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| Depression in adults (update) Guideline Committee Interests Register  Register last updated: 01/03/2022  Note:  Interestsdeclared up to and including 31st March 2018 were processed under the 2014 NICE policy on conflicts of interest.  Interests declared from 1st April 2018 were processed under the 2018 NICE policy on conflicts of interest. 1 Interest declared during recruitment before 31st March, but processed under 2018 policy as appointment occurred after 1st April. |

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| Name | Role with NICE | Type of interest | Description of interest | Interest  arose | Interest  declared | Interest  ceased | Comments GL= Guideline Lead |
| Navneet Kapur | GC Chair | Direct – financial | Co-author on an academic textbook ‘Suicide Prevention (3rd Edition) published by Oxford University Press in September 2019. I will receive a small royalty for each copy sold (currently 4% of the net sales) Additional note, July 2020: Lundbeck Institute have made a bulk purchase of the book | Sept 2019 | 10.09.2019 |  | Declare and participate Agreed by: GL September 2019 Rationale: Not specific to guideline |
| June Brown | GC member |  | *No new interests to declare after 1.4.2018* |  |  |  | Resigned from the committee Sept 2019 |
| Carolyn Chew-Graham | GC member | Direct  Non-financial professional and personal interest | Vice-Chair Society for Academic Primary Care (SAPC) Promoted to Chair July 2019 | Jan 2019 | 16.03.2019 |  | Declare and participate Agreed by: GL, March 2019 Rationale: Not specific to guideline |
| Carolyn Chew-Graham | GC member | Direct  Non-financial professional and personal interest | Co-lead SAPC SIG, mental health | Jun 2019 | 16.03.2019 |  | Declare and participate Agreed by: GL, March 2019 Rationale: Not specific to guideline |
| Carolyn Chew-Graham | GC member | Direct  Non-financial professional and personal interest | Co-lead School for Primary Care Research (SPCR) group mental health | Apr 2017 | 16.03.2019 |  | Declare and participate Agreed by: GL, March 2019 Rationale: Not specific to guideline |
| Carolyn Chew-Graham | GC member | Direct  Non-financial professional and personal interest | Delivered training days on management of people with mental health problems in primary care to GP trainees for RCGP, NW Faculty. | 2016 | 16.03.2019 | 2016 | Declare and participate Agreed by: GL, March 2019 Rationale: Not specific to guideline |
| Carolyn Chew-Graham | GC member | Direct  Non-financial professional and personal interest | Standing member, NICE Quality Standard Advisory Group (Manchester) | April 2019 | 16.05.2019 |  | Declare and participate Agreed by: GL, May 2019 Rationale: Not specific to guideline |
| Carolyn Chew-Graham | GC member | Direct  Non-financial professional and personal interest | Member of editorial board of BJGP | September 2019 | 13.10.2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Not specific to guideline |
| Carolyn Chew-Graham | GC member | Direct  Financial | Delivered one-day training for RCGP NW Faculty on Mental Health problems in primary care | March and November 2019 | 13.10.2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Not specific to guideline |
| Carolyn Chew-Graham | GC member | Direct  Non-financial professional and personal interest | Supervising PhD (Dr Andrew Moriarty) – funded by NIHR.  The aim of the PhD is to develop a prediction tool for relapse in depression – to be used in primary care. | September 2020 | 09.06.2021 | Ongoing | Declare and participate Agreed by: GL, June 2021 Rationale: Prediction of relapse is not included in the guideline |
| Carolyn Chew-Graham | GC member | Direct  Non-financial professional and personal interest | NIHR funded BASIL (Behavioural Activation in Social Isolation) study (an add-on to MODS study – Programme Grant – RCT of collaborative care for low mood and depression in older adults with multimorbidity)  Urgent Public Health status. | March 2020 | 09.06.2021 | Ongoing | Declare and participate Agreed by: GL, June 2021 Rationale: Behavioural activation is included as an intervention but this study looks specifically at older adults socially isolated due to the Covid-19 pandemic, and will not complete until after the guideline is completed. Participation as an investigator is therefore unlikely to influence the guideline recommendations |
| Jeremy Clarke | GC member | Direct  Non-financial professional and personal interest | Chair, Association for Psychoanalytic Psychotherapy in the NHS | May 2019 | 21.05.2019 | 3 year term of office | Declare and participate  Agreed by: GL, May 2019  Rationale: Not specific to guideline |
| Jeremy Clarke | GC member | Direct  Non-financial professional and personal interest | Therapist in an RCT comparing DIT with CBT  Fonagy et al. 2019, Psychological Medicine | May 2019 study published in Journal |  |  | Declare and participate  Agreed by: GL, May 2019  Rationale: Specific to guideline, but not named author of study, so not a pre-conceived view that is likely to impact on the development of recommendations. |
