

**Self Harm: assessment, management and preventing recurrence
Guideline Committee Meeting 16**

Date: 10 June 2022
Location Virtual meeting via Zoom
Minutes: Final

Committee members present:	
Jeremy Isaacs	Present for notes 1-9
Nav Kapur	Present for notes 1-9
Alex Thomson	Present for notes 1-9
Faraz Mughal	Present for notes 1-9
Harriet Fletcher	Present for notes 2-9
Gemma Trainer	Present for notes 1-9
Karen Lascelles	Present for notes 1-9
Janet Youd	Present for notes 1-9
Angela Childs	Present for notes 1-9
Lucy Chambers	Present for notes 1-9
Sarah Rae	Present for notes 2-9
Jemma Cook	Present for notes 1-9

In attendance:		
Melissa Bolessa	NICE Project Manager	Present for notes 1-9
Angela Bennett	NICE Guideline Lead	Present for notes 1-9
Nathan Bromham	NICE Senior Systematic Reviewer	Present for notes 1-9
Rachel Connolly	NICE Systematic Reviewer	Present for notes 1-9
Ifigeneia Mavranouzouli	NICE Senior Economist	Present for notes 1-9
Clifford Middleton	NICE Guidelines Commissioning Manager	Present for notes 1-9
Steve Pilling	NICE Clinical Advisor	Present for notes 3-9
Sarah Palombella	NICE Lead Contents Editor	Present for notes 1-9
Rebecca Boucher	NICE Observer	Present for notes 1-9

Apologies:	
Jay Halbert	
Abdullah Kraam	
Amanda Wildgoose	
Fiona Burton	

Julia Cons
Jason Adams
Amanda Lee
Liam Clarke
Sarah Adams
Caroline Harroe
Rory O'Connor

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members the 16th guideline committee meeting on Self Harm: assessment, management and preventing recurrence.

The Chair informed the Committee of the apologies received and are noted above.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair outlined the objectives of the meeting and discussed the meeting etiquette for the virtual meeting.

2. Confirmation of matter under discussion, and declarations of interest

The Committee members were asked to submit any new declarations to the Project Manager after the meeting. No new declarations of interests were made.

3. Minutes of the last meeting

The minutes from the last meeting were approved and accurate, no amendments were made.

4. Presentations

Morning and afternoon presentations

The committee meeting consisted of a discussion on changes to recommendations and responses to stakeholder comments that committee are not happy with (Document 4), which was led by Jeremy Isaacs, Committee Chair and Angela Bennett, NICE Guideline Lead,

Topics that were covered:

- 1.1 Information and support
- 1.2 Consent and confidentiality
- 1.4 Involving family members and carers
- 1.5 Psychosocial assessment and care by specialist mental health professionals
- 1.6 Risk assessment tools and scales

- 1.6.15 (Harriet)
- 1.7 Assessment and care by health and social care professionals
- 1.8 Assessment and care by professionals from other sectors
- 1.9 Admission to and discharge from hospital
- 1.10 Initial aftercare after an episode of self-harm
- 1.11 Interventions for self-harm
- 1.11.1 (Harriet)
- 1.11.3 (Gemma)
- 1.11 Interventions for self-harm (cont.)
- 1.12 Supporting people to be safe after self-harm
- 1.13 Safer prescribing and dispensing
- 1.14 Training

Janet

- 1.15 Supervision
- 1.15.1 (Harriet)

Nathan Bromham, NICE Senior Systematic Reviewer and Rachel Connolly, NICE Systematic Reviewer discussed Research recommendations – Harm minimisation (Document 5) and Nathan Bromham, NICE Senior Systematic Reviewer discussed NICE Publications policy (Document 6).

5. Questions and discussion

There were no serious concerns raised at the meeting by the Lay members.

The Committee discussed the stakeholder comments and given the opportunity to ask questions.

6. Any other business

The Chair concluded the final committee meeting for the group and thanked the members and NGA staff for their great work on the guideline.