

Maternal and Child Nutrition Advisory Committee Interests Register Register last updated: 25/11/2024

Name	Role with NICE	Type of interest	Description of interest	Interest arose	Interest declared	Interest ceased	Comments
Dr Sarah Jeffries	Chair	Direct, financial	Clinical Director for Cancer and Consultant Clinical Oncologist at Addenbrooke's Hospital	Interest arose more than 12 months before appointmen t	02/12/2020	31/10/2022	Declare and participate Rationale: Not specific to the guideline
Dr Sarah Jeffries	Chair	Direct, financial	Deputy Medical Director – Cambridge University Hospital	October 2022	07/10/2022	Ongoing	Declare and participate Rationale: Not specific to the guideline
Dr Sarah Jefferies	Chair	Direct, financial	Private Practice undertaken through the Cambridge Oncology Partnership. Private practice does not differ to NHS practice. Payment is on a fee per service basis. Care of patients with CNS and Thyroid Tumours at Nuffield Hospital Cambridge and Genesis Cancer Care Newmarket	2004	10/03/2021	Ongoing	Declare and participate Rationale: Private practice is not undertaken in an area that is relevant to the guideline



Dr Sarah Jefferies	Chair	Direct, financial	Investment shares for Genesis Cancer Care Centre at Newmarket – as Director of Limited Company Saunders and Jefferies Limited (Mr. R D Saunders – spouse)	2018	10/03/2021	Ongoing	Declare and participate Rationale: Investment shares are not in an area that is relevant to the guideline
Dr Sarah Jefferies	Chair	Direct, financial	Along with spouse (Mr R D Saunders) holds investment ISA's where they oversee the investment funds	TBC	18/03/2021	Ongoing	Declare and participate. Rationale: Although the investment funds are overseen by the individual, there are no individual shareholdings in companies that could impact on a guideline on maternal and child nutrition
Dr Sarah Jefferies	Chair	Direct, financial	Director of the European Society for Therapeutic Radiology and Oncology (ESTRO) for CNS Tumour teaching course (attended and on-line) – attendance	2018	10/03/2021	Ongoing	Declare and participate Rationale: Not specific to the guideline



			remunerated for 3 days (~ 300 Euros).				
Dr Sarah Jefferies	Chair	Direct, non- financial professional and	Principle investigator for commercial and non-commercial studies in brain	2002	10/03/2021	Ongoing	Declare and participate Rationale: Not
		personal	and thyroid tumours – no personal remuneration				specific to the guideline
Dr Sarah Jefferies	Chair	Direct, non- financial	Author for Cochrane Reviews in the	2017	10/03/2021	Ongoing	Declare and participate
		professional and personal	management of brain tumours– non-remunerated				Rationale: Not specific to the guideline
Dr Sarah Jefferies	Chair	Direct, non- financial	Lead of Tessa Jowell Brain Cancer Mission – Theme 3	2018	10/03/2021	Ongoing	Declare and participate
		professional and personal	– Training – non remunerated				Rationale: Not specific to the guideline
Dr Sarah Jefferies	Chair	Direct, non- financial	Member of the NICE Committee – Guideline on	2016	10/03/2021	2018	Declare and participate
		professional and personal	the management of primary brain tumours and brain metastases				Rationale: Not specific to the guideline
Dr Sarah Jefferies	Chair	Indirect	Sister-in-law has recently retired from a career as an	2021	25/04/2021	Ongoing	Declare and participate
			independent consumer consultant. She has portfolio career activities				Rationale: No potential for sister-in-law to



			that she is continuing after retiring: Trustee for the Academy of Nutrition Sciences; Deputy Chair for the Association for Nutrition. She also continues as a member of the Policy Committee of the Solicitors Regulation Authority.				benefit financially from Dr Jefferies chairing the guideline
Dr Kate Maslin	Topic Advisor	Direct, financial	Senior Research Fellow, School of Nursing and Midwifery, University of Plymouth	2020	13/04/2021	Ongoing	Declare and participate Rationale: Not specific to the guideline
Dr Kate Maslin	Topic Advisor	Direct, financial	Specialist Paediatric Dietitian, Torbay Hospital, Devon	2019	13/04/2021	Ongoing	Declare and participate Rationale: Not specific to the guideline
Dr Kate Maslin	Topic Advisor	Direct, financial	Code of practice panel member for <i>British</i> Specialist Nutrition Association	August 2020	14/05/2021	November 2020	Declare and participate Rationale: Interest is no longer current.
Dr Kate Maslin	Topic Advisor	Direct, non- financial professional and personal	Research officer for Maternal and Fertility Nutrition Specialist Group of	January 2020	14/05/2021	Ongoing	Declare and participate



			the British Dietetic Association				Rationale: Not specific to guideline
Dr Kate Maslin	Topic Advisor	Direct, non- financial professional and personal	Research officer for Paediatric Specialist Group of the British Dietetic Association	February 2019	14/05/2021	Ongoing	Declare and participate Rationale: Not specific to guideline
Dr Kate Maslin	Topic Advisor	Direct, non- financial professional and personal	Grant holder for a feasibility study about preconception health, fertility and wellbeing in women who have weight loss surgery	February 2019	14/05/2021	Ongoing	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks and study is not yet published. Once published if the study forms a significant proportion of the evidence base for any review questions, member may be asked to withdraw from



