

Menopause: diagnosis and management (update) Guideline Committee Meeting 13

Date: Monday 31 July 2023
Location Virtual meeting via Zoom
Minutes: **Final**

| Committee members present: | |
|-----------------------------------|-----------------------|
| Gillian Baird | Present for notes 1-6 |
| Martha Hickey | Present for notes 1-6 |
| Haitham Hamoda | Present for notes 1-6 |
| Kathy Abernethy | Present for notes 1-6 |
| Louise Massey | Present for notes 1-6 |
| Hayley Berry | Present for notes 1-6 |
| Karina Bowkett | Present for notes 1-6 |
| Eef Hogervorst | Present for notes 1-6 |
| Nina Kuypers | Present for notes 1-6 |
| Gillian Reeves | Present for notes 1-6 |
| Jenny Van Heerden | Present for notes 1-6 |

| In attendance: | | |
|--------------------------|---------------------------------|-----------------------|
| Katharina Dworzynski | Guideline Lead | Present for notes 1-6 |
| Josh South | Project Manager | Present for notes 1-6 |
| Qudsia Malik | Senior Systematic Reviewer | Present for notes 1-6 |
| Agnesa Mehmeti | Systematic Reviewer | Present for notes 1-6 |
| Nick O'Callaghan-Staples | Guideline Commissioning Manager | Present for notes 1-6 |
| Katriona O'Donoghue | Systematic Reviewer | Present for notes 1-6 |
| Stephen Murphy | Clinical Advisor | Present for notes 1-6 |
| Shalmali Deshpande | Systematic Reviewer | Present for notes 1-6 |
| James Hawkins | Senior Economist | Present for notes 1-6 |

| APOLOGIES: | | |
|-------------------|--------------------|--------------------|
| 1. | Sarah Hillman | GC member |
| 2. | Lorraine Griffiths | Lay member |
| 3. | Anne Armstrong | Co-opted GC member |
| 4. | John Stevenson | Co-opted GC member |

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| 5. | Astrid Aregui | Senior Medical Editor, NICE |
| 6. | Anita Sharma | GC member |
| 7. | Esther Clifford | Project Manager, NICE |

1. Welcome, housekeeping, aims of the day and apologies

The Chair welcomed the Committee members and attendees to the 13th guideline committee meeting on menopause: diagnosis and management (update).

The Chair asked the committee to review the minutes and the minutes were confirmed as accurate.

The Chair requested for any new declarations of interest to be shared with the group.

| Name | Role | Description of interest | Type of interest | Decision taken |
|-------------------------|-----------------|--|--|--------------------------|
| Dr Anne Armstrong | Co-opted member | Advisory Board, Roche | Direct – financial | Declare and participate. |
| Dr Anne Armstrong | Co-opted member | Education grant from Gilead to develop educational package for health professionals about endocrine side effects of breast cancer treatments | Indirect interests | Declare and participate. |
| Dr Anne Armstrong | Co-opted member | Travel expenses to attend breast cancer conference from Novartis | Indirect interests | Declare and participate. |
| Mr Haitham Hamoda | Topic adviser | Invited talk on menopause followed by open Q&A at number 10 Downing Street. | Direct – non-financial professional and personal interests | Declare and participate. |
| Professor Martha Hickey | Topic adviser | Publication https://pubmed.ncbi.nlm.nih.gov/36689129/ Reinforcing or Disrupting Gender Affirmation: The Impact of Cancer on Transgender Embodiment and Identity | Direct – non-financial professional and personal interests | Declare and participate. |
| Professor Martha Hickey | Topic adviser | Publication https://pubmed.ncbi.nlm.nih.gov/36828870/ Alternative methods to measure breast density in younger women. | Direct – non-financial professional and personal interests | Declare and participate. |
| Professor Martha Hickey | Topic adviser | Publication https://pubmed.ncbi.nlm.nih.gov/37045546/ TUBectomy with delayed oophorectomy as an alternative to risk-reducing salpingo-oophorectomy in high-risk women to assess the safety of prevention: the TUBA-WISP II study protocol | Direct – non-financial professional and personal interests | Declare and participate. |
| Professor Martha Hickey | Topic adviser | Publication https://pubmed.ncbi.nlm.nih.gov/37092227/ Depression in Mid- and Later-Life and Risk of Dementia in Women: A Prospective | Direct – non-financial professional and personal | Declare and participate. |

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|-------------------------|---------------|--|--|--------------------------|
| | | Study within the Danish Nurses Cohort | interests | |
| Professor Martha Hickey | Topic adviser | Publication https://pubmed.ncbi.nlm.nih.gov/37132126/ Care after premenopausal risk-reducing salpingo-oophorectomy in high-risk women: Scoping review and international consensus recommendations | Direct – non-financial professional and personal interests | Declare and participate. |
| Professor Martha Hickey | Topic adviser | Board member of BreastScreen Victoria, Australia. | Direct – non-financial professional and personal interests | Declare and participate. |
| Professor Martha Hickey | Topic adviser | Provided comment for press release for the Australian Science and Media Centre relating to the following publication: https://www.bmj.com/content/381/bmj-2022-072770 Menopausal hormone therapy and dementia: nationwide, nested case-control study | Direct – non-financial professional and personal interests | Declare and participate. |
| Nina Kuypers | Lay member | Holland and Barrett Inclusivity and Menopause – Panellist. This does not include any reference NICE guidance updates. | Direct – non-financial professional and personal interests | Declare and participate. |
| Nina Kuypers | Lay member | NHS England Menopause User Engagement Group Meeting | Direct – non-financial professional and personal interests | Declare and participate. |

2. New evidence related to dementia: Revisiting dementia recommendations

Agnesa Mehmeti, Systematic Reviewer, Eef Hogervorst, Topic Group Lead and Katharina Dworzynski, Guideline Lead led on revisiting dementia recommendations.

The committee considered updating the dementia evidence report. There was a committee discussion and a revisit of recommendation wording.

3. Recommendation update in relation to NICE processes

Katharina Dworzynski, Guideline Lead led on the recommendation update to NICE processes.

The committee discussed NICE processes in relation to evidence and clarity of wording and the impact on recommendations.

4. Lay member forum

The committee members held a forum where discussions were made on key points from the revisited recommendations.

5. Alternative ways of presenting information in recommendations

Katharina Dworzynski, Guideline Lead led on alternative ways of presenting information in recommendations.

The committee reviewed the proposed format.

12. Next steps / summary of actions/ key dates and activities

Gillian Baird, Committee Chair summarised the actions and next steps. The next meeting will be a post-consultation meeting, date TBC.

Location of post-consultation meeting: TBC