

## Epilepsies in children, young people and adults: diagnosis and management

[14] Evidence review: Vagus nerve stimulation

*NICE guideline*

*Evidence reviews underpinning recommendations 8.3.1 – 8.3.2  
and a research recommendation in the NICE guideline*

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# 1 Vagus nerve stimulation

## 1.1 Review question

3 What is the effectiveness of vagus nerve stimulation in epilepsy?

### 1.1.1 Introduction

5 Vagal nerve stimulation (VNS) is a surgical treatment option for patients with  
6 pharmaco-resistant epilepsy. VNS therapy is considered an option for selected people, with  
7 the aim of reducing seizure frequency and intensity and improving quality of life, although it is  
8 unlikely to result in seizure freedom. A pulse generator is surgically implanted with electrodes  
9 applied to the left vagus nerve. The VNS therapy device then delivers repeated electrical  
10 stimulations to the vagus nerve. The technology and size of devices have improved over the  
11 years, although VNS is not without its own risks and side effects. This chapter examines the  
12 clinical and cost-effectiveness evidence of the VNS procedure.

### 1.1.2 Summary of the protocol

14 Table 1: PICO characteristics of review question

<b>Population</b>	Children, young people and adults with confirmed pharmaco-resistant epilepsy Strata: evidence in people with learning disabilities will be presented separately from evidence in people without learning disabilities (to be analysed separately)
<b>Interventions</b>	High frequency vagus nerve stimulation Low frequency vagus nerve stimulation Auto stimulation (rapid cycling) and SenTiva device
<b>Comparisons</b>	Sham or usual care One vagus nerve stimulation method vs different vagus nerve stimulation method
<b>Outcomes</b>	<b>Critical</b> <ul style="list-style-type: none"><li>• Mortality at short-term follow-up of 12 months and longer-term follow-up of up to 60 months</li><li>• Seizure freedom (100% reduction in seizure frequency) at short-term follow-up of 12 months and longer-term follow-up of up to 60 months</li><li>• Seizure frequency (50% or greater reduction in seizure frequency) at short-term follow-up of 12 months and longer-term follow-up of up to 60 months</li><li>• Quality of life (measured with a validated scale) at short-term follow-up of 12 months and longer-term follow-up of 60 months</li><li>• Healthcare resource use</li><li>• Social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) short-term follow-up of 12 months and longer-term follow-up of up to 60 months</li><li>• Cognitive outcomes (including neuropsychological measures of global cognitive functioning, executive functioning and memory using a validated scale) short-term follow-up of 12 months and longer-term follow-up of up to 60 months</li><li>• In children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) short-term follow-up of 12 months and longer-term follow-up of up to 60 months</li><li>• Adverse events (analysed separately):<ul style="list-style-type: none"><li>○ lead fracture</li><li>○ infection</li><li>○ hoarse voice</li></ul></li></ul>

	<ul style="list-style-type: none"><li>○ cardiac difficulties</li><li>○ device removal</li></ul>
<b>Study design</b>	<ul style="list-style-type: none"><li>• Randomised controlled trials (RCTs)</li><li>• Systematic reviews of RCTs</li></ul> <p>If no RCTs are found for a particular intervention, prospective observational comparative studies will be considered only if they adjust for the key confounders of age of epilepsy onset, classification (focal, generalised, or epilepsy syndrome), earlier invasive epilepsy surgery, number of AEDs tried prior to intervention, AED changes recorded during intervention reporting, gender, mental health and learning disability.</p>

### 1.1.3 Methods and process

2 This evidence review was developed using the methods and process described in  
3 Developing NICE guidelines: the manual.<sup>64</sup> Methods specific to this review question are  
4 described in the review protocol in Appendix A:.

### 1.1.4 Effectiveness evidence

#### 1.1.4.1 Included studies

7 A search was conducted for randomised control trials (RCTs) comparing the effectiveness of  
8 high-frequency vagus nerve stimulation (VNS), low-frequency VNS or auto stimulation and  
9 SenTiva device versus sham, usual care or one VNS method to another VNS method.

10 Five studies were included in the review;<sup>7, 39, 41, 45, 61, 70, 76, 77</sup> these are summarised in Table 2  
11 below. Evidence from these studies is summarised in the clinical evidence summary below).  
12 The comparisons included are:

- 13 • High VNS versus low VNS (n=3)
- 14 • VNS + Best medical practice versus best medical practice (n=1)
- 15 • High transcutaneous VNS (tVNS) versus low tVNS (n=1)

16 See also the study selection flow chart in Appendix C:, study evidence tables in Appendix D:,  
17 forest plots in Appendix E:, and GRADE tables in Appendix F:.

#### 1.1.4.2 Excluded studies

19 Two Cochrane reviews<sup>66,69</sup> were identified and assessed for inclusion by assessing the  
20 studies included individually and comparing it to our protocol. All the individual studies  
21 included in these reviews did not match our protocol in terms of length of follow up as it was  
22 for less than a year.

23 Nonetheless, they were included when possible if they had any adverse events that met the  
24 protocol.

25 See the excluded studies list in Appendix I:.

26

### 1.1.5 Summary of clinical studies included in the evidence review

**Table 2: Summary of studies included in the evidence review**

Study	Intervention and comparison	Population	Outcomes	Comments
Bauer 2016 <sup>7</sup>	High level frequency transcutaneous vagus nerve stimulation (tVNS), n=37 Versus Low level frequency transcutaneous vagus nerve stimulation (tVNS, active control), n=39	Adults with confirmed pharmaco-resistant epilepsy (Patients between 18 and 65 years of age were eligible)  Germany  Mean age (SD) – 38.8 (12.5)	Adverse events - cardiac difficulties	
Handforth 1998 <sup>41</sup>	High frequency vagus nerve stimulation (VNS), n=95 Versus Low frequency vagus nerve stimulation (VNS), n=103	Young people and adults with confirmed pharmaco-resistant epilepsy (People aged 12 to 65 years were eligible)  USA  Mean age (SD) High group = 32.1 (10.8) Low group = 34.2 (10.1)	Adverse events - infection	
Holder 1992 <sup>45</sup>  Merged with Salinsky 1995 <sup>77</sup> , George 1994 <sup>39</sup> and Ramsay 1994 <sup>70</sup>	High frequency vagus nerve stimulation (VNS), n=54 Versus Low frequency vagus nerve stimulation (VNS), n=60	Young people and adults with confirmed pharmaco-resistant epilepsy (People aged 12 to 60 years were eligible)  Multiple countries  Mean age (range)	Adverse events - Hoarseness - Cardiac difficulties - Infection	

Study	Intervention and comparison	Population	Outcomes	Comments
		High group = 34.7 (21.1 to 57.4) Low group = 33 (19.7 to 51.4)		
Michael 1993 <sup>61</sup>	High frequency vagus nerve stimulation (VNS), n=10 Versus Low frequency vagus nerve stimulation (VNS), n=12	Young people and adults with confirmed pharmaco-resistant epilepsy Multiple countries Mean age (range) = 32 (15 to 56)	Adverse events - Hoarseness	
PULSE study 2014 <sup>76</sup> (Ryvlin 2014)	Vagus nerve stimulation (VNS) and best medical practice (BMP), n=48 Versus Best medical practice (BMP), n=48	Young people and adults with confirmed pharmaco-resistant epilepsy (People aged between 16 to 75 years were eligible)  Multiple countries  Mean age (SD) VNS and BMP = 38 (13) BMP = 41 (11)	Cognitive outcome - Clinical global impression of improvement scale (CGI-I)  Neurological outcome - Neurological disorders depression inventory in epilepsy scale (NDDI-E) - Seizure frequency (50% or greater reduction in seizure frequency)  Quality of life - Quality of Life in Epilepsy Inventory - 89 (QOLIE-89) scale  Adverse events - Cardiac difficulties (measured at 1 year)	BMP was defined as the individualized therapy judged optimal by investigators at each visit for each patient, which could include a change in dosage or type of ASMs (including their withdrawal).

See Appendix D: for full evidence tables.

### 1.1.6 Quality assessment of clinical studies included in the evidence review

**Table 3: Clinical evidence summary: High VNS versus Low VNS**

Outcomes	No of Participants (studies) Follow up	Quality of the evidence (GRADE)	Relative effect (95% CI)	Anticipated absolute effects	
				Risk with Control	Risk difference with High VNS versus Low VNS (95% CI)
Adverse events - infection	265 (2 studies) 14-16 weeks	LOW <sup>a</sup> due to imprecision	RR 0.94 (0.45 to 1.94)	101 per 1000	6 fewer per 1000 (from 55 fewer to 95 more)
Adverse events - cardiac difficulties (chest pain, shortness of breath)	67 (1 study) 14 weeks	VERY LOW <sup>a,b</sup> due to risk of bias, imprecision	RR 1.16 (0.17 to 7.77)	56 per 1000	9 more per 1000 (from 46 fewer to 376 more)
Adverse events - hoarseness	136 (2 studies) 14 weeks	VERY LOW <sup>a,b,c</sup> due to risk of bias, inconsistency, imprecision	RR 1.73 (0.61 to 4.94)	181 per 1000	132 more per 1000 (from 70 fewer to 711 more)

*a Downgraded by 1 increment if the confidence interval crossed one MID or by 2 increments if the confidence interval crossed both MIDs.*

*b Downgraded by 1 increment if the majority of the evidence was at high risk of bias, and downgraded by 2 increments if the majority of the evidence was at very high risk of bias.*

*c Downgraded by 1 or 2 increments because the point estimate and or the confidence intervals varied widely across studies, unexplained by subgroup analysis.*

**Table 4: Clinical evidence summary: VNS + BMP versus BMP**

Outcomes	No of Participants (studies) Follow up	Quality of the evidence (GRADE)	Relative effect (95% CI)	Anticipated absolute effects	
				Risk with Control	Risk difference with VNS + best medical practice versus best medical practice (95% CI)
Quality of life Quality of Life in Epilepsy Inventory - 89 (QOLIE-89) scale. Scale from: 0 to 89. Higher score is good.	60 (1 study) 1 years	VERY LOW <sup>a,b</sup> due to risk of bias, imprecision		The mean quality of life in the control groups was 1.2	The mean quality of life in the intervention groups was 4.3 higher (0.73 to 7.87 higher)
Proportion of people with >50% decrease in seizure frequency	60 (1 study) 1 years	VERY LOW <sup>a,c</sup> due to risk of bias, imprecision	RR 1.34 (0.59 to 3.04)	241 per 1000	82 more per 1000 (from 99 fewer to 492 more)
Clinical global impression of	60	VERY LOW <sup>a,c</sup>		The mean cognitive	The mean cognitive outcome in the

Outcomes	No of Participants (studies) Follow up	Quality of the evidence (GRADE)	Relative effect (95% CI)	Anticipated absolute effects	
				Risk with Control	Risk difference with VNS + best medical practice versus best medical practice (95% CI)
improvement scale (CGI-I). Scale from: 0-7. Lower score is good.	(1 study) 1 years	due to risk of bias, imprecision		outcome in the control groups was -0.3	intervention groups was 0.5 lower (0.99 to 0.01 lower)
Neurological outcome Neurological disorders depression inventory in epilepsy scale (NDDI-E). Lower score is good.	60 (1 study) 1 years	VERY LOW <sup>a,b</sup> due to risk of bias, imprecision		The mean neurological outcome in the control groups was -0.2	The mean neurological outcome in the intervention groups was 0.8 lower (2.26 lower to 0.66 higher)
Adverse events - cardiac difficulties (chest pain)	96 (1 study) 1 years	LOW <sup>a,b</sup> due to risk of bias, imprecision	Peto OR 7.71 (0.78 to 75.97)	0 per 1000	60 more per 1000 (from 10 fewer to 140 more)

*a Downgraded by 1 increment if the majority of the evidence was at high risk of bias and downgraded by 2 increments if the majority of the evidence was at very high risk of bias.*

*b Downgraded by 1 increment if the confidence interval crossed one MID or by 2 increments if the confidence interval crossed both MIDs*

*c Downgraded by 1 increment as the confidence interval crossed one MID of -0.55*

*d Downgraded by 1 increment as the confidence interval crossed one MID of -0.17*

**Table 5: Clinical evidence summary: High tVNS versus Low tVNS**

Outcomes	No of Participants (studies) Follow up	Quality of the evidence (GRADE)	Relative effect (95% CI)	Anticipated absolute effects	
				Risk with Control	Risk difference with High tVNS versus Low tVNS (95% CI)
Adverse events - Cardiac difficulties	76 (1 study) 20 weeks	VERY LOW <sup>a,b</sup> due to risk of bias, imprecision	Peto OR 0.14 (0 to 7.19)	26 per 1000	30 fewer per 1000 (from 90 fewer to 40 more)

*a Downgraded by 1 increment if the majority of the evidence was at high risk of bias, and downgraded by 2 increments if the majority of the evidence was at very high risk of bias.*

*b Downgraded by 1 increment if the confidence interval crossed one MID or by 2 increments if the confidence interval crossed both MIDs.*

See Appendix F: for full GRADE tables.



## 1.1.7 Economic evidence

### 1.1.7.1 Included studies

3 No health economic studies were included.

### 1.1.7.2 Excluded studies

5 Three economic studies relating to this review question were identified but were excluded  
6 due to a combination of limited applicability and methodological limitations.<sup>27, 37, 38, 52, 53</sup> These  
7 are listed in Appendix I:, with reasons for exclusion given. The treatment effects used in  
8 these studies were from studies that have been excluded from the clinical review.

9 Two economic studies<sup>16, 12</sup> related to this review were included in the 2004 Epilepsies  
10 guideline, however the dates of these studies are prior to the date cut-off for economic  
11 evidence, and these have been excluded, but are listed in Appendix I: for clarity.

12 See also the health economic study selection flow chart in Appendix G:.

### 1.1.8 Health economic modelling

14 This area was not prioritised for new cost-effectiveness analysis.

### 1.1.9 Unit costs

16 Some costs of the VNS devices are illustrated in the table below. These have been sourced  
17 through a committee member.

18 **Table 6: UK costs of Vagal nerve stimulation pulse generators**

Component	Description	Cost
<b>Costs per procedure</b>		
1 x Generator (VNS stimulator device)	Newer models: <i>SenTiva™ Generator, Model 1000 (single pin receptacle, volume 8cc)</i>	£10,423
	Older models: <i>Pulse™ Generator, Model 102 (single pin receptacle, volume 14cc)</i>	£7,428
1 x Implantable lead	<i>PerenniaDURA™ Lead, Model 303 (single pin)</i>  A lead transmits the stimulation pulse from the generator to the left vagus nerve.	£2,275
1 x tunnelling tool	<i>Tunneler, Model 402</i>  A disposable surgical tool used for subcutaneous tunnelling of the lead from the nerve site	£133
1 x patient essentials pack	<i>Patient Essentials Patient Kit, Model 220</i>  A kit containing one Model 220-3 Magnet (watch style), one Model 220-4 Magnet (pager style), and two Patient Emergency Information Cards.	£92
<b>TOTAL</b>		<b>Newer model: £12,923.00</b>

Component	Description	Cost
		<b>Older model: £9,928.00</b>
<b>Costs spread over many procedures (a)</b>		
Accessory pack	<i>Accessory Pack, Model 502</i>  A pack containing sterile back-up components sometimes needed for VNS Therapy implant and removal. Contains a single pin and a dual pin generator resistor assembly, a hex screwdriver and lead tie downs.	£403
VNS wand	<i>Programming Wand, Model 2000</i>  A telemetry wand that transmits programming information from the computer to the generator.	£2,414
Tablet	<i>Software model 3000 with programming tablet</i>  Programming software and tablet which interrogates the generator and modifies the stimulation parameters.	£2,250

1 Source: Through committee member hospital price list. Note all components are from Liva Nova. The committee  
2 were used for sources of device costs rather than the NHS supply chain, as that did not contain the newer models  
3 of the generator.

