

Myalgic encephalomyelitis (or encephalopathy)/Chronic fatigue syndrome (ME/CFS) Committee meeting 30

Date: 29/04/2021

Location: Video-conference

Minutes: Final

Committee members present:		
Peter Barry (Chair)		(Present for notes 1 – 4)
Ilora Finlay (Vice-Chair)		(Present for notes 1 – 4)
Joanne Bond-Kendall		(Present for notes 1 – 4)
Saran Bonser		(Present for notes 1 – 4)
Sally Burch		(Present for notes 1 – 4)
Chris Burton		(Present for notes 1 – 4)
Tony Crouch		(Present for notes 1 – 4)
Jo Daniels		(Present for notes 1 – 4)
Dorinda Jack		(Present for notes 1 – 4)
Nicola Kidby		(Present for notes 1 – 4)
Adam Lowe		(Present for notes 1 – 4)
Jennifer McIntosh		(Present for notes 1 – 3a, 3d – 4)
Gabrielle Murphy		(Present for notes 1 – 2, 3b – 4)
Luis Nacul		(Present for notes 3b – 3d, 4)
Alan Stanton		(Present for notes 1 – 4)
William Weir		(Present for notes 1 – 4)

In attendance:		
Kate Ashmore	NGC Project Manager	(Present for notes 1 – 4)
Kate Kelley	NGC Guideline Lead	(Present for notes 1 – 4)
Karin VanBart	NGC Research Fellow	(Present for notes 1 – 4)
Melina Vasileiou	NGC Senior Research Fellow	(Present for notes 1 – 4)

David Wonderling	NGC Head of Health Economics	(Present for notes 1 – 4)
Sarah Catchpole	NICE Senior Medical Editor	(Present for notes 1 – 4)
Rupert Franklin	NICE Senior Guideline Commissioning Manager	(Present for notes 1 – 4)
Ian Mather	NICE Business Analyst	(Present for notes 1 – 4)

Apologies:

Theo Anbu	Consultant General Paediatrician and lead for Paediatric CFS/ME, Alder Hey Children’s NHS Foundation Trust, Liverpool
Michael Beadsworth	Consultant in Infectious Diseases, Clinical Director Specialist and Academic Medicine, Clinical Lead CFS/ME Regional Services, Royal Liverpool University Hospital
Caroline Kingdon	Research Nurse, London School of Hygiene and Tropical Medicine
Susan Watson	Team Manager, York and Selby IAPT, Tees Esk and Wear Valleys NHS Foundation Trust.c

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the thirtieth meeting of the ME/CFS guideline.

The Chair informed the Committee that apologies had been received for this meeting. These are noted above.

2. Declarations of interest

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. There were no new interests to be declared. The Chair and a senior member of the Developer’s team noted that previous interests declared meant that Luis Nacul would step out for decision-making on the research recommendations and Gabrielle Murphy and Luis Nacul would step out for decision-making on physical activity.

3. Presentations, questions and discussion

- a) The committee reviewed the physical activity recommendations.

- b) The committee reviewed the review in primary care recommendations.
- c) The committee reviewed the multidisciplinary care recommendations.
- d) The committee reviewed the terms used in the guideline.
- e) The committee reviewed the research recommendations.

4. Any other business

None.