National Institute for Health and Care Excellence

Draft for consultation

Epilepsies in children, young people and adults: diagnosis and management

[15] Evidence review: Prevalence of psychological disorders in people with Epilepsies

NICE guideline <number>

Evidence reviews underpinning recommendations 9.1.1 – 9.1.4 *in the NICE guideline*

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Draft for Consultation

Developed by the National Guideline Centre, hosted by the Royal College of Physicians



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Prevalence of depression, anxiety, learning disability and behavioural/cognitive difficulties in people with epilepsies

5 **1.1 Review question**

6 What is the prevalence of depression, anxiety, intellectual disability, developmental 7 difficulties and cognitive difficulties in people with epilepsies?

8 1.1.1 Introduction

9 Epilepsy is an unusual diagnosis in neurology in that the diagnosis is conferred on the basis 10 of a single symptom, seizures. However, the underlying genetic abnormality or pathology in 11 the brain that results in seizures can also predispose to other disturbances in brain function. 12 Knowledge and awareness of these other disorders are essential for the care of people with 13 epilepsy. Some of the treatments aimed at controlling seizures can have an adverse effect 14 on common co-morbidities.

This chapter examines the prevalence of core mental illnesses (depression, anxiety,
psychosis), co-morbid neurodevelopmental disorders (intellectual disability, autistic spectrum
disorders, ADHD) and other acquired cognitive difficulties such as dementia in this
population.

19 1.1.2 Summary of the protocol

20 For full details, see the review protocol in Appendix A

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Table 1: PICO characteristics of review question

Population	Inclusion: Children, young people and adults with confirmed epilepsy. Exclusion: New-born babies (under 28 days) with acute symptomatic seizures.
Outcomes/ Comorbidities	In people with Epilepsy, the prevalence of: • Depression • Anxiety • Learning disabilities • Cognitive difficulties • Dementia • psychosis
Study design	Systematic reviews of all studies reporting period prevalence (limited to period prevalence for all conditions except learning disabilities where point prevalence will also be included).

22 **1.1.3 Methods and process**

This evidence review was developed using the methods and process described in
 Developing NICE guidelines: the manual. Methods specific to this review question are
 described in the review protocol in appendix A and the methods document

26 Declarations of interest were recorded according to <u>NICE's conflicts of interest policy</u>.

1 1.1.4 Prevalence evidence

2 1.1.4.1 Included studies

A search was conducted for systematic reviews reporting prevalence data of depression, anxiety, learning disabilities, cognitive difficulties, dementia and psychosis in people with epilepsy. Ten studies were included in the review, ^{7, 27, 39, 42, 43, 51, 52, 69, 95, 96} these are summarised below. Evidence from these studies is summarised in the clinical evidence summary below (Table 3). See also the study selection flow chart in 32Appendix C, study evidence tables in Appendix D, forest plots in Appendix F.

9 Most of the included systematic reviews were unable to perform meta-analyses due to 10 insufficient reporting of data, therefore, the data predominantly extracted for this evidence 11 review was the range of prevalence percentages from individual studies. Pooled data for 12 prevalence was only reported in two systematic reviews, Scott 2017⁹⁵ and Scott 2020⁹⁶, 13 where meta-analyses were possible.

- The diagnostic method used to measure the comorbidities varied amongst individual studies
 included in each systematic review; this may explain the wide variation observed in the
 prevalence statistics.
- 18 The risk of bias for the systematic reviews included was assessed using the ROBIS tool, 19 which assesses the risk of bias in systematic reviews by:
 - 1. Assessing the relevance
 - 2. identifying concerns with the review process
 - 3. judging the risk of bias in the review
- 23 Please see Appendix E for ROBIS assessment table.

24 1.1.4.2 Excluded studies

- The searches were limited to systematic reviews. Therefore, all individual studies investigating prevalence were excluded.
- 27 See the excluded studies list in Appendix G.

28 **1.1.5** Summary of studies included in the prevalence evidence

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Table 2: Summary of reviews included in the evidence review

Study	Population	Comorbidity	Comments
Asadi-Pooya 2018 ⁷	26 studies included for people with epilepsy	Depression	High risk of bias Population age not defined
Cobham 2020 ²⁷	8 studies included 784 children and adolescents with epilepsy	Anxiety	High risk of bias
Fiest 2013 ³⁹	14 studies included Adults with epilepsy	Depression	Low risk of bias
Fonseca 2019 ⁴² , Fonseca 2020 ⁴³	33 studies included Children with absence epilepsy	Cognitive difficulties Learning disabilities	Low risk of bias
Jones 2014 ⁵¹	Children and adolescents with epilepsy included	Anxiety	Very high risk of bias Narrative literature review, no methodology

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Study	Population	Comorbidity	Comments
			or risk of bias assessment for included studies
Jones 2010 ⁵²	13 studies included	Depression Anxiety Psychosis	High risk of bias Population age not defined
Maryam 2013 ⁶⁹	11 studies included 1095 children (4-19 years) with epilepsy	Depression	High risk of bias
Scott 2017 ⁹⁵	27 studies included 3221 adults with epilepsy	Depression Anxiety	Low risk of bias
Scott 2020 ⁹⁶	23 studies Children with epilepsy	Anxiety Depression	Low risk of bis
Subota 2017 ¹⁰⁵	2 studies included People with epilepsy	Dementia	Low risk of bias population age not defined

See Appendix D for full evidence tables.

1.1.6 Summary of the evidence

Table 3: Clinical evidence summary: Depression

Prevalence in people with Epilepsy	Systematic review	Type of prevalence Time-frame	Population	Risk of bias rating	comments/ Quality rating in review
6.6%-43.4%	Asadi-Pooya 2018 ⁷	Period prevalence, unclear time-frame	Unclear	High	2.9%-12.7% depression in general population
13.2%-36.5%	Fiest 2013 ³⁹	Period prevalence of past 30 days -12 months	Adults with active depression	Low	
4.1%-32.5%	Fiest 2013 ³⁹	Period - Lifetime depression prevalence	Adults with lifetime depression	Low	
18%-39.7%	Jones 2010 ⁵²	Period prevalence, unclear time-frame	Unclear	High	
5.2%-39.6%	Maryam 2013 ⁶⁹	Period prevalence, unclear time-frame	Children	High	Aged 4-19 years old
22.9% pooled prevalence	Subota 2017 ¹⁰⁵	Period prevalence, unclear time-frame	Adults	Low	16 years and older Figure 2 for forest plot
13.5% (95% CI 8.8%– 20.2%) pooled prevalence	Scott 2020 ⁹⁶	Period prevalence, unclear time-frame	Children	Low	Up to and including 18 years of age

Table: Clinical evidence summary: Anxiety

Prevalence in people with Epilepsy	Systematic review	Type of prevalence	Population	Risk of bias rating	comments
23.8%-50%	Cobham 2020 ²⁷	Period prevalence, unclear length	Children	High	12.4%-22% anxiety in general population
9%-32%	Jones 2014 ⁵¹	Period: lifetime	Children	Very high	Lifetime anxiety

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Prevalence in people with Epilepsy	Systematic review	Type of prevalence	Population	Risk of bias rating	comments
8%-21%	Jones 2014 ⁵¹	Mixed: current and past 12 months	children	Very high	
10%-25%	Jones 2010 ⁵²	Period prevalence, unclear time-frame	Unclear	High	
20.2%	Scott 2017 ⁹⁵	Period prevalence, unclear time-frame	Adults	Low	16 years and older Figure 3 for forest plot
18.9% (95% Cl 12.0%–28.5%) pooled prevalence	Scott 2020 ⁹⁶	Period prevalence, unclear time-frame	Children	Low	Up to and including 18 years of age

Table 4: Clinical evidence summary: Learning disabilities

Prevalence in people with Epilepsy	Systematic review	Type of prevalence	Population	Risk of bias rating	comments
Dysgraphia: 26%	Fonseca 2019 ⁴² , Fonseca 2020 ⁴³	Unclear, prevalence determined from school reports	Children	Low	Absence epilepsy
school difficulties/requiring special educational support: 23-70%	Fonseca 2019 ⁴² , Fonseca 2020 ⁴³	Unclear, prevalence determined from school reports	Children	Low	Absence epilepsy

Table 5: Clinical evidence summary: Cognitive difficulties

Prevalence in people with Epilepsy	Systematic review	Type of prevalence	Population	Risk of bias rating	comments
24%	Fonseca 2019 ⁴² , Fonseca 2020 ⁴³	Unclear, prevalence determined from school reports	Children	Low	Absence epilepsy

Table 6: Clinical evidence summary: Dementia

Prevalence in people with epilepsy	Systematic review	Type of prevalence	Population	Risk of bias rating	comments
8.1 to 17.5 per 100 persons	Subota 2017 ¹⁰⁵	Period prevalence	Unclear	Low	No age defined

Table 7: Clinical evidence summary: Psychosis

Prevalence results	Systematic review	Type of prevalence	Population	Risk of bias rating	comments
2-7%	Jones 2010 ⁵²	Period prevalence, unclear time-frame	unclear	High	

1 **1.1.7 Economic evidence**

2 The committee agreed that health economic studies would not be relevant to this review 3 question and so were not sought.

