

# **Mental Wellbeing at Work Committee Meeting 4**

**Date:** 10<sup>th</sup> December 2020

**Location:** Zoom (Virtual Meeting)

Minutes: Confirmed

Committee members present:	
Alan Maryon-Davis (Chair)	Present for notes 1 – 14
Richard Watt (Core Member & Interim Vice Chair)	Present for notes 1 – 14
Chris Bojke (Core Member)	Present for notes 1 – 14
Grahame Rushbrook (Core Member)	Present for notes 1 – 14
Jane West (Core Member)	Present for notes 1 – 14
Gail Findlay (Core Member)	Present for notes 1 – 14
Sarah Newsam (Core Member)	Present for notes 1 – 14
Jakki Cowley (Core Lay Member)	Present for notes 1 – 14
Robert Woollen (Topic Expert)	Present for notes 1 – 14
Rob Allan (Topic Expert)	Present for notes 1 – 14
Louise Thomson (Topic Expert)	Present for notes 1 – 14
Lorna Young (Topic Expert)	Present for notes 1 – 14
Nam Nguyen (Topic Expert)	Present for notes 1 – 14
Stef Abrar (Public Health England Topic Adviser)	Present for notes 1 – 14

In attendance:		
Hugh McGuire	Technical Adviser, Public Health Guidelines	Present for notes1 – 7, 9- 14
Sarah Matthews	Technical Analyst, Public Health Guidelines	Present for all items
Lise Elliott	Programme Manager, Public Health Guidelines	Present for notes1 – 7, 9- 14
Debra Hunter	Project Manager, Public Health Guidelines	Present for all items
Karen Peploe	Senior Technical Analyst, Public Health Guidelines	Present for all items

#### **MWW PHAC 4 Committee Minutes**

Lesley Owen	Senior Health Economic Adviser, NICE	Present for items 8 - 14
Keona Bennett	Administrator, Public Health Guidelines	Present for all items
Nick Staples	Guideline Commissioning Manager	Present for items 4 - 14
Matthew Taylor	Director, York Health Economics Consortium	Present for items 8 & 11
Erin Baker	Research Assistant, York Health Economics Consortium	Present for items 8 & 11
Dawn Abbott	Meetings in Public Coordinator (lead)	Present for items 1 - 7
Catherine Pank	Meetings in Public Coordinator (lead)	Present for all items

NICE Observers:				
Giacomo De Guisa	Technical Analyst			
Eric Power	Programme Director			
Apologies:				
Craig Cook	Core Member			
Sarah Murphy	Topic Expert Member			

#### 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the PHAC 4 meeting on Mental Wellbeing at Work. The Chair reminded all participants of the protocols in place for NICE virtual meetings.

The Chair welcomed members of the public to the meeting. The members of the public had been briefed separately by the NICE team of the protocol in place for members of the public, whose role is to observe (they should not speak or ask questions). No filming or recording of the meeting is permitted.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair informed the Committee that apologies had been received. These are noted above. He advised that the meeting was quorate.

#### **MWW PHAC 4 Committee Minutes**

The Chair outlined the objectives of the meeting, to hear the effectiveness and cost effectiveness evidence in relation to universal, individual level approaches. There will also be a progress report on the health economic modelling.

#### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Mental wellbeing at work guideline update.

The Chair asked everyone to verbally declare any new interests that are not listed in the registry.

There were no new interests declared.

## 3. Minutes of last meeting

The Chair asked the Committee if any changes were required to the minutes of PHAC 3.

The Committee then agreed that the minutes were a true and accurate account of the meeting, minutes recorded as confirmed.

# 4. Expert Testimony

The Chair introduced Hugh McGuire, Technical Adviser, NICE, who led a discussion with the committee around the gaps in evidence and proposals were circulated.

Committee discussion and agreement on experts and gaps in the evidence and specific requirements.

#### 5. Overview of approach to RQ4 Universal, individual-level interventions

The Chair introduced Rob Woollen and Louise Thompson, Topic Expert members who have been assisting the team in looking at ways the evidence should be broken down into more manageable sections. Rob presented an overview of the approach.

## 6. RQ4 - Universal, individual-level interventions

The Chair introduced Sarah Matthews, Technical Analyst, NICE who gave a presentation on the effectiveness evidence as captioned above.

Sarah answered questions from the Committee.

## 7. RQ4 - Universal, individual-level interventions

There was a Committee discussion of the evidence presented as above captioned.

#### **MWW PHAC 4 Committee Minutes**

#### 8. RQ4 - Universal, individual-level interventions

The Chair introduced Erin Barker and Matthew Taylor of York Health Economic Consortium (YHEC) who presented the cost-effectiveness evidence as captioned above and answered any points of clarity during the discussion.

## 9. RQ4 - Universal, individual-level interventions

There was a committee discussion based on all the presented evidence and recommendations were drafted.

## 10. Progress report on health economic modelling

Erin Barker and Matthew Taylor of YHEC gave a progress report on the health economic modelling and answered questions from the committee.

The Chair thanked them both for their contributions.

## 11. Next steps

Hugh McGuire of NICE outlined the next steps and proposals for the next meeting.

## 12. & 13. Summary of the day and close

The Chair summarised the discussions and agreements, thanking everyone for their continued support.

The Chair confirmed the date of the next meeting PHAC 5, which will take place on 12<sup>th</sup> January 2021.