

# Self Harm: assessment, management and preventing recurrence Guideline Committee Meeting 9

Date: 6<sup>th</sup> May 20201

Location Virtual meeting via Zoom

Minutes: Final

#### **Committee members present:** Jeremy Isaacs (Chair) Present for notes 1-7 Present for notes 1-7 Nav Kapur (Topic Advisor) Gemma Trainor Present for notes 1-7 Alex Thomson Present for notes 1-7 Janet Youd Present for notes 1-7 Present for notes 1-7 Harriet Fletcher Sarah Adams Present for notes 1-7 Karen Lascelles Present for notes 1-7 Jay Halbert Present for notes 1-7 Present for notes 1-7 Fiona Burton Abdullah Kraam Present for notes 1-7 Rory O'Connor Present for notes 2-7 Amanda Wildgoose Present for notes 1-7 Faraz Mughal Present for notes 1-7 Jason Adams (Co-opted member) Present for notes 4-7 Angela Childs (Co-opted member) Present for notes 1-7 Present for notes 2-7 Liam Clarke (Co-opted GC member) Caroline Harroe (Co-opted GC member) Present for notes 1-7 Present for notes 3-7 Lucy Chambers (Co-opted GC member) Sarah Rae (Lay member) Present for notes 1-7 Present for notes 1-7 Julia Cons (Lay member) Jemma Cook (Lay member) Present for notes 1-7

In attendance:			
Melissa Bolessa	NGA Project Manager	Present for notes 1-7	
Katherine Andrea	NGA Guideline Lead	Present for notes 1-7	
Mia Schmidt-Hansen	NGA Senior Systematic Reviewer	Present for notes 1-7	
Rachel Connolly	NGA Systematic Reviewer	Present for notes 1-7	
Ferruccio Pelone	NGA Health Economist	Present for notes 1-7	
Ifigeneia Mavranezouli	NGA Senior Health Economist	Present for notes 1-7	
Clifford Middleton	NICE Guideline commissioning	Present for notes 1-7	



(NICE)	manager	
David McDaid	Associate Professorial Research Fellow in Health Policy and Health Economics, London School of Economics and Political Science	Present for notes 2
Keith Hawton	Director, Centre for Suicide Research and Professor of Psychiatry University Department of Psychiatry Warneford Hospital	Present for notes 2

# **Apologies:**

Amanda Lee (Co-opted GC member) Deborah Line (Co-opted GC member) Steve Pilling (NGA Clinical Advisor) Sarah Palombella (NICE Lead Contents Editor)

#### 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to day 1 of the 9<sup>th</sup> guideline committee meeting on Self Harm: assessment, management and preventing recurrence.

The Chair informed the Committee of the apologies received, which are noted above.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair outlined the objectives of the meeting and discussed the meeting etiquette for the virtual meeting.

#### 2. Confirmation of matter under discussion, and declarations of interest

GC members were asked to submit any new declarations to the Project Manager after the meeting.

#### 3. Minutes of the last meeting

The minutes from the last meeting were approved and accurate, no amendments were made.

### 4. Presentations

#### Morning presentations

The Chair welcome two external attendees David McDaid, an Associate Professorial Research Fellow in Health Policy and Health Economics, London School of Economics and Political Science and Keith Hawton, Director of the Centre for Suicide Research and Professor of Psychiatry University Department of Psychiatry Warneford Hospital, who gave a presentation to the committee on the Health Economic data from Multicentre Study of psychosocial assessment following hospital presenting self-harm. The Chair thanked David McDaid and Katrina for their presentation.

The Committee, led by Katherine Andrea, Guideline Lead reviewed the edited recommendations for 3.2.

# Afternoon presentations

The Chair introduced Katherine Andrea, NGA Guideline Lead who presented the Committee with the Assessment recs for 3.1, How should assessment for people who have self-harmed be undertaken in non-specialist settings such as primary care, social care, community pharmacy, ambulances, emergency departments (by non-specialist staff), schools, colleges and universities, the criminal justice system and immigration removal centres, acute general hospitals?

The Chair introduced Rachel Connolly, NGA Systematic Reviewer who gave a presentation on Review question 5.1 What are the components of effective follow-up for people who have self-harmed? Rachel Connolly took questions from the group. The Chair thanked Rachel for her presentation.

# 5. Questions and discussion

The Chair Jeremy Isaacs led the Lay member concerns agenda item, there were no concerns raised at the meeting by the Lay members.

The Committee discussed each presentation in relation to this guideline and were given the opportunity to ask questions.

The Committee reviewed the edited recommendations for 3.2.

# 6. Any other business

None