4 1.1.8 The committee's discussion and interpretation of the evidence

5 1.1.8.1 The outcomes that matter most

6 This evidence review sought data for the prevalence of depression, anxiety, learning 7 disabilities, cognitive difficulties, dementia and psychosis in people with epilepsy. The 8 committee considered that recognition of prevalence is important in alerting clinicians to 9 common co-morbidities and to planning and delivering care to people with epilepsy.

10 1.1.8.2 The quality of the evidence

11 The systematic reviews included in this review matched the protocol requirement (see 12 Appendix A) for their individual studies inclusion criteria; reviews which deviated from this were excluded. In the absence of a standardised quality assessment tool for epidemiological 13 14 review questions, the ROBIS tool was applied. The ROBIS tool determines the risk of bias in 15 systematic reviews through a three-phase approach. Firstly, considering the relevance of each included systematic review to the research question, secondly, identifying any concerns 16 with the review process and lastly, judging the risk of bias. The rating from these three 17 phases was used to determine an overall risk of bias rating. The risk of bias across the 18 19 evidence included for this evidence review ranged from low to very high overall risk of bias. 20 High to very high risk of bias ratings were due to the lack of risk of bias assessment within 21 the review and/or insufficient information available on the review methodology to allow the 22 risk of bias assessments.

23 1.1.8.3 Benefits and harms

24 The recognition of the common comorbidities in people with epilepsy will benefit patients individually by ensuring they receive appropriate care and should also help inform the 25 26 appropriate organisation and delivery of services that are made accessible. This evidence review highlighted the increased psychological difficulties experienced by people with 27 28 epilepsy, with prevalence rates of depression and anxiety reported at a range of 4.1-43.4% 29 and 8-50% respectively, compared to the general population, which was reported at 2.9-12.7 30 and 12.4-22%, respectively. Clinically significant levels of dementia and psychosis were also reported in people with epilepsy at 8.1-17.5% and 7%, respectively. A review looking at data 31 32 from neuropsychological test results and school prevalence reports found children with epilepsy had high prevalence rates for learning disabilities, 26% for dysgraphia and 23-70% 33 34 for school difficulties and educational support and cognitive difficulties at 24%. Despite the 35 high to very high risk of bias rating of some of the included reviews, the guideline committee acknowledged the importance of these prevalence statistics and the need for better care-36 37 plans for people with epilepsy and comorbidities.

38 The committee was aware of variation in how services are organised and the patient 39 experience of seeing multiple specialists separately for different aspects of their condition. To 40 ensure appropriate care plans are put in place, the guideline committee considered epilepsy specialists and mental health specialists needed to work better together. The committee 41 42 acknowledged that often mental health specialists do not have enough information about 43 epilepsy to provide adequate support to people with epilepsy when referred to them. Equally, 44 there is a need for neurologists and paediatricians to recognise the clinical presentation of 45 intellectual difficulties in children with epilepsy. The committee also acknowledged the risk 46 associated between dementia and epilepsy and the need for better collaboration between epilepsy and geriatric services. The results of this review highlighted the close link between 47

epilepsy and depression, anxiety, psychosis and dementia. The committee expressed a need
 for shared working across all specialities involved as a joint multidisciplinary team. The
 committee noted that this close working relationship should also address the disconnect felt
 by people with epilepsy and their families/carers when having care split across separate
 clinicians. Furthermore, since ASM and anti-psychotic medication have adverse effects when
 taken together, joint-multidisciplinary working can help manage and review treatment plans.

7 1.1.9 Cost effectiveness and resource use

8 Cost effectiveness evidence was not sought as this is a question about prevalence.

9 The committee discussed the clinical evidence noting the prevalence of mental health co-10 morbidities, learning disabilities and dementia is increased in people with epilepsy. The committee acknowledged that current best practice for people with epilepsy with mental 11 health co-morbidities is to provide coordinated care using a multidisciplinary team approach 12 and to ensure effective communication and liaison between health care professionals across 13 the relevant services involved in the care of the person with epilepsy. The committee noted 14 15 that current best practice is observed in around 25% of NHS settings. Therefore, although the recommendations made by the committee reflect current best practice, they do not reflect 16 17 current practice for the majority of people.

- 18 The committee noted that although there will be a change in practice for the majority of health care providers, a multidisciplinary team approach for delivering care will likely be cost-19 20 saving in the long run. A multidisciplinary team approach with effective communication and liaison between health care professionals will also allow for better care to be delivered to 21 22 people with epilepsy who have mental health co-morbidities. The approach enables people 23 to access services simultaneously or consecutively with more effective sharing of 24 information. Sharing of information allows for better-tailored health care plans, and being 25 able to access services simultaneously or consecutively results in cost savings in the form of 26 fewer appointments and less administration time. For example, if a person presenting to a routine epilepsy appointment can then automatically be referred to a mental health service if 27 required, the person in question does not have to access the mental health service through a 28 29 primary care referral. The mental health service will also be aware of the type of assessment 30 or care required. This will either omit the need for an initial assessment or decrease the face-31 to-face time required for initial assessment depending on what is most suitable for the 32 person's health care needs. The committee also noted it may allow for initial appointments to 33 be conducted via telephone, which would also result in cost savings.
- 34 The committee also acknowledged that this approach would likely improve the person's quality-of-life as quicker referral times and more coherent health care are likely to make 35 people feel more valued and listened to. The committee noted that an epilepsy diagnosis 36 could be very challenging to live with. Some people receiving care feel as though their voice 37 is not heard and find it demoralising when they have to explain the same problem to different 38 health care professionals a number of times before they receive the appropriate care. This 39 positive impact on patient's quality of life would likely be seen for all epilepsy patients but 40 would be greatest for people who may feel more vulnerable initially (for example, people with 41 42 anxiety, learning disabilities or dementia).
- 43 Although the recommendations made will change practice for a large proportion of people, 44 the costs associated with this change will likely only be short-term whilst healthcare providers adapt to the changes required in communication across services. The additional costs 45 observed will be seen in the form of additional staff time spent liaising with different services, 46 47 but the committee noted this would be negligible if appropriate systems are put in place. For 48 example, a consultant may have to spend an additional couple of minutes after an appointment with a patient communicating with other teams or organising a referral, but less 49 50 administration in within the healthcare system will be observed overall compared to if a 51 person had to access a service through a primary care referral.

- 1 The committee did note that the recommendations may result in additional appointments 2 within the healthcare service as some people who would not have accessed services on their 3 own may now be referred for an appointment. However, the committee noted this would 4 likely only be a small number of patients. Also, for this group of people their care would have 5 been sub-optimal which would have likely had a negative impact on their quality of life and 6 potentially result in additional costs when accessing services at a later date.
- Overall, the recommendations made may result in an initial increase in costs for the NHS but
 will be cost-saving in the long-run and result in better health outcomes for patients.

