

Osteoarthritis: assessment and management (update)

[A] Additional benefit of imaging in the diagnosis of osteoarthritis

NICE guideline <number>

Evidence reviews underpinning recommendations 1.1.1 to 1.1.2 in the NICE guideline

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1 Additional benefit of imaging in the diagnosis of osteoarthritis

1.1 Review question

What is the clinical and cost-effectiveness of using imaging in the diagnosis of osteoarthritis in people with suspected osteoarthritis?

1.1.1 Introduction

In the absence of red flag signs or symptoms, the diagnosis of osteoarthritis can be achieved through clinical assessment (history taking and examination). Imaging findings do not always correlate well with the patient's symptoms, particularly in the early stages of osteoarthritis, and management is not dictated by imaging results alone. There is no gold standard for the clinical diagnosis of osteoarthritis and multiple clinical and research focussed definitions of the condition have been developed and some patients expect imaging to confirm a diagnosis. Imaging continues to be frequently used despite uncertainties about the benefit this adds to the diagnosis, the resource implications and potential for delays in commencing management. X-ray is the most common imaging used for knee osteoarthritis, however magnetic resonance imaging (MRI) is now being used more commonly to examining soft tissues and to pick up more subtle bony changes. Some healthcare professionals may use ultrasound for more superficial joints (for example: finger, toe). In some parts of the country, primary care has direct access to MRI and ultrasound scans. The aim of this review is to establish if there is additional benefit in using any imaging as an adjunct to clinical examination to diagnose osteoarthritis. This review does not seek to define when imaging is indicated in the natural history of osteoarthritis.

1.1.2 Summary of the protocol

For full details see the review protocol in Appendix A.

Table 1: PICO characteristics of review question

Population	<p>Inclusion:</p> <ul style="list-style-type: none">Adults (age ≥ 16 years) with clinically suspected osteoarthritis affecting any joint. <p>Exclusion:</p> <ul style="list-style-type: none">Children (age < 16 years).People previously diagnosed with osteoarthritis before the studySpinal osteoarthritis
Interventions	<p>Diagnosis based on:</p> <ul style="list-style-type: none">Clinical assessment without imagingClinical assessment with CT imagingClinical assessment with CT after X-ray or ultrasoundClinical assessment with MRI imagingClinical assessment with MRI imaging after X-ray or ultrasoundClinical assessment with x-rayClinical assessment with ultrasound
Comparisons	<ul style="list-style-type: none">Compared to each other (clinical-effectiveness)
Outcomes	<p>Primary outcomes (critical outcomes) Stratify by $\leq / > 3$ months (longest time-point in each):</p>

	<ul style="list-style-type: none">• Health-related quality of life [validated patient-reported outcomes, continuous data prioritised]• Pain [validated patient-reported outcomes, continuous data prioritised]• Physical function [validated patient-reported outcomes, continuous data prioritised] <p>Secondary outcomes (important outcomes)</p> <ul style="list-style-type: none">• Psychological distress [validated patient-reported outcomes, continuous data prioritised]• Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) [dichotomous data prioritised]• Any alternative diagnosis [dichotomous data prioritised]
Study design	RCTs or systematic reviews of RCTs. Non-randomised evidence including: <ol style="list-style-type: none">1. Prospective and retrospective cohort studies2. Case control studies (if no other evidence identified)

1 **1.1.3 Methods and process**

2 This evidence review was developed using the methods and process described in
3 [Developing NICE guidelines: the manual](#). Methods specific to this review question are
4 described in the review protocol in appendix A and the methods document.

5 Declarations of interest were recorded according to [NICE's conflicts of interest policy](#).

6

1 **1.1.4 Effectiveness evidence**

2 **1.1.4.1 Included studies**

3 No relevant clinical studies comparing diagnosis based on different imaging techniques to
4 each other were identified.

5 This review aimed to investigate the diagnostic effectiveness rather than the diagnostic
6 accuracy of techniques. This was as the committee agreed that there was no gold standard
7 test that would be used to diagnose osteoarthritis, as osteoarthritis is a clinical syndrome and
8 may or may not have imaging features associated with it. Given this, the committee decided
9 to investigate if there was additional benefit to using imaging on long-term outcomes for
10 people with osteoarthritis. No studies fulfilled this criterion while reporting outcomes included
11 in the protocol.

12 See also the study selection flow chart in Appendix C.

13 **1.1.4.2 Excluded studies**

14 See the excluded studies list in Appendix J.

15 **1.1.5 Summary of studies included in the effectiveness evidence**

16 No evidence was identified for this review.

17 **1.1.6 Summary of the effectiveness evidence**

18 No evidence was identified for this review.

19

1 **1.1.7 Economic evidence**

2 **1.1.7.1 Included studies**

3 No health economic studies were included.

4 **1.1.7.2 Excluded studies**

5 No relevant health economic studies were excluded due to limited applicability or
6 methodological limitations.

7 See also the health economic study selection flow chart in Appendix G.

8

1 **1.1.8 Summary of included economic evidence**

2 There was no economic evidence found.

3 **1.1.9 Economic model**

4 This area was not prioritised for new cost-effectiveness analysis

5 **1.1.10 Unit costs**

6 Relevant unit costs are provided below to aid consideration of cost effectiveness.

Resource	Unit costs	Source
CT scan	£94	NHS Reference Costs 2019/20 ³⁶
MRI scan	£173	
Plain film imaging (including x-ray)	£56	
Ultrasound	£75	

7 **1.1.11 Economic evidence statements**

- 8 • No relevant economic evaluations were identified.

9 **1.1.12 The committee's discussion and interpretation of the evidence**

10 **1.1.12.1. The outcomes that matter most**

11 The critical outcomes were quality of life, pain and physical function. These were considered
12 critical due to their relevance importance to people with osteoarthritis. The Osteoarthritis
13 Research Society International (OARSI) consider that pain and physical function were the
14 most important outcomes for evaluating interventions. Quality of life gives a broader
15 perspective on the person's wellbeing, allowing for examination of the biopsychosocial
16 impact of interventions. Psychological distress, healthcare utilisation and any alternative
17 diagnosis were included as important outcomes.

18 Mortality was not considered in this review. Osteoarthritis as a disease process is not
19 considered to cause mortality by itself and mortality is an uncommon outcome from
20 osteoarthritis interventions. The committee agreed that the intervention from this review were
21 unlikely to cause mortality rates to change. Given this, the committee did not feel that
22 mortality required a specific outcome.

23 The committee considered if a diagnostic accuracy review was appropriate. During
24 discussion of the protocol, it was agreed that there was no consistent gold standard test that
25 could be used for a diagnostic accuracy review (as people may have findings consistent with
26 osteoarthritis on imaging but not have clinical symptoms of osteoarthritis, and people may
27 have no findings on imaging yet have clinical symptoms of osteoarthritis). Therefore, a test-
28 and-treat review was conducted. However, no outcome data was available for this review.