							relevant discussions. Update: There was no need for the member to withdraw because the study has not been published yet.
Dr Kate Maslin	Topic Advisor	Indirect	Co applicant on an exploratory research study investigating women's awareness of the use of weight loss medication before pregnancy	February 2021	14/05/2021	Ongoing	Declare and participate Rationale: Not specific to guideline as study is before pregnancy
Dr Kate Maslin	Topic Advisor	Indirect	Grant holder for an exploratory research study about endometriosis and diet.	April 2021	14/05/2021	Ongoing	Declare and participate Rationale: Not specific to guideline as specialist dietary interventions for women and children following a specific diet for a medical condition are



							excluded from the scope
Dr Kate Maslin	Topic Advisor	Direct, financial	Appointed as a joint editor for update of nutrition and dietetic text book: https://www.wiley.com/en-gb/Manual+of+Dietetic+Practice,+6th+Edition-p-9781119235910 The textbook is about all aspects of nutrition at all stages of life and is a core text of student dietitians at university. There are some sections about maternal and childhood nutrition but this is not the main focus of the text book.	May 2022	22/6/2022	Until 2024 - ongoing	Declare and participate Rationale: May be specific to guideline in some areas but benefit of expertise likely to outweigh risks.
Dr Kate Maslin	Topic Advisor	Direct, non- financial professional and personal	National Institute for Health and Care Research Policy Research Programme (NIHR PRP) Subject Matter Expert (SME) as a member of the Funding Committee for Early Years Nutrition	October 2023	31.10.2023	Ongoing	Declare and participate Rationale: Not specific to the guideline



Dr Kate Maslin	Topic Advisor	Topic Advisor Direct, non- financial professional and personal	I have had a paper published entitled:	January 2024	30.01.24	N/A	Declare and participate
			"Tackling the dual burden of malnutrition in pregnancy - pregnancy after weight loss surgery": Link here: https://pubmed.ncbi.nlm.nih. gov/38240086/				Rationale: Not specific to the guideline
			This is a follow up paper to be invited to speak at the Nutrition Society conference in July 2023.				
Dr Kate Maslin	Topic Advisor	Indirect	Joint applicant for a grant in collaboration with Hertility – a digital health fertility company (https://hertilityhealth.com/)	29/02/2024	29/02/2024	TBC – outcome of grant application to be determined in June 2024.	Declare and participate Rationale: Not specific to the guideline
Dr Kate Maslin	Topic Advisor	Direct, non- financial	Publication of articles about weight management before/after pregnancy:	June 2024	September 2024	N/A	Declare and participate
			zororognanoy.				Rationale: Not specific to



		professional and personal	https://pubmed.ncbi.nlm.nih. gov/38951960/ https://pubmed.ncbi.nlm.nih. gov/38872055/				guideline's evidence review topics.
Dr Kate Maslin	Topic Advisor	Indirect	Applicant on a grant about weight loss medication in	April 2024	September 2024	Ongoing	Declare and participate
			women				Rationale: Not specific to guideline's evidence review topics.
Dr Amanda Avery	Committee member	Direct, financial	Associate Professor in Nutrition and Dietetics, University of Nottingham	2009	09/11/2021	Ongoing	Declare and participate Rationale: Not specific to the guideline
Dr Amanda Avery	Committee member	Direct, financial	Employed as part of the Research and Scientific Advice team at Slimming World – this is secondary to main academic position at the University of Nottingham. Role is to synthesise data and produce papers on weight management (which	2001	08/12/2021	Ongoing	Declare and participate Rationale: Not specific to guideline – papers about weight management during pregnancy are



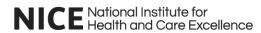
			includes papers on weight management during pregnancy but not exclusively so)				listed below as an additional interest
Dr Amanda Avery	Committee member	Direct, financial	Producing a webinar on weight management during pregnancy as part of employment with Slimming World (in collaboration with Royal College of Midwives). Content is based on published evidence and will not be recommending any particular interventions	January 2022	17/01/2022	January 2022	Declare and participate Rationale: May be specific to guideline but content based on published evidence and not recommending any interventions. Unlikely to form part of guideline evidence base
Dr Amanda Avery	Committee member	Direct, non- financial professional and personal	Current Chair of the Obesity Specialist group of the BDA	2017	08/12/2021	Until September 2022	Declare and participate Rationale: Not specific to guideline
Dr Amanda Avery	Committee member	Direct, non- financial professional and personal	Have co-authored papers submitted as evidence to the NICE guidance on weight management before, during and after pregnancy:	2014	08/12/2021	N/A	Declare and participate Rationale: May be specific to guideline but



Simpson, S.A., Coulman, E., Gallagher, D. Avery, A. et al. (2021) Healthy eating and lifestyle in pregnancy (HELP): a cluster randomised trial to evaluate the effectiveness of a weight management intervention for pregnant women with obesity on weight at 12 months postpartum. Int J Obes 45, 1728–1739 (2021). https://doi.org/10.1038/s 41366-021-00835-0 Swift JA, Langley-Evans SC, Pearce J, Jethwa PH, Taylor MA, Avery A, Ellis S, Mcmullen S and Elliott-Sale KJ, 2017. Antenatal weight management: Diet, physical activity, and gestational weight gain in early pregnancy. Midwifery. 49, 40-46 Jewell, K., Avery, A., Devel, K., Avery, A., Devel, K., Avery, A.,	benefit of expertise likely to outweigh risks. If any of these publications are included in the evidence base, the member will be asked to withdraw from the drafting of recommendatio ns which are based on evidence of which her publications form a part.
Barber, J., Simpson, S.A. (2014). The healthy eating and lifestyle in pregnancy (HELP)	



