National Institute for Health and Care Excellence

Draft for consultation

Epilepsies in children, young people and adults: diagnosis and management

[15] Evidence review: Prevalence of psychological disorders in people with Epilepsies

NICE guideline <number>

Evidence reviews underpinning recommendations 9.1.1 – 9.1.4 *in the NICE guideline*

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Draft for Consultation

Developed by the National Guideline Centre, hosted by the Royal College of Physicians



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Prevalence of depression, anxiety, learning disability and behavioural/cognitive difficulties in people with epilepsies

5 **1.1 Review question**

6 What is the prevalence of depression, anxiety, intellectual disability, developmental 7 difficulties and cognitive difficulties in people with epilepsies?

8 1.1.1 Introduction

9 Epilepsy is an unusual diagnosis in neurology in that the diagnosis is conferred on the basis 10 of a single symptom, seizures. However, the underlying genetic abnormality or pathology in 11 the brain that results in seizures can also predispose to other disturbances in brain function. 12 Knowledge and awareness of these other disorders are essential for the care of people with 13 epilepsy. Some of the treatments aimed at controlling seizures can have an adverse effect 14 on common co-morbidities.

This chapter examines the prevalence of core mental illnesses (depression, anxiety,
psychosis), co-morbid neurodevelopmental disorders (intellectual disability, autistic spectrum
disorders, ADHD) and other acquired cognitive difficulties such as dementia in this
population.

19 1.1.2 Summary of the protocol

20 For full details, see the review protocol in Appendix A

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Table 1: PICO characteristics of review question

| Population | Inclusion: Children, young people and adults with confirmed epilepsy. Exclusion: New-born babies (under 28 days) with acute symptomatic seizures. |
|----------------------------|--|
| Outcomes/ Comorbidities | In people with Epilepsy, the prevalence of: • Depression • Anxiety • Learning disabilities • Cognitive difficulties • Dementia • psychosis |
| Study design | Systematic reviews of all studies reporting period prevalence (limited to period prevalence for all conditions except learning disabilities where point prevalence will also be included). |

22 **1.1.3 Methods and process**

This evidence review was developed using the methods and process described in
 Developing NICE guidelines: the manual. Methods specific to this review question are
 described in the review protocol in appendix A and the methods document

26 Declarations of interest were recorded according to <u>NICE's conflicts of interest policy</u>.

1 1.1.4 Prevalence evidence

2 1.1.4.1 Included studies

A search was conducted for systematic reviews reporting prevalence data of depression, anxiety, learning disabilities, cognitive difficulties, dementia and psychosis in people with epilepsy. Ten studies were included in the review, ^{7, 27, 39, 42, 43, 51, 52, 69, 95, 96} these are summarised below. Evidence from these studies is summarised in the clinical evidence summary below (Table 3). See also the study selection flow chart in 32Appendix C, study evidence tables in Appendix D, forest plots in Appendix F.

9 Most of the included systematic reviews were unable to perform meta-analyses due to 10 insufficient reporting of data, therefore, the data predominantly extracted for this evidence 11 review was the range of prevalence percentages from individual studies. Pooled data for 12 prevalence was only reported in two systematic reviews, Scott 2017⁹⁵ and Scott 2020⁹⁶, 13 where meta-analyses were possible.

- The diagnostic method used to measure the comorbidities varied amongst individual studies
 included in each systematic review; this may explain the wide variation observed in the
 prevalence statistics.
- 18 The risk of bias for the systematic reviews included was assessed using the ROBIS tool, 19 which assesses the risk of bias in systematic reviews by:
 - 1. Assessing the relevance
 - 2. identifying concerns with the review process
 - 3. judging the risk of bias in the review
- 23 Please see Appendix E for ROBIS assessment table.

24 1.1.4.2 Excluded studies

- The searches were limited to systematic reviews. Therefore, all individual studies investigating prevalence were excluded.
- 27 See the excluded studies list in Appendix G.

28 **1.1.5** Summary of studies included in the prevalence evidence

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Table 2: Summary of reviews included in the evidence review

| Study | Population | Comorbidity | Comments |
|--|--|---|--|
| Asadi-Pooya 2018 ⁷ | 26 studies included for people with epilepsy | Depression | High risk of bias Population age not defined |
| Cobham 2020 ²⁷ | 8 studies included 784 children and adolescents with epilepsy | Anxiety | High risk of bias |
| Fiest 2013 ³⁹ | 14 studies included Adults with epilepsy | Depression | Low risk of bias |
| Fonseca 2019 ⁴² , Fonseca 2020 ⁴³ | 33 studies included Children with absence epilepsy | Cognitive difficulties Learning disabilities | Low risk of bias |
| Jones 2014 ⁵¹ | Children and adolescents with epilepsy included | Anxiety | Very high risk of bias Narrative literature review, no methodology |

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| Study | Population | Comorbidity | Comments |
|----------------------------|--|------------------------------------|---|
| | | | or risk of bias assessment for included studies |
| Jones 2010 ⁵² | 13 studies included | Depression Anxiety Psychosis | High risk of bias Population age not defined |
| Maryam 2013 ⁶⁹ | 11 studies included 1095 children (4-19 years) with epilepsy | Depression | High risk of bias |
| Scott 2017 ⁹⁵ | 27 studies included 3221 adults with epilepsy | Depression Anxiety | Low risk of bias |
| Scott 2020 ⁹⁶ | 23 studies Children with epilepsy | Anxiety Depression | Low risk of bis |
| Subota 2017 ¹⁰⁵ | 2 studies included People with epilepsy | Dementia | Low risk of bias population age not defined |

See Appendix D for full evidence tables.

1.1.6 Summary of the evidence

Table 3: Clinical evidence summary: Depression

| Prevalence in people with Epilepsy | Systematic review | Type of prevalence Time-frame | Population | Risk of bias rating | comments/ Quality rating in review |
|--|-------------------------------|--|---------------------------------|---------------------|---|
| 6.6%-43.4% | Asadi-Pooya 2018 ⁷ | Period prevalence, unclear time-frame | Unclear | High | 2.9%-12.7% depression in general population |
| 13.2%-36.5% | Fiest 2013 ³⁹ | Period prevalence of past 30 days -12 months | Adults with active depression | Low | |
| 4.1%-32.5% | Fiest 2013 ³⁹ | Period - Lifetime depression prevalence | Adults with lifetime depression | Low | |
| 18%-39.7% | Jones 2010 ⁵² | Period prevalence, unclear time-frame | Unclear | High | |
| 5.2%-39.6% | Maryam 2013 ⁶⁹ | Period prevalence, unclear time-frame | Children | High | Aged 4-19 years old |
| 22.9% pooled prevalence | Subota 2017 ¹⁰⁵ | Period prevalence, unclear time-frame | Adults | Low | 16 years and older Figure 2 for forest plot |
| 13.5% (95% CI 8.8%– 20.2%) pooled prevalence | Scott 2020 ⁹⁶ | Period prevalence, unclear time-frame | Children | Low | Up to and including 18 years of age |

Table: Clinical evidence summary: Anxiety

| Prevalence in people with Epilepsy | Systematic review | Type of prevalence | Population | Risk of bias rating | comments |
|------------------------------------|---------------------------|--------------------------------------|------------|---------------------|---|
| 23.8%-50% | Cobham 2020 ²⁷ | Period prevalence, unclear length | Children | High | 12.4%-22% anxiety in general population |
| 9%-32% | Jones 2014 ⁵¹ | Period: lifetime | Children | Very high | Lifetime anxiety |

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| Prevalence in people with Epilepsy | Systematic review | Type of prevalence | Population | Risk of bias rating | comments |
|--|--------------------------|--|------------|---------------------|--|
| 8%-21% | Jones 2014 ⁵¹ | Mixed: current and past 12 months | children | Very high | |
| 10%-25% | Jones 2010 ⁵² | Period prevalence, unclear time-frame | Unclear | High | |
| 20.2% | Scott 2017 ⁹⁵ | Period prevalence, unclear time-frame | Adults | Low | 16 years and older Figure 3 for forest plot |
| 18.9% (95% Cl 12.0%–28.5%) pooled prevalence | Scott 2020 ⁹⁶ | Period prevalence, unclear time-frame | Children | Low | Up to and including 18 years of age |

Table 4: Clinical evidence summary: Learning disabilities

| Prevalence in people with Epilepsy | Systematic review | Type of prevalence | Population | Risk of bias rating | comments |
|---|--|--|------------|---------------------|---------------------|
| Dysgraphia: 26% | Fonseca 2019 ⁴² , Fonseca 2020 ⁴³ | Unclear, prevalence determined from school reports | Children | Low | Absence epilepsy |
| school difficulties/requiring special educational support: 23-70% | Fonseca 2019 ⁴² , Fonseca 2020 ⁴³ | Unclear, prevalence determined from school reports | Children | Low | Absence epilepsy |

Table 5: Clinical evidence summary: Cognitive difficulties

| Prevalence in people with Epilepsy | Systematic review | Type of prevalence | Population | Risk of bias rating | comments |
|---------------------------------------|--|--|------------|---------------------|---------------------|
| 24% | Fonseca 2019 ⁴² , Fonseca 2020 ⁴³ | Unclear, prevalence determined from school reports | Children | Low | Absence epilepsy |

Table 6: Clinical evidence summary: Dementia

| Prevalence in people with epilepsy | Systematic review | Type of prevalence | Population | Risk of bias rating | comments |
|------------------------------------|----------------------------|--------------------|------------|---------------------|-------------------|
| 8.1 to 17.5 per 100 persons | Subota 2017 ¹⁰⁵ | Period prevalence | Unclear | Low | No age defined |

Table 7: Clinical evidence summary: Psychosis

| Prevalence results | Systematic review | Type of prevalence | Population | Risk of bias rating | comments |
|--------------------|--------------------------|--|------------|---------------------|----------|
| 2-7% | Jones 2010 ⁵² | Period prevalence, unclear time-frame | unclear | High | |

1 **1.1.7 Economic evidence**

2 The committee agreed that health economic studies would not be relevant to this review 3 question and so were not sought.

