

## Weight Management Advisory Committee Interests Register

Register last updated: 8 November 2024

Name	Role with NICE	Type of interest	Description of interest	Interest arose	Interest declared	Interest ceased	Comments
Marie Burnham	Chair	Direct Financial	Independent Chair for Central Lancashire Integrated Care partnership (salaried)	December 2019	December 2020	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Marie Burnham	Chair	Direct Financial/Direct non-financial, professional and personal	Chair of South West Yorkshire Partnership NHS Foundation Trust covering mental health, learning disabilities, forensic and community services	December 2021	December 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Marie Burnham	Chair	Direct Direct non-financial, professional and personal	Chair of the Pennine Multi-Academy Trust	2021	April 2022	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Kate Anderson	Committee member Public Health Practitioner	Direct Financial	Public Health Specialist – Health Improvement, Somerset County Council	June 2020	October 2022	Ongoing	Declare and participate Rationale: Salaried employment in the NHS providing NHS services.
Mfon Archibong	Committee member Health Visitor	Direct Financial	Specialist Health Visiting Research Lead, Brighter Futures, London Borough of London	March 2021	October 2022	Ongoing	Declare and participate Rationale: Salaried employment in the NHS providing NHS services.

Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct financial	Self-employed consultancy work		May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	President and Chair of Council of the Association for Nutrition (AfN).	2016	April 2021	December 2021	Declare and participate  Rationale: Not specific to the scope of the guideline
Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Chair of SENSE (self- employed nutritionists support and enlightenment).	1996	April 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Williams C, Ashwell M, Prentice A <i>et al.</i> (2021) Nature of the evidence base and frameworks underpinning dietary recommendations for prevention of non- communicable diseases: a position paper from the Academy of Nutrition Sciences <i>British Journal of Nutrition</i> DOI: <a href="https://doi.org/10.1017/S0007114520005000">https://doi.org/10.1017/S0007114520005000</a> .	December 2020	April 2021		Declare and participate  Specific  Rationale: The paper is about the methodology for developing and evaluating the evidence base.

Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Gallagher A, Ashwell M, Halford J <i>et al.</i> (2021) Low- calorie sweeteners in the human diet: scientific evidence, recommendations, challenges and future needs: a Workshop Report. <i>Journal of Nutrition Science</i> 10 e7, page 1 of 10.	January 2021	April 2021		Declare and participate  Rationale: Commentary and overview paper not specific to diet interventions
Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Gibson S, Ashwell M (2020) A simple cut-off for waist-to-height ratio (0.5) can act as an indicator for cardiometabolic risk: recent data from adults in the Health Survey for England. <i>Br J Nutr</i> 123, 681-690.	December 2019	April 2021		Declare and participate  Specific  Rationale: Based on the need for the committee member's expertise there is no action other than the process of open declaration.
Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Co-author — Rapid response to Jayedi, et al Fatness and risk of all cause mortality: systematic review and dose-response meta- analysis of 72 prospective cohort studies BMJ 2020; 370 doi: <a href="https://doi.org/10.1136/bmj.m3324">https://doi.org/10.1136/bmj.m3324</a> (Published 23 September 2020)  Ashwell M, Gibson S, Rickayzen B (2020) Further support for a simple public	September 2020	April 2021		Declare and participate  Specific  Rationale: Based on the need for the committee member's expertise there is no action other than the process of open declaration

			health chart using waist-to-height ratio as a proxy for central fatness and its links to COVID-19. <i>British Medical Journal</i> <a href="https://www.bmj.com/content/370/bmj.m3324/rr-2">https://www.bmj.com/content/370/bmj.m3324/rr-2</a>				
Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Ashwell M, Gibson S, Bellisle F <i>et al.</i> (2020) Expert consensus on low-calorie sweeteners: facts, research gaps and suggested actions. <i>Nutr Res Rev</i> , 1-10.	January 2020	April 2021		Declare and participate  Rationale: Commentary and overview paper not specific to diet interventions
Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Ashwell M, Gibson S (2020) Comments to the article 'Optimum waist circumference-height indices for evaluating adult adiposity: An analytic review': Consideration of relationship to cardiovascular risk factors and to the public health message. <i>Obes Rev</i> 21, e13074.	June 2020	April 2021		Declare and participate  Rationale: Based on the need for the committee member's expertise there is no action other than the process of open declaration
Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct financial	Self-employed consultancy work – Organised a strategic think tank for Kind Snacks and advised on legislative issues	2021	July 2021	2021	Declare and participate  Rationale: Not specific to the scope of the guideline

Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Geissler C, Ashwell M (2022) Reflections on 75 years of the International Union of Nutritional Sciences. <a href="https://iuns.org/2022/12/reflection-on-75-years-of-the-international-union-of-nutritional-sciences/">https://iuns.org/2022/12/reflection-on-75-years-of-the-international-union-of-nutritional-sciences/</a>	December 2022	December 2022		Declare and participate  Rationale: Not specific to the scope of the guideline
Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Ashwell M, Hickson M, Stanner S <i>et al.</i> (2022) Nature of the evidence base and strengths, challenges, and recommendations in the area of nutrition and health claims: a Position Paper from the Academy of Nutrition Sciences. <i>British Journal of Nutrition</i> . <a href="https://doi.org/10.1017/S0007114522003300">https://doi.org/10.1017/S0007114522003300</a>	October 2022	December 2022		Declare and participate  Rationale: Not specific to the scope of the guideline
Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Williams C, Ashwell M, Prentice A <i>et al.</i> (2021) Nature of the evidence base and frameworks underpinning dietary recommendations for prevention of non- communicable diseases: a Position Paper from the Academy of Nutrition Sciences <i>British Journal of Nutrition</i> <b>126</b> , 1076-1090.		December 2022		Declare and participate  Rationale: Not specific to the scope of the guideline

Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Vice President of the Caroline Walker Trust – Honorary position, non-paid	November 2023	November 2023	Ongoing	Declare and participate  Rationale: Unpaid, honorary position with a registered charity. CWT are not a stakeholder on this guideline
Margaret Ashwell	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Speaker on waist-to-height ration measurements at the <i>Obesity Management: Strategy to Practice</i> event in January 2024. Hosted by MyNutriWeb – No honorarium received.	December 2023	December 2023	January 2024	Declare and participate  Rationale: Not specific to the scope of the guideline. The recommendations on waist-to-height ratio Margaret helped to draft published in Sep 2022.
Nivedita Aswani	Committee member Paediatric Lifestyle Weight Management Specialist	Direct non-financial, professional and personal	Member of the Royal College Of Paediatrics and Child Health	2012	May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Nivedita Aswani	Committee member Paediatric Lifestyle Weight Management Specialist	Direct non-financial, professional and personal	Peer Reviewer for National Paediatric Diabetes Quality Improvement Programme	2014	June 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Nivedita Aswani	Committee member Paediatric Lifestyle Weight Management Specialist	Direct non-financial, professional and personal	Member of the Methodology and Dataset Group of the National Paediatric Diabetes Audit	2014	June 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Nivedita Aswani	Committee member		Diabetes UK Clinical Champion – Unpaid	2021	April 2022	2023	Declare and participate

	Paediatric Lifestyle Weight Management Specialist	Direct non-financial, professional and personal	Leadership Program funded by DUK				Rationale: Not specific to the scope of the guideline
Nivedita Aswani	Committee member Paediatric Lifestyle Weight Management Specialist	Direct non-financial, professional and personal	Children and Young People Diabetes Regional Lead for the Northeast and Yorkshire, NHSE	April 2022	April 2022	Ongoing	Declare and participate  Rationale: Salaried employment in the NHS providing NHS services.
Nivedita Aswani	Committee member Paediatric Lifestyle Weight Management Specialist	Direct financial	Consultant in General Paediatrics and Diabetes, Sheffield Children's Hospital NHS Foundation Trust	May 2021	October 2022	Ongoing	Declare and participate  Salaried employment in the NHS providing NHS services.
Nivedita Aswani	Committee member Paediatric Lifestyle Weight Management Specialist	Indirect financial	Co-applicant for an NIHR grant to evaluate CEW (complications from excess weight) clinics.	June 2023	June 2023	Ongoing	Declare and participate  Rationale: CEW clinics, whilst part of weight management programmes, are very specialist and this is still in the bidding stage.
Nivedita Aswani	Committee member Paediatric Lifestyle Weight Management Specialist	Direct non-financial, professional and personal	Member of the NICE Quality Standard Advisory Committee for Obesity		December 2023	Ongoing	Declare and participate  Rationale: This presents no conflict to NICE clinical guidelines
Nivedita Aswani	Committee member Paediatric Lifestyle Weight Management Specialist	Direct non-financial, professional and personal	Voluntary post - Assistant Officer for Nutrition and Obesity on Health Improvement Committee of RCPCH	January 2024	December 2023	Ongoing	Declare and participate  Rationale: Post has a broad remit and the Royal College doesn't make recommendations that would conflict with our own.

Nivedita Aswani	Committee member Paediatric Lifestyle Weight Management Specialist	Direct non-financial, professional and personal	Member of the National Child Measurement Programme	January 2024	March 2024	Ongoing	Declare and participate. Rationale: Not in scope and development, consultation and quality assurance was completed before joining and attending her first meeting.
Sarah Britton	CCG Commissioner	Direct non-financial, professional and personal	Member of the British Dietetic Association	2015	May 2021	Ongoing	Declare and participate. <b>Rationale:</b> Not specific to the scope of the guideline.
Sarah Britton	CCG Commissioner	Direct non-financial, professional and personal	Deputy Chair of Autism Subgroup, British Dietetic Association	January 2020	May 2021	Ongoing	Declare and participate. Rationale: Not specific to the scope of the guideline.
Sarah Britton	CCG Commissioner	Direct non-financial, professional and personal	Committee Chair for Optimising Nutrition Prescribing Specialist Group, British Dietetic Association	March 2021	May 2021	Ongoing	Declare and participate. Rationale: Not specific to the scope of the guideline.
Sarah Britton	CCG Commissioner	Direct non-financial, professional and personal	Chair of BDA Optimising Nutrition Specialist Prescribing Group	2021	May 2021	Ongoing	Declare and participate. Rationale: Not specific to the scope of the guideline.
Sarah Britton	CCG Commissioner	Direct non-financial, professional and personal	Abstract submitted to the world Downs syndrome conference; comparison of obesity levels in Southwark amongst NCMP data and children with Downs Syndrome	April 2020	May 2021	April 2020	Declare and participate. Rationale: Not specific to the scope of the guideline.



Sarah Britton	CCG Commissioner	Direct Financial	Member of the Advisory Committee on Borderline Substances. Position is voluntary but Sarah occasionally receives expenses cover.	September 2022	October 2022	Ongoing	Declare and participate.  Rationale: Not specific to the scope of the guideline as we are not recommending any drugs or specific consumables.
Sarah Britton	CCG Commissioner	Direct Financial	Primary Care Lead Dietician, Cambridgeshire and Peterborough CCG	May 2020	October 2022	Ongoing	Declare and participate  Rationale: Salaried employment in the NHS providing NHS services.
Twané Celliers	Specialist Dietician (Co-Opted)	Direct Financial	Speaking engagement for Novo Nordisk. Formed part of the panel to answer questions about Saxenda.	April 2021	May 2021	April 2021	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Preetpal Doklu	Lay Member	Direct Financial	Patient and public involvement interview for advanced body measurement procedures in health assessment via Sheffield Hallam University –(data anonymised)	May 2021	May 2021		Declare and participate  Rationale: Payment to cover expenses.
Preetpal Doklu	Lay Member	Direct Financial	Works as an executive assistant for the National Audit Office (NAO) – this does not include areas that audits NICE.	August 2023	November 2023	July 2024	Declare and participate  Rationale: Salaried employment within an independent parliamentary body

Julian Hamilton-Shield	Weight management services provider for early years	Direct non-financial, professional and personal	Currently undertaking a commercial trial within University Hospitals Bristol NHS Foundation Trust for a medication for adolescent obesity. Novo-Nordisk funded.	2019	July 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Julian Hamilton-Shield	Weight management services provider for early years	Direct non-financial, professional and personal	Research funded by NIHR in fields of childhood obesity and diabetes	2012	July 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Julian Hamilton-Shield	Weight management services provider for early years	Direct non-financial, professional and personal	Trial development as industry lead for NIHR BRC with Oxford Medical Products: an obesity intervention	2020	July 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Julian Hamilton-Shield	Weight management services provider for early years	Direct non-financial, professional and personal	Childhood obesity as a safeguarding issue: positive experiences with the "new home" environment as a treatment for weight management. Cramer RJ, Augustus R, Shield JPH, Giri D. J Pediatr Endocrinol Metab. 2021 Apr 19. doi: 10.1515/jpem-2020-0726. Epub ahead of print. PMID: 33866703.	April 2021	July 2021		Declare and participate  Rationale: This paper was not used in our review

Julian Hamilton-Shield	Weight management services provider for early years	Direct non-financial, professional and personal	When do children learn how to select a portion size? Jennifer S. Cox, Elanor C. Hinton, Sarah Sauchelli, Julian P. Hamilton-Shield, Natalia S. Lawrence, Jeffrey M. Brunstrom. Appetite. April 2021: <a href="http://dx.doi.org/10.1016/j.appet.2021.105247">http://dx.doi.org/10.1016/j.appet.2021.105247</a>	April 2021	July 2021		Declare and participate Rationale: This paper was not used in our review.
Julian Hamilton-Shield	Weight management services provider for early years	Direct non-financial, professional and personal	A longitudinal study investigating change in BMI z-score in primary school-aged children and the association of child BMI z-score with parent BMI. Ruth Mears; Ruth Salway; Deborah Sharp; Julian Hamilton-Shield; Russell Jago. BMC Public Health; BMC. 20, 1902 (2020). <a href="https://doi.org/10.1186/s12889-020-10001-2">https://doi.org/10.1186/s12889-020-10001-2</a>	2020	July 2021		Declare and participate Rationale: This paper was not used in our review
Julian Hamilton-Shield	Weight management services provider for early years	Direct non-financial, professional and personal	How full am I? The effect of rating fullness during eating on food intake, or eating speed, and no relationship with satiety responsiveness. Elanor C Hinton, Sam D Leary, Latife Comlek, Peter J Rogers, and Julian P Hamilton-Shield. Appetite:2020; Onlne: <a href="https://doi.org/10.1016/j.appet.2020.104998">https://doi.org/10.1016/j.appet.2020.104998</a>	February 2021	July 2021		Declare and participate Rationale: This paper was not used in our review

Julian Hamilton-Shield	Weight management services provider for early years	Direct non-financial, professional and personal	Self-determination theory: Perspectives of non-successful families attending a weight-management clinic. Jennifer S. Cox, Aidan Searle, Elanor C. Hinton, Dinesh Giri, Julian P. Hamilton-Shield: Archives of Disease in Childhood. 2020: Nov 2:archdischild-2020-319558. doi: 10.1136/archdischild-2020-319558. Online ahead of print.	November 2020	July 2021		Declare and participate This paper was not used in our reviews
Julian Hamilton-Shield	Weight management services provider for early years	Direct non-financial, professional and personal	Piloting the objective measurement of eating behaviour at a population scale: a nested study within the Avon Longitudinal Study of Parents and Children. Wade KH, Clifford L, Simpkin AJ et al. Wellcome Open Research 2020, 5:185 <a href="https://doi.org/10.12688/wellcomeopenres.16091.1">https://doi.org/10.12688/wellcomeopenres.16091.1</a>	August 2020			Declare and participate This paper was not used in our reviews
Julian Hamilton-Shield	Weight management services provider for early years	Direct non-financial, professional and personal	What Change in Body Mass Index Is Required to Improve Cardiovascular Outcomes in Childhood and Adolescent Obesity through Lifestyle Interventions: A Meta-Regression. El-Medany AYM, Birch L, Hunt LP, Matson RIB, Chong AHW, Beynon R, Hamilton-Shield J, Perry R. Child Obes. 2020 Oct;16(7):449-478. doi:	October 2020	July 2021		Declare and participate This paper was not used in our reviews.