4 (a) The cost per patient would depend on the number of uses and lifespan of the products.

5

6 There may be additional components needed apart from the main device itself. The battery  
7 needs to be replaced after a certain number of years (typically every three to five years)  
8 which involves a re-operation. There will also be follow up costs such as seeing a consultant  
9 to discuss the effectiveness and settings of the device.

10 As well as the cost of the device, there is the surgical cost of implanting the device:

11 **Table 7: NHS reference costs – cost of implantation of VNS device.**

Currency code	Currency description	Activity	Unit cost
AA60A	Insertion of Neurostimulator for Treatment of Neurological Conditions, 19 years and over	1,791	£5,635
AA60B	Insertion of Neurostimulator for Treatment of Neurological Conditions, 18 years and under	178	£8,002

12 Source: NHS reference costs 2017/18. HRG code identified by mapping the OPCS code from the coding  
13 recommendations in the NICE interventional procedure guidance on Vagus nerve stimulation for refractory  
14 epilepsy in children (IPG50).<sup>65</sup>

### 1.1.9.5 Other calculations

16 Using data from the clinical review on the additional people with >50% decrease in seizure  
17 frequency<sup>76</sup> and utility values, it is possible to estimate an approximate QALY gain.

18 **Table 8: Quality adjusted life year gain (QALY) from the addition of VNS**

Scenario	Additional people with >50% decrease in seizure frequency at 1 year	Gain in QoL (utility) per person	Incremental QALY gain per 1000 people	Incremental QALY gain per person
1. No assumptions made beyond 12	Additional 82 per 1000	0.18 (a)	14.9 (b) (0.18*82 people)	0.0149

Scenario	Additional people with >50% decrease in seizure frequency at 1 year	Gain in QoL (utility) per person	Incremental QALY gain per 1000 people	Incremental QALY gain per person
months data.				
2. Assuming gain is sustained for the lifetime of the person (c)	Additional 82 per 1000	0.18 (a)	270.1 (0.18*82 people *18.1 years)	0.2701

- 1 (a) Where the utility of a non-responder was 0.623 and the utility for a patient who has between 50-99% reduction  
2 in seizure frequency being 0.805 – See Economic analysis report on the cost effectiveness of resective  
3 surgery.  
4 (b) This is assuming that utility gain is experienced from the very beginning after having VNS.  
5 (c) Life expectancy for patient with drug-resistant epilepsy receiving medical management is 31.7 years (18.1  
6 years discounted at 3.5% per year to reflect time preference). See Economic analysis report on the cost  
7 effectiveness of resective

8 Using this rough estimate of QALY gain from the addition of VNS to best medical practice,  
9 and by re-arranging the ICER equation, we can work out the maximum cost difference  
10 between VNS + BMP and BMP that would make VNS + BMP borderline cost effective (at the  
11 £20,000 per QALY threshold).

## 12 Cost-effectiveness criterion

13 Cost per QALY gained threshold = difference in costs / difference in QALYs

14 Difference in costs = Threshold \* difference in QALYs

## 15 Results: Maximum cost difference that is consistent with Vagus Nerve Stimulation 16 being cost effective

17 Scenario 1 (one-year time horizon): £20,000 \* 0.0149 = £298

18 £30,000 \* 0.2701 = £449

19 Scenario 2 (lifetime horizon): £20,000 \* 0.2701 = £5,402

20 £30,000 \* 0.2701 = £8,104

21 Therefore, assuming the improvement in seizure status is sustained up until death it can be  
22 inferred that the maximum incremental cost for Vagus Nerve Stimulation, is £6,949 at a  
23 threshold of £20,000 per QALY (or £10,424 at £30,000 per QALY).

## 1.1.10 Evidence statements

### 1.1.10.1 Clinical evidence statements

- 26 • None

### 1.1.10.2 Health economic evidence statements

- 28 • No relevant economic evaluations were identified.

## 1.1.11 The committee's discussion of the evidence

### 1.1.11.1 The outcomes that matter most

31 All outcomes were critical in this review, namely mortality, seizure freedom, seizure  
32 frequency, quality of life, healthcare resource social functioning, cognitive outcomes, and  
33 neurodevelopmental outcomes in children and young people. Where evidence was found,

1 outcomes were assigned to either a follow-up of 12 months or a longer-term follow-up of up  
2 to 60 months. Additionally, adverse events at any time point were also included.

3 No evidence was identified for mortality, seizure freedom, healthcare resource use or social  
4 or cognitive functioning or neurodevelopmental outcomes in children and young people.

#### 1.1.15.2 The quality of the evidence

6 Evidence from 5 RCTs evaluating vagus nerve stimulation (VNS) was identified. Three  
7 studies compared high-frequency VNS with low-frequency VNS. One study compared high-  
8 frequency transcutaneous VNS (tVNS; an external device that is applied intermittently to  
9 stimulate the auricular branch of the vagus nerve) versus low-frequency transcutaneous  
10 VNS, and one study compared VNS with best medical practice. The underlining principles of  
11 the technologies are the same – namely, antidromic stimulation of the vagus nerve will  
12 improve seizure profile. High VNS and high tVNS was considered the normal practice, while  
13 low VNS or low tVNS were considered comparable to no VNS or no tVNS. This is why the  
14 studies could be combined with VNS versus best medical practice when the committee was  
15 deliberating the evidence.

16 The evidence was of low or very low quality, mainly due to lack of allocation concealment, a  
17 high number of participants missing at the study follow up time-point and imprecision.  
18 Imprecision was noted for all outcomes. Inconsistency was present for hoarseness (adverse  
19 event) due to heterogeneity, and this remained unexplained by subgroup analysis.

20 The committee agreed to make a research recommendation to evaluate the effectiveness of  
21 VNS in people with epilepsy as little good-quality evidence had been identified. The  
22 committee agreed new research should more specifically evaluate outcomes in people with  
23 learning disabilities, as this patient population are more likely to proceed to VNS implantation  
24 in clinical practice than those without a learning disability.

25 The committee noted there was no robust long-term evidence on vagus nerve stimulation in  
26 epilepsy. The majority of the studies included were over 20 years old, all had small numbers  
27 of participants, and were of either low or very low quality.

28 The evidence for the outcomes of infection and cardiac difficulties showed no clinically  
29 important difference for high VNS compared with low VNS. A clinically important benefit of  
30 low VNS was found for one adverse event, hoarseness. The committee noted that the  
31 complication rates reported by the studies were not surprising for this intervention, given that  
32 more (electrical) current is delivered by high-frequency stimulation. They also discussed that  
33 high VNS is at greater frequency and, therefore, this may explain why there was a clinically  
34 important benefit of low VNS for one adverse event (hoarseness) compared to high VNS. For  
35 the comparison of VNS with best medical practice to best medical practice alone, a clinically  
36 important benefit of VNS combined with best medical practice was found for quality of life  
37 and proportion of people with a greater than 50% decrease in seizure frequency at one year.  
38 No clinically important difference was found for clinical global impression of improvement  
39 scale and neurological outcome. A clinically important benefit of best medical practice was  
40 found for the adverse event of cardiac difficulties. The committee noted the study was small  
41 and only reported outcomes at 12 months.

42 For high tVNS compared to low tVNS, there was only one outcome of adverse events,  
43 namely cardiac difficulties, which showed a clinically important benefit for high tVNS. The  
44 committee noted that tVNS is not used within the NHS.

45 Based on their own experience the committee agreed that anecdotally VNS appears to be  
46 effective. VNS tends to be considered a 'palliative' procedure for people who have trialled  
47 multiple anti-seizure medications and in whom resective surgery is not thought an option.  
48 The committee agreed that seizure freedom is not anticipated with the use of VNS, but there  
49 can be a reduction in seizure frequency or intensity and, as a consequence, lead to a better

- 1 quality of life. The committee also noted that in their experience, most people who have VNS  
2 implantation return for battery replacements for their device, suggesting that they are finding  
3 some benefit through its use and wish to continue using the device. The committee noted  
4 that there might also be a slight placebo effect as a user unaware that their device has run  
5 out of power can continue to report a benefit from its use.
- 6 The committee agreed that a clinical benefit was more likely to be seen the longer VNS is  
7 used, but trials tend to report results too early (after 3 or 6 months), with the longest time-  
8 point reported was 1 year in one study. Clinical practice and opinion is that more benefit is  
9 likely to accrue much later after the device has been implanted.
- 10 The committee noted that paediatric populations may experience different outcomes from the  
11 use of VNS compared to adults due to starting VNS treatment at a much earlier age, and  
12 also parents or carers being better able to recognise seizures and swiping the magnet to  
13 offer additional stimulation earlier. It was also noted that VNS may not be an option for  
14 certain groups of patients, such as those with deteriorating neurological conditions leading to  
15 end of life-or severe learning disabilities/challenging behaviour that prohibit practical use.
- 16 The committee noted that there is variation in current use but that it tends to be offered when  
17 anti-seizure medications have failed to control seizures and surgery is not suitable. There  
18 was no evidence to suggest that the use of vagus nerve stimulation should stop for this small  
19 group with complex needs and few management options.
- 20 The committee agreed there was a lack of robust evidence for the use of VNS. There was  
21 also no evidence of harm with the use of VNS. Therefore, the committee decided it was  
22 appropriate to make a consensus recommendation based on their clinical experience to  
23 consider VNS in the small population of people with drug-resistant epilepsy and who are  
24 assessed as unsuitable for resective surgery. The committee discussed how some people  
25 and their families are keen to undergo the procedure because they have no further treatment  
26 options, even though the evidence to support the use of VNS is lacking. The committee  
27 discussed the importance of explaining to the person and their family or carer that the  
28 procedure is not risk-free and that VNS implantation is unlikely to result in seizure freedom.
- 29 The committee acknowledged more evidence is needed to know how effective VNS is over a  
30 longer follow-up period and agreed to make a research recommendation.

### **1.1.3.3 Cost effectiveness and resource use**

- 32 No economic evaluations were included in this review.
- 33 The committee noted that there was variation in current clinical practice with regards to the  
34 use of VNS but noted VNS tends to be offered to people with drug-refractory epilepsy where  
35 resective surgery is not an appropriate treatment option.
- 36 Unit costs of VNS were presented to the committee. The costs of the devices themselves  
37 were sourced from price lists from a committee member's hospital and relate to a particular  
38 manufacturer, but this is the most common device. The cost per patient can be upward of  
39 £10,000 for the device itself, and additional to this is the cost of the surgery to implant the  
40 device, which also costs several thousands of pounds. There may be other costs, such as  
41 the potential need for video telemetry to identify if a person is a candidate for VNS (if they  
42 have not already had this earlier in the pathway). Ongoing costs include appointments to  
43 monitor the device, and any future battery changes, which would require another procedure.  
44 Batteries do not tend to last as long as might be expected, especially if the higher intensity  
45 setting is used, which consumes charge more quickly. The purpose of VNS is not to  
46 necessarily achieve seizure freedom, this is quite an unlikely outcome, but VNS reduces  
47 seizure frequency and the intensity of seizures, which can impact quality of life and lead to  
48 less resource use. It is also unlikely that people who have VNS would ever come off their  
49 ASMs; therefore, it is used as an adjunctive treatment. VNS does not have the side effects

1 seen with ASMs, but infection is a concern. Over the longer-term management costs are  
2 anecdotally low, as people are already having monitoring appointments for their medications,  
3 and because the VNS-treated cohort are a complex group with uncontrolled epilepsy.

4 Threshold calculations were presented to the committee, using the single outcome identified  
5 from the review on effectiveness (seizure reduction - when comparing VNS in addition to  
6 best medical practice with no VNS), and combining this with quality-of-life values (related to  
7 living with seizures, and a reduction in seizures), to obtain an estimate of QALYs. This was  
8 then used in threshold calculations to work out the maximum incremental cost between  
9 strategies of VNS and no VNS that would make VNS cost-effective. Two scenarios were  
10 demonstrated; one where no assumptions were made beyond the 1-year data from the  
11 clinical review, and another where the QALY gain was assumed to last a lifetime. Both of  
12 these showed that the maximum cost difference between a strategy of VNS and no VNS in  
13 both scenarios was quite low compared to the costs of the device (the incremental cost from  
14 the lifetime scenario was £5,402 at the £20,000 per QALY threshold or £8104 at £30,000 per  
15 QALY). Due to the uncertainties, the committee concluded that they could only make a  
16 “consider” recommendation for the use of VNS for people with drug-resistant epilepsy when  
17 surgery is not appropriate.

18 The committee noted that although the incremental cost values were low compared to the  
19 cost of the devices presented, the analysis had lots of uncertainties. Additional analyses  
20 were not undertaken to try and estimate the cost differences observed for patients receiving  
21 VNS and BMP, and so the committee had to make qualitative judgement about the potential  
22 cost differences observed between the two strategies being compared. The committee noted  
23 that VNS would likely be the most expensive strategy due to the high costs associated with  
24 the device and the need for monitoring and the replacement of batteries in the device.  
25 However, the committee acknowledged that levels of monitoring required for people who  
26 receive VNS may not differ significantly from those people with complex drug-refractory  
27 epilepsy receiving ASMs because people with drug-refractory epilepsy can require 2-3  
28 appointments to monitor their epilepsy per year.

29 The committee also noted there are potentially significant benefits of VNS for people with  
30 drug-resistant epilepsy who are not eligible for surgery. For example, when people with drug-  
31 resistant epilepsy are informed, they are not eligible for surgery, this can have a severe  
32 negative psychological impact that might not have been captured in the calculations.  
33 Therefore, VNS may provide hope and improve people’s QoL. In addition, people with  
34 frequent disabling seizures may observe a significant improvement in their quality of life  
35 through a reduction in seizure frequency, even if not rendered seizure-free. Overall, the  
36 committee concluded that VNS would be more expensive than continued treatment with  
37 ASMs, however these cost differences have the potential to be offset by the improvement in  
38 QoL observed for a drug-refractory population where all other treatment options have been  
39 exhausted.

40 The recommendations made are largely reflective of current practice and so are not  
41 expected to result in a significant resource impact. The committee also acknowledged that  
42 additional research is needed in this area and therefore made a research recommendation to  
43 assess the effectiveness of VNS in people with epilepsy, including people with learning  
44 disabilities as a subgroup.

#### **1.1.4.4 Other factors the committee took into account**

46 The committee agreed the guideline should cross refer to the interventional procedure  
47 guidance for VNS for children with refractory epilepsy (IPG50).

