## NICE Collaborating Centre for Social Care

### Social care of older people with multiple long-term conditions Guideline Development Group meeting 8

Monday 17<sup>th</sup> November 2014, 10.30am – 4.50pm SCIE Offices, Shared Meeting Space, 206 Marylebone Rd, London NW1 6AQ

#### **Minutes**

Guideline Development Group Members				
Name	Role			
Bernard Walker (BW)	GDG Chair			
Beth Britton (BBr)	Carer			
Kevin Minier (KM)	Carer			
Ann MacFarlane (AM)	Service user			
Diana Robinson (DRo)	Service user and carer			
Gillian Crosby (GC)	Researcher			
Deborah Read (DRe)	Social Worker			
Karin Tancock (KT)	Occupational Therapist			
Jeremiah Kelleher (JK)	Local authority manager			
Chris Wood (CW)	Researcher			
Janet Reynolds (JR)	Social Worker			
Philippa Thompson (PTh)	Home care provider			
Ann Workman (AW)	Local authority manager			

#### Other invitees

The NCCSC is a collaboration led by SCIE











Name	Role	Organisation
Amanda Edwards (AE)	NCCSC Director	NCCSC (SCIE)
Beth Anderson (BA)	Senior Lead	NCCSC (SCIE)
Palida Teelucknavan (PTe)	Project Manager	NCCSC (SCIE)
Naila Dracup (ND)	Information Specialist	NCCSC (SCIE)
Deborah Rutter (DRu)	Lead Systematic Reviewer	NCCSC (SCIE)
Isabel Quilter (IQ)	Research Assistant	NCCSC (SCIE)
Carol Vigurs (CV)	Systematic Reviewer	NCCSC (EPPI)
Marija Trachtenberg (MT)	Economist	NCCSC (PSSRU)
Gerry Nosowska (GN)	Dissemination and Adoption Support	NCCSC (RIP/RIPFA)
Nick Staples (NS)	Project Manager	NICE
Joanna Lenham (JL)	Practice Development Manager (observer)	NCCSC (SCIE)
Rachel Mortimer (RM)	Expert Witness	Engage & Create
Melissa March (MM)	Expert Witness	Learning for the 4 <sup>th</sup> Age

Apologies	
Name	Organisation
Belinda Black (BBI)	GDG member (Care home provider)
Maggie Winchcombe (MW)	GDG member (Occupational Therapist)
Lelly Oboh (LO)	GDG member (Consultant Pharmacist)

No	Agenda Item	Minutes for NICE website	Action/Owner
1.	Welcome, apologies and conflicts of	The Chair welcomed everyone to the meeting and the apologies were noted.	
	interest	There was an update to the agenda where the economics slot would instead be presented at the next meeting.	
		The following GDG members declared some new interests:	
		BBr declared that she recently received payment for implementing GP training at the Royal Surrey County Hospital NHS Foundation Trust.	
		JK declared that he was undertaking paid work with Healthwatch Norfolk which involves visiting a care home as part of a project to examine service for older people with dementia. It is strictly local. The project will report in the spring of this year.	
		JR declared that she was undertaking paid work for Alder Advice in reassessing high cost support plans for people with learning disabilities on behalf of a local authority.	
		The Chair confirmed that the new declared interests were not conflicts.	
2.	Minutes and matters arising	The GDG reviewed the minutes of the last meeting and some corrections were noted.	Action 1: NCCSC to re-circulate the review protocol to the GDG.
		Action 4: 'NCCSC to re-circulate the review protocol to the GDG' was outstanding and this will be completed before the next meeting.	Action 2: PTe to make corrections to the minutes.
		Correct typo on page 6.	
		Correction on page 7 - Expert Patients Programme: DRo clarified that this was no longer a NHS initiative.	
3.	Developing recommendations	BA reminded members about what should be considered when making recommendations and presented the NICE decision making flow diagram to assist with this process.	
4.	Service user & carer perspective	As part of the wider context-setting, KM shared his experience as a carer and the importance of this role.	
5.	Expert witness on social isolation (RQ 2.1.6)	The GDG identified gaps in the evidence for the following review question (Q 2.1.6): How can older people with multiple long-term conditions living in the community or in residential care be supported to participate in community, family and social activities?	

There was a lack of good research evidence concerning the ability of interventions to reduce social isolation, and provide stimulating and social activity for older people with multiple long term conditions, whether they are living in community dwellings or in care homes.

Two expert witnesses were invited to provide further information around this.

#### a) Care homes linking to community

RM attended the meeting on behalf of Engage & Create which is a not-for-profit organisation working to improve quality of life for people with dementia and those that care for them.

RM started Engage & Create after visiting a dementia care home and realising the lack of opportunities for residents to participate in meaningful activity that provided cognitive stimulation. She developed the Ignite Sessions to provide a cultural and stimulating way of getting people engaging with each other. The technique developed to facilitate these sessions is offered as training to skill up and inspire care staff.

RM presented some case studies on current projects that her organisation was involved in.

RM highlighted that it was important to use what we have to integrate care homes and their communities. For example, technology can also bridge the gap between the individual and the outside world, thus connecting the isolated to the community.

#### b) Innovative activities related to proactive / preventative support

MM attended the meeting on behalf of Learning for the Fourth Age which provides learning opportunities for older people receiving care. The focus is primarily on better quality of life by learning through activities and learning new skills.

The GDG did not make any recommendations based on the expert witness testimonies presented.

## 7. Dissemination & Adoption stock take

GN presented the key themes which were gathered from previous meetings and also presented an up to date log of issues. GN also reminded members that there will also be other NICE products that will complement the guideline.

Action 3: PTe to circulate updated D&A issues log to GDG.