			10.1089/chi.2019.0286. Epub 2020 Aug 11. PMID: 32780648				
Julian Hamilton-Shield	Weight management services provider for early years	Direct financial	Honorarium and expenses paid by Novo Nordisk to speak at the Paediatric Obesity Global Advisory Board and discuss pharmacology interventions for paediatric weight loss.	May 2022	May 2022	August 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions for CYP as part of this update.
Julian Hamilton-Shield	Weight management services provider for early years	Direct financial	Professor in Diabetes and Metabolic Endocrinology and Honorary Consultant Pediatrician, School of Clinical Sciences, University of Bristol and Bristol Royal Hospital for Children	August 2008	October 2022	Ongoing	Declare and participate  Rationale: Salaried employment in the NHS providing NHS services.
Julian Hamilton-Shield	Weight management services provider for early years	Direct financial	One-hour paid consultation with Novo Nordisk on Pediatric obesity prevention strategies involving injectable therapies.	February 2023	April 2023	February 2023	Declare and participate  Rationale: Not specific to the scope of the guideline. We are not reviewing pharmacological interventions
Julian Hamilton-Shield	Weight management services provider for early years	Indirect financial	Co-applicant for an NIHR grant to evaluate CEW (complications from excess weight) clinics.	June 2023	June 2023	Ongoing	Declare and participate  Rationale: CEW clinics, whilst part of weight management programmes, are very specialist and this is still in the bidding stage.

Lisa Hodgson	Consultant Clinical Psychologist	Direct non-financial, professional and personal	Chair of a National Childhood Obesity Special Interest Group for Psychologists working in Childhood Obesity or with children and young people who present as significantly overweight. Linked to the Paediatric Psychology Network within the British Psychological Society.	January 2020	July 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Lisa Hodgson	Consultant Clinical Psychologist	Direct financial	Consultant Clinical Psychologist and Clinical Lead for Paediatric Psychology, Tees, Esk & Wear Valley's NHS Foundation Trust	May 2011	October 2022	Ongoing	Declare and participate Rationale: Salaried employment in the NHS providing NHS services.
Phoebe Kalungi	Public Health Practitioner	Direct non-financial, professional and personal	Member of the Association for Nutrition.	May 2021	November 2020	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Phoebe Kalungi	Public Health Practitioner	Direct financial	Community Child Healthy Weight Lead, Tower Hamlets GP Care Group	October 2020	October 2022	Ongoing	Declare and participate Rationale: Salaried employment in the NHS providing NHS services.
Phoebe Kalungi	Public Health Practitioner	Direct financial	Delivered 'children and young people's nutritional health' training nationally on behalf of the School and Public Health Nurses Association (SAPHNA) – Delivered as part of her role	November 2022	December 2022	December 2022	Declare and participate Rationale: Non-promotional/educational

			as Community Child Healthy Weight Lead				
Phoebe Kalungi	Public Health Practitioner	Direct financial	Delivered a series of national webinars on child and adolescent health for the Institute of Health Visiting – Delivered as part of her role as Community Child Healthy Weight Lead	October 2022	December 2022	October 2022	Declare and participate  Rationale: Non-promotional/educational. Not specific to the scope of the guideline
Omar Khan	Surgeon (Co-Opted)	Direct Financial	Private practice work (medicolegal, insured and self-pay work)	2015	May 2021	Ongoing	Declare and participate  Rationale: Private practice constitutes a small proportion of time when compared to NHS practice. Private practice mirrors NHS practice.
Omar Khan	Surgeon (Co-Opted)	Direct Financial	Consultancy work for Medtronic. Supporting research with the Population Sciences Department St. Georges, University of London. Analysis of bariatric surgery data from the National Bariatric Registry for projects on diabetes, sleep apnoea and impact of bariatric surgery on diabetes.	2018	May 2021	2020	Declare and participate  Rationale: Not specific to the scope of the guideline
Omar Khan	Surgeon (Co-Opted)	Direct non-financial, professional and personal	Member of the National Bariatric Surgical Registry	2015	May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline

Omar Khan	Surgeon (Co-Opted)	Direct non-financial, professional and personal	British Obesity and Metabolic Surgery Society - patient safety committee member	2019	May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Omar Khan	Surgeon (Co-Opted)	Direct Financial	Honorarium and expenses paid by Novo Nordisk to speak at the British Obesity & Metabolic Surgery Society 2022 Annual Scientific Meeting – Poster presentation summarising the results of the Step 1 study on Semaglutide.	April 2022	May 2022	May 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Omar Khan	Surgeon (Co-Opted)	Direct non-financial, professional and personal	Booth, Helen; Khan, Omar; Prevost, Toby; Reddy, Marcus; Dregan, Alex; Charlton, Judith; Ashworth, Mark; Rudisill, Caroline; Littlejohns, Peter; Gulliford, Martin C; Incidence of type 2 diabetes after bariatric surgery: population-based matched cohort study.; The lancet. Diabetes & endocrinology; 2014; vol. 2 (no. 12); 963-8	2014			Declare and participate  Specific  Rationale: Based on the need for the committee member's expertise there is no action other than the process of open declaration.
Omar Khan	Surgeon (Co-Opted)	Direct non-financial, professional and personal	Moussa, Osama, Ardissino, Maddalena, Heaton, Tobias et al. (2020) Effect of bariatric surgery on long-term cardiovascular outcomes: a nationwide nested cohort study.	2020			Declare and participate  Specific  Rationale: Based on the need for the committee member's expertise there is no action other than the



			European heart journal 41(28): 2660-2667.				process of open declaration.
Omar Khan	Surgeon (Co-Opted)	Direct Financial	Consultant General Surgeon, St George's Hospital		October 2022	Ongoing	Declare and participate  Rationale: Salaried employment in the NHS providing NHS services.
Sarah le Brocq	Lay Member	Direct Financial	Transform Hospital Group – consultancy work on language and patient pathway	2021	May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Sarah le Brocq	Lay Member	Direct Financial	Host of the J & J Podcast series “The Reality of Obesity”. 5 podcasts. Featured obesity and metabolic disease experts and covered topics from treatment, stigma, eating behaviour and the impact of COVID-19.	2020	May 2021	March 2021	Declare and participate  Rationale: As host, no clear view or position expressed.
Sarah le Brocq	Lay Member	Direct Financial	Novo Nordisk DEEP (Disease Experience Expert Panel) member - a patient and advocate panel providing expert knowledge and insights into the needs, preferences and challenges of people living with serious chronic diseases - <a href="https://www.novonordisk.com/partnering-and-open-innovation/working-with-patients.html">https://www.novonordisk.com/partnering-and-open-innovation/working-with-patients.html</a>	2018	May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline

Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	Obesity UK Director	August 2016	May 2021	December 2020	Declare and participate  Rationale: The charity covered topics covered as part of this update, however the work of the Network does not pose a conflict to the topics under consideration in the guideline.
Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	Patient Rep on RCP AG on Nutrition, Weight & Health	2018	May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	Strategic Council Member APPG Obesity	2018	May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	OHA Healthy Weight Strategy – lived experience group	2019	May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	NHSE National Obesity Stakeholder	2021	May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	BBC News article – “Living with Obesity - <a href="https://www.bbc.co.uk/news/uk-57419041">https://www.bbc.co.uk/news/uk-57419041</a>	June 2021	June 2021	June 2021	Declare and participate  Rationale: Comment piece not specific to the scope of the guideline

Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	BBC Interview on Experience of Obesity - <a href="https://www.bbc.co.uk/news/av/uk-57475692">https://www.bbc.co.uk/news/av/uk-57475692</a>	June 2021	June 2021	June 2021	Declare and participate Rationale: Comment piece not specific to the scope of the guideline
Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	Appeared on Stephen Nolan on BBC SoundCloud - <a href="https://www.bbc.co.uk/sounds/play/m000xdj5">https://www.bbc.co.uk/sounds/play/m000xdj5</a>	June 2021	June 2021	June 2021	Declare and participate Rationale: Comment piece not specific to the scope of the guideline
Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	Panel member of Ipsos Mori Webinar on weight stigma - <a href="https://www.ipsos.com/ipsos-mori/en-uk/webinar-obesity-empathy-blind-spot">https://www.ipsos.com/ipsos-mori/en-uk/webinar-obesity-empathy-blind-spot</a>	November 2021	September 2021	September 2021	Declare and participate Rationale: Educational/non-promotional work
Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	Trustee of The Association for the Study of Obesity (ASO),	November 2021	September 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	Lay member on the NICE Technology Appraisal of Semaglutide for managing overweight and obesity	January 2022	January 2022	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Sarah le Brocq	Lay Member	Direct financial	Was a member of the Steering committee for Novo Nordisk Breakfree Campaign – Disease	March 2022	March 2022		Declare and participate Rationale: Educational, no recommendations made.

			Awareness campaign - <a href="https://www.truthaboutweight.global/gb/en/break-free.html">https://www.truthaboutweight.global/gb/en/break-free.html</a>				
Sarah le Brocq	Lay Member	Direct financial	Appearance on This Morning to discuss weight stigma	March 2022	March 2022	March 2022	Declare and participate  Rationale: General interview around weight stigma and not specific to our review question on interventions.
Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	Founder and director of All About Obesity, registered charity - <a href="https://allaboutobesity.org/">https://allaboutobesity.org/</a>	March 2022	March 2022	March 2022	Declare and participate  Rationale: The charity covers topics covered as part of this update, however the work of the Network does not pose a conflict to the topics under consideration in the guideline.
Sarah le Brocq	Lay Member	Direct non-financial, professional and personal	Conversation with the Office for Life Sciences – discussion of patient engagement with the obesity mission and patient perspectives on obesity.	October 2022	October 2022	October 2022	Declare and participate  Rationale: Part of ongoing work with the obesity empowerment network and not specific to the scope of the guideline.
Kathryn Melia	Service Provider	Direct Financial	Employment as Head of Clinical Excellence by Reed Wellbeing a private healthcare service provider – Reed Wellbeing delivers	Feb 2018	Feb 2021	April 2022	Declare and participate  Rationale: Committee member is paid employee and does not have any

			the NHS Diabetes Prevention Programme in several locations, the One You lifestyle services in three locations (Cheshire East, Leeds and Haringey) and is delivering the NHS Low Calorie Diet pilot programme in South Yorkshire and Bassetlaw.				shareholdings or other interests in the company.
Kathryn Melia	Service Provider	Direct Financial	Employment as Head of Clinical Excellence by Xyla Health, a private healthcare service provider.	April 2022	April 2022	Ongoing	Declare and participate  Rationale: Committee member is paid employee and does not have any shareholdings or other interests in the company.
Kathryn Melia	Service Provider	Direct non-financial, professional and personal	A repeated cross-sectional survey assessing changes in diet and nutrient quality of English primary school children's packed lunches between 2006 and 2016  Charlotte Elizabeth Louise Evans, Kathryn Elizabeth Melia, Holly L Rippin, Neil Hancock, Janet Cade  <a href="https://bmjopen.bmj.com/content/10/1/e029688">https://bmjopen.bmj.com/content/10/1/e029688</a>	Publication year	Feb 2021		Declare and participate  <b>Rationale:</b> Not specific to the scope of the guideline
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Chair of the Research subcommittee of the National Bariatric Surgery Registry	May 2022	April 2023	Ongoing	Declare and participate.  Rationale: Not specific to the scope of the guideline

Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Member of the obesity management collaborative	January 2022	April 2023	Ongoing	Declare and participate. Rationale: Not specific to the scope of the guideline
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Trustee and Chair of Clinical subcommittee - Association for the Study of Obesity	October 2020	April 2023	Ongoing	Declare and participate. Rationale: Not specific to the scope of the guideline
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Speaker and advisor for the All-Party Parliamentary Group for Obesity				Declare and participate. Rationale: Not specific to the scope of the guideline
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	"How does gastric bypass surgery treat Obesity and Diabetes: using the Endobarrier as a novel research tool" Medical Research Council Centenary award; £34,137, 04/2013- 10/2013	April 2013	April 2023	October 2013	Declare and participate. Rationale: This study was not included in our review.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Screen Health – Receives honoraria for educational events.	June 2022	April 2023	Ongoing	Declare and participate Rationale: Non-promotional/educational
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	GI Dynamics – Receives honoraria for educational events.	November 2014	April 2023	Ongoing	Declare and participate Rationale: Non-promotional/educational
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Novo Nordisk – Receives honoraria for educational events.	January 2015	April 2023	Ongoing	Declare and participate Rationale: Non-promotional/educational

Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Astra Zeneca – Receives honoraria for educational events.	January 2015	April 2023	Ongoing	Declare and participate Rationale: Non-promotional/educational
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Boehringer Ingelheim – Receives honoraria for educational events.	January 2016	April 2023	2022	Declare and participate Rationale: Non-promotional/educational
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Currax Pharmaceuticals – Received honoraria for educational events.	March 2022	April 2023	May 2023	Declare and participate Rationale: Non-promotional/educational
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Lemonaid Health – Received honoraria for educational events.	January 2022	April 2023	Ongoing	Declare and participate Rationale: Non-promotional/educational
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Goodlife Pharma – Received honoraria for educational events.	November 2022	April 2023	Ongoing	Declare and participate Rationale: Non-promotional/educational
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	BeyondBMI – Private practice work. Also has shares in this company that provides online care, specifically weight management programmes, for people living with obesity. Approx 3 hours per week.		April 2023		Declare and participate Rationale: Salaried employment but out of scope. We are not evaluating weight management programmes.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Indirect financial	Co-applicant for grant from Boehringer Ingelheim. £TBC - Cardiovascular safety study with BI 456906	November 2023	April 2023	November 2027	Declare and participate. Rationale: Not specific to the scope of the guideline.

			administered in participants with overweight or obesity.				We are not reviewing pharmacological interventions.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Indirect financial	Co-applicant for grant from Academy of Medical sciences INSPIRE programme, Ulster University PI: Dr Alex Miras, £10,000, 01/2023-01/2024	January 2023	April 2023	January 2024	Declare and participate.  Rationale: General research grant and not specific to anything currently in scope.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Indirect financial	Co-applicant for grant from Novo Nordisk. £TBC - Efficacy and safety of cagrilintide s.c. 2.4 mg in combination with semaglutide s.c. 2.4 mg (CagriSema s.c. 2.4 mg/2.4 mg) once-weekly in participants with overweight or obesity”, REDEFINE-1 trial.	November 2022	April 2023	November 2025	Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not reviewing pharmacological interventions.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Clinical Professorship in Medicine, Ulster University, Randox Laboratories, PI: Dr Alex Miras, £1,200,000, 1/6/2022-31/5/2027.	June 2022	April 2023	May 2027	Declare and participate.  Rationale: Salaried employment at Ulster University funded by Randox.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Indirect financial	Co-applicant for grant from Moulton Charitable Foundation. £310,000 - What is the impact of a modified Roux-en-Y-gastric bypass operation on people with type 2 diabetes mellitus?: The Long Limb 2	April 2020	April 2023	April 2023	Declare and participate.  Rationale: This was not included in our review and published after our work was complete.



			randomised-controlled clinical trial"				
Alex Miras	Specialist/Academic with an Interest in Weight Management	Indirect financial	Co-applicant for grant from Moulton Charitable Foundation. £425,000 – Bariatric surgery vs. Medical care for obesity and polycystic ovarian syndrome related infertility: The BAMBINI randomised-controlled clinical trial",	May 2019	April 2023	May 2022	Declare and participate.  Rationale: Declare and participate. This review was not used in developing the guideline. Whilst in scope it also looks at pharmacological interventions.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Indirect financial	Co-applicant for grant from Novo Nordisk. £400,000 – Semaglutide effects on cardiovascular outcomes in people with overweight or obesity. SELECT trial".	February 2019	April 2023	April 2023	Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not reviewing pharmacological interventions.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Indirect financial	Co-applicant for grant from NIHR. £1,613,847 – A randomized controlled trial of a duodenal sleeve bypass device (Endobarrier) compared with standard medical therapy for the management of obese subjects with type 2 diabetes	April 2014	April 2023	September 2018	Declare and participate.  Rationale: We covered diabetes outcomes but not type-2 populations. .
Alex Miras	Specialist/Academic with an Interest in Weight Management	Indirect financial	Co-applicant for grant from Medical research Council. £34,137 - How does gastric bypass surgery treat Obesity and Diabetes?: using the Endobarrier as a novel research tool.	April 2013	April 2023	October 2013	Declare and participate.  Rationale: Covering diabetes so not specific to the scope of the guideline.