### **1.1.12 Recommendations supported by this evidence review**

- 2 This evidence review supports recommendations 8.3.1 – 8.3.2 and the research
- 3 recommendation on the effectiveness of vagus nerve stimulation in epilepsy.
- 4
- 5

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## Appendices

### Appendix A: Review protocols

Table 9: Review protocol: Vagus nerve stimulation

ID	Field	Content
0.	PROSPERO registration number	
1.	Review title	Review protocol for vagus nerve stimulation. Question number: 5.3
2.	Review question	What is the effectiveness of vagus nerve stimulation in epilepsy?
3.	Objective	<p>The aim of the review is to determine the effectiveness of vagus nerve stimulation in people with pharmaco-resistant epilepsy</p> <p>Up to 70% of people with epilepsy will respond to 1st or 2nd line drug therapy. A surgical procedure such as vagus nerve stimulation would only be considered once these options have been trialed.</p> <p>A pacemaker device is implanted under the skin and stimulating electrodes generate electrical signals from the device to the left vagus nerve. The device can be programmed to vary the frequency, intensity and duration of the signal. Vagus nerve stimulation has been around for quite some time, but only over the past couple of years has there been a real push in increasing the settings of the device. This clearly depletes the battery at a much faster rate, meaning that the patients need battery replacements more often and the new batteries are becoming increasingly expensive. It would be really important to identify if the outcomes are really better with increased stimulation. This will also represent a new key point with respect to the previous guideline</p>
4.	Searches	<p>The following databases will be searched:</p> <p>Cochrane Central Register of Controlled Trials (CENTRAL)</p> <p>Cochrane Database of Systematic Reviews (CDSR)</p> <p>Embase</p> <p>MEDLINE</p> <p>Searches will be restricted by:</p> <p>English language</p> <p>The searches may be re-run 6 weeks before final submission of the review and further studies retrieved for inclusion if relevant.</p> <p>The full search strategies for MEDLINE database will be published in the final review.</p>
5.	Condition or domain being	Pharmaco-resistant epilepsy

ID	Field	Content
	studied	Epilepsy is a common treatable condition, characterised by recurrent involuntary brain activity that manifests as seizures. Although the majority of people have a good response to antiepileptic drugs and become seizure free, approximately 30% continue to have seizures despite taking multiple antiepileptic drugs (pharmacoresistant epilepsy).
6.	Population	Inclusion: Children, young people and adults with confirmed pharmacoresistant epilepsy  Strata: evidence in people with learning disabilities will be presented separately from evidence in people without learning disabilities (to be analysed separately)  Exclusion: New-born babies (under 28 days) with acute symptomatic seizures.
7.	Intervention/Exposure/Test	High frequency vagus nerve stimulation Low frequency vagus nerve stimulation Auto stimulation (rapid cycling) and SenTiva device
8.	Comparator/Reference standard/Confounding factors	Sham or usual care One vagus nerve stimulation method vs different vagus nerve stimulation method
9.	Types of study to be included	Randomised controlled trials (RCTs) Systematic reviews of RCTs If no RCTs are found for a particular intervention, prospective observational comparative studies will be considered only if they adjust for the key confounders of age of epilepsy onset, classification (focal, generalised, or epilepsy syndrome), earlier invasive epilepsy surgery, number of AEDs tried prior to intervention, AED changes recorded during intervention reporting, gender, mental health and learning disability For a systematic review to be included it must be conducted to the same methodological standard as NICE guideline reviews. If sufficient details are not provided to include a relevant systematic review, the review will only be used for citation searching.
10.	Other exclusion criteria	Exclusions: Non-English language publications Conference abstracts
11.	Context	Previous recommendations: Vagus nerve stimulation is indicated for use as an adjunctive therapy in reducing the frequency of seizures in adults who are refractory to antiepileptic medication but who are not suitable for respective surgery. This includes adults whose epileptic disorder is dominated by partial seizures (with or without secondary generalisation) or generalised seizures.

ID	Field	Content
		Vagus nerve stimulation is indicated for use as an adjunctive therapy in reducing the frequency of seizures in children who are refractory to antiepileptic medication but who are not suitable for respective surgery. This includes children whose epileptic disorder is dominated by partial seizures (with or without secondary generalisation) or generalised seizures.
12.	Primary outcomes (critical outcomes)	<p>mortality at short-term follow-up of 12 months and longer-term follow-up of up to 60 months</p> <p>seizure freedom (100% reduction in seizure frequency) at short-term follow-up of 12 months and longer-term follow-up of up to 60 months</p> <p>seizure frequency (50% or greater reduction in seizure frequency) at short-term follow-up of 12 months and longer-term follow-up of up to 60 months</p> <p>quality of life (measured with a validated scale) at short-term follow-up of 12 months and longer-term follow-up of 60 months</p> <p>healthcare resource use social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) short-term follow-up of 12 months and longer-term follow-up of up to 60 months</p> <p>cognitive outcomes (including neuropsychological measures of global cognitive functioning, executive functioning and memory using a validated scale) short-term follow-up of 12 months and longer-term follow-up of up to 60 months</p> <p>in children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) short-term follow-up of 12 months and longer-term follow-up of up to 60 months</p> <p>adverse events (analysed separately):</p> <ul style="list-style-type: none"> <li>lead fracture</li> <li>infection</li> <li>hoarse voice</li> <li>cardiac difficulties</li> <li>device removal</li> </ul>
13.	Data extraction (selection and coding)	All references identified by the searches and from other sources will be screened for inclusion. 10% of the abstracts will be reviewed by two reviewers, with any disagreements resolved by discussion or, if necessary, a third independent reviewer. The full text of potentially eligible studies will be retrieved and will be assessed in line with the criteria outlined

ID	Field	Content
		above.
14.	Risk of bias (quality) assessment	<p>Standard study checklists were used to critically appraise individual studies. For details please see section 6.2 of Developing NICE guidelines: the manual</p> <p>Systematic reviews: Risk of Bias in Systematic Reviews (ROBIS)</p> <p>Randomised Controlled Trial: Cochrane RoB (2.0)</p> <p>Nonrandomised study, including cohort studies: Cochrane ROBINS-I</p> <p>10% of all evidence reviews are quality assured by a senior research fellow. This includes checking:</p> <ul style="list-style-type: none"> <li>papers were included /excluded appropriately</li> <li>a sample of the data extractions</li> <li>correct methods are used to synthesise data</li> <li>a sample of the risk of bias assessments</li> </ul> <p>Disagreements between the review authors over the risk of bias in particular studies will be resolved by discussion, with involvement of a third review author where necessary.</p> <p>GRADEpro will be used to assess the quality of evidence for each outcome, taking into account individual study quality and the meta-analysis results. The 4 main quality elements (risk of bias, indirectness, inconsistency and imprecision) will be appraised for each outcome. Publication bias is tested for when there are more than 5 studies for an outcome.</p> <p>The risk of bias across all available evidence was evaluated for each outcome using an adaptation of the 'Grading of Recommendations Assessment, Development and Evaluation (GRADE) toolbox' developed by the international GRADE working group <a href="http://www.gradeworkinggroup.org/">http://www.gradeworkinggroup.org/</a></p>
115	Strategy for data synthesis	<p>EndNote will be used for reference management, sifting, citations and bibliographies.</p> <p>EviBASE will be used for data extraction and quality assessment for clinical studies.</p> <p>MS Excel will be used for data extraction and critical appraisal for health economic studies.</p> <p>Pairwise meta-analyses will be performed using Cochrane Review Manager (RevMan5).</p> <p>GRADEpro will be used to assess the quality of evidence for each outcome</p>
16.	Analysis of sub-groups	<p>Groups to be considered from the equality impact assessment:</p> <ul style="list-style-type: none"> <li>children and young people</li> <li>girls and women of who are able to get pregnant (including those who are pregnant and breastfeeding)</li> <li>older people</li> <li>people with learning disabilities</li> </ul> <p>Statistically heterogeneity will be assessed by visually examining the forest plots and by calculating the I2 inconsistency statistic (with an I2 value of more than 50% indicating considerable heterogeneity). In the event of heterogeneity, subgroup analysis will be undertaken based on the following possible modifiers of treatment effect:</p>

ID	Field	Content																		
		children, young people and adults type of epilepsy (generalised, focal, epilepsy syndrome) type of vagus nerve stimulation method (for example higher intensity older methods vs newer high intensity methods)																		
17.	Type and method of review	<table border="1"> <tr> <td><input checked="" type="checkbox"/></td> <td>Intervention</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Diagnostic</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Prognostic</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Qualitative</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Epidemiologic</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Service Delivery</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Other (please specify)</td> </tr> </table>	<input checked="" type="checkbox"/>	Intervention	<input type="checkbox"/>	Diagnostic	<input type="checkbox"/>	Prognostic	<input type="checkbox"/>	Qualitative	<input type="checkbox"/>	Epidemiologic	<input type="checkbox"/>	Service Delivery	<input type="checkbox"/>	Other (please specify)				
<input checked="" type="checkbox"/>	Intervention																			
<input type="checkbox"/>	Diagnostic																			
<input type="checkbox"/>	Prognostic																			
<input type="checkbox"/>	Qualitative																			
<input type="checkbox"/>	Epidemiologic																			
<input type="checkbox"/>	Service Delivery																			
<input type="checkbox"/>	Other (please specify)																			
18.	Language	English																		
19.	Country	England																		
20.	Anticipated or actual start date	[For the purposes of PROSPERO, the date of commencement for the systematic review can be defined as any point after completion of a protocol but before formal screening of the identified studies against the eligibility criteria begins. A protocol can be deemed complete after sign-off by the NICE team with responsibility for quality assurance.]																		
21.	Anticipated completion date	[Give the date by which the guideline is expected to be published. This field may be edited at any time. All edits will appear in the record audit trail. A brief explanation of the reason for changes should be given in the Revision Notes facility.]																		
22.	Stage of review at time of this submission	<table border="1"> <thead> <tr> <th>Review stage</th> <th>Started</th> <th>Completed</th> </tr> </thead> <tbody> <tr> <td>Preliminary searches</td> <td><input checked="" type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Piloting of the study selection process</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Formal screening of search results against eligibility criteria</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Data extraction</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Risk of bias (quality) assessment</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> </tbody> </table>	Review stage	Started	Completed	Preliminary searches	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Piloting of the study selection process	<input type="checkbox"/>	<input type="checkbox"/>	Formal screening of search results against eligibility criteria	<input type="checkbox"/>	<input type="checkbox"/>	Data extraction	<input type="checkbox"/>	<input type="checkbox"/>	Risk of bias (quality) assessment	<input type="checkbox"/>	<input type="checkbox"/>
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Data extraction	<input type="checkbox"/>	<input type="checkbox"/>																		
Risk of bias (quality) assessment	<input type="checkbox"/>	<input type="checkbox"/>																		

ID	Field	Content
		Data analysis <input type="checkbox"/> <input type="checkbox"/>
23.	Named contact	<p>5a. Named contact National Guideline Centre Angela Cooper angela.cooper@rcplondon.ac.uk</p> <p>5b Named contact e-mail [Guideline email]@nice.org.uk [Developer to check with Guideline Coordinator for email address]</p> <p>5e Organisational affiliation of the review National Institute for Health and Care Excellence (NICE) and the National Guideline Centre</p>
24.	Review team members	<p>From the National Guideline Centre: Gill Ritchie, Guideline Lead Angela Cooper, Senior Research Fellow Jacqui Real, Senior Research Fellow Rafina Yarde, Systematic reviewer Margaret Constanti, Senior Health economist Joseph Runicles, Information specialist</p>
25.	Funding sources/sponsor	This systematic review is being completed by the National Guideline Centre which receives funding from NICE.
26.	Conflicts of interest	All guideline committee members and anyone who has direct input into NICE guidelines (including the evidence review team and expert witnesses) must declare any potential conflicts of interest in line with NICE's code of practice for declaring and dealing with conflicts of interest. Any relevant interests, or changes to interests, will also be declared publicly at the start of each guideline committee meeting. Before each meeting, any potential conflicts of interest will be considered by the guideline committee Chair and a senior member of the development team. Any decisions to exclude a person from all or part of a meeting will be documented. Any changes to a member's declaration of interests will be recorded in the minutes of the meeting. Declarations of interests will be published with the final guideline.
27.	Collaborators	Development of this systematic review will be overseen by an advisory committee who will use the review to inform the development of evidence-based recommendations in line with section 3 of Developing NICE guidelines: the manual. Members of the guideline committee are available on the NICE website: [NICE guideline webpage].

ID	Field	Content
28.	Other registration details	
29.	Reference/URL for published protocol	Give the citation and link for the published protocol, if there is one.
30.	Dissemination plans	NICE may use a range of different methods to raise awareness of the guideline. These include standard approaches such as: notifying registered stakeholders of publication publicising the guideline through NICE's newsletter and alerts issuing a press release or briefing as appropriate, posting news articles on the NICE website, using social media channels, and publicising the guideline within NICE.
31.	Keywords	Epilepsy Vagus nerve stimulation
32.	Details of existing review of same topic by same authors	
33.	Current review status	<input checked="" type="checkbox"/> Ongoing
		<input type="checkbox"/> Completed but not published
		<input type="checkbox"/> Completed and published
		<input type="checkbox"/> Completed, published and being updated
		<input type="checkbox"/> Discontinued
34.	Additional information	
35.	Details of final publication	<a href="http://www.nice.org.uk">www.nice.org.uk</a>

1

2 **Table 10: Health economic review protocol**

<b>Review question</b>	<b>All questions – health economic evidence</b>
<b>Objectives</b>	To identify health economic studies relevant to any of the review questions.
<b>Search criteria</b>	<ul style="list-style-type: none"> <li>• Populations, interventions and comparators must be as specified in the clinical review protocol above.</li> <li>• Studies must be of a relevant health economic study design (cost–utility analysis, cost-effectiveness analysis, cost–benefit analysis, cost–consequences analysis, comparative cost analysis).</li> <li>• Studies must not be a letter, editorial or commentary, or a review of health economic evaluations. (Recent reviews will be ordered although not reviewed. The bibliographies will be checked for relevant studies, which will then be ordered.)</li> <li>• Unpublished reports will not be considered unless submitted as part of a call for evidence.</li> <li>• Studies must be in English.</li> </ul>
<b>Search strategy</b>	A health economic study search will be undertaken using population-specific terms and a health economic study filter.
<b>Review strategy</b>	<p>Studies not meeting any of the search criteria above will be excluded. Studies published before 2004, abstract-only studies and studies from non-OECD countries or the USA will also be excluded.</p> <p>Studies published after 2004 that were included in the previous guideline(s) will be reassessed for inclusion and may be included or selectively excluded based on their relevance to the questions covered in this update and whether more applicable evidence is also identified.</p> <p>Each remaining study will be assessed for applicability and methodological limitations using the NICE economic evaluation checklist which can be found in appendix H of Developing NICE guidelines: the manual (2014).<sup>64</sup></p> <p><b>Inclusion and exclusion criteria</b></p> <ul style="list-style-type: none"> <li>• If a study is rated as both ‘Directly applicable’ and with ‘Minor limitations’, then it will be included in the guideline. A health economic evidence table will be completed, and it will be included in the health economic evidence profile.</li> <li>• If a study is rated as either ‘Not applicable’ or with ‘Very serious limitations’, then it will usually be excluded from the guideline. If it is excluded, then a health economic evidence table will not be completed, and it will not be included in the health economic evidence profile.</li> <li>• If a study is rated as ‘Partially applicable’, with ‘Potentially serious limitations’ or both then there is discretion over whether it should be included.</li> </ul> <p><b>Where there is discretion</b></p> <p>The health economist will make a decision based on the relative applicability and quality of the available evidence for that question, in discussion with the guideline committee if required. The ultimate aim is to include health economic studies that are helpful for decision-making in the context of the guideline and the current NHS setting. If several studies are considered of sufficiently high applicability and methodological quality that they could all be included, then the health economist, in discussion with the committee if required, may decide to include only the most applicable studies and to selectively exclude the remaining studies. All studies excluded on the basis of applicability or methodological limitations will be listed with explanation in the excluded health economic studies appendix below.</p> <p>The health economist will be guided by the following hierarchies.</p>