29 **1.1.12.2 The quality of the evidence**

30 No evidence was identified for this review.

31 **1.1.12.3 Benefits and harms**

32 No evidence was identified for this review. Therefore, the committee discussion was based
33 on expert opinion.

1 The committee considered the potential benefits and harms of imaging. The committee
2 considered that imaging findings consistent with osteoarthritis may not indicate that
3 someone's clinical symptoms are due to osteoarthritis. Current practice in the United
4 Kingdom considers osteoarthritis as a clinical syndrome consisting of activity-related joint
5 pain with morning stiffness that lasts no longer than 30 minutes (or no morning joint-related
6 stiffness) that generally occurs in people 45 years or over.

7 Based on the absence of evidence, the committee agreed that imaging is unlikely to provide
8 benefit for diagnosing osteoarthritis. Based on these factors the committee agreed
9 recommending that there is no evidence to support the use of imaging in addition to clinical
10 assessment for people with osteoarthritis unless there are atypical features or features that
11 suggest an alternative or additional diagnosis such as other inflammatory arthritis (for
12 example, rheumatoid arthritis) and malignancy. These conditions are less common than
13 osteoarthritis but can have significant consequences if they are not identified. Atypical
14 features could include: a history of trauma, prolonged morning joint-related stiffness, rapid
15 worsening of symptoms and the presence of a hot swollen joint. While the committee agreed
16 these features could prompt further investigation (including imaging) they also noted that
17 imaging may not always be the optimal investigation in these cases.

18 Overall, the committee agreed that it is widely accepted that diagnosis is achieved through
19 clinical assessment, that imaging proffers no benefit and that there was no evidence to
20 change current practice. They also agreed that further research is not warranted and no
21 research recommendation has been made.

22 **1.1.12.4 Cost effectiveness and resource use**

23 No economic evaluations were identified for inclusion in this review

24 NHS reference costs data suggested that the cost of imaging ranges between £56 and £173,
25 with the cheapest option being x-ray imaging and the most expensive being an MRI scan.
26 Imaging is currently used routinely in the diagnosis of osteoarthritis. Given the incidence of
27 osteoarthritis, a change in practice would potentially cause a substantial cost impact in either
28 direction.

29 In the absence of evidence of clinical effectiveness or cost effectiveness the committee did
30 not recommend imaging for the diagnosis of osteoarthritis. The committee's recommendation
31 should result in a reduction in NHS resource use and ultimately be a cost saving measure.

32 **1.1.12.5 Other factors the committee took into account**

33 The committee noted that there is NICE guidance relating to some of the differential
34 diagnoses that may be relevant when assessing people with osteoarthritis. These may
35 contain recommendations for imaging and other investigations (including blood tests) that
36 could be used. These include:

- 37 • [Rheumatoid arthritis in adults: management \(NG100\)](#)
- 38 • [Suspected cancer: recognition and referral \(NG12\)](#)
- 39 • [Gout: diagnosis and management](#) (in development)

40 The committee agreed that a research recommendation was not required in this area. While
41 studies were not identified in the review, the committee agreed through consensus that there
42 was limited value to be gained from the use of imaging in the diagnosis of osteoarthritis, as
43 osteoarthritis is defined as a clinical syndrome of joint pain accompanied by varying degrees
44 of functional limitation and reduced quality of life. The committee noted that observational
45 evidence indicated that people with imaging features related to osteoarthritis may be
46 symptomatic and may not develop symptoms. Given this, further research is unlikely to
47 change understanding in this area.

1 The committee noted that the osteoarthritis research in general did not appear to represent
2 the diverse community of people who can have osteoarthritis. While future research is not
3 recommended in this area, they agreed that any future research should be representative of
4 the population, including people from different family backgrounds, and socioeconomic
5 backgrounds, disabled people, and people of different ages and genders. This should be
6 done to consider the different experiences of people from diverse communities to ensure that
7 the approach taken can be made equitable for everyone.

8 **1.1.13 Recommendations supported by this evidence review**

9 This evidence review supports recommendations 1.1.1 to 1.1.2. Other evidence supporting
10 these recommendations can be found in Evidence Review A.
11

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- 23
- 24

1 Appendices

2 Appendix A – Review protocols

3 Review protocol for Additional benefit of imaging in the diagnosis of 4 osteoarthritis

ID	Field	Content
0.	PROSPERO registration number	CRD42020221796
1.	Review title	1.1 What is clinical and cost-effectiveness of using imaging in the diagnosis of osteoarthritis in people with suspected osteoarthritis?
2.	Review question	1.1 What is the clinical and cost-effectiveness of using imaging in the diagnosis of osteoarthritis in people with suspected osteoarthritis?
3.	Objective	To determine if there is a additional benefits to be gained from using imaging studies (in addition to clinical assessment) in the diagnostic process for people with suspected osteoarthritis.
4.	Searches	<p>The following databases will be searched:</p> <ul style="list-style-type: none"> • Cochrane Central Register of Controlled Trials (CENTRAL) • Cochrane Database of Systematic Reviews (CDSR) • Embase • MEDLINE <p>Searches will be restricted by:</p> <ul style="list-style-type: none"> • English language • Human studies • Letters and comments are excluded <p>Other searches:</p> <ul style="list-style-type: none"> • Inclusion lists of relevant systematic reviews will be checked by the reviewer. <p>The searches may be re-run 6 weeks before final submission of the review and further studies retrieved for inclusion if relevant.</p>

		The full search strategies for MEDLINE database will be published in the final review.
5.	Condition or domain being studied	Suspected osteoarthritis (of any joint) in adults
6.	Population	<p>Inclusion:</p> <ul style="list-style-type: none"> • Adults (age ≥ 16 years) with clinically suspected osteoarthritis affecting any joint. <p>Exclusion:</p> <ul style="list-style-type: none"> • Children (age < 16 years). • People previously diagnosed with osteoarthritis before the study • Spinal osteoarthritis <p>Stratify by site of osteoarthritis:</p> <ul style="list-style-type: none"> • Hip • Knee • Ankle • Foot • Toe • Shoulder • Elbow • Wrist • Hand • Thumb • Finger • Temporomandibular joint (TMJ) • Multisite <p>To note that where evidence for other rare forms of osteoarthritis is identified the committee will stratify into a group they are most similar to.</p>
7.	Intervention/Test	<p>Diagnosis based on:</p> <ul style="list-style-type: none"> • Clinical assessment without imaging • Clinical assessment with CT imaging • Clinical assessment with CT after X-ray or ultrasound • Clinical assessment with MRI imaging • Clinical assessment with MRI imaging after X-ray or ultrasound • Clinical assessment with x-ray • Clinical assessment with ultrasound
8.	Comparator/Reference standard/Confounding factors	<ul style="list-style-type: none"> • Compared to each other (clinical-effectiveness)