Alex Miras	Specialist/Academic with an Interest in Weight Management	Indirect financial	Co-applicant for grant from The Moulton Charitable Foundation. £166,335 – Is Diabetes surgery effective and safe for the treatment of Type 2 Diabetes Mellitus? The GLUCOSURG 2 Trial	January 2011	April 2023	January 2013	Declare and participate.  Rationale: Not specific to the scope of the guideline. Diabetes outcomes were looked at but not type-2 populations.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Indirect financial	Co-applicant for grant from Medical research Council. £213,412 – Altered reward responses to sweet taste: a potential mechanism for weight loss after obesity surgery	April 2010	April 2023	April 2013	Declare and participate.  Rationale: Post-surgery outcomes so not specific to the scope of the guideline.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Ruban A, Miras AD, Glaysher MA, Goldstone AP, Prechtl CG, Johnson N, Chhina N, AlNajim W, Aldhwayan M, Klimowska-Nassar N, Smith C, Lord J, Li JV, Flores L, Al-Lababidi M, Dimitriadis GK, Patel M, Moore M, Chahal H, Ahmed AR, Cousins J, Aldubaikhi G, Glover B, Falaschetti E, Ashrafian H, Roux CWL, Darzi A, Byrne JP, Teare JP. Duodenal-jejunal Bypass Liner for the management of Type 2 Diabetes Mellitus and Obesity: A Multicenter Randomized Controlled Trial. Ann Surg. 2022 Mar 1;275(3):440-447. doi: 10.1097/SLA.0000000000000000	March 2022	April 2023		Declare and participate.  Rationale: Covering diabetes outcomes but not a T2 population, so not specific to the scope of the guideline.

			04980. PMID:34647708; PMCID: PMC8820769				
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Miras AD, Kamocka A, Pérez-Pevida B, Purkayastha S, Moorthy K, Patel A, Chahal H, Frost G, Bassett P, Castagnetto- Gissey L, Coppin L, Jackson N, Umpleby AM, Bloom SR, Tan T, Ahmed AR, Rubino F. The Effect of Standard Versus Longer Intestinal Bypass on GLP-1 Regulation and Glucose Metabolism in Patients With Type 2 Diabetes Undergoing Rouxen-Y Gastric Bypass: The Long- Limb Study. Diabetes Care. 2020 Nov 6	November 2020	April 2023		Declare and participate.  Rationale: Not specific to review question. We included diabetes outcomes but not type-2 populations.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Miras AD, Pérez-Pevida B, Aldhwayan M, Kamocka A, McGlone ER, Al-Najim W, Chahal H, Batterham RL, McGowan B, Khan O, Greener V, Ahmed AR, Petrie A, Scholtz S, Bloom SR, Tan TM. Adjunctive liraglutide treatment in patients with persistent or recurrent type 2 diabetes after metabolic surgery (GRAVITAS): a randomised, double-blind, placebocontrolled trial. Lancet Diabetes Endocrinol. 2019 Jul;7(7):549-559.	July 2019	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not reviewing pharmacological interventions or type-2 diabetes populations.

Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Miras AD, le Roux CW. Metabolic Surgery in a Pill. Cell Metab. 2017 May 2;25(5):985-987	May 2017	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not reviewing pharmacological interventions.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Miras AD, Chuah LL, Khalil N, Nicotra A, Vusirikala A, Baqai N, Graham C, Ravindra S, Lascaratos G, Oliver N, le Roux CW. Type 2 diabetes mellitus and microvascular complications 1 year after Roux-en-Y gastric bypass: a case-control study. Diabetologia. 2015 Apr 18	April 2018	April 2023		Declare and participate.  Rationale: Not specific to review question. We are including diabetes outcomes but not a type2 population..
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Mazaheri T, Ansari S, Nallagonda M, Kollmann L, Nickel F, Seyfried F, Miras AD. Pharmacotherapy of obesity-Competition to bariatric surgery or a meaningful supplement? Chirurgie (Heidelb). 2023 Mar 14. doi: 10.1007/s00104-023-01830-z. Online ahead of print. PMID: 36918431	March 2023	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not reviewing pharmacological interventions.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Behary P, Alessimii H, Miras AD, Tharakan G, Alexiadou K, Aldhwayan MM, Purkayastha S, Moorthy K, Ahmed AR, Bloom SR, Tan TM. Tripeptide gut hormone	February 2023	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not reviewing pharmacological

			infusion does not alter food preferences or sweet taste function in volunteers with obesity and prediabetes/diabetes but promotes restraint eating: A secondary analysis of a randomized single-blind placebo-controlled study. Diabetes Obes Metab. 2023 Feb 22. doi: 10.1111/dom.15028. Online ahead of print. PMID: 36811311				interventions or diabetes interventions.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Bolckmans R, Askari A, Currie A, Ahmed AR, Batterham RL, Byrne J, Hopkins J, Khan OA, Mahawar K, Miras AD, Pring CM, Small PK, Welbourn R. Clinical characteristics of patients undergoing primary bariatric surgery in the United Kingdom based on the National Bariatric Surgery Registry. Clin Obes. 2023 Feb 21:e12585. doi: 10.1111/cob.12585. Online ahead of print. PMID: 36807508	February 2023	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not reviewing patients already undergoing surgery.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Currie A, Bolckmans R, Askari A, Byrne J, Ahmed AR, Batterham RL, Mahawar K, Miras AD, Pring CM, Small PK, Welbourn R. Bariatric-	January 2023	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline.

			metabolic surgery for NHS patients with type 2 diabetes in the United Kingdom National Bariatric Surgery Registry. Diabet Med. 2023 Jan 17:e15041. doi: 10.1111/dme.15041. Epub ahead of print. PMID: 36648127.				We are not reviewing type-2 diabetes populations.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Samarasinghe SNS, Miras AD. Type 2 diabetes prevention goes digital. LancetReg Health Eur. 2022 Nov 1;24:100538. doi: 10.1016/j.lanepe.2022.100538. PMID: 36643659; PMCID: PMC9832270	November 2022	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not reviewing type-2 diabetes populations.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Roser P, Leca BM, Coelho C, Schulte KM, Gilbert J, Drakou EE, Kosmas C, Chuah LL, Wassati H, Miras AD, Crane J, Aylwin SJB, Grossman AB, Dimitriadis GK. Diagnosis and management of parathyroid carcinoma: a state-of-the-art review. Endocr Relat Cancer. 2023 Jan 1:ERC-22-0287. doi: 10.1530/ERC-22-0287. Epub ahead of print. PMID: 36621911	January 2023	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Llewellyn DC, Logan Ellis H, Aylwin SJB, Oštarijaš E, Green S, Sheridan W, Chew NWS, le Roux CW, Miras AD, Patel AG,	January 2023	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline

			Vincent RP, Dimitriadis GK. The efficacy of GLP-1RAs for the management of postprandial hypoglycemia following bariatric surgery: a systematic review. Obesity (Silver Spring). 2023 Jan;31(1):20-30. doi: 10.1002/oby.23600. Epub 2022 Dec 10. PMID: 36502288				as we are not looking at post-surgery interventions.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Dischinger U, Kötzner L, Kovatcheva-Datchary P, Kleinschmidt H, Haas C, Perez J, Presek C, Koschker AC, Miras AD, Hankir MK, Vogel J, Germer CT, Fassnacht M, Herrmann MJ, Seyfried F. Hypothalamic integrity is necessary for sustained weight loss after bariatric surgery: A prospective, cross-sectional study. Metabolism. 2023 Jan;138:155341. doi: 10.1016/j.metabol.2022.155341. Epub 2022 Oct 27. PMID: 36341838	January 2023	April 2023		Declare and participate. Rationale: Not specific to the scope of the guideline.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Kamocka A, Chidambaram S, Erridge S, Vithlani G, Miras AD, Purkayastha S. Length of biliopancreatic limb in Roux-en-Y gastric bypass and its impact on post-operative outcomes in metabolic and obesity surgery-systematic review	August 2022	April 2023		Declare and participate. Rationale: Not specific to the scope of the guideline.

			and meta-analysis. Int J Obes (Lond). 2022 Nov;46(11):1983-1991. doi: 10.1038/s41366-022-01186-0. Epub 2022 Aug 4. PMID: 35927470; PMCID: PMC9584808				
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Sudlow A, Miras AD, Cohen RV, Kahal H, Townley J, Heneghan H, Le Roux C, Pournaras DJ. Medication following bariatric surgery for type 2 diabetes mellitus (BY-PLUS) study: rationale and design of a randomised controlled study. BMJ Open. 2022 Jul 25;12(7):e054313. doi: 10.1136/bmjopen-2021-054313. PMID: 35879015; PMCID: PMC9328090	July 2022	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not reviewing type-2 diabetes treatments.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Livingstone MBE, Redpath T, Naseer F, Boyd A, Martin M, Finlayson G, Miras AD, Bodnar Z, Kerrigan D, Pournaras DJ, le Roux CW, Spector AC, Price RK. Food intake following gastric bypass surgery: patients eat less but do not eat differently. J Nutr. 2022 Jul 23;152(11):2319–32. doi: 10.1093/jn/nxac164. Epub ahead of print. PMID: 35870806; PMCID: PMC9644182	July 2022	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline as we are not looking at post-surgery interventions.



Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Shibib L, Al-Qaisi M, Ahmed A, Miras AD, Nott D, Pelling M, Greenwald SE, Guess N. Reversal and Remission of T2DM - An Update for Practitioners. Vasc Health Risk Manag. 2022 Jun 14;18:417-443. doi: 10.2147/VHRM.S345810. PMID: 35726218; PMCID: PMC9206440	June 2022	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Aldhwayan MM, Al-Najim W, Ruban A, Glaysheer MA, Johnson B, Chhina N, Dimitriadis GK, Prechtl CG, Johnson NA, Byrne JP, Goldstone AP, Teare JP, Le Roux CW, Miras AD. Does Bypass of the Proximal Small Intestine Impact Food Intake, Preference, and Taste Function in Humans? An Experimental Medicine Study Using the Duodenal-Jejunal Bypass Liner. Nutrients. 2022 May 20;14(10):2141. doi: 10.3390/nu14102141. PMID: 35631283; PMCID: PMC9145649	May 2022	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not covering taste in our reviews.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Sharma M, Nayar R, Graham Y, Parretti HM, Abbott S, Tahrani A, Miras AD, Madhok B, Singhal R, Mahawar K. Risk of Harm from Use of Sodium-	April 2022	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not reviewing

			Glucose Co-Transporter-2 (SGLT2) Inhibitors in Patients Pre or Post Bariatric Surgery. Obes Surg. 2022 Jul;32(7):2469-2470. doi: 10.1007/s11695-022-06044-6. Epub 2022 Apr 28. PMID: 35482224				pharmacological interventions.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Al-Alsheikh AS, Alabdulkader S, Johnson B, Goldstone AP, Miras AD. Effect of Obesity Surgery on Taste. Nutrients. 2022 Feb 18;14(4):866. doi: 10.3390/nu14040866. PMID: 35215515; PMCID: PMC8878262	February 2022	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We have not covered taste as part of our review questions.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Akalestou E, Miras AD, Rutter GA, le Roux CW. Mechanisms of Weight Loss After Obesity Surgery. Endocr Rev. 2022 Jan 12;43(1):19-34. doi: 10.1210/endrev/bnab022. PMID: 34363458; PMCID: PMC8755990	January 2022	April 2023		Declare and participate.  Rationale: This is not a study type we include in our reviews and we are not reviewing pharmacological interventions.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Sheridan W, Da Silva AS, Leca BM, Ostarijas E, Patel AG, Aylwin SJ, Vincent RP, Panagiotopoulos S, El-Hasani S, le Roux CW, Miras AD, Cardozo L, Dimitriadis GK. Weight loss with bariatric surgery or behaviour modification and the impact on female obesityrelated urine	August 2021	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not reviewing bariatric surgery with this particular comorbidity.

			incontinence: A comprehensive systematic review and meta-analysis. Clin Obes. 2021 Aug;11(4):e12450. doi: 10.1111/cob.12450. Epub 2021 May 6. PMID: 33955687				
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Salem V, Demetriou L, Behary P, Alexiadou K, Scholtz S, Tharakan G, Miras AD, Purkayastha S, Ahmed AR, Bloom SR, Wall MB, Dhillon WS, Tan TM. Weight Loss by LowCalorie Diet Versus Gastric Bypass Surgery in People With Diabetes Results in Divergent Brain Activation Patterns: A Functional MRI Study. Diabetes Care. 2021 Aug;44(8):1842- 1851. doi: 10.2337/dc20-2641. Epub 2021 Jun 22. PMID: 34158363; PMCID: PMC8385466	June 2022	April 2023		Declare and participate. Rationale: This paper was not included in our review.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Cohen RV, Petry TBZ, Miras AD, Aboud CM, Johnson B, Dos Santos TM, le Roux CW. Renoprotective Effects of the Combination of Empagliflozin and Liraglutide Compared With Roux-en-Y Gastric Bypass in Early-Stage Diabetic Kidney Disease: A Post	August 2021	April 2023		Declare and participate. Rationale: Not specific to the scope of the guideline. We are not reviewing pharmacological interventions or post-surgery outcomes.

			Hoc Analysis of the Microvascular Outcomes after Metabolic Surgery (MOMS) Randomized Controlled Clinical Trial. Diabetes Care. 2021 Aug 6;44(10):e177–9. doi: 10.2337/dc21-1192. Epub 7 ahead of print. PMID: 34362818; PMCID: PMC8740946				
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Samarasinghe S, Sudlow A, Dimitriadis GK, Ahmed AR, Purkayastha S, Tsironis C, Hakky S, Moorthy K, Aylwin SJB, Panagiotopoulos S, El-Hassani S, Patel AG, Chahal H, Hameed S, le Roux CW, Pournaras DJ, Miras AD. Simple tool to prioritize access to bariatric surgery for people living with obesity during the COVID-19 pandemic. Br J Surg. 2021 Feb 15	February 2021	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline and specific to a particular period of 2021.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Miras AD, le Roux CW. Metabolic surgery versus conventional therapy in type 2 diabetes. Lancet. 2021 Jan 23;397(10271):256-257	January 2021	April 2023		Declare and participate.  Rationale: Not specific to the scope of the guideline. We are not looking at type-2 diabetes interventions.

Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	A paid educational talk to Eli Lilly on the pathophysiology of obesity and the future landscapes in the care of people living with obesity.	June 2023	June 2023	June 2023	Declare and participate.  Rationale: Specific to the scope of the guideline but this is an educational event presented to Eli Lilly. Eli Lilly are developing obesity drugs but we are making no pharmacological recommendations.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Online educational talks (one in October one in December) to Algorithm on the prevalence, pathophysiology and treatment of obesity.	November 2023	October/December 2023	October 2023	Declare and participate.  Rationale: Broadly specific to the scope of the guideline but it was educational, internal to Algorithm and we will not be making recommendations on pharmaceuticals.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Two paid educational talks to Eli Lilly on the prevalence, pathophysiology and treatment of obesity.	November 2023	December 2023	December 2023	Declare and participate.  Rationale: Broadly specific to the scope of the guideline but this is an educational event presented to Eli Lilly. Eli Lilly are developing obesity drugs but we are making no pharmacological recommendations.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Paid educational event for Ethicon regarding surgical service in the NHS and an advisory board on how bariatric surgery services	November 2023	September 2023	September 2023	Declare and participate.  Rationale: Not specific to the scope of the guideline. We only looked at bariatric

			could be expanded in the ROI.				surgery referrals and those recommendations have now published. This also impacts the Republic of Ireland and not the UK.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct financial	Paid educational event for Medtronic regarding surgical service in the NHS.	November 2023	September 2023	September 2023	Declare and participate.  Rationale: Not specific to the scope of the guideline. We only looked at bariatric surgery referrals and those recommendations have now published.
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Member of the Society for Endocrinology's clinical committee.	November 2023	January 2024	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Alex Miras	Specialist/Academic with an Interest in Weight Management	Direct non-financial, professional and personal	Speaker on pharmacological interventions at the <i>Obesity Management: Strategy to Practice</i> event in January 2024. Hosted by MyNutriWeb – No honorarium received.	December 2023	December 2023	January 2024	Declare and participate  Rationale: Not specific to the scope of the guideline. We are not looking at pharmacological interventions.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Co-author - Carruba MO, Busetto L, Bryant S, Caretto A, O'Malley G et al. The European Association for the Study of Obesity (EASO) Endorses the Milan Charter on Urban Obesity. <i>Obesity Facts</i> . 2021;14(1):163-8.	2021	July 2021		Declare and participate  Rationale: Not specific to the scope of the guideline

Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Co-author - S O'Donnell, G Doyle, G O'Malley, S Browne, J O'Connor, M Mars, M-Tahar M Kechadi. Establishing consensus on key public health indicators for the monitoring and evaluating childhood obesity interventions: a Delphi panel study BMC Public Health 2020 (1), 1-12.	2020	July 2021		Declare and participate Rationale: This study was not included in our reviews.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Co-author - Claudy M, G Doyle, L Marriott, N Campbell, O'Malley G. EXPRESS: Are Sugar-Sweetened Beverage Taxes Effective? Reviewing the Evidence through a Marketing Systems Lens Journal of Public Policy & Marketing, December 2020.	December 2020	July 2021		Declare and participate Rationale: Not specific to the scope of the guideline
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Co-author - Browne S, O'Malley G. Mobile Health Apps in Pediatric Obesity Treatment: Process Outcomes from a Feasibility Study of a Multicomponent Intervention. JMIR Mhealth Uhealth. 2020 (in press)	2020	July 2021		Declare and participate Rationale: Whilst considered, this study was not included in our evidence reviews as it is a conference abstract.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Co-author - Tully L, O'Malley G. Mobile Health for Pediatric Weight Management: Systematic Scoping Review. JMIR	2020	July 2021		Declare and participate Rationale: This study was not included in our reviews.