<p><i>Setting:</i></p> <ul style="list-style-type: none"> <li>• UK NHS (most applicable).</li> <li>• OECD countries with predominantly public health insurance systems (for example, France, Germany, Sweden).</li> <li>• OECD countries with predominantly private health insurance systems (for example, Switzerland).</li> <li>• Studies set in non-OECD countries or in the USA will be excluded before being assessed for applicability and methodological limitations.</li> </ul> <p><i>Health economic study type:</i></p> <ul style="list-style-type: none"> <li>• Cost–utility analysis (most applicable).</li> <li>• Other type of full economic evaluation (cost–benefit analysis, cost-effectiveness analysis, cost–consequences analysis).</li> <li>• Comparative cost analysis.</li> <li>• Non-comparative cost analyses including cost-of-illness studies will be excluded before being assessed for applicability and methodological limitations.</li> </ul> <p><i>Year of analysis:</i></p> <ul style="list-style-type: none"> <li>• The more recent the study, the more applicable it will be.</li> <li>• Studies published in 2004 or later (including any such studies included in the previous guideline(s)) but that depend on unit costs and resource data entirely or predominantly from before 2004 will be rated as ‘Not applicable’.</li> <li>• Studies published before 2004 (including any such studies included in the previous guideline(s)) will be excluded before being assessed for applicability and methodological limitations.</li> </ul> <p><i>Quality and relevance of effectiveness data used in the health economic analysis:</i></p> <ul style="list-style-type: none"> <li>• The more closely the clinical effectiveness data used in the health economic analysis match with the outcomes of the studies included in the clinical review the more useful the analysis will be for decision-making in the guideline.</li> </ul>
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### 3 **Appendix B: Literature search strategies**

4 This literature search strategy was used for the following review:

- 5
  - What is the effectiveness of vagus nerve stimulation in epilepsy?

6 The literature searches for this review are detailed below and complied with the methodology  
7 outlined in Developing NICE guidelines: the manual.<sup>64</sup>

8 For more information, please see the Methodology review published as part of the  
9 accompanying documents for this guideline.

#### 10 **B.1 Clinical search literature search strategy**

11 Searches were constructed using a PICO framework where population (P) terms were  
12 combined with Intervention (I) and in some cases Comparison (C) terms. Outcomes (O) are  
13 rarely used in search strategies for interventions as these concepts may not be well  
14 described in title, abstract or indexes and therefore difficult to retrieve. Search filters were  
15 applied to the search where appropriate.

16 **Table 11: Database date parameters and filters used**

Database	Dates searched	Search filter used
Medline (OVID)	1946 – 13 May 2021	Randomised controlled trials

Database	Dates searched	Search filter used
		Systematic review studies Observational studies  Exclusions
Embase (OVID)	1974 – 13 May 2021	Randomised controlled trials Systematic review studies Observational studies  Exclusions
The Cochrane Library (Wiley)	Cochrane Reviews to 2021 Issue 5 of 12 CENTRAL to 2021 Issue 5 of 12	None

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2 **Medline (Ovid) search terms**

1.	exp epilepsy/
2.	seizures/
3.	exp status epilepticus/
4.	seizures, febrile/
5.	(dravet syndrome or epilep* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome).ti,ab.
6.	or/1-5
7.	letter/
8.	editorial/
9.	news/
10.	exp historical article/
11.	Anecdotes as Topic/
12.	comment/
13.	case report/
14.	(letter or comment*).ti.
15.	or/7-14
16.	randomized controlled trial/ or random*.ti,ab.
17.	15 not 16
18.	animals/ not humans/
19.	exp Animals, Laboratory/
20.	exp Animal Experimentation/
21.	exp Models, Animal/
22.	exp Rodentia/
23.	(rat or rats or mouse or mice).ti.
24.	or/17-23
25.	6 not 24
26.	limit 25 to English language
27.	Vagus Nerve/ or vagus nerve stimulation/
28.	((vagus or vagal or electric*) adj3 (stimul* or therap* or treatment*)).ti,ab.
29.	(VNS or pulse generator or LivaNova or Aspire* or SenTiva or autostim*).ti,ab.
30.	or/27-29

31.	randomized controlled trial.pt.
32.	controlled clinical trial.pt.
33.	randomi#ed.ti,ab.
34.	placebo.ab.
35.	randomly.ti,ab.
36.	Clinical Trials as topic.sh.
37.	trial.ti.
38.	or/31-37
39.	Meta-Analysis/
40.	exp Meta-Analysis as Topic/
41.	(meta analy* or metanaly* or metaanaly* or meta regression).ti,ab.
42.	((systematic* or evidence*) adj3 (review* or overview*)).ti,ab.
43.	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
44.	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
45.	(search* adj4 literature).ab.
46.	(medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab.
47.	cochrane.jw.
48.	((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab.
49.	or/39-48
50.	Epidemiologic studies/
51.	Observational study/
52.	exp Cohort studies/
53.	(cohort adj (study or studies or analys* or data)).ti,ab.
54.	((follow up or observational or uncontrolled or non randomi#ed or epidemiologic*) adj (study or studies or data)).ti,ab.
55.	((longitudinal or retrospective or prospective or cross sectional) and (study or studies or review or analys* or cohort* or data)).ti,ab.
56.	Controlled Before-After Studies/
57.	Historically Controlled Study/
58.	Interrupted Time Series Analysis/
59.	(before adj2 after adj2 (study or studies or data)).ti,ab.
60.	exp case control studies/
61.	case control*.ti,ab.
62.	Cross-sectional studies/
63.	(cross sectional and (study or studies or review or analys* or cohort* or data)).ti,ab.
64.	or/50-63
65.	26 and 30 and (38 or 49 or 64)

1 **Embase (Ovid) search terms**

1.	exp epilepsy/
2.	seizure/
3.	epileptic state/
4.	febrile convulsion/
5.	(dravet syndrome or epilep* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome).ti,ab.

6.	or/1-5
7.	letter.pt. or letter/
8.	note.pt.
9.	editorial.pt.
10.	case report/ or case study/
11.	(letter or comment*).ti.
12.	or/7-11
13.	randomized controlled trial/ or random*.ti,ab.
14.	12 not 13
15.	animal/ not human/
16.	nonhuman/
17.	exp Animal Experiment/
18.	exp Experimental Animal/
19.	animal model/
20.	exp Rodent/
21.	(rat or rats or mouse or mice).ti.
22.	or/14-21
23.	6 not 22
24.	limit 23 to English language
25.	Vagus Nerve/ or vagus nerve stimulation/
26.	((vagus or vagal or electric*) adj3 (stimul* or therap* or treatment*)).ti,ab.
27.	(VNS or pulse generator or LivaNova or Aspire* or SenTiva or autostim*).ti,ab.
28.	or/25-27
29.	random*.ti,ab.
30.	factorial*.ti,ab.
31.	(crossover* or cross over*).ti,ab.
32.	((doubl* or singl*) adj blind*).ti,ab.
33.	(assign* or allocat* or volunteer* or placebo*).ti,ab.
34.	crossover procedure/
35.	single blind procedure/
36.	randomized controlled trial/
37.	double blind procedure/
38.	or/29-37
39.	systematic review/
40.	meta-analysis/
41.	(meta analy* or metanaly* or metaanaly* or meta regression).ti,ab.
42.	((systematic* or evidence*) adj3 (review* or overview*)).ti,ab.
43.	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
44.	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
45.	(search* adj4 literature).ab.
46.	(medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab.
47.	cochrane.jw.
48.	((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab.
49.	or/39-48
50.	Clinical study/

51.	Observational study/
52.	family study/
53.	longitudinal study/
54.	retrospective study/
55.	prospective study/
56.	cohort analysis/
57.	follow-up/
58.	cohort*.ti,ab.
59.	57 and 58
60.	(cohort adj (study or studies or analys* or data)).ti,ab.
61.	((follow up or observational or uncontrolled or non randomi#ed or epidemiologic*) adj (study or studies or data)).ti,ab.
62.	((longitudinal or retrospective or prospective or cross sectional) and (study or studies or review or analys* or cohort* or data)).ti,ab.
63.	(before adj2 after adj2 (study or studies or data)).ti,ab.
64.	exp case control study/
65.	case control*.ti,ab.
66.	cross-sectional study/
67.	(cross sectional and (study or studies or review or analys* or cohort* or data)).ti,ab.
68.	or/50-56,59-67
69.	24 and 28 and (38 or 49 or 68)

#### 1 Cochrane Library (Wiley) search terms

#1.	MeSH descriptor: [Epilepsy] explode all trees
#2.	MeSH descriptor: [Seizures] explode all trees
#3.	MeSH descriptor: [Status Epilepticus] explode all trees
#4.	MeSH descriptor: [Seizures, Febrile] explode all trees
#5.	(dravet syndrome or epilep* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome):ti,ab
#6.	(or #1-#5)
#7.	MeSH descriptor: [Vagus Nerve] explode all trees
#8.	MeSH descriptor: [Vagus Nerve Stimulation] explode all trees
#9.	((vagus or vagal or electric*) near/3 (stimul* or therap* or treatment*)):ti,ab
#10.	(VNS or pulse generator or LivaNova or Aspire* or SenTiva or autostim*):ti,ab
#11.	(or #7-#10)
#12.	#6 and #11

## B.2 Health Economics literature search strategy

3 Health economic evidence was identified by conducting a broad search relating to an  
4 Epilepsies population in NHS Economic Evaluation Database (NHS EED – this ceased to be  
5 updated after March 2015) and the Health Technology Assessment database (HTA) with no  
6 date restrictions. NHS EED and HTA databases are hosted by the Centre for Research and  
7 Dissemination (CRD). Additional searches were run on Medline and Embase for health  
8 economics and quality of life studies.

#### 9 Table 12: Database date parameters and filters used

Database	Dates searched	Search filter used
Medline	Health Economics	Health economics studies

Database	Dates searched	Search filter used
	1 January 2014 – 13 May 2021	Quality of life studies
	Quality of Life 1946 – 13 May 2021	Exclusions
Embase	Health Economics 1 January 2014 – 13 May 2021	Health economics studies Quality of life studies
	Quality of Life 1974 – 13 May 2021	Exclusions
Centre for Research and Dissemination (CRD)	HTA - Inception – 13 May 2021 NHSEED - Inception to 31 March 2015	None

### 1 Medline (Ovid) search terms

1.	exp epilepsy/
2.	seizures/
3.	exp status epilepticus/
4.	seizures, febrile/
5.	(dravet syndrome or epilep* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome).ti,ab.
6.	or/1-5
7.	letter/
8.	editorial/
9.	news/
10.	exp historical article/
11.	Anecdotes as Topic/
12.	comment/
13.	case report/
14.	(letter or comment*).ti.
15.	or/7-14
16.	randomized controlled trial/ or random*.ti,ab.
17.	15 not 16
18.	animals/ not humans/
19.	exp Animals, Laboratory/
20.	exp Animal Experimentation/
21.	exp Models, Animal/
22.	exp Rodentia/
23.	(rat or rats or mouse or mice).ti.
24.	or/17-23
25.	6 not 24
26.	limit 25 to English language
27.	Economics/
28.	Value of life/
29.	exp "Costs and Cost Analysis"/
30.	exp Economics, Hospital/
31.	exp Economics, Medical/

32.	Economics, Nursing/
33.	Economics, Pharmaceutical/
34.	exp "Fees and Charges"/
35.	exp Budgets/
36.	budget*.ti,ab.
37.	cost*.ti.
38.	(economic* or pharmaco?economic*).ti.
39.	(price* or pricing*).ti,ab.
40.	(cost* adj2 (effective* or utilit* or benefit* or minimi* or unit* or estimat* or variable*)),ab.
41.	(financ* or fee or fees).ti,ab.
42.	(value adj2 (money or monetary)).ti,ab.
43.	or/27-42
44.	quality-adjusted life years/
45.	sickness impact profile/
46.	(quality adj2 (wellbeing or well being)).ti,ab.
47.	sickness impact profile.ti,ab.
48.	disability adjusted life.ti,ab.
49.	(qal* or qtime* or qwb* or daly*).ti,ab.
50.	(euroqol* or eq5d* or eq 5*).ti,ab.
51.	(health utility* or utility score* or disutilit* or utility value*).ti,ab.
52.	(hui or hui1 or hui2 or hui3).ti,ab.
53.	(health* year* equivalent* or hye or hyes).ti,ab.
54.	discrete choice*.ti,ab.
55.	rosser.ti,ab.
56.	(willingness to pay or time tradeoff or time trade off or tto or standard gamble*).ti,ab.
57.	(sf36* or sf 36* or short form 36* or shortform 36* or shortform36*).ti,ab.
58.	(sf20 or sf 20 or short form 20 or shortform 20 or shortform20).ti,ab.
59.	(sf12* or sf 12* or short form 12* or shortform 12* or shortform12*).ti,ab.
60.	(sf8* or sf 8* or short form 8* or shortform 8* or shortform8*).ti,ab.
61.	(sf6* or sf 6* or short form 6* or shortform 6* or shortform6*).ti,ab.
62.	or/44-61
63.	26 and (43 or 62)

1 **Embase (Ovid) search terms**

1.	exp *epilepsy/
2.	*landau kleffner syndrome/
3.	exp *seizure/
4.	"seizure, epilepsy and convulsion"/
5.	(dravet syndrome or epilep* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome).ti,ab.
6.	or/1-5
7.	letter.pt. or letter/
8.	note.pt.
9.	editorial.pt.
10.	case report/ or case study/

11.	(letter or comment*).ti.
12.	or/7-11
13.	randomized controlled trial/ or random*.ti,ab.
14.	12 not 13
15.	animal/ not human/
16.	nonhuman/
17.	exp Animal Experiment/
18.	exp Experimental Animal/
19.	animal model/
20.	exp Rodent/
21.	(rat or rats or mouse or mice).ti.
22.	or/15-21
23.	6 not 22
24.	limit 23 to English language
25.	health economics/
26.	exp economic evaluation/
27.	exp health care cost/
28.	exp fee/
29.	budget/
30.	funding/
31.	budget*.ti,ab.
32.	cost*.ti.
33.	(economic* or pharmaco?economic*).ti.
34.	(price* or pricing*).ti,ab.
35.	(cost* adj2 (effective* or utilit* or benefit* or minimi* or unit* or estimat* or variable*)).ab.
36.	(financ* or fee or fees).ti,ab.
37.	(value adj2 (money or monetary)).ti,ab.
38.	or/25-37
39.	quality adjusted life year/
40.	sickness impact profile/
41.	(quality adj2 (wellbeing or well being)).ti,ab.
42.	sickness impact profile.ti,ab.
43.	disability adjusted life.ti,ab.
44.	(qal* or qtime* or qwb* or daly*).ti,ab.
45.	(euroqol* or eq5d* or eq 5*).ti,ab.
46.	(qol* or hql* or hqol* or h qol* or hrqol* or hr qol*).ti,ab.
47.	(health utility* or utility score* or disutilit* or utility value*).ti,ab.
48.	(hui or hui1 or hui2 or hui3).ti,ab.
49.	(health* year* equivalent* or hye or hyes).ti,ab.
50.	discrete choice*.ti,ab.
51.	rosser.ti,ab.
52.	(willingness to pay or time tradeoff or time trade off or tto or standard gamble*).ti,ab.
53.	(sf36* or sf 36* or short form 36* or shortform 36* or shortform36*).ti,ab.
54.	(sf20 or sf 20 or short form 20 or shortform 20 or shortform20).ti,ab.
55.	(sf12* or sf 12* or short form 12* or shortform 12* or shortform12*).ti,ab.
56.	(sf8* or sf 8* or short form 8* or shortform 8* or shortform8*).ti,ab.