9 1.1.10 Other factors the committee took into account

- The committee agreed the comorbidities of learning disabilities and dementia found within
 the review should be highlighted within the guideline by making a cross referral to existing
 NICE guidance
- 13 Mental health problems in people with learning disabilities: prevention, assessment and 14 management (https://www.nice.org.uk/guidance/ng54)
- Learning disabilities and behaviour that challenges: service design and delivery
 (<u>https://www.nice.org.uk/guidance/ng93</u>)
- 17Dementia: assessment, management and support for people living with dementia and their18carers (https://www.nice.org.uk/guidance/ng97)
- 19 See also evidence review 16 on Psychological treatments in people with epilepsy for cross-20 reference to NICE mental health guidance:
- Depression in adults with a chronic health problem, Depression in children and young
 people, Common mental health problems, Generalised anxiety disorder and panic disorder,
 Psychosis and schizophrenia in adults, and Psychosis and schizophrenia in children and
 young people.

25 1.1.11 Recommendations supported by this evidence review

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This evidence review supports recommendations 9.1.1 – 9.1.4 in the NICE guideline.

References

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Epilepsies in children, young people and adults DRAFT for consultation November 2021

1 Appendices

2 Appendix A Review protocols

A.1 Review protocol for prevalence of depression, anxiety, learning disability and behavioural/cognitive difficulties in people with epilepsies

ID	Field	Content		
1.	Review title	Prevalence of depression, anxiety, learning disability and behavioural/cognitive difficulties in people with epilepsies.		
2.	Review question	What is the prevalence of depression, anxiety, intellectual disability, developmental difficulties and cognitive difficulties in people with epilepsies?		
3.	Objective	To determine the prevalence of depression, anxiety, intellectual disability, developmental difficulties, and cognitive difficulties in people with epilepsies		
4.	Searches	The following databases (from inception) will be searched:		
		Cochrane Central Register of Controlled Trials (CENTRAL)		
		Cochrane Database of Systematic Reviews (CDSR)		
		• Embase		
		MEDLINE		
		PsycInfo		
		Searches will be restricted by:		
		English language studies		
		Human studies		
		Other searches:		

		Inclusion lists of systematic reviews
		The searches may be re-run 6 weeks before the final committee meeting and further studies retrieved for inclusion if relevant.
		The full search strategies will be published in the final review.
5.	Condition or domain being studied	
6.	Population	Inclusion: Children, young people and adults with confirmed epilepsy
		Exclusion: New-born babies (under 28 days) with acute symptomatic seizures.
7.	Types of study to be included	Systematic reviews of all studies reporting period prevalence (limited to period prevalence for all conditions except learning disabilities where point prevalence will also be included)
8.	Other exclusion criteria	Point prevalence reviews will be excluded as they risk an underestimation of the true prevalence (except for lifetime conditions i.e., learning disabilities)
		Non-English language studies.
		Conference abstracts will be excluded as it is expected there will be sufficient full text published studies available.
9.	Context	Psychological difficulties are common comorbidities in patients with epilepsy, with a significant negative impact on quality of life. Many children and young people with epilepsy between the ages of 4 and 15 have one or more additional neurological disorders. Learning disabilities, for example, are more prevalent in individuals with epilepsy than in the general population. Cognitive impairment, including, but not limited to, memory difficulties, are observed in people with epilepsy. Such impairments can range from poor concentration and minor forgetfulness to those that have a significant impact on a person's ability to function independently. There are also emerging data relating to bidirectional links between epilepsy and dementia. All of these potential comorbidities are often under-recognised and may be improperly managed in people with epilepsies.
10.	Primary outcomes (critical outcomes)/ comorbidities	In people with Epilepsy, the prevalence of: • Depression • Anxiety • Learning disabilities
		Cognitive difficulties

		 Dementia Psychosis
11.	Data extraction (selection and coding)	EndNote will be used for reference management, sifting, citations and bibliographies. All references identified by the searches and from other sources will be screened for inclusion. 10% of the abstracts will be reviewed by two reviewers, with any disagreements resolved by discussion or, if necessary, a third independent reviewer. The full text of potentially eligible studies will be retrieved and will be assessed in line with the criteria outlined above.
		A standardised form will be used to extract data from studies (see <u>Developing NICE guidelines: the manual</u> section 6.4).
		10% of all evidence reviews are quality assured by a senior research fellow. This includes checking:papers were included /excluded appropriately
		a sample of the data extractions
		 correct methods are used to synthesise data
		a sample of the risk of bias assessments
		Disagreements between the review authors over the risk of bias in particular studies will be resolved by discussion, with involvement of a third review author where necessary.
12.	Risk of bias (quality) assessment	ROBIS tool for assessing risk in systematic reviews.
		10% of all evidence reviews are quality assured by a senior research fellow. This includes checking:
		 papers were included /excluded appropriately
		 a sample of the data extractions
		 correct methods are used to synthesise data
		 a sample of the risk of bias assessments
		Disagreements between the review authors over the risk of bias in particular studies will be resolved by discussion, with involvement of a third review author where necessary.
13.	Strategy for data synthesis	Extracting prevalence as reported by systematic reviews.
14.	Analysis of sub-groups	Stratification:
		• Adults (>16 years) and children (≤16 years)

		Subgroup: none			
15.	Type and method of review		Intervention		
		Diagnostic			
		Prognostic			
			Qualitative		
			Epidemiologic	Epidemiologic (Prevalence)	
			Service Delive	ery	
			Other (please	specify)	
16.	Language	English			
17.	Country	England			
18.	Anticipated or actual start date				
22.	Anticipated completion date				
19.	Stage of review at time of this submission	Review stage		Started	Completed
		Preliminary searches			
		Piloting of the study selection process			
		Formal screening of search results against eligibility criteria			
		Data extraction			
		Risk of bias (quality) assessment			
		Data analysis			

20.	Named contact	5a. Named contact
		National Guideline Centre
		5b Named contact e-mail
		NGCEpilepsies@nice.org.uk
		5e Organisational affiliation of the review
		National Institute for Health and Care Excellence (NICE) and the National Guideline Centre
21.	Review team members	National Guideline Centre:
2.	Funding sources/sponsor	This systematic review is being completed by the National Guideline Centre which receives funding from NICE.
23.	Conflicts of interest	All guideline committee members and anyone who has direct input into NICE guidelines (including the evidence review team and expert witnesses) must declare any potential conflicts of interest in line with NICE's code of practice for declaring and dealing with conflicts of interest. Any relevant interests, or changes to interests, will also be declared publicly at the start of each guideline committee meeting. Before each meeting, any potential conflicts of interest will be considered by the guideline committee Chair and a senior member of the development team. Any decisions to exclude a person from all or part of a meeting will be documented. Any changes to a member's declaration of interests will be recorded in the minutes of the meeting. Declarations of interests will be published with the final guideline.
24.	Collaborators	Development of this systematic review will be overseen by an advisory committee who will use the review to inform the development of evidence-based recommendations in line with section 3 of <u>Developing NICE</u> <u>guidelines: the manual.</u> Members of the guideline committee are available on the NICE website: <u>https://www.nice.org.uk/guidance/indevelopment/gid-ng10112/documents</u>
25.	Other registration details	
26.	Reference/URL for published protocol	
27.	Dissemination plans	NICE may use a range of different methods to raise awareness of the guideline. These include standard approaches such as:
		notifying registered stakeholders of publication

		 publicising the guideline through NICE's newsletter and alerts issuing a press release or briefing as appropriate, posting news articles on the NICE website, using social media channels, and publicising the guideline within NICE. 	
28.	Keywords		
29.	Details of existing review of same topic by same authors		
30.	Current review status		Ongoing
			Completed but not published
			Completed and published
			Completed, published and being updated
			Discontinued
31.	Additional information		
32.	Details of final publication	www.nice.org.uk	

Appendix B Literature search strategies

- 2 This literature search strategy was used for the following review:
 - What is the prevalence of depression, anxiety, intellectual disability, developmental difficulties and cognitive difficulties in people with epilepsies?

The literature searches for this review are detailed below and complied with the methodology outlined in Developing NICE guidelines: the manual.⁷⁹

For more information, please see the Methodology review published as part of the
accompanying documents for this guideline.