			Mhealth Uhealth. 2020 (in press)				
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Co-author - Fillon A, Mignet M, O'Malley G, Mathieu ME, Masurier J, Julian V, Cardenoux C, Pereira B, Rey O, Duclos M, Boirie Y, Thivel D. Is the SPARTACUS 15-15 test an accurate proxy for the assessment and tracking of maximal aerobic capacities in adolescents with obesity? J Phys Ther Sci. 2020 Apr;32(4):281-287.	April 2020	July 2021		Declare and participate  Rationale: Not specific to the scope of the guideline
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Co-author - McGirr J, O'Malley G, Walsh Ó. Identification and Management of Children and Adolescents with Obesity Referred to a General Paediatric Outpatient Department. <i>Irish Medical Journal</i> 2021 114 (7);416-420.	2021	November 2021		Declare and participate  Rationale: This study was not included in our reviews.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	<a href="#">Does the severity of obesity influence bone density, geometry and strength in adolescents?</a>  V Julian, G O'Malley, L Metz, D Weghuber, D Courteix, A Fillon, Y Boirie, ...Pediatric Obesity, e12826	2021	November 2021		Declare and participate  Rationale: Not specific to the scope of the guideline



Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	<a href="#">Exploring Associations Between Children's Obesogenic Behaviors and the Local Environment Using Big Data: Development and Evaluation of the Obesity Prevention Dashboard</a>  D Filos, I Lekka, V Kilintzis, L Stefanopoulos, Y Karavidopoulou, ...JMIR mHealth and uHealth 9 (7), e26290	2021	November 2021		Declare and participate  Rationale: Not specific to the scope of the guideline
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	<a href="#">Pediatric Weight Management Through mHealth Compared to Face-to-Face Care: Cost Analysis of a Randomized Control Trial</a> L Tully, J Sorensen, G O'Malley JMIR mHealth and uHealth 9 (9), e31621	2021	November 2021		Declare and participate  Rationale: Study was not used in the development of this guideline.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	O'Malley, G.C., Shultz, S.P., Thivel, D. <i>et al.</i> Neuromusculoskeletal Health in Pediatric Obesity: Incorporating Evidence into Clinical Examination. <i>Curr Obes Rep</i> 10, 467–477 (2021).	December 2021	January 2022		Declare and participate  Rationale: Not specific to the scope of the guideline
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Bone Response to High-Intensity Interval Training versus Moderate-Intensity	2021	February 2022		Declare and participate  Rationale: Not specific to the scope of the guideline

			Continuous Training in Adolescents with Obesity V Julian, D Costa, G O'malley, L Metz, A Fillon, M Miguët, C Cardenoux, ... Obesity Facts, 1-9				
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Neuromusculoskeletal Health in Pediatric Obesity: Incorporating Evidence into Clinical Examination GC O'Malley, SP Shultz, D Thivel, MD Tsiros  Current obesity reports, 1-11	2022	February 2022		Declare and participate  Rationale: Not specific to the scope of the guideline
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Usability and Engagement Testing of mHealth Apps in Paediatric Obesity: A Narrative Review of Current Literature N Arthurs, L Tully, G O'Malley, S Browne International Journal of Environmental Research and Public Health 19 (3), 1453	2022	February 2022		Declare and participate  Rationale: This paper was not used in developing the guideline.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Tully L, Sorensen J, O'Malley G. Hospital Service Use Among Children With Obesity in Ireland: A Micro-costing Study. Child Care in Practice. 2022 Mar 8:1-7.	March 2022	April 2022		Declare and participate  Rationale: Not specific to the scope of the guideline

Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Jebeile H, Kelly AS, O'Malley G, Baur LA. Obesity in children and adolescents: epidemiology, causes, assessment, and management. The Lancet Diabetes & Endocrinology. 2022 Mar 3.	March 2022	April 2022		Declare and participate. Rationale: Review was not used in our evidence searches.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Presenting at ECO 2023: Systematic review of clinical practice guidelines for the treatment of obesity in children and adults	May 2022	May 2022	2023	Declare and participate Rationale: A review of guidelines so not something we would use as evidence when developing recommendations.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Delivered "train the trainer" education to GPs in Macedonia with the new WHO Europe Childhood Obesity Programme.	May 2022	May 2022	May 2022	Declare and participate Rationale: Not specific to the scope of the guideline, We will not be drafting training recommendations as part of this update.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Miolanne M, Lambert C, Masurier J, Cardenoux C, Fillion A, Beraud S, Desblés C, Rigal A, Védrine E, Dalmais C, Da Silva B, De L'Eprevier E, Hazart J, Chaput JP, Drapeau V, Pereira B, O'Malley G, Thivel D, Boirie Y. Designing, Implementing, and Evaluating a Home-Based, Multidisciplinary, Family-Centered Pediatric Obesity	May 2022	October 2022		Declare and participate Rationale: Whilst considered, this study was not included in our evidence reviews as follow-up in the study was less than 6 months post-intervention..

			Intervention: The ProxOb Program. Children (Basel). 2022 May 17;9(5):737. doi: 10.3390/children9050737.				
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Wyse C, Case L, Walsh Ó, Shortall C, Jordan N, McCrea L, O'Malley G. Evaluating 12 Years of Implementing a Multidisciplinary Specialist Child and Adolescent Obesity Treatment Service: Patient-Level Outcomes. Front Nutr. 2022 Jun 3;9:895091. doi: 10.3389/fnut.2022.895091	June 2022	October 2022		Declare and participate  Rationale: This study was not included in our reviews.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Tufford AR, Diou C, Lucassen DA, Ioakimidis I, O'Malley G, Alagialoglou L, Charmandari E, Doyle G, Filis K, Kassari P, Kechadi T, Kilintzis V, Kok E, Lekka I, Maglaveras N, Pagkalos I, Papapanagiotou V, Sarafis I, Shahid A, van 't Veer P, Delopoulos A, Mars M. Toward Systems Models for Obesity Prevention: A Big Role for Big Data. Curr Dev Nutr. 2022 Jul 30;6(9):nzac123.	July 2022	October 2022		Declare and participate  Rationale: Not specific to the scope of the guideline as it is looking at how data is obtained.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Tully, L., Arthurs, N., Wyse, C., Browne, S., Case, L., McCrea, L., O'Connell, J.M., O'Gorman, C.S., Smith, S.M., Walsh, A. and Ward, F. O'Malley G.	October 2022	October 2022		Declare and participate  Rationale: Unlikely to be used because it's a review of existing clinical guideline.

			Guidelines for Treating Child and Adolescent Obesity: A Systematic Review. <i>Frontiers in Nutrition</i> , p.2355.				
Grace O'Malley	Exercise/Physiotherapist	Direct Financial	StAR research Lecturer, Population Health Sciences, RCSI, Dublin	June 2017	September 2022	Ongoing	Declare and participate  Rationale: Salaried employment in the HSE providing HSE services.
Grace O'Malley	Exercise/Physiotherapist	Direct Financial	Clinical Lead, W82GO Child and Adolescent Weight Management Service, CHI, Temple Street	February 2017	October 2022	Ongoing	Declare and participate  Rationale: Salaried employment in the HSE providing HSE services.
Grace O'Malley	Exercise/Physiotherapist	Direct Financial	Senior Lecturer, School of Physiotherapy, RCSI, Dublin	October 2022	October 2022	Ongoing	Declare and participate  Rationale: Salaried employment with the RCSI faculty.
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Contributing author - Obesity in Adults: A 2022 Adapted Clinical Practice Guideline for Ireland C Breen, J O'Connell, J Geoghegan, D O'Shea, S Birney, L Tully, ... Obesity Facts, 1-17	2022	Nov 2022		Declare and participate  Rationale: Will not be used as source of information for this review
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	A qualitative study exploring the perceptions of health among pre-teen girls from disadvantaged communities in Dublin	July 2022	Nov 2022		Declare and participate  Rationale: Will not be used as source of information for this review

			M Dow, C Murrin, G O'Malley, A Brinkley, S Bel-Serrat - Children & Society				
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Savoye M, Nowicka P, Shaw M, Yu S, Dziura J, Chavent G, O'Malley G, Serrecchia JB, Tamborlane WV, Caprio S. Long-term results of an obesity program in an ethnically diverse pediatric population. Pediatrics. 2011 Mar;127(3):402-10. doi: 10.1542/peds.2010-0697. Epub 2011 Feb 7. PMID: 21300674; PMCID: PMC3065145.	March 2011	April 2023		Declare and participate  Rationale: Will not be used as source of information for this review
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Weghuber, D., et al. "Championing the use of people-first language in childhood overweight and obesity to address weight bias and stigma: A joint statement from the European-Childhood-Obesity-Group (ECOG), the European-Coalition-for-People-Living-with-Obesity (ECPO), the International-Paediatric-Association (IPA), Obesity-Canada, the European-Association-for-the-Study-of-Obesity Childhood-Obesity-Task-Force (EASO-COTF), Obesity Action Coalition	April 2023	April 2023		Declare and participate.  Rationale: Will not be used as source of information for this review

			(OAC), The Obesity Society (TOS) and the World-Obesity-Federation (WOF)." <i>Pediatric obesity</i> (2023): e13024.				
Grace O'Malley	Exercise/Physiotherapist	Direct non-financial, professional and personal	Savoye M, Nowicka P, Shaw M, Yu S, Dziura J, Chavent G, O'Malley G, Serrecchia JB, Tamborlane WV, Caprio S. Long-term results of an obesity program in an ethnically diverse pediatric population. <i>Pediatrics</i> . 2011 Mar;127(3):402-10. doi: 10.1542/peds.2010-0697. Epub 2011 Feb 7. PMID: 21300674; PMCID: PMC3065145.				Partial exclusion.  Rationale: Grace will be excluded from developing recommendations and decision-making on the matter relating to the interest.
Helen Parretti	GP	Direct Financial	Member of working group funded by Novo Nordisk educational grant developing an algorithm for the management of obesity in primary care published in Guidelines	December 2020	May 2021	December 2020	Declare and participate  Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct Financial	Organised and delivered an educational webinar on MDT Exploration of Medically Unexplained Bariatric Complications for the British Obesity and Metabolic Surgery Society, supported by Johnson &	May 2021	May 2021	May 2021	Declare and participate  Rationale: Not specific to the scope of the guideline  Non-promotional, educational presentations

			Johnson – honorarium received				
Helen Parretti	GP	Direct Financial	Organising and delivering an educational webinar on Health at Every Size for the British Obesity and Metabolic Surgery Society, supported by Johnson & Johnson – honorarium received	October 2021 (TBC)	June 2021	October 2021 (TBC)	Declare and participate  Rationale: Non-promotional, educational presentations
Helen Parretti	GP	Direct non-financial, professional and personal	<b>Author</b> - Hughes CA, Ahern AL, Kasetty H, McGowan BM, <b>Parretti HM</b> , Vincent A, Halford JCG. <i>Changing the narrative around obesity in the UK: a survey of people with obesity and healthcare professionals from the ACTION-IO study</i> . BMJOpen (in press)	2020	May 2021	2021	Declare and participate  Rationale: This study was not included in our reviews and is out of scope.
Helen Parretti	GP	Non-financial professional and personal	Member of the Royal College of General Practitioners (RCGP)	2008	May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Non-financial professional and personal	Member of study management group for a National Obesity Database, supported by Society for Endocrinology and Novo Nordisk,	2021	May 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline



Helen Parretti	GP	Direct non-financial, professional and personal	Author on publication referred to in NICE QS 127: O’Kane M, Parretti HM, Hughes CA, Sharma M, Woodcock S, Pupilampu T, Blakemore A, Clare K, MacMillan I, Joyce J, Sethi S and Barth JH. <i>Guidelines for the follow-up of patients undergoing bariatric surgery</i> . Clin. Obes. 2016; 6(3): 210-224.	2016	May 2021		Declare and participate  Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Author on publication reviewing current structure of weight management services in UK: Hazelhurst JM, Logue J, Parretti HM, Abbott S, Brown A, Pournaras DJ, Tahrani AA. <i>Developing integrated clinical pathways for the management of clinically severe adult obesity: A critique of NHS England policy</i> . Curr. Obes. Rep. 2020 9:530–543.	2020	May 2021		Declare and participate  Rationale: This study was not included in our reviews and is out of scope.
Helen Parretti	GP	Direct non-financial, professional and personal	Author - Parretti HM, Subramanian A, Adderley NJ, Abbott S, Tahrani AA, Nirantharakumar K. <i>Post-bariatric surgery nutritional follow-up in primary care: a population-based cohort study</i> . BJGP 2020:	2020	May 2021		Declare and participate  Rationale: Not specific to the scope of the guideline

			/doi.org/10.3399/bjgp20X714161.				
Helen Parretti	GP	Direct non-financial, professional and personal	Author - Abbott S, Parretti HM, Greenfield S. <i>Experiences and perceptions of dietitians for obesity management: a general practice qualitative study</i> . J. Hum. Nutr. Diet 2020: doi.org/10.1111/jhn.12855.	2020	May 2021		Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Daley A, Jolly K, Ives N, Jebb S, Tearne S, Greenfield S, Yardley L, Little P, Tyldesley-Marshall N, Bensoussane H, Pritchett R, Frew E, Parretti HM. <b><i>Practice nurse-supported weight self-management delivered within the national child immunisation programme for postnatal women: a feasibility cluster RCT. Health Technology Assessment. 2021;25(49):1-130</i></b>	2020	May 2021		Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Daley AJ, Jolly K, Bensoussane H, Ives N, Jebb SA, Tearne S, Greenfield SM, Yardley L, Little P, Tyldesley-Marshall N, Pritchett RV, Frew E,	2020	May 2021		Declare and participate Rationale: Not specific to the scope of the guideline

			Parretti HM, <i>Feasibility and acceptability of a brief routine weight management intervention for postnatal women embedded within the national child immunisation programme in primary care: randomised controlled cluster feasibility trial</i> , Trials 2020: doi.org/10.1186/s13063-020-04673-9.				
Helen Parretti	GP	Direct non-financial, professional and personal	Author – Abbot S, Parretti HM, Hazelhurst J, Tahrani A, <i>Socio-demographic predictors of uptake of a virtual group weight management program during the COVID-19 pandemic</i> . J. Hum. Nutr. Diet. 2020: doi.org/10.1111/jhn.12850.	2020	May 2021		Declare and participate  Rationale: This study was not included in our reviews and is out of scope.
Helen Parretti	GP	Direct non-financial, professional and personal	HM, Ives N, Tearne S, Vince A, Greenfield SM, Jolly K, Jebb SA, Frew E, Yardley L, Little P, Pritchett RV, Daley AJ, <i>Protocol for the feasibility and acceptability of a brief routine weight management intervention for postnatal women embedded within the national child immunisation programme: randomised</i>	2020	May 2021		Declare and participate  Rationale: Not specific to the scope of the guideline

			<i>controlled cluster feasibility trial with nested qualitative study (PIMMS-WL), BMJOpen 2020. doi:10.1136/ bmjopen-2019-033027.</i>				
Helen Parretti	GP	Direct non-financial, professional and personal	Author – O’Kane. M, Parretti HM, Pinkney J, Welbourn R, Hughes C A, Mok J, Walker N, Thomas D, Devin J, Coulman KD, Pinnock G, Batterham R L, Mahawar KK, Sharma M, Blakemore AI, McMillan I, Barth, JH <i>BOMSS Guidelines on peri-operative and postoperative biochemical monitoring and micronutrient replacement for patients undergoing bariatric surgery -2020 Update</i> , <i>Obes. Rev.</i> 2020: doi/10.1111/obr.13087 (joint lead author).	2020	May 2021		Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Obesity Empowerment Network co-opted member of professional steering group	2021	May 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	British Obesity and Metabolic Surgery Society – Integrated healthcare professional council member	2020	May 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline

Helen Parretti	GP	Direct non-financial, professional and personal	British Obesity and Metabolic Surgery Society GP research lead	2019	May 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Co-investigator for NIHR funded programme grant: <i>'Snacktivity' to promote physical activity and reduce future risk of disease in the population</i>	2019	May 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline. This is an adults only programme.
Helen Parretti	GP	Indirect financial	Joint principal investigator, and applicant, for NIHR Health Technology Assessment grant: <i>Feasibility and acceptability of a brief routine weight management intervention for postnatal women embedded within the national child immunisation programme in primary care: randomised controlled trial and nested qualitative study</i>	2017	May 2021	2019	Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Indirect financial	Co-investigator and co-applicant for Public Health England grant: <i>How the local health care system can support Health Care Professionals and other practitioners working in primary care to conduct healthier weight conversations with parents</i>	2019	May 2021	2020	Declare and participate Rationale: Not specific to the scope of the guideline

			<i>of primary school age children</i>				
Helen Parretti	GP	Direct non-financial, professional and personal	Member of Association for the Study of Obesity	2018	May 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Member of study steering committee for NIHR HS&DR Project: NIHR132075 - A co-produced mixed method evaluation of the NHS England low calorie diet implementation pilot	2021	May 2021	September 2023	Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Member of study steering committee for NIHR ICA/HEE lectureship Karen Coulman, University of Bristol, Dr Coulman's lectureship is investigating the referral pathway for bariatric surgery	2019	May 2021	September 2023	Declare and participate Rationale: Focussed on barriers to referral rather than referral criteria, so it out of scope.
Helen Parretti	GP	Direct non-financial, professional and personal	RCGP representative to RCP joint steering committee on endocrinology and diabetes	2014	May 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	RCGP representation to RCP advisory group on nutrition, weight and health	2019	May 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct financial	Participated in a roundtable discussion on breast milk	2019	June 2021	2021	Declare and participate

			fortification in pre-term infants in 2019, paper published in 2021, discussion was supported by Nutricia. Honorarium donated to the charity, Obesity UK				Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	RCGP representative to Society for Endocrinology working group "Defining the future of endocrinology"	2020	May 2021	2023	Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Member of the Society of Academic Primary Care	2021	May 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Research presentation to the British Obesity and Metabolic Surgery Society: "Management of bariatric patients after the 2-year follow-up period: should tier 4 be doing more to support patients and primary care?"	July 2021	June 2021	July 2021	Declare and participate <b>Rationale:</b> Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Research presentation to MRC Cambridge (online): "From a pragmatic weight management intervention to bariatric surgery."	March 2021	June 2021	March 2021	Declare and participate. Rationale: This presentation was not used in any of our evidence reviews.
Helen Parretti	GP	Direct non-financial, professional and personal	Research presentation to the European Congress on Obesity (online): "Does post-bariatric surgery	March 2021	June 2021	March 2022	Declare and participate Not specific to the scope of the guideline

			nutritional follow-up in primary care in the uk meet current clinical guidance?"				
Helen Parretti	GP	Direct non-financial, professional and personal	Research presentation to the Society for Academic Primary Care South East Regional Conference (online): PIMMS-WL STUDY: Feasibility and acceptability of a brief weight management intervention for postnatal women embedded within the national child immunisation programme: a randomised controlled cluster	January 2021	June 2021	January 2021	Declare and participate.  Rationale: Not specific to the scope of the guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Member of the trial steering committee for an NIHR "DIAMOND" HTA study. Testing a low energy low carbohydrate diet and behavioural support from practice nurses for people with recently diagnosed T2D. Main outcome is diabetes remission, but outcomes include weight.	June 2021	July 2021	Ongoing	Declare and participate.  Rationale: This study was not included in our reviews and is out of scope.
Helen Parretti	GP	Indirect financial	Co-applicant for NIHR funding. This is part of their Policy Research Programme's qualitative study to understand the engagement, access, referral, and experiences of	September 2021	September 2021	2024	Declare and participate.  Rationale: Not specific to the scope of the guideline.



			people with depression who might benefit from weight management services.				
Helen Parretti	GP	Direct financial	Further guideline support work for the <b>managing obesity in primary care</b> algorithm created for Novo Nordisk in December 2020. Writing a supplement based on the algorithm, a 5min Q&A video about the supplement and a presentation on the algorithm at their conference in November in London. For each piece of work they have offered an honorarium funded by an arms-length educational grant from Novo Nordisk - <a href="https://www.guidelines.co.uk/algorithms/managing-obesity-in-primary-care/455702.article">https://www.guidelines.co.uk/algorithms/managing-obesity-in-primary-care/455702.article</a>	September 2021	September 2021	December 2021	Declare and participate.  Rationale: Not specific to the scope of the guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Study steering group member for a NIHR funded project examining the Clinical and Cost Effectiveness of Endoscopic Bariatric Procedures: <a href="https://fundingawards.nihr.ac.uk/award/NIHR133099">https://fundingawards.nihr.ac.uk/award/NIHR133099</a> .	September 2021	September 2021	Ongoing	Declare and participate.  Rationale: Not specific to the scope of the guideline.

Helen Parretti	GP	Direct non-financial, professional and personal	Took part in a panel discussion for the Association for the Study of Obesity Hot Topics in September 2021, giving reflections on the implications of obesity being defined as a disease from the perspective of patients and people living with obesity.	September 2021	September 2021	September 2021	Declare and participate. Rationale: Not specific to the scope of the guideline.
Helen Parretti	GP	Indirect financial	Research funding application for a trial involving semaglutide – co-investigator for the trial, supported by Novo Nordisk and NIHR, no personal fees	October 2021	2020	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Helen Parretti	GP	Direct non-financial, professional and personal	Author – Tyldesley-Marshall N, Greenfield SM, Parretti HM, Jolly K, Jebb S, Daley AJ. The experiences of postnatal women and healthcare professionals of a brief weight management intervention embedded within the national child immunisation programme. BMC Pregnancy Childbirth. 2021; 29;21(1):462.	October 2021	2021		Declare and participate. Rationale: Not specific to the scope of the guideline.

Helen Parretti	GP	Direct non-financial, professional and personal	Author – James P Sanders, Stuart JH Biddle, Kajal Gokal, Lauren B Sherar, Magdalena Skrybant, Helen M Parretti, Natalie Ives, Thomas Yates, Nanette Mutrie & Amanda J Daley on behalf of the Snacktivity Study Team “Snacktivity™” to increase physical activity: Time to try something different? Preventive Medicine 2021 53, 106851.	October 2021	2021		Declare and participate. Rationale: Not specific to the scope of the guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Participant and co-author on an expert consensus study around bariatric surgery for people with type 2 diabetes using Delphi methods.	November 2021	November 2021	Ongoing	Declare and participate Rationale: Study was not used in the development of this guideline.
Helen Parretti	GP	Indirect financial	Co-Investigator and funding applicant on OHID funded study: A rapid review of evidence on extended brief interventions (EBIs) for weight management and obesity prevention in early years and children.	November 2021	December 2021	March 2022	Declare and participate Rationale: Study was not used in the development of this guideline.
Helen Parretti	GP	Indirect financial	Lead applicant to NIHR programme development grant - Improving the long-term care of patients who have had bariatric surgery: PROMISE CARE study	January 2022	January 2022	April 2024	Declare and participate. Rationale: Not specific to the scope of the guideline.

Helen Parretti	GP	Direct non-financial, professional and personal	Author on: Tyldesley-Marshall N, Greenfield SM, <b>Parretti HM</b> , Gokal K, Greaves C, Jolly K, Maddison R, Daley AJ; Snacktivity™ Study Team. <i>Snacktivity™ to Promote Physical Activity: a Qualitative Study</i> . Int J Behav Med. 2021 Nov 15:1–12. doi: 10.1007/s12529-021-10040-y.	November 2021	December 2021		Declare and participate. Rationale: Not specific to the scope of the guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Research presentation to the Society for Academic Primary Care SE (online): “Does post-bariatric surgery nutritional follow-up in primary care in the uk meet current clinical guidance?”	2021	January 2022		Declare and participate. Rationale: Not specific to the scope of the guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Publishing a service evaluation of Fakenham Weight Management Service.	May 2022	March 2022		Non-specific Declare and participate Rationale: This is a service evaluation and is not part of the scope of this guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Working with the Association for the Study of Obesity to develop a toolkit/checklist to help GP surgeries deliver better care to people with obesity.	TBC	March 2022	Ongoing	Non-specific Declare and participate Rationale: Project is not to generate new data but

							provide surgeries with the tools they need
Helen Parretti	GP	Direct non-financial, professional and personal	Conducting a non-funded study exploring GP's knowledge and experiences of referrals for bariatric surgery.	TBC	March 2022	Ongoing	Non-specific Declare and participate Rationale: The scope is not looking at bariatric referrals from a GP experience perspective
Helen Parretti	GP	Direct non-financial, professional and personal	Working on developing and having endorsed (by RCGP/BOMSS) various guidance for GPs and patients for post bariatric surgery care	March 2022	March 2022	Ongoing	Declare and participate. Rationale: Not specific to the scope of the guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Talk "Bariatric surgery: the pros and cons" and panel discussion on obesity for Norwich Institute of Healthy Ageing	February 2022	March 2022	September 2022	Declare and participate <b>Rationale:</b> Not specific to the scope of the guideline. Referral criteria not discussed.
Helen Parretti	GP	Direct non-financial, professional and personal	Contributed questions to a panel discussion on Nutrition in Bariatric Surgery in Feb, for TUGS (an upper GI society).	February 2022	March 2022	February 2022	Declare and participate <b>Rationale:</b> Not specific to the scope of the guideline regarding bariatric surgery referrals. Contributed questions but did not lead on discussion.

Helen Parretti	GP	Direct non-financial, professional and personal	Contributed to an NHSE consultation on outpatient pathways for general endocrinology.	February 2022	March 2022	March 2022	Declare and participate. Rationale: Not specific to the scope of the guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Speaking at the ASO East of England obesity study day on following up bariatric surgery patients in primary care.	March 2022	March 2022	June 2022	Declare and participate. Rationale: Not specific to the scope of the guideline on bariatric surgery due to dealing with follow-up and not referrals.
Helen Parretti	GP	Direct non-financial, professional and personal	Gokal K, Amos-Hirst R, Moakes CA, Sanders JP, et al. Views of the public about Snacktivity™: a small changes approach to promoting physical activity and reducing sedentary behaviour. BMC Public Health 2022;22, 618	March 2022	March 2022		Declare and participate. Rationale: Not specific to the scope of the guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Reviewed and co-author on a patient safety alert written regarding use of SGLT <sub>i</sub> medications pre and post bariatric surgery on behalf of the BOMSS patient safety committee and co-author on letter to editor of Obesity Surgery Journal regarding this issue.	March 2022	March 2022	March 2022	Declare and participate Rationale: Not specific to the scope of the guideline.

Helen Parretti	GP	Indirect financial	Was a part of the organising committee for the British Obesity and Metabolic Surgery Society annual meeting in May. The meeting is sponsored by various companies as is usual for academic meetings.	March 2022	March 2022	May 2022	Non-specific Declare and participate  Rationale: Organisational/administrative role.
Helen Parretti	GP	Direct non-financial, professional and personal	Academic presentation giving an overview of bariatric surgery for the Norwich Institute for Healthy Ageing. Topics covered were types of procedure, how it works, eligibility (based on current NICE criteria) overview of benefits, long-term follow-up and where it fits in current UK weight management services.	March 2022	March 2022	March 2022	Specific Declare and participate.  Rationale: Academic event giving a broad overview of the costs/benefits of bariatric surgery and its current place in WM services.
Helen Parretti	GP	Direct financial	Works at Fakenham Weight Management Service, which has now been recommissioned and is now working for OneNorwich Practices in Weight Intervention Norwich	March 2022	March 2022	Ongoing	Declare and participate  Rationale: Salaried employment in the NHS  Oviva have some apps for weight management and adult nutrition that are not in scope for this guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Patterns of adult weight management referrals in primary care in England –	May 2022	March 2022	May 2022	Specific Declare and participate

			European Congress on Obesity poster presentation				Rationale: At each meeting the chair will review this interest to determine whether there are any potential conflicts of interest relating to this specific area and consider the actions needed.
Helen Parretti	GP	Direct non-financial, professional and personal	Is it time to throw out the weighing scales? Implicit weight bias among healthcare professionals working in the UK bariatric services and their attitude towards non-weight focussed approaches – European Congress on Obesity oral presentation	May 2022	March 2022	May 2022	Specific Declare and participate Rationale: At each meeting the chair will review this interest to determine whether there are any potential conflicts of interest relating to this specific area and consider the actions needed.
Helen Parretti	GP	Direct financial	Organising and delivering an educational one-day event on “Service Innovation in bariatric surgery in the UK” for the British Obesity and Metabolic Surgery Society, supported by Johnson & Johnson – honorarium received	October 2022	September 2022	October 2022	Declare and participate Rationale: Is organising and chairing only plus discussion is on new innovations and not bariatric referrals, so not in scope.
Helen Parretti	GP	Direct non-financial, professional and personal	Talk given at Obesity UK on the current tiered system of referral criteria for bariatric surgery.	September 2022	September 2022	September 2022	Declare and participate Rationale: Existing practice/options discussed



							only, not new recommendations
Helen Parretti	GP	Direct financial	Expenses paid to attend an event on setmelanotide by Rhythm Pharmaceuticals.	October 2022	September 2022	October 2022	Declare and participate Rationale: Setmelanotide is not in the scope of this update.
Helen Parretti	GP	Direct financial	Clinical associate professor in primary care, University of East Anglia	October 2019	September 2022	Ongoing	Declare and participate Rationale: Salaried employment in the NHS providing NHS services.
Helen Parretti	GP	Direct non-financial, professional and personal	Conversation with the Office for Life Sciences on behalf of the Obesity Empowerment Network – discussion of patient engagement with the obesity mission and patient perspectives on obesity.	October 2022	October 2022	October 2022	Declare and participate Part of ongoing work with the obesity empowerment network and not specific to the scope of the guideline.
Helen Parretti	GP	Direct financial	Salaried GP, Beccles Medical Centre	September 2020	November 2022	Ongoing	Declare and participate Rationale: Salaried employment in the NHS providing NHS services.
Helen Parretti	GP	Direct non-financial, professional and personal	Talk for local diabetes network on obesity management	November 2022	November 2022	November 2022	Declare and participate Rationale: Talk is on existing practice and published recommendations only

Helen Parretti	GP	Direct non-financial, professional and personal	Funding for feasibility work on exploring pregnancy outcomes for women post-bariatric surgery, funded by research capability funding from NWICB	November 2022	November 2022	March 2023	Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Participation in an NHSE working group on post-bariatric surgery follow-up.	November 2022	November 2022	November 2022	Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Author - S. Abbott, E. Shuttlewood, S.W. Flint, P. Chesworth, H.M. Parretti, "Is it time to throw out the weighing scales?" Implicit weight bias among healthcare professionals working in bariatric surgery services and their attitude towards non-weight focused approaches, eClinicalMedicine, 2023, <a href="https://doi.org/10.1016/j.eclim.2022.101770">https://doi.org/10.1016/j.eclim.2022.101770</a> .	December 2022	December 2022		Declare and participate Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	Author - Clinical effectiveness of very low energy diets in the management of weight loss Parretti, Helen; Jebb, Susan; Johns, David ; Lewis, Amanda ; Christian-Brown, Anna ; Aveyard, Paul	March 2016	November 2022		Declare and participate Rationale: Systematic review used as a source of information to identify studies that match review protocol. Out of 12 studies included in the SR, 3 studies were identified'