4 1.1.8 The committee's discussion and interpretation of the evidence

5 1.1.8.1 The outcomes that matter most

6 This evidence review sought data for the prevalence of depression, anxiety, learning 7 disabilities, cognitive difficulties, dementia and psychosis in people with epilepsy. The 8 committee considered that recognition of prevalence is important in alerting clinicians to 9 common co-morbidities and to planning and delivering care to people with epilepsy.

10 1.1.8.2 The quality of the evidence

11 The systematic reviews included in this review matched the protocol requirement (see 12 Appendix A) for their individual studies inclusion criteria; reviews which deviated from this were excluded. In the absence of a standardised quality assessment tool for epidemiological 13 14 review questions, the ROBIS tool was applied. The ROBIS tool determines the risk of bias in 15 systematic reviews through a three-phase approach. Firstly, considering the relevance of each included systematic review to the research question, secondly, identifying any concerns 16 with the review process and lastly, judging the risk of bias. The rating from these three 17 phases was used to determine an overall risk of bias rating. The risk of bias across the 18 19 evidence included for this evidence review ranged from low to very high overall risk of bias. 20 High to very high risk of bias ratings were due to the lack of risk of bias assessment within 21 the review and/or insufficient information available on the review methodology to allow the 22 risk of bias assessments.

23 1.1.8.3 Benefits and harms

24 The recognition of the common comorbidities in people with epilepsy will benefit patients individually by ensuring they receive appropriate care and should also help inform the 25 26 appropriate organisation and delivery of services that are made accessible. This evidence review highlighted the increased psychological difficulties experienced by people with 27 28 epilepsy, with prevalence rates of depression and anxiety reported at a range of 4.1-43.4% 29 and 8-50% respectively, compared to the general population, which was reported at 2.9-12.7 30 and 12.4-22%, respectively. Clinically significant levels of dementia and psychosis were also reported in people with epilepsy at 8.1-17.5% and 7%, respectively. A review looking at data 31 32 from neuropsychological test results and school prevalence reports found children with epilepsy had high prevalence rates for learning disabilities, 26% for dysgraphia and 23-70% 33 34 for school difficulties and educational support and cognitive difficulties at 24%. Despite the 35 high to very high risk of bias rating of some of the included reviews, the guideline committee acknowledged the importance of these prevalence statistics and the need for better care-36 37 plans for people with epilepsy and comorbidities.

38 The committee was aware of variation in how services are organised and the patient 39 experience of seeing multiple specialists separately for different aspects of their condition. To 40 ensure appropriate care plans are put in place, the guideline committee considered epilepsy specialists and mental health specialists needed to work better together. The committee 41 42 acknowledged that often mental health specialists do not have enough information about 43 epilepsy to provide adequate support to people with epilepsy when referred to them. Equally, 44 there is a need for neurologists and paediatricians to recognise the clinical presentation of 45 intellectual difficulties in children with epilepsy. The committee also acknowledged the risk 46 associated between dementia and epilepsy and the need for better collaboration between epilepsy and geriatric services. The results of this review highlighted the close link between 47

epilepsy and depression, anxiety, psychosis and dementia. The committee expressed a need
 for shared working across all specialities involved as a joint multidisciplinary team. The
 committee noted that this close working relationship should also address the disconnect felt
 by people with epilepsy and their families/carers when having care split across separate
 clinicians. Furthermore, since ASM and anti-psychotic medication have adverse effects when
 taken together, joint-multidisciplinary working can help manage and review treatment plans.

7 1.1.9 Cost effectiveness and resource use

8 Cost effectiveness evidence was not sought as this is a question about prevalence.

9 The committee discussed the clinical evidence noting the prevalence of mental health co-10 morbidities, learning disabilities and dementia is increased in people with epilepsy. The committee acknowledged that current best practice for people with epilepsy with mental 11 health co-morbidities is to provide coordinated care using a multidisciplinary team approach 12 and to ensure effective communication and liaison between health care professionals across 13 the relevant services involved in the care of the person with epilepsy. The committee noted 14 15 that current best practice is observed in around 25% of NHS settings. Therefore, although the recommendations made by the committee reflect current best practice, they do not reflect 16 17 current practice for the majority of people.

- 18 The committee noted that although there will be a change in practice for the majority of health care providers, a multidisciplinary team approach for delivering care will likely be cost-19 20 saving in the long run. A multidisciplinary team approach with effective communication and liaison between health care professionals will also allow for better care to be delivered to 21 22 people with epilepsy who have mental health co-morbidities. The approach enables people 23 to access services simultaneously or consecutively with more effective sharing of 24 information. Sharing of information allows for better-tailored health care plans, and being 25 able to access services simultaneously or consecutively results in cost savings in the form of 26 fewer appointments and less administration time. For example, if a person presenting to a routine epilepsy appointment can then automatically be referred to a mental health service if 27 required, the person in question does not have to access the mental health service through a 28 29 primary care referral. The mental health service will also be aware of the type of assessment 30 or care required. This will either omit the need for an initial assessment or decrease the face-31 to-face time required for initial assessment depending on what is most suitable for the 32 person's health care needs. The committee also noted it may allow for initial appointments to 33 be conducted via telephone, which would also result in cost savings.
- 34 The committee also acknowledged that this approach would likely improve the person's quality-of-life as quicker referral times and more coherent health care are likely to make 35 people feel more valued and listened to. The committee noted that an epilepsy diagnosis 36 could be very challenging to live with. Some people receiving care feel as though their voice 37 is not heard and find it demoralising when they have to explain the same problem to different 38 health care professionals a number of times before they receive the appropriate care. This 39 positive impact on patient's quality of life would likely be seen for all epilepsy patients but 40 would be greatest for people who may feel more vulnerable initially (for example, people with 41 42 anxiety, learning disabilities or dementia).
- 43 Although the recommendations made will change practice for a large proportion of people, 44 the costs associated with this change will likely only be short-term whilst healthcare providers adapt to the changes required in communication across services. The additional costs 45 observed will be seen in the form of additional staff time spent liaising with different services, 46 47 but the committee noted this would be negligible if appropriate systems are put in place. For 48 example, a consultant may have to spend an additional couple of minutes after an appointment with a patient communicating with other teams or organising a referral, but less 49 50 administration in within the healthcare system will be observed overall compared to if a 51 person had to access a service through a primary care referral.

- 1 The committee did note that the recommendations may result in additional appointments 2 within the healthcare service as some people who would not have accessed services on their 3 own may now be referred for an appointment. However, the committee noted this would 4 likely only be a small number of patients. Also, for this group of people their care would have 5 been sub-optimal which would have likely had a negative impact on their quality of life and 6 potentially result in additional costs when accessing services at a later date.
- Overall, the recommendations made may result in an initial increase in costs for the NHS but
 will be cost-saving in the long-run and result in better health outcomes for patients.

9 1.1.10 Other factors the committee took into account

- The committee agreed the comorbidities of learning disabilities and dementia found within
 the review should be highlighted within the guideline by making a cross referral to existing
 NICE guidance
- 13 Mental health problems in people with learning disabilities: prevention, assessment and 14 management (https://www.nice.org.uk/guidance/ng54)
- Learning disabilities and behaviour that challenges: service design and delivery
 (<u>https://www.nice.org.uk/guidance/ng93</u>)
- 17Dementia: assessment, management and support for people living with dementia and their18carers (https://www.nice.org.uk/guidance/ng97)
- 19 See also evidence review 16 on Psychological treatments in people with epilepsy for cross-20 reference to NICE mental health guidance:
- Depression in adults with a chronic health problem, Depression in children and young
 people, Common mental health problems, Generalised anxiety disorder and panic disorder,
 Psychosis and schizophrenia in adults, and Psychosis and schizophrenia in children and
 young people.

25 1.1.11 Recommendations supported by this evidence review

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This evidence review supports recommendations 9.1.1 – 9.1.4 in the NICE guideline.