			feasibility study. British Journal of Midwifery 22(10) 625-634				
Dr Amanda Avery	Committee member	Direct, non- financial professional and personal	Have co-authored papers submitted as evidence to the NICE guidance on weight management before, during and after pregnancy:	2016	08/12/2021	N/A	Declare and participate Rationale: May be specific to
			 Bick, D., Taylor, C., Bhavnani, V., Healey, A., Seed, P., Roberts, S.,Ussher, M. (2020). Lifestyle information and commercial weight management groups to support maternal postnatal weight management and positive lifestyle behaviour: the SWAN feasibility randomised controlled trial. BJOG: An International Journal of Obstetrics and Gynaecology, 127(5), 636-645. https://doi.org/10.1111/1 471-0528.16043 Bick D, Taylor C, Avery A, Bhavnani V, Craig V, Healey A, Khazaezadeh N, McMullen S, Oki B, Oteng-Ntim E, O'Connor 				guideline but benefit of expertise likely to outweigh risks. If any of these publications are included in the evidence base, the member will be asked to withdraw from the drafting of recommendations which are based on evidence of which her publications form a part.



			S, Poston L, Seed P, Roberts S and Ussher M, 2019. Protocol for a two-arm feasibility RCT to support postnatal maternal weight management and positive lifestyle behaviour in women from an ethnically diverse inner city population: the SWAN feasibility trial Pilot and Feasibility Studies. 5(117), Doi: 10.1186/s40814-019- 0497-3 • Avery, A., Hillier, S., Pallister, C., Barber, J., Lavin. J. (2016). Factors influencing engagement in postnatal weight management and subsequent weight and well-being outcomes. British Journal of Midwifery. November 2016				
Prof. Charlotte Wright	Committee member	Direct, financial	Professor of Community Child Health at the University of Glasgow	2005	27/10/2021	March 2022	Declare and participate



							Rationale: Not specific to the guideline
Prof. Charlotte Wright	Committee member	Direct, financial	Honorary Consultant in Community Child Health, NHS Greater Glasgow	2001	27/10/2021	March 2022	Declare and participate Rationale: Not specific to the guideline
Prof. Charlotte Wright	Committee member	Direct, non- financial professional and personal	I am a member of the UK Scientific Advisory committee on Nutrition (SACN) and its Maternal and Child subgroup	2015	27/10/2021	Ongoing	Declare and participate Rationale: Specific to the guideline but benefit of expertise likely to outweigh risks. SACN work informs government advice about maternal and child nutrition. This guideline is focused on increasing the uptake of some of that government advice so expertise about



							government advice is needed by this committee.
Prof. Charlotte Wright	Committee member	Direct, non- financial	Authored a number of publications:	2011	05/02/2022	N/A	Declare and participate
		professional and personal	Stamatia Michalopoulou1, Ada L. Garcia1, Linda Wolfson, Charlotte M. Wright "The role of mixed feeding in potentially undermining breastfeeding". Submitted to Public Health Nutrition Jan 5th 2022 Wright, C. M., T. J. Cole, M. Fewtrell, J. E. Williams, S. Eaton and J. C. Wells (2021). "Body composition data show that high body mass index centiles over- diagnose obesity in children aged under 6 years." Am J Clin Nutr. Published on line doi: 10.1093/ajcn/nqab421. Wright CM, Haig C, Harjunmaa U, et al. Assessing the optimal time interval between growth measurements using a combined data set of weights and heights from 5948 infants. Archives of disease in childhood 2021				Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks. If any of these publications are included in the evidence base, the member will be asked to withdraw from the drafting of recommendations which are based on evidence of which her publications form a part.



sweet/savoury foods. Arch



Routine Data Collection on Complementary Feeding to Child Health Visits: A Mixed-Methods Study." Int J Environ Res Public Health 16(10). Wright, C. M., L Marryat, J.
McColl, U. Harjunmaa and T. J. Cole (2018) "Pathways into and out of overweight and obesity from infancy to mid-childhood." Pediatr Obes 13(10): 621-627 Fletcher, S., C. Wright, A. Jones, K. Parkinson and A. Adamson (2017). "Tracking of toddler fruit and vegetable preferences to intake and adiposity later in childhood." Matern Child Nutr 13(2). Garcia, A. L., Mclean, K. & Wright, C. M. 2016. Types Of Fruits And Vegetables Used In Commercial Baby



Contribution To Sugar Content. Matern Child Nutr, 12, 838-47. Levin, D., Marryat, L., Cole, T. J., Mccoll, J., Harjunmaa, U., Ashorn, P. & Wright, C. 2016. Fit To Who Weight Standard Of European Infants Over Time. Arch Dis Child, 101, 455-60. Wright CM, Emond, A; Head Growth and Neurocognitive Outcomes, Pediatrics, 2015;135(6):e1393-8. Garcia, A.L., Raza, S., Parrett, A., & Wright, C.M. 2013. Nutritional content of infant commercial weaning foods in the UK. Arch.Dis.Child, 98, (10) 793-797 Wright CM, Cox KM, Sherriff A, Franco-Villoria M, Pearce MS, Adamson AJ To what extent do infancy weight gain and eating avidity predict later adiposity? 2012 PHN 15(4), 656-662. Wright CM, Cameron K, Tsiaka M, Parkinson KN, Is
baby-led weaning feasible?