9 B.1 Clinical search literature search strategy

Searches were constructed using a PICO framework where population (P) terms were
 combined with Intervention (I) and in some cases Comparison (C) terms. Outcomes (O) are
 rarely used in search strategies for interventions as these concepts may not be well
 described in title, abstract or indexes and therefore difficult to retrieve. Search filters were
 applied to the search where appropriate.

Database	Dates searched	Search filter used
Medline (OVID)	1946 – 18 February 2021	Systematic review studies
		Exclusions
Embase (OVID)	1974 – 18 February 2021	Systematic review studies
		Exclusions
he Cochrane Library (Wiley)	Cochrane Reviews to 2021 Issue 2 of 12 CENTRAL to 2021 Issue 2 of 12	None
PsycINFO (ProQuest)	Inception – 18 February 2021	Systematic review studies

15 Table 8: Database date parameters and filters used

Medline (Ovid) search terms

1.	exp epilepsy/
2.	seizures/
3.	exp status epilepticus/
4.	seizures, febrile/
5.	(dravet syndrome or epilep* or convuls* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome).ti,ab.
6.	or/1-5
7.	letter/
8.	editorial/
9.	news/
10.	exp historical article/
11.	Anecdotes as Topic/
12.	comment/
13.	case report/

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14.	(letter or comment*).ti.
15.	or/7-14
16.	randomized controlled trial/ or random*.ti,ab.
17.	15 not 16
18.	animals/ not humans/
19.	exp Animals, Laboratory/
20.	exp Animal Experimentation/
21.	exp Models, Animal/
22.	exp Rodentia/
23.	(rat or rats or mouse or mice).ti.
24.	or/17-23
25.	6 not 24
26.	limit 25 to English language
27.	Meta-Analysis/
28.	exp Meta-Analysis as Topic/
29.	(meta analy* or metanaly* or metaanaly* or meta regression).ti,ab.
30.	((systematic* or evidence*) adj3 (review* or overview*)).ti,ab.
31.	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
32.	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
33.	(search* adj4 literature).ab.
34.	(medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab.
35.	cochrane.jw.
36.	((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab.
37.	or/27-36
38.	cognitive dysfunction/
39.	((cognit* or neurocognit*) adj (dysfunction* or impair* or defec* or declin* or disorder* or deteriorat* or deficit* or difficult* or disabilit* or disabl*)).ti,ab.
40.	depression/ or depressive disorder/
41.	anxiety/
42.	(anxiet* or anxious or depression or low mood or tearfulness or nervousness or sadness or depress* or melanchol*).ti,ab.
43.	exp Mental Disorders/
44.	((concentrat* or memory) adj2 (disorder* or difficult* or poor or lack* or impair* or disabilit* or disable*)).ti,ab.
45.	((attention or behavior* or behaviour* or intellectual* or language or neurodevelopment* or neurological* or perception or psych* or learning) adj3 (deficit* or difficult* or disabilit* or disabl* or disorder* or impair* or declin* or deteriorat*)).ti,ab.
46.	(mental* adj3 (illness or ill or disorder* or factor* or impairment*)).ti,ab.
47.	((psychiatric or psychological*) adj3 (illness or ill or factor*)).ti,ab.
48.	Learning Disabilities/
49.	dementia/ or alzheimer disease/
50.	(alzheimer* or dement*).ti,ab.
51.	Psychotic Disorders/
52.	(psychotic* or psychoses or psychosis).ti,ab.
53.	or/38-52
54.	26 and 37 and 53

mbase	(Ovid) search terms
1.	exp *epilepsy/
2.	*landau kleffner syndrome/
3.	exp *seizure/
4.	"seizure, epilepsy and convulsion"/
5.	(dravet syndrome or epilep* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome).ti,ab.
6.	or/1-5
7.	letter.pt. or letter/
8.	note.pt.
9.	editorial.pt.
10.	case report/ or case study/
11.	(letter or comment*).ti.
12.	or/7-11
13.	randomized controlled trial/ or random*.ti,ab.
14.	12 not 13
15.	animal/ not human/
16.	nonhuman/
17.	exp Animal Experiment/
18.	exp Experimental Animal/
19.	animal model/
20.	exp Rodent/
21.	(rat or rats or mouse or mice).ti.
22.	or/15-21
23.	6 not 22
24.	limit 23 to English language
25.	systematic review/
26.	meta-analysis/
27.	(meta analy* or metanaly* or metaanaly* or meta regression).ti,ab.
28.	((systematic* or evidence*) adj3 (review* or overview*)).ti,ab.
29.	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
30.	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
31.	(search* adj4 literature).ab.
32.	(medline or pubmed or cochrane or embase or psychit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab.
33.	cochrane.jw.
34.	((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab.
35.	or/25-34
36.	*cognitive defect/
37.	((cognit* or neurocognit*) adj (dysfunction* or impair* or defec* or declin* or disorder* or deteriorat* or deficit* or difficult* or disabilit* or disabl*)).ti,ab.
38.	depression/
39.	*anxiety/
40.	(anxiet* or anxious or depression or low mood or tearfulness or nervousness or sadness or depress* or melanchol*).ti,ab.
41.	exp mental disease/

Prevalence of depression, anxiety, learning disability and behavioural/cognitive difficulties in people with epilepsies

42.	((concentrat* or memory) adj2 (disorder* or difficult* or poor or lack* or impair* or disabilit* or disable*)).ti,ab.
43.	((attention or behavior* or behaviour* or intellectual* or language or neurodevelopment* or neurological* or perception or psych* or learning) adj3 (deficit* or difficult* or disabilit* or disabl* or disorder* or impair* or declin* or deteriorat*)).ti,ab.
44.	(mental* adj3 (illness or ill or disorder* or factor* or impairment*)).ti,ab.
45.	((psychiatric or psychological*) adj3 (illness or ill or factor*)).ti,ab.
46.	learning disorder/
47.	dementia/
48.	(alzheimer* or dement*).ti,ab.
49.	psychosis/
50.	(psychotic* or psychoses or psychosis).ti,ab.
51.	or/36-50
52.	24 and 35 and 51

Cochrane Library (Wiley) search terms

#1.	MeSH descriptor: [Epilepsy] explode all trees
#2.	MeSH descriptor: [Seizures] this term only
#3.	MeSH descriptor: [Status Epilepticus] explode all trees
#4.	MeSH descriptor: [Seizures, Febrile] this term only
#5.	(dravet syndrome or epilep* or convuls* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome):ti,ab
#6.	(or #1-#5)
#7.	MeSH descriptor: [Cognitive Dysfunction] explode all trees
#8.	((cognit* or neurocognit*) near/1 (dysfunction* or impair* or defec* or declin* or disorder* or deteriorat* or deficit* or difficult* or disabilit* or disabl*)):ti,ab
# 9.	MeSH descriptor: [Depression] explode all trees
#10.	MeSH descriptor: [Anxiety] explode all trees
#11.	(anxiet* or anxious or depression or low mood or tearfulness or nervousness or sadness or depress* or melanchol*):ti,ab
#12.	MeSH descriptor: [Mental Disorders] explode all trees
#13.	((concentrat* or memory) near/2 (disorder* or difficult* or poor or lack* or impair* or disabilit* or disable*)):ti,ab
#14.	((attention or behavior* or behaviour* or intellectual* or language or neurodevelopment* or neurological* or perception or psych* or learning) near/3 (deficit* or difficult* or disabilit* or disabl* or disorder* or impair* or declin* or deteriorat*)):ti,ab
#15.	(mental* near/3 (illness or ill or disorder* or factor* or impairment*)):ti,ab
#16.	((psychiatric or psychological*) near/3 (illness or ill or factor*)):ti,ab
#17.	MeSH descriptor: [Learning Disabilities] explode all trees
#18.	MeSH descriptor: [Dementia] explode all trees
#19.	MeSH descriptor: [Alzheimer Disease] explode all trees
#20.	(alzheimer* or dement*):ti,ab
#21.	MeSH descriptor: [Psychotic Disorders] explode all trees
#22.	(psychotic* or psychoses or psychosis):ti,ab
#23.	(or #7-#22)
#24.	#6 and #23