57.	(sf6* or sf 6* or short form 6* or shortform 6* or shortform6*).ti,ab.
58.	or/39-57
59.	24 and (38 or 58)

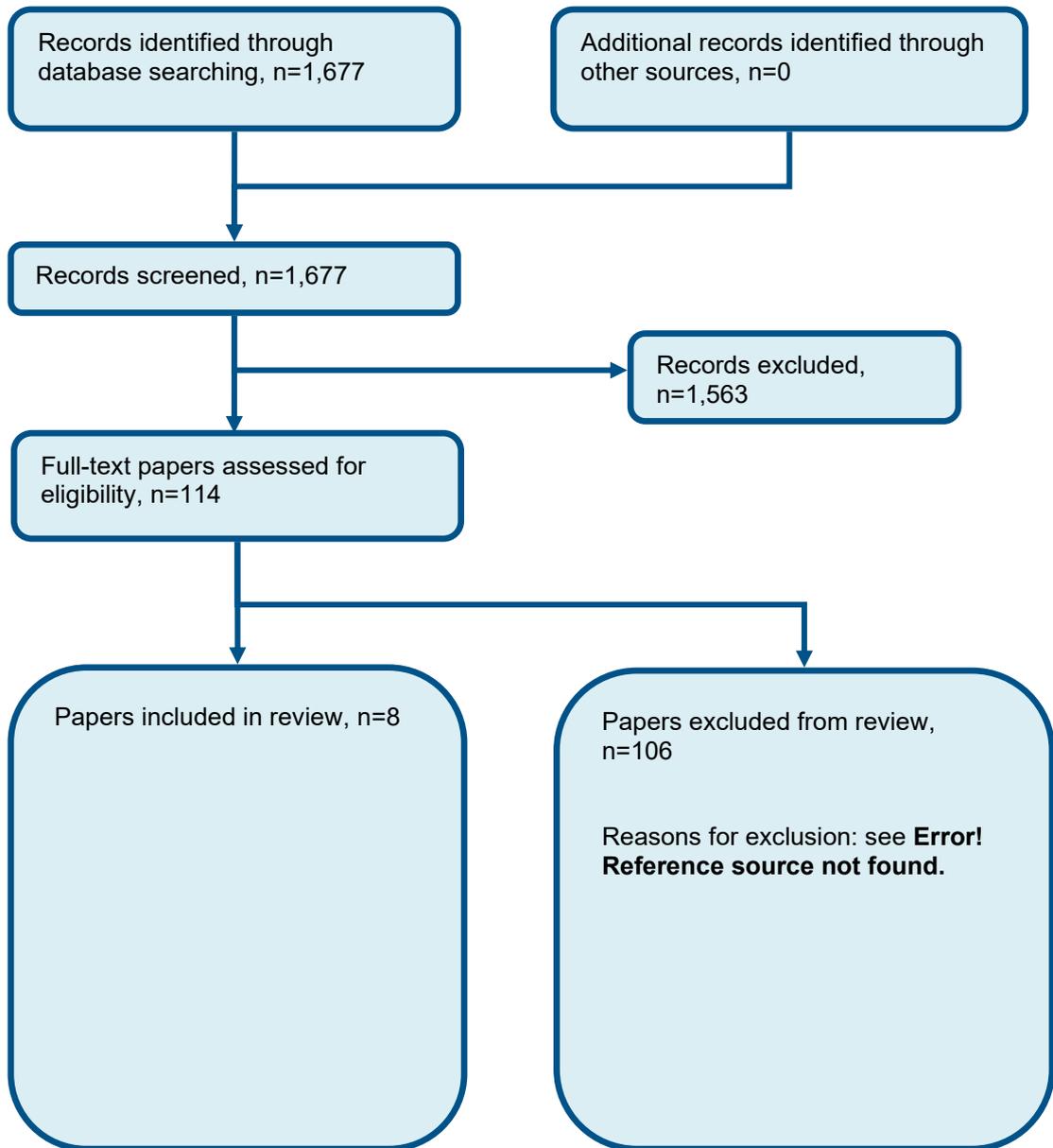
1 **NHS EED and HTA (CRD) search terms**

#1.	MeSH DESCRIPTOR Epilepsy EXPLODE ALL TREES
#2.	MeSH DESCRIPTOR Seizures EXPLODE ALL TREES
#3.	MeSH DESCRIPTOR Status Epilepticus EXPLODE ALL TREES
#4.	MeSH DESCRIPTOR Seizures, Febrile EXPLODE ALL TREES
#5.	((dravet syndrome or epilep* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome))
#6.	#1 OR #2 OR #3 OR #4 OR #5

2  
3

# 1 Appendix C: Clinical evidence selection

Figure 1: Flow chart of clinical study selection for the review of vagus nerve stimulation



2  
3  
4  
5

## Appendix D: Clinical evidence tables

Study	Bauer 2016 <sup>7</sup>
Study type	RCT (Patient randomised; Parallel)
Number of studies (number of participants)	(n=76)
Countries and setting	Conducted in Germany
Line of therapy	1st line
Duration of study	Intervention + follow up: 20 weeks
Method of assessment of guideline condition	Adequate method of assessment/diagnosis
Stratum	Children, young people and adults with confirmed pharmaco-resistant epilepsy
Subgroup analysis within study	Not applicable
Inclusion criteria	Patients between 18 and 65 years of age were eligible for this study if they suffered from epilepsy with focal and/or generalised seizures, had $\geq 3$ seizures per month and not more than 21 consecutive seizure free days. Seizure frequency was assessed retrospectively prior to screening and prospectively during the baseline period. Patients had to be on a stable regimen of $\leq 3$ antiepileptic drugs (AEDs) for at least 5 weeks prior to study enrolment. This AED regimen had to be maintained throughout the study.
Exclusion criteria	Patients with more than one episode of status epilepticus within 6 months prior to study enrolment, current or prior treatment with invasive VNS or deep brain stimulation, prior ablative epilepsy surgery, history of non-epileptic seizures, major psychiatric disorders, deteriorating neurological or medical conditions and/or relevant cardiac diseases were excluded.
Age, gender and ethnicity	Age - Mean (SD): 38.8 (12.5). Gender (M:F): 45 female, 31 male. Ethnicity: Not stated.
Further population details	1. Children and young people: 2. Girls and women of who are able to get pregnant (including those who are pregnant and breastfeeding): 3. Older people: Older people (Mean age 38). 4. People with learning disabilities: 5. Type of epilepsy:

Study	Bauer 2016 <sup>7</sup>
Indirectness of population	No indirectness
Interventions	<p>(n=37) Intervention 1: High frequency vagus nerve stimulation. High level transcutaneous vagus nerve stimulation (t-VNS) - active treatment, 25 Hz stimulation frequency, 250µs pulse width, 30s on/30s off. For 4 hours daily for a period of 20 weeks. Patients received 180,000 stimuli per day.. Duration 20 weeks. Concurrent medication/care: Stimulation was performed using the CE certified t-VNS device NEMOS. The patients' current anticonvulsive drug treatment was not changed during the study. Indirectness: No indirectness Further details: 1. Type of vagus nerve stimulation method:</p> <p>(n=39) Intervention 2: Low frequency vagus nerve stimulation. Low level treatment - active control, 1 Hz stimulation frequency, 250µs pulse width, 30s on/30s off, for 4 hours daily for a period of 20 weeks. Duration 20 weeks. Concurrent medication/care: Stimulation was performed using the CE certified t-VNS device NEMOS. The patients' current anticonvulsive drug treatment was not changed during the study.. Indirectness: No indirectness Further details: 1. Type of vagus nerve stimulation method:</p>
Funding	Funding not stated (N/A)
<p><b>RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: HIGH FREQUENCY VAGUS NERVE STIMULATION versus LOW FREQUENCY VAGUS NERVE STIMULATION</b></p> <p>Protocol outcome 1: Adverse events (lead fracture, infection, hoarse voice, cardiac difficulties, device removal) at N/A - Actual outcome for Children, young people and adults with confirmed pharmacoresistant epilepsy: Cardiac difficulties - palpitations at within weeks at 20 weeks; Group 1: 0/37, Group 2: 1/39 Risk of bias: All domain - Very high, Selection - High, Blinding - Low, Incomplete outcome data - High, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 10, Reason: Other, no compliance with study requirements, withdrawal of consent, condition described in exclusion criteria, further participation puts patient at risk ; Group 2 Number missing: 8, Reason: Other, no compliance with study requirements, withdrawal of consent or death</p>	
Protocol outcomes not reported by the study	Quality of life at 12 months at 12 months; Quality of life at 60 months at 60 months; Mortality at 12 months at 12 months; Mortality at 60 months at 60 months; Seizure freedom (100% reduction in seizure frequency) at 12 months at 12 months; Seizure freedom (100% reduction in seizure frequency) at 60 months at 60

Study	Bauer 2016 <sup>7</sup>
	<p>months; Seizure frequency (50% or greater reduction in seizure frequency) at 12 months at 12 months; Seizure frequency (50% or greater reduction in seizure frequency) at 60 months at 60 months; Healthcare resource use at N/A; Social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) at 12 months at 12 months; Social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) at 60 months at 60 months; Cognitive outcomes (including neuropsychological measures of global cognitive functioning, executive functioning and memory using a validated scale) at 12 months at 12 months; Cognitive outcomes (including neuropsychological measures of global cognitive functioning, executive functioning and memory using a validated scale) at 60 months at 60 months; In children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) at 12 months at 12 months; In children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) at 60 months at 60 months</p>

Study	Handforth 1998 <sup>41</sup>
Study type	RCT (Patient randomised; Parallel)
Number of studies (number of participants)	(n=198)
Countries and setting	Conducted in USA
Line of therapy	1st line
Duration of study	Intervention + follow up: 3 months
Method of assessment of guideline condition	Adequate method of assessment/diagnosis
Stratum	Children, young people and adults with confirmed pharmaco-resistant epilepsy
Subgroup analysis within study	Not applicable
Inclusion criteria	<p>Eligible if they had at least 6 partial onset seizures involving alteration of consciousness (complex partial or secondarily generalized convulsions) over 30 days, with no more than 21 days between seizure. Patients could also have other seizure types. Patients were required to submit accurate seizure counts, with or without the assistance of a caregiver, be age 12 to 65 years, use acceptable contraception if female and</p>

Study	Handforth 1998 <sup>41</sup>
	fertile, and take one to three marketed antiepileptic drugs on a stable regimen for at least 1 month or 5 half-lives plus 2 weeks (whichever was longer) before study entry.
Exclusion criteria	Patients were excluded for deteriorating neurologic or medical conditions, pregnancy, cardiac or pulmonary disease, active peptic ulcer, history of non-epileptic seizures, more than one episode of status epilepticus in the previous 12 months, prior cervical vagotomy, inability to give proper consent, prior vagus nerve stimulation, prior brain stimulation, resective epilepsy surgery, or inability to perform pulmonary function tests or comply with clinic visits.
Age, gender and ethnicity	Age - Mean (SD): Low group - 34.2 (10.1), High group - 32.1 (10.8). Gender (M:F): 93 male, 105 female. Ethnicity: 171 white, 17 Hispanic, 10 other
Further population details	1. Children and young people: 2. Girls and women of who are able to get pregnant (including those who are pregnant and breastfeeding): 3. Older people: Older people 4. People with learning disabilities: 5. Type of epilepsy:
Indirectness of population	No indirectness
Interventions	<p>(n=95) Intervention 1: High frequency vagus nerve stimulation. High stimulation group - received stimulation through stimulation thought from previous studies most effective, with on/off cycles of 30 seconds every 5 minutes, each on period consisting of 500µs duration pulses at 30Hz frequency. On initiation, the current was increased over 24 hours by a designated unblinded programmer at each site, from zero to a level perceived by the patient, yet tolerated. At a subsequent visit 2 weeks later and at three more visits over 12 to 16 weeks, the current could be increased as tolerated but could not exceed 3.5mA. Patients could also manually activate the device using a handheld magnet to produce a 30 second stimulation on period in an attempt to abort a seizure. Duration 3 months. Concurrent medication/care: Study was divided into baseline and treatment phases. Patients kept daily seizure records and reported adverse symptoms and medications. Antiepileptic drugs were not changed, except as necessary to maintain appropriate concentrations or in response to apparent drug toxicity. Indirectness: No indirectness Further details: 1. Type of vagus nerve stimulation method:</p> <p>(n=103) Intervention 2: Low frequency vagus nerve stimulation. Low frequency group - received stimulation believed to be less effective and thus represented an active control group. Patients received stimulation on/off cycles of 30 seconds every 3 hours, with each on cycle consisting of 130µs duration pulses at 1 Hz frequency. On initiation of stimulation at visit 5, the current was increased to the point of patient perception; on subsequent visits the device was interrogated as with high stimulation patients, but the current was not increased. Although patients could attempt to abort seizures with the magnet, the device was programmed</p>

<b>Study</b>	<b>Handforth 1998<sup>41</sup></b>
	so that the magnet did not activate the device. Duration 3 months. Concurrent medication/care: Study was divided into baseline and treatment phases. Patients kept daily seizure records and reported adverse symptoms and medications. Antiepileptic drugs were not changed, except as necessary to maintain appropriate concentrations or in response to apparent drug toxicity. Indirectness: No indirectness Further details: 1. Type of vagus nerve stimulation method:
Funding	Equipment / drugs provided by industry (Supported by a grant from Cyberonics Inc., Webster TX. None of the authors hold sponsor stock or share patent rights or received material support. Some authors received honoraria, received research grants, received consultation fees or gave expert testimony. )
<p><b>RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: HIGH FREQUENCY VAGUS NERVE STIMULATION versus LOW FREQUENCY VAGUS NERVE STIMULATION</b></p> <p>Protocol outcome 1: Adverse events (lead fracture, infection, hoarse voice, cardiac difficulties, device removal) at N/A                      - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Infection at 3 months at 3 months; Group 1: 11/95, Group 2: 12/103                      Risk of bias: All domain - Low, Selection - Low, Blinding - Low, Incomplete outcome data - Low, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 3, Reason: withdrawal due to uninterpretable diary, withdrawals (poor compliance, adverse event) ; Group 2 Number missing: 1, Reason: withdrawal of consent                      - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Voice alteration at 3 months at 3 months; Group 1: 63/95, Group 2: 31/103                      Risk of bias: All domain - Low, Selection - Low, Blinding - Low, Incomplete outcome data - Low, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 3, Reason: withdrawal due to uninterpretable diary, withdrawals (poor compliance, adverse event) ; Group 2 Number missing: 1, Reason: withdrawal of consent</p>	
Protocol outcomes not reported by the study	Quality of life at 12 months at 12 months; Quality of life at 60 months at 60 months; Mortality at 12 months at 12 months; Mortality at 60 months at 60 months; Seizure freedom (100% reduction in seizure frequency) at 12 months at 12 months; Seizure freedom (100% reduction in seizure frequency) at 60 months at 60 months; Seizure frequency (50% or greater reduction in seizure frequency) at 12 months at 12 months; Seizure frequency (50% or greater reduction in seizure frequency) at 60 months at 60 months; Healthcare resource use at N/A; Social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) at 12 months at 12 months; Social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) at 60 months at 60 months; Cognitive outcomes (including neuropsychological measures of global cognitive functioning, executive functioning and memory using a

