

# Multiple Sclerosis Committee meeting 6

**Date:** 18/03/2021

Location: Video-conference

Minutes: Final

Committee members present:	
Paul Cooper (Chair)	(Present for notes $1 - 4$ )
Olga Ciccarelli (Topic adviser)	(Present for notes $1 - 4$ )
Heather Angus-Leppan	(Present for notes 1 – 4)
Lloyd Bradley	(Present for notes $1 - 4$ )
Robert Brenner	(Present for notes $1 - 4$ )
Daisy Cam	(Present for notes $1 - 4$ )
Aleks De Gromoboy	(Present for notes $1 - 4$ )
Sonia Devereux	(Present for notes 1 – 3a)
Sue Edwards	(Present for notes $1 - 4$ )
Jenny Freeman	(Present for notes 3b – 4)
Hayley Hall	(Present for notes $1 - 4$ )
Sushmita Mohapatra	(Present for notes $1 - 4$ )
Aoife Shields	(Present for notes $1 - 4$ )
Yvonne Pettigrew	(Present for notes $1 - 4$ )
Jason Wigham	(Present for notes $1 - 4$ )
Bernhard Frank (co-optee)	(Present for notes 1 – 3b)

In attendance:		
Catrina Charlton	Guideline Commissioning Manager, NICE	(Present for notes 1 – 4)
Saba Adim (observer)	Guideline Coordinator, NICE	(Present for notes 1 – 4)
Kate Ashmore	Project Manager, NGC	(Present for notes $1 - 4$ )
Saoussen Ftouh	Senior Research Fellow, NGC	(Present for notes 1 – 4)

Sophia Kemmis Betty	Senior Health Economist, NGC	(Present for notes 1 – 4)
Claire Sloan	Health Economist, NGC	(Present for notes $1 - 4$ )
Sharon Swain	Guideline Lead, NGC	(Present for notes $1 - 4$ )
George Wood	Senior Research Fellow, NGC	(Present for notes 1 – 4)

## 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the sixth meeting on Multiple Sclerosis.

No apologies were received for this meeting.

The Chair introduced Bernhard Frank, Consultant in Pain Medicine and new coopted member of the guideline committee.

The Chair outlined the objectives of the meeting.

### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were:

- Non-pharmacological management of pain
- Pharmacological management of fatigue

The Chair asked everyone to verbally declare any interests. There were no new interests to be declared. The Chair and a senior member of the Developer's team noted that interests declared previously did not prevent the attendees from fully participating in the meeting.

### 3. Presentations, questions and discussion

- a) The committee discussed the draft protocol for non-pharmacological management of pain.
- b) George Wood presented the clinical evidence and Claire Sloan presented the health economic evidence for the pharmacological management of fatigue. The committee discussed and drafted recommendations.

#### 4. Any other business

None.

Date of next meeting:	26/04/21
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Location of next meeting: Video-conference