			When do babies first reach out for and eat finger foods? Matern Child Nutr 2011; 7(1):27-33. Wright CM, Williams AF, Elliman D, Bedford H, Birks E, Butler G et al. Using the new UK-WHO growth charts. <i>BMJ</i> 2010; 340:c1140.				
Prof. Charlotte Wright	Committee member	Direct, non- financial professional and personal	New publication: "Associations between breastfeeding duration and adherence to complementary feeding recommendations in Scotland" to be published in Maternal & Child Nutrition	21.02.24	16.02.24	N/A	Declare and participate Rationale: Related to topics covered in the guideline but the benefit of expertise likely to outweigh risks. The publication would not have formed part of the evidence base for the evidence reviews even if published earlier.



Prof. Charlotte Wright	Committee member	Direct, non- financial professional and personal	New publication: "Does planning to mixed feed undermine breastfeeding?" published in Maternal & Child Nutrition	December 2023	16.02.24	N/A	Declare and participate Rationale: Related to topics covered in the guideline but the benefit of expertise likely to outweigh risks. The publication would not have formed part of the evidence base for the evidence reviews even if published earlier.
Prof. Charlotte Wright	Committee member	Direct, non- financial professional and personal	New publication: Dundas, R., M. Boroujerdi, S. Browne, M. Deidda, P. Bradshaw, P. Craig, E. McIntosh, A. Parkes, D. Wight, C. Wright and A. H. Leyland (2023). "Evaluation of the Healthy Start voucher scheme on maternal vitamin use and child breastfeeding: a natural experiment using data linkage." Public Health	2023	September 2024	N/A	Declare and participate. Rationale: Relates to guideline's topics but not specific to any evidence review question.



			Res (Southampt) 11(11): 1- 101.				
Dr Samantha Ross	Committee member	Direct, financial	GP Principal (and owner of practice – Dr Ross Practice)	September 2002	16/12/2021	Ongoing	Declare and participate Rationale: Not
							specific to guideline
Dr Samantha Ross	Committee member	Direct, financial	Honorary Clinical Senior Lecturer – University of	June 2016	16/12/2021	Ongoing	Declare and participate
			Glasgow				Rationale: Not specific to the guideline
Dr Samantha Ross	Committee member	Direct, non- financial	GP with specialist interest in paediatric nutrition	2007	16/12/2021	Ongoing	Declare and participate
		professional and personal	(Preschool growth and nutrition service- a community multidisciplinary team that provides clinical support and training for health visitors who manage common nutritional problems in children, Glasgow)				Rationale: May be specific to the guideline but unlikely to directly impact on development of recommendations.
Dr Samantha Ross	Committee member	Direct, non- financial professional and personal	GP undergraduate tutor at University of Glasgow- Year 3 Clinical Practice in the Community	2003	16/12/2021	Ongoing	Declare and participate



							Rationale: Not specific to guideline
Dr Samantha Ross	Committee member	Direct, non- financial professional and personal	GP Infant Feeding Network-I have been a member of this organization and have written educational materials for their webpages, including on Vitamin D supplementation. Currently no active projects	TBC	16/12/2021	Ongoing	Declare and participate Rationale: Guideline is looking at dose of Vitamin D for a subpopulation, not use of Vitamin D per se. Materials produced were educational and unlikely to directly impact on development of recommendations.
Dr Samantha Ross	Committee member	Direct, financial	NIHR final peer reviewer- payment received	2020	16/12/2021	2020	Declare and participate Rationale: Not specific to guideline
Dr Samantha Ross	Committee member	Indirect	NIHR research University of Dundee- Co-creation of an NHS-tailored	2020	16/12/2021	Early 2022	Declare and participate



			implementation and evaluation strategy framework to support women in the UK to breastfeed with a focus on reducing health inequities: evidence synthesis with stakeholder engagement-payment received for attendance				Rationale: Purpose of framework was to support implementation and evaluation. Unlikely to directly impact on development of recommendatio ns
Dr Samantha Ross	Committee member	Direct, financial	Published an article in Pulse magazine answering key questions on cow's milk allergy. I have since received an honorarium in the last month (April 2022) for this article as it is a magazine which receives GP subscriptions.	2021	16/12/2021	April 2022	Declare and participate Rationale: Not specific to guideline
Dr Samantha Ross	Committee member	Direct, non- financial professional and personal	Academic collaboration with members of University of Dundee, Huddersfield and Breastfeeding Network- publications on breastfeeding support	2020	16/12/2021	Ongoing	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks. If any of



							these publications are included in the evidence base, the member will be asked to withdraw from the drafting of recommendatio ns which are based on evidence of which her publications form a part.
Dr Samantha Ross	Committee member	Direct, non- financial professional and personal	Academic collaboration with colleagues in Midlands- ED attendance with infant feeding problems	2021	16/12/2021		Declare and participate Rationale: Not specific to guideline
Dr Samantha Ross	Committee member	Direct, financial	Primary Care International Clinical Associate- no recent projects outstanding, previously have written on NCDs and contributed to e- learning materials for payment.	2011	16/12/2021	Currently not involved in ongoing projects, last 2021	Declare and participate Rationale: Not specific to guideline
Dr Samantha Ross	Committee member	Direct, non- financial	GPIFN- have previously participated in projects and contributed on behalf of	TBC	16/12/2021	2018	Declare and participate