		PTe will circulate an up to date log of the D&A issues to the GDG.	
8.	Evidence on	CV provided an update on the review question around workforce competencies.	
	workforce	There was no good quality evidence found for this question.	
	competencies (Q3.1)	The GDG agreed to revisit this question again at the next meeting.	
9.	Review draft	The GDG developed recommendations for the review question on assessment and	
	recommendations on	care planning.	
	assessment and care		
	planning		
10.	AOB	The GDG suggested that it would be beneficial for the guideline to include further input from service users, specifically from that of older people. For example, the use of a focus group, external reference group or interviews outside of the GDG would be useful in testing out the draft recommendations.	Action 5: NCC to discuss involvement of older people with Co-production and other SCIE colleagues.
		The NCC will discuss this further with SCIE and Co-Production colleagues to see	Action 6: GDG to comment on
		what how we can take this forward.	full set of draft recommendations and return to
		Next steps before next GDG:	NCC within one week.
		The GDG were requested to comment on the full document of the draft recommendations and return comments to the NCC within one week.	

# Appendix A: Social care of older people with multiple long-term conditions Guideline Development Group: Register of interests

Name	Personal pecuniary interest	Personal family interest	Non-personal pecuniary interest	Personal non-pecuniary interest
Philippa Thompson	None	None	None	Member of the English steering committee of the Campaign for a Fair Society – campaigning for a fair approach to welfare provision for disabled people.
Ann McFarlane	None	None	Work for: Care Quality Commission on work commissioned by Age UK Trustee at SCIE Ad hoc, usually one-day assignments, often for non-payment, only travel expenses, with NHS, DoH.  At local level in Kingston upon Thames, Patron of Kingston Centre for Independent Living: ex officio on Board, Healthwatch – Member, Kingston at Home: RBK Older Peoples' Reference Group member, People at Risk Group – interim Chair: service user group that reports to Kingston's Adult Safeguarding Partnership Board, Better Services Better Value: Member for South West Commissioning Group.	None

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Diana Robinson	Has a small shareholding in Reckitt Benckiser (yields less than £1,000 pa) PPI work - the following may pay expenses and/or honorariam for meetings, workshops or conference attendance; and for reviewing research proposals. National Institute for Health Research. PGfAR funding panel (replaces RfPB panel, ended Sept '13) - from June 14. Occasional lay peer reviews. National Cancer Research Institute. National Cancer Intelligence Network, NICE UK DUETs Steering Group. Health Research Authority, University of Leeds (IMPACCT stydt); Leeds Clinical Research Facility Executive (from Feb 14); CQC; NHS England; Health Quality Improvement Partnership - Service User Network. Cancer Research UK (Research Coach from June 2014); Royal College of Radiologists Academic Committee and Lay Network (from September 2014), SCIE Co-production Network (Dec 14).	Sister-in-law works for UCL in Credit Control Section	None	None
Bernard Walker	Occasional consultancy work for local authorities and other bodies in the social care field. Associate Research in Practice for Adults Provide advice to HSA Global (Health Care Consultancy) on integration of Local Government with NHS.	None	Chair Adults Faculty. The College of Social Work	None

Beth Britton	Freelance consultant on LD/Dementia and Ageing - MacIntyre.  In the last 12 months been part of events or done work for: UK Gov G8 Dementia Summit, NHS IQ (Commitment for Carers), NCPC (Dementia and EOL), Guideposts Trust (Dementia Awareness), Age UK Brent (Dementia and Ageing), Crossroads Care, Sensory Plus, Gracewell Healthcare, Swan Advocacy (Dementia and Advocacy), NHS/BMA 'Timely Diagnosis of Dementia', GB Care Shows, Care Show Bournemouth.  Part of events or done work for: GE Healthcare, NHS Expo, CQC and RCPSY MSNAP (Memory Service Peer Review).  Since last DOI of 30/4/14, has been part of events or done work for: Local Gov Digital Dept, Bucks New University, RCN, RCGP, Age UK and Carewatch. Health+Care, PHE, Care England, implemented GP training at the Royal Surrey County Hospital NHS Foundation Trust.	None	None	Member of: Dementia Post Diagnosis Support Working Group (Dept of Health), Dementia Friends - Dementia Friends Champion, CQC - Member Adult Social Care Co-Production Group, DAA - Member of the DAA and support the CC2A, BRACE - Ambassador, Alzheimer's Society - Volunteer. Member of: PHE National Mental Health Intelligence Network Dementia Expert Reference Group. PHE MHDNIN Programme Board
Kevin Minier	None	None	None	None
Gillian Crosby	None	None	None	None
Belinda Black	None	None	None	None
Deborah Read	None	None	None	None

Karin Tancock	Works part time (17.5 hours) for the College of Occupational Therapists as the Professional Affairs Officer for Older People. Responsibilities include: providing advice and information to members to support best practice and highlighting service innovation. Mapping and keeping up to date with national policy and legislation and communicating this to members through briefings and other protects. Coordinating responses to government consultations. Ensuring COT and member participation at key influencing events related to older people. Developing and maintaining professional networks with key organisations and government departments	None	None	None
Kim Curry	None	None	None	None
Jeremiah Kelleher	None	None	None	None
Lelly Oboh	None	None	None	None
Maggie Winchombe	None	None	None	None
Chris Wood	None	None	Works at Action on Hearing (formerly RNID) as a Senior Research and Policy Officer, and hence receive a salary from them. Action on Hearing Loss is a voluntary sector provider of care services and a campaigning organisation for people with hearing loss.	None
Janet Reynolds	Works part-time with Bradford University and also with a voluntary organisation supporting services with direct payments.  Undertaking some work for Alder Advice in reassessing high cost	None	None	None

Ann Workman	None	None	None	None
	support plans for people with learning disabilities on behalf of a local authority.			