

**Self Harm: assessment, management and preventing recurrence
Guideline Committee Meeting 6**

Date: 3rd December 2020

Location Virtual meeting via Zoom

Minutes: Final

Committee members present:	
Jeremy Isaacs (Chair)	Present for notes 1-11
Nav Kapur (Topic Advisor)	Present for notes 4-11
Gemma Trainor	Present for notes 1-11
Janet Youd	Present for notes 1-11
Alex Thomson	Present for notes 1-11
Harriet Fletcher	Present for notes 1-11
Sarah Adams	Present for notes 1-11
Karen Lascelles	Present for notes 1-11
Jay Halbert	Present for notes 1-11
Fiona Burton	Present for notes 2-11
Abdullah Kraam	Present for notes 2-11
Rory O'Connor	Present for notes 5-11
Lucy Chambers (Co-opted member)	Present for notes 5-11
Jason Adams (Co-opted member)	Present for notes 1-11
Angela Childs (Co-opted member)	Present for notes 1-11
Amanda Lee (Co-opted member)	Present for notes 2-11
Sarah Rae (Lay member)	Present for notes 1-11
Julia Cons (Lay member)	Present for notes 1-11
Jemma Cook (Lay member)	Present for notes 7-11

In attendance:		
Melissa Bolessa	NGA Project Manager	Present for notes 1-11
Katherine Andrea	NGA Guideline Lead	Present for notes 1-11
Mia Schmidt-Hansen	NGA Senior Systematic Reviewer	Present for notes 1-11
Rachel Connolly	NGA Systematic Reviewer	Present for notes 1-11
Ferruccio Pelone	NGA Health Economist	Present for notes 3-11
Sarah Stockton	NGA Senior Information Scientist	Present for notes 1-11

Apologies:

Liam Clarke (Co-opted GC member)

Amanda Wildgoose (GC member)

Faraz Mughal (GC member)

Caroline Harroe (Co-opted GC member)

Deborah Line (Co-opted GC member)

Steve Pilling (NGA Clinical Advisor)

Observing:

1.	Fabrizio Girolomini	NICE Scholar
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1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 6th guideline committee meeting on Self Harm: assessment, management and preventing recurrence.

The Chair informed the Committee of the apologies received, which are noted above.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair outlined the objectives of the meeting and discussed the meeting etiquette for the virtual meeting.

2. Confirmation of matter under discussion, and declarations of interest

GC members were asked to submit any new declarations to the Project Manager after the meeting.

3. Minutes of the last meeting

The minutes from the last meeting were approved and accurate, no amendments were made.

4. Presentations

Morning presentations

The Chair introduced Mia Schmidt-Hansen, NGA Senior Systematic Reviewer who led a protocol discussion on review question 2.2 *What is the most effective approach to obtain consent, ensure confidentiality and promote safeguarding when people*

have self-harmed?

Mia Schmidt-Hansen took questions from the group. The Chair thanked Mia and Rachel Connolly for their work on the protocol.

The Chair introduced Mia Schmidt-Hansen, NGA Senior Systematic Reviewer again, who led two more protocol discussions on review question 2.3 *What are the most effective models of care for people who have self-harmed?* and review question 2.1 *What are the principles underpinning safe, equitable and effective care for people who have self-harmed?*

Mia Schmidt-Hansen took questions from the group. The Chair thanked Mia and Rachel Connolly for their work on the protocols.

Afternoon presentations

The Chair introduced Mia Schmidt-Hansen, NGA Senior Systematic Reviewer who presented Review question 7.1 *What is the effectiveness of harm minimisation strategies for people who have self-harmed?*

Mia Schmidt-Hansen also presented the draft recommendations made by the committee for 1.1 & 1.2 (*1.1 What are the information and support needs of people who have self-harmed? and 1.2 What are the information and support needs of the families and carers of people who have self-harmed?*)

Mia and Jeremy Isaacs, NGA Chair led the discussions on the draft recommendations and the Committee collectively started to make recommendations.

5. Questions and discussion

The Chair Jeremy Isaacs led the Lay member concerns agenda item, there were no concerns raised at the meeting by the Lay members.

All protocols are to be sent to NICE to be signed off.

6. Any other business

The committee were reminded that the next meeting will be in the new year and would be held virtually.