

Myalgic encephalomyelitis (or encephalopathy)/Chronic fatigue syndrome (ME/CFS) Committee meeting 7

Date: 22/10/2019

Location: Holiday Inn London Regents Park

Minutes: Confirmed

Committee members present:		
Peter Barry (Chair)		(Present for notes 1 – 4)
Ilora Finlay (Vice-Chair)		(Present for notes 1 – 4)
Theo Anbu		(Present for notes 1 – 4)
Joanne Bond-Kendall		(Present for notes 1 – 4)
Saran Bonser		(Present for notes 1 – 4)
Sally Burch		(Present for notes 1 – 4)
Chris Burton		(Present for notes 1 – 4)
Tony Crouch		(Present for notes 1 – 4)
Jo Daniels		(Present for notes 1 – 4)
Dorinda Jack		(Present for notes 1 – 4)
Nicola Kidby		(Present for notes 1 – 4)
Caroline Kingdon		(Present for notes 1 – 4)
Adam Lowe		(Present for notes 1 – 4)
Jennifer McIntosh		(Present for notes 1 – 4)
Gabrielle Murphy		(Present for notes 1 – 4)
Luis Nacul (via skype)		(Present for note 3)
Susan Watson		(Present for notes 1 – 4)
William Weir		(Present for notes 1 – 4)
Charles Shepherd (co-optee)		(Present for notes 1 – 3c)

In attendance:		
Kate Ashmore	NGC Project Manager	(Present for notes 1 – 4)
Richard Clubbe	NGC Research Fellow	(Present for notes 1 – 4)
Kate Kelley	NGC Guideline Lead	(Present for notes 1 – 4)

Nina Muirhead	Expert Witness	(Present for note 3b)
Norma O'Flynn	NGC Chief Operating Officer	(Present for notes 1 – 3a)
Maria Smyth	NGC Senior Research Fellow	(Present for notes 1 – 4)
Karin VanBart	NGC Trainee Systematic Reviewer	(Present for notes 1 – 4)
Melina Vasileiou	NGC Research Fellow	(Present for notes 1 – 4)
David Wonderling	NGC Head of Health Economics	(Present for notes 1 – 4)
Rupert Franklin	NICE Senior Guideline Commissioning Manager	(Present for notes 1 – 4)

Apologies:	
Michael Beadsworth	Consultant in Infectious Diseases, Clinical Director Specialist and Academic Medicine, Clinical Lead CFS/ME Regional Services, Royal Liverpool University Hospital
Alan Stanton	Consultant Community Paediatrician, University Hospitals, Birmingham

1. Welcome and objectives for the meeting
<p>The Chair welcomed the Committee members and attendees to the seventh meeting of the ME/CFS guideline.</p> <p>The Chair informed the Committee that apologies had been received. These are noted above.</p>
2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were:

- Pharmacological interventions
- Information, education and support for health and social care professionals providing care for people with ME/CFS

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Chris Burton	Professor of Primary Medical Care, University of Sheffield	Submitted for publication: Christopher Burton, Per Fink, Peter Henningsen, Bernd Löwe, Winfried Rief. Functional Somatic Disorders – discussion paper for a new common classification for research and clinical use,	Indirect Non-financial	No action taken.
Jo Daniels	Senior Lecturer in Clinical Psychology, University of Bath, Chartered Clinical Psychologist, North Bristol NHS Trust	Daniels, J. (2019) Prevalence and Treatment of Chronic Fatigue Syndrome/ME and Co-morbid Severe Health Anxiety, International Journal of Clinical and Health Psychology . Submitted for publication.	Direct Non-financial	No action taken.

Nina Muirhead	Expert witness	UK CFS/M.E. Research Collaborative (CMRC) member Chair of the Education Working Group	Direct Non-financial	For information.
		Forward ME Member	Direct Non-financial	For information.
		ONO Pharmaceutical Description of experience of being a ME/CFS Patient.	Direct financial	For information.

The Chair and a senior member of the Developer's team noted that previous interests declared prevented Charles Shepherd from participating in discussions on recommendations for information, education and support for health and social care professionals providing care for people with ME/CFS.

3. Presentations, questions and discussion

- a) The committee reviewed the draft recommendations for the pharmacological interventions evidence review.
- b) Nina Muirhead, expert witness, gave a presentation on information, education and support for health and social care professionals providing care for people with ME/CFS
- c) The committee discussed the evidence review for information, education and support for health and social care professionals.
- d) The committee drafted recommendations for the above review.

4. Any other business

None.

Date of next meeting: 23/10/2019

Location of next meeting: Holiday Inn, Regents Park