

**Self Harm: assessment, management and preventing recurrence
Guideline Committee Meeting 7**

Date: 26th January 20201

Location Virtual meeting via Zoom

Minutes: Final

Committee members present:	
Jeremy Isaacs (Chair)	Present for notes 1-7
Nav Kapur (Topic Advisor)	Present for notes 1-7
Gemma Trainor	Present for notes 1-3, 5-9
Alex Thomson	Present for notes 1-4, 7-9
Harriet Fletcher	Present for notes 1-9
Sarah Adams	Present for notes 1-9
Karen Lascelles	Present for notes 6-9
Jay Halbert	Present for notes 1-9
Fiona Burton	Present for notes 1-9
Abdullah Kraam	Present for notes 1-9
Rory O'Connor	Present for notes 1-9
Amanda Wildgoose	Present for notes 1-9
Faraz Mughal	Present for notes 1-9
Jason Adams (Co-opted member)	Present for notes 1-9
Angela Childs (Co-opted member)	Present for notes 1-9
Liam Clarke (Co-opted GC member)	Present for notes 1-9
Caroline Harroe (Co-opted GC member)	Present for notes 1-9
Sarah Rae (Lay member)	Present for notes 1-9
Julia Cons (Lay member)	Present for notes 1-9
Jemma Cook (Lay member)	Present for notes 1-9

In attendance:		
Melissa Bolessa	NGA Project Manager	Present for notes 1-9
Katherine Andrea	NGA Guideline Lead	Present for notes 1-9
Mia Schmidt-Hansen	NGA Senior Systematic Reviewer	Present for notes 1-4
Rachel Connolly	NGA Systematic Reviewer	Present for notes 1-9
Ferruccio Pelone	NGA Health Economist	Present for notes 3-9
Ifigeneia Mavranouzouli	NGA Senior Health Economist	Present for notes 8-9
Steve Pilling	NGA Clinical Advisor	Present for notes 1-9

Apologies:

Janet Youd (GC member)

Deborah Line (Co-opted GC member)

Lucy Chambers (Co-opted GC member)

Amanda Lee (Co-opted GC member)

Sarah Palombella (NICE)

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 7th guideline committee meeting on Self Harm: assessment, management and preventing recurrence.

The Chair informed the Committee of the apologies received, which are noted above.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair outlined the objectives of the meeting and discussed the meeting etiquette for the virtual meeting.

2. Confirmation of matter under discussion, and declarations of interest

GC members were asked to submit any new declarations to the Project Manager after the meeting.

3. Minutes of the last meeting

The minutes from the last meeting were approved and accurate, no amendments were made.

4. Presentations

Morning presentations

The Chair introduced Mia Schmidt-Hansen, NGA Senior Systematic Reviewer who have a presentation on review question 3.2 How should assessment for people who have self-harmed be undertaken in specialist settings, such as: community mental health services, emergency departments (by specialist staff), inpatient mental health services?

Mia Schmidt-Hansen took questions from the group. The Chair thanked Mia for her

work on this review.

The second presentation was given again by Mia Schmidt-Hansen, NGA Senior Systematic Reviewer, who have a presentation on review question 3.1 How should assessment for people who have self-harmed be undertaken in non-specialist settings, such as: primary care, social care, community pharmacy, ambulances, emergency departments (by non-specialist staff), schools, colleges and universities, the criminal justice system and immigration removal centres, acute general hospitals?

Mia Schmidt-Hansen took questions from the group. The Chair thanked Mia for her work on this review.

Afternoon presentations

The Chair introduced Rachel Connolly, NGA Systematic Reviewer who presented Review question 2.4 What are the views and preferences of people who have self-harmed, their families and carers, and staff working with people who have self-harmed about the best ways of involving family and carers in the management of people who have self-harmed?

Rachel Connolly, took questions from the group. The Chair thanked Rachel for her work on this review.

Next Katherine Andrea, NGA Guideline Lead and Jeremy Isaacs, NGA Chair led the discussions on the draft recommendations and the Committee collectively contributed to making the recommendations.

Lastly, The Chair introduced Ferruccio Pelone, NGA Health Economist who gave a presentation on the health economics of Review question 5.2 What psychological and psychosocial interventions (including safety plans and electronic health-based interventions) are effective for people who have self-harmed?

Ferruccio Pelone took questions from the group. The Chair thanked Ferruccio for his work on this review.

5. Questions and discussion

The Chair Jeremy Isaacs led the Lay member concerns agenda item, there were no concerns raised at the meeting by the Lay members.

The Committee discussed each presentation in relation to this guideline and were given the opportunity to ask questions.

6. Any other business

None