References

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Epilepsies in children, young people and adults DRAFT for consultation November 2021

1 Appendices

2 Appendix A Review protocols

A.1 Review protocol for prevalence of depression, anxiety, learning disability and behavioural/cognitive difficulties in people with epilepsies

| ID | Field | Content | | |
|----|-----------------|---|--|--|
| 1. | Review title | Prevalence of depression, anxiety, learning disability and behavioural/cognitive difficulties in people with epilepsies. | | |
| 2. | Review question | What is the prevalence of depression, anxiety, intellectual disability, developmental difficulties and cognitive difficulties in people with epilepsies? | | |
| 3. | Objective | To determine the prevalence of depression, anxiety, intellectual disability, developmental difficulties, and cognitive difficulties in people with epilepsies | | |
| 4. | Searches | The following databases (from inception) will be searched: | | |
| | | Cochrane Central Register of Controlled Trials (CENTRAL) | | |
| | | Cochrane Database of Systematic Reviews (CDSR) | | |
| | | • Embase | | |
| | | MEDLINE | | |
| | | PsycInfo | | |
| | | Searches will be restricted by: | | |
| | | English language studies | | |
| | | Human studies | | |
| | | Other searches: | | |

| | | Inclusion lists of systematic reviews |
|-----|---|---|
| | | The searches may be re-run 6 weeks before the final committee meeting and further studies retrieved for inclusion if relevant. |
| | | The full search strategies will be published in the final review. |
| 5. | Condition or domain being studied | |
| 6. | Population | Inclusion: Children, young people and adults with confirmed epilepsy |
| | | Exclusion: New-born babies (under 28 days) with acute symptomatic seizures. |
| 7. | Types of study to be included | Systematic reviews of all studies reporting period prevalence (limited to period prevalence for all conditions except learning disabilities where point prevalence will also be included) |
| 8. | Other exclusion criteria | Point prevalence reviews will be excluded as they risk an underestimation of the true prevalence (except for lifetime conditions i.e., learning disabilities) |
| | | Non-English language studies. |
| | | Conference abstracts will be excluded as it is expected there will be sufficient full text published studies available. |
| 9. | Context | Psychological difficulties are common comorbidities in patients with epilepsy, with a significant negative impact on quality of life. Many children and young people with epilepsy between the ages of 4 and 15 have one or more additional neurological disorders. Learning disabilities, for example, are more prevalent in individuals with epilepsy than in the general population. Cognitive impairment, including, but not limited to, memory difficulties, are observed in people with epilepsy. Such impairments can range from poor concentration and minor forgetfulness to those that have a significant impact on a person's ability to function independently. There are also emerging data relating to bidirectional links between epilepsy and dementia. All of these potential comorbidities are often under-recognised and may be improperly managed in people with epilepsies. |
| 10. | Primary outcomes (critical outcomes)/ comorbidities | In people with Epilepsy, the prevalence of: • Depression • Anxiety • Learning disabilities |
| | | Cognitive difficulties |

| | | Dementia Psychosis |
|-----|--|---|
| 11. | Data extraction (selection and coding) | EndNote will be used for reference management, sifting, citations and bibliographies. All references identified by the searches and from other sources will be screened for inclusion. 10% of the abstracts will be reviewed by two reviewers, with any disagreements resolved by discussion or, if necessary, a third independent reviewer. The full text of potentially eligible studies will be retrieved and will be assessed in line with the criteria outlined above. |
| | | A standardised form will be used to extract data from studies (see <u>Developing NICE guidelines: the manual</u> section 6.4). |
| | | 10% of all evidence reviews are quality assured by a senior research fellow. This includes checking:papers were included /excluded appropriately |
| | | a sample of the data extractions |
| | | correct methods are used to synthesise data |
| | | a sample of the risk of bias assessments |
| | | Disagreements between the review authors over the risk of bias in particular studies will be resolved by discussion, with involvement of a third review author where necessary. |
| 12. | Risk of bias (quality) assessment | ROBIS tool for assessing risk in systematic reviews. |
| | | 10% of all evidence reviews are quality assured by a senior research fellow. This includes checking: |
| | | papers were included /excluded appropriately |
| | | a sample of the data extractions |
| | | correct methods are used to synthesise data |
| | | a sample of the risk of bias assessments |
| | | Disagreements between the review authors over the risk of bias in particular studies will be resolved by discussion, with involvement of a third review author where necessary. |
| 13. | Strategy for data synthesis | Extracting prevalence as reported by systematic reviews. |
| 14. | Analysis of sub-groups | Stratification: |
| | | • Adults (>16 years) and children (≤16 years) |

| | | Subgroup: none | | | |
|-----|--|---|----------------|----------------------------|-----------|
| 15. | Type and method of review | | Intervention | | |
| | | Diagnostic | | | |
| | | Prognostic | | | |
| | | | Qualitative | | |
| | | | Epidemiologic | Epidemiologic (Prevalence) | |
| | | | Service Delive | ery | |
| | | | Other (please | specify) | |
| 16. | Language | English | | | |
| 17. | Country | England | | | |
| 18. | Anticipated or actual start date | | | | |
| 22. | Anticipated completion date | | | | |
| 19. | Stage of review at time of this submission | Review stage | | Started | Completed |
| | | Preliminary searches | | | |
| | | Piloting of the study selection process | | | |
| | | Formal screening of search results against eligibility criteria | | | |
| | | Data extraction | | | |
| | | Risk of bias (quality) assessment | | | |
| | | Data analysis | | | |

| 20. | Named contact | 5a. Named contact |
|-----|--------------------------------------|---|
| | | National Guideline Centre |
| | | 5b Named contact e-mail |
| | | NGCEpilepsies@nice.org.uk |
| | | 5e Organisational affiliation of the review |
| | | National Institute for Health and Care Excellence (NICE) and the National Guideline Centre |
| 21. | Review team members | National Guideline Centre: |
| 2. | Funding sources/sponsor | This systematic review is being completed by the National Guideline Centre which receives funding from NICE. |
| 23. | Conflicts of interest | All guideline committee members and anyone who has direct input into NICE guidelines (including the evidence review team and expert witnesses) must declare any potential conflicts of interest in line with NICE's code of practice for declaring and dealing with conflicts of interest. Any relevant interests, or changes to interests, will also be declared publicly at the start of each guideline committee meeting. Before each meeting, any potential conflicts of interest will be considered by the guideline committee Chair and a senior member of the development team. Any decisions to exclude a person from all or part of a meeting will be documented. Any changes to a member's declaration of interests will be recorded in the minutes of the meeting. Declarations of interests will be published with the final guideline. |
| 24. | Collaborators | Development of this systematic review will be overseen by an advisory committee who will use the review to inform the development of evidence-based recommendations in line with section 3 of <u>Developing NICE</u> <u>guidelines: the manual.</u> Members of the guideline committee are available on the NICE website: <u>https://www.nice.org.uk/guidance/indevelopment/gid-ng10112/documents</u> |
| 25. | Other registration details | |
| 26. | Reference/URL for published protocol | |
| 27. | Dissemination plans | NICE may use a range of different methods to raise awareness of the guideline. These include standard approaches such as: |
| | | notifying registered stakeholders of publication |

| | | publicising the guideline through NICE's newsletter and alerts issuing a press release or briefing as appropriate, posting news articles on the NICE website, using social media channels, and publicising the guideline within NICE. | |
|-----|--|--|--|
| 28. | Keywords | | |
| 29. | Details of existing review of same topic by same authors | | |
| 30. | Current review status | | Ongoing |
| | | | Completed but not published |
| | | | Completed and published |
| | | | Completed, published and being updated |
| | | | Discontinued |
| 31. | Additional information | | |
| 32. | Details of final publication | www.nice.org.uk | |

Appendix B Literature search strategies

- 2 This literature search strategy was used for the following review:
 - What is the prevalence of depression, anxiety, intellectual disability, developmental difficulties and cognitive difficulties in people with epilepsies?

The literature searches for this review are detailed below and complied with the methodology outlined in Developing NICE guidelines: the manual.⁷⁹

For more information, please see the Methodology review published as part of the
accompanying documents for this guideline.