| Jeremy Clarke | GC member | Indirect interest | Speaking engagement at a Healthcare Events conference on depression – included a summary of evidence from previous meta-analyses and gave a brief synopsis of the issues for the current guideline (based on what is in the public domain) – my slides are available from the event organizers on request | 14.01.2021 | 17.02.2021 | 14.01.2021 | Declare and participate  Agreed by: GL, February 2021  Rationale: Specific to guideline, was a presentation of previous meta-analyses and so will not impact on the development of recommendations. |
| Jeremy Clarke | GC member | Direct  Non-financial professional and personal interest | 3-Part Review Essay: Depression Memoirs (Parts 1 and 2) in Psychoanalytic Psychotherapy 34(3) & 34(4) | Sept/Dec 2020 | 24.03.2021 | Sept 2020 | Declare and participate  Agreed by: GL, April 2021  Rationale: Specific to guideline, but a narrative review so will not impact on the development of recommendations. |
| Sinead Dervin | GC member |  | *No new interests to declare after 1.4.2018* |  |  |  | Resigned from the committee Sept 2018 |
| David Ekers | GC member | Direct  Non-financial professional and personal interest | Chief Investigator for the Multi Morbidity in Older Adults (MODS) study. Funded by NIHR PGfAR | July 2018 | July 2018 | Ongoing | Declare and participate Agreed by: GL, July 2018 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| David Ekers | GC member | Direct  Non-financial professional and personal interest | Co-author Cochrane review on Pharmacy Management of Depression | August 2019 | 19/10/2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| David Ekers | GC member | Direct  Non-financial professional and personal interest | Co-author Cochrane review on Behavioural activation for depression update | August 2019 | 19/10/2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| David Ekers | GC member | Direct  Non-financial professional and personal interest | Co-author Cochrane review on Behavioural Activation for depression in people with physical health conditions | August 2019 | 19/10/2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| David Ekers | GC member | Direct  Non-financial professional and personal interest | Co-investigator (unfunded) and Co-author on Behavioural Activation in nursing homes to treat depression (BAN-Dep): (and protocol paper in press at BMJ open) | January 2019 | 23/10/2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| David Ekers | GC member | Direct  Non-financial professional and personal interest | Collaborator (unfunded) to Cluster Randomised Trial to evaluate an intervention for depressed HIV-positive women in the perinatal period, to enhance child development and reduce maternal depression in South Africa. Joint Global Health Trials Panel, DFID, Wellcome Trust & MRC UK (administered by MRC) ref MR/P006965/1 | June 2019 | 23/10/2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Not specific to guideline |
| David Ekers | GC member | Direct  Non-financial professional and personal interest | Collaborator on IMPACT (improving mental and physical health together) in South Asia | January 2019 | 23/10/2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Not specific to guideline |
| David Ekers | GC member | Direct Non-financial professional and personal interest | Appointed to Clinical Director for Research and Development at Tees Esk and Wear Valleys NHS FT commence 1.11.2019 | October 2019 | 23/10/2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Not specific to guideline |
| David Ekers | GC member | Direct  Non-financial professional and personal interest | Investigator for Behavioural Activation in Social Isolation (BASIL Study) | April 2020 | 07/12/2020 | Ongoing | Declare and participate Agreed by: GL, December 2020 Rationale: Behavioural activation is included as an intervention but this study looks specifically at older adults socially isolated due to the Covid-19 pandemic, and will not complete until after the guideline is completed. Participation as an investigator is therefore unlikely to influence the guideline recommendations |
| David Ekers | GC member | Direct  Non-financial professional and personal interest | New funded study NIHRRegression discontinuity analysis of case finding for depression in primary care | September 2021 | 02/09/2021 | Ongoing |  |
| Satheesh Gangadharan | GC member | Direct  Non-financial professional and personal interest | NICE Fellow (2019 to 2022) | 2019 | 05/12/2020 | Ongoing until 2022 | Declare and participate Agreed by: GL, December 2020 Rationale: Not specific to guideline |
| Satheesh Gangadharan | GC member | Direct  Non-financial professional and personal interest | Fellow of the Royal College of Psychiatrists | 2008 | 05/12/2020 | Ongoing | Declare and participate Agreed by: GL, December 2020 Rationale: Not specific to guideline |
