

## Depression in adults: treatment and management Committee meeting 15



**Date:** 13/06/2017  
**Location:** RCOG, London  
**Minutes:** Confirmed

<b>Committee members present:</b>	
Navneet Kapur (Chair)	Present for notes 1 – 7
June Brown	Present for notes 1 – 7
Jeremy Clarke	Present for notes 1 – 7
Sinead Dervin	Present for notes 1 – 7
David Ekers	Present for notes 1 – 7
Simon Gilbody	Present for notes 2 – 6
David Hewison	Present for notes 1 – 7
Tony Kendrick	Present for notes 1 – 6
Neil Nixon	Present for notes 1 – 7
Louise O'Connor	Present for notes 1 – 7
Anonymous	Present for notes 1 – 7
Jennifer Speller	Present for notes 1 – 7
David Taylor	Present for notes 1 – 5
Ed Watkins	Present for notes 1 – 7
Philip Wilkinson	Present for notes 1 – 7

<b>In attendance:</b>		
Stephen Barnes	NICE Technical Lead	Present for notes 1 – 7
Gareth Haman	NICE Editor	Present for notes 1 – 7
Edgar Masanga	NICE Business Analyst	Present for notes 1 – 7
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1 – 7
Angela Bennett	NGA Guideline Lead	Present for notes 1 – 7
Sally Humphreys	NGA Project Manager	Present for notes 1 – 7

Ifigeneia Mavranезouli	NGA Senior Health Economist	Present for notes 1 – 7
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	Present for notes 1 – 7
Steve Pilling	NGA Clinical Advisor	Present for notes 1 – 7
Emma Seymour	Systematic Reviewer	Present for notes 1 – 7

### Apologies:

Carolyn Chew-Graham	Committee Member
David Hewison	Committee Member
Catherine Ruane	Committee Member

### 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the fifteenth meeting on Depression in adults: treatment and management. The Committee members and attendees introduced themselves.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included: considering the clinical and economic evidence for review questions 2.1 and 2.2, answering committee questions arising, and reviewing the sections of the guideline linking evidence to recommendations and draft recommendations on treatment of a new episode of depression.

### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was depression in adults: treatment and management.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Anthony Kendrick	Professor of Primary Care, University of Southampton	13.6.2017 Chair of the Trial Steering Committee for the Barkham and colleagues' RCT	Personal non-financial specific	No action needed

		study of counselling versus CBT for depression.		
Neil Nixon	Consultant Psychiatrist and Director of Medical Education, Nottinghamshire Healthcare NHS Trust  Honorary Associate Professor, University of Nottingham	13.6.2017  Co-author of a paper on PHQ-9 factor structure in severe depression. Journal of Affective Disorders 2017	Personal non-financial specific	No action needed
Neil Nixon	Consultant Psychiatrist and Director of Medical Education, Nottinghamshire Healthcare NHS Trust  Honorary Associate Professor, University of Nottingham	13.6.2017  NIHR Grant – rTMS vs theta-burst stimulation in secondary care depression	Non-personal financial specific	No action needed

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

### **3. Minutes of last meeting**

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting and noted that some discussions had been recorded in the guideline under sections linking evidence to recommendations.

The Chair confirmed that all matters arising had been completed or were in hand.

### **4. Presentations**

The Chair introduced Ifigeneia Mavranezouli, Senior Health Economist, who gave a presentation on RQ2.1 and 2.2 Interventions for the treatment of a new episode of

less severe and more severe depression:

- overview of methods and results of NMAs and economic modelling,
- responses to GC queries and
- finalising recommendations.

The Committee discussed the issues presented in relation to this guideline.

The Committee thanked the speakers for their presentations and contribution to the development of the guideline.

#### **5. Questions and discussion**

The Committee were given the opportunity to ask questions, discuss the evidence and amend recommendations and sections linking evidence to recommendations.

#### **6. Service user and carer concerns**

Service users expressed a concern that there could be more content in the front of the guideline on patient preference.

#### **7. Any other business**

The Chair outlined the subsequent steps in guideline production.

**Date of next meeting:** 21-22 November 2017

**Location of next meeting:** RCOG, London