		professional and personal	GPIFN – Becoming Breastfeeding Friendly- travel costs reimbursed				Rationale: Not specific to guideline
Dr Samantha Ross	Committee member	Direct, non- financial professional and personal	Previous NICE committees for quality standards work	TBC	16/12/2021	2015, 2019/20	Declare and participate Rationale: Not specific to guideline
Dr Samantha Ross	Committee member	Direct, non- financial professional and personal	Involvement in research stakeholder group discussing experience of supporting women with long term medical conditions to breastfeed – University of Dundee	30/09/2022	20/09/2022	Ongoing	Declare and participate Rationale: Not specific to the guideline. The scope does not cover specialist interventions for women with long term medical conditions.
Dr Samantha Ross	Committee member	Direct, non- financial professional and personal	Participated in perinatal mental health workshop at Mother and Infant Research Unit, School of Health Sciences, University of Dundee	18/05/2023	29/06/2023	May 2023	Declare and participate Rationale: Not specific to guideline
Dr Samantha Ross	Committee member	Direct, non- financial	Submitted poster abstract about GP views on infant	November 2023	September 2024	November 2023	Declare and participate



		professional and personal	feeding support provision during the early pandemic to ABM for conference in November 2023, but withdrew from conference				Rationale: Relates to guideline's topics but not specific to any review question. The abstract is still searchable online although the member withdrew from the conference.
Mrs Shereen Fisher	Co-opted member	Direct, financial	I was employed as Chief Executive Officer for the Breastfeeding Network. BfN is a charity that supports women, parents and families with evidence-based, independent, non-judgmental information and support to breastfeed for as long as they choose. The work of the charity is focused on service provision to parents and families working with policy makers and government. They are not a lobbying organisation.	March 2013	03/03/2022	June 2022	Declare and participate Rationale: No longer a salaried employee of this charity and no potential for the individual or their previous employer to financially benefit from the recommendations made in the guideline



Mrs Shereen Fisher	Co-opted member	Direct, financial	As of 4 th July I will be taking up a new position of Programme Director for the Baby Friendly Initiative within Unicef UK. The BFI initiative is a joint Unicef and WHO program designed to improve practice for infant feeding and early years' relationships within health care settings. In the UK the program covers maternity, health visiting, neonatal units, children's centres and universities. The role will	04/07/2022	17/05/2022	Ongoing	Declare and participate Rationale: No potential for the individual or employer to financially benefit from the recommendations made in the guideline.
			include providing effective leadership to the BFI team, upholding BFI standards, managing quality assurance of the program, providing guidance and expertise on issues relating to infant feeding and the International Code of Marketing of Breastmilk Substitutes. While the role also involves advocacy responsibilities the program is an evidence based intervention working within				



			the public health service to help drive up standards – we are not a lobbying organisation or program.				
Mrs Shereen Fisher	Co-opted member	Direct, non- financial professional and personal	I am a committee member on the safer medicines in pregnancy and breastfeeding information consortium. The consortium is a voluntary body, convened by the Medicines in Health Regulatory Authority. It acknowledges that information available to women and healthcare professionals about taking medicines when pregnant or breastfeeding can be both inconsistent and inadequate for their needs and members share a common goal to meet the information needs of pregnant and breastfeeding women, their healthcare providers and anyone else involved in supporting breastfeeding and pregnant women.	June 2019	03/03/2022	Ongoing	Declare and participate Rationale: Not specific to the guideline because about safer medicines whilst breastfeeding.



Mrs Shereen Fisher	Co-opted member	Direct, non- financial professional and personal	I am a stakeholder on a research development group led by University of Dundee to co-create an NHS -tailored implementation and evaluation strategy framework to support women in the UK to breastfeed with a focus on reducing health inequities: evidence synthesis with stakeholder engagement	2020	03/03/2022	Ongoing to June 2022	Declare and participate Rationale: Specific to guideline, but benefit of expertise likely to outweigh risks
Dr Victoria Sibson	Committee member	Direct, financial	I am employed as the Director of the independent NGO First Steps Nutrition Trust (www.firststepsnutrition.org. uk), was formerly a deputy director of the Trust and prior to this was employed to work on a consultancy contract. We endeavour to fill practical and policyrelevant information gaps and provide impartial, evidence-based resources for health workers supporting eating well from pre-conception to five years. First Steps Nutrition Trust is supported by individual donations and	July 2018	09/12/2021	Ongoing	Declare and participate Rationale: Specific to guideline, but benefit of expertise likely to outweigh risks. As Director of First Steps Nutrition Trust it should be expected that the committee member would contribute to and promote outputs from



			conflict of interest free grants and does not work with organisations or individuals that work with, or take funding from, the breastmilk substitute industry.				the organisation. As outputs are impartial and evidence based should not pose a conflict to work on the guideline. If Trust outputs express strong opinions directly relevant to guideline recommendations, member may be asked to withdraw from discussions.
Dr Victoria Sibson	Committee member	Direct, financial	First Steps Nutrition Trust receives funds from the Institute for Health Visiting for my time spent participating in and advising the steering group for their Healthy Weight Healthy Nutrition project.	August 2021	09/12/2021	March 2022	Declare and participate Rationale: This role may cover discussions of the same areas as the guideline, but is unlikely to lead to a direct impact on the



							development of the recommendatio ns.
Dr Victoria Sibson	Committee member	Direct, financial	In my capacity as Director of First Steps Nutrition Trust I am undertaking the review and update of some elearning modules on infant and young child feeding for Health Education England/RCPCH	January 2022	28/02/2023	Ongoing	Declare and participate Rationale: Specific to guideline, but benefit of expertise likely to outweigh risks. As Director of First Steps Nutrition Trust it should be expected that the committee member would contribute to and promote outputs from the organisation. As outputs are impartial and evidence based should not pose a conflict to work