<b>Study</b>	<b>Handforth 1998<sup>41</sup></b>
	validated scale) at 12 months at 12 months; Cognitive outcomes (including neuropsychological measures of global cognitive functioning, executive functioning and memory using a validated scale) at 60 months at 60 months; In children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) at 12 months at 12 months; In children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) at 60 months at 60 months

<b>Study (subsidiary papers)</b>	<b>Holder 1992<sup>39, 45, 70, 77</sup></b>
Study type	RCT (Patient randomised; Parallel)
Number of studies (number of participants)	(n=114)
Countries and setting	Conducted in Canada, Germany, Netherlands, Sweden, USA; Setting:
Line of therapy	1st line
Duration of study	Intervention + follow up: 12 weeks
Method of assessment of guideline condition	Adequate method of assessment/diagnosis
Stratum	Children, young people and adults with confirmed pharmaco-resistant epilepsy
Subgroup analysis within study	Not applicable
Inclusion criteria	Patients enrolled in the study had medically refractory partial epilepsy. Outpatients or inpatients, aged 12 - 60yrs, males and females, at least 6 seizures/month over a 3 month period, seizures not adequately controlled by AEDs with adequate and stable AED concentrations, simple or complex partial seizures (can evolve to secondarily generalized), ability to understand consent and required study procedure, women using accepted methods of birth control, patients having taken investigational AEDs may be admitted if a period of at least five times the mean elimination half-life of the drug plus 2 weeks have elapsed.
Exclusion criteria	Progressive neurological disease, prior cervical vagotomy, pregnancy, taking more than three antiepileptic drugs, medical condition that is likely to deteriorate or result in hospitalization within the next year.

Study (subsidiary papers)	Holder 1992 <sup>39, 45, 70, 77</sup>
Age, gender and ethnicity	Age - Mean (range): High group - 34.7 (21.1 - 57.4), low group - 33 (19.7 - 51.4). Gender (M:F): 20 males, 17 females. Ethnicity: N/A
Further population details	1. Children and young people: Not applicable 2. Girls and women of who are able to get pregnant (including those who are pregnant and breastfeeding): Not applicable 3. Older people: Older people 4. People with learning disabilities: 5. Type of epilepsy:
Indirectness of population	No indirectness
Interventions	<p>(n=54) Intervention 1: High frequency vagus nerve stimulation. High frequency - 20 to 50Hz frequency, 500µsec pulse width, 30 to 90µsec on time, 5 to 10 minutes off time. . Duration 12 weeks. Concurrent medication/care: N/A. Indirectness: No indirectness Further details: 1. Type of vagus nerve stimulation method:</p> <p>(n=60) Intervention 2: Low frequency vagus nerve stimulation. Low frequency - 1 to 2 Hz frequency, 130µsec pulse width, 30 seconds on time, 60 to 80 minutes off time. Duration 12 weeks. Concurrent medication/care: N/A. Indirectness: No indirectness Further details: 1. Type of vagus nerve stimulation method:</p>
Funding	Funding not stated (N/A)

**RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: HIGH FREQUENCY VAGUS NERVE STIMULATION versus LOW FREQUENCY VAGUS NERVE STIMULATION**

Protocol outcome 1: Adverse events (lead fracture, infection, hoarse voice, cardiac difficulties, device removal) at N/A  
 - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Hoarse voice at 12 weeks at 12 weeks; Group 1: 5/20, Group 2: 1/17  
 Risk of bias: All domain - High, Selection - High, Blinding - Low, Incomplete outcome data - Low, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 0, Reason: None died or lost to follow up; Group 2 Number missing: 0, Reason: None died or lost to follow up  
 - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Infection at 14 weeks at 14 weeks; Group 1: 1/31, Group 2: 2/36  
 Risk of bias: All domain - High, Selection - High, Blinding - Low, Incomplete outcome data - Low, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 0, Reason: None died or lost to follow up; Group 2 Number

Study (subsidiary papers)	Holder 1992 <sup>39, 45, 70, 77</sup>
	<p>missing: 0, Reason: None died or lost to follow up                      - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Hoarseness at 14 weeks at 14 weeks; Group 1: 11/31, Group 2: 5/36                      Risk of bias: All domain - High, Selection - High, Blinding - Low, Incomplete outcome data - Low, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 0, Reason: None died or lost to follow up; Group 2 Number missing: 0, Reason: None died or lost to follow up                      - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Chest pain at 14 weeks at 14 weeks; Group 1: 2/31, Group 2: 2/36                      Risk of bias: All domain - High, Selection - High, Blinding - Low, Incomplete outcome data - Low, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 0, Reason: None died or lost to follow up; Group 2 Number missing: 0, Reason: None died or lost to follow up                      - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Hypertension at 14 weeks at 14 weeks; Group 1: 0/31, Group 2: 1/36                      Risk of bias: All domain - High, Selection - High, Blinding - Low, Incomplete outcome data - Low, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 0, Reason: None died or lost to follow up; Group 2 Number missing: 0, Reason: None died or lost to follow up                      - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Shortness of breath at 14 weeks at 14 weeks; Group 1: 2/31, Group 2: 0/36                      Risk of bias: All domain - High, Selection - High, Blinding - Low, Incomplete outcome data - Low, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 0, Reason: None died or lost to follow up; Group 2 Number missing: 0, Reason: None died or lost to follow up                      - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Hoarseness at 14 weeks at 14 weeks; Group 1: 20/54, Group 2: 8/60                      Risk of bias: All domain - High, Selection - High, Blinding - Low, Incomplete outcome data - Low, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 0, Reason: None died or lost to follow up; Group 2 Number missing: 0, Reason: None died or lost to follow up</p>
<p>Protocol outcomes not reported by the study</p>	<p>Quality of life at 12 months at 12 months; Quality of life at 60 months at 60 months; Mortality at 12 months at 12 months; Mortality at 60 months at 60 months; Seizure freedom (100% reduction in seizure frequency) at 12 months at 12 months; Seizure freedom (100% reduction in seizure frequency) at 60 months at 60 months; Seizure frequency (50% or greater reduction in seizure frequency) at 12 months at 12 months; Seizure frequency (50% or greater reduction in seizure frequency) at 60 months at 60 months; Healthcare resource use at N/A; Social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) at 12 months at 12 months; Social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) at 60 months at 60 months; Cognitive outcomes (including neuropsychological measures of global cognitive functioning, executive functioning and memory using a</p>

<b>Study (subsidiary papers)</b>	<b>Holder 1992</b> <sup>39, 45, 70, 77</sup>
	validated scale) at 12 months at 12 months; Cognitive outcomes (including neuropsychological measures of global cognitive functioning, executive functioning and memory using a validated scale) at 60 months at 60 months; In children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) at 12 months at 12 months; In children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) at 60 months at 60 months

<b>Study</b>	<b>Michael 1993</b> <sup>61</sup>
Study type	RCT (Patient randomised; Parallel)
Number of studies (number of participants)	(n=113)
Countries and setting	Conducted in Canada, Germany, Netherlands, Sweden, USA
Line of therapy	1st line
Duration of study	Intervention + follow up: 14 weeks
Method of assessment of guideline condition	Adequate method of assessment/diagnosis
Stratum	Children, young people and adults with confirmed pharmaco-resistant epilepsy
Subgroup analysis within study	Not applicable
Inclusion criteria	N/A
Exclusion criteria	N/A
Age, gender and ethnicity	Age - Mean (range): 32 (15 - 56). Gender (M:F): N/A. Ethnicity: Not stated.
Further population details	1. Children and young people: 2. Girls and women of who are able to get pregnant (including those who are pregnant and breastfeeding): 3. Older people: 4. People with learning disabilities: 5. Type of epilepsy:
Indirectness of population	No indirectness

Study	Michael 1993 <sup>61</sup>
Interventions	<p>(n=10) Intervention 1: High frequency vagus nerve stimulation. High frequency - 1.0 - 3.0 mA output current, 30Hz frequency, 500 microsec pulse width, 30 seconds on time, 5 minutes off time.. Duration 14 weeks. Concurrent medication/care: Patients continued taking antiepileptic drugs and therapeutic serum levels were maintained.. Indirectness: No indirectness Further details: 1. Type of vagus nerve stimulation method:</p> <p>(n=12) Intervention 2: Low frequency vagus nerve stimulation. Low frequency - 0.25 to 0.5 mA output current, 1 hertz frequency, 130 microsec pulse width, 30 seconds on time, 60-90 minutes off time.. Duration 14 weeks. Concurrent medication/care: Patients continued taking antiepileptic drugs and therapeutic serum levels were maintained.. Indirectness: No indirectness Further details: 1. Type of vagus nerve stimulation method:</p>
Funding	Funding not stated
<p><b>RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: HIGH FREQUENCY VAGUS NERVE STIMULATION versus LOW FREQUENCY VAGUS NERVE STIMULATION</b></p> <p>Protocol outcome 1: Adverse events (lead fracture, infection, hoarse voice, cardiac difficulties, device removal) at N/A - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Hoarseness at 14 weeks at 14 weeks; Group 1: 4/10, Group 2: 5/12 Risk of bias: All domain - High, Selection - High, Blinding - Low, Incomplete outcome data - Low, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 0, Reason: N/A; Group 2 Number missing: 0, Reason: N/A</p>	
Protocol outcomes not reported by the study	<p>Quality of life at 12 months at 12 months; Quality of life at 60 months at 60 months; Mortality at 12 months at 12 months; Mortality at 60 months at 60 months; Seizure freedom (100% reduction in seizure frequency) at 12 months at 12 months; Seizure freedom (100% reduction in seizure frequency) at 60 months at 60 months; Seizure frequency (50% or greater reduction in seizure frequency) at 12 months at 12 months; Seizure frequency (50% or greater reduction in seizure frequency) at 60 months at 60 months; Healthcare resource use at N/A; Social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) at 12 months at 12 months; Social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) at 60 months at 60 months; Cognitive outcomes (including neuropsychological measures of global cognitive functioning, executive functioning and memory using a validated scale) at 12 months at 12 months; Cognitive outcomes (including neuropsychological measures of</p>

<b>Study</b>	<b>Michael 1993<sup>61</sup></b>
	global cognitive functioning, executive functioning and memory using a validated scale) at 60 months at 60 months; In children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) at 12 months at 12 months; In children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) at 60 months at 60 months
Study	Ryvlin 2014 <sup>76</sup>
Study type	RCT (Patient randomised; Parallel)
Number of studies (number of participants)	(n=96)
Countries and setting	Conducted in Canada, Multiple countries
Line of therapy	1st line
Duration of study	Intervention + follow up: 1 year
Method of assessment of guideline condition	Adequate method of assessment/diagnosis
Stratum	Children, young people and adults with confirmed pharmaco-resistant epilepsy
Subgroup analysis within study	Not applicable
Inclusion criteria	Eligible participants were 16–75 years old with at least a 2-year history of focal seizures not adequately controlled by ongoing AED therapy. Additional eligibility criteria were (1) previous failure of at least three AEDs used alone or in combination; (2) treatment with at least one AED with a regimen that was stable for at least 1 month prior to study entry; and (3) at least one focal seizure with a motor component per month during the 2 months prior to study entry.
Exclusion criteria	Patients with psychogenic nonepileptic seizures or genetic (idiopathic) generalized epilepsies were not eligible for the study.
Age, gender and ethnicity	Age - Mean (SD): VNS + BMP - 38 (13), BMP - 41 (11). Gender (M:F): 51 male, 45 female. Ethnicity: Not stated.

Study	Michael 1993 <sup>61</sup>
Further population details	1. Children and young people: 2. Girls and women of who are able to get pregnant (including those who are pregnant and breastfeeding): 3. Older people: Older people 4. People with learning disabilities: 5. Type of epilepsy:
Indirectness of population	No indirectness
Interventions	<p>(n=48) Intervention 1: High frequency vagus nerve stimulation. VNS and best medical practice (BMP) - BMP was defined as the individualized therapy judged optimal by investigators at each visit for each patient, which could include a change in dosage or type of AEDs (including their withdrawal). Clinicians were allowed to adjust VNS stimulation parameters throughout the study. This approach has the advantage of reflecting routine clinical practice, thereby increasing the external validity of the study. Duration 1 year. Concurrent medication/care: All treatments were prescribed and delivered according to the procedures routinely used in clinical practice in each centre. Indirectness: No indirectness Further details: 1. Type of vagus nerve stimulation method:</p> <p>(n=48) Intervention 2: Usual care. Best medical practice - BMP was defined as the individualized therapy judged optimal by investigators at each visit for each patient, which could include a change in dosage or type of AEDs (including their withdrawal). Duration 1 year. Concurrent medication/care: All treatments were prescribed and delivered according to the procedures routinely used in clinical practice in each centre. Indirectness: No indirectness Further details: 1. Type of vagus nerve stimulation method:</p>
Funding	Funding not stated

**RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: VAGUS NERVE STIMULATION + BMP versus USUAL CARE**

Protocol outcome 1: Quality of life at 12 months at 12 months

- Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Quality of Life in Epilepsy Inventory (QOLIE-89) total change score at 1 year at 1 year; Group 1: mean 5.5 (SD 7.2); n=31, Group 2: mean 1.2 (SD 6.9); n=29

Risk of bias: All domain - Very high, Selection - Low, Blinding - High, Incomplete outcome data - High, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 6, Reason: 2 due to premature study termination, 1 due to consent withdrawal, 1 due to compliance issues, 2 withdrew early for reasons not listed; Group 2 Number missing: 10, Reason: 7 due to premature study termination, 1 due to consent withdrawal, 1 due to compliance issues, 1 due to lack of efficacy