9 B.1 Clinical search literature search strategy

Searches were constructed using a PICO framework where population (P) terms were
 combined with Intervention (I) and in some cases Comparison (C) terms. Outcomes (O) are
 rarely used in search strategies for interventions as these concepts may not be well
 described in title, abstract or indexes and therefore difficult to retrieve. Search filters were
 applied to the search where appropriate.

| Database | Dates searched | Search filter used |
|-----------------------------|---|---------------------------|
| Medline (OVID) | 1946 – 18 February 2021 | Systematic review studies |
| | | Exclusions |
| Embase (OVID) | 1974 – 18 February 2021 | Systematic review studies |
| | | Exclusions |
| he Cochrane Library (Wiley) | Cochrane Reviews to 2021 Issue 2 of 12 CENTRAL to 2021 Issue 2 of 12 | None |
| PsycINFO (ProQuest) | Inception – 18 February 2021 | Systematic review studies |

15 Table 8: Database date parameters and filters used

Medline (Ovid) search terms

| 1. | exp epilepsy/ |
|-----|--|
| 2. | seizures/ |
| 3. | exp status epilepticus/ |
| 4. | seizures, febrile/ |
| 5. | (dravet syndrome or epilep* or convuls* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome).ti,ab. |
| 6. | or/1-5 |
| 7. | letter/ |
| 8. | editorial/ |
| 9. | news/ |
| 10. | exp historical article/ |
| 11. | Anecdotes as Topic/ |
| 12. | comment/ |
| 13. | case report/ |

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| 14. | (letter or comment*).ti. |
|-----|---|
| 15. | or/7-14 |
| 16. | randomized controlled trial/ or random*.ti,ab. |
| 17. | 15 not 16 |
| 18. | animals/ not humans/ |
| 19. | exp Animals, Laboratory/ |
| 20. | exp Animal Experimentation/ |
| 21. | exp Models, Animal/ |
| 22. | exp Rodentia/ |
| 23. | (rat or rats or mouse or mice).ti. |
| 24. | or/17-23 |
| 25. | 6 not 24 |
| 26. | limit 25 to English language |
| 27. | Meta-Analysis/ |
| 28. | exp Meta-Analysis as Topic/ |
| 29. | (meta analy* or metanaly* or metaanaly* or meta regression).ti,ab. |
| 30. | ((systematic* or evidence*) adj3 (review* or overview*)).ti,ab. |
| 31. | (reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab. |
| 32. | (search strategy or search criteria or systematic search or study selection or data extraction).ab. |
| 33. | (search* adj4 literature).ab. |
| 34. | (medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab. |
| 35. | cochrane.jw. |
| 36. | ((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab. |
| 37. | or/27-36 |
| 38. | cognitive dysfunction/ |
| 39. | ((cognit* or neurocognit*) adj (dysfunction* or impair* or defec* or declin* or disorder* or deteriorat* or deficit* or difficult* or disabilit* or disabl*)).ti,ab. |
| 40. | depression/ or depressive disorder/ |
| 41. | anxiety/ |
| 42. | (anxiet* or anxious or depression or low mood or tearfulness or nervousness or sadness or depress* or melanchol*).ti,ab. |
| 43. | exp Mental Disorders/ |
| 44. | ((concentrat* or memory) adj2 (disorder* or difficult* or poor or lack* or impair* or disabilit* or disable*)).ti,ab. |
| 45. | ((attention or behavior* or behaviour* or intellectual* or language or neurodevelopment* or neurological* or perception or psych* or learning) adj3 (deficit* or difficult* or disabilit* or disabl* or disorder* or impair* or declin* or deteriorat*)).ti,ab. |
| 46. | (mental* adj3 (illness or ill or disorder* or factor* or impairment*)).ti,ab. |
| 47. | ((psychiatric or psychological*) adj3 (illness or ill or factor*)).ti,ab. |
| 48. | Learning Disabilities/ |
| 49. | dementia/ or alzheimer disease/ |
| 50. | (alzheimer* or dement*).ti,ab. |
| 51. | Psychotic Disorders/ |
| 52. | (psychotic* or psychoses or psychosis).ti,ab. |
| 53. | or/38-52 |
| 54. | 26 and 37 and 53 |

| mbase | (Ovid) search terms |
|-------|--|
| 1. | exp *epilepsy/ |
| 2. | *landau kleffner syndrome/ |
| 3. | exp *seizure/ |
| 4. | "seizure, epilepsy and convulsion"/ |
| 5. | (dravet syndrome or epilep* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome).ti,ab. |
| 6. | or/1-5 |
| 7. | letter.pt. or letter/ |
| 8. | note.pt. |
| 9. | editorial.pt. |
| 10. | case report/ or case study/ |
| 11. | (letter or comment*).ti. |
| 12. | or/7-11 |
| 13. | randomized controlled trial/ or random*.ti,ab. |
| 14. | 12 not 13 |
| 15. | animal/ not human/ |
| 16. | nonhuman/ |
| 17. | exp Animal Experiment/ |
| 18. | exp Experimental Animal/ |
| 19. | animal model/ |
| 20. | exp Rodent/ |
| 21. | (rat or rats or mouse or mice).ti. |
| 22. | or/15-21 |
| 23. | 6 not 22 |
| 24. | limit 23 to English language |
| 25. | systematic review/ |
| 26. | meta-analysis/ |
| 27. | (meta analy* or metanaly* or metaanaly* or meta regression).ti,ab. |
| 28. | ((systematic* or evidence*) adj3 (review* or overview*)).ti,ab. |
| 29. | (reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab. |
| 30. | (search strategy or search criteria or systematic search or study selection or data extraction).ab. |
| 31. | (search* adj4 literature).ab. |
| 32. | (medline or pubmed or cochrane or embase or psychit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab. |
| 33. | cochrane.jw. |
| 34. | ((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab. |
| 35. | or/25-34 |
| 36. | *cognitive defect/ |
| 37. | ((cognit* or neurocognit*) adj (dysfunction* or impair* or defec* or declin* or disorder* or deteriorat* or deficit* or difficult* or disabilit* or disabl*)).ti,ab. |
| 38. | depression/ |
| 39. | *anxiety/ |
| 40. | (anxiet* or anxious or depression or low mood or tearfulness or nervousness or sadness or depress* or melanchol*).ti,ab. |
| 41. | exp mental disease/ |

Prevalence of depression, anxiety, learning disability and behavioural/cognitive difficulties in people with epilepsies

| 42. | ((concentrat* or memory) adj2 (disorder* or difficult* or poor or lack* or impair* or disabilit* or disable*)).ti,ab. |
|-----|---|
| 43. | ((attention or behavior* or behaviour* or intellectual* or language or neurodevelopment* or neurological* or perception or psych* or learning) adj3 (deficit* or difficult* or disabilit* or disabl* or disorder* or impair* or declin* or deteriorat*)).ti,ab. |
| 44. | (mental* adj3 (illness or ill or disorder* or factor* or impairment*)).ti,ab. |
| 45. | ((psychiatric or psychological*) adj3 (illness or ill or factor*)).ti,ab. |
| 46. | learning disorder/ |
| 47. | dementia/ |
| 48. | (alzheimer* or dement*).ti,ab. |
| 49. | psychosis/ |
| 50. | (psychotic* or psychoses or psychosis).ti,ab. |
| 51. | or/36-50 |
| 52. | 24 and 35 and 51 |

Cochrane Library (Wiley) search terms

| #1. | MeSH descriptor: [Epilepsy] explode all trees |
|-------------|--|
| #2. | MeSH descriptor: [Seizures] this term only |
| #3. | MeSH descriptor: [Status Epilepticus] explode all trees |
| #4. | MeSH descriptor: [Seizures, Febrile] this term only |
| #5. | (dravet syndrome or epilep* or convuls* or continuous spike wave or slow sleep or landau kleffner syndrome or lennox gastaut syndrome or infant* spasm* or seizure* or west syndrome):ti,ab |
| #6. | (or #1-#5) |
| #7. | MeSH descriptor: [Cognitive Dysfunction] explode all trees |
| #8. | ((cognit* or neurocognit*) near/1 (dysfunction* or impair* or defec* or declin* or disorder* or deteriorat* or deficit* or difficult* or disabilit* or disabl*)):ti,ab |
| # 9. | MeSH descriptor: [Depression] explode all trees |
| #10. | MeSH descriptor: [Anxiety] explode all trees |
| #11. | (anxiet* or anxious or depression or low mood or tearfulness or nervousness or sadness or depress* or melanchol*):ti,ab |
| #12. | MeSH descriptor: [Mental Disorders] explode all trees |
| #13. | ((concentrat* or memory) near/2 (disorder* or difficult* or poor or lack* or impair* or disabilit* or disable*)):ti,ab |
| #14. | ((attention or behavior* or behaviour* or intellectual* or language or neurodevelopment* or neurological* or perception or psych* or learning) near/3 (deficit* or difficult* or disabilit* or disabl* or disorder* or impair* or declin* or deteriorat*)):ti,ab |
| #15. | (mental* near/3 (illness or ill or disorder* or factor* or impairment*)):ti,ab |
| #16. | ((psychiatric or psychological*) near/3 (illness or ill or factor*)):ti,ab |
| #17. | MeSH descriptor: [Learning Disabilities] explode all trees |
| #18. | MeSH descriptor: [Dementia] explode all trees |
| #19. | MeSH descriptor: [Alzheimer Disease] explode all trees |
| #20. | (alzheimer* or dement*):ti,ab |
| #21. | MeSH descriptor: [Psychotic Disorders] explode all trees |
| #22. | (psychotic* or psychoses or psychosis):ti,ab |
| #23. | (or #7-#22) |
| #24. | #6 and #23 |