| Satheesh Gangadharan | GC member | Direct  Non-financial professional and personal interest | Member of the Policy and Public Affairs Committee at the Royal College of Psychiatrists | 2019 | 05/12/2020 | Ongoing | Declare and participate Agreed by: GL, December 2020 Rationale: Not specific to guideline |
| Satheesh Gangadharan | GC member | Direct  Non-financial professional and personal interest | I am one of the editors of Frith Prescribing Guidelines for adults with intellectual disability, published by Wiley. I do not receive a royalty for this. | 2015 | 05/12/2020 | Ongoing | Declare and participate Agreed by: GL, December 2020 Rationale: Not specific to guideline |
| Satheesh Gangadharan | GC member | Direct  Non-financial professional and personal interest | Currently chief investigator for a development grant from NIHR on use of machine learning aided stratification of multiple long term conditions in people with ID | 01.01.2021 | 26.02.2021 | Ongoing | Declare and participate Agreed by: GL, March 2021 Rationale: Not specific to guideline |
| Satheesh Gangadharan | GC member | Direct  Financial interest | Editor of a book titled “Intellectual Disability across cultures” which would be published by Oxford University Press. When published I may receive royalty for this. | 15.01.2021 | 26.02.2021 | Ongoing | Declare and participate Agreed by: GL, March 2021 Rationale: Not specific to guideline |
| Simon Gilbody | GC member |  | *No new interests to declare after 1.4.2018* |  |  |  | Resigned from the committee May 2019 |
| Tarun Gupta | GC member | Direct  Financial interest | Salaried GP Partnership in the NHS: Northbrook Group Practice, Solihull (4 sessions) | 05.01.2020 | 27.09.2020 | Ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Tarun Gupta | GC member | Direct  Financial interest | Independent Occupational Physician for 2 corporate clients | ? | 27.09.2020 | On going | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Tarun Gupta | GC member | Direct  Non-financial professional and personal interest | Clinical Lead for Mental Health Transformation & Integration, Birmingham & Solihull CCG | July 2018 | 27.09.2020 | April 2021 (TBC) | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Tarun Gupta | GC member | Indirect interests | My wife is a part-time GP Partner in the NHS  Dr Natasha Behl Gupta – Solihull Health Partnership (4 sessions) | July 2018 | 27.09.2020 | Ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| David Hewison | GC member |  | *No new interests to declare after 1.4.2018* |  |  |  | Resigned from Committee May 2020 |
| Anthony Kendrick | GC member | Direct  Non-financial professional and personal interest | Editorial in BJGP on first-line choice of antidepressants, in which I was critical of Cipriani meta-analysis. | March 2019 | 22.03.2019 | March 2019 | Declare and participate Agreed by: GL, March 2019 Rationale: Specific to guideline; criticism was of methodology. |
| Anthony Kendrick | GC member | Direct  Non-financial professional and personal interest | Systematic review in Annals of Family Medicine on interventions for discontinuing antidepressants, relevant to guideline recommendations on minimising withdrawal problems. | January 2019 | 22.03.2019 | January 2019 | Declare and participate Agreed by: GL, March 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| Anthony Kendrick | GC member | Direct  Non-financial professional and personal interest | Interviewed on Radio 4 about minimising antidepressant withdrawal problems. | March 2019 | 22.03.2019 | March 2019 | Declare and participate Agreed by: GL, March 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| Anthony Kendrick | GC member | Direct  Non-financial professional and personal interest | Presentation: Strategies to reduce use of antidepressants at the Royal College of Physicians | 11.11.2019 | 27.11.2019 | 11.11.2019 | Declare and participate Agreed by: GL, December 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| Anthony Kendrick | GC member | Direct  Non-financial professional and personal interest | Grant application to NIHR on light therapy spectacles for postnatal depression. | 27.11.2019 | 27.11.2019 | ongoing | Declare and participate Agreed by: GL, December 2019 Rationale: Not specific to guideline (postnatal depression not in scope) |
| Anthony Kendrick | GC member | Direct  Non-financial professional and personal interest | Member, NHS England Improving Access to Psychological Therapies (IAPT) advisory committee | September 2020 | 12.11.2020 | Ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Psychological therapies are included in the guideline but member is appointed for his expertise in these therapies. |
| Anthony Kendrick | GC member | Direct  Non-financial professional and personal interest | Return to clinical general practice | September 2020 | 12.11.2020 | Ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Anthony Kendrick | GC member | Direct  Non-financial professional and personal interest | Providing advice on indicators related to review of people on antidepressants to the NICE Indicator Advisory Committee | May 2021 | 09.06.2021 | Ongoing | Declare and participate Agreed by: GL June 2021 Rationale: Additional work for NICE on depression is not a conflict to involvement in the NICE depression guideline as the 2 pieces of work should complement each other |
