# Vitamin B12 Deficiency Committee meeting

**Date:** 13/09/2023

Location: Via zoom

Minutes: Final

Committee members present:	
Imran Jawaid (Chair)	(Present for notes 1 – 9)
Ian Beales	(Present for notes 1 – 9)
Medina Brown	(Present for notes 1 – 9)
Mamta Garg	(Present for notes 1 – 4)
Dominic Harrington	(Present for notes 1 – 2)
Linda Haste (co-opted member)	(Present for notes 1 –
	9)
Louella Oakey	(Present for notes $1 - 9$ )
Mark Pritchard	(Present for notes 1 –
	5)
Emile Richman	(Present for notes $1 - 8$ )
Willemina Rietsema	(Present for notes $1 - 9$ )
Maddie Smith	(Present for notes $1 - 9$ )
Phil Smith (co-opted member)	(Present for notes 1 –
	4)
Emma Stevenson	(Present for notes 1 – 8)

In attendance:			
Bethan Dorsett	Content Designer (guidance)	(Present for notes 1 – 9)	
Stephen Deed	Information Specialist	(Present for notes $1 - 4$ )	
Rupert Franklin	Senior Guideline Commissioning Manager	(Present for notes 3 – 9)	
Toby Sands	Research Fellow	(Present for notes 1 – 9)	
Carlos Sharpin	Guideline Lead	(Present for notes 1 – 9)	
Katie Tuddenham	Project Manager	(Present for notes 1 – 9)	
David Wonderling	Senior Health Economics Adviser	(Present for notes 1 – 9)	

Apologies:	
Cassandra Edgar	Guideline Committee member
Nick Kosky (co-opted member)	Guideline Committee
Harnish Patel	Guideline Committee
Maria Smyth	Senior Research Fellow

# 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the fourteenth meeting on vitamin B12 deficiency. The Committee members and attendees introduced themselves.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting.

# 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were all scope areas.

The Chair and a senior member of the Developer's team noted that Willemina Rietsema will not participate in discussions on the frequency of vitamin B12 injections, and Dominic Harrington will not participate in discussions on the recommendation making relating to diagnosis.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Willemina Rietsema	General Practitioner	Member of the Nutrition Special Interest Group of the British Geriatric Society. Nothing done about vitamin B12 so far.	Direct, non- financial professional and personal	Non-specific Declare and participate
3. Review o	f recommendatior			

Carlos led a review of the draft recommendations made in this section to date, taking

into account stakeholder comments at consultation.

### 4. Review of recommendations – Who to test

Carlos led a review of the draft recommendations made in this section to date, taking into account stakeholder comments at consultation.

### 5. Review of Terminology

Carlos led a discussion on the use of the terms 'autoimmune gastritis' and 'pernicious anaemia', taking into account stakeholder comments at consultation.

#### 6. Review of recommendations – Identifying causes

Carlos led a review of the draft recommendations made in this section to date, taking into account stakeholder comments at consultation.

#### 7. Review of recommendations - Management

Carlos led a review of the draft recommendations made in this section to date, taking into account stakeholder comments at consultation.

#### 8. Review of recommendations – Ongoing care and follow up

Carlos started leading the review of the draft recommendations made in this section to date, taking into account stakeholders comments at consultation. The discussion ended early due to time.

# 9. Any other business

There being no other business, the Chair thanked everyone for their participation and closed the meeting.

Date of next meeting: TBC

Location of next meeting: TBC