

**Self Harm: assessment, management and preventing recurrence  
Guideline Committee Meeting 5**

**Date:** 5<sup>th</sup> November 2020

**Location** Virtual meeting via Zoom

**Minutes:** Confirmed

| <b>Committee members present:</b> |                                |
|-----------------------------------|--------------------------------|
| Jeremy Isaacs (Chair)             | Present for notes 1-11         |
| Nav Kapur (Topic Advisor)         | Present for notes 4-11         |
| Gemma Trainor                     | Present for notes 1-11         |
| Janet Youd                        | Present for notes 1-6          |
| Alex Thomson                      | Present for notes 1-11         |
| Harriet Fletcher                  | Present for notes 1-11         |
| Sarah Adams                       | Present for notes 1-11         |
| Karen Lascelles                   | Present for notes 1-6          |
| Amanda Wildgoose                  | Present for notes 1-11         |
| Jay Halbert                       | Present for notes 1-11         |
| Fiona Burton                      | Present for notes 3-6 and 9-11 |
| Abdullah Kraam                    | Present for notes 3-11         |
| Angela Childs                     | Present for notes 1-11         |
| Faraz Mughal                      | Present for notes 1-11         |
| Rory O'Connor                     | Present for notes 1-4 and 9-11 |
| Caroline Harroe (Co-opted member) | Present for notes 1-11         |
| Lucy Chambers (Co-opted member)   | Present for notes 1-11         |
| Jason Adams (Co-opted member)     | Present for notes 1-11         |
| Angela Childs (Co-opted member)   | Present for notes 1-11         |
| Angela Childs (Co-opted member)   | Present for notes 1-11         |
| Sarah Rae (Lay member)            | Present for notes 1-11         |
| Julia Cons (Lay member)           | Present for notes 1-3 and 5-11 |
| Jemma Cook (Lay member)           | Present for notes 1-9          |

| <b>In attendance:</b> |                                |                        |
|-----------------------|--------------------------------|------------------------|
| Melissa Bolessa       | NGA Project Manager            | Present for notes 1-11 |
| Maija Kallioinen      | NGA Guideline Lead             | Present for notes 1-4  |
| Hilary Eadon          | NGA Guideline Lead             | Present for notes 1-11 |
| Mia Schmidt-Hansen    | NGA Senior Systematic Reviewer | Present for notes 1-11 |

|                  |                                  |                        |
|------------------|----------------------------------|------------------------|
| Rachel Connolly  | NGA Systematic Reviewer          | Present for notes 1-11 |
| Ferruccio Pelone | NGA Health Economist             | Present for notes 1-11 |
| Sarah Stockton   | NGA Senior Information Scientist | Present for notes 4-11 |
| Steve Pilling    | NGA Clinical Advisor             | Present for notes 1-9  |
| Sarah Palombella | NICE Lead Content Editor         | Present for notes 1-11 |
| Erin Whittingham | NICE Public Involvement Adviser  | Present for notes 1-9  |
| Adam Storrow     | NICE Resource Impact             | Present for notes 4-11 |

**Apologies:**

Amanda Lee (Co-opted member)

Liam Clarke (Co-opted member)

Deborah Line (Co-opted member)

Jay Halbert (GC member)

Katherine Andrea (NGA)

Ifigeneia Mavranouzouli (NGA)

Clifford Middleton (NICE)

**1. Welcome and objectives for the meeting**

The Chair welcomed the Committee members and attendees to the 5<sup>th</sup> guideline committee meeting on Self Harm: assessment, management and preventing recurrence.

The Chair informed the Committee of the apologies received, which are noted above.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair outlined the objectives of the meeting and discussed the meeting etiquette for the virtual meeting.

**2. Confirmation of matter under discussion, and declarations of interest**

GC members were asked to submit any new declarations to the Project Manager after the meeting.

**3. Minutes of the last meeting**

The minutes from the last meeting were approved and accurate, no amendments were made.

#### **4. Presentations**

##### Morning presentations

The Chair introduced Erin Whittingham, NICE Public Involvement Adviser who spoke to the committee about her role on the guideline.

Erin took questions from the group. The Chair thanked Erin for attending.

The Chair introduced Mia Schmidt-Hansen, NGA Systematic Reviewer who led a protocol discussion on review question *6.1 What are the key principles of safe prescribing for people who have self-harmed?*

Rachel Connolly, took questions from the group. The Chair thanked Mia for her presentation.

After a short morning break, the Chair introduced Adam Storrow from the NICE Resource Impact team, who gave a presentation on the Role of resource impact in the guideline.

The Chair thanked Adam for his presentation.

The Chair introduced Mia Schmidt-Hansen, NGA Systematic Reviewer who led a protocol discussion on review question *7.2 What is the effectiveness of therapeutic risk-taking strategies for people who have self-harmed?*

##### Afternoon presentations

The Chair introduced Rachel Connolly, NGA Systematic Reviewer who presented *reviews 1.1 What are the information and support needs of people who have self-harmed?* and *Review 1.2 What are the information and support needs of the families and carers of people who have self-harmed?* Rachel also presented the draft recommendations made by the Topic Group.

After a short afternoon break, the committee continued to discuss the draft recommendations and collectively started to make recommendations.

The last agenda item on review protocol discussion for review question 2.2 was not covered, as the meeting ran out of time.

#### **5. Questions and discussion**

The Chair Jeremy Isaacs led the Lay member concerns agenda item, there were no

concerns raised at the meeting by the Lay members.

The committee asked questions on relevant declarations of interests they should be declaring.

The Committee discussed and finalised the protocols for draft review questions 6.1 and 7.2

All protocols are to be sent to NICE to be signed off.

**6. Any other business**

The committee were reminded that the next meeting would be held virtually.