

**Depression in adults: treatment and management (Update)  
Committee meeting 8**

**Date:** 22/07/2016

**Location:** RCOG, London

**Minutes:** Confirmed

<b>Committee members present:</b>	
Navneet Kapur (Chair)	Present for notes 1 – 7
June Brown	Present for notes 1 – 7
Carolyn Chew-Graham	Present for notes 1 – 7
Jeremy Clarke	Present for notes 1 – 7
Sinead Dervin	Present for notes 1 – 7
David Ekers	Present for notes 1 – 7
David Hewison	Present for notes 1 – 7
Tony Kendrick	Present for notes 1 – 7
Neil Nixon	Present for notes 1 – 7
Louise O'Connor	Present for notes 1 – 7
Catherine Ruane	Present for notes 1 – 7
Anonymous	Present for notes 1 – 7
Jenni Speller	Present for notes 1 – 7
David Taylor	Present for notes 1 – 7
Ed Watkins	Present for notes 1 – 7

<b>In attendance:</b>		
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1 – 7
Gareth Haman	NICE Editor	Present for notes 1 – 7
Sally Humphreys	NGA Project Manager	Present for notes 1 – 7
Ifigeneia Mavranouzouli	NGA Senior Health Economist	Present for notes 1 – 7
Steve Pilling	NGA Clinical Advisor	Present for notes 1 – 7

<b>Apologies:</b>

Simon Gilbody	Committee member
Philip Wilkinson	Committee member

## 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the eighth meeting on Depression in adults: treatment and management.

No members of the public asked to observe the meeting.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included: reviewing the clinical evidence, recommendations from 2009 and the health economic models for this guideline.

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was depression in adults: treatment and management.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
David Ekers	Senior Clinical Lecturer/Nurse Consultant, Tees Esk and Wear Valleys NHS FT/Durham University	22.7.2016 COBRA paper published in Lancet	Personal non-financial, non-specific	No action needed
Tony Kendrick	Professor of Primary Care, University of Southampton	22.7.2016 Conducting research on routine measurement of outcomes in depression: Cochrane review published 13.7.2016 showing	Personal non-financial, non-specific	No action needed

		evidence base is weak.		
Tony Kendrick	Professor of Primary Care, University of Southampton	22.7.2016 Conducting research on reducing inappropriate long-term antidepressant prescribing.	Personal non-financial, specific	No action needed
Tony Kendrick	Professor of Primary Care, University of Southampton	22.7.2016 Member of NICE National Indicators Committee	Personal, non-financial, non-specific	No action needed
Neil Nixon	Consultant Psychiatrist and Director of Medical Education, Nottinghamshire Healthcare NHS Trust; Honorary Associate Professor, University of Nottingham	22.7.2016 CLAHRC randomised controlled trial of clinical and cost effectiveness of specialist depression service. Accepted for publication by Lancet Psychiatry	Personal non-financial, non-specific	No action needed
David Taylor	Director of Pharmacy and Pathology, South London and Maudsley NHS Foundation Trust	22.7.2016 Research funding – Servier, Lundbeck	Non-personal financial, non-specific	No action needed
David Taylor	Director of Pharmacy and Pathology, South London and Maudsley NHS Foundation Trust	22.7.2016 Honoraria for lectures – Lundbeck, Janssen	Personal financial, non-specific	No action needed
David Taylor	Director of Pharmacy and Pathology, South London and Maudsley NHS Foundation Trust	22.7.2016 Publication: Taylor et al. (2014), Agomelatine – a meta-	Personal non-financial, non-specific	No action needed

		analysis of published and unpublished trials.		
David Taylor	Director of Pharmacy and Pathology, South London and Maudsley NHS Foundation Trust	22.7.2016 Publication: Catchart-Harris (2016), Psilocybin in depression. Lancet Psychiatry	Personal non-financial, non-specific	No action needed

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

### 3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

### 4. Presentations

The Chair introduced Steve Pilling, NGA Clinical Adviser, who gave a presentation on RQ2.6 Chronic depression evidence report.

The Chair introduced Steve Pilling, NGA Clinical Adviser, who gave a presentation on RQ2.5 Update of treatment-resistant depression evidence report.

The Chair introduced Steve Pilling, NGA Clinical Adviser, who gave a presentation on RQs2.1 and 2.2 Pharmacological interventions in the depression NMA.

The Chair introduced Ifigeneia Mavranezouli, Senior Health Economist, who gave a presentation on RQs2.1 and 2.2 NMA outcomes (response/remission), scale cut-off points and study selection criteria.

The Chair introduced Ifigeneia Mavranezouli, Senior Health Economist, who gave a presentation on The health economic model on relapse prevention – summary of model specification.

The Chair introduced Gareth Haman, NICE Editor, who gave a presentation on Writing recommendations.

The Committee discussed the issues presented in relation to this guideline.

The Committee thanked the speakers for their presentations and contribution to the development of the guideline.

#### **5. Questions and discussion**

The Chair and Clinical Adviser led the Committee through the process of reviewing the clinical and economic evidence and considering updating recommendations, and the process of reviewing the pharmacological interventions to include in review questions 2.1 and 2.2.

#### **6. Service user and carer concerns**

No service user or carer concerns were raised.

#### **7. Any other business**

Iona Symington, Systematic Reviewer, is leaving the guideline to take up a doctoral study post. Odette Megnin-Viggars is re-joining the team as Senior Systematic Reviewer.

**Date of next meeting:** 01/09/2016

**Location of next meeting:** RCOG, London