

Women's and Reproductive Health Guidelines Update Committee Meeting – Maternity committee

Date: 8th July 2025

Location Virtual via Microsoft Teams

Minutes: FINAL

Committee members present:	
Sarah Fishburn (Chair)	Present for notes 1 – 5
Maggie Blott	Present for notes 1 – 5
Lucy O'Malley	Present for notes 1 – 5
Makrina Savvidou	Present for notes 1 – 5
Sophie McAllister	Present for notes 1 – 5
Frances Rivers	Present for notes 1 – 5
Aung Soe	Present for notes 1 – 5
Tim Watts	Present for notes 1 – 5
Bryony Kendall	Present for notes 1 – 5

In attendance:		
Maija Kallioinen	Topic Lead	Present for notes 1 – 5
Katie Tuddenham	Project Manager	Present for notes 1 – 5
Sharangini Rajesh	Senior Technical Analyst	Present for notes 1 – 5
Aye Paing	Technical Analyst	Present for notes 1 – 5
Paul Jacklin	Health Economics Advisor	Present for notes 1 – 5
Ayisha Ashmore	Clinical Fellow	Present for notes 1 – 5
Gareth Haman	Senior Guidance Content Designer	Present for notes 1 – 5
Suzie Panek	Finance Analyst	Present for notes 1 – 5
Kirsty Luckham	Health Economist	Present for notes 1 – 5
Sara Buckner	Senior Topic Adviser	Present for notes 1 – 5
Louisa Regan	Implementation Support Manager	Present for notes 1 – 5
Observers:		
Ewelina Rogozińska	Evidence Reviewer & Guidelines Methodologist, The Faculty of Sexual and Reproductive Healthcare	Present for notes 1 – 5
Alexandra Ciritel	The Faculty of Sexual and Reproductive Healthcare	Present for notes 1 – 5

Jen Hacking	Senior Guidance Content Designer	Present for notes 1 – 5
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Apologies:

Sophie House	Midwife
Alena Chong	GP
Maria Clark	Lay member
Chimwemwe Kalumbi	Obstetrician
Ashifa Trivedi	Pharmacist
Sarah Griffiths	Anaesthetist
Marie Anne Ledingham	Clinical Adviser

1. Welcome and objectives for the meeting.

The Chair welcomed members of the maternity committee to the Women's and Reproductive Health Suite committee meeting.

The Chair informed the committee that apologies had been received as noted above.

The Chair outlined the objectives of the meeting, which included discussing the water birth evidence review.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were water birth and intrapartum care.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Role with NICE	Type of interest	Description of interest	Relevant dates			Comments
				Interest arose	Interest declared	Interest ceased	
Frances Rivers	Committee Member	Direct, non-financial personal and professional	Principal Investigator at my Trust for a research feasibility study sponsored by Oxford Brookes University titled "WICIC - Water	01.10.2024	08.07.2025	31.07.2025	Specific. Declare and participate. Rationale: The research is ongoing and does not impact current

			immersion for women with complexity: international collaboration". This study is collecting anonymised data from multiple sites in the UK and internationally to determine the maternal and neonatal outcomes for women who labour and/or give birth in water and who have a risk factor recorded e.g. previous Caesarean, induction of labour, previous haemorrhage etc.				recommendation making on water birth.
3. Minutes of last meeting							
The Chair asked the committee to confirm the minutes of the last meeting, and the committee confirmed that no changes were required.							
4. Intrapartum care update - Waterbirth and second stage of labour evidence review: What are the effectiveness and safety of water immersion during the second stage of labour in healthy women with uncomplicated pregnancies at term and their babies?							
The Chair introduced Aye Paing, Technical Analyst, and Kirsty Luckham, Health Economist, who led the committee through the evidence review on waterbirth as part of an update to the intrapartum care guideline. The committee discussed the evidence and agreed draft recommendations.							
5. Any other business							
The meeting was closed at 13.15.							

Date of next meeting:

Monday 22nd September 2025

Location of next meeting:

Virtual via Microsoft Teams