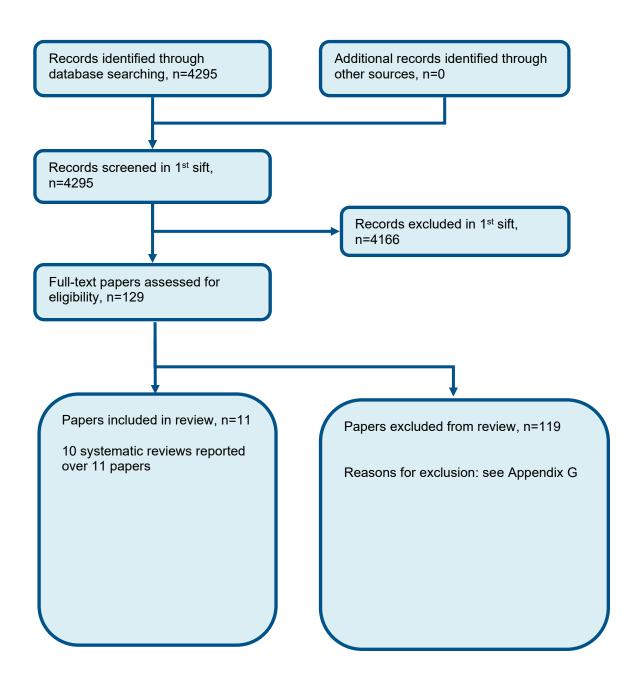
PsycINFO (ProQuest) search terms

1.	((MJMAINSUBJECT.EXACT.EXPLODE("Epilepsy") OR
	MAINSUBJECT.EXACT("Seizures") OR MAINSUBJECT.EXACT("Status Epilepticus")

OR TI,AB(dravet syndrome OR epilep* OR continuous spike wave OR slow sleep OR
landau kleffner syndrome OR lennox gastaut syndrome OR infant* spasm* OR
seizure* OR west syndrome)) AND ((MAINSUBJECT.EXACT("Cognitive Impairment")
OR MAINSUBJECT.EXACT("Major Depression") OR
MAINSUBJECT.EXACT("Anxiety") OR MAINSUBJECT.EXACT("Mental Disorders")
OR MAINSUBJECT.EXACT("Dementia") OR MAINSUBJECT.EXACT("Alzheimer's
Disease") AND MAINSUBJECT.EXACT("Psychosis")) OR TI,AB((cognit* OR
neurocognit*) adj (dysfunction* OR impair* OR defec* OR declin* OR disorder* OR
deteriorat* OR deficit* OR difficult* OR disabilit* OR disabl*)) OR TI,AB(anxiet* OR
anxious OR depression OR low mood OR tearfulness OR nervousness OR sadness
OR depress* OR melanchol*) OR TI,AB((concentrat* OR memory) NEAR/2 (disorder*
OR difficult* OR poor OR lack* OR impair* OR disabilit* OR disable*)) OR
TI,AB((concentrat* OR memory) NEAR/2 (disorder* OR difficult* OR poor OR lack* OR
impair* OR disabilit* OR disable*)) OR TI,AB((attention OR behavior* OR behaviour*
OR intellectual* OR language OR neurodevelopment* OR neurological* OR perception
OR psych* OR learning) NEAR/3 (deficit* OR difficult* OR disabilit* OR disabl* OR
disorder* OR impair* OR declin* OR deteriorat*)) OR TI,AB(mental* NEAR/3 (illness
OR ill OR disorder* OR factor* OR impairment*)) OR TI,AB((psychiatric OR
psychological*) NEAR/3 (illness OR ill OR factor*)) OR TI,AB(alzheimer* or dement*)
OR TI,AB(psychotic* OR psychoses OR psychosis))) AND (((SU.EXACT("Literature
Review") OR RTYPE(review) OR ti(review) OR me(literature review)) AND
(ti,ab(systematic OR evidence OR methodol* OR quantitative*))) OR
SU.ÈXACT("Meta Analysis") OR ti,ab(meta-analys* OR metanalys* OR metaanalys*
OR meta analys*) OR ti,ab((systematic OR evidence* OR methodol* OR quantitative*)
NEAR/3 (review* OR overview*)) OR ti,ab((pool* OR combined OR combining)
NEAR/2 (data OR trials OR studies OR results)) OR RTYPE(systematic OR meta*) OR
ME(meta analysis OR systematic review)))

Appendix C Evidence study selection

Figure 1: Flow chart of clinical study selection for the review of prevalence of psychological disorders



1

Appendix D Clinical evidence

Reference	Asadi-Pooya 2018 ⁷
Study type and analysis	Systematic review of studies looking at depression prevalence in people with epilepsy.
Number of participants and characteristics	26 studies were included in the review. Studies included were published between 1947 and 2017. Studies which focussed on special groups e.g., elderly and veterans were excluded. Specialists were invited from several countries to give prevalence data of depression for their respective countries.
Country	Counties across Asia
Outcomes/ Comorbidities	Prevalence of depression in people with Epilepsy
Results	 Japan: 18.6% of people with epilepsy had depression, measured using the Japanese version of the Neurological Disorders Depression Inventory for Epilepsy (NDDI-E) was used to diagnose depression. The prevalence of major depression in the general population was reported at 2.9%, diagnostic information for this statistic was not given. South Korea: 21.5-27.8% of people with epilepsy had major depressive disorder compared to 3.3-5.6% life-time prevalence of major depressive disorder in the general population. The Korean version of the Neurological Disorders Depression Inventory for Epilepsy (K-NDDI-E) was used to diagnose depression, with a cut-off score of 11 suggesting major depressive disorder. China: 16.5-43.4% of people with epilepsy had depression compared to 3.6% life-time prevalence of
	 major depressive disorder in the general population. The Chinese version of the Neurological Disorders Depression Inventory for Epilepsy (C-NDDI-E) was used to diagnose depression, cut-off score of 12 suggesting major depressive disorder. Taiwan: national health insurance research database showed people newly diagnosed with Epilepsy had higher occurrence of depression that people without epilepsy, HR 7.16 (95% CO 4.87-10.5),
	diagnostic information for this statistic was not given. Using the hospital anxiety and depression scale (HADS) in one clinic-based study of 260 PWE, 8.5% had scores suggestive of moderate to severe depression and 14.2% of mild depression. Psychiatric comorbidities were present in 24.6% of children with epilepsy, diagnostic information for this statistic was not given.

Reference	Asadi-Pooya 2018 ⁷
	 Iran: In one cross-sectional hospital-based study of 74 adult PWE 26 (35%) patients had symptoms of depression identified with the Beck Depression Inventory (BDI). 12.7% period prevalence of major depressive-disorder in the general population over 12 months was measured using the validated Persian translation of the Composite International Diagnostic Interview (CIDI; version 2.1).
	Overall range for depression in people with Epilepsy from the 26 studies included was 6.6-43.4%
Comments	No age group specified when searching papers, all data mixed for children and adults.
ROBIS rating	Overall rating: High risk of bias, this was due to the lack of risk of bias assessments carried out in the review for included studies.

Reference	Cobham 2020 ²⁷
Study type and analysis	Systematic review of studies looking at anxiety prevalence in children with chronic medical conditions, i.e., epilepsy.
Number of participants and characteristics	8 studies included, 784 participants, focussing on anxiety in children and adolescents with Epilepsy. Studies included were published between 1990 and 2018.
Country	Studies included were carried out in Nigeria, USA, Norway, Italy.
Outcomes/ Comorbidities	Anxiety
Results	The prevalence rates for any anxiety disorder in children with epilepsy was 23.8 to 50%, compared to 12.4 to 22% in healthy controls. The scales used to diagnose anxiety were Diagnostic and Statistical Manual of Mental Disorders (DSM-IV) combining parent and child interviews, Diagnostic Interview Schedule for Children (DISC-IV), Schedule for Affective Disorders and Schizophrenia for School-Age Children (K-SADS).
Comments	Study reported prevalence of other chronic conditions, only epilepsy data extracted.
ROBIS rating	Overall rating: High risk of bias, this was due to the lack of risk of bias assessments carried out in the review for included studies.