| Peter Kinderman | GC member | Direct  Financial | Director : Kinderman Consulting Ltd (a business arrangement for managing consultancy and related activities).  This company exists to manage any income (book royalties, speaker fees, professional fees, etc) outside of my main employment. These are usually total less than £3,000 per year. | 2016 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline as no income related to management of depression |
| Peter Kinderman | GC member | Direct  Financial | Occasional private practice as a clinical psychologist.  I do not see private clients, but I do supervise other clinical psychologists (and receive modest fees for this). Because I have no private clients, it follows that I am not treating anyone ‘for depression’ and have no intention to do so (and would not charge a fee for such work, anyway), but I cannot exclude the possibility that, in the future, clients I see may be depressed (it’s very common).  My fees for supervision (of other clinical psychologists) over the past 12 months have totaled £1,325. | 2000 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Private income not related to the treatment of people with depression |
| Peter Kinderman | GC member | Direct  Financial | I have received royalties on published work in the field of mental health from Palgrave Macmillan, and Little, Brown Book Company, and travel and hospitality from a variety of organisations in relation to speaking and other professional activity.  In the past 12 months, I have received royalties for book sales totaling around £300, and have received travel expenses for a trip to New Zealand (speaking at the New Zealand Psychological Society Annual Conference for which I received air fares and hotel accommodation totaling around £2,000 in value), a conference in Birmingham organized by a psychotherapy events organization (for which I received travel expenses of around £100 and a fee of £500), a trip to Cambridge to speak at a high school (for which I received travel expenses totaling some £150), a trip to London on behalf of the British Psychological Society (for which I received travel expenses totaling some £300), a trip to Bonn organized by the Kuaneswerk summer schools programme (for which I received travel expenses totaling some £600), and a trip to London to speak at an event organized by the Institute for Education (for which I received travel expenses totaling some £300). Total travel expenses: £4,250 | 2000 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Reasonable travel expenses reimbursed and fees for educational events |
| Peter Kinderman | GC member | Direct  Financial | I am a Clinical Advisor to Public Health England (specifically on their ‘Every Mind Matters’ campaign). My employer is remunerated ½ a day a week for my time. | 2019 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Specific to guideline but advisory work to another public body is not a conflict of interest. |
| Peter Kinderman | GC member | Direct  Financial | I had an honorary (unpaid) contract with Mersey Care NHS Foundation Trust as a Consultant Clinical Psychologist. This came to an end at the end of July 2020. | 2000 | 24.09.2020 | 2020 | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Peter Kinderman | GC member | Direct  Financial | Over the course of my career, I have received research grants from the National Institute of Health Research, the Medical Research Council, the Economic and Social Research Council, the Wellcome Trust, the Youth Justice Board for England, various NHS Trusts, the Department of Health, the European Commission, the British Psychological Society, and the Reader Organisation. I have received no grant income in the past 12 months. | 2000 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Peter Kinderman | GC member | Direct  Financial | I have received personal fees from the Department for Constitutional Affairs, legal counsel, the BBC, Al Jazeera, Smoking Gun Media, GLG Group, True North Productions, Warrington Borough Council, and Compass Pathways Ltd.  In the past 12 months, my income from these sources has been £160 from Al Jazeera for media contributions, and £500 from Warrington Borough Council for a report into an investigation of an unexpected death. Total: £660. | 2000 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Peter Kinderman | GC member | Direct  Financial | I own shares in Alphabet (the parent company of Google), Twitter, and Microsoft. | 2015 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Peter Kinderman | GC member | Direct  Non-financial professional and personal interest | Member – British Psychological Society (President, 20016-17) | 2000 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Peter Kinderman | GC member | Direct  Non-financial professional and personal interest | Member – Council for Evidence-based Psychiatry | 2014 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Peter Kinderman | GC member | Direct  Non-financial professional and personal interest | I have been active in publishing material that critiques the bio-medical model of mental health (and, specifically, depression) for many years. My publications can be seen on my CV. | 2000 | 24.09.2020 | ongoing | Declare and participate, but may need to be exempted from making recommendations if involving biomedical model of mental health Agreed by: GL, November 2020 Rationale: May be relevant to guideline if models of mental health are discussed |