							on the guideline.
Dr Victoria Sibson	Committee member	Direct, non- financial professional and personal	In the context of my paid role as Director of First Steps Nutrition Trust I act as the Secretariat of the Baby Feeding Law Group UK (www.bflg-uk.org) which comprises 30 organisations who together advocate for the International Code of Marketing of Breastmilk Substitutes to be reflected in UK law. The aim of the BFLG UK is to protect breastfeeding and to enable parents to make informed decisions about how they feed their babies, including where necessary, their formula choice and use.	January 2019	09/12/2021	Ongoing	Declare and participate Rationale: Specific to guideline, but benefit of expertise likely to outweigh risks. The BFLG is concerned with regulation around the marketing of breastmilk substitutes. This guideline may deal with that issue indirectly regarding access and uptake of government advice about child nutrition including baby and infant feeding.



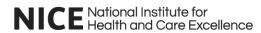
Dr Victoria Sibson	Committee member	Direct, non- financial professional and personal	In the context of my paid role as Director of First Steps Nutrition Trust I will be collaborating with academics at the universities of Swansea and Cardiff on a UKRI/FSA-funded 'Citizen Science for Food' study of the title: "Finding the right formula: Establishing the feasibility of doing science in the home to assess the safety of Powdered Infant Formula preparation". This project might yield data that are relevant to the NICE Maternal and Child Nutrition Guideline with respect to the content on uptake of existing guidance on safe and appropriate use of formula feeding after 8 weeks (page 9, draft scope) and draft question 3.3 What information about safe and appropriate use of formula feeding should be given to parents and carers after 8 weeks? (page 14, draft scope).	November 2021	09/12/2021	July 2022	Declare and participate Rationale: Study is ongoing. If data from the study, once published, are included in the evidence base for the guideline member may be asked to withdraw from review questions about formula feeding.
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Dr Victoria Sibson	Committee member	Direct, non- financial professional and personal	In the context of my paid role as Director of First Steps Nutrition Trust I have contributed to and actively promote the outputs available through our websites www.firststepsnutrition.org and www.infantmilkinfo.org, most of which are relevant to the scope of the NICE Maternal and Child Nutrition Guidelines and could be seen as evidence of clear opinions about the matter under consideration. However, all of our work is impartial and evidencebased.	July 2018	09/12/2021	April 2024	Declare and participate Rationale: Specific to guideline, but benefit of expertise likely to outweigh risks. As Director of First Steps Nutrition Trust it should be expected that the committee member would contribute to and promote outputs from the organisation. As outputs are impartial and evidence based should not pose a conflict to work on the guideline. If Trust outputs express strong opinions directly
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							relevant to guideline recommendatio ns, member may be asked to withdraw from discussions.
Dr Victoria Sibson	Committee member	Direct, non- financial professional and personal	In the context of my paid role as Director of First Steps Nutrition Trust I sit on the Food Foundation's Dietary Inequalities Project Strategy Board as an early years nutrition expert. This project will be undertaking research that might be relevant to the NICE Maternal and Child Nutrition Guidelines and will be undertaking policy and advocacy activities that might relate to relevant interventions.	September 2021	09/12/2021	March 2024	Declare and participate Rationale: Specific to guideline, but benefit of expertise likely to outweigh risks. As Director of First Steps Nutrition Trust it should be expected that the committee member would contribute to and promote outputs from the organisation. As outputs are impartial and evidence based should



							not pose a conflict to work on the guideline. If Trust outputs express strong opinions directly relevant to guideline recommendations, member may be asked to withdraw from discussions.
Dr Victoria Sibson	Committee member	Direct, non- financial professional and personal	In the context of my paid role as Director of First Steps Nutrition Trust I sit on the Unicef-UK Baby Friendly Initiative's designation committee as an expert on the International Code of Marketing of Breastmilk Substitutes. This means that I get to inform decisions made on the accreditation of maternity, neonatal, health visiting and children's centre services in relation to their support for families with infant feeding and	April 2021	09/12/2021	Ongoing	Declare and participate Rationale: not specific to guideline



			developing close, loving relationships.				
Dr Victoria Sibson	Committee member	Direct, non- financial professional and personal	In my capacity as Director of First Steps Nutrition Trust I am on the Breastfeeding Network Advisory panel.	May 2022	20/05/2022	Ongoing	Declare and participate Rationale: Specific to guideline, but benefit of expertise likely to outweigh risks.
Dr Victoria Sibson	Committee member	Indirect	MRC-funded research on infant food insecurity, led by Swansea university. First Steps is a paid collaborator.	August 2024	September 2024	Ongoing	Declare and participate Rationale: Potentially relates to guideline's topics but research is ongoing and have no influence on the recommendations made.
Dr Victoria Sibson	Committee member	Direct, financial	Speaker fee for First Steps for my participation in the Goodwood Health Summit, speaking about the	September 2024	September 2024	September 2024	Declare and participate Rationale: Educational talk which is



			importance of early years nutrition				unlikely to directly impact on development of recommendatio ns.
Dr Victoria Sibson	Committee member	Indirect	Funding for First Steps from the Nutritional Wellbeing Foundation	February 2024	September 2024	Ongoing	Declare and participate Rationale: Funding from a charitable foundation to the charity that the member is a director of is not a conflict of interest.
Dr Victoria Sibson	Committee member	Indirect	Funding for First Steps from Impact on Urban Health	October 2023	September 2024	Ongoing	Declare and participate Rationale: Funding from a charitable foundation to the charity that the member is a director of is not a conflict of interest.
Dr Victoria Sibson	Committee member	Indirect	Funding for First Steps from the Henry Oldfield Trust	August 2024	September 2024	N/A	Declare and participate