9.	Types of study to be included	<ul style="list-style-type: none"> • Systematic reviews of RCTs • RCTs • Non-randomised evidence including: <ol style="list-style-type: none"> 1. Prospective and retrospective cohort studies 2. Case control studies (if no other evidence identified)
10.	Other exclusion criteria	<ul style="list-style-type: none"> • Non-English language studies • Conference abstracts will be excluded as it is expected there will be sufficient full text published studies available. • Single arm non-randomised studies
11.	Context	N/A
12.	Primary outcomes (critical outcomes)	<p>Stratify by \leq/$>$3 months (longest time-point in each):</p> <ul style="list-style-type: none"> • Health-related quality of life [validated patient-reported outcomes, continuous data prioritised] • Pain [validated patient-reported outcomes, continuous data prioritised] • Physical function [validated patient-reported outcomes, continuous data prioritised]
13.	Secondary outcomes (important outcomes)	<ul style="list-style-type: none"> • Psychological distress [validated patient-reported outcomes, continuous data prioritised] • Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) [dichotomous data prioritised] • Any alternative diagnosis [dichotomous data prioritised] <p><i>The COMET database was searched and several core outcome sets were identified for specific sites of osteoarthritis (including hand, knee and hip). The committee took these into account when defining outcomes:</i></p> <p>https://onlinelibrary.wiley.com/doi/full/10.1002/aocr.22868</p> <p>https://www.ncbi.nlm.nih.gov/pubmed/26136489</p> <p>https://www.ncbi.nlm.nih.gov/pubmed/30647185</p> <p>The committee did not include stiffness or global scores as Delphi discussions by the OMERACT group have found these to not be as important to people with osteoarthritis or clinicians. The outcomes included were universal for all groups allowing for broader comparisons.</p>

14.	Data extraction (selection and coding)	<p>EndNote will be used for reference management, sifting, citations and bibliographies. All references identified by the searches and from other sources will be screened for inclusion. 10% of the abstracts will be reviewed by two reviewers, with any disagreements resolved by discussion or, if necessary, a third independent reviewer. The full text of potentially eligible studies will be retrieved and will be assessed in line with the criteria outlined above.</p> <p>A standardised form will be used to extract data from studies (see Developing NICE guidelines: the manual section 6.4).</p> <p>Study investigators may be contacted for missing data where time and resources allow.</p>
15.	Risk of bias (quality) assessment	<p>Risk of bias will be assessed using the appropriate checklist as described in Developing NICE guidelines: the manual.</p> <ul style="list-style-type: none"> • Systematic reviews: Risk of Bias in Systematic Reviews (ROBIS) • Randomised Controlled Trial: Cochrane RoB (2.0) • Non randomised study, including cohort studies: Cochrane ROBINS-I • Case control study: CASP case control checklist <p>10% of all evidence reviews are quality assured by a senior research fellow. This includes checking:</p> <ul style="list-style-type: none"> • papers were included /excluded appropriately • a sample of the data extractions • correct methods are used to synthesise data • a sample of the risk of bias assessments <p>Disagreements between the review authors over the risk of bias in particular studies will be resolved by discussion, with involvement of a third review author where necessary.</p>
16.	Strategy for data synthesis	<ul style="list-style-type: none"> • Pairwise meta-analyses will be performed using Cochrane Review Manager (RevMan5). • GRADEpro will be used to assess the quality of evidence for each outcome, taking into account individual study quality and the meta-analysis results. The 4 main quality elements (risk of bias, indirectness, inconsistency and imprecision) will be appraised for each outcome. Publication bias is tested for when there are more than 5 studies for an outcome.

		<p>The risk of bias across all available evidence was evaluated for each outcome using an adaptation of the 'Grading of Recommendations Assessment, Development and Evaluation (GRADE) toolbox' developed by the international GRADE working group http://www.gradeworkinggroup.org/</p> <ul style="list-style-type: none"> • Where meta-analysis is not possible, data will be presented and quality assessed individually per outcome. • WinBUGS will be used for network meta-analysis, if possible given the data identified. <p>Heterogeneity between the studies in effect measures will be assessed using the I² statistic and visually inspected. An I² value greater than 50% will be considered indicative of substantial heterogeneity. Sensitivity analyses will be conducted based on pre-specified subgroups using stratified meta-analysis to explore the heterogeneity in effect estimates. If this does not explain the heterogeneity, the results will be presented pooled using random-effects.</p>		
17.	Analysis of sub-groups	<ul style="list-style-type: none"> • Age (≤/≥ 45 years) 		
18.	Type and method of review	<input checked="" type="checkbox"/>	Intervention	
		<input type="checkbox"/>	Diagnostic	
		<input type="checkbox"/>	Prognostic	
		<input type="checkbox"/>	Qualitative	
		<input type="checkbox"/>	Epidemiologic	
		<input type="checkbox"/>	Service Delivery	
		<input type="checkbox"/>	Other (please specify)	
19.	Language	English		
20.	Country	England		
21.	Anticipated or actual start date	23/08/2019		
22.	Anticipated completion date	25/08/2021		
23.	Stage of review at time of this submission	Review stage	Started	Completed
		Preliminary searches	<input type="checkbox"/>	<input type="checkbox"/>
		Piloting of the study selection process	<input type="checkbox"/>	<input type="checkbox"/>
		Formal screening of search results against eligibility criteria	<input type="checkbox"/>	<input type="checkbox"/>

		Data extraction	<input type="checkbox"/>	<input type="checkbox"/>
		Risk of bias (quality) assessment	<input type="checkbox"/>	<input type="checkbox"/>
		Data analysis	<input type="checkbox"/>	<input type="checkbox"/>
24.	Named contact	<p>5a. Named contact National Guideline Centre</p> <p>5b Named contact e-mail [Guideline email]@nice.org.uk [Developer to check with Guideline Coordinator for email address]</p> <p>5e Organisational affiliation of the review National Institute for Health and Care Excellence (NICE) and the National Guideline Centre</p>		
25.	Review team members	<p>From the National Guideline Centre:</p> <p>Carlos Sharpin [Guideline lead] Julie Neilson [Senior systematic reviewer] George Wood [Systematic reviewer] David Wonderling [Senior health economist] Joseph Runicles [Information specialist] Amber Hernaman [Project manager]</p>		
26.	Funding sources/sponsor	<p>This systematic review is being completed by the National Guideline Centre which receives funding from NICE.</p>		
27.	Conflicts of interest	<p>All guideline committee members and anyone who has direct input into NICE guidelines (including the evidence review team and expert witnesses) must declare any potential conflicts of interest in line with NICE's code of practice for declaring and dealing with conflicts of interest. Any relevant interests, or changes to interests, will also be declared publicly at the start of each guideline committee meeting. Before each meeting, any potential conflicts of interest will be considered by the guideline committee Chair and a senior member of the development team. Any decisions to exclude a person from all or part of a meeting will be documented. Any changes to a member's declaration of interests will be recorded in the minutes of the meeting. Declarations of interests will be published with the final guideline.</p>		

28.	Collaborators	Development of this systematic review will be overseen by an advisory committee who will use the review to inform the development of evidence-based recommendations in line with section 3 of Developing NICE guidelines: the manual . Members of the guideline committee are available on the NICE website: https://www.nice.org.uk/guidance/indevelopment/gid-ng10127	
29.	Other registration details		
30.	Reference/URL for published protocol		
31.	Dissemination plans	<p>NICE may use a range of different methods to raise awareness of the guideline. These include standard approaches such as:</p> <ul style="list-style-type: none"> • notifying registered stakeholders of publication • publicising the guideline through NICE's newsletter and alerts • issuing a press release or briefing as appropriate, posting news articles on the NICE website, using social media channels, and publicising the guideline within NICE. 	
32.	Keywords	Healthcare utilisation; Imaging; MRI; Osteoarthritis; Ultrasound; X-ray	
33.	Details of existing review of same topic by same authors		
34.	Current review status	<input checked="" type="checkbox"/>	Ongoing
		<input type="checkbox"/>	Completed but not published
		<input type="checkbox"/>	Completed and published
		<input type="checkbox"/>	Completed, published and being updated
		<input type="checkbox"/>	Discontinued
35.	Additional information	N/A	
36.	Details of final publication	www.nice.org.uk	

1

2 **Table 2: Health economic review protocol**

Review question	All questions – health economic evidence
Objectives	To identify health economic studies relevant to any of the review questions.
Search criteria	<ul style="list-style-type: none"> • Populations, interventions and comparators must be as specified in the clinical review protocol above.

	<ul style="list-style-type: none"> • Studies must be of a relevant health economic study design (cost–utility analysis, cost-effectiveness analysis, cost–benefit analysis, cost–consequences analysis, comparative cost analysis). • Studies must not be a letter, editorial or commentary, or a review of health economic evaluations. (Recent reviews will be ordered although not reviewed. The bibliographies will be checked for relevant studies, which will then be ordered.) • Unpublished reports will not be considered unless submitted as part of a call for evidence. • Studies must be in English.
Search strategy	<p>A health economic study search will be undertaken for all years using population-specific terms and a health economic study filter – see appendix B below.</p>
Review strategy	<p>Studies not meeting any of the search criteria above will be excluded. Studies published before 2005, abstract-only studies and studies from non-OECD countries or the USA will also be excluded.</p> <p>Studies published in 2005 or later, that were included in the previous guidelines, will be reassessed for inclusion and may be included or selectively excluded based on their relevance to the questions covered in this update and whether more applicable evidence is also identified.</p> <p>Each remaining study will be assessed for applicability and methodological limitations using the NICE economic evaluation checklist which can be found in appendix H of Developing NICE guidelines: the manual (2014).³⁴</p> <p>Inclusion and exclusion criteria</p> <ul style="list-style-type: none"> • If a study is rated as both ‘Directly applicable’ and with ‘Minor limitations’ then it will be included in the guideline. A health economic evidence table will be completed and it will be included in the health economic evidence profile. • If a study is rated as either ‘Not applicable’ or with ‘Very serious limitations’ then it will usually be excluded from the guideline. If it is excluded then a health economic evidence table will not be completed and it will not be included in the health economic evidence profile. • If a study is rated as ‘Partially applicable’, with ‘Potentially serious limitations’ or both then there is discretion over whether it should be included. <p>Where there is discretion</p> <p>The health economist will make a decision based on the relative applicability and quality of the available evidence for that question, in discussion with the guideline committee if required. The ultimate aim is to include health economic studies that are helpful for decision-making in the context of the guideline and the current NHS setting. If several studies are considered of sufficiently high applicability and methodological quality that they could all be included, then the health economist, in discussion with the committee if required, may decide to include only the most applicable studies and to selectively exclude the remaining studies. All studies excluded on the basis of applicability or methodological limitations will be listed with explanation in the excluded health economic studies appendix below.</p> <p>The health economist will be guided by the following hierarchies.</p> <p>Setting:</p> <ul style="list-style-type: none"> • UK NHS (most applicable).

- OECD countries with predominantly public health insurance systems (for example, France, Germany, Sweden).
- OECD countries with predominantly private health insurance systems (for example, Switzerland).
- Studies set in non-OECD countries or in the USA will be excluded before being assessed for applicability and methodological limitations.

Health economic study type:

- Cost–utility analysis (most applicable).
- Other type of full economic evaluation (cost–benefit analysis, cost-effectiveness analysis, cost–consequences analysis).
- Comparative cost analysis.
- Non-comparative cost analyses including cost-of-illness studies will be excluded before being assessed for applicability and methodological limitations.

Year of analysis:

- The more recent the study, the more applicable it will be.
- Studies published in 2005 or later (including any such studies included in the previous guidelines) but that depend on unit costs and resource data entirely or predominantly from before 2005 will be rated as ‘Not applicable’.
- Studies published before 2005 (including any such studies included in the previous guidelines) will be excluded before being assessed for applicability and methodological limitations.

Quality and relevance of effectiveness data used in the health economic analysis:

- The more closely the clinical effectiveness data used in the health economic analysis match with the outcomes of the studies included in the clinical review the more useful the analysis will be for decision-making in the guideline.

Appendix B – Literature search strategies

- What is clinical and cost-effectiveness of using imaging in the diagnosis of osteoarthritis in people with suspected osteoarthritis?

The literature searches for this review are detailed below and complied with the methodology outlined in Developing NICE guidelines: the manual.³⁴

For more information, please see the Methodology review published as part of the accompanying documents for this guideline.

B.1 Clinical search literature search strategy

Searches were constructed using a PICO framework where population (P) terms were combined with Intervention (I) and in some cases Comparison (C) terms. Outcomes (O) are rarely used in search strategies for interventions as these concepts may not be well described in title, abstract or indexes and therefore difficult to retrieve. Search filters were applied to the search where appropriate.

Table 3: Database date parameters and filters used

Database	Dates searched	Search filter used
Medline (OVID)	1946 – 17 November 2021	Randomised controlled trials Systematic review studies Observational studies Exclusions (animals studies, letters, comments)
Embase (OVID)	1974 – 17 November 2021	Randomised controlled trials Systematic review studies Observational studies Exclusions (animals studies, letters, comments)
The Cochrane Library (Wiley)	Cochrane Reviews to 2021 Issue 11 of 12 CENTRAL to 2021 Issue 11 of 12	None

Medline (Ovid) search terms

1.	exp osteoarthritis/
2.	(osteoarthriti* or osteo-arthriti* or osteoarthrotic or osteoarthros*).ti,ab.
3.	(degenerative adj2 arthritis).ti,ab.
4.	coxarthrosis.ti,ab.
5.	gonarthrosis.ti,ab.
6.	or/1-5
7.	letter/
8.	editorial/
9.	news/
10.	exp historical article/
11.	Anecdotes as Topic/
12.	comment/

13.	case report/
14.	(letter or comment*).ti.
15.	or/7-14
16.	randomized controlled trial/ or random*.ti,ab.
17.	15 not 16
18.	animals/ not humans/
19.	exp Animals, Laboratory/
20.	exp Animal Experimentation/
21.	exp Models, Animal/
22.	exp Rodentia/
23.	(rat or rats or mouse or mice or rodent*).ti.
24.	or/17-23
25.	6 not 24
26.	limit 25 to English language
27.	Magnetic Resonance Imaging/
28.	(mri* or nmr* or magnetic resonance).ti,ab.
29.	tomography, x-ray computed/ or tomography, x ray/
30.	((radiograph* or compute*) adj3 tomograph*).ti,ab.
31.	(echogra* or echotomogra* or sonograph* or ultrasound or ultrasonogra* or x-ray).ti,ab.
32.	(ultrasonic adj2 (tomogra* or imag* or diagnos*)).ti,ab.
33.	((CT or CAT) adj2 (imag* or scan* or diagnos*)).ti,ab.
34.	or/27-33
35.	26 and 34
36.	randomized controlled trial.pt.
37.	controlled clinical trial.pt.
38.	randomi#ed.ti,ab.
39.	placebo.ab.
40.	randomly.ti,ab.
41.	Clinical Trials as topic.sh.
42.	trial.ti.
43.	or/36-42
44.	Meta-Analysis/
45.	exp Meta-Analysis as Topic/
46.	(meta analy* or metanaly* or metaanaly* or meta regression).ti,ab.
47.	((systematic* or evidence*) adj3 (review* or overview*)).ti,ab.
48.	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
49.	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
50.	(search* adj4 literature).ab.
51.	(medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab.
52.	cochrane.jw.
53.	((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab.
54.	or/44-53
55.	Epidemiologic studies/

56.	Observational study/
57.	exp Cohort studies/
58.	(cohort adj (study or studies or analys* or data)).ti,ab.
59.	((follow up or observational or uncontrolled or non randomi#ed or epidemiologic*) adj (study or studies or data)).ti,ab.
60.	((longitudinal or retrospective or prospective or cross sectional) and (study or studies or review or analys* or cohort* or data)).ti,ab.
61.	Controlled Before-After Studies/
62.	Historically Controlled Study/
63.	Interrupted Time Series Analysis/
64.	(before adj2 after adj2 (study or studies or data)).ti,ab.
65.	exp case control studies/
66.	case control*.ti,ab.
67.	Cross-sectional studies/
68.	(cross sectional and (study or studies or review or analys* or cohort* or data)).ti,ab.
69.	or/55-68
70.	35 and (43 or 54 or 69)

Embase (Ovid) search terms

1.	exp osteoarthritis/
2.	(osteoarthriti* or osteo-arthriti* or osteoarthrotic or osteoarthros*).ti,ab.
3.	(degenerative adj2 arthritis).ti,ab.
4.	coxarthrosis.ti,ab.
5.	gonarthrosis.ti,ab.
6.	or/1-5
7.	letter.pt. or letter/
8.	note.pt.
9.	editorial.pt.
10.	case report/ or case study/
11.	(letter or comment*).ti.
12.	or/7-11
13.	randomized controlled trial/ or random*.ti,ab.
14.	12 not 13
15.	animal/ not human/
16.	nonhuman/
17.	exp Animal Experiment/
18.	exp Experimental Animal/
19.	animal model/
20.	exp Rodent/
21.	(rat or rats or mouse or mice or rodent*).ti.
22.	or/14-21
23.	6 not 22
24.	Limit 23 to English language
25.	nuclear magnetic resonance imaging/
26.	(mri* or nmr* or magnetic resonance).ti,ab.
27.	x-ray computed tomography/

28.	*computer assisted tomography/
29.	((radiograph* or compute*) adj3 tomograph*).ti,ab.
30.	(echogra* or echotomogra* or sonograph* or ultrasound or ultrasonogra* or x-ray).ti,ab.
31.	(ultrasonic adj2 (tomogra* or imag* or diagnos*)).ti,ab.
32.	((CT or CAT) adj2 (imag* or scan* or diagnos*)).ti,ab.
33.	or/25-32
34.	24 and 33
35.	random*.ti,ab.
36.	factorial*.ti,ab.
37.	(crossover* or cross over*).ti,ab.
38.	((doubl* or singl*) adj blind*).ti,ab.
39.	(assign* or allocat* or volunteer* or placebo*).ti,ab.
40.	crossover procedure/
41.	single blind procedure/
42.	randomized controlled trial/
43.	double blind procedure/
44.	or/35-43
45.	systematic review/
46.	meta-analysis/
47.	(meta analy* or metanaly* or metaanaly* or meta regression).ti,ab.
48.	((systematic* or evidence*) adj3 (review* or overview*)).ti,ab.
49.	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
50.	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
51.	(search* adj4 literature).ab.
52.	(medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab.
53.	cochrane.jw.
54.	((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab.
55.	or/45-54
56.	Clinical study/
57.	Observational study/
58.	family study/
59.	longitudinal study/
60.	retrospective study/
61.	prospective study/
62.	cohort analysis/
63.	follow-up/
64.	cohort*.ti,ab.
65.	63 and 64
66.	(cohort adj (study or studies or analys* or data)).ti,ab.
67.	((follow up or observational or uncontrolled or non randomi#ed or epidemiologic*) adj (study or studies or data)).ti,ab.
68.	((longitudinal or retrospective or prospective or cross sectional) and (study or studies or review or analys* or cohort* or data)).ti,ab.
69.	(before adj2 after adj2 (study or studies or data)).ti,ab.

70.	exp case control study/
71.	case control*.ti,ab.
72.	cross-sectional study/
73.	(cross sectional and (study or studies or review or analys* or cohort* or data)).ti,ab.
74.	or/56-62,65-73
75.	34 and (44 or 55 or 74)

Cochrane Library (Wiley) search terms

#1.	MeSH descriptor: [Osteoarthritis] explode all trees
#2.	(osteoarthritis* or osteo-arthritis* or osteoarthrotic or osteoarthros*):ti,ab
#3.	(degenerative near/2 arthritis):ti,ab
#4.	coxarthrosis:ti,ab
#5.	gonarthrosis:ti,ab
#6.	(or #1-#5)
#7.	MeSH descriptor: [Magnetic Resonance Imaging] explode all trees
#8.	(mri* or nmr* or magnetic resonance):ti,ab
#9.	MeSH descriptor: [Tomography, X-Ray Computed] explode all trees
#10.	MeSH descriptor: [Tomography, X-Ray] explode all trees
#11.	((radiograph* or compute*) near/3 tomograph*):ti,ab
#12.	(echogra* or echotomogra* or sonograph* or ultrasound or ultrasonogra* or x-ray):ti,ab
#13.	(ultrasonic near/2 (tomogra* or imag* or diagnos*)):ti,ab
#14.	((CT or CAT) near/2 (imag* or scan* or diagnos*)):ti,ab
#15.	(or #7-#14)
#16.	#6 and #15

B.2 Health Economics literature search strategy

Health economic evidence was identified by conducting a broad search relating to a Gout population in NHS Economic Evaluation Database (NHS EED – this ceased to be updated after March 2015) and the Health Technology Assessment database (HTA – this ceased to be updated after March 2018). NHS EED and HTA databases are hosted by the Centre for Research and Dissemination (CRD). Additional searches were run on Medline and Embase for health economics studies and quality of life studies. Searches for quality of life studies were run for general information.