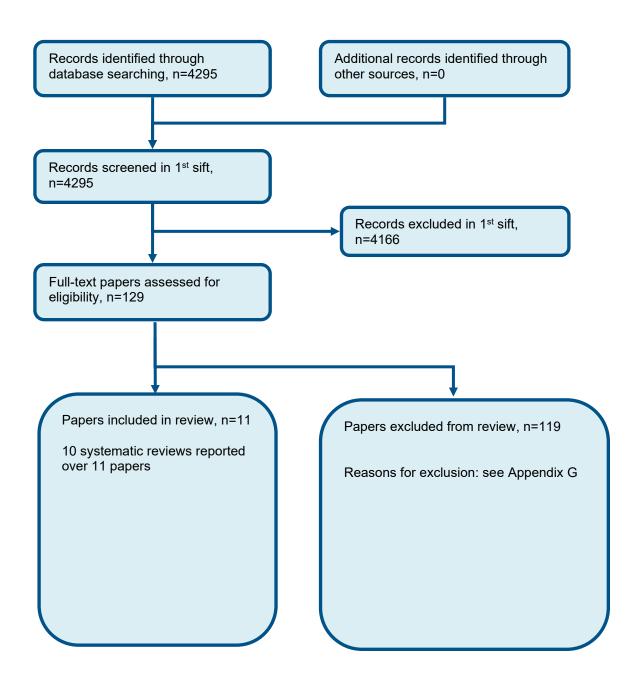
PsycINFO (ProQuest) search terms

| 1. | ((MJMAINSUBJECT.EXACT.EXPLODE("Epilepsy") OR |
|----|--|
| | MAINSUBJECT.EXACT("Seizures") OR MAINSUBJECT.EXACT("Status Epilepticus") |

| OR TI,AB(dravet syndrome OR epilep* OR continuous spike wave OR slow sleep OR |
|--|
| landau kleffner syndrome OR lennox gastaut syndrome OR infant* spasm* OR |
| seizure* OR west syndrome)) AND ((MAINSUBJECT.EXACT("Cognitive Impairment") |
| OR MAINSUBJECT.EXACT("Major Depression") OR |
| MAINSUBJECT.EXACT("Anxiety") OR MAINSUBJECT.EXACT("Mental Disorders") |
| OR MAINSUBJECT.EXACT("Dementia") OR MAINSUBJECT.EXACT("Alzheimer's |
| Disease") AND MAINSUBJECT.EXACT("Psychosis")) OR TI,AB((cognit* OR |
| neurocognit*) adj (dysfunction* OR impair* OR defec* OR declin* OR disorder* OR |
| deteriorat* OR deficit* OR difficult* OR disabilit* OR disabl*)) OR TI,AB(anxiet* OR |
| anxious OR depression OR low mood OR tearfulness OR nervousness OR sadness |
| OR depress* OR melanchol*) OR TI,AB((concentrat* OR memory) NEAR/2 (disorder* |
| OR difficult* OR poor OR lack* OR impair* OR disabilit* OR disable*)) OR |
| TI,AB((concentrat* OR memory) NEAR/2 (disorder* OR difficult* OR poor OR lack* OR |
| impair* OR disabilit* OR disable*)) OR TI,AB((attention OR behavior* OR behaviour* |
| OR intellectual* OR language OR neurodevelopment* OR neurological* OR perception |
| OR psych* OR learning) NEAR/3 (deficit* OR difficult* OR disabilit* OR disabl* OR |
| disorder* OR impair* OR declin* OR deteriorat*)) OR TI,AB(mental* NEAR/3 (illness |
| OR ill OR disorder* OR factor* OR impairment*)) OR TI,AB((psychiatric OR |
| psychological*) NEAR/3 (illness OR ill OR factor*)) OR TI,AB(alzheimer* or dement*) |
| OR TI,AB(psychotic* OR psychoses OR psychosis))) AND (((SU.EXACT("Literature |
| Review") OR RTYPE(review) OR ti(review) OR me(literature review)) AND |
| (ti,ab(systematic OR evidence OR methodol* OR quantitative*))) OR |
| SU.ÈXACT("Meta Analysis") OR ti,ab(meta-analys* OR metanalys* OR metaanalys* |
| OR meta analys*) OR ti,ab((systematic OR evidence* OR methodol* OR quantitative*) |
| NEAR/3 (review* OR overview*)) OR ti,ab((pool* OR combined OR combining) |
| NEAR/2 (data OR trials OR studies OR results)) OR RTYPE(systematic OR meta*) OR |
| ME(meta analysis OR systematic review))) |
| |

Appendix C Evidence study selection

Figure 1: Flow chart of clinical study selection for the review of prevalence of psychological disorders



1

Appendix D Clinical evidence

| Reference | Asadi-Pooya 2018 ⁷ |
|---|--|
| Study type and analysis | Systematic review of studies looking at depression prevalence in people with epilepsy. |
| Number of participants and characteristics | 26 studies were included in the review. Studies included were published between 1947 and 2017. Studies which focussed on special groups e.g., elderly and veterans were excluded. Specialists were invited from several countries to give prevalence data of depression for their respective countries. |
| Country | Counties across Asia |
| Outcomes/ Comorbidities | Prevalence of depression in people with Epilepsy |
| Results | Japan: 18.6% of people with epilepsy had depression, measured using the Japanese version of the Neurological Disorders Depression Inventory for Epilepsy (NDDI-E) was used to diagnose depression. The prevalence of major depression in the general population was reported at 2.9%, diagnostic information for this statistic was not given. South Korea: 21.5-27.8% of people with epilepsy had major depressive disorder compared to 3.3-5.6% life-time prevalence of major depressive disorder in the general population. The Korean version of the Neurological Disorders Depression Inventory for Epilepsy (K-NDDI-E) was used to diagnose depression, with a cut-off score of 11 suggesting major depressive disorder. China: 16.5-43.4% of people with epilepsy had depression compared to 3.6% life-time prevalence of |
| | major depressive disorder in the general population. The Chinese version of the Neurological Disorders Depression Inventory for Epilepsy (C-NDDI-E) was used to diagnose depression, cut-off score of 12 suggesting major depressive disorder. Taiwan: national health insurance research database showed people newly diagnosed with Epilepsy had higher occurrence of depression that people without epilepsy, HR 7.16 (95% CO 4.87-10.5), |
| | diagnostic information for this statistic was not given. Using the hospital anxiety and depression scale (HADS) in one clinic-based study of 260 PWE, 8.5% had scores suggestive of moderate to severe depression and 14.2% of mild depression. Psychiatric comorbidities were present in 24.6% of children with epilepsy, diagnostic information for this statistic was not given. |

| Reference | Asadi-Pooya 2018 ⁷ |
|--------------|---|
| | Iran: In one cross-sectional hospital-based study of 74 adult PWE 26 (35%) patients had symptoms of depression identified with the Beck Depression Inventory (BDI). 12.7% period prevalence of major depressive-disorder in the general population over 12 months was measured using the validated Persian translation of the Composite International Diagnostic Interview (CIDI; version 2.1). |
| | Overall range for depression in people with Epilepsy from the 26 studies included was 6.6-43.4% |
| Comments | No age group specified when searching papers, all data mixed for children and adults. |
| ROBIS rating | Overall rating: High risk of bias, this was due to the lack of risk of bias assessments carried out in the review for included studies. |

| Reference | Cobham 2020 ²⁷ |
|---|---|
| Study type and analysis | Systematic review of studies looking at anxiety prevalence in children with chronic medical conditions, i.e., epilepsy. |
| Number of participants and characteristics | 8 studies included, 784 participants, focussing on anxiety in children and adolescents with Epilepsy. Studies included were published between 1990 and 2018. |
| Country | Studies included were carried out in Nigeria, USA, Norway, Italy. |
| Outcomes/ Comorbidities | Anxiety |
| Results | The prevalence rates for any anxiety disorder in children with epilepsy was 23.8 to 50%, compared to 12.4 to 22% in healthy controls. The scales used to diagnose anxiety were Diagnostic and Statistical Manual of Mental Disorders (DSM-IV) combining parent and child interviews, Diagnostic Interview Schedule for Children (DISC-IV), Schedule for Affective Disorders and Schizophrenia for School-Age Children (K-SADS). |
| Comments | Study reported prevalence of other chronic conditions, only epilepsy data extracted. |
| ROBIS rating | Overall rating: High risk of bias, this was due to the lack of risk of bias assessments carried out in the review for included studies. |

| Reference | Fiest 2013 ³⁹ |
|---|--|
| Study type and analysis | Systematic review of studies looking at depression prevalence in people with epilepsy. |
| Number of participants and characteristics | 14 studies were included, 4 reported lifetime depression, 6 reported depression over the past 12 months and 4 reported depression over the past 30 days. The age of people included ranged from 37.2 to 52.4 years. Studies included were published between 1996 and 2011 and limited to cohort and cross-sectional design. |
| Country | Canada, USA, Europe, Asia, UK, Brazil |
| Outcomes/ Comorbidities | Depression |
| Results | Prevalence of active depression in adults with Epilepsy was taken from 9 studies (studies looking at past 30 days and 12 months) ranging from 13.2 to 36.5%. Lifetime depression in adults with Epilepsy was reported by 4 studies with a prevalence of 4.1 to 32.5%. Diagnosis of anxiety: World Mental Health Composite International Diagnostic Interview (WMH CIDI), outpatient visits, GP diagnosis, Schedule for Affective Disorders and Schizophrenia (SADS), Diagnostic and Statistical Manual of Mental Disorders (DSM-IV), self-reported of diagnosis by health professional, Composite International Diagnostic Interview - Short Form (CIDI-SF), Kessler 6 mental health scale, Centre for Epidemiology Studies–Depression Scale (CES-D) score of 15 or above, Hospital Anxiety and Depression Scale (HADS) 7 or above, HADS 8 or above. |
| Comments | Adults included in the review, but the search was not restricted to adults. Odds ratios were reported however this evidence review is focussing on prevalence and not association, therefore odds ratio data were not extracted. |
| ROBIS rating | Low risk of bias. |

