal Free London NHS Foundation Trust
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**1. Welcome and objectives for the meeting**

The Chair welcomed the Committee members and attendees to the twenty fifth meeting of the ME/CFS guideline.

The Chair informed the Committee that apologies had been received for this meeting. These are noted above.

**2. Declarations of interest**

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. There were no new interests to be declared. The Chair and a senior member of the Developer's team noted that previous interests declared did not prevent the attendees from fully participating in the meeting.

**3. Presentations, questions and discussion**

- a) The committee reviewed and discussed stakeholder comments and recommendations on energy management.
- b) The committee reviewed and discussed stakeholder comments and recommendations on physical maintenance.
- c) The committee reviewed and discussed stakeholder comments and

recommendations on managing ME/CFS.

- d) The committee reviewed and discussed stakeholder comments and recommendations on information and support.

**4. Any other business**

None.

**Date of next meeting:**        22/03/21