

**Self Harm: assessment, management and preventing recurrence
Guideline Committee Meeting 10**

Date: 17th June 2021

Location Virtual meeting via Zoom

Minutes: Final

Committee members present:	
Jeremy Isaacs	Present for notes 1-7
Nav Kapur	Present for notes 1-7
Harriet Fletcher	Present for notes 3-7
Fiona Burton	Present for notes 1-7
Abdullah Kraam	Present for notes 5-7
Angela Childs	Present for notes 1-7
Amanda Wildgoose	Present for notes 1-7
Faraz Mughal	Present for notes 1-6
Sarah Adams	Present for notes 1-7
Caroline Harroe	Present for notes 5-7
Lucy Chambers	Present for notes 1-7
Sarah Rae	Present for notes 1-3, 5-7
Julia Cons	Present for notes 1-7
Jemma Cook	Present for notes 1-7

In attendance:		
Melissa Bolessa (MB)	NGA Project Manager	Present for notes 1-7
Katherine Andrea (KA)	NGA Guideline Lead	Present for notes 1-7
Rachel Connolly (RC)	NGA Systematic Reviewer	Present for notes 1-7
Claire Maynard	NGA Systematic Reviewer	Present for notes 1-7
Ferruccio Pelone (FP)	NGA Health Economist	Present for notes 1-7
Ifigeneia Mavranouzouli (IM)	NGA Senior Health Economist	Present for notes 1-7
Steve Pilling (SP)	NGA Clinical Advisor	Present for notes 4-5
Clifford Middleton (CM)	NICE Guideline Commissioning Manager	Present for notes 1-7

Apologies:	
Amanda Lee (Co-opted GC member)	
Deborah Line (Co-opted GC member)	
Liam Clarke (Co-opted GC member)	

Jason Adams (Co-opted GC member)
Rory O'Connor (GC member)
Gemma Trainor (GC member)
Janet Youd (GC member)
Karen Lascelles (GC member)
Jay Halbert (GC member)
Alex Thomson (GC member)
Sarah Palombella (NICE Lead Content Editor)

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members the 10th guideline committee meeting on Self Harm: assessment, management and preventing recurrence.

The Chair informed the Committee of the apologies received and are noted above.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair outlined the objectives of the meeting and discussed the meeting etiquette for the virtual meeting.

2. Confirmation of matter under discussion, and declarations of interest

GC members were asked to submit any new declarations to the Project Manager after the meeting.

3. Minutes of the last meeting

The minutes from the last meeting were approved and accurate, no amendments were made.

4. Presentations

Morning presentations

The Chair introduced Rachel Connolly and Claire Maynard, both NGA Systematic Reviewers who gave a presentation on review question 2.2 What is the most effective approach to obtain consent, ensure confidentiality and promote safeguarding when people have self-harmed? Rachel Connolly and Claire Maynard took questions from the group. The Chair thanked Rachel and Claire for their presentation.

Afternoon presentations

The Chair introduced Rachel Connolly and Claire Maynard, both NGA Systematic Reviewers who gave a presentation on review question 2.1 to the committee members present in the meeting. The group was not quorate for this agenda item and the Reviewers will present this again at a future meeting.

It was also noted that the Topic Advisor, Nav Kapur's paper was included in this review question 2.1, What are the most effective ways of supporting people to be safe after self-harm? The Topic Advisor Nav Kapur was present at the meeting to answer questions from the committee about the paper, however Nav Kapur withdrew from the committee discussions about the recommendations. The Chair thanked Rachel and Claire for their presentation.

The Chair introduced Ferruccio Pelone, NGA Economist who gave a presentation on the Health Economic model for 5.2, What psychological and psychosocial interventions (including safety plans and electronic health-based interventions) are effective for people who have self-harmed?

The Chair and Katherine Andrea, Guideline Lead spoke to the group to Review and edit the recommendations for reviews: 3.1, 4.1, 5.1 and 6.1.

5. Questions and discussion

The Chair Jeremy Isaacs led the Lay member concerns agenda item, there were no concerns raised at the meeting by the Lay members.

The Committee discussed each presentation in relation to this guideline and given the opportunity to ask questions.

A presentation of the Health Economic model for review question 5.2 was given.

The Committee reviewed and edited recommendations for reviews: 3.1, 4.1, 5.1 and 6.1.

6. Any other business

None