

Weight management guideline post-consultation committee meeting minutes

Weight Management Guideline Update – Committee Meeting 16 – Day 1

Date: 15/12/2023

Location: Virtual

Minutes: Final

Committee members present:		
Marie Burnham (MB – Chair)		Present for notes 1 – 7
Kate Anderson		Present for notes 1 – 7
Mfon Archibong		Present for notes 1 – 7
Margaret Ashwell		Present for notes 1 – 7
Dee Aswani		Present for notes 1 – 3
Sarah Britton		Present for notes 1 – 7
Twane Celliers		Present for notes 1 – 7
Preetpal Doklu		Present for notes 1 – 7
Lisa Hodgson		Present for notes 1 – 7
Phoebe Kalungi		Present for notes 1 – 7
Sarah le Brocq		Present for notes 1 – 7
Kathryn Melia		Present for notes 1 – 7
Alex Miras		Present for notes 1 – 7
Helen Parretti		Present for notes 1 – 7
Suzy Taylor		Present for notes 1 – 7

NICE Team in attendance:		
Victoria Axe	Guideline Commissioning Manager	Present for notes 1 – 7
Amy Barr (observing)	Health Technology Assessment Analyst	Present for notes 1 – 7
Jackie Durkin	Administrator	Present for note 1
Lizzy Latimer	Health Technology Assessment Analyst	Present for notes 1 – 7
Jon Littler	Project Manager	Present for notes 1 – 7
Alfredo Mariani	Senior Health Economist	Present for notes 1 – 7
Caroline Mulvihill	Technical Adviser	Present for notes 1 – 7
Lesley Owen	Health Economic Adviser	Present for notes 1 – 7
Michellie Young	Technical Analyst	Present for notes 1 – 7

Apologies:	
Julian Hamilton-Shield	Committee Member

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Omar Khan	Committee Member
Grace O'Malley	Committee Member
Samantha Scholz	Committee Member
Laurence Taggart	Committee Member
Billy White	Committee Member

1. Welcome and objectives for the meeting

The Chair, Marie Burnham (MB) welcomed the committee to day 1 of the post-consultation committee meeting and informed the committee of the apologies noted above.

The Chair asked all committee members to verbally declare any interests that have arisen since the last meeting. The following interests were declared:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Nivedita Aswani	Committee member Paediatric Lifestyle Weight Management Specialist	Member of the NICE Quality Standard Advisory Committee for Obesity	Direct non-financial, professional and personal	Declare and participate Rationale: This presents no conflict to NICE clinical guidelines
Nivedita Aswani	Committee member Paediatric Lifestyle Weight Management Specialist	Voluntary post - Assistant Officer for Nutrition and Obesity on Health Improvement Committee of RCPCH		Declare and participate Rationale: Post has a broad remit and the Royal College doesn't make recommendations that would conflict with our own.
Helen Parretti	Committee member GP	Grey, E, Griffin, T, Jolly, K, Pallan M, Parretti H, Retza A and Gillison F. <i>Extended brief interventions for weight management and obesity prevention in children: A rapid evidence review</i> . Obesity Reviews. 2023;e13633. doi:10.1111/obr.13633.	Direct non-financial, professional and personal	Declare and participate Rationale: This review published after evidence reviews and searches were concluded so has not come up in our reviews.
Helen Parretti	Committee member GP	Krouwel M, Greenfield SM, Chalkley A, Sanders JP, Parretti HM, Gokal K, et al. Promoting participation in physical activity through Snacktivity: A qualitative mixed methods study. PLoS ONE 2023; 18(9):	Direct non-financial, professional and	Declare and participate Rationale: This review published