Reference	Fiest 2013 ³⁹
Study type and analysis	Systematic review of studies looking at depression prevalence in people with epilepsy.
Number of participants and characteristics	14 studies were included, 4 reported lifetime depression, 6 reported depression over the past 12 months and 4 reported depression over the past 30 days. The age of people included ranged from 37.2 to 52.4 years. Studies included were published between 1996 and 2011 and limited to cohort and cross-sectional design.
Country	Canada, USA, Europe, Asia, UK, Brazil
Outcomes/ Comorbidities	Depression
Results	 Prevalence of active depression in adults with Epilepsy was taken from 9 studies (studies looking at past 30 days and 12 months) ranging from 13.2 to 36.5%. Lifetime depression in adults with Epilepsy was reported by 4 studies with a prevalence of 4.1 to 32.5%. Diagnosis of anxiety: World Mental Health Composite International Diagnostic Interview (WMH CIDI), outpatient visits, GP diagnosis, Schedule for Affective Disorders and Schizophrenia (SADS), Diagnostic and Statistical Manual of Mental Disorders (DSM-IV), self-reported of diagnosis by health professional, Composite International Diagnostic Interview - Short Form (CIDI-SF), Kessler 6 mental health scale, Centre for Epidemiology Studies–Depression Scale (CES-D) score of 15 or above, Hospital Anxiety and Depression Scale (HADS) 7 or above, HADS 8 or above.
Comments	Adults included in the review, but the search was not restricted to adults. Odds ratios were reported however this evidence review is focussing on prevalence and not association, therefore odds ratio data were not extracted.
ROBIS rating	Low risk of bias.

Reference	Fonseca 2019 ⁴² , Fonseca 2020 ⁴³
Study type and analysis	Systematic review looking at prevalence of cognitive deficits in children with absence epilepsy.
Number of participants	33 studies were included

Reference	Fonseca 2019 ⁴² , Fonseca 2020 ⁴³
and characteristics	Absence epilepsy: defined as 3–4Hz spike-wave complexes or a syndromic classification of childhood absence epilepsy and juvenile absence epilepsy
Country	Not stated
Outcomes/ Comorbidities	Cognitive difficulties, learning disabilities
Results	Results from single studies found the following cognitive deficits in children with absence epilepsy; 24% cognitive difficulties and 26% dysgraphia. Data taken from school reports.
	Four studies looking investigating either school difficulties/requiring special educational support found a prevalence of 23-70% in children with absence epilepsy.
	Diagnosis: neuropsychological test results.
Comments	No pooled data was provided in this review.
ROBIS rating	Low risk of bias

Reference	Jones 2014⁵¹
Study type and analysis	Narrative review of studies looking at anxiety prevalence in children and adolescents with epilepsy.
Number of participants	No information given regarding studies included, characteristics of populations reviewed.
and characteristics	
Country	Not stated
Outcomes/ Comorbidities	Anxiety
Results	The prevalence of lifetime anxiety ranged from 9-32% in children and adolescents with epilepsy compared to current/past 12-month prevalence of rates of 8-21%.

Reference	Jones 2014 ⁵¹
	Diagnostic scales: Anxiety and Depression in Adolescents; A Self-Test, Anxiety and Depression in Children; A Test for Parents, Beck Anxiety Inventory for Youth (BYI_II), Multidimensional Anxiety Scale for Children (MASC 2). Revised Children's Manifest Anxiety Scale-Second Edition (RCMAS-2), Self-Report for Childhood Anxiety Related Emotional Disorders (SCARED), Spence Children's Anxiety Scale (SCAS), Self-Trait Anxiety Inventory for Children (STAIC).
Comments	This was a narrative summary of studies reporting anxiety prevalence's in children and adolescence. There were no details on methodology given in the review. In the absence of this information, this review will be downgraded in the ROBIS assessment.
ROBIS rating	Very high risk of bias due to the lack of methodology data and no risk of bias assessment.

Reference	Jones 2010 ⁵²
Study type and analysis	Systematic review of select studies to investigate prevalence of psychiatric disorders in epilepsy
Number of participants	13 studies included in this review looking at prevalence of psychiatric disorders in people with epilepsy.
and characteristics	
Country	Not stated
Outcomes/ Comorbidities	Depression
	Anxiety
	psychosis
Results	Depression prevalence: 18-39.7%, diagnosis: community-based self-report mail survey, Diagnostic and Statistical Manual of Mental Disorders (DSM) defined
	Anxiety disorders prevalence: 10-25%, diagnosis: DSM defined.
	Psychosis prevalence: 2-7%, diagnosis: DSM defined.

Reference	Jones 2010 ⁵²
Comments	This review also reported the prevalence of mood disorders at 24-75% and personality disorders at 1-2% in people with epilepsy.
	Populations were not defined based on adults or children.
ROBIS rating	High risk of bias due to lack of information on protocol details and study selection.

Reference	Maryam 2013 ⁶⁹
Study type and analysis	Systematic review focussing on depression in children and adolescents with epilepsy.
Number of participants and characteristics	11 cross-sectional studies included total of 1095 children and adolescents ages 4-19 years old. Searches carried out for studies published in the past 15 years.
Country	USA, UK, Nigeria, Turkey, Brazil
Outcomes/ Comorbidities	Depression
Results	Prevalence of depression in children and adolescents with epilepsy ranged from 5.2-39.6%.
	Diagnosis: Diagnostic and Statistical Manual of Mental Disorders (DSM) or International Classification of Diseases (ICD) criteria.
Comments	One study found higher depression scores from parents (39.5%) compared to self-assessment from the children (23.1%). No risk of bias assessment reported.
ROBIS rating	High risk of bias due to the lack of risk of bias assessments.

Reference	Scott 2017 ⁹⁵
Study type and analysis	Systematic review of studies looking at the prevalence of anxiety and depression in people with Epilepsy. Meta-analysis of the prevalence data was carried out to deduce pooled prevalence values.

Reference	Scott 2017 ⁹⁵
Number of participants and characteristics	27 studies and total of 3221 adults, aged 16 years and older, with epilepsy were included. Databases were searched for relevant studies up until July 2016.
Country	Not stated
Outcomes/ Comorbidities	Depression anxiety
Results	Overall pooled prevalence of depression disorders in people with epilepsy was 22.9%. (Figure 2) Overall pooled prevalence of anxiety disorders in people with epilepsy was 20.2%. (Figure 3) Diagnosis: Diagnostic and Statistical Manual of Mental Disorders (DSM IV), International Classification of Diseases Tenth Revision (ICS 10),
Comments	
ROBIS rating	Low risk of bias
Reference	Scott 2020 ⁹⁶
Study type and analysis	Systematic review of studies looking at the prevalence of anxiety and depression in youths with Epilepsy. Meta-analysis of the prevalence data was carried out to deduce pooled prevalence values.
Number of participants and characteristics	Databases were searched for relevant studies up until October 2018. 23 studies were included with children aged up to and including 18 years with a confirmed diagnosis of epilepsy.
Country	USA, Africa, Europe
Outcomes/ Comorbidities	Anxiety
	Depression

Reference	Scott 2020 ⁹⁶
Results	The overall pooled prevalence of anxiety disorders in children with epilepsy was 18.9% (95% CI 12.0%–28.5%), and for depression the pooled prevalence was 13.5% (95% CI 8.8%–20.2%).
	Diagnosis: Diagnostic and Statistical Manual of Mental Disorders (DSM III), Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS), Diagnostic Interview Schedule for Children (DISC-IV)
Comments	
ROBIS rating	Low risk of bias

