

## Osteoarthritis Committee meeting 14

**Date:** 18/01/2022

**Location:** Zoom

**Minutes:** Final

<b>Committee members present:</b>		
Stephen Hoole (Chair)		Present for notes 1 – 5
Elizabeth Cottrell (Topic advisor)		Present for notes 1 – 5
Philip Bell		Present for notes 1 – 5
Philip Conaghan		Present for notes 1 – 5
Jill Halstead- Rastrick		Present for notes 1 – 5
Jonathan Inglesfield		Present for notes 1 – 5
Emily Lam		Present for notes 1 – 5
Emma Parry		Present for notes 1 – 5
Jonathan Quicke		Present for notes 1 – 5
Mark Wilkinson		Present for notes 1 – 5
Nicky Wilson		Present for notes 1 – 5

<b>In attendance:</b>		
Carlos Sharpin	Guideline Lead	Present for notes 1 – 5
Julie Neilson	Senior Research Fellow	Present for notes 1 – 5
George Wood	Senior Systematic Reviewer	Present for notes 1 – 5
Amber Hernaman	Project Manager	Present for notes 1 – 5
Muksitur Rahman	Health Economist	Present for notes 1 – 5
Dave Wonderling	Head of Health Economics	Present for notes 1 - 5
Ruth Melville	NICE Editor	Present for notes 1 – 5
Rupert Franklin	NICE Guideline Commissioning Manager	Present for notes 1 - 5

<b>Apologies:</b>

## 1. Welcome and objectives for the meeting

The Chair welcomed the committee members and attendees to GC 14 on Osteoarthritis: assessment and management.

The apologies received are noted above.

The Chair outlined the objectives of the meeting, which included:

- Re-run data for
  - Electrotherapy
  - Acupuncture
- Recommendations for
  - Devices
  - Treatment packages
  - Manual therapy
  - Pharmacological therapy
- Research recommendations
- Short guideline

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. Those who joined later were also asked to declare any interests that may have arisen since the last meeting.

Name	Description	Arose	Declared	Notes
Mark Wilkinson	Trustee for the Paget's Association (charity)	01/01/22	18/01/22	Non-financial professional and personal interests
Jonathan Quicke	Invited speaker at Osteoarthritis Research Society International World Congress 2021 "Osteoarthritis Year In Review, Clinical: Epidemiology and Therapy". As a speaker honorarium I will receive free society	16/09/20	18/01/22	Financial

		membership for 2021.			
		External PhD viva examiner for Nottingham University. I received £210 as a standard examiner's fee including and £10 for thesis printing.	29/10/21	18/01/22	Financial
		Member of Osteoarthritis Research Society International including osteoarthritis management programme implementation, education and outcome measures SIGs.	OARSI Member on and off since 2014, member of SIGs since 18/07/2018	18/01/22	Non-financial professional and personal interests
		Steering Group member of OARSI Joint Effort Initiative. "The Joint Effort Initiative (JEI) seeks to provide a structure to harmonise and standardise activity related to international implementation of Osteoarthritis Management Programs (OAMPs). A particular focus will be on optimising the quality and delivery of care, health professional training, fostering international research collaborations, and minimising duplication of effort and resources."	Feb 2021	18/01/22	
		Member of British Society for Rheumatology	Member since 13/4/2016	18/01/22	
		Expert OA and obesity advisor for NHS England/ NHS Improvement	8/7/2021	18/01/22	Non- financial professional and personal interests
		Recent publications: Allison K, Jones S, Hinman RS, Briggs AM, Sumithran P, Quicke J, Holden M, Chiavaroli N, Crofts S, George E, Foster N, Bennell K. Effects of an online education program on physiotherapists' confidence in weight management for people with osteoarthritis: a randomized controlled trial.	Accepted article online ahead of print 20th Dec	18/01/22	

	<p>Arthritis Care Res. 2021 Dec 20. doi: 10.1002/acr.24828. Online ahead of print.</p> <p>Ghouri A, Quicke JG, Conaghan PG. New developments in osteoarthritis pharmacological therapies. Rheumatology. 2021 Dec 24;60(Supplement_6):vi1-vi11. doi: 10.1093/rheumatology/keab679</p>	24/12/21			
	<p>I am employed 0.5 FTE by Keele University as an Academic Clinical Lecturer in Physiotherapy</p> <p>(Since 4th Jan 2019 this has been funded through a NIHR Clinical Research Network West Midlands Research Scholarship)</p>	01/01/16	18/01/22	Indirect interests	
	<p>Haywood Foundation Activity Coordinator position (0.5FTE). This post involves social prescribing and facilitating physical activity for people with arthritis. I am embedded and employed for this role through the Midlands Partnership Foundation NHS Trust with the money for this role provided by the Haywood Foundation. (Haywoodfoundation.org.uk)</p>	05/03/20	18/01/22		
	<p>I am part of the Keele Impact Accelerator Unit. This is a unit that helps accelerate the uptake and impact of research evidence into clinical practice including NICE OA guidance, osteoarthritis research from Keele University and external research organisations.</p>	2017	18/01/22		
	<p>Recent Grants:</p> <p>Quicke J lead author on behalf of the Haywood Foundation "Living my life</p>	03/12/20	18/01/22		

	now, keeping active with joint pain". VersusArthritis/SportEngland Tackling inequalities Fund, £9,723. Non staff project funds for remotely supporting older adults with joint pain due to osteoarthritis and health inequalities in Stoke-on-Trent to engage with physical activities during COVID-19.			
	I received funding for an open access journal publication from the Haywood Foundation for- "Osteoarthritis year in review 2021: Epidemiology and Therapy"	19/11/21	18/01/22	

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

### 3. Minutes of last meeting

The notes and minutes of GC13 will be sent to the committee following the guideline committee.

### 4. Protocols, committee discussions and evidence reviews

- a) George Wood presented the rerun data on electrotherapy and the committee edited the recommendations
- b) Muksitur Rahman presented the health economic data, and the committee edited the recommendations for;
  - Acupuncture
  - Devices
  - Manual therapy
  - Pharmacological therapy
- c) Julie Neilson presented the research recommendations, which the committee edited
- d) Carlos Sharpin presented the short guideline, and the committee edited the

recommendations
<b>5. Any other business</b>
None.

**Date of next meeting:**

05/07/2022

**Location of next meeting:** Zoom