

## Depression in adults Committee meeting

**Date:** 18/10/2019

**Location:** RCOG, London

**Minutes:** Final

<b>Committee members present:</b>	
Nav Kapur (Chair)	Present for notes 1 – 7
Carolyn Chew Graham	Present for notes 1 – 7
Jeremy Clarke	Present for notes 1 – 7
David Ekers	Present for notes 1 – 7
Tony Kendrick (via VC)	Present for notes 1 – 7
Neil Nixon	Present for notes 1 – 7
Jennifer Speller	Present for notes 1 – 7
David Taylor	Present for notes 2 – 5
Ed Watkins	Present for notes 1 – 7
Philip Wilkinson	Present for notes 1 – 7
Louise O'Connor	Present for notes 2 – 7
Prishah Shah	Present for notes 1 – 7
Catherine Ruane	Present for notes 1 – 7

<b>In attendance:</b>		
Hilary Eadon	NGA Guideline Lead	(Present for notes 1 – 7)
Melissa Bolessa	NGA Project Manager	(Present for notes 1 – 7)
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	(Present for notes 1 – 7)
Katriona O'Donoghue	NGA Systematic Reviewer	(Present for notes 1 – 7)
Louise Geneen	NGA Systematic Reviewer	(Present for notes 1 – 7)
Ifigeneia Mavranouzouli	NGA Senior Health Economist	(Present for notes 1 – 7)
Steve Pilling	NGA Clinical Advisor	(Present for notes 1 – 7)
Clifford Middleton	NICE Guideline Commissioning Manager	(Present for notes 1 – 7)

**Apologies:**

Stephanie Arnold	NGA Information Scientist
David Hewison	GC member

**1. Welcome and objectives for the meeting**

The Chair welcomed the Committee members and attendees to the 20<sup>th</sup> meeting on Depression in adults.

The Chair informed the Committee that apologies had been received. These are noted above.

**2. Confirmation of matter under discussion, and declarations of interest**

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Depression in adults: treatment and management.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

<b>Name</b>	<b>Job title, organisation</b>	<b>Declarations of Interest, date declared</b>	<b>Type of interest</b>	<b>Decision taken</b>
Philip Wilkinson	Consultant in Psychiatry of Old Age, Oxford Health NHS Foundation Trust and Honorary Senior Clinical Lecturer, University of Oxford	Co-author of article about late-life depression in GP journal for publisher Rila. Date declared 17.10.2019	Direct Non-financial professional and personal interest	Declare and participate
Philip Wilkinson	Consultant in Psychiatry of Old Age, Oxford Health NHS Foundation Trust and Honorary Senior Clinical Lecturer, University of Oxford	Provided comments on piece about atypical depression in Mail on Sunday. Date declared 17.10.2019	Direct Non-financial professional and personal interest	Declare and participate

<p>Carolyn Chew Graham</p>	<p>Professor of General Practice Research, Keele University</p> <p>Honorary Professor of Primary Care, University of Manchester</p> <p>Honorary Professor of Primary Care Mental Health, South Staffs &amp; Shropshire Foundation Trust (SSSFT)</p> <p>Principal in General Practice, NHS Manchester</p> <p>Honorary Consultant in Primary Care, NHS Manchester</p>	<p>Deliver one- day training for RCGP NW Faculty on Mental Health problems in primary care</p> <p>Date declared 13.10.2019</p>	<p>Direct Financial</p>	<p>Declare and participate</p>
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The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

### 3. Minutes of last meeting

The Committee agreed that the web minutes were a true and accurate account of the last meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

### 4. Presentations

The Chair introduced Clifford Middleton, NICE Guideline Commissioning manager and Hilary Eadon, NGA Guideline Lead who gave the committee an update on the guideline development process, additional work and timelines, which may now extend longer than originally anticipated.

The Chair introduced Katriona O'Donoghue NGA Systematic Reviewer, who gave a presentation on the updated evidence for review 1.2 For adults with depression, what are the relative benefits and harms associated with different settings for the delivery of care?

Katriona took questions from the committee. The Committee then discussed the updated evidence and reviewed the recommendations.

The Chair thanked Katriona O'Donoghue for her presentation.

The Chair introduced Louise Geneen NGA Systematic Reviewer, who gave a presentation on updated evidence for review 3.0 For adults (18 years and older) at risk of depression (or anxiety disorders) from particular vulnerable groups (older people, BME groups, LGBT groups and men) do service developments and interventions which are specifically designed to promote access, increase the proportion of people from the target group who access treatment, when compared with standard care.

Louise took questions from the committee. The Committee then discussed the updated evidence and reviewed the recommendations.

The Chair thanked Louise Geneen for her presentation.

The Chair introduced Ifigeneia Mavranouzouli NGA Senior Health Economist, who presented a paper on Defining differences between NMA and pairwise analyses.

Ifigeneia took questions from the committee. The Committee then reviewed the paper and agreed a strategy.

The Chair thanked Ifigeneia Mavranouzouli for her presentation.

## **5. Questions and discussion**

The committee discussed the content of the presentations and made amendments to the recommendations where relevant.

## **6. Any other business**

Hilary Eadon, NGA Guideline Lead advised the committee that this would be last meeting held at the current RCOG Sussex Place office and that the next meeting would be held at an off-site location.

## **7. Date of next meeting**

27th November 2019, at an external venue. **Broadway House (EEF) - Tothill Street, London SW1H 9NQ**

**Date of next meeting:** 27/11/2019

**Location of next meeting:** **Broadway House (EEF) - Tothill Street, London SW1H 9NQ**