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		e0291040. https://doi.org/10.1371/journal.pone.0291040 .	personal	after evidence reviews and searches were concluded so has not come up in our reviews.
Helen Parretti	Committee member GP	Pallan MJ, Mason FE, Parretti H, Adab P, Abbott S, Jolly K. Supporting healthcare professionals to address child weight with parents: A qualitative study. BJGP 2023: https://doi.org/10.3399/BJGP.2023.0238 .	Direct non-financial, professional and personal	Declare and participate Rationale: This review published after evidence reviews and searches were concluded so has not come up in our reviews.
Helen Parretti	Committee member GP	Coulman K, Margelyte R, Jones T, Blazeby J, Macleod J, Owen-Smith A, Parretti H, Welbourn R, Redaniel TM, Judge A. Access to publicly funded weight management services in England using routine data from primary and secondary care (2007–2020): An observational cohort study PLoS Medicine 2023: 20(9): e1004282.	Direct non-financial, professional and personal	Declare and participate Rationale: A cohort study and not directly relevant to this guideline.
Helen Parretti	Committee member GP	Abbott S, Lawson J, Singhal R, Parretti HM, Tahrani AA. <i>Weight Loss During Medical Weight Management Does Not Predict Weight Loss After Bariatric Surgery: A Retrospective Cohort Study</i> . SOARD 2020; 16(11):1723-1730.	Direct non-financial, professional and personal	Declare and participate Rationale: The paper looks at post-bariatric surgery treatment so is not in scope for this guideline.
Helen Parretti	Committee member GP	Daley AJ, McGee E, Bayliss S, Coombe E and Parretti HM. <i>The effects of physical activity calorie equivalent food labelling to reduce food selection and consumption: systematic review and meta-analysis of randomised controlled studies</i> . J. Epidemiol. Community Health 2019; dx.doi.org/10.1136/jech-2019-213216 .	Direct non-financial, professional and personal	Declare and participate Rationale: The paper has not been used in our reviews and looks at food labelling, specifically PACE, which has not formed a part of our recommendations.
Helen Parretti	Committee member GP	Ferguson JA, Daley AJ and Parretti HM. <i>Behavioural weight management interventions for postnatal women: a systematic review of systematic reviews of randomised controlled trials</i> . Obes. Rev. 2019; doi.org/10.1111/obr.12834 .	Direct non-financial, professional and personal	Declare and participate Rationale: Whilst the review is in-scope in terms of amalgamation, we have not used this paper in our review and not

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				looked at evidence for post-natal women.
Helen Parretti	Committee member GP	Parretti HM, Hughes CA and Jones LL. <i>“The rollercoaster of follow-up care” after bariatric surgery: a rapid review and qualitative synthesis</i> . <i>Obes. Rev.</i> 2018; doi.org/10.1111/obr.12764.	Direct non-financial, professional and personal	Declare and participate Rationale: The paper looks at post-bariatric surgery treatment so is not in scope for this guideline.

The Chair and development team noted that the interests declared did not prevent either member from fully participating in the meeting.

Finally, MB and committee members reviewed the minutes from committee meeting 15 and agreed them as an accurate record of the meeting.

2. Responding to stakeholder comments – health economics

The Chair introduced Alfredo Mariani (AM), Senior Health Economist, who guided the committee through the responses we’d received from stakeholders that had specific impact on our health economic report and modelling.

Whilst there wasn’t a great deal to cover, AM went through our planned approach to responses and took feedback from the committee.

The Chair then moved on to the next item on the agenda.

3. Prioritising research recommendations/NIHR recommendations

The Chair introduced Caroline Mulvihill (CM), Technical Adviser, who opened the next item by highlighting the next steps for this guideline beyond its publication. Specifically, the research recommendations we will draft based on areas where we were only able to make minimal, if any, recommendations due to a lack of evidence and existing research.

CM presented her suggestions and then asked the committee for their priorities and opinions.

The Chair thanked CM for her work in preparing for this presentation and moved on to the next item on the agenda.

4. Responding to stakeholder comments

For the remainder of the day, CM continued to present to the committee, taking them through the broad themes around stakeholder comments, suggesting possible responses to said comments, and suggesting changes to the recommendations where necessary.

The committee offered their opinions over a lengthy and detailed discussion, making their own suggestions to drafted responses/changes already created by the development team, before the Chair brought this section to a close – thanking CM and the rest of the team for their hard preparatory work and the committee for their exhaustive input.

5. Next steps and any other business

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The Chair thanked the committee for their time and input throughout the day and reminded them that day 2 of this meeting would begin at the same time on the following day.

She then closed day 1 of this meeting.

Date of next meeting: 15/12/2023

Location of next meeting: Virtual via Zoom