							Rationale: Funding from a charitable foundation to the charity that the member is a director of is not a conflict of interest.
Dr Victoria Sibson	Committee member	Direct, financial	Advocacy work for the Baby Feeding Law Group as a part of my paid employment at First Steps	2018	September 2024	Ongoing	Declare and participate Rationale: This is part of the member's role as the director of First Steps Nutrition Trust. This is not in conflict with the member's ability to be part of the guideline committee.
Dr Victoria Sibson	Committee member	Direct, non- financial professional and personal	Opinion piece including my quotes, on conflict of interest in SACN in the BMJ (by Sophie Borland) https://www.bmj.com/content/386/bmj.q1909	September 2024	September 2024	N/A	Declare and participate Rationale: Not specific to guideline



Dr Victoria Sibson	Committee member	Direct, non- financial professional and personal	First Steps policy report: Drinks marketed as growing up and toddler milks and drinks	September 2024	September 2024	N/A	Declare and participate Rationale: Related to guideline topics but benefit of expertise likely to outweigh risks. As Director of First Steps Nutrition Trust it should be expected that the committee member would contribute to and promote outputs from the organisation. As outputs are impartial and evidence based should not pose a conflict to work on the guideline.
Dr Victoria Sibson	Committee member	Direct, non- financial	Editorial in Clinical and Experimental Allergy: specialised infant milks	July 2024	September 2024	N/A	Declare and participate



		professional and personal					Rationale: Not specific to guideline.
Dr Victoria Sibson	Committee member	Direct, non- financial professional and personal	Editor of Maternal and Child Nutrition	July 2024	September 2024	Ongoing	Declare and participate Rationale: May be specific to guideline in some areas but benefit of expertise likely to outweigh risks.
Dr Victoria Sibson	Committee member	Direct, non- financial professional and personal	Peer reviewer and subject matter expert for NIHR	April 2024	September 2024	Ongoing	Declare and participate Rationale: May be specific to guideline in some areas but benefit of expertise likely to outweigh risks.
Anita Kambo	Committee member	Direct, non- financial professional and personal	I have very recently been appointed as a Community Researcher and an associate of Dartington Service Design Lab – a charity working to improve outcomes for children and	09/12/2021	12/12/2021	Ongoing	Declare and participate Rationale: not specific to guideline



			young people. I will be working closely with the Lambeth Early Action Partnership (LEAP).				
Anita Kambo	Committee member	Direct, non- financial professional and personal	I trained with and now volunteer as a Peer Supporter for the Breastfeeding Network. This role has come about through my personal experience of breastfeeding. I take a completely non-judgmental perspective in this role, and remain unbiased in the feeding methods chosen by parents.	October 2020	12/12/2021	Ongoing	Declare and participate Rationale: Not specific to guideline as decisions about method of feeding are not in the scope.
Amber Marshall	Committee member	Direct, financial	Lay Committee member for development of Birmingham University midwifery course (to be launched Sept 2022)	September 2021	10/12/2021	Ongoing	Declare and participate Rationale: Not specific to guideline
Amber Marshall	Committee member	Direct, financial	Interview for 'Bun In The Oven' podcast re high BMI pregnancy	01/112021	10/12/2021	N/A	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely



							to outweigh risks.
Amber Marshall	Committee member	Direct, financial	Occasional PPI involvement in research studies (various universities) on topics relating to high BMI pregnancy – e.g. Cardiovascular health in high BMI pregnancy, weight management in the intrapartum period, NMPA sprint audit for pregnancies with a BMI 30+, water birth in pregnancies BMI 30+, development of NHS Baby Buddy app etc	2018	10/12/2021	Ongoing	Declare and participate Rationale: Studies may be specific to guideline but benefit of expertise likely to outweigh risks.
Amber Marshall	Committee member	Direct, non- financial professional and personal	Founder of non-profit website BigBirthas.co.uk and affiliated Facebook group – providing information and support re higher BMI pregnancy	2010	10/12/2021	Ongoing	Declare and participate Rationale: May be specific to guideline but not a campaigning organisation (provides information and support) so benefit of expertise likely to outweigh risks.



Amber Marshall	Committee member	Direct, financial	Guest speaker at 'Reprofest' Conference, Preston – Title "Big Fat Positive - How to stay joyful in a maternity system obsessed that you're doomed to fail"	29/04/2022	23/06/2022	29/4/2022	Declare and participate Rationale: Not specific to the guideline.
Amber Marshall	Committee member	Direct, financial	Lecturing – expert by lived experience – for Staffordshire University Midwifery course	08/03/2023	10/03/2023	Ongoing	Declare and participate Rationale: Not specific to the guideline.
Amber Marshall	Committee member	Direct, financial	Public Speaking – 20 min talk at Birth Trauma Summit – recorded and available online for 1yr	02/05/2023	02/05/2024	27/03/2023	Declare and participate Rationale: Not specific to the guideline.
Amber Marshall	Committee member	Direct, financial	Lay Member Representative on James Lind RCM Midwifery and Maternity Priority Setting Partnership Steering Group	11/09/2023	11/09/2023	Ongoing	Declare and participate Rationale: Not specific to the guideline.
Amber Marshall	Committee member	Direct, financial	Speaking at UK Midwifery Study System Study Day "My (Big) Body, My Choice"	11/03/2024	27/02/2024	11/0/2024	Declare and participate Rationale: Not specific to the guideline