Table 4: Database date parameters and filters used

Database	Dates searched	Search filter used
Medline	1 January 2014 – 17 November 2021	Health economics studies Quality of life studies Exclusions (animals studies, letters, comments)
Embase	1 January 2014 – 17 November 2021	Health economics studies Quality of life studies Exclusions (animals studies, letters, comments)
Centre for Research and Dissemination (CRD)	HTA - Inception – 31 March 2018	None

Database	Dates searched	Search filter used
	NHSEED - Inception to 31 March 2015	

Medline (Ovid) search terms

1.	exp osteoarthritis/
2.	(osteoarthriti* or osteo-arthriti* or osteoarthrotic or osteoarthros*).ti,ab.
3.	(degenerative adj2 arthritis).ti,ab.
4.	coxarthrosis.ti,ab.
5.	gonarthrosis.ti,ab.
6.	or/1-5
7.	letter/
8.	editorial/
9.	news/
10.	exp historical article/
11.	Anecdotes as Topic/
12.	comment/
13.	case report/
14.	(letter or comment*).ti.
15.	or/7-14
16.	randomized controlled trial/ or random*.ti,ab.
17.	15 not 16
18.	animals/ not humans/
19.	exp Animals, Laboratory/
20.	exp Animal Experimentation/
21.	exp Models, Animal/
22.	exp Rodentia/
23.	(rat or rats or mouse or mice or rodent*).ti.
24.	or/17-23
25.	6 not 24
26.	limit 25 to English language
27.	Economics/
28.	Value of life/
29.	exp "Costs and Cost Analysis"/
30.	exp Economics, Hospital/
31.	exp Economics, Medical/
32.	Economics, Nursing/
33.	Economics, Pharmaceutical/
34.	exp "Fees and Charges"/
35.	exp Budgets/
36.	budget*.ti,ab.
37.	cost*.ti.

38.	(economic* or pharmaco?economic*).ti.
39.	(price* or pricing*).ti,ab.
40.	(cost* adj2 (effective* or utilit* or benefit* or minimi* or unit* or estimat* or variable*)).ab.
41.	(financ* or fee or fees).ti,ab.
42.	(value adj2 (money or monetary)).ti,ab.
43.	or/27-42
44.	quality-adjusted life years/
45.	sickness impact profile/
46.	(quality adj2 (wellbeing or well being)).ti,ab.
47.	sickness impact profile.ti,ab.
48.	disability adjusted life.ti,ab.
49.	(qal* or qtime* or qwb* or daly*).ti,ab.
50.	(euroqol* or eq5d* or eq 5*).ti,ab.
51.	(health utility* or utility score* or disutilit* or utility value*).ti,ab.
52.	(hui or hui1 or hui2 or hui3).ti,ab.
53.	(health* year* equivalent* or hye or hyes).ti,ab.
54.	discrete choice*.ti,ab.
55.	rosser.ti,ab.
56.	(willingness to pay or time tradeoff or time trade off or tto or standard gamble*).ti,ab.
57.	(sf36* or sf 36* or short form 36* or shortform 36* or shortform36*).ti,ab.
58.	(sf20 or sf 20 or short form 20 or shortform 20 or shortform20).ti,ab.
59.	(sf12* or sf 12* or short form 12* or shortform 12* or shortform12*).ti,ab.
60.	(sf8* or sf 8* or short form 8* or shortform 8* or shortform8*).ti,ab.
61.	(sf6* or sf 6* or short form 6* or shortform 6* or shortform6*).ti,ab.
62.	or/44-61
63.	26 and (43 or 62)

Embase (Ovid) search terms

1.	exp osteoarthritis/
2.	(osteoarthriti* or osteo-arthriti* or osteoarthrotic or osteoarthros*).ti,ab.
3.	(degenerative adj2 arthritis).ti,ab.
4.	coxarthrosis.ti,ab.
5.	gonarthrosis.ti,ab.
6.	or/1-5
7.	letter.pt. or letter/
8.	note.pt.
9.	editorial.pt.
10.	case report/ or case study/
11.	(letter or comment*).ti.
12.	or/7-11

13.	randomized controlled trial/ or random*.ti,ab.
14.	12 not 13
15.	animal/ not human/
16.	nonhuman/
17.	exp Animal Experiment/
18.	exp Experimental Animal/
19.	animal model/
20.	exp Rodent/
21.	(rat or rats or mouse or mice or rodent*).ti.
22.	or/14-21
23.	6 not 22
24.	Limit 23 to English language
25.	health economics/
26.	exp economic evaluation/
27.	exp health care cost/
28.	exp fee/
29.	budget/
30.	funding/
31.	budget*.ti,ab.
32.	cost*.ti.
33.	(economic* or pharmaco?economic*).ti.
34.	(price* or pricing*).ti,ab.
35.	(cost* adj2 (effective* or utilit* or benefit* or minimi* or unit* or estimat* or variable*)).ab.
36.	(financ* or fee or fees).ti,ab.
37.	(value adj2 (money or monetary)).ti,ab.
38.	or/25-37
39.	quality adjusted life year/
40.	"quality of life index"/
41.	short form 12/ or short form 20/ or short form 36/ or short form 8/
42.	sickness impact profile/
43.	(quality adj2 (wellbeing or well being)).ti,ab.
44.	sickness impact profile.ti,ab.
45.	disability adjusted life.ti,ab.
46.	(qal* or qtime* or qwb* or daly*).ti,ab.
47.	(euroqol* or eq5d* or eq 5*).ti,ab.
48.	(qol* or hql* or hqol* or h qol* or hrqol* or hr qol*).ti,ab.
49.	(health utility* or utility score* or disutilit* or utility value*).ti,ab.
50.	(hui or hui1 or hui2 or hui3).ti,ab.
51.	(health* year* equivalent* or hye or hyes).ti,ab.
52.	discrete choice*.ti,ab.

