

Pelvic floor dysfunction: prevention and non-surgical management

Review questions

NICE guideline number tbc

Review questions

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Early submission

*Evidence review questions were developed by
National Guideline Alliance which is part of the
Royal College of Obstetricians and
Gynaecologists*

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Review questions

Question number	Evidence review ID*	Review question
Individual topics: Evidence reviews covering one review question		
1.	A	What information strategies are effective in raising awareness about prevention of pelvic floor dysfunction?
2.	B	What are the non-obstetric risk factors (for example age, ethnicity and family history, diet [including caffeine and alcohol], weight, smoking, physical activity) for pelvic floor dysfunction?
3.	B	What are the obstetric risk factors for pelvic floor dysfunction?
4.	C	What co-existing long-term conditions (for example chronic respiratory disorders) are associated with a higher risk of pelvic floor dysfunction?
5.	D	What is the effectiveness of prediction tools for identifying women at risk of PFD?
6.	E	What is the effectiveness of modifying lifestyle factors (diet [including caffeine and alcohol], weight loss, stopping smoking, physical activity) for preventing pelvic floor dysfunction?
7.	F	What is the effectiveness of pelvic floor muscle training for preventing pelvic floor dysfunction?
8.	G	What information is valued by women with symptoms associated with pelvic floor dysfunction and their partners or carers?
9.	H	What information provision strategies are effective for women with symptoms associated with pelvic floor dysfunction?
10.	I	What assessments should be conducted in non-specialist care to identify whether the signs and symptoms at presentation are associated with pelvic floor dysfunction?
11.	J	What is the effectiveness of weight loss interventions for improving symptoms of pelvic floor dysfunction?
12.	K	What dietary factors can increase or decrease symptoms of pelvic floor dysfunction?
13.	L	What types of physical activity can increase or decrease symptoms of pelvic floor dysfunction?
14.	M	What is the effectiveness of pelvic floor muscle training (including Kegel exercises, biofeedback, weighted vaginal cones, and electrical stimulation) for improving symptoms of pelvic floor dysfunction?
15.	N	What is the effectiveness of physical devices (including support garments, pessaries and dilators) for improving symptoms of pelvic floor dysfunction?
16.	O	What is the effectiveness of psychological interventions for women with symptoms associated with pelvic floor dysfunction?
17.	P	What is the effectiveness of behavioural approaches (for example toilet training, seating, splinting) for improving symptoms of pelvic floor dysfunction?
18.	Q	What is the effectiveness of pharmacological management for urinary incontinence associated with pelvic floor dysfunction?
19.	R	What competencies should be represented in a community-based multidisciplinary team for the management of symptoms associated with pelvic floor dysfunction?

**The evidence review ID refers to alphabetical letter that the evidence review will be associated with in the guideline.*