Reference	Subota 2017 ¹⁰⁵
Study type and analysis	Systematic review of studies looking at the prevalence of dementia in people with epilepsy.
Number of participants and characteristics	Of the 8 studies included in this review, only 2 studies were in people with epilepsy who later developed dementia that prevalence data for dementia
Country	Sweden, USA
Outcomes/ Comorbidities	Dementia
Results	The period prevalence of dementia ranged from 8.1 to 17.5 per 100 persons among persons with epilepsy. Diagnosis: National Institute of Neurological and Communicative Disorders and Stroke and the Alzheimer's Disease and Related Disorders Association (NINCDS-ADRDA), International Classification of Diseases Ninth Revision (ICD-9)
Comments	Populations were not defined based on adults or children. Meta-analysis could not be carried out due to insufficient data.
ROBIS rating	Low risk of bias

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Appendix E ROBIS assessment

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_		Phase	2		Phase 3
Study	1. STUDY ELIGIBILITY CRITERIA	2. IDENTIFICATION AND SELECTION OF STUDIES	3. DATA COLLECTION AND STUDY APPRAISAL	4. SYNTHESIS AND FINDINGS	RISK OF BIAS IN THE REVIEW
Asadi- Pooya 2018	Low	Low	High	Low	High ¹
Cobham 2020	Low	Low	High	Low	High ¹
Fiest 2013	Low	Low	Low	Low	Low
Fonseca 2019, 2020	Low	Low	Low	Low	Low
Jones 2014	High	High	High	Low	Very high ^{1,2}
Jones 2010	High	High	Low	low	High ²
Maryam 2012	Low	Low	High	Low	High ¹
Scott 2017	Low	Low	Low	Low	Low
Scott 2019	Low	Low	Low	Low	Low
Subota 2017	Low	Low	Low	Low	Low

¹There was no details on risk of bias assessment in this review. ²There was insufficient information on the review methodology

Prevalence of depression, anxiety, learning disability and behavioural/cognitive difficulties in people with epilepsies

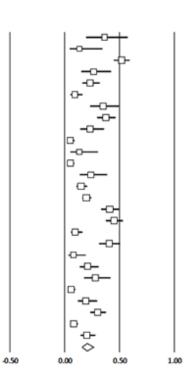
Appendix F Forest plots Figure 2: Prevalence of depression in adults with Epilepsy

 					-				- 1 2	
Study name	Outcome		Statis	tics for ea	ich study				Event rate and 95% Cl	
		Event rate	Lower limit	Upper limit	Z-Value	p-Value				
van Elst 2003	Depression	0.590	0.381	0.771	0.840	0.401			+	I
Cankurtan 2005	Depression	0.045	0.006	0.261	-2.971	0.003				
Jones 2005	Depression	0.212	0.158	0.279	-7.078	0.000			-0-	
de Araujo Filho 2006	Depression	0.210	0.109	0.367	-3.327	0.001			-0	
de Araujo Filho 2007	Depression	0.190	0.125	0.279	-5.688	0.000			-0-	
de Araujo Filho 2007b	Depression	0.268	0.192	0.360	-4.582	0.000			-0-	
Jones 2007	Depression	0.380	0.255	0.523	-1.646	0.100			-0-	
Mula 2008	Depression	0.248	0.178	0.334	-5.182	0.000			-0-	
Ertekin 2009	Depression	0.275	0.174	0.405	-3.239	0.001			-0	
Guarnieri 2009	Depression	0.194	0.143	0.257	-7.681	0.000			0	
Mazza 2009	Depression	0.133	0.051	0.306	-3.487	0.000			-0	
Sperli 2009	Depression	0.175	0.130	0.231	-8.679	0.000			0	
Garcia Espinosa 2010	Depression	0.167	0.082	0.311	-3.884	0.000			-0	
Kanner 2010	Depression	0.165	0.119	0.224	-8.363	0.000			- D-	
Sanchez-Gistau 2010	Depression	0.235	0.193	0.283	-9.282	0.000			0	
Machado 2011	Depression	0.842	0.769	0.895	6.985	0.000				-0-
Al-Asmi 2012	Depression	0.266	0.201	0.342	-5.493	0.000				
de Araujo Filho 2012	Depression	0.234	0.166	0.320	-5.384	0.000				
de Oliveira 2012	Depression	0.281	0.200	0.379	-4.138	0.000			- <u>-</u> -	
Gulpek 2011	Depression	0.160	0.082	0.289	-4.299	0.000			-0	
Pauli 2012	Depression	0.197	0.124	0.298	-5.030	0.000			-0-	
Desai 2014	Depression	0.260	0.157	0.398	-3.244	0.001			-0	
Baldin 2015	Depression	0.128	0.092	0.175	-10.277	0.000			D -	
de Araujo Filho 2015	Depression	0.301	0.207	0.415	-3.302	0.001			-0	
Gandy 2015	Depression	0.310	0.241	0.389	-4.487	0.000				
Barbieri 2015	Depression	0.056	0.033	0.093	-10.228	0.000			D	
Suda 2016	Depression	0.078	0.042	0.139	-7.494	0.000			D-	
		0.229	0.182	0.284	-8.239	0.000			\diamond	I
							-1.00	-0.50	0.00 0.5	0 1.00

Scott 201795

Figure 3: Prevalence of anxiety in adults with Epilepsy

				•		
Study name	Outcome	Statistics for each study				
		Event rate	Lower limit	Upper limit	Z-Value	p-Value
van Eist 2003	Anxiety	0.363	0.193	0.576	-1.268	0.205
Cankurtan 2005	Anxiety	0.136	0.044	0.348	-2.973	0.003
Jones 2005	Anxiety	0.521	0.447	0.594	0.554	0.580
de Araujo Filho 2006	Anxiety	0.263	0.148	0.424	-2.797	0.005
de Araujo Filho 2007	Anxiety	0.230	0.158	0.322	-5.085	0.000
de Araujo Filho 2007b	Anxiety	0.092	0.050	0.164	-6.813	0.000
lones 2007	Anxiety	0.350	0.229	0.494	-2.046	0.041
Mula 2008	Anxiety	0.376	0.293	0.467	-2.654	0.008
Ertekin 2009	Anxiety	0.232	0.140	0.360	-3.781	0.000
Guarnieri 2009	Anxiety	0.050	0.026	0.092	-8.752	0.000
Mazza 2009	Anxiety	0.133	0.051	0.306	-3.487	0.000
iperli 2009	Anxiety	0.053	0.030	0.092	-9.515	0.000
Sarcia Espinosa 2010	Anxiety	0.238	0.133	0.389	-3.212	0.001
(anner 2010	Anxiety	0.149	0.105	0.206	-8.621	0.000
anchez-Gistau 2010	Anxiety	0.198	0.159	0.243	-10.339	0.000
Machado 2011	Anxiety	0.410	0.329	0.496	-2.049	0.040
Al-Asmi 2012	Anxiety	0.451	0.373	0.531	-1.198	0.231
se Araujo Filho 2012	Anxiety	0.095	0.053	0.164	-7.088	0.000
de Oliveira 2012	Anxiety	0.405	0.313	0.507	-1.831	0.067
Gulpek 2011	Anxiety	0.080	0.030	0.195	-4.685	0.000
Pauli 2012	Anxiety	0.209	0.134	0.311	-4.870	0.000
Desai 2014	Anxiety	0.280	0.173	0.419	-2.999	0.003
Baldin 2015	Anxiety	0.060	0.037	0.097	-10.476	0.000
de Araujo Filho 2015	Anxiety	0.192	0.117	0.298	-4.836	0.000
sandy 2015	Anxiety	0.300	0.231	0.379	-4.708	0.000
Barbieri 2015	Anxiety	0.081	0.053	0.122	-10.436	0.000
Suda 2016	Anxiety	0.203	0.142	0.282	-6.224	0.000
		0.202	0.153	0.260	-8.108	0.000