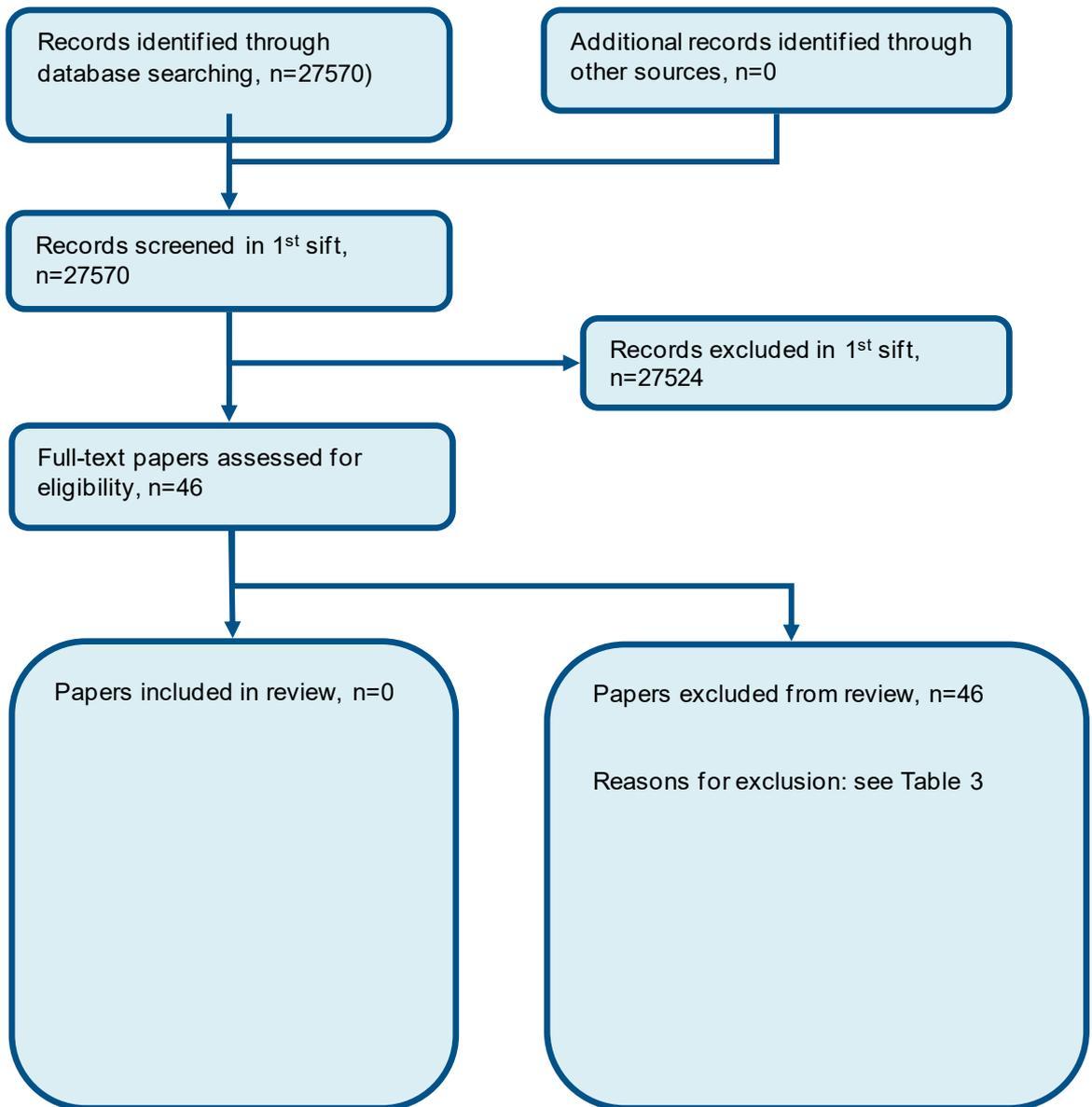
53.	rosser.ti,ab.
54.	(willingness to pay or time tradeoff or time trade off or tto or standard gamble*).ti,ab.
55.	(sf36* or sf 36* or short form 36* or shortform 36* or shortform36*).ti,ab.
56.	(sf20 or sf 20 or short form 20 or shortform 20 or shortform20).ti,ab.
57.	(sf12* or sf 12* or short form 12* or shortform 12* or shortform12*).ti,ab.
58.	(sf8* or sf 8* or short form 8* or shortform 8* or shortform8*).ti,ab.
59.	(sf6* or sf 6* or short form 6* or shortform 6* or shortform6*).ti,ab.
60.	or/39-59
61.	24 and (38 or 60)

NHS EED and HTA (CRD) search terms

#1.	MeSH DESCRIPTOR Osteoarthritis EXPLODE ALL TREES
#2.	((osteoarthriti* or osteo-arthriti* or osteoarthrotic or osteoarthros*))
#3.	((degenerative adj2 arthritis))
#4.	(coxarthrosis)
#5.	(gonarthrosis)
#6.	#1 OR #2 OR #3 OR #4 OR #5
#7.	(#6) IN NHSEED
#8.	(#6) IN HTA

Appendix C – Effectiveness evidence study selection

Figure 1: Flow chart of clinical study selection for the review of additional benefit of imaging in the diagnosis of osteoarthritis



Appendix D – Effectiveness evidence

No studies were included.

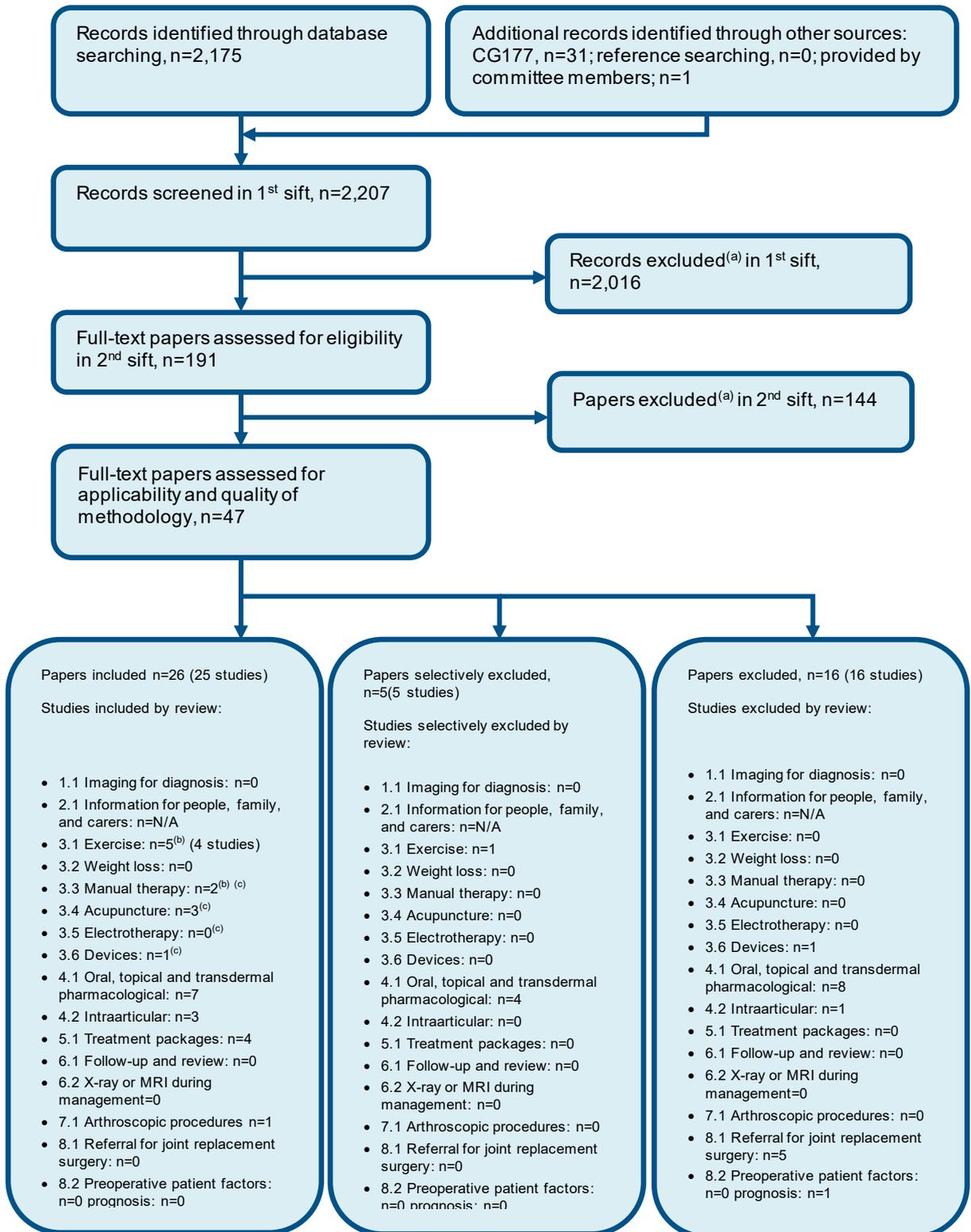
Appendix E – Forest plots

No studies were included.