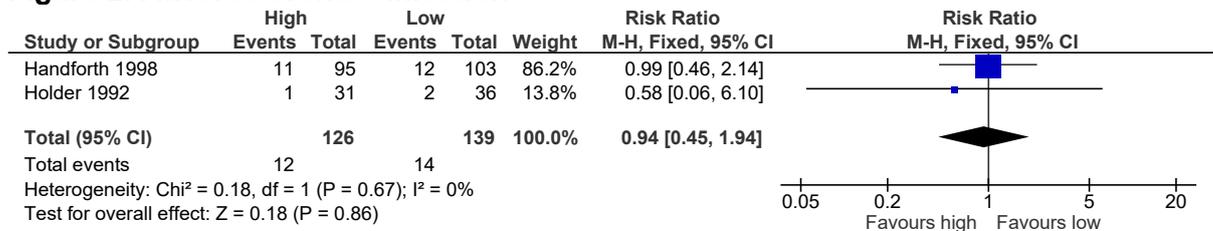
Study	Michael 1993 <sup>61</sup>
	<p>Protocol outcome 2: Seizure frequency (50% or greater reduction in seizure frequency) at 12 months at 12 months                      - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Proportion of people with ≥50% decrease in seizure frequency at 1 year; Group 1: 10/31, Group 2: 7/29                      Risk of bias: All domain - High, Selection - Low, Blinding - Low, Incomplete outcome data - High, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 6, Reason: 2 due to premature study termination, 1 due to consent withdrawal, 1 due to compliance issues, 2 withdrew early for reasons not listed; Group 2 Number missing: 10, Reason: 7 due to premature study termination, 1 due to consent withdrawal, 1 due to compliance issues, 1 due to lack of efficacy</p> <p>Protocol outcome 3: Cognitive outcomes (including neuropsychological measures of global cognitive functioning, executive functioning and memory using a validated scale) at 12 months at 12 months                      - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Neurological disorders depression inventory in epilepsy scale (NDDI-E) at 1 year at 1 year; Group 1: mean -1 (SD 2.2); n=31, Group 2: mean -0.2 (SD 3.4); n=29                      Risk of bias: All domain - Very high, Selection - Low, Blinding - High, Incomplete outcome data - High, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 6, Reason: 2 due to premature study termination, 1 due to consent withdrawal, 1 due to compliance issues, 2 withdrew early for reasons not listed; Group 2 Number missing: 10, Reason: 7 due to premature study termination, 1 due to consent withdrawal, 1 due to compliance issues, 1 due to lack of efficacy</p> <p>- Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Clinical Global Impression of Improvement scale (CGI-I) at 1 year at 1 year; Group 1: mean -0.8 (SD 0.8); n=31, Group 2: mean -0.3 (SD 1.1); n=29                      Risk of bias: All domain - Very high, Selection - Low, Blinding - High, Incomplete outcome data - High, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 6, Reason: 2 due to premature study termination, 1 due to consent withdrawal, 1 due to compliance issues, 2 withdrew early for reasons not listed; Group 2 Number missing: 10, Reason: 7 due to premature study termination, 1 due to consent withdrawal, 1 due to compliance issues, 1 due to lack of efficacy</p> <p>Protocol outcome 4: Adverse events (lead fracture, infection, hoarse voice, cardiac difficulties, device removal) at N/A                      - Actual outcome for Children, young people and adults with confirmed pharmaco-resistant epilepsy: Chest pain at 1 year; Group 1: 3/48, Group 2: 0/48                      Risk of bias: All domain - High, Selection - Low, Blinding - Low, Incomplete outcome data - High, Outcome reporting - Low, Measurement - Low, Crossover - Low; Indirectness of outcome: No indirectness ; Group 1 Number missing: 6, Reason: 2 due to premature study termination, 1 due to consent withdrawal, 1 due to compliance issues, 2 withdrew early for reasons not listed; Group 2 Number missing: 10, Reason: 7 due to premature study termination, 1 due to consent withdrawal, 1 due to compliance issues, 1 due to lack of efficacy</p>
Protocol outcomes not reported by the	Quality of life at 60 months at 60 months; Mortality at 12 months at 12 months; Mortality at 60 months at 60

<b>Study</b>	<b>Michael 1993<sup>61</sup></b>
study	months; Seizure freedom (100% reduction in seizure frequency) at 12 months at 12 months; Seizure freedom (100% reduction in seizure frequency) at 60 months at 60 months; Seizure frequency (50% or greater reduction in seizure frequency) at 60 months at 60 months; Healthcare resource use at N/A; Social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) at 12 months at 12 months; Social functioning (measures of adaptive functioning or adaptive behaviour using a validated scale) at 60 months at 60 months; Cognitive outcomes (including neuropsychological measures of global cognitive functioning, executive functioning and memory using a validated scale) at 60 months at 60 months; In children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) at 12 months at 12 months; In children and young people: neurodevelopmental outcomes (behavioural and emotional outcomes measured with a validated scale) at 60 months at 60 months

# 1 Appendix E: Coupled sensitivity and 2 specificity forest plots and sROC curves

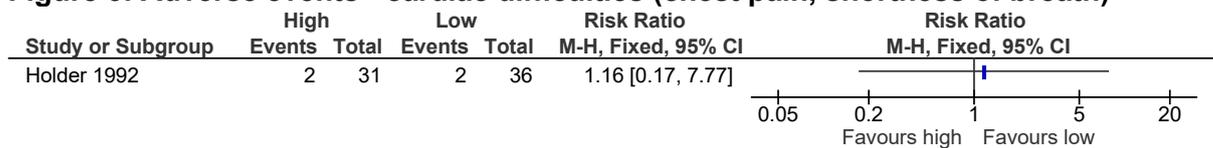
## E.1 High VNS versus Low VNS

Figure 2: Adverse events - infection



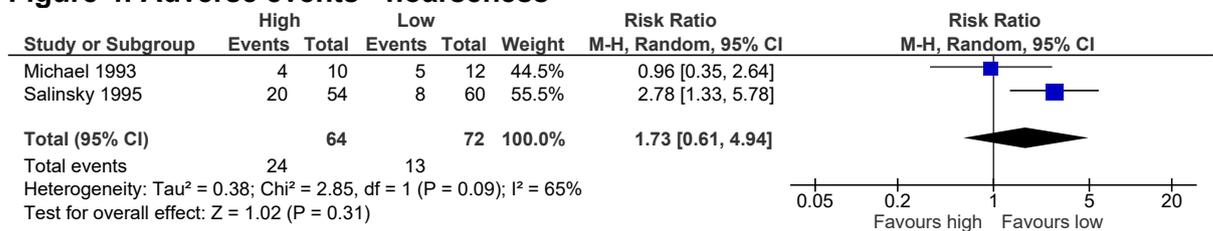
4

Figure 3: Adverse events - cardiac difficulties (chest pain, shortness of breath)



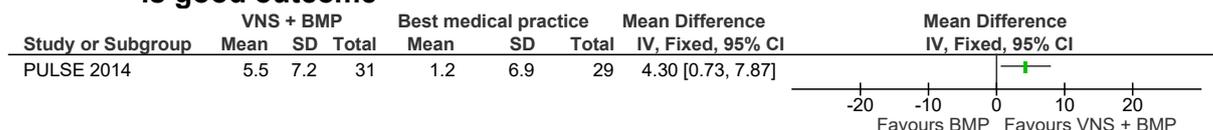
5

Figure 4: Adverse events - hoarseness



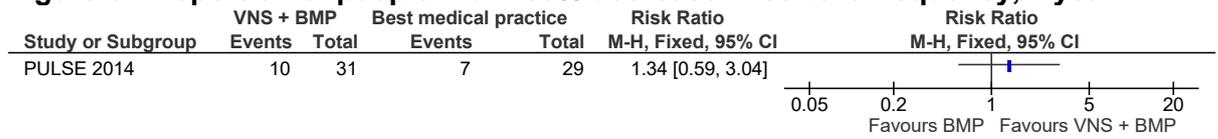
## E.2 VNS plus best medical practice versus Best medical 7 practice

Figure 5: Quality of Life in Epilepsy Inventory - 89 (QOLIE-89) scale, 0-89, 1 year, high is good outcome



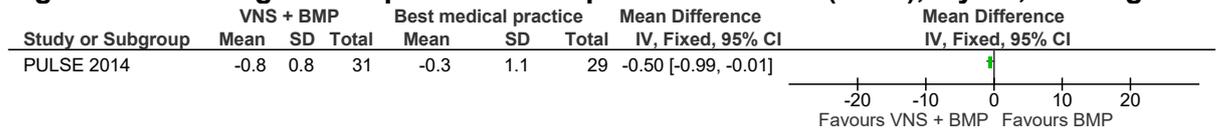
8

**Figure 6: Proportion of people with >50% decrease in seizure frequency, 1 year**



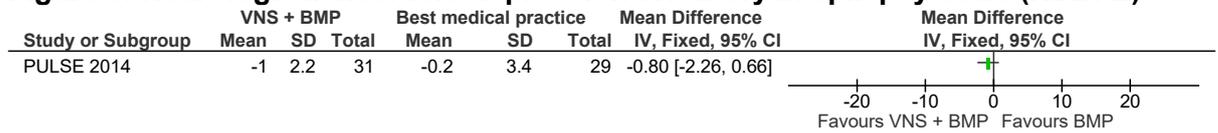
1

**Figure 7: Clinical global impression of improvement scale (CGI-I), 1 year, low is good**



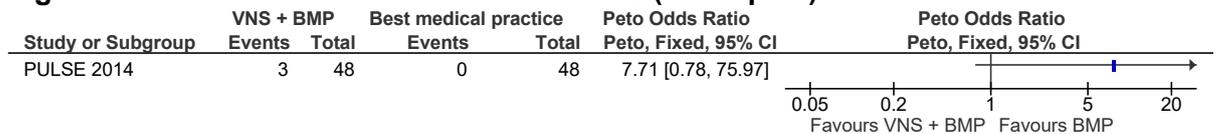
2

**Figure 8: Neurological disorders depression inventory in epilepsy scale (NDDI-E)**



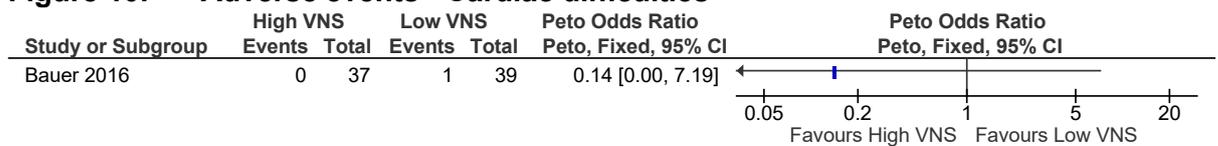
3

**Figure 9: Adverse events - cardiac difficulties (chest pain)**



## E.3 High tVNS versus Low tVNS

**Figure 10: Adverse events - Cardiac difficulties**



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6

# 1 Appendix F: GRADE tables

2

3 **Table 13: Clinical evidence profile: High VNS versus Low VNS**

Quality assessment							No of patients		Effect		Quality	Importance
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	High VNS versus Low VNS	Control	Relative (95% CI)	Absolute		
<b>Mortality - not reported</b>												
<b>Seizure freedom - not reported</b>												
<b>Seizure frequency - not reported</b>												
<b>Quality of life - not reported</b>												
<b>Healthcare resource use - not reported</b>												
<b>Adverse events - infection (follow-up 14-16 weeks)</b>												
2	randomised trials	no serious risk of bias	no serious inconsistency	no serious indirectness	very serious <sup>1</sup>	none	12/126 (9.5%)	14/139 (10.1%)	RR 0.94 (0.45 to 1.94)	6 fewer per 1000 (from 55 fewer to 95 more)	⊕⊕⊕⊕ LOW	CRITICAL
<b>Adverse events - cardiac difficulties (chest pain, shortness of breath) (follow-up 14 weeks)</b>												
1	randomised trials	serious <sup>2</sup>	no serious inconsistency	no serious indirectness	very serious <sup>1</sup>	none	2/31 (6.5%)	2/36 (5.6%)	RR 1.16 (0.17 to 7.77)	9 more per 1000 (from 46 fewer to 376 more)	⊕⊕⊕⊕ VERY LOW	CRITICAL
<b>Adverse events - hoarseness (follow-up 14 weeks)</b>												
2	randomised trials	serious <sup>2</sup>	serious <sup>3</sup>	no serious indirectness	very serious <sup>1</sup>	none	24/64 (37.5%)	13/72 (18.1%)	RR 1.73 (0.61 to 4.94)	132 more per 1000 (from 70 fewer to 711 more)	⊕⊕⊕⊕ VERY LOW	CRITICAL

- 1 <sup>1</sup> Downgraded by 1 increment if the confidence interval crossed one MID or by 2 increments if the confidence interval crossed both MIDs.
- 2 <sup>2</sup> Downgraded by 1 increment if the majority of the evidence was at high risk of bias, and downgraded by 2 increments if the majority of the evidence was at very high risk of bias.
- 3 <sup>3</sup> Downgraded by 1 or 2 increments because the point estimate and or the confidence intervals varied widely across studies, unexplained by subgroup analysis

4 **Table 14: Clinical evidence profile: VNS + best medical practice versus best medical practice**

Quality assessment							No of patients		Effect		Quality	Importance
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	VNS + best medical practice versus best medical practice	Control	Relative (95% CI)	Absolute		
<b>Mortality - not reported</b>												
<b>Seizure freedom - not reported</b>												
<b>Healthcare resource use - not reported</b>												
<b>Quality of life (follow-up 1 years; measured with: Quality of Life in Epilepsy Inventory - 89 (QOLIE-89) scale; range of scores: 0-89; Better indicated by higher values)</b>												
1	randomised trials	very serious <sup>1</sup>	no serious inconsistency	no serious indirectness	serious <sup>2</sup>	none	31	29	-	MD 4.3 higher (0.73 to 7.87 higher)	⊕000 VERY LOW	CRITICAL
<b>Proportion of people with &gt;50% decrease in seizure frequency (follow-up 1 years)</b>												
1	randomised trials	serious <sup>1</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	10/31 (32.3%)	7/29 (24.1%)	RR 1.34 (0.59 to 3.04)	82 more per 1000 (from 99 fewer to 492 more)	⊕000 VERY LOW	CRITICAL
<b>Clinical global impression of improvement scale (follow-up 1 years; measured with: Clinical global impression of improvement scale (CGI-I); Better indicated by lower values)</b>												
1	randomised trials	very serious <sup>1</sup>	no serious inconsistency	no serious indirectness	serious <sup>2</sup>	none	31	29	-	MD 0.5 lower (0.99 to 0.01 lower)	⊕000 VERY LOW	CRITICAL
<b>Neurological outcome (follow-up 1 years; measured with: Neurological disorders depression inventory in epilepsy scale (NDDI-E); Better indicated by lower values)</b>												
1	randomised trials	very serious <sup>1</sup>	no serious inconsistency	no serious indirectness	serious <sup>2</sup>	none	31	29	-	MD 0.8 lower (2.26 lower to 0.66 higher)	⊕000 VERY LOW	CRITICAL

Adverse events - cardiac difficulties (chest pain) (follow-up 1 years)												
1	randomised trials	serious <sup>1</sup>	no serious inconsistency	no serious indirectness	serious <sup>2</sup>	none	3/48 (6.3%)	0/48 (0%)	Peto OR 7.71 (0.78 to 75.97)	60 more per 1000 (from 10 fewer to 140 more)	⊕⊕○○ LOW	CRITICAL

1 <sup>1</sup> Downgraded by 1 increment if the majority of the evidence was at high risk of bias, and downgraded by 2 increments if the majority of the evidence was at very high risk of bias.

2 <sup>2</sup> Downgraded by 1 increment if the confidence interval crossed one MID or by 2 increments if the confidence interval crossed both MIDs.