Helen Parretti	GP	Direct financial	Teaching for Royal College of General Practitioners on post-bariatric surgery follow-up – Honorarium received	March 2023	February 2023	March 2023	Declare and participate. Rationale: Post-surgery follow-up is out of scope.
Helen Parretti	GP	Direct non-financial, professional and personal	Participating in a panel for Leeds Beckett Obesity Institute on 3/3/23 as part of World Obesity Day events, no payment	March 2023	February 2023	March 2023	Declare and participate. Rationale: Questions from the panel have been provided in advance. Most are general and only one leans on scope. Member knows to direct to existing info and avoid unpublished recs.
Helen Parretti	GP	Direct non-financial, professional and personal	Taking part in a series of short talking-head videos on understanding how life events effect weight and obesity for BOMSS as part of World Obesity Day. Supported by Johnson and Johnson.	March 2023	February 2023	March 2023	Declare and participate. Rationale: Content of the video is general information and not specific to the scope of the guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Author: Daley AJ, Griffin RA, Moakes CA, Sanders JP, Skrybant M, Ives N, Maylor B, Greenfield SM, Gokal K, Parretti HM, Biddle SJH, Greaves C, Maddison R, Mutrie N, Esliger DW, Sherar L, Edwardson CL, Yates T, Frew E, Tearne S and Jolly K. Snacktivity™ to promote	March 2023	April 2023	March 2023	Declare and participate. Rationale: Review was not included as it is just a protocol and qualitative only.

			physical activity and reduce future risk of disease in the population: protocol for a feasibility randomised controlled trial and nested qualitative study. Pilot and Feasibility Studies 2023 <a href="https://doi.org/10.1186/s40814-023-01272-8">https://doi.org/10.1186/s40814-023-01272-8</a>				
Helen Parretti	GP	Direct non-financial, professional and personal	Author: The implications of defining obesity as a disease: a report from the Association for the Study of Obesity 2021 annual conference, Luli, Migena et al. eClinicalMedicine, Volume 58, 101962 <a href="https://doi.org/10.1016/j.eclim.2023.101962">https://doi.org/10.1016/j.eclim.2023.101962</a>	March 2023	April 2023	April 2023	Declare and participate.  Rationale: Review was not included as it is a narrative review.
Helen Parretti	GP	Direct non-financial, professional and personal	Member of Society for Endocrinology	October 2022	April 2023	October 2023	Declare and participate.  Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct financial	Talk at Pulse Live on the clinical assessment and management of obesity (CPD talk for primary care healthcare professionals), received honorarium and travel expenses – delivered twice - in March 2023 and September 2023	March 2023	Feb 2023	September 2023	Declare and participate.  Rationale: Talk is on existing practice and published recommendations only

Helen Parretti	GP	Direct financial	Talk on current practice of obesity and management in primary care at the RANK forum on Inequity and Food Insecurity. Accommodation and travel covered.	June 2023	June 2023	June 2023	Declare and participate.  Rationale: Talk is educational and on existing practice.
Helen Parretti	GP	Direct financial	Talk on how primary care can take a more leading role in the management of obesity both with pharmacotherapy, i.e. what models would work, and pre/post op management. Accommodation and travel covered.	June 2023	June 2023	September 2023	Declare and participate.  Rationale: Talk on post-op care and pharmacotherapy. Both out of scope.
Helen Parretti	GP	Direct non-financial, professional and personal	Expert committee member on the NICE guideline "Digital weight management to support weight management medications".	June 2023	June 2023	Ongoing	Declare and participate  Rationale: NICE guideline so not in conflict with our recommendations.
Helen Parretti	GP	Direct non-financial, professional and personal	Advising Johnson and Johnson/Ethicon on their campaign (which will include infographics) to increase awareness or bariatric surgery amongst primary care and commissioners using existing recommendations)	August 2023	August 2023	September 2023	Declare and participate  Rationale: Work is educational and directed by existing practice and in line with the newly published NICE recommendations.

Helen Parretti	GP	Direct non-financial, professional and personal	Trial steering committee member: NIHR Advanced Postdoctoral Fellowship (feasibility, acceptability, and safety of a low energy diet for people with obesity and renal failure to lose weight), Dr Adrian Brown, UCL	Oct 2023		Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Helen Parretti	GP	Direct non-financial, professional and personal	NICE specialist committee member QS advisory committee for Obesity: clinical assessment and management and Obesity: prevention and lifestyle management	2024		2024	Declare and participate  Rationale: NICE guideline so not in conflict with our recommendations.
Helen Parretti	GP	Direct non-financial, professional and personal	Grey, E, Griffin, T, Jolly, K, Pallan M, Parretti H, Retza A and Gillison F. <i>Extended brief interventions for weight management and obesity prevention in children: A rapid evidence review</i> . Obesity Reviews. 2023;e13633. doi:10.1111/obr.13633.	2021	December 2023	2023	Declare and participate  Rationale: This review published after evidence reviews and searches were concluded so has not come up in our reviews.
Helen Parretti	GP	Direct non-financial, professional and personal	Krouwel M, Greenfield SM, Chalkley A, Sanders JP, Parretti HM, Gokal K, et al. Promoting participation in physical activity through Snacktivity: A qualitative mixed methods study. PLoS ONE 2023; 18(9):	September 2023	December 2023		Declare and participate  Rationale: This review published after evidence reviews and searches were concluded so has not come up in our reviews.

			e0291040. <a href="https://doi.org/10.1371/journal.pone.0291040">https://doi.org/10.1371/journal.pone.0291040</a> .				
Helen Parretti	GP	Direct non-financial, professional and personal	Pallan MJ, Mason FE, Parretti H, Adab P, Abbott S, Jolly K. Supporting healthcare professionals to address child weight with parents: A qualitative study. BJGP 2023: <a href="https://doi.org/10.3399/BJGP.2023.0238">https://doi.org/10.3399/BJGP.2023.0238</a> .	2019	December 2023		Declare and participate  Rationale: This review published after evidence reviews and searches were concluded so has not come up in our reviews.
Helen Parretti	GP	Direct non-financial, professional and personal	Coulman K, Margelyte R, Jones T, Blazeby J, Macleod J, Owen-Smith A, Parretti H, Welbourn R, Redaniel TM, Judge A. Access to publicly funded weight management services in England using routine data from primary and secondary care (2007–2020): An observational cohort study PLoS Medicine 2023: 20(9): e1004282.	2023	December 2023		Declare and participate  Rationale: A cohort study and not directly relevant to this guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Abbott S, Lawson J, Singhal R, Parretti HM, Tahrani AA. <i>Weight Loss During Medical Weight Management Does Not Predict Weight Loss After Bariatric Surgery: A Retrospective Cohort</i>	July 2020	December 2023		Declare and participate  Rationale: The paper looks at post-bariatric surgery treatment so is not in scope for this guideline.

			<i>Study</i> . SOARD 2020; 16(11):1723-1730.				
Helen Parretti	GP	Direct non-financial, professional and personal	Daley AJ, McGee E, Bayliss S, Coombe E and Parretti HM. <i>The effects of physical activity calorie equivalent food labelling to reduce food selection and consumption: systematic review and meta-analysis of randomised controlled studies</i> . J. Epidemiol. Community Health 2019; dx.doi.org/10.1136/jech-2019-213216.	December 2019	December 2023		Declare and participate  Rationale: The paper has not been used in our reviews and looks at food labelling, specifically PACE, which has not formed a part of our recommendations.
Helen Parretti	GP	Direct non-financial, professional and personal	Ferguson JA, Daley AJ and Parretti HM. <i>Behavioural weight management interventions for postnatal women: a systematic review of systematic reviews of randomised controlled trials</i> . Obes. Rev. 2019; <a href="https://doi.org/10.1111/obr.12834">doi.org/10.1111/obr.12834</a> .	June 2019	December 2023		Declare and participate  Rationale: Whilst the review is in-scope in terms of amalgamation, we have not used this paper in our review and not looked at evidence for post-natal women.
Helen Parretti	GP	Direct non-financial, professional and personal	Parretti HM, Hughes CA and Jones LL. <i>"The rollercoaster of follow-up care" after bariatric surgery: a rapid review and qualitative synthesis</i> . Obes. Rev. 2018; doi.org/10.1111/obr.12764.	January 2020	December 2023		Declare and participate  Rationale: The paper looks at post-bariatric surgery treatment so is not in scope for this guideline.



Helen Parretti	GP	Direct non-financial, professional and personal	A member of the ENHANCE steering group at Leeds Beckett University (NIHR funded) which will be evaluating CEW (complications of excess weight).	February 2024		Ongoing	Declare and participate Rationale: CEW clinics, whilst part of weight management programmes, are very specialist and this is still in the bidding stage.
Helen Parretti	GP	Direct non-financial, professional and personal	Co-authoring a narrative review giving an overview of options available to manage obesity in primary care. This will be based on and in line with the most up to date NICE guidelines	February 2024	March 2024	Ongoing	Declare and participate Rationale: The paper will be in line with our recommendations and Helen has received our post-publication policy..
Helen Parretti	GP	Direct non-financial, professional and personal	Steering group member for Dr Adam Price on NIHR funded PhD study, ( <b>INSTEP</b> ; <b>ImplemeNt phySical acTivity for gEneral Practice</b> ), which aims to develop an implementation package for general practice to promote evidence-based support for physical activity targeting people with cardiometabolic risk factors	February 2024	February 2024	Ongoing	Declare and participate Rationale: Physical activity interventions alone for children were out of scope for this update.
Helen Parretti	GP	Direct non-financial, professional and personal	Director of the Citizens Academy at the University of East Anglia – PPIE Hub for Faculty Medicine and Health	May 2024	May 2024	Ongoing	Declare and participate Rationale: This is an unpaid addition to her existing salaried role at UEA.

Helen Parretti	GP	Direct non-financial, professional and personal	Provided comments on the OHA Treatment Position Statement and Evidence Review consultation.	August 2024	August 2024	August 2024	Declare and participate  Rationale: Helen's role on the NICE committee does not preclude her offering a professional opinion/feedback on confidential consultations for other organisations.
Helen Parretti	GP	Direct non-financial, professional and personal	Gave a talk at the Association for the Study of Obesity in Ireland on 11/10/2024 on redefining response in obesity treatment – BMI, WHR, EOSS, patient centred outcomes/non-scale victories.	October 2024	October 2024	October 2024	Declare and participate  Rationale: The NICE recommendations around measurement have already been published and this talk was given to ASOI who are outside the UK.
Helen Parretti	GP	Direct non-financial, professional and personal	Working with Obesity Management Collaboration to develop an article and infographic for GPs on GLP1-RAs that will be submitted to BJGP this week. I have also been asked to join their management committee	October 2024	October 2024		Declare and participate  Rationale: This is a Type-2 diabetes medication so not in scope for this guideline.
Helen Parretti	GP	Direct non-financial, professional and personal	Attending an Obesity Summit for EoE organised by NHS England and the Office for Health Improvement and Disparities on 04/12/24 to discuss obesity pathways in	October 2024	October 2024	December 2024	Declare and participate  Rationale: Is in line with our recommendations and the member has been instructed not to discuss

			the region in view of this update and the tirzepatide Technology Appraisal.				anything that has yet to publish.
Helen Parretti	GP	Direct non-financial, professional and personal	Taking part in developing consensus guidelines on Endoscopic Sleeve Gastroplasty (ESG) (following publication of NICE)	November 2024	November 2024	Ongoing	Declare and participate  Rationale: This is out of scope for the NICE guideline as we have made no recommendations around endoscopic sleeve gastroplasty.
Samantha Scholtz	Psychiatrist	Direct non-financial, professional and personal	Member of the Faculty of Eating disorders Royal College of Psychiatrists	2019	July 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Samantha Scholtz	Psychiatrist	Direct non-financial, professional and personal	Member of Advisory Group on Nutrition Weight and Health Royal College of Physicians	2017	July 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Samantha Scholtz	Psychiatrist	Direct non-financial, professional and personal	Clinical advisor on obesity for Equally Well Collaborative	2017	July 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Samantha Scholtz	Psychiatrist	Direct non-financial, professional and personal	Founder and chair of a special interest group for bariatric psychiatrists and psychologists	2017	July 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline
Samantha Scholtz	Psychiatrist	Direct non-financial, professional and personal	Principle investigator on NIHR grant for post-operative psychological support for bariatric surgery patients	2017	July 2021	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline

Samantha Scholtz	Psychiatrist	Direct non-financial, professional and personal	Arhi CS, Dudley R, Moussa O, Ardissino M, <b>Scholtz S</b> , Purkayastha S. The Complex Association Between Bariatric Surgery and Depression: a National Nested-Control Study. Obes Surg. 2021 May;31(5):1994-2001.	2021			Declare and participate Rationale: Not specific to the scope of the guideline
Samantha Scholtz	Psychiatrist	Direct non-financial, professional and personal	Hameed S, Salem V, Alessimii H, <b>Scholtz S</b> , Dar O, Miras AD, Meeran K, Bloom SR, Ahmed AR, Purkayastha S, Chahal H, Tan T. Imperial Satiety Protocol: A new non-surgical weight-loss programme, delivered in a health care setting, produces improved clinical outcomes for people with obesity. Diabetes Obes Metab. 2021 Jan;23(1):270-275.	January 2021	July 2021		Declare and participate. Rationale: This study was not included in our reviews and is out of scope.
Samantha Scholtz	Psychiatrist	Direct non-financial, professional and personal	Purkayastha P, <b>Scholtz S</b> , Ramezani R, Ahmed AR, Chahal H, Darzi A, Blakemore AIF. Tracking physical activity using smart phone apps: assessing the ability of a current app and systematically collecting patient recommendations for future development. BMC Med Inform Decis Mak. 2020 Feb 3;20(1):17	February 2020	July 2021		Declare and participate Rationale: Not specific to the scope of the guideline

Samantha Scholtz	Psychiatrist	Direct financial	Sees approximately two private patients a month, normally for preparation for bariatric surgery, usually referred by a bariatric surgeon. Most patients are living with obesity. Occasionally sees people for more sessions for psychological support in using weight management treatments like surgery, Does not refer to specific weight management services but may refer to a specialist psychologist.	Ongoing	September 2021	Ongoing	Declare and participate. Rationale: Private practice constitutes a small proportion of time when compared to NHS practice. Private practice mirrors NHS practice.
Samantha Scholtz	Psychiatrist	Direct financial	Director of Research and Development, West London Mental Health Trust	2017	October 2022	May 2023	Declare and participate Rationale: Salaried employment in the NHS providing NHS services.
Samantha Scholtz	Psychiatrist	Direct financial	Consultant Psychiatrist, West London Mental Health Trust	June 2006	October 2022	Ongoing	Declare and participate Rationale: Salaried employment in the NHS providing NHS services.
Laurence Taggart	Topic Expert on Learning Disabilities	Indirect financial	Grant application – £96,391.38: 'Walk Buds': A walking intervention to increase physical activity, physical fitness and emotional wellbeing, in 9-13yr old children with intellectual disability. A clustered randomised	January 2021	July 2021	February 2023	Declare and participate Rationale: Not specific to the scope of the guideline

			feasibility trial. Bailey Thomas Charity, London. (Dr L Taggart PI)				
Laurence Taggart	Topic Expert on Learning Disabilities	Direct non-financial, professional and personal	Publication – Taggart L, Doherty AJ, Chauhan U, Hassiotis A. An exploration of lifestyle/obesity programmes for adults with intellectual disabilities through a realist lens: Impact of a ‘context, mechanism and outcome’ evaluation. J Appl Res Intellect Disabil. 2020;00:1–16. <a href="https://doi.org/10.1111/jar.12826">https://doi.org/10.1111/jar.12826</a>	2020	July 2021		Declare and participate.  Rationale: This study was not included in our reviews and is out of scope.
Laurence Taggart	Topic Expert on Learning Disabilities	Direct non-financial, professional and personal	McDermott, G., Brick, N. E., Shannon, S., Fitzpatrick, B., & <b>Taggart, L.</b> (2022). Barriers and facilitators of physical activity in adolescents with intellectual disabilities: An analysis informed by the COM-B model. <b>Journal of Applied Research in Intellectual Disabilities</b> , 1–26. <a href="https://doi.org/10.1111/jar.12985">https://doi.org/10.1111/jar.12985</a>	February 2022	May 2022		Declare and participate  Rationale: Some cross over with review question 2.4 but that questions will not be looking at barrier.
Laurence Taggart	Topic Expert on Learning Disabilities	Direct Financial	Reader in Intellectual Disability, Institute of Nursing and Health Research, Ulster University	2013	October 2022	Ongoing	Declare and participate  Rationale: Salaried employment in the HSC providing HSC services.