| Peter Kinderman | GC member | Indirect interests | Member – British Psychological Society (President, 20016-17). This could be thought of as having relevance to the Committee’s work, given that the Society (and I) have commented on psychological perspectives on depression and wider mental health issues, including offering expert evidence to NICE. | 2000 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Peter Kinderman | GC member | Indirect interests | Member – Council for Evidence-based Psychiatry. Similarly, CEP has commented on psychological perspectives on depression and wider mental health issues, including offering expert evidence to NICE. | 2014 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Peter Kinderman | GC member | Direct  Non-financial professional and personal interest | Director – Kyrie Therapeutic Farm, Ltd. This is a non-profit organization building and then operating a therapeutic institution in Ireland | 2000 | 27.01.2021 | ongoing | Declare and participate Agreed by: GL, February 2021 Rationale: Not specific to guideline |
| Peter Kinderman | GC member | Direct  Non-financial professional and personal interest | Signatory on a letter sent to the CQC criticising the use of ECT in the NHS and calling for its withdrawal | July 2021 | 09.06.2021 |  | Exclusion from participation in drafting recommendations on ECT Agreed by: GL, June 2021 Rationale: ECT is included in the guideline and member has expressed extremely strong views on this subject |
| Neil Nixon | GC member | Direct  Financial | Meetings with LivaNova to discuss the potential place of Vagal Nerve Stimulation in local treatment pathways for depression (Nottingham) and possible future involvement in a multi-national trial. I have agreed to attend a meeting in Dusseldorf relating to this interest, sponsored by the company LivaNova. | Late 2018 | 22.03.2019 | ongoing | Declare and participate Agreed by: GL, March 2019 Rationale: Not specific to guideline as vagal nerve stimulation not included as an intervention. |
| Neil Nixon | GC member | Direct  Non-financial professional and personal interest | Meetings with Trust Pharmacy and representatives from Janssen to discuss the potential place of esketamine in local treatment pathways for depression (Nottingham), subject to regulatory and other approvals. | Early 2019 | 22.03.2019 | ongoing | Declare and participate apart from relevant question Agreed by: GL, March 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| Neil Nixon | GC member | Direct  Financial interest | Advisor on NICE Scientific Advice Project - [Depression] - SA542 | 06.11.2020 | 10.11.2020 | Estimated Jan 2021 | Declare and participate Agreed by: GL, November 2020 Rationale: Carrying out another piece of work on behalf of NICE relating to depression does not constitute a conflict of interest |
| Neil Nixon | GC member | Direct  Non-financial professional and personal interest | Site visit with ICON and COMPASS regarding acting as PI in a Phase III trial of a compound for treatment of resistant depression. There is no personal or direct payment involved. | January 2022 | 27.01.2022 | Ongoing | Declare and participate Agreed by: GL, January 2022 Rationale: Relates to a drug in Phase 3 studies so unlikely to impact on the guideline recommendations. |
| Louise O’Connor | GC member |  | *No new interests to declare after 1.4.2018* |  |  |  |  |
| Catherine Ruane | GC member | Direct  Non-financial professional and personal interest | Co-author of BMJ editorial on late-life depression | 28/11/2018 | 25/03/2019 | 28/11/2018 | Declare and participate apart from relevant question Agreed by: GL, March 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| Prishah Shah | GC member | Direct  Non-financial professional and personal interest | Service user input on national clinical audit of services for depression and anxiety | July 2018 | 22/03/2019 |  | Declare and participate Agreed by: GL, May 2019 Rationale: Specific to guideline but providing service user input not a conflict with guideline |
| Jennifer Speller | GC member |  | *No new interests to declare after 1.4.2018* |  |  |  |  |
| Toby Sweet | GC member | Direct  Financial interest | CEO of charity / voluntary sector organisation which provides services under contract to several CCGs and NHS bodies. | June 2007 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: This is a salaried position and income does not depend on activity or methods used to treat depression |
| Toby Sweet | GC member | Direct  Non-financial professional and personal interest | Member of BACP Healthcare Division Executive Committee. | July 2016 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Toby Sweet | GC member | Indirect interests | My Wife is Head of Service for Adult Mental Health for an NHS mental health trust. | October 2018 | 24.09.2020 | ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| David Taylor | GC member | Direct  Non-financial professional and personal interest | Co-author of paper: Horowitz MA, Taylor D. Tapering of SSRI treatment to mitigate withdrawal symptoms. Lancet Psychiatry 2019; 6:538-546 | June 2019 | 18/10/2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| David Taylor | GC member | Direct Financial interest | Consultant to Janssen on positioning of esketamine in treatment of depression Advisory board membership – Janssen (Esketamine for depression) | 2018 | 18/10/2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Esketamine is not an intervention under consideration for inclusion in the guideline and is subject to a separate NICE technology appraisal |
| David Taylor | GC member | Direct  Financial interest | Gave lectures sponsored by Janssen (who make Spravato (esketamine) | 2020 | 12.11.2020 | Ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Esketamine is not an intervention under consideration for inclusion in the guideline and is subject to a separate NICE technology appraisal |
| David Taylor | GC member | Direct  Non-financial professional and personal interest | Published articles critical of the efficacy claims for antidepressants in the journal Therapeutic Advances in Psychopharmacology | 2020 | 12.11.2020 | Ongoing | Declare and participate Agreed by: GL, November 2020 Rationale: Antidepressants are included as an intervention in the guideline, but member employed for his expertise in antidepressants |
| David Taylor | GC member | Direct Financial interest | Founder of 428 Pharma | 2020 | 16.06.2021 | Ongoing | Declare and participate Agreed by: GL, June 2021 Rationale: Not specific to guideline as company relates to depots and diagnostics which are not included in the guideline update |
| David Taylor | GC member | Direct Financial interest | Director of Psychiatric Genetic Testing | 2020 | 16.06.2021 | Ongoing | Declare and participate Agreed by: GL, June 2021 Rationale: Not specific to guideline as relates to genetic testing which is not included in the guideline update |
| David Taylor | GC member | Direct Financial interest | Consultancy services to Lundbeck | 2018 | 16.06.2021 | 2020 | Exclusion for participation in drafting recommendations which specifically include any of Lundbeck’s products Agreed by: GL, June 2021 Rationale: Lundbeck make a number of products used to treat depression. |
| David Taylor | GC member | Direct  Non-financial professional and personal interest | Published widely on antidepressant withdrawal | 1995 | 16.06.2021 | Ongoing | Declare and participate Agreed by: GL, June 2021 Rationale: Evidence-based publications on withdrawal are not a conflict with the guideline. |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | Publication of clinical trial examining CBT versus rumination-focused CBT in adult depression:  Hvenegaard, M., Moeller, S.B., Poulsen, P., Gondan, M., Grafton, B., Austin, S.F., Kistrup, M., Rosenberg N.G.K., Howard, H., & **Watkins, E.R**. (2019). Group Rumination-focused cognitive behavioural therapy (CBT) versus group CBT for depression: phase II trial. *Psychological Medicine*. 1–9. https://doi.org/10.1017/S0033291718003835 | Jan 2019 | 01/04/2019 | Jan 2019 | Declare and participate Agreed by: GL, April 2019 Rationale: Specific to guideline but membership of committee is for expertise in psychological therapies for management of depression in older adults so benefits of expertise outweigh risks. |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | Publication of research trial examining prevention of depression in adults:  Bot, M., Brouwer, I.A., Roca, M., Kohls, e., Penninx, B.W.J,H., **Watkins, E**., van Groothest, G., Cabout, M., Hegerl, U., Gili, M., Owens, M., Visser, M. for the MooDFOOD Prevention Trial Investigators (2019). Effect of Multinutrient Supplementation and Food-Related Behavioral Activation Therapy on Prevention of Major Depressive Disorder Among Overweight or Obese Adults With Subsyndromal Depressive Symptoms. *JAMA.*321(9):858-868. doi:10.1001/jama.2019.0556 | March 2019 | 01/04/2019 | March 2019 | Declare and participate Agreed by: GL, April 2019 Rationale: Not specific to guideline as about prevention of depression. |