| Reference | Fonseca 2019 ⁴² , Fonseca 2020 ⁴³ |
|-------------------------|--|
| Study type and analysis | Systematic review looking at prevalence of cognitive deficits in children with absence epilepsy. |
| Number of participants | 33 studies were included |

| Reference | Fonseca 2019 ⁴² , Fonseca 2020 ⁴³ |
|-------------------------|--|
| and characteristics | Absence epilepsy: defined as 3–4Hz spike-wave complexes or a syndromic classification of childhood absence epilepsy and juvenile absence epilepsy |
| Country | Not stated |
| Outcomes/ Comorbidities | Cognitive difficulties, learning disabilities |
| Results | Results from single studies found the following cognitive deficits in children with absence epilepsy; 24% cognitive difficulties and 26% dysgraphia. Data taken from school reports. |
| | Four studies looking investigating either school difficulties/requiring special educational support found a prevalence of 23-70% in children with absence epilepsy. |
| | Diagnosis: neuropsychological test results. |
| Comments | No pooled data was provided in this review. |
| ROBIS rating | Low risk of bias |

| Reference | Jones 2014⁵¹ |
|-------------------------|--|
| Study type and analysis | Narrative review of studies looking at anxiety prevalence in children and adolescents with epilepsy. |
| Number of participants | No information given regarding studies included, characteristics of populations reviewed. |
| and characteristics | |
| Country | Not stated |
| Outcomes/ Comorbidities | Anxiety |
| Results | The prevalence of lifetime anxiety ranged from 9-32% in children and adolescents with epilepsy compared to current/past 12-month prevalence of rates of 8-21%. |

| Reference | Jones 2014 ⁵¹ |
|--------------|--|
| | Diagnostic scales: Anxiety and Depression in Adolescents; A Self-Test, Anxiety and Depression in Children; A Test for Parents, Beck Anxiety Inventory for Youth (BYI_II), Multidimensional Anxiety Scale for Children (MASC 2). Revised Children's Manifest Anxiety Scale-Second Edition (RCMAS-2), Self-Report for Childhood Anxiety Related Emotional Disorders (SCARED), Spence Children's Anxiety Scale (SCAS), Self-Trait Anxiety Inventory for Children (STAIC). |
| Comments | This was a narrative summary of studies reporting anxiety prevalence's in children and adolescence. There were no details on methodology given in the review. In the absence of this information, this review will be downgraded in the ROBIS assessment. |
| ROBIS rating | Very high risk of bias due to the lack of methodology data and no risk of bias assessment. |

| Reference | Jones 2010 ⁵² |
|-------------------------|--|
| Study type and analysis | Systematic review of select studies to investigate prevalence of psychiatric disorders in epilepsy |
| Number of participants | 13 studies included in this review looking at prevalence of psychiatric disorders in people with epilepsy. |
| and characteristics | |
| Country | Not stated |
| Outcomes/ Comorbidities | Depression |
| | Anxiety |
| | psychosis |
| Results | Depression prevalence: 18-39.7%, diagnosis: community-based self-report mail survey, Diagnostic and Statistical Manual of Mental Disorders (DSM) defined |
| | Anxiety disorders prevalence: 10-25%, diagnosis: DSM defined. |
| | Psychosis prevalence: 2-7%, diagnosis: DSM defined. |

| Reference | Jones 2010 ⁵² |
|--------------|---|
| Comments | This review also reported the prevalence of mood disorders at 24-75% and personality disorders at 1-2% in people with epilepsy. |
| | Populations were not defined based on adults or children. |
| ROBIS rating | High risk of bias due to lack of information on protocol details and study selection. |

| Reference | Maryam 2013 ⁶⁹ |
|---|--|
| Study type and analysis | Systematic review focussing on depression in children and adolescents with epilepsy. |
| Number of participants and characteristics | 11 cross-sectional studies included total of 1095 children and adolescents ages 4-19 years old. Searches carried out for studies published in the past 15 years. |
| Country | USA, UK, Nigeria, Turkey, Brazil |
| Outcomes/ Comorbidities | Depression |
| Results | Prevalence of depression in children and adolescents with epilepsy ranged from 5.2-39.6%. |
| | Diagnosis: Diagnostic and Statistical Manual of Mental Disorders (DSM) or International Classification of Diseases (ICD) criteria. |
| Comments | One study found higher depression scores from parents (39.5%) compared to self-assessment from the children (23.1%). No risk of bias assessment reported. |
| ROBIS rating | High risk of bias due to the lack of risk of bias assessments. |
| | |

| Reference | Scott 2017 ⁹⁵ |
|-------------------------|---|
| Study type and analysis | Systematic review of studies looking at the prevalence of anxiety and depression in people with Epilepsy. Meta-analysis of the prevalence data was carried out to deduce pooled prevalence values. |

| Reference | Scott 2017 ⁹⁵ |
|--|--|
| Number of participants and characteristics | 27 studies and total of 3221 adults, aged 16 years and older, with epilepsy were included. Databases were searched for relevant studies up until July 2016. |
| Country | Not stated |
| Outcomes/ Comorbidities | Depression anxiety |
| Results | Overall pooled prevalence of depression disorders in people with epilepsy was 22.9%. (Figure 2) Overall pooled prevalence of anxiety disorders in people with epilepsy was 20.2%. (Figure 3) Diagnosis: Diagnostic and Statistical Manual of Mental Disorders (DSM IV), International Classification of Diseases Tenth Revision (ICS 10), |
| Comments | |
| ROBIS rating | Low risk of bias |
| Reference | Scott 2020 ⁹⁶ |
| Study type and analysis | Systematic review of studies looking at the prevalence of anxiety and depression in youths with Epilepsy. Meta-analysis of the prevalence data was carried out to deduce pooled prevalence values. |
| Number of participants and characteristics | Databases were searched for relevant studies up until October 2018. 23 studies were included with children aged up to and including 18 years with a confirmed diagnosis of epilepsy. |
| Country | USA, Africa, Europe |
| Outcomes/ Comorbidities | Anxiety |
| | Depression |

| Reference | Scott 2020 ⁹⁶ |
|--------------|---|
| Results | The overall pooled prevalence of anxiety disorders in children with epilepsy was 18.9% (95% CI 12.0%–28.5%), and for depression the pooled prevalence was 13.5% (95% CI 8.8%–20.2%). |
| | Diagnosis: Diagnostic and Statistical Manual of Mental Disorders (DSM III), Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS), Diagnostic Interview Schedule for Children (DISC-IV) |
| Comments | |
| ROBIS rating | Low risk of bias |

| Reference | Subota 2017 ¹⁰⁵ |
|---|--|
| Study type and analysis | Systematic review of studies looking at the prevalence of dementia in people with epilepsy. |
| Number of participants and characteristics | Of the 8 studies included in this review, only 2 studies were in people with epilepsy who later developed dementia that prevalence data for dementia |
| Country | Sweden, USA |
| Outcomes/ Comorbidities | Dementia |
| Results | The period prevalence of dementia ranged from 8.1 to 17.5 per 100 persons among persons with epilepsy. Diagnosis: National Institute of Neurological and Communicative Disorders and Stroke and the Alzheimer's Disease and Related Disorders Association (NINCDS-ADRDA), International Classification of Diseases Ninth Revision (ICD-9) |
| Comments | Populations were not defined based on adults or children. Meta-analysis could not be carried out due to insufficient data. |
| ROBIS rating | Low risk of bias |

1

Appendix E ROBIS assessment

| 2 |
|---|
| |
| 2 |

| _ | | Phase | 2 | | Phase 3 |
|--------------------------|-------------------------------------|--|---|------------------------------------|----------------------------------|
| Study | 1. STUDY ELIGIBILITY CRITERIA | 2. IDENTIFICATION AND SELECTION OF STUDIES | 3. DATA COLLECTION AND STUDY APPRAISAL | 4. SYNTHESIS AND FINDINGS | RISK OF BIAS IN THE REVIEW |
| Asadi- Pooya 2018 | Low | Low | High | Low | High ¹ |
| Cobham 2020 | Low | Low | High | Low | High ¹ |
| Fiest 2013 | Low | Low | Low | Low | Low |
| Fonseca 2019, 2020 | Low | Low | Low | Low | Low |
| Jones 2014 | High | High | High | Low | Very high ^{1,2} |
| Jones 2010 | High | High | Low | low | High ² |
| Maryam 2012 | Low | Low | High | Low | High ¹ |
| Scott 2017 | Low | Low | Low | Low | Low |
| Scott 2019 | Low | Low | Low | Low | Low |
| Subota 2017 | Low | Low | Low | Low | Low |