Suzy Taylor	Lay Member	Direct non-financial, professional and personal	Champion for OEN (Obesity Empowerment Network), speaking to healthcare professionals, politicians, and others. on the subject of obesity.	May 2021	May 2021	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline
Suzy Taylor	Lay Member	Direct non-financial, professional and personal	Panel member for the NHS National Obesity Audit	May 2022	May 2022	Ongoing	Declare and participate Rationale: Audit is information gathering and not specific to the scope of guideline update.
Billy White	Specialist in children and young people's weight management	Direct non-financial, professional and personal	Chief investigator and principal investigator – NovoNordisk (RCT of semaglutide vs placebo for obesity-management)	2020	Jan 2020	Ongoing	Declare and participate Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Billy White	Specialist in children and young people's weight management	Direct Financial	Private practice (diabetes and obesity) at London Medical.	2018	Jan 2020	Ongoing	Declare and participate Rationale: Private practice constitutes a small proportion of time when compared to NHS practice. Private practice mirrors NHS practice.
Billy White	Specialist in children and young people's weight management	Direct non-financial, professional and personal	<u>White B</u> , Viner RM. Management of Obesity in Children and Young People. Oxford Textbook of Diabetes and	2021	Jan 2020		Declare and participate Rationale: This study was not included in our reviews

			Endocrinology. 2021 (in press).				or protocols and we did not consider text books.
Billy White	Specialist in children and young people's weight management	Direct non-financial, professional and personal	NHSE Lead of national working group for children with type 2 diabetes	2019	Jan 2020	Ongoing	Declare and participate Not specific to the scope of the guideline
Billy White	Specialist in children and young people's weight management	Direct financial	Consultant Paediatrician (Adolescent Diabetes and Obesity) and Honorary Senior Lecturer, University College London	August 2013	October 2022	Ongoing	Declare and participate Salaried employment in the NHS providing NHS services.
Professor Rachel Batterham (resigned from the committee in March 2023)	Committee member Specialist/Academic with a specialist interest in weight management	Direct Financial	Participation in Speakers Bureaus for Novo Nordisk. Presentation of own research on biology of obesity – "The biology of appetite regulation and energy balance".	Oct 2019	Jan 2021	Ongoing	Declare and participate Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Committee member Specialist/Academic with a specialist interest in weight management	Direct Financial	Consultancy work for ViiV Healthcare trying to understand why anti-retroviral drugs cause weight gain.	2019	Jan 2020	Ongoing	Declare and participate Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Committee member Specialist/Academic with a specialist interest in weight management	Direct Financial	Consultancy work for International Medical Press providing guidance regarding educational material for family practitioners and undertaking webinars	2019	Jan 2020	Ongoing	Declare and participate Non-promotional, educational presentations



			regarding managing people with overweight and obesity.				
Professor Rachel Batterham (resigned from the committee in March 2023)	Committee member Specialist/Academic with a specialist interest in weight management	Direct Financial	Director of Hampstead Weight Loss Consultancy Ltd receiving income from paid consultancy work	Apr 2019	Jan 2020	Ongoing	Declare and participate  Income received is related to activities which are either not specific to the scope of the guideline or educational and non-promotional.
Professor Rachel Batterham (resigned from the committee in March 2023)	Committee member Specialist/Academic with a specialist interest in weight management	Direct Financial	Consultancy work for Boehringer Ingelheim regarding basic science of gut hormones for preclinical studies.	Oct 2020	Jan 2020	Oct 2020	Declare and participate  One off piece of work not related to scope of guideline. No ongoing relationship with the commercial organisation.
Professor Rachel Batterham (resigned from the committee in March 2023)	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Voluntary Co-founder and trustee of Obesity Empowerment Network UK. <a href="https://oen.org.uk">https://oen.org.uk</a>	2017	Jan 2020	Ongoing	Declare and participate  Unpaid role, no commercial funding involved. The network covers topics covered as part of this update, however the work of the Network does not post a conflict to the topics under consideration in the guideline. Work produced by the society is collaboratively by consensus
Professor Rachel Batterham (resigned from the committee in March 2023)	Committee member Specialist/Academic with a specialist interest in weight management		Trustee of the Association for the Study of Obesity	2017	Jan 2020	Ongoing	Declare and participate

committee in March 2023)	interest in weight management	Direct non-financial, professional and personal					The network covers topics covered as part of this update, however the work of the Network does not post a conflict to the topics under consideration in the guideline. Work produced by the society is collaboratively by consensus
Professor Rachel Batterham (resigned from the committee in March 2023)	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Member of the British Obesity and Metabolic Surgery Society	2017	Jan 2020	Ongoing	Declare and participate The society covers topics covered as part of this update, however the work of the Network does not post a conflict to the topics under consideration in the guideline. Work produced by the society is collaboratively by consensus.
Professor Rachel Batterham (resigned from the committee in March 2023)	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Royal College of Physicians (RCP) Special Advisor on Obesity	2019	Jan 2020	Ongoing	Declare and participate
Professor Rachel Batterham (resigned from the committee in March 2023)	Committee member Specialist/Academic with a specialist	Direct non-financial, professional and personal	Chair of the RCP Advisory Group on Nutritional, Weight and Health	2019	Jan 2020	Ongoing	Declare and participate Not specific to the scope of the guideline

committee in March 2023)	interest in weight management						
Professor Rachel Batterham (resigned from the committee in March 2023)	Committee member Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Member of the RCP Advisory Group on Health Inequalities	2019	Jan 2020	Ongoing	Declare and participate Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Member of the Obesity Health Alliance's Strategy Group	2018	Jan 2020	May 2022	Declare and participate Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Scientific Co-Chair for the International Federation of Surgery for Obesity (IFSO-EC)	2017	Jan 2020	May 2022	Declare and participate Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	NIHR Research Professor focused on obesity research	2017	Jan 2020	December 2022	Declare and participate Funded study on the delivery of bariatric surgery. Not specific to the scope of the guideline. Funding is non-commercial
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Director of the UCL/UCLH NIHR Obesity Theme	2017	Jan 2020	Ongoing	Declare and participate Areas of research not specific to the scope of the guideline

Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Co-investigator on semaglutide 2.4mg Phase 3 trial. Funded by Novo Nordisk with funds going directly to UCLH/UCL.	2019	Jan 2020	February 2021	Declare and participate  Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Co-investigator on Amylin analogue (AM833) phase 2 trial. Funded by Novo Nordisk with funds going directly to UCLH/UCL.	2019	Jan 2020	2020	Declare and participate  Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Crisostomo L, Videira RA, Jarak I, Starcevic K, Masek T, Rato L, Raposo JF, <u>Batterham RL</u> , Oliveira PF, Alves MG. Diet during early life defines testicular lipid content and sperm quality in adulthood. <i>Am J Physiol Endocrinol Metab</i> 2020;319:E1061-E1073.	2020	Jan 2020		Declare and participate  Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Dorling JL, Thackray AE, King JA, Pucci A, Goltz FR, <u>Batterham RL</u> , Stensel DJ. No Influence of the Fat Mass and Obesity-	2020	Jan 2020		Declare and participate  Not specific to the scope of the guideline

			Associated Gene rs9939609 Single Nucleotide Polymorphism on Blood Lipids in Young Males. <i>Nutrients</i> 2020;12.				
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	– Co- author McGlone ER,et al , Bariatric surgery for patients with type 2 diabetes mellitus requiring insulin: Clinical outcome and cost-effectiveness analyses. <i>PLoS Med</i> 2020;17:e1003228.	2020	Jan 2020		Declare and participate Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Sir Jules Thorn Biomedical Award - funding for research into improving the health and outcomes of people undergoing bariatric surgery.	2018	Jan 2020	Ongoing	Declare and participate Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Co- author – O’Kane. M, et al Pinkney J, <i>BOMSS Guidelines on peri-operative and postoperative biochemical monitoring and micronutrient replacement for patients undergoing bariatric surgery -2020 Update</i> , <i>Obes. Rev.</i> 2020: doi/10.1111/obr.13087 (joint lead author).	2020	June 2021		Declare and participate Not specific to the scope of the guideline

Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Interviewing lead UK experts for a documentary on why obesity should be recognized as a disease. Funding for the documentary is from the RCP and Rachel is not being paid.	June 2021	June 2021		Declare and participate Educational and non-promotional.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Organised a meeting for 50 – 100 parliamentarians at Number 10 on how increased understanding of obesity holds the key to tackling obesity. No payment received.	July 2021	June 2021	July 2021	Declare and participate Educational and non-promotional
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Inheritable testicular metabolic memory of high-fat diet causes transgenerational sperm defects in mice. Nature, <a href="https://doi.org/10.1038/s41598-021-88981-3">https://doi.org/10.1038/s41598-021-88981-3</a> - Crisóstomo L, Jarak I, Rato LP, Raposo JF, Batterham RL, Oliveira PF, Alves MG.	May 2021	June 2021		Declare and participate Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Negative impact of the first COVID-19 lockdown upon health-related behaviours and psychological wellbeing in people living with severe and complex obesity in the UK. Science Direct, <a href="https://www.sciencedirect.c">https://www.sciencedirect.c</a>	April 2021	June 2021		Declare and participate Not specific to the scope of the guideline

			om/science/article/pii/S2589537021000766?via%3Dihub - Brown A, Flint SW, Kalea AZ, O'Kane M, Williams S, Batterham RL.				
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	–Co-author Williams et al 2021 <a href="#">New dimensions for hospital services and early detection of disease: a Review from the Lancet Commission into liver disease in the UK. Lancet . 2021 May 8;397(10286):1770-1780. doi: 10.1016/S0140-6736(20)32396-5</a>	May 2021	June 2021		Declare and participate Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Publication - Once-Weekly Semaglutide in Adults with Overweight or Obesity - Wilding JPH, Batterham RL, Calanna S, Davies M, Van Gaal LF, Lingvay I, McGowan BM, Rosenstock J, Tran MTD, Wadden TA, Wharton S, Yokote K, Zeuthen N, Kushner RF	March 2021	June 2021		Declare and participate Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	<a href="#">Switching the focus from weight to health: Canada's adult obesity practice guideline set a new standard for obesity management. The Lancet, https://www.thelancet.com/j</a>	December 2020	June 2021		Declare and participate Not specific to the scope of the guideline

			<a href="#">ournals/eclinm/article/PIIS2589-5370(20)30380-1/fulltext</a> Batterham RL				
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	<a href="#">Mechanisms of weight regain</a> . Science Direct, <a href="https://www.sciencedirect.com/science/article/abs/pii/S0953620521000029?via%3Dihub">https://www.sciencedirect.com/science/article/abs/pii/S0953620521000029?via%3Dihub</a> - Busetto L, Bettini S, Makaronidis J, Roberts CA, Halford JCG, Batterham RL.	January 2021	June 2021		Declare and participate Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Publication: Efficacy and safety of once-weekly cagrilintide for weight management: a randomised, placebo and active-controlled, dose-finding, phase 2 trial. Lau DCW, Erichsen L, Francisco AM, le Roux CW, McGowan BM, Pedersen SD, Pietiläinen KH, Rubino D, Batterham RL. <i>Lancet (in press)</i>	September/ October 2021 (TBC)	September 2021		Declare and participate Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Identifying high-risk groups for change in weight and body mass index: a health record population cohort of >9 million measurements in >2 million adults  Katsoulis M, Lai AG, Diaz-Ordaz K, Gomes M, Pasea L, Banerjee A, Denaxas S,	September 2021	September 2021		Declare and participate Not specific to the scope of the guideline



			Tsilidis K, Lagiou P, Misirli G, Bhaskaran K, Wannamethee G, Dobson R, Batterham RL, Kipourou DK, Wareham N, Langenberg C, Hemingway H. <i>Lancet Diabetes Endocrinol</i>				
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Advancing the global public health agenda for NAFLD: a consensus statement.  Lazarus JV, Mark HE, Anstee QM, Arab JP, Batterham RL, Castera L, Cortez-Pinto H, Garcia JC, Cusi K, Dirac MA, Franque S, George J, Hagström H, T-K Huang T, Ismail MH, Kautz A, Sarin SK, Rohit Loomba R, Miller V, Newsome PN, Ninburg M, Ocama P, Ratziu V, Rinella M, Diana Romero D, Romero-Gómez M, Schattenberg JM, Tsochatzis ET, Valenti L, Wong VW, Yilmaz Y, Younossi ZM, Zelber-Sagi S and the NAFLD consensus consortium* <i>Nature Reviews Gastroenterology and Hepatology (in press)</i>	Sept/Oct 2021	September 2021		Declare and participate Not specific to the scope of the guideline

Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Clinical Committee Member of the European Society of Endocrinology	2021	September 2021		Declare and participate. Not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Co-chair of NHS England Clinical Advisory Group on Specialist Weight Management	2021	September 2021		Declare and participate Not specific to the scope of the guideline
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Article – Weight stigma in healthcare settings is detrimental to health and must be eradicated, Rachel L. Batterham, <a href="https://doi.org/10.1038/s41574-022-00686-3">https://doi.org/10.1038/s41574-022-00686-3</a>	May 2022	May 2022		Declare and participate Not specific to the scope of the guideline. Our question is on psychological approaches to reduce stigma as opposed to general issues of weight stigma.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Garvey WT, Batterham RL, Bhatta M, Buscemi S, Christensen LN, Frias JP, Jodar E, Kandler K, Rigas G, Wadden TA, Wharton S, Group SS. Two-year effects of semaglutide in adults with overweight or obesity: the STEP 5 trial. <i>Nat Med</i> 2022;28:2083-2091.	October 2022	January 2023		Declare and participate Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Makaronidis JM, Pucci A, Adamo M, Jenkinson A, Elkalaawy M, Batterham	August 2022	January 2023		Declare and participate Rationale: Not specific to the scope of the guideline.

committee in March 2023)	interest in weight management		RL. Impact of sleeve gastrectomy compared to Roux-en-y gastric bypass upon hedonic hunger and the relationship to post-operative weight loss. <i>Intern Emerg Med</i> 2022;17:2031-2038.				The update is looking at surgery referrals not post-operative care.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Wilding JPH, Batterham RL, Davies M, Van Gaal LF, Kandler K, Konakli K, Lingvay I, McGowan BM, Oral TK, Rosenstock J, Wadden TA, Wharton S, Yokote K, Kushner RF, Group SS. Weight regain and cardiometabolic effects after withdrawal of semaglutide: The STEP 1 trial extension. <i>Diabetes Obes Metab</i> 2022;24:1553-1564.	April 2022	January 2023		Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Jassil FC, Richards R, Carnemolla A, Lewis N, Montagut-Pino G, Kingett H, Doyle J, Kirk A, Brown A, Chaiyasoot K, Devalia K, Parmar C, Batterham RL. Patients' views and experiences of live supervised tele-exercise classes following bariatric surgery during the COVID-19 pandemic: The BARI-LIFESTYLE qualitative	2022	January 2023		Declare and participate  Rationale: Not specific to the scope of the guideline. The update is looking at bariatric surgery referrals and not post-op recovery.

			study. Clin Obes 2022;12:e12499.				
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Brown A, Brosnahan N, Khazaei D, Wingrove J, Flint SW, Batterham RL. UK dietitians' attitudes and experiences of formula very low- and low-energy diets in clinical practice. Clin Obes 2022;12:e12509.	June 2022	January 2023		Declare and participate  Rationale: Specific to the scope of the guideline, but this study is qualitative and was excluded from the review.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Dicken SJ, Batterham RL. Ultra-processed food: a global problem requiring a global solution. Lancet Diabetes Endocrinol 2022;10:691-694.	October 2022	January 2023		Declare and participate  Rationale: Not specific to the scope of the guideline. .
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Carrano FM, Iossa A, Di Lorenzo N, Silecchia G, Kontouli KM, Mavridis D, Alarcon I, Felsenreich DM, Sanchez-Cordero S, Di Vincenzo A, Balague-Ponz MC, Batterham RL, Bouvy N, Copaescu C, Dicker D, Fried M, Godoroja D, Goitein D, Halford JCG, Kalogridaki M, De Luca M, Morales-Conde S, Prager G, Pucci A, Vilallonga R, Zani I, Vandvik PO, Antoniou SA, Group EBSG. EAES rapid guideline: systematic review, network meta-analysis, CINeMA	March 2022	January 2023		Declare and participate  Rationale: Not specific to the scope of the guideline. Related to bariatric surgery but not referral criteria

			and GRADE assessment, and European consensus on bariatric surgery-extension 2022. Surg Endosc 2022;36:1709-1725 – March 2022				
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Firman C, Batterham RL. A new era in gut hormone-based pharmacotherapy for people with obesity. Proc Nutr Soc 2022:1-10.	September 2022	January 2023		Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Lau DCW, Batterham RL, le Roux CW. Pharmacological profile of once-weekly injectable semaglutide for chronic weight management. Expert Rev Clin Pharmacol 2022;15:251-267	February 2022	January 2023		Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Rosetrees Trust  Update trial: Investigating the effects of ultra-processed versus minimally processed diets following UK dietary guidance on health outcomes: an 8-week community-based crossover randomised controlled trial in people with overweight or obesity,		January 2023		Declare and participate  Rationale: Not specific to the scope of the guideline. Diets are part of the update but not processed or minimally processed.

			followed by a 6-month behavioural intervention £189,000. No remuneration received.				
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Translating scientific discoveries into effective, safe treatments for obesity”. Then Annual Anglian Ruskin University School of Medicine Symposium, The Obesity Epidemic -costs, consequence and challenges. Chelmsford, UK.	November 2022	January 2023	November 2022	Declare and participate Rationale: Educational. Not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “The Science of Obesity”. European Obesity Patient Advocacy Summit 2022, Copenhagen, Denmark.	November 2022	January 2023	November 2022	Declare and participate Rationale: Educational. Not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Transforming care for the future”. Annual Shelford Group meeting, Royal College of Physicians, London, UK.	November 2022	January 2023	November 2022	Declare and participate Rationale: Not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Weight management is good chronic disease management”, International Congress of Obesity, Melbourne, Australia	October 2022	January 2023	October 2022	Declare and participate Rationale: Educational. Not specific to the scope of the guideline.

Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Translating scientific discoveries into effective safe treatments for obesity” International Congress of Obesity, Melbourne, Australia	October 2022	January 2023	October 2022	Declare and participate Rationale: Educational. Not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “What’s new in obesity pharmacotherapy?”	October 2022	January 2023	October 2022	Declare and participate Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Putting it all together: Managing people with obesity in 2022” Global Trials Summit 2022 Virtual Conference	September 2022	January 2023	September 2022	Declare and participate Rationale: Educational. Not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Impact of once-weekly subcutaneous semaglutide 2.4 mg on metabolic syndrome in the 2-year randomised controlled STEP 5 trial” EASD, Stockholm, Sweden.	September 2022	January 2023	September 2022	Declare and participate Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Using pharmacotherapy before and after surgery – evidence from randomised controlled trials”. IFSO	August 2022	January 2023	August 2022	Declare and participate Rationale: Not specific to the scope of the guideline which highlights that we will

committee in March 2023)			Annual Meeting, Miami Beach, Florida, USA				not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “How will pharmacotherapy change clinical services for obesity?” Association for the Study of Obesity Centre for Obesity Management Meeting, Newport, Wales UK	June 2022	January 2023	June 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “A new era in gut-hormone based pharmacotherapy for people with obesity” Diabetes Research Centre, Leicester General Hospital, Leicester, UK	June 2022	January 2023	June 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Gut hormones come of age as effective treatments for obesity” 29th Marabou Symposium: Neurobiology Of Eating Behaviour, Stockholm, Sweden	June 2022	January 2023	June 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Is pharmacotherapy for obesity the new threat to bariatric surgery?” British Obesity and Metabolic	May 2022	January 2023	May 2022	Declare and participate  Rationale: Not specific to the scope of the guideline



committee in March 2023)	interest in weight management		Surgery Society Annual General Meeting, Brighton, UK				which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “The long and winding road to precision medicine: patient phenotyping now and in the future” Opening Plenary Lecture, ECO 2022 Zoom forward combined meeting of EASO/IFSO-EC, Maastricht, The Netherlands	May 2022	January 2023	May 2022	Declare and participate Rationale: Not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Effect of liraglutide 3mg on bodyweight in people with poor weight-loss and suboptimal glucagon-like peptide-1 response after metabolic surgery (BARIOPTIMISE): a randomised double-blind, placebo-controlled trial”, ECO 2022 Zoom forward combined meeting of EASO/IFSO-EC, Maastricht, The Netherlands	May 2022	January 2023	May 2022	Declare and participate Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Two-year Effect of Semaglutide 2.4 mg on Control of Eating in Adults with Overweight/Obesity: STEP 5” ECO 2022 Zoom	May 2022	January 2023	May 2022	Declare and participate Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence

			forward combined meeting of EASO/IFSO-EC, Maastricht, The Netherlands				on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Talk – “Two-year Effect of Semaglutide 2.4 mg on Control of Eating in Adults with Overweight/Obesity: STEP 5” ECO 2022 Zoom forward combined meeting of EASO/IFSO-EC, Maastricht, The Netherlands	May 2022	January 2023	May 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – “SURMOUNT-1: design, baseline characteristics and main results”, Scientific Exchange Meeting SURMOUNT and cardiometabolic correlated conditions, Lilly Brazil (virtual).	October 2022	January 2023	October 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – Future treatment modalities in obesity, Finnish Endocrinology Annual Meeting, Helsinki, Finland.	October 2022	January 2023	October 2022	Declare and participate  Rationale: Not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – “Is it time to offer patients chronic pharmacotherapy for obesity?” Novo Nordisk, Poland (virtual)	October 2022	January 2023	October 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological

							interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – “The science behind obesity”, Novo Nordisk Obesity Symposium, OBECON 2022, India (virtual)	October 2022	January 2023	October 2022	Declare and participate  Rationale: Not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – “What’s new in obesity pharmacotherapy?”  Annual Meeting of the Austrian Obesity Association and the Austrian Association for Obesity and Metabolic Surgery Vienna, Austria	October 2022	January 2023	October 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – “Overcoming clinical challenges – optimising outcomes for people with obesity”, Novo Nordisk Symposium, EASD, Stockholm, Sweden.	September 2022	January 2023	September 2022	Declare and participate  Rationale: Educational. Talk generic and not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – “Importance of Weight Management in People With Type 2 Diabetes”, Meet the expert session, EASD Stockholm, Sweden.	September 2022	January 2023	September 2022	Declare and participate  Rationale: Not specific to the scope of the guideline. Focus is more on the benefits of weight gain.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist	Direct financial	Meeting – “The role of weight management in improving outcomes in people with T2DM” Lilly	September 2022	January 2023	September 2022	Declare and participate  Rationale: Not specific to the scope of the guideline.

committee in March 2023)	interest in weight management		Executive Meeting, Stockholm, Sweden.				Focus is more on the benefits of weight gain.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – “Expanding horizons of obesity care with precision medicine”, Global Obesity Summit, Novo Nordisk, Vienna, Austria	September 2022	January 2023	September 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – “Overcoming barriers in obesity care” ASCEND webinar for Middle East and Europe	July 2022	January 2023	July 2022	Declare and participate  Rationale: Educational. Webinar subject generic and not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – “Pharmacotherapy for obesity management – who, when and how?” ASCEND webinar for Asia	July 2022	January 2023	July 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – “Managing adolescents and young adults with obesity: New medical and surgical options. Sandoz Endocrinology Academy Meeting 2022” Birmingham UK	July 2022	January 2023	July 2022	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.

Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Meeting – “Is obesity the king of metabolic disorders?”, global scientific exchange meeting, Lilly China (virtual)	June 2022	January 2023	June 2022	Declare and participate  Rationale: Not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Member of the Lancet Commission regarding defining the definition of clinical obesity	April 2022	January 2023	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline.
Professor Rachel Batterham (resigned from the committee in March 2023)	Specialist/Academic with a specialist interest in weight management	Direct financial	Consultancy work advising Gila Therapeutics Ltd regarding the biology of Peptide YY as a therapeutic target for weight management.	January 2022	January 2023	Ongoing	Declare and participate  Rationale: Not specific to the scope of the guideline which highlights that we will not be reviewing evidence on pharmacological interventions as part of this update.
Jamie Blackshaw (retired from the committee in February 2022)	Public Health England Topic Advisor (PHETA)	Direct non-financial, professional and personal	National Lead for physical activity and healthy weight, lead the commissioning and development of practice guidance and tools; evidence reviews; blogs and other communications relating to weight management topics.	Nov 2021	Jan 2021	Ongoing	Declare and participate
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Potter C, Bastounis A, Hartmann-Boyce J, Stewart C, Frie K, Tudor K, Bianchi F, Cartwright E, Cook B, Rayner M, Jebb SA. The	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that

			effects of environmental sustainability labels on selection, purchase, and consumption of food and drink products: a systematic review. Environment & Behaviour. Accepted 11 Jan 2020. In press.				the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Tudor K, Tearne S, Jebb SA, Lewis A, Adab P, Begh R, Jolly K, Daley A, Farley A, Lycett D, Nickless A, Aveyard P. Gender differences in response to an opportunistic brief intervention for obesity in primary care: Data from the BWeL trial. Clin Obes. 2021; 11:e12418. doi:10.1111/cob.12418	2021	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Tudor K, Tearne S, <b>Jebb SA</b> , Lewis A, Adab P, Begh R, Jolly K, Daley A, Farley A, Lycett D, Nickless A, Aveyard P. Gender differences in response to an opportunistic brief intervention for obesity in primary care: Data from the BWeL trial. Clin Obes. 2021; 11:e12418. doi:10.1111/cob.12418	2021	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review

Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Barron E, Misra S, English E, John WG, Sampson M, Bachmann M, Barth JH, Oliver N, Alberti G, Bakhai C, O'Neill S, Young B, Wareham NJ, Khunti K, Jebb S, Smith J, Valabhji J. Experience of Point-of-Care HbA1c testing in the English National Health Service Diabetes Prevention Programme: an observational study. BMJ Open Diab Res Care 2020; 8:e001703. doi:10.1136/bmjdr-2020-001703	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Donin AS, Nightingale CM, Perkin MR, Ussher M, Jebb SA, Landberg R, Welsh P, Sattar N, Adab P, Owen CG, Rudnicka AR, Cook DG, Whincup PH. Evaluating an intervention to increase cereal fiber intake in children: a randomized controlled feasibility trial. Journal of Nutrition nxaa347. doi.org/10.1093/jn/nxaa347	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Morris E, Jebb S, Oke J, Nickless A, Ahern A, Boyland E, Caterson I, Halford J, Hauner H, Aveyard P. How effective	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that

			is weight loss in reducing cardiometabolic risk? An observational analysis of two randomised controlled trials of community weight loss programmes. BJGP 4 December 2020; bjgp20X714113. doi: 10.3399/bjgp20X714113				the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Koutoukidis D, Koshari C, Henry JA, Noreik M, Morris E, Manoharan I, Tudor K, Bodenham E, Dunnigan A, Jebb SA, Aveyard P. The effect of the magnitude of weight loss on non-alcoholic fatty liver disease: a systematic review and meta-analysis. Metabolism 2020;154455. doi: 10.1016/j.metabol.2020.154455	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Marty L, Cook B, Piernas C, Jebb SA, Robinson E. Effects of Labelling and Increasing the Proportion of Lower-Energy Density Products on Online Food Shopping: A Randomised Control Trial in High- and Low-Socioeconomic Position Participants. Nutrients 2020; 12(12)3618. doi: 10.3390/nu12123618	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review



Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Piernas C, Aveyard P, Lee C, Tsiountsioura M, Noreik M, Astbury NM, Oke J, Madigan C, Jebb SA. Evaluation of an intervention to provide brief support and personalized feedback on food shopping to reduce saturated fat intake (PC-SHOP): A randomized controlled trial. PLoS Medicine; 17(11): e1003385. doi.org/10.1371/journal.pmed.1003385	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Clift AK, Coupland CAC, Keogh RH, Diaz-Ordaz K, Williamson E, Harrison EM, Hayward A, Hemingway H, Horby P, Mehta N, Benger J, Khunti K, Spiegelhalter D, Sheikh A, Valabhji J, Lyons RA, Robson J, Semple MG, Kee F, Johnson P, Jebb S, Williams T, Hippisley-Cox J. Living risk prediction algorithm (QCOVID) for risk of hospital admission and mortality from coronavirus 19 in adults: national derivation and validation cohort study. BMJ 2020;371:m3731. doi: 10/1136/bmj.m3731	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review

Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Astbury N, Albury C, Nourse R, Jebb SA. Participant experiences of a low-energy total diet replacement programme: a descriptive qualitative study. PLoS ONE 15(9): e0238645. doi:10.1371/journal.pone.0238645	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Daley AJ, Jolly K, Bensoussane H, Ives N, Jebb SA, Tearne S, Greenfield SM, Yardley L, Little P, Tyldesley-Marshall N, Pritchett RV, Frew E, Parretti HM. Feasibility and acceptability of a brief routine weight management intervention for postnatal women embedded within the national child immunisation programme in primary care: randomised controlled cluster feasibility trial. Trials; 21, 757 (2020). doi: 10.1186/s13063-020-04673-9	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Piernas C, Maclean F, Aveyard P, Ahern A, Woolston J, Boyland E, Halford J, Jebb SA. Greater attendance to a	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that

			community weight loss programme over the first 12 weeks predicts eight loss at two years. Obes Facts 2020;13:349–360. doi:10.1159/000509131				the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Ahern A, Griffin SJ, Wheeler GM, Sharp SJ, Aveyard P, Boyland E, Halford JCG, Jebb SA. The effect of referral to an open-group behavioural weight management programme on the relative risk of normoglycaemia, non-diabetic hyperglycaemia and type 2 diabetes: secondary analysis of the WRAP trial. Diabetes Obes Metab 2020; 1-8. doi: 10.1111.dom.14123	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Frie K, Hartmann-Boyce J, Jebb SA, Aveyard P. Effectiveness of a Self-Regulation Intervention for Weight Loss: A Randomized Controlled Trial. Br J Health Psychol, 25: 652-676. doi:10.1111/bjhp.12436	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Astbury N, Tudor K, Aveyard P, Jebb SA. Heterogeneity in the	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that

	interest in weight management		uptake, attendance and outcomes in a clinical trial of a total diet replacement weight loss programme. BMC Med 2020; 18: 86. Published online 2020 Apr 16. doi: 10.1186/s12916-020-01547-4				the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Koutoukidis DA, Jebb SA, Aveyard P, Astbury NM. The effect of moderate weight loss on a non-invasive biomarker of liver fibrosis: A randomised controlled trial. Obes Facts 2020;13:144-151. doi: 10.1159/000505667	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Frie K, Hartmann-Boyce J, Jebb S, Oke J, Aveyard P. Patterns in Weight and Physical Activity Tracking Data Preceding a Stop in Weight Monitoring: Observational Analysis J Med Internet Res. 2020;22(3):e15790. Published 2020 Mar 17. doi: 10.2196/15790	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Tudor K, Jebb SA, Manoharan I, Aveyard P. Brief interventions for obesity when patients are asked to pay for weight loss treatment: an observational	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review

			study in primary care with an embedded randomised trial. Br J Gen Pract. 2020; Feb 24. pii: bjgp20X708797. doi: 10.3399/bjgp20X708797.				
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Parretti HM, Ives NJ, Tearne S, Vince A, Greenfield SM, Jolly K, Jebb SA, Frew E, Yardley L, Little P, Prichett RV, Daley A. protocol for the feasibility and acceptability of a brief routine weight management intervention for postnatal women embedded in the national child immunisation programme; randomised controlled cluster feasibility trial with nested qualitative study (PIMMS-WL). BMJ Open. 2020; 10(2): e033027.	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Haynes A, Hardman CA, Halford JCG, Jebb SA, Mead BR, Robinson E. Reductions to main meal portion sizes reduce daily energy intake regardless of perceived normality of portion size: a 5 day cross-over laboratory experiment. Int J Behav Nutr Phys Act. 2020; 17: 21. doi:	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review

			10.1186/s12966-020-0920-4				
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Lee M-M, Jebb SA, Oke J, Piernas C. Reference values for skeletal muscle mass and fat mass measured by bioelectrical impedance in 390,565 UK adults. J Cachexia Sarcopenia Muscle. 2020 Apr; 11(2): 487–496. doi: 10.1002/jcsm.12523	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review
Susan Jebb (retired from the committee in April 2021)	Specialist/Academic with a specialist interest in weight management	Direct non-financial, professional and personal	Bandy LK, Scarborough P, Harrington RA, Rayner M, Jebb SA. Reductions in sugar sales from soft drinks in the UK from 2015-2018. BMC Medicine 2020; 18: 20. doi: 10.1186/s12916-019-1477-4	2020	Jan 2020		Declare and participate  Participation will be reviewed in the event that the paper is included in any evidence review

## GUIDANCE NOTES FOR COMPLETION OF THE INTERESTS REGISTER

**Relevant dates:** Detail here the date the interest arose, the date it was first declared and when it ceased, if applicable. For example, if an individual has ceased to hold shares or undertake relevant private practice.