| Ed Watkins | GC member | Direct Financial interest | I receive royalties on the publication of a treatment manual for rumination-focused CBT for depression, published by Guilford Press | July 2016 | 18/10/2019 | ongoing | Declare and participate Agreed by: GL, October 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | New paper arising overlapping with topic:  Rumination-focused Cognitive Behaviour Therapy for nonresponsive  chronic depression: An uncontrolled group study in Behavioural and Cognitive Psychotherapy Moeller et al., 2019 | November 2019 | 27.11.2019 |  | Declare and participate Agreed by: GL, December 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks. |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | Moeller, S., Austin, S., Hvenegaard, M., Kistrup, M., Gran, S., & **Watkins, E**. (2020). Rumination-focused cognitive behaviour therapy for non-responsive chronic depression: An uncontrolled group study. *Behavioural and Cognitive Psychotherapy,* *48*(3), 376-381. doi:10.1017/S1352465819000584 | 2020 | 19.11.2020 | Publication | Declare and participate Agreed by: GL, November 2020 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | Buckman JEJ, Saunders R, Cohen ZD, Clarke K, Ambler G, DeRubeis RJ, Gilbody S, Hollon SD, Kendrick T, **Watkins E**, White IR, Lewis G, Pilling S*.* (2020) What factors indicate prognosis for adults with depression in primary care? A protocol for meta-analyses of individual patient data using the Dep-GP database [version 3; peer review: 2 approved]. *Wellcome Open Res*, **4**:69 (<https://doi.org/10.12688/wellcomeopenres.15225.3>) | 2020 | 19.11.2020 | Publication | Declare and participate Agreed by: GL, November 2020 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | **Watkins E. R**., Newbold A. (2020). Factorial Designs Help to Understand How Psychological Therapy Works. *Frontiers in Psychiatry*, 11,429. https://www.frontiersin.org/article/10.3389/fpsyt.2020.00429 DOI.10.3389/fpsyt.2020.00429 | 2020 | 19.11.2020 | Publication | Declare and participate Agreed by: GL, November 2020 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | Cook, L., Mostazir, M., & **Watkins, E.R**. (2019). Reducing Stress and Preventing Depression (RESPOND): Randomized Controlled Trial of Web-Based Rumination-Focused Cognitive Behavioral Therapy for High-Ruminating University Students. *Journal of Medical Internet Research, 21,* 5, e11349. doi.org/10.2196/11349 | 2020 | 19.11.2020 | Publication | Declare and participate Agreed by: GL, November 2020 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | Bot, M., Brouwer, I.A., Roca, M., Kohls, e., Penninx, B.W.J,H., **Watkins, E**., van Groothest, G., Cabout, M., Hegerl, U., Gili, M., Owens, M., Visser, M. for the MooDFOOD Prevention Trial Investigators (2019). Effect of Multinutrient Supplementation and Food-Related Behavioral Activation Therapy on Prevention of Major Depressive Disorder Among Overweight or Obese Adults With Subsyndromal Depressive Symptoms. *JAMA.*321(9):858-868. doi:10.1001/jama.2019.0556 | 2020 | 19.11.2020 | Publication | Declare and participate Agreed by: GL, November 2020 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | Hvenegaard, M., Moeller, S.B., Poulsen, P., Gondan, M., Grafton, B., Austin, S.F., Kistrup, M., Rosenberg N.G.K., Howard, H., & **Watkins, E.R**. (2019). Group Rumination-focused cognitive behavioural therapy (CBT) versus group CBT for depression: phase II trial. *Psychological Medicine*. 1–9. https://doi.org/10.1017/S0033291718003835 | 2020 | 19.11.2020 | Publication | Declare and participate Agreed by: GL, November 2020 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | Workshop presented to NHS England on applying behavioural activation by IAPT therapists and how to adapt to COVID and lockdown – attended/viewed by 2000+ therapists | May 2020 | 19.11.2020 | May 2020 | Declare and participate Agreed by: GL, November 2020 Rationale: Not specific to guideline |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | Recent papers published with respect to treatment of depression:   1. Buckman, J.E.J., Cohen, Z.D., O’Driscoll, C., Fried, E.I., Saunders, R., Ambler, G., DeRubeis, R.J., Gilbody, S., Hollon, S.D., Kendrick, T., Watkins, E., Eley T.C., Peel, A.J., Rayner, C., Kessler, D., Wiles, N., Lewis, G., & Pilling, S. (2021). Predicting prognosis for adults with depression using individual symptom data: a comparison of modelling approaches. *Psychological Medicine 1–11*. https://doi.org/10.1017/S0033291721001616 2. O’Driscoll, C., Buckman, J.E.J., Fried, E.I., Saunders, R., Cohen, Z.D., Ambler, G., DeRubeis, R.J., Gilbody, S., Hollon, S.D., Kendrick, T., Kessler, D., Lewis, G., Watkins, E., Wiles, N., & Pilling 2. (2021)*.* The importance of transdiagnostic symptom level assessment to understanding prognosis for depressed adults: analysis of data from six randomised control trials. *BMC Med* **19,**109. https://doi.org/10.1186/s12916-021-01971-0 3. Owens, M., Watkins, E., Bot, M., Brouwer, I. A., Roca, M., Kohls, E., … Visser, M. (2021). Habitual behaviour as a mediator between food-related behavioural activation and change in symptoms of depression in the MooDFOOD trial. *Clinical Psychological Science. April 2021. doi:*[*10.1177/2167702620979785*](https://doi.org/10.1177/2167702620979785) 4. Vreijling SR et al (2021).Effects of dietary interventions on depressive symptom profiles: results from the MooDFOOD depression prevention study. *Psychological Medicine 1–10.