

Pelvic floor dysfunction: prevention and non-surgical management Committee Meeting 10

Date: 15th of December 2020

Location: Via Zoom

Minutes: Final

Committee members present:		
Raymond Jankowski (Chair)		Present for notes 2 – 6
Doreen McClurg (Topic Adviser)		Present for notes 1 – 6
Lucia Berry		Present for notes 1 – 6
Jennifer Davies		Present for notes 1 – 6
Lucy Dwyer		Present for notes 1 – 6
Mary McDonald		Present for notes 1 – 6
Julian Spinks		Present for notes 1 – 6
Ellie Stewart		Present for notes 1 – 6
Karen Ward		Present for notes 1 – 6
Priya Madhuvrata		Present for notes 1 – 6
Catherine Heffernan		Present for notes 1 – 6
Heather Boulton		Present for notes 1 – 6
Jim Khan		Present for notes 1 – 6
Phil Reed		Present for notes 1 – 6

In attendance:		
Katharina Dworzynski	NGA Guideline Lead	Present for notes 1 – 6
Hadil Al-Etahi	NGA Project Manager	Present for notes 1 – 6
Nathan Bromham	NGA Senior Systematic Reviewer	Present for notes 1 – 6
Suhayl Kassam	NGA Systematic Reviewer	Present for notes 1 – 6
Steve Pilling	NGA Clinical Advisor	Present for notes 1 – 6
Paul Jacklin	NGA Senior Health Economist	Present for notes 1 – 6
Victoria Axe	NICE Guideline Commissioning Manager	Present for notes 1 – 6
Nicola Adanna Okeahialam	NGA Clinical Fellow	Present for notes 1 – 6

Apologies:	
Lucy Ryan	Committee member
Nicole Gannon	Co-opted committee member
Steve Pilling	NGA Clinical Advisor

1. Welcome and objectives for the meeting

This meeting started with the Topic Advisor (Doreen McClurg) covering for the Chair due to the Chair’s unavailability until 11am. She welcomed the committee members and attendees to the 10th meeting on Pelvic floor dysfunction: prevention and non-surgical management.

She informed the committee that apologies had been received as noted above.

The Topic advisor outlined the objectives of the meeting, which included reviewing evidence for a number of reviews and a health economics update.

2. Confirmation of matter under discussion, and declarations of interest

The Topic Advisor confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were pelvic floor dysfunction (behavioural approaches, pelvic floor muscle training and non-specialist assessment of symptoms).

She asked everyone to verbally declare any interests that have risen since the last meeting. No new interests were declared.

3. Minutes of last meeting

The Chair Topic Advisor asked the committee if it wanted any changes made to the minutes of the last meeting. The committee agreed that the minutes were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

4. Morning presentations

The Chair joined the committee at 11am and introduced the members of the NGA teams who presented the evidence.

Nathan Bromham, NGA Senior Systematic Reviewer, presented the evidence for review question 11.1 - What is the effectiveness of behavioural approaches (for example toilet training, seating, splinting) for improving symptoms of pelvic floor dysfunction? The Chair and topic group lead Catherine Heffernan guided the

committee into discussion of the evidence and drafted recommendations.

Paul Jacklin, NGA Senior Health Economist provided the committee with a health economic update on the prediction model. The committee had an opportunity to discuss this and ask questions.

5. Afternoon presentations

Nathan Bromham, NGA Senior Systematic Reviewer, presented the evidence for review question 8.1 What is the effectiveness of pelvic floor muscle training (including Kegel exercises, biofeedback, weighted vaginal cones, and electrical stimulation) for improving symptoms of pelvic floor dysfunction? The Chair and Topic Group Lead Lucia Berry guided the committee into discussion of the evidence and drafted recommendations.

Nathan Bromham, NGA Senior Systematic Reviewer, presented the evidence for review question 5.1 What assessments should be conducted in non-specialist care to identify whether the signs and symptoms at presentation are associated with pelvic floor dysfunction? The Chair and Topic group lead Julian Spinks guided the committee into discussion of the evidence and drafted recommendations.

6. Any other business

Actions arising from the meeting were summarised and no other business was raised.

Date of next meeting: 01st of February

Location of next meeting: Via Zoom