3 **Table 15: Clinical evidence profile: High tVNS versus Low tVNS**

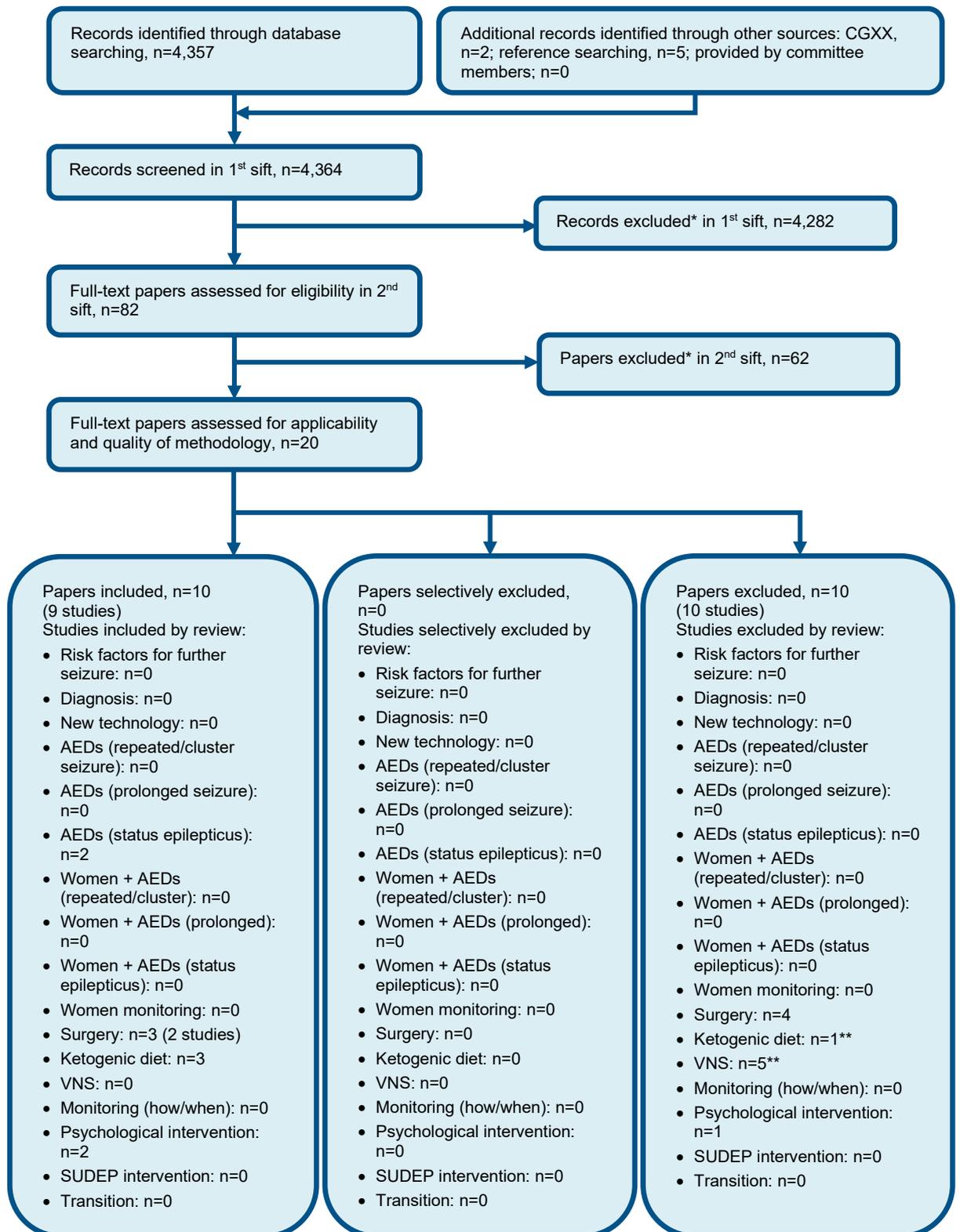
Quality assessment							No of patients		Effect		Quality	Importance
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	High tVNS versus Low tVNS	Control	Relative (95% CI)	Absolute		
Mortality - not reported												
Seizure freedom - not reported												
Seizure frequency - not reported												
Quality of life - not reported												
Healthcare resource use - not reported												
Adverse events - Cardiac difficulties (follow-up 20 weeks)												
1	randomised trials	very serious <sup>1</sup>	no serious inconsistency	no serious indirectness	very serious <sup>2</sup>	none	0/37 (0%)	1/39 (2.6%)	Peto OR 0.14 (0 to 7.19)	30 fewer per 1000 (from 90 fewer to 40 more)	⊕○○○ VERY LOW	

4 <sup>1</sup> Downgraded by 1 increment if the majority of the evidence was at high risk of bias, and downgraded by 2 increments if the majority of the evidence was at very high risk of bias.

5 <sup>2</sup> Downgraded by 1 increment if the confidence interval crossed one MID or by 2 increments if the confidence interval crossed both MIDs.

6

# 1 Appendix G: Health economic evidence 2 selection



\* Non-relevant population, intervention, comparison, design or setting; non-English language

\*\*Please note that 1 article related to two questions. For this reason, the numbers listed for each review may not total the number of full text articles assessed for applicability and quality of methodology.

1

2 **Appendix H: Health economic evidence tables**

3 None

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## 2 Appendix I: Excluded studies

### I.3 Excluded clinical studies

4 **Table 16: Studies excluded from the clinical review**

Study	Exclusion reason
Aalbers, 2012 <sup>1</sup>	Incorrect study design, less than minimum duration. During double blind phase half received high stimulation, half received low, during add on phase all received high.
Aihua, 2014 <sup>2</sup>	Incorrect comparisons; Comparing the same tVNS treatment just different stimulation areas - ear lobe or ramsay-hunt zone
Amar, 1998 <sup>6</sup>	Less than minimum duration
Amar, 1999 <sup>4</sup>	Less than minimum duration
Amar, 1999 <sup>5</sup>	Incorrect study design - retrospective
Amar, 2007 <sup>3</sup>	Incorrect study design - literature review
Ben-Menachem, 1994 <sup>9</sup>	Less than minimum duration
Ben-Menachem, 2002 <sup>8</sup>	Incorrect study design - literature review
Bernstein, 2007 <sup>10</sup>	Incorrect study design; retrospective study
Boon, 2001 <sup>14</sup>	Incorrect study design - case reports
Boon, 2002 <sup>13</sup>	Incorrect study design - literature review
Boon, 2009 <sup>11</sup>	Incorrect study design - literature review
Broncel, 2017 <sup>15</sup>	Incorrect study design; literature review
Bunch, 2007 <sup>17</sup>	Incorrect study design - retrospective analysis
Chambers, 2013 <sup>18</sup>	Systematic review - references individually checked - not all studies assessed had interventions that met the protocol
Clark, 1999 <sup>19</sup>	Incorrect study design; NRS
Clarke, 1997 <sup>20</sup>	Incorrect study design - longitudinal double blinded cross over study
Clarke, 1997 <sup>21</sup>	Incorrect study design - longitudinal study
Colicchio, 2010 <sup>22</sup>	Incorrect study design -cohort, NRS
Cramer, 2001 <sup>23</sup>	Incorrect study design; NRS
Crumrine, 2000 <sup>24</sup>	Incorrect study design; Literature review
Cukiert, 2015 <sup>25</sup>	Systematic Review: references individually checked
Dasheiff, 2001 <sup>26</sup>	Incorrect study design, incorrect comparisons, different objective
DeGiorgio, 2000 <sup>28</sup>	Incorrect study design, patients titrated from low stimulation to high stimulation for longer term follow up
DeGiorgio, 2001 <sup>29</sup>	Incorrect study design - retrospective analysis of device changes during the E05 study
Dibue-Adjei, 2019 <sup>30</sup>	Systematic review - references individually checked - all case reports/case series studies
Dodrill, 2001 <sup>31</sup>	Less than minimum duration

Study	Exclusion reason
Elger, 2000 <sup>32</sup>	Less than minimum duration
Elliott, 2011 <sup>33</sup>	Incorrect study design; retrospective review
Englot, 2011 <sup>34</sup>	Systematic review - references checked individually - included study designs that didn't match protocol
Englot, 2016 <sup>35</sup>	Incorrect study design - NRS, analysis of registry data
Faught, 2004 <sup>36</sup>	Incorrect study design - literature review
Ghani, 2015 <sup>40</sup>	Systematic Review: references individually checked
He, 2013 <sup>42</sup>	Incorrect study design - cohort
He, 2015 <sup>43</sup>	Protocol
Henry, 1998 <sup>44</sup>	Incorrect intervention, incorrect comparisons
Hsiang, 1998 <sup>46</sup>	Incorrect study design; case series
Ji, 2019 <sup>47</sup>	Protocol
Kersing, 2002 <sup>48</sup>	Incorrect study design; NRS
Klinkenberg, 2012 <sup>49</sup>	Less than minimum duration
Klinkenberg, 2013 <sup>51</sup>	Less than minimum duration
Klinkenberg, 2014 <sup>50</sup>	Less than minimum duration
Kwan, 2016 <sup>54</sup>	Systematic review - references individually checked incorrect population
Labar, 2000 <sup>56</sup>	Incorrect study design - literature review
Labar, 2004 <sup>55</sup>	Incorrect study design; Literature review
Landy, 1993 <sup>57</sup>	Less than minimum duration
Marras, 2013 <sup>58</sup>	Incorrect study design - case series, cohort
Marson, 2012 <sup>59</sup>	Incorrect study design, incorrect comparisons
McGlone, 2008 <sup>60</sup>	Incorrect study design - case control study
Milby, 2009 <sup>62</sup>	Incorrect study design, majority of studies listed were not RCTs
Murphy, 1999 <sup>63</sup>	Incorrect study design - literature review
Panebianco, 2015 <sup>66</sup>	Individual studies assessed - less than minimum follow up duration
Patwardhan, 2000 <sup>67</sup>	Incorrect study design - retrospective
Pizzanelli, 2011 <sup>68</sup>	Incorrect study design; Cohort study
Privitera, 2002 <sup>69</sup>	Individual studies assessed - less than minimum follow up duration
Redgrave, 2018 <sup>71</sup>	Systematic Review: references individually checked
Rong, 2014 <sup>72</sup>	Less than minimum duration
Rong, 2014 <sup>73</sup>	Less than minimum duration
Ryvlin, 2014 <sup>74</sup>	Incorrect study design - reference affiliation erratum
Ryvlin, 2015 <sup>75</sup>	Incorrect study design - reference affiliation erratum
Salinsky, 1996 <sup>79</sup>	Incorrect study design. 1-year open extension trial of blinded RCT (George et al). Blinding was broken, patients randomised to low were adjusted to high level
Salinsky, 2003 <sup>78</sup>	Incorrect study design; Literature review

Study	Exclusion reason
Scherrmann, 2001 <sup>80</sup>	Incorrect study design - NRS
Selner, 2019 <sup>81</sup>	Incorrect study design - literature review
Sirven, 2000 <sup>82</sup>	Incorrect study design - data from studies we already have (#158 & #116) plus an open label trial
Soleman 2018 <sup>83</sup>	Incorrect comparisons; Comparing early vs late implantation (before and after 5 years)
Sourbron, 2017 <sup>84</sup>	Systematic Review: references individually checked
Stefan, 2012 <sup>85</sup>	Incorrect study design - NRS
Tecoma, 2006 #168; <sup>86</sup>	Incorrect study design; Literature review
Uthman, 1993 #172;	Incorrect study design - single blind, served as their own control
Uthman, 2000 <sup>87</sup>	Incorrect study design; Review article
Wheless, 2004 <sup>88</sup>	Incorrect study design; Review article
Wiebe, 2006 <sup>89</sup>	Systematic review - references checked individually, not all studies assessed VNS, those that did had 3 month follow up
Wilder, 1991 <sup>90</sup>	Incorrect study design - case series
Yamamoto, 2015 #178	Incorrect study design - literature review
Zeiler, 2015 <sup>91</sup>	Systematic Review: references individually checked

1

## I.2 Excluded health economic studies

### 3 Table 17: Studies excluded from the health economic review

Reference	Reason for exclusion
Forbes 2003/2008 [UK] <sup>37, 38</sup>	Excluded as rated partially applicable with very serious limitations due to clinical data informing treatment effect based on studies excluded from the clinical review and uncertainty around relevance of cost.
De Kinderen 2015 [Netherlands] <sup>27</sup>	Excluded as rated very serious limitations due to clinical data informing treatment effect based on studies excluded from the clinical review.
Kopciuh 2019/2020 [Poland] 52, 53	Excluded as rated partially applicable with very serious limitations due to clinical data informing treatment effect based on studies excluded from the clinical review.
Bryant 1998 [UK] <sup>16</sup>	This was included in the 2004 guideline but has been excluded because of the date being prior to the date-cut off of 2004, and therefore costs are not applicable.
Boon 1999 [Belgium] <sup>12</sup>	This was included in the 2004 guideline, but has been excluded because of the date being prior to the date-cut off of 2004, and therefore costs are not applicable.

4

# 1 Appendix J: Research recommendations

## J.1 Effectiveness of vagus nerve stimulation in epilepsy

3 What is the effectiveness of vagus nerve stimulation in epilepsy? (to include people with  
4 learning disabilities as a subgroup)

### 5 Why this is important

6 Around a third of people with epilepsy will not respond to currently available anti-seizure  
7 medications. A proportion of this group will be suitable for resective epilepsy surgery. There  
8 are, however, people with drug resistant epilepsy who are not candidates for epilepsy  
9 surgery or in whom surgery is unsuccessful. In these individuals, alternative methods to  
10 control seizures should be considered including neurostimulation or dietary treatments. The  
11 clinical effectiveness of these treatments is, though, not well determined.

### 12 Rationale for research recommendation

Importance to 'patients' or the population	Although vagal nerve stimulation therapy is performed in people with drug-resistant epilepsy, there are very little robust long-term data to inform the effectiveness of this treatment option. As VNS is an expensive procedure, it is important to critically evaluate the role of VNS in people with epilepsy. Determining who may be most suitable for VNS would allow patient stratification, better counselling of people with epilepsy and potentially be cost-saving.
Relevance to NICE guidance	VNS therapy has been considered in this guideline, and there is a lack of data on long-term clinical and safety outcomes.
Relevance to the NHS	The study would help determine outcomes from VNS and help identify who may be most suitable for VNS. The work may also offer insights into optimal stimulation parameters so that those who receive VNS therapy are enabled to derive the most benefit from the device.
National priorities	Moderate to High (Expensive device; can potentially reduce seizures and mortality; often implanted in those with a learning disability)
Current evidence base	Minimal long-term data on either safety or outcomes. As outcomes from VNS therapy are reported to improve with time, any database/study must include long term follow up for all participants.
Equality considerations	VNS is considered in people with drug-resistant epilepsy who are not thought suitable for resective epilepsy surgery. In clinical practice, VNS is more commonly implanted in those with a learning disability. This research will therefore apply more specifically to people with learning disabilities and enable this population to participate in long-term prospective studies.

1

2 **Modified PICO table**

Population	All people who are considered for VNS implantation who are pharmaco-resistant. The threshold for resistance is anyone having seizures despite having drug intervention.
Intervention	VNS (including evaluation of different stimulation parameters) plus best medical care
Comparator	Best medical care
Outcome	Seizure frequency Seizure freedom Mortality Effect on mood Effect on cognition Quality of life (person with epilepsy and family/carers) Adverse device-related outcomes
Study design	Registry/ Case-control study
Timeframe	Long term
Additional information	None

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