

## Depression in adults: treatment and management Committee meeting 10

**Date:** 18/10/2016



**Location:** RCOG, London

**Minutes:** Confirmed

<b>Committee members present:</b>	
Navneet Kapur (Chair)	Present for notes 1 – 7
June Brown	Present for notes 1 – 7
Carolyn Chew-Graham	Present for notes 1 – 7
Jeremy Clarke	Present for notes 1 – 7
David Ekers	Present for notes 1 – 7
Simon Gilbody	Present for notes 1 - 7
David Hewison	Present for notes 1 – 7
Neil Nixon	Present for notes 1 – 7
Louise O'Connor	Present for notes 1 – 7
Catherine Ruane	Present for notes 1 – 7
Anonymous	Present for notes 1 – 7
Jennifer Speller	Present for notes 1 – 7
David Taylor	Present for notes 1 – 7
Ed Watkins	Present for notes 1 – 7
Philip Wilkinson	Present for notes 1 – 7

<b>In attendance:</b>		
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1 – 7
Angela Bennett	NGA Guideline Lead	Present for notes 1 – 7
Bishal Bhandari	NGA Assistant Systematic Reviewer	Present for notes 1 – 7
Sally Humphreys	NGA Project Manager	Present for notes 1 – 7
Ifigeneia Mavranouzouli	NGA Senior Health	Present for notes 1 – 7

	Economist	
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	Present for notes 1 – 7
Steve Pilling	NGA Clinical Advisor	Present for notes 1 – 7
Emma Seymour	Assistant Systematic Reviewer	Present for notes 1 – 7
Sofia Dias	Director, TSU	Present for their presentation
Edna Keeney	Scientific Coordinator, TSU	

**Apologies:**

Sinead Dervin	Committee member
Tony Kendrick	Committee member

**1. Welcome and objectives for the meeting**

The Chair welcomed the Committee members and attendees to the tenth meeting on Depression in adults: treatment and management.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included: preparing draft recommendations following evidence presentations at previous meetings, reviewing the risk of bias work of the TSU on the network meta-analysis (RQs 2.1 and 2.2) and reviewing the criteria for evidence analysis of the NMA.

**Introductions**

The Committee members and attendees introduced themselves.

**2. Confirmation of matter under discussion, and declarations of interest**

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was depression in adults: treatment and management.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
David	Head of	18.10.2016	Personal non-	Declare and

Hewison	Research, Tavistock Centre for Couple Relations	Paper accepted for publication in 'Psychotherapy' on the current state of the evidence base for couple therapy both RCT and naturalistic. Paper does not specifically mention depression but is critical of the application of Randomized Controlled Trial evidence for couple psychotherapy in ordinary clinical settings. Due for publication December 2016	financial non-specific	continue
Sofia Dias	Director, TSU	18.10.2016 Co-investigator on a methodology research grant jointly funded by the Medical Research Council (MRC) and Pfizer. Pfizer funds pay for a researcher, but own contribution is funded by the MRC. The methods developed through this project are not	Non-personal financial non-specific	Declare and continue

		used in this guideline.		
<b>3. Minutes of last meeting</b>				
<p>The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.</p> <p>The Chair confirmed that all matters arising had been completed or were in hand.</p>				
<b>4. Presentations</b>				
<p>The Chair introduced Steve Pilling, NGA Clinical Advisor, who gave a presentation on RQ2.1 &amp; 2.2 Service delivery – reviewing recommendations.</p> <p>The Chair introduced Steve Pilling, NGA Clinical Advisor, who gave a presentation on RQ3.0 Access to services – reviewing recommendations.</p> <p>The Chair introduced Steve Pilling, NGA Clinical Advisor, who gave a presentation on RQ2.4 &amp; 2.5 Limited response &amp; treatment-resistant depression – reviewing recommendations.</p> <p>The Chair introduced Odette Megnin-Viggars, NGA Senior Systematic Reviewer, who gave a presentation RQ2.1 &amp; 2.2 Classes of interventions and NMA progress.</p> <p>The Chair introduced Sofia Dias, Director TSU, and Edna Keeney, Scientific Coordinator TSU, who gave a presentation RQ2.1 &amp; 2.2 Network meta-analysis and bias adjustment.</p> <p>The Chair introduced Steve Pilling, NGA Clinical Advisor, who gave a presentation on RQ2.1 &amp; 2.2 Scales and cut off points.</p> <p>The Committee discussed the issues presented in relation to this guideline. The Chair thanked the speakers for their presentations and contribution to the development of the guideline.</p>				
<b>5. Questions and discussion</b>				
<p>The Committee discussed the recommendations for the review questions presented by Steve Pilling and were given the opportunity to ask questions and agree changes.</p> <p>The Committee discussed and agreed the classes of interventions, scales and cut off points, and the risk of bias for the NMA RQs2.1 &amp; 2.2.</p>				
<b>6. Service user and carer concerns</b>				

There were no service user or carer concerns.

**7. Any other business**

The Committee was informed of the progress of the NMA work and the potential requirement for an additional committee meeting in January.

**Date of next meeting:** 19/10/2016

**Location of next meeting:** RCOG, London