NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

EQUALITY IMPACT ASSESSMENT

Depression in adults

The impact on equality has been assessed during guidance development according to the principles of the NICE equality policy.

4.0 Final guideline (to be completed by the Developer before GE consideration of final guideline)

4.1 Have any additional potential equality issues been raised during the consultation, and, if so, how has the Committee addressed them?

The stakeholders raised 3 issues:

1. That communication, information and delivery of psychological treatment should be tailored to meet the language and cultural communication needs of different groups. This has been addressed by expanding recommendations to advise this in the sections of the guideline on 'information and support' and 'delivery of treatments'.

2. That although the guideline mentioned stigma as a barrier to accessing services, it did not mention discrimination. This has been addressed by expanding recommendations to include awareness of possible discrimination in the sections of the guideline on 'principles of care' and 'access'.

3. That religion or faith cannot be conflated with culture or ethnicity, and that there may be an impact from depression on faith communities. The committee agreed that the guideline used over-arching terms such as 'groups who may have difficulty accessing services' and 'people from ... minority ethnic communities' and it was not necessary to specify in all cases that this could be groups from different ethnicities, cultures, religions or faiths.

4.2 If the recommendations have changed after consultation, are there any recommendations that make it more difficult in practice for a specific group to access services compared with other groups? If so, what are the barriers to, or difficulties with, access for the specific group?

There are not recommendations that make it more difficult in practice for a specific group to access services compared with other groups.

4.3 If the recommendations have changed after consultation, is there potential for the recommendations to have an adverse impact on people with disabilities because of something that is a consequence of the disability?

There is not a potential for the recommendations to have an adverse impact on people with disabilities because of something that is a consequence of the disability.

4.4 If the recommendations have changed after consultation, are there any recommendations or explanations that the Committee could make to remove or alleviate barriers to, or difficulties with, access to services identified in questions 4.1, 4.2 and 4.3, or otherwise fulfil NICE's obligations to advance equality?

The recommendations have been amended as described in 4.1 to address stakeholders' concerns and ensure that the equality issues they have raised have been addressed.

4.5 Have the Committee's considerations of equality issues been described in the final guideline, and, if so, where?

The sections of the guideline on information and support, principles of care and delivery of treatments were not included in the scope of this update and so editorial changes have been made that are not described in the evidence reviews (as none are available for these sections). However, evidence review H on access has been amended to describe that promotion of access and avoidance of discrimination applies to groups from any minority group such as different ethnicities, cultures, religions or faiths.

Updated by Developer: Hilary Eadon

Date: 20/05/2022

Approved by NICE quality assurance lead: Christine Carson

Date: 28/06/2022