Appendix F – GRADE tables

No studies were included.

Appendix G – Economic evidence study selection



(a) Non-relevant population, intervention, comparison, design or setting; non-English language.

(b) Two articles identified were applicable to Q3.1 and Q3.3, for the purposes of this diagram they have been included under Q3.1 only.

(c) One article identified was applicable to Q3.3, Q3.4, Q3.5 and Q3.6, for the purposes of this diagram it has been included under Q3.3 only.

Appendix H – Economic evidence tables

There were no health economic studies found in the review

Appendix I – Health economic model

No original economic modelling was undertaken.

Appendix J – Excluded studies

Clinical studies

Table 5: Studies excluded from the clinical review

Reference	Reason for exclusion
Abedin 2019 ¹	Incorrect comparison (comparing different models of diagnosis using the same imaging modality)
Agoda-Koussema 2012 ²	Not in English.
Alvarez 2005 ³	Non-comparative study.
Amitai 2015 ⁴	Included people with rheumatoid arthritis. Diagnostic accuracy study.
Atar 2019 ⁵	Incorrect comparison (comparing serum endothelin levels with clinical/sonographic measurements)
Badel 2012 ⁶	Incorrect comparison. Diagnostic accuracy study.
Baker 2020 ⁷	Incorrect comparison (comparing bone scan to magnetic resonance imaging). No usable outcomes.
Boegard 2003 ⁸	Incorrect comparison. Cross-sectional study comparing people with and without radiographic evidence of osteoarthritis.
Brandt 2000 ⁹	Incorrect comparison (comparing people with radiographic knee osteoarthritis to people without radiographic knee osteoarthritis).
Breasley 2007 ¹⁰	Excludes people with osteoarthritis.
Cai 2020 ¹¹	Incorrect comparison (comparing people with osteoarthritis on knee radiograph, osteoarthritis on magnetic resonance imaging, both and neither to each other)
Chen 2015 ¹³	Incorrect comparison (compares people with ultrasound grades of osteoarthritis)
Chen 2020 ¹²	Incorrect population (including people with knee osteoarthritis confirmed by arthroscopy and healthy participants)
Chiba 2016 ¹⁴	Incorrect comparison (compared people with different grades of radiographic knee osteoarthritis with the presence of effusion on ultrasound)
Emshoff 2001 ¹⁵	Diagnostic accuracy study. No usable outcomes.
Ezzat 2013 ¹⁶	Incorrect comparison (compared people with and without radiographic, symptomatic and magnetic resonance imaging evidence of osteoarthritis when all participants had all of the types of imaging)
Gluckert 1990 ¹⁷	Not in English
Haghighi 2017 ¹⁸	Incorrect comparison (investigated a correlation between ultrasound, radiographic and symptomatic osteoarthritis using the same imaging on all participants)
Hirsch 2017 ¹⁹	Incorrect comparison (investigates the use of imaging guidance for intra-articular injections)
Ip 2011 ²⁰	Incorrect comparison (compares people with different severities of radiographic osteoarthritis to magnetic resonance imaging findings where all people had both imaging techniques performed).
Javaid 2012 ²¹	Incorrect comparison (compares people with radiographic osteoarthritis to magnetic resonance imaging findings where all people had both imaging techniques performed).
Keen 2009 ²²	Systematic review with a different PICO to that in the protocol (investigating ultrasound scoring systems).
Kim 2008 ²³	Incorrect intervention (bone scan).

Reference	Reason for exclusion
Kim 2017 ²⁴	Incorrect comparison (investigates findings on SPECT/CT).
Kinds 2011 ²⁵	Systematic review with a different PICO to that in the protocol (investigating radiographic severity in people with symptomatic osteoarthritis)
Kroon 2018 ²⁶	Wrong study type (cross-sectional study)
Laursen 2016 ²⁷	Incorrect comparison (imaging post-surgical prosthesis insertion)
Macri 2021 ²⁸	Wrong study type (cross-sectional study)
Magnusson 2018 ²⁹	Incorrect comparison (all participants had imaging at the start of the study)
Matsos 2009 ³⁰	Incorrect comparison (includes people without osteoarthritis)
Menz 2021 ³¹	Wrong study type (cross-sectional study)
Mortada 2016 ³²	Incorrect comparison (investigating diagnostic accuracy in people who had all had ultrasound scans)
Nalamachu 2020 ³³	Wrong study type (cross-sectional study)
Neiman 2016 ³⁵	Incorrect intervention (magnetic resonance arthrography obtained with all participants including people without osteoarthritis)
Pan 2019 ³⁷	Incorrect comparison (investigating different phenotypes of knee pain. All people had imaging).
Park 2012 ³⁸	Wrong population (includes people with temporomandibular joint disorders, not just osteoarthritis)
Roberts 2015 ³⁹	Incorrect comparison (compares people evaluated by primary care physicians and people evaluated by staff orthopaedic surgeons).
Roux 2016 ⁴⁰	Incorrect comparison (compares semi-flexed x-ray to anteroposterior extended and semi-flexed x-ray).
Sheridan 2021 ⁴¹	Incorrect population (including people with meniscal tears as well as people with knee osteoarthritis)
Smink 2014 ⁴²	Incorrect comparison (investigating the implementation of a stepped care sequence).
Thomas 2008 ⁴³	No relevant outcomes (reports dichotomous outcomes for values that the protocol specifies should be reported as continuous outcomes).
Wang 2018 ⁴⁵	Incorrect comparison (compares people with and without radiographic knee osteoarthritis).
Wang 2021 ⁴⁴	Incorrect intervention (predictors for early stage arthritis- all people had imaging)
Whittaker 2018 ⁴⁶	Incorrect comparison (compares people with and without magnetic resonance imaging osteoarthritis).
Yoong 2012 ⁴⁷	Incorrect comparison (investigating image guided intra-articular injections).
Zhu 2017 ⁴⁸	Incorrect comparison (compares people with different severities of imaging, all people had magnetic resonance imaging).

Health Economic studies

Published health economic studies that met the inclusion criteria (relevant population, comparators, economic study design, published 2005 or later and not from non-OECD country or USA) but that were excluded following appraisal of applicability and methodological quality are listed below. See the health economic protocol for more details.

None.