¹There was no details on risk of bias assessment in this review. ²There was insufficient information on the review methodology

Prevalence of depression, anxiety, learning disability and behavioural/cognitive difficulties in people with epilepsies

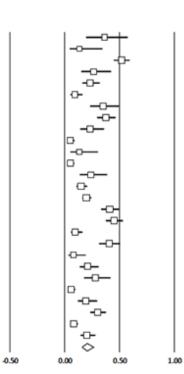
Appendix F Forest plots Figure 2: Prevalence of depression in adults with Epilepsy

| | | | | | - | | | | - 1 2 | |
|-----------------------|------------|---------------|----------------|----------------|-----------|---------|-------|-------|-----------------------|--------|
| Study name | Outcome | | Statis | tics for ea | ich study | | | | Event rate and 95% Cl | |
| | | Event rate | Lower limit | Upper limit | Z-Value | p-Value | | | | |
| van Elst 2003 | Depression | 0.590 | 0.381 | 0.771 | 0.840 | 0.401 | | | + | I |
| Cankurtan 2005 | Depression | 0.045 | 0.006 | 0.261 | -2.971 | 0.003 | | | | |
| Jones 2005 | Depression | 0.212 | 0.158 | 0.279 | -7.078 | 0.000 | | | -0- | |
| de Araujo Filho 2006 | Depression | 0.210 | 0.109 | 0.367 | -3.327 | 0.001 | | | -0 | |
| de Araujo Filho 2007 | Depression | 0.190 | 0.125 | 0.279 | -5.688 | 0.000 | | | -0- | |
| de Araujo Filho 2007b | Depression | 0.268 | 0.192 | 0.360 | -4.582 | 0.000 | | | -0- | |
| Jones 2007 | Depression | 0.380 | 0.255 | 0.523 | -1.646 | 0.100 | | | -0- | |
| Mula 2008 | Depression | 0.248 | 0.178 | 0.334 | -5.182 | 0.000 | | | -0- | |
| Ertekin 2009 | Depression | 0.275 | 0.174 | 0.405 | -3.239 | 0.001 | | | -0 | |
| Guarnieri 2009 | Depression | 0.194 | 0.143 | 0.257 | -7.681 | 0.000 | | | 0 | |
| Mazza 2009 | Depression | 0.133 | 0.051 | 0.306 | -3.487 | 0.000 | | | -0 | |
| Sperli 2009 | Depression | 0.175 | 0.130 | 0.231 | -8.679 | 0.000 | | | 0 | |
| Garcia Espinosa 2010 | Depression | 0.167 | 0.082 | 0.311 | -3.884 | 0.000 | | | -0 | |
| Kanner 2010 | Depression | 0.165 | 0.119 | 0.224 | -8.363 | 0.000 | | | - D- | |
| Sanchez-Gistau 2010 | Depression | 0.235 | 0.193 | 0.283 | -9.282 | 0.000 | | | 0 | |
| Machado 2011 | Depression | 0.842 | 0.769 | 0.895 | 6.985 | 0.000 | | | | -0- |
| Al-Asmi 2012 | Depression | 0.266 | 0.201 | 0.342 | -5.493 | 0.000 | | | | |
| de Araujo Filho 2012 | Depression | 0.234 | 0.166 | 0.320 | -5.384 | 0.000 | | | | |
| de Oliveira 2012 | Depression | 0.281 | 0.200 | 0.379 | -4.138 | 0.000 | | | - <u>-</u> - | |
| Gulpek 2011 | Depression | 0.160 | 0.082 | 0.289 | -4.299 | 0.000 | | | -0 | |
| Pauli 2012 | Depression | 0.197 | 0.124 | 0.298 | -5.030 | 0.000 | | | -0- | |
| Desai 2014 | Depression | 0.260 | 0.157 | 0.398 | -3.244 | 0.001 | | | -0 | |
| Baldin 2015 | Depression | 0.128 | 0.092 | 0.175 | -10.277 | 0.000 | | | D - | |
| de Araujo Filho 2015 | Depression | 0.301 | 0.207 | 0.415 | -3.302 | 0.001 | | | -0 | |
| Gandy 2015 | Depression | 0.310 | 0.241 | 0.389 | -4.487 | 0.000 | | | | |
| Barbieri 2015 | Depression | 0.056 | 0.033 | 0.093 | -10.228 | 0.000 | | | D | |
| Suda 2016 | Depression | 0.078 | 0.042 | 0.139 | -7.494 | 0.000 | | | D- | |
| | | 0.229 | 0.182 | 0.284 | -8.239 | 0.000 | | | \diamond | I |
| | | | | | | | -1.00 | -0.50 | 0.00 0.5 | 0 1.00 |

Scott 201795

Figure 3: Prevalence of anxiety in adults with Epilepsy

| | | | | • | | |
|-----------------------|---------|---------------------------|----------------|----------------|---------|---------|
| Study name | Outcome | Statistics for each study | | | | |
| | | Event rate | Lower limit | Upper limit | Z-Value | p-Value |
| van Eist 2003 | Anxiety | 0.363 | 0.193 | 0.576 | -1.268 | 0.205 |
| Cankurtan 2005 | Anxiety | 0.136 | 0.044 | 0.348 | -2.973 | 0.003 |
| Jones 2005 | Anxiety | 0.521 | 0.447 | 0.594 | 0.554 | 0.580 |
| de Araujo Filho 2006 | Anxiety | 0.263 | 0.148 | 0.424 | -2.797 | 0.005 |
| de Araujo Filho 2007 | Anxiety | 0.230 | 0.158 | 0.322 | -5.085 | 0.000 |
| de Araujo Filho 2007b | Anxiety | 0.092 | 0.050 | 0.164 | -6.813 | 0.000 |
| lones 2007 | Anxiety | 0.350 | 0.229 | 0.494 | -2.046 | 0.041 |
| Mula 2008 | Anxiety | 0.376 | 0.293 | 0.467 | -2.654 | 0.008 |
| Ertekin 2009 | Anxiety | 0.232 | 0.140 | 0.360 | -3.781 | 0.000 |
| Guarnieri 2009 | Anxiety | 0.050 | 0.026 | 0.092 | -8.752 | 0.000 |
| Mazza 2009 | Anxiety | 0.133 | 0.051 | 0.306 | -3.487 | 0.000 |
| iperli 2009 | Anxiety | 0.053 | 0.030 | 0.092 | -9.515 | 0.000 |
| Sarcia Espinosa 2010 | Anxiety | 0.238 | 0.133 | 0.389 | -3.212 | 0.001 |
| (anner 2010 | Anxiety | 0.149 | 0.105 | 0.206 | -8.621 | 0.000 |
| anchez-Gistau 2010 | Anxiety | 0.198 | 0.159 | 0.243 | -10.339 | 0.000 |
| Machado 2011 | Anxiety | 0.410 | 0.329 | 0.496 | -2.049 | 0.040 |
| Al-Asmi 2012 | Anxiety | 0.451 | 0.373 | 0.531 | -1.198 | 0.231 |
| se Araujo Filho 2012 | Anxiety | 0.095 | 0.053 | 0.164 | -7.088 | 0.000 |
| de Oliveira 2012 | Anxiety | 0.405 | 0.313 | 0.507 | -1.831 | 0.067 |
| Gulpek 2011 | Anxiety | 0.080 | 0.030 | 0.195 | -4.685 | 0.000 |
| Pauli 2012 | Anxiety | 0.209 | 0.134 | 0.311 | -4.870 | 0.000 |
| Desai 2014 | Anxiety | 0.280 | 0.173 | 0.419 | -2.999 | 0.003 |
| Baldin 2015 | Anxiety | 0.060 | 0.037 | 0.097 | -10.476 | 0.000 |
| de Araujo Filho 2015 | Anxiety | 0.192 | 0.117 | 0.298 | -4.836 | 0.000 |
| sandy 2015 | Anxiety | 0.300 | 0.231 | 0.379 | -4.708 | 0.000 |
| Barbieri 2015 | Anxiety | 0.081 | 0.053 | 0.122 | -10.436 | 0.000 |
| Suda 2016 | Anxiety | 0.203 | 0.142 | 0.282 | -6.224 | 0.000 |
| | | 0.202 | 0.153 | 0.260 | -8.108 | 0.000 |
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Event rate and 95% Cl

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1 Appendix G Excluded studies

