

Depression in adults: treatment and management Committee meeting 16



Date: 21 & 22/11/2017

Location: RCOG, London

Minutes: DRAFT

Committee members present:	
Navneet Kapur (Chair)	Present for notes 1 – 12
June Brown	Present for notes 1 – 12
Jeremy Clarke	Present for notes 1 – 12
David Ekers	Present for notes 4 – 12
Simon Gilbody	Present for notes 2 – 7
David Hewison	Present for notes 1 – 12
Tony Kendrick	Present for notes 8 – 12
Neil Nixon	Present for notes 1 – 12
Louise O'Connor	Present for notes 1 – 12
Catherine Ruane	Present for notes 1 – 12
Prishah Shah	Present for notes 1 – 12
Jennifer Speller	Present for notes 1 – 12
David Taylor	Present for notes 4 & 9
Ed Watkins	Present for notes 1 – 12
Philip Wilkinson	Present for notes 1 – 12

In attendance:		
Gareth Haman	NICE Editor	Present for notes 1 – 12
Edgar Masanga (21 November only)	NICE Business Analyst	Present for notes 1 – 7
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1 – 4 Present for notes 8 – 12
Angela Bennett	NGA Guideline Lead	Present for notes 1 – 12
Sally Humphreys	NGA Project Manager	Present for notes 1 – 12

Ifigeneia Mavranouzouli	NGA Senior Health Economist	Present for notes 1 – 12
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	Present for notes 1 – 12
Stephen Pilling	NGA Clinical Advisor	Present for notes 1 – 12
Sofia Dias	Director, Technical Support Unit	Present for notes 8 – 12

Apologies:

Carolyn Chew-Graham	Committee Member
Sinead Dervin	Committee Member
Simon Gilbody (22 November)	Committee Member
Anthony Kendrick (21 November)	Committee Member

1. Welcome and objectives for the meeting on 21 November 2017

The Chair welcomed the Committee members and attendees to the sixteenth meeting on Depression in adults: treatment and management. The Committee members and attendees introduced themselves.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included: responding to stakeholder comments, and considering the revised clinical and economic evidence for review questions, and reviewing recommendations.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was depression in adults: treatment and management.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Dr June Brown	Senior Lecturer in Clinical Psychology, Institute of Psychiatry (IoP), Kings College	21.11.2017 Submitted a grant proposal to NIHR for a feasibility study	Non-personal financial non-specific	No action needed

	London	for a webinar for depression in the workplace.		
Dr Jeremy Clarke	Psychological therapist, Newham Psychological Therapies, ELFT Senior Accredited DIT Supervisor, Southwark IAPT, Wandsworth IAPT, Sutton and Merton IAPT Consultant mental health adviser, Greater Manchester Combined Authority Research Associate, Centre for Humanities Engaging Science and Society, University of Durham	21.11.2017 No longer advising Ingeus	Not applicable	No action needed
Prof Stephen Pilling	NGA Clinical Advisor	21.11.2017 Grant co-applicant Policy Research Unit, DH.	Non-personal financial non-specific	No action needed
Prof Stephen Pilling	NGA Clinical Advisor	21.11.2017 Change of role to Head of Department, Clinical, Educational and Health Psychology	Personal financial non-specific	No action needed
Prof Ed Watkins	Professor of Experimental and Applied Clinical Psychology	14.11.2017 Chief Investigator: Watkins CI and	Non-personal financial non-specific	No action needed

	Chartered Clinical Psychologist Director of Sir Henry Wellcome Building for Mood Disorders Research Director of Research for DClinPsy Programme Director of SMART Lab	PI for Exeter site and main trial European Commission Horizon 2020 Programme Collaborative Project. Project title: Assessing and Enhancing Emotional Competence for Well-Being (ECoWeB) in the Young: A principled, evidence-based, mobile-health approach to prevent mental disorders and promote mental well-being. 2018-2021		
Dr Philip Wilkinson	Consultant in Psychiatry of Old Age, Oxford Health NHS Foundation Trust and Honorary Senior Clinical Lecturer, University of Oxford	14.11.2017 Co-writing online module on treatment of depression in older people for MindEd, hosted by RCPsych and funded by DoH. Honorarium on completion.	Personal financial specific, however funding is from DoH and this is being written after guideline development is completed.	No action needed
Dr Philip Wilkinson	Consultant in Psychiatry of Old Age, Oxford Health NHS Foundation Trust and Honorary Senior Clinical Lecturer, University of Oxford	16.11.2017 Co-applicant on study in HTA programme: multi-centre trial of problem-adaptation therapy for depression in people with dementia.	Non-personal financial specific, however population is outside of the guideline remit	No action needed
Dr Philip	Consultant in	22.11.2017 Co-	Personal non-	No action

Wilkinson	Psychiatry of Old Age, Oxford Health NHS Foundation Trust and Honorary Senior Clinical Lecturer, University of Oxford	writing 3 chapters on psychological treatments, CBT and IPT with older people for the Oxford Textbook of Old Age Psychiatry	financial specific	needed
-----------	---	---	--------------------	---------------

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

4. Presentations

The Chair outlined the objectives of the meeting.

The Chair introduced Angela Bennett, NGA Guideline Lead, who gave a presentation: Summary of general issues raised by stakeholders that do not require changes to the guideline.

The Chair introduced Odette Megnin-Viggars, NGA Senior Systematic Reviewer, who gave a presentation on evidence on acupuncture as a first line treatment for depression.

The Chair introduced Angela Bennett, NGA Guideline Lead, and Stephen Pilling, NGA Clinical Advisor, who gave a presentation: Summary of issues raised by stakeholders and agreeing if changes are needed to the guideline reviews on limited response/treatment resistant depression, chronic depression and relapse prevention.

The Committee discussed the issues presented in relation to this guideline.

The Committee thanked the speakers for their presentations and contribution to the development of the guideline.

5. Questions and discussion

The Committee were given the opportunity to propose responses to stakeholder comments, ask questions, discuss the revised evidence and amend recommendations and sections linking evidence to recommendations.

6. Service user and carer concerns
The lay members highlighted stakeholder comments related to service user choice.
7. Any other business
<i>The Chair outlined the subsequent steps in guideline production.</i>
8. Welcome and objectives for the meeting 22 November 2017
<p>The Chair welcomed the Committee members and attendees to day 2 of the sixteenth meeting on Depression in adults: treatment and management. The Committee members and attendees introduced themselves.</p> <p>The Chair informed the Committee that apologies had been received. These are noted above.</p>
9. Presentations
<p>The Chair outlined the objectives of the meeting.</p> <p>The Chair introduced Stephen Pilling, NGA Clinical Advisor, who gave a presentation: First line treatment of more and less severe depression; Summary of issues raised by stakeholders, recommendations resulting from the NMA and economic models.</p> <p>The Chair introduced Ifigeneia Mavranouzouli, Senior Health Economist, who gave a presentation on: First line treatment of more and less severe depression, NMA - summary of changes and updated economic models.</p> <p>The Committee discussed the issues presented in relation to this guideline.</p> <p>The Committee thanked the speakers for their presentations and contribution to the development of the guideline.</p>
10. Questions and discussion
The Committee were given the opportunity to propose responses to stakeholder comments, ask questions, discuss the revised evidence and amend recommendations and sections linking evidence to recommendations.
11. Service user and carer concerns
The lay members highlighted stakeholder comments related to service user experience.

12. Any other business

The Chair outlined the subsequent steps in guideline production.

The Committee discussed the cut-off date for guideline evidence reviews.