* [*https://doi.org/10.1017/S0033291721000337*](https://doi.org/10.1017/S0033291721000337) 5. 5. Buckman, J.E.J., Saunders, R., O’Driscoll, C., Cohen, Z.D., Stott, J., Ambler, G., Gilbody, S., Hollon, S.D., Kendrick, T., Watkins, E., Wiles, N., Kessler, D., Chari, N., White, I.R., Lewis, G., & Pilling, S. (2021). The contribution of depressive ‘disorder characteristics’ to determinations of prognosis for adults with depression: an individual patient data meta-analysis. *Psychological Medicine* 1–14. https://doi.org/10.1017/S0033291721001367 | March to May 2020 | 09.06.2021 | Ongoing | Declare and participate Agreed by: GL, June 2021 Rationale: Declare and participate Agreed by: GL, November 2020 Rationale: Specific to guideline but membership of committee is for expertise in management of depression so benefits of expertise outweigh risks of scientific publications |
| Ed Watkins | GC member | Direct  Non-financial professional and personal interest | New grant :Medical Research Council funded project on Developing and evaluating a whole university stepped change approach to student mental health – £3.74 M | Grant awarded May, starts September 2021 | 09.06.2021 | Completes September 2025 | Declare and participate Agreed by: GL, June 2021 Rationale: Grant commences after completion of guideline recommendations |
| Philip Wilkinson | GC member | Direct  Non-financial professional and personal interest | Poster presentation at 24th Nordic Congress of Gerontology on management of late-life depression | 02/05/2018 | 17/03/2019 | 04/05/2018 | Declare and participate apart from relevant question Agreed by: GL, March 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression in older adults so benefits of expertise outweigh risks. |
| Philip Wilkinson | GC member | Direct  Non-financial professional and personal interest | Author of BMJ editorial on late-life depression | 28/11/2018 | 17/03/2019 | 28/11/2018 | Declare and participate apart from relevant question Agreed by: GL, March 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression in older adults so benefits of expertise outweigh risks. |
| Philip Wilkinson | GC member | Direct  Non-financial professional and personal interest | Member of project steering group of PGfAR Programme RP-PG-0217-20006: Multi-morbidity in Older Adults with Depression Study (MODS) | December 2018 | 17/03/2019 | December 2023 approx. | Declare and participate Agreed by: GL, March 2019 Rationale: Not specific to guideline |
| Philip Wilkinson | GC member | Direct  Non-financial professional and personal interest | Author of narrative review of management of late life depression for Clinical Focus in Primary Care | Submission March 2019  Final submission October 2019 | 17/03/2019  18/10/2109 |  | Declare and participate apart from relevant question Agreed by: GL, March 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression in older adults so benefits of expertise outweigh risks. |
| Philip Wilkinson | GC member | Direct  Non-financial professional and personal interest | Co-author of article about late-life depression in GP journal for publisher Rila | October 2019 | 17/10/2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Specific to guideline but membership of committee is for expertise in management of depression in older adults so benefits of expertise outweigh risks. |
| Philip Wilkinson | GC member | Direct  Non-financial professional and personal interest | Provided comments on piece about atypical depression in Mail on Sunday | 20-10-19 | 17/10/2019 |  | Declare and participate Agreed by: GL, October 2019 Rationale: Not specific to guideline. |
| Philip Wilkinson | GC member | Direct  Non-financial professional and personal interest | Author of publication of case-control study of cognitive bias is late-life depression (which relates to cognitive bias modification therapy).  International Journal of Geriatric Psychiatry  <https://doi.org/10.1002/gps.5557> | 26.04.2021 | 22.06.2021 |  | Declare and participate Agreed by: GL, June 2021 Rationale: Cognitive bias in late-life depression is not included in the guideline. |
| Philip Wilkinson | GC member | Direct  Non-financial professional and personal interest | Co-applicant in stage 2 commissioned call application to HTA programme to fund RCT of acceptance and commitment therapy in older people with generalized anxiety disorder (some of whom have comorbid major depression). | 21.05.2021 | 22.06.2021 | Ongoing | Declare and participate Agreed by: GL, June 2021 Rationale: Generalized anxiety disorder is not included in the guideline. |

**GUIDANCE NOTES FOR COMPLETION OF THE INTERESTS REGISTER**

**Relevant dates:** Detail here the date the interest arose, the date it was first declared and when it ceased, if applicable. For example, if an individual has ceased to hold shares or undertake relevant private practice.