Amber Marshall	Committee member	Direct, financial	Speaking at Doula UK Conference "Big Fat Positive - Staying joyful in a system obsessed with the negatives of higher BMI pregnancies"	23/03/2024	27/02/2024	23/03/2024	Declare and participate Rationale: Touches on similar issues than what is covered in the guideline but not specific enough to pose a conflict of interest.
Amber Marshall	Committee member	Direct, non- financial professional and personal	Co-author on UKMidSS article "Outcomes for women with diabetes admitted for labour care to midwifery units in the UK: A national prospective cohort study and a survey of practice using the UK Midwifery Study System (UKMidSS)" expected to be published shortly.	06/03/2024	06/03/2024	Ongoing	Declare and participate Rationale: Not specific to the guideline.
Amber Marshall	Committee member	Direct, financial	Public Speaking – Doula UK – re high BMI pregnancy and weight stigma	March 2024	11/04/2024	March 2024	Declare and participate Rationale: Touches on similar issues than what is covered in the guideline but not specific



							enough to pose a conflict of interest.
Amber Marshall	Committee member	Direct, financial	Public Speaking – Conferences for UKMidSS (NPEU), Oxford Brookes University, Sheffield Hallam University – all re high BMI pregnancy and water birth	March 2024	11/04/2024	April 2024	Declare and participate Rationale: Not specific to the guideline
Amber Marshall	Committee member	Direct, financial	Guest lecture – Health psychology in relation to maternity services from the perspective of marginalised groups at Manchester University	April 2024	11/04/2024	April 2024	Declare and participate Rationale: Not specific to the guideline
Amber Marshall	Committee member	Direct, financial	Owner/developer of a multivendor marketplace website for celebration cakemakers – Caketu.com. Not launched live to consumers yet hopefully in June or July.	May 2024	16/05/2024	Ongoing	Declare and participate Rationale: Not specific to the guideline
Amber Marshall	Committee member	Direct, financial	Panel speaker at BabyLifeline Conference re risk communication in pregnancy	September 2024	28/05/2024	September 2024	Declare and participate Rationale: Not specific to the guideline



Lucilla Poston	Committee member	Direct, financial	Head of School of Life Course Sciences – King's College London	2017	05/04/2022	August 24	Declare and participate Rationale: Not specific to the guideline
Lucilla Poston	Committee member	Direct, financial	Theme lead KCL/GSTT Biomedical Research Centre 'Women and Children's Health theme'	2017	05/04/2022	April 22	Declare and participate Rationale: Not specific to the guideline
Lucilla Poston	Committee member	Direct, financial	Tommy's Charity Professor of Maternal and Fetal Health, Department of Women and Children's Health, King's College London	1995	05/04/2022	August 23	Declare and participate Rationale: Not specific to the guideline
Lucilla Poston	Committee member	Direct, financial	Professor of Maternal and Fetal Health, King's College London	2024	20/09/24	Ongoing	Declare and participate Rationale: Paid employment in academia
Lucilla Poston	Committee member	Direct, financial	Advisor on UpToDate (USA publication for clinicians), work related to gestational weight gain in pregnancy.	2019	April 2022	Ongoing	Declare and participate Rationale: Specific to guideline but benefit of expertise likely



							to outweigh risks
Lucilla Poston	Committee member	,	Member of the DHSC, Scientific Advisory Committee on Nutrition.	2018	April 2022	Ongoing	Declare and participate
			Honorarium received.				Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks
Lucilla Poston	Committee member	Direct, financial	Member of the DHSC Scientific Advisory Committee on Sub Committee Maternal and Child Nutrition. Honorarium received.	2017	April 2022	Ongoing	Declare and participate Rationale: Specific to the guideline but benefit of expertise likely to outweigh risks. SACN work informs government advice about maternal and child nutrition.
							This guideline is focused on increasing the uptake of some of that government



							advice so expertise about government advice is needed by this committee.
Lucilla Poston	Committee member	Direct, non- financial professional or personal interest	President of the International Society for the Developmental Origins of Health and Disease	2019	20/09/24	Ongoing	Declare and participate Rationale: Not specific to the guideline
Lucilla Poston	Committee member	Direct, non- financial professional or personal interest	PI UPBEAT study, UK trial of obese pregnant women and their children. Multiple of publications which may be of relevance to the subject of the committee. Author of meta-analyses of data including UPBEAT.	2016	April 2022	2016	Declare and participate Rationale: Specific to guideline but benefit of expertise likely to outweigh risks. If this trial is published and included in the evidence base, the member will be asked to withdraw from the drafting of recommendations which are based on



		evidence of which her publication forms a part. Update:
		The following two studies published by the committee member formed part of the evidence base for one review, however, these studies did not end up having an impact on the recommendatio ns made:
		Poston L, Bell R, Croker H, et al. Effect of a behavioural intervention in obese pregnant women (the UPBEAT study): A multicentre, randomised controlled trial.



			Lancet Diabetes Endocrinology. 2015;3(10):767 -777.
			Poston L, Bell R, Briley AL, Godfrey KM, Nelson SM, Oteