

# **Osteoarthritis Committee meeting 5**

**Date:** 03/03/2020

Location: Boardroom, RCP

Minutes: Final

Committee members present:	
Stephen Hoole (Chair)	(Present for notes 1 – 7)
Elizabeth Cottrell (Topic advisor)	(Present for notes 1 – 7)
Emma Parry	(Present for notes $1 - 7$ )
Mark Wilkinson	(Present for notes $1 - 7$ )
Jill Halstead-Rastrick	(Present for notes $1 - 7$ )
Jonathan Inglesfield	(Present for notes $1 - 7$ )
Jonathan Quicke	(Present for notes $1 - 7$ )
Nicky Wilson	(Present for notes $1 - 7$ )
Philip Conaghan	(Present for notes $1 - 7$ )
Emily Lam	(Present for notes $1 - 7$ )
Philip Bell	(Present for notes 1 – 7)
Gabrielle Swait	(Present for notes $1 - 7$ )

In attendance:		
Carlos Sharpin	Guideline Lead	(Present for notes 1 – 7)
Rebecca Boffa	Senior Research Fellow	(Present for notes $1 - 7$ )
Julie Neilson	Senior Research Fellow	(Present for notes 1 – 7)
Emma Cowles	Senior Health Economist	(Present for notes 1 – 7)
George Wood	Systematic Reviewer	(Present for notes 1 – 7)
Amber Hernaman	Project Manager	(Present for notes 1 – 7)

Apologies:	
Joseph Runicles	Information Specialist
Emma Parry	Committee Member

# 1. Welcome and objectives for the meeting

The Chair welcomed the committee members and attendees to GC 5 on Osteoarthritis: assessment and management.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included:

- Reviewing protocols;
  - Treatment packages
  - Manual therapy
  - Weight loss
  - Information
  - Electrotherapy
- Pharmacological evidence review methods section

### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was in relation to what was being discussed under the protocols.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Jonathan Quicke	Academic Clinical Lecturer in Physiotherapy: Osteoarthritis and long-term, conditions, Academic Clinical Lecturer in Physiotherapy: Osteoarthritis and long-term, conditions,	Authored a Physiotherap y First Contact Practitioner "Enhancing care for people with osteoarthritis" online training resource. I received no royalties for it and is based	Direct non- financial. Professional and personal interest.	Non-specific. No action other than the process of open declaration.

on previous NICE OA guidelines. See https://jigsaw- e.com/joint- pain-in- physiotherap y-video- training/ and https://jigsaw- e.com/course s/joint-pain-		
in- physiotherap y/. 03/03/20		
Co-applicant on an ongoing grant funded by Auckland University of Technology to co-design a New Zealand OA guidebook. The grant funded my travel to take part in a co- design workshop and support data analysis. I receive no royalties or personal payments for this work.	Direct non- financial. Professional and personal interest.	Non-specific. No action other than the process of open declaration.
Study team member on the NIHR- funded grant (PEP OA). Same project listed in the DOI register by Dr	Direct non- financial. Professional and personal interest.	Non-specific. No action other than the process of open declaration.

		Elizabeth Cottrell that is investigating how best to explain OA. Involved in co-producing a brief patient OA guidebook (freely available from https://jigsaw- e.com/osteoa rthritis-leaflet/ and I do not receive royalties).	Direct non- financial. Professional and personal interest.	Non-specific. No action other than the process of open declaration.
		College of Podiatry Conference: Travel and accommodati on	Direct financial interest	Non-specific. No action other than the process of open declaration.
		Scottish MSK Conference: Honorarium, travel and accommodati on	Direct financial interest	Non-specific. No action other than the process of open declaration.
Jill Halstead- Rastrick	Advanced Podiatrist, Leeds Community Healthcare NHS Trust	Biomechanic s Summer School: Honorarium, travel and accommodati on	Direct financial interest	Non-specific. No action other than the process of open declaration.
		Member of the OMERACT foot and ankle consortium	Direct non- financial. Professional and personal interest.	Non-specific. No action other than the process of open declaration.
		Member of OARSI foot and ankle interest group	Direct non- financial. Professional and personal	Non-specific. No action other than the process of open

			interest.	declaration.
		Member of Podiatry Women, Teachers and Researchers	Direct non- financial. Professional and personal interest.	Non-specific. No action other than the process of open declaration.
		Arnold JB, Halstead J, Grainger AJ, Keenan A, Hill CL, Redmond AC, 'Foot and leg muscle weakness in people with midfoot osteoarthritis' , Arthritis Care & Research,	Direct non- financial. Professional and personal interest.	Non-specific. No action other than the process of open declaration.
		High prevalence of magnetic resonance imaging detected osteoarthritis abnormalities in people with midfoot pain and normal clinical radiographs.	Non-financial interest	Non-specific. No action other than the process of open declaration.
Philip Bell	Lay member	Participated in a study asking my opinion on the use of sham injections that would be for an RCT. 03/03/20	Direct financial?	Non-specific. No action other than the process of open declaration.

#### 3. Minutes of last meeting

Agreed as an accurate record.

#### 4. Presentations

Ian Mather from NICE presented to the committee about resource impact

#### 5. Evidence review discussion

GW presented the evidence for pharmacological review. The Committee discussed and drafted recommendations. Live edits were made to the evidence on the day.

## 6. Protocol discussion

The Committee discussed the treatment packages protocol and were given the opportunity to ask questions. Edits were made to the protocol on the day.

The Committee discussed the manual therapy protocol and were given the opportunity to ask questions. Edits were made to the protocol on the day.

The Committee discussed the weight loss protocol and were given the opportunity to ask questions. Edits were made to the protocol on the day.

The Committee discussed the information protocol and were given the opportunity to ask questions. Edits were made to the protocol on the day.

The Committee discussed the electrotherapy protocol and were given the opportunity to ask questions. Edits were made to the protocol on the day.

#### 7.Any other business

None.

Date of next meeting: 13/07/2020

Location of next meeting: MS Teams