Event rate and 95% Cl

1

1 Appendix G Excluded studies

2 G.1 Clinical studies

Reference	Exclusion reason
Sajatovi, 2019 ⁹³	Systematic review investigating Self-management strategies of epileps
Abraham, 2019 ¹	Systematic review investigating suicide rates
Allebone, 2018 ²	Systematic review did not investigate prevalence of psychosis
Amiet, 2008 ³	association study for autism, learning disability and epilepsy focussing on an autistic population
Anderson, 2010 ⁴	Systematic review focussed on drug monitoring and safety
Arana, 2010 ⁵	Systematic review investigating suicide rates
Arico, 2020 ⁶	Systematic review did not investigate prevalence
Bagary, 2017 ⁸	Conference abstract
Banach, 2010 ⁹	looking at effects of prenatal AEDs on children's intellectual development
Baranowski, 2018 ¹⁰	Systematic review investigating quality of life in epilepsy
Beavis, 2007 ¹¹	Systematic review did not investigate prevalence
Bell, 2008 ¹²	Systematic review investigating drowning
Bell, 2009 ¹³	Systematic review investigating suicide rates
Bell, 2009 ¹⁴	Systematic review investigating suicide rates
Benamer, 2009 ¹⁵	systematic review focussed on the prevalence of epilepsy
Besag, 2015 ¹⁶	Systematic review on epileptic surgery
Beyenburg, 2005 ¹⁷	Systematic review did not investigate prevalence
Blickwedel, 2019 ¹⁸	Systematic review did not investigate prevalence
Boot, 2012 ¹⁹	Systematic review did not investigate prevalence
Bowley, 2000 ²⁰	Incorrect population
Brandt, 2016 ²¹	Systematic review did not investigate prevalence
Breuer, 2016 ²²	Systematic review did not investigate prevalence
Britton, 2010 ²³	Systematic review did not investigate prevalence
Brodie, 2016 ²⁴	Conference abstract
Butler, 2008 ²⁵	Systematic review did not investigate prevalence
Cavanna, 2010 ²⁶	Systematic review did not investigate prevalence
Cobham, 2020 ²⁷	
Collaborators, 2019 ⁴⁶	systematic review looking at the prevalence of epilepsy
Cubała, 2018 ²⁸	Conference abstract
Cyr, 2021 ²⁹	Systematic review did not investigate prevalence
de Winter, 2011 ³⁰	Systematic review did not investigate prevalence
Deb, 2020 ³¹	Systematic review did not investigate prevalence
Doran, 2016 ³²	Systematic review did not investigate prevalence
Doran, 2015 ³³	Conference abstract
Elliott, 2014 ³⁴	Systematic review with incorrect population

Ferrer, 2013 ³⁵	Conference abstract
Ferrer, 2014 ³⁶	Systematic review did not investigate prevalence
Fiest, 2012 ³⁷	Conference abstract
Fiest, 2012 ³⁸	Conference abstract
Fiest, 2013 ³⁹	
Finzel, 200940	conference abstract
Fitzgerald, 2009 ⁴¹	Incorrect population
Fonseca Wald, 2019 ⁴²	
Gandy, 201245	risk prediction review
Gandy, 201344	Systematic review did not investigate prevalence
Gill, 2017 ⁴⁷	Systematic review did not investigate prevalence
Hall, 2009 ⁴⁸	No prevalence data
Johnson, 201849	review on panic attacks
Johnson, 2016 ⁵⁰	No prevalence data
Kanner, 2003 ⁵³	No prevalence data
Kanner, 2002 ⁵⁴	No prevalence data
Kattimani, 2011 ⁵⁵	No relevant data
Kavros, 2008 ⁵⁶	No prevalence data
Kim, 2018 ⁵⁷	point prevalence data only
Kolc, 2019 ⁵⁸	Systematic review did not investigate prevalence
Kolevzon, 2019 ⁵⁹	Incorrect population
Kutlubaev, 2018 ⁶⁰	Systematic review did not investigate prevalence
Kwok, 2007 ⁶¹	Incorrect population
Lagogianni, 2020 ⁶²	review focussing on fatigue
Lai, 1997 ⁶³	Not focussing on prevalence
Lax-Pericall, 2019 ⁶⁴	Looking at gender as a risk factor for psychiatric disorders in epilepsy
Loughman, 2016 ⁶⁵	Not focussing on prevalence
Loughman, 2014 ⁶⁶	Not focussing on prevalence
Lukmanji, 2019 ⁶⁷	Not relevant information, review focussing on autism
M, 2015 ⁶⁸	point prevalence data only
Maryam, 2013 ⁶⁹	
Menlove, 2015 ⁷⁰	No prevalence data
Michelucci, 1989 ⁷¹	Incorrect population
Monteagudo- Gimeno, 2020 ⁷²	Not focussing on prevalence
Monti, 2015 ⁷³	Not focussing on prevalence
Muhigwa, 2020 ⁷⁴	Not focussing on prevalence of psychological disorders
Mula, 2010 ⁷⁵	Not focussing on prevalence
Mula, 2011 ⁷⁶	Reviewing suicide rates
Mula, 2020 ⁷⁷	The only relevant data is a summary of Fiest 2013 which is already included

Mula, 2010 ⁷⁸	Not focussing on prevalence
Neumann,	Not in English
2016 ⁸⁰	
Otero, 2009 ⁸¹	Not focussed on prevalence
Parnas, 1982 ⁸²	Not focussed on prevalence
Patten, 2018 ⁸³	Not focussed on prevalence
Pinquart, 2011 ⁸⁵	Review not focussing on prevalence
Pinquart, 2011 ⁸⁴	Not focussed on Epilepsy and prevalence
Quintas, 2012 ⁸⁶	Not focussed on prevalence
Ramanujam, 2017 ⁸⁷	Systematic review aspect of study was not focussed on prevalence
Reilly, 2013 ⁸⁸	No relevant data
Reilly, 2011 ⁸⁹	Looking at academic performance in children with and without learning difficulties in an epilepsy population
Ricciardi, 201590	Not focussed on prevalence
Richard, 2017 ⁹¹	Not focussed on prevalence
Rodenburg, 2005 ⁹²	Not focussed on prevalence
Sanya, 2010 ⁹⁴	Not focussed on prevalence
Secinti, 2017 ⁹⁷	Not focussed on prevalence
Seethalakshmi, 2007 ⁹⁸	Not focussed on prevalence
Sen, 2018 ⁹⁹	Not focussed on prevalence
Srinivas, 2017 ¹⁰⁰	Not focussed on prevalence of conditions in protocol
Stevelink, 2019 ¹⁰¹	Not focussed on prevalence of conditions in protocol
Stewart, 2016 ¹⁰²	Not focussed on prevalence
Stewart, 2019 ¹⁰³	Not focussed on prevalence
Strasser, 2018 ¹⁰⁴	No relevant data
Tao, 2016 ¹⁰⁶	Not focussed on prevalence
Taylor, 2011 ¹⁰⁷	Not focussed on prevalence, HRQoL and costing
Theodore, 2006 ¹⁰⁸	Not focussed on prevalence of conditions in protocol
Thomson, 2014 ¹⁰⁹	Not focussed on prevalence, HRQoL
Tramoni-Negre, 2017 ¹¹⁰	Not focussed on prevalence
Trimble, 2003 ¹¹¹	Not focussed on prevalence
Trinka, 2019 ¹¹²	Looking at prevalence of epilepsy
Tuchman, 2011 ¹¹³	Not focussed on prevalence
van Ool, 2016 ¹¹⁴	Not focussed on prevalence
Vannest, 2015 ¹¹⁵	Not focussed on prevalence
Vazquez, 2003 ¹¹⁶	Not focussed on prevalence
Verche, 2018 ¹¹⁷	Not focussed on prevalence
Verrotti, 2015 ¹¹⁸	Not focussed on prevalence
Vonberg, 2016 ¹¹⁹	Conference abstract
Wade, 1986 ¹²⁰	looking at the prevalence of long-term diseases
Walsh, 2017 ¹²¹	Not focussed on prevalence

Walsh, 2018 ¹²²	Not focussed on prevalence
Werhahn, 2009 ¹²³	Not focussed on prevalence
Wickens, 2017 ¹²⁴	Not focussed on prevalence
Wiglusz, 2012 ¹²⁵	Not focussed on prevalence
Williams, 2016 ¹²⁶	No relevant data
Yang, 2020 ¹²⁷	Not focussed on prevalence
Yoong, 2015 ¹²⁸	Not focussed on prevalence
Yrondi, 2017 ¹²⁹	Not in English
Zapata Barco, 2020 ¹³⁰	Not in English