

# **Depression in adults Committee meeting 26**

**Date:** 6<sup>th</sup> July 2021

Location: Virtual meeting

Minutes: Final

# Committee members present:

Nav Kapur	Present for notes 1 – 7
Jeremy Clarke	Present for notes 1 – 7
Neil Nixon	Present for notes 1 – 7
Ed Watkins	Present for notes 1 – 7
David Taylor	Present for notes 2 – 7
Tony Kendrick	Present for notes 1 – 7
David Ekers	Present for notes 1 – 7
Carolyn Chew Graham	Present for notes 1 – 7
Louise O'Connor	Present for notes 1 – 7
Prishah Shah	Present for notes 1 – 7
Catherine Ruane	Present for notes 1 – 7
Satheesh Gangadharan	Present for notes 1 – 7
Peter Kinderman	Present for notes 1 – 7
Toby Sweet	Present for notes 1 – 7

In attendance:		
Melissa Bolessa	NGA Project Manager	Present for notes 1 – 7
Hilary Eadon	NGA Guideline Lead	Present for notes 1 – 7
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	Present for notes 1 – 7
Laura Kuznetsov	NGA Systematic Reviewer	Present for notes 1 – 7
Ifigeneia Mavranezouli	NGA Senior Health Economist	Present for notes 1 – 7
Steve Pilling	NGA Clinical Advisor	Present for notes 1 – 7
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1- 3, 6 – 7

# 4.0.03 DOC Cmte minutes

Apologies:	
Jennifer Speller	GC member
Philip Wilkinson	GC member
Tarun Gupta	GC member

### 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 26<sup>th</sup> Committee meeting for the Depression in adults guideline.

The Chair informed the Committee that apologies had been received and these are noted above.

### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Depression in adults: treatment and management.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting and send their forms in to the Project Manager. No new interests were declared at the meeting.

### 3. Minutes of last meeting

The Chair asked the Committee if any changes were required to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

#### 4. Presentations

#### Morning presentations

The Chair introduced Odette Megnin-Viggars, NGA Senior Systematic Reviewer who gave a presentation on Evidence Review 2.3. For adults whose depression has responded to treatment, what are the relative benefits and harms of psychological, psychosocial, pharmacological and physical interventions for preventing relapse (including maintenance treatment)?

Odette presented the clinical evidence and took questions from the group. The Chair thanked Odette for her presentation.

The Chair introduced Ifigeneia Mavranezouli, NGA Senior Economist who gave a presentation on the economic model for Evidence Review 2.3.

Ifigeneia presented the NMA and the economic model and took questions from the group. The Chair thanked Ifigeneia for her presentation.

#### Afternoon presentations

The Chair introduced Hilary Eadon, NGA Guideline Lead who led the discussions on Evidence review 2.3 and the committee drafted the recommendations. Hilary then

# 4.0.03 DOC Cmte minutes

discussed a number of other outstanding edits. The Chair thanked Hilary for her work.

## 5. Questions and discussions

The committee discussed the clinical and economic evidence and presentations for Evidence review 2.3. The committee drafted recommendations for the review.

The committee discussed and revised the recommendations on the guideline document.

# 6. Any other business

None.

### 7. Date of next meeting

7<sup>th</sup> July 2021