2 G.1 Clinical studies

| Reference | Exclusion reason |
|--------------------------------------|---|
| Sajatovi, 2019 ⁹³ | Systematic review investigating Self-management strategies of epileps |
| Abraham, 2019 ¹ | Systematic review investigating suicide rates |
| Allebone, 2018 ² | Systematic review did not investigate prevalence of psychosis |
| Amiet, 2008 ³ | association study for autism, learning disability and epilepsy focussing on an autistic population |
| Anderson, 2010 ⁴ | Systematic review focussed on drug monitoring and safety |
| Arana, 2010 ⁵ | Systematic review investigating suicide rates |
| Arico, 2020 ⁶ | Systematic review did not investigate prevalence |
| Bagary, 2017 ⁸ | Conference abstract |
| Banach, 2010 ⁹ | looking at effects of prenatal AEDs on children's intellectual development |
| Baranowski, 2018 ¹⁰ | Systematic review investigating quality of life in epilepsy |
| Beavis, 2007 ¹¹ | Systematic review did not investigate prevalence |
| Bell, 2008 ¹² | Systematic review investigating drowning |
| Bell, 2009 ¹³ | Systematic review investigating suicide rates |
| Bell, 2009 ¹⁴ | Systematic review investigating suicide rates |
| Benamer, 2009 ¹⁵ | systematic review focussed on the prevalence of epilepsy |
| Besag, 2015 ¹⁶ | Systematic review on epileptic surgery |
| Beyenburg, 2005 ¹⁷ | Systematic review did not investigate prevalence |
| Blickwedel, 2019 ¹⁸ | Systematic review did not investigate prevalence |
| Boot, 2012 ¹⁹ | Systematic review did not investigate prevalence |
| Bowley, 2000 ²⁰ | Incorrect population |
| Brandt, 2016 ²¹ | Systematic review did not investigate prevalence |
| Breuer, 2016 ²² | Systematic review did not investigate prevalence |
| Britton, 2010 ²³ | Systematic review did not investigate prevalence |
| Brodie, 2016 ²⁴ | Conference abstract |
| Butler, 2008 ²⁵ | Systematic review did not investigate prevalence |
| Cavanna, 2010 ²⁶ | Systematic review did not investigate prevalence |
| Cobham, 2020 ²⁷ | |
| Collaborators, 2019 ⁴⁶ | systematic review looking at the prevalence of epilepsy |
| Cubała, 2018 ²⁸ | Conference abstract |
| Cyr, 2021 ²⁹ | Systematic review did not investigate prevalence |
| de Winter, 2011 ³⁰ | Systematic review did not investigate prevalence |
| Deb, 2020 ³¹ | Systematic review did not investigate prevalence |
| Doran, 2016 ³² | Systematic review did not investigate prevalence |
| Doran, 2015 ³³ | Conference abstract |
| Elliott, 2014 ³⁴ | Systematic review with incorrect population |

| Ferrer, 2013 ³⁵ | Conference abstract |
|---|---|
| Ferrer, 2014 ³⁶ | Systematic review did not investigate prevalence |
| Fiest, 2012 ³⁷ | Conference abstract |
| Fiest, 2012 ³⁸ | Conference abstract |
| Fiest, 2013 ³⁹ | |
| Finzel, 200940 | conference abstract |
| Fitzgerald, 2009 ⁴¹ | Incorrect population |
| Fonseca Wald, 2019 ⁴² | |
| Gandy, 201245 | risk prediction review |
| Gandy, 201344 | Systematic review did not investigate prevalence |
| Gill, 2017 ⁴⁷ | Systematic review did not investigate prevalence |
| Hall, 2009 ⁴⁸ | No prevalence data |
| Johnson, 201849 | review on panic attacks |
| Johnson, 2016 ⁵⁰ | No prevalence data |
| Kanner, 2003 ⁵³ | No prevalence data |
| Kanner, 2002 ⁵⁴ | No prevalence data |
| Kattimani, 2011 ⁵⁵ | No relevant data |
| Kavros, 2008 ⁵⁶ | No prevalence data |
| Kim, 2018 ⁵⁷ | point prevalence data only |
| Kolc, 2019 ⁵⁸ | Systematic review did not investigate prevalence |
| Kolevzon, 2019 ⁵⁹ | Incorrect population |
| Kutlubaev, 2018 ⁶⁰ | Systematic review did not investigate prevalence |
| Kwok, 2007 ⁶¹ | Incorrect population |
| Lagogianni, 2020 ⁶² | review focussing on fatigue |
| Lai, 1997 ⁶³ | Not focussing on prevalence |
| Lax-Pericall, 2019 ⁶⁴ | Looking at gender as a risk factor for psychiatric disorders in epilepsy |
| Loughman, 2016 ⁶⁵ | Not focussing on prevalence |
| Loughman, 2014 ⁶⁶ | Not focussing on prevalence |
| Lukmanji, 2019 ⁶⁷ | Not relevant information, review focussing on autism |
| M, 2015 ⁶⁸ | point prevalence data only |
| Maryam, 2013 ⁶⁹ | |
| Menlove, 2015 ⁷⁰ | No prevalence data |
| Michelucci, 1989 ⁷¹ | Incorrect population |
| Monteagudo- Gimeno, 2020 ⁷² | Not focussing on prevalence |
| Monti, 2015 ⁷³ | Not focussing on prevalence |
| Muhigwa, 2020 ⁷⁴ | Not focussing on prevalence of psychological disorders |
| Mula, 2010 ⁷⁵ | Not focussing on prevalence |
| Mula, 2011 ⁷⁶ | Reviewing suicide rates |
| Mula, 2020 ⁷⁷ | The only relevant data is a summary of Fiest 2013 which is already included |
| | |

| Mula, 2010 ⁷⁸ | Not focussing on prevalence |
|--------------------------------------|--|
| Neumann, | Not in English |
| 2016 ⁸⁰ | |
| Otero, 2009 ⁸¹ | Not focussed on prevalence |
| Parnas, 1982 ⁸² | Not focussed on prevalence |
| Patten, 2018 ⁸³ | Not focussed on prevalence |
| Pinquart, 2011 ⁸⁵ | Review not focussing on prevalence |
| Pinquart, 2011 ⁸⁴ | Not focussed on Epilepsy and prevalence |
| Quintas, 2012 ⁸⁶ | Not focussed on prevalence |
| Ramanujam, 2017 ⁸⁷ | Systematic review aspect of study was not focussed on prevalence |
| Reilly, 2013 ⁸⁸ | No relevant data |
| Reilly, 2011 ⁸⁹ | Looking at academic performance in children with and without learning difficulties in an epilepsy population |
| Ricciardi, 201590 | Not focussed on prevalence |
| Richard, 2017 ⁹¹ | Not focussed on prevalence |
| Rodenburg, 2005 ⁹² | Not focussed on prevalence |
| Sanya, 2010 ⁹⁴ | Not focussed on prevalence |
| Secinti, 2017 ⁹⁷ | Not focussed on prevalence |
| Seethalakshmi, 2007 ⁹⁸ | Not focussed on prevalence |
| Sen, 2018 ⁹⁹ | Not focussed on prevalence |
| Srinivas, 2017 ¹⁰⁰ | Not focussed on prevalence of conditions in protocol |
| Stevelink, 2019 ¹⁰¹ | Not focussed on prevalence of conditions in protocol |
| Stewart, 2016 ¹⁰² | Not focussed on prevalence |
| Stewart, 2019 ¹⁰³ | Not focussed on prevalence |
| Strasser, 2018 ¹⁰⁴ | No relevant data |
| Tao, 2016 ¹⁰⁶ | Not focussed on prevalence |
| Taylor, 2011 ¹⁰⁷ | Not focussed on prevalence, HRQoL and costing |
| Theodore, 2006 ¹⁰⁸ | Not focussed on prevalence of conditions in protocol |
| Thomson, 2014 ¹⁰⁹ | Not focussed on prevalence, HRQoL |
| Tramoni-Negre, 2017 ¹¹⁰ | Not focussed on prevalence |
| Trimble, 2003 ¹¹¹ | Not focussed on prevalence |
| Trinka, 2019 ¹¹² | Looking at prevalence of epilepsy |
| Tuchman, 2011 ¹¹³ | Not focussed on prevalence |
| van Ool, 2016 ¹¹⁴ | Not focussed on prevalence |
| Vannest, 2015 ¹¹⁵ | Not focussed on prevalence |
| Vazquez, 2003 ¹¹⁶ | Not focussed on prevalence |
| Verche, 2018 ¹¹⁷ | Not focussed on prevalence |
| Verrotti, 2015 ¹¹⁸ | Not focussed on prevalence |
| Vonberg, 2016 ¹¹⁹ | Conference abstract |
| Wade, 1986 ¹²⁰ | looking at the prevalence of long-term diseases |
| Walsh, 2017 ¹²¹ | Not focussed on prevalence |
| | |

| Walsh, 2018 ¹²² | Not focussed on prevalence |
|--------------------------------------|----------------------------|
| Werhahn, 2009 ¹²³ | Not focussed on prevalence |
| Wickens, 2017 ¹²⁴ | Not focussed on prevalence |
| Wiglusz, 2012 ¹²⁵ | Not focussed on prevalence |
| Williams, 2016 ¹²⁶ | No relevant data |
| Yang, 2020 ¹²⁷ | Not focussed on prevalence |
| Yoong, 2015 ¹²⁸ | Not focussed on prevalence |
| Yrondi, 2017 ¹²⁹ | Not in English |
| Zapata Barco, 2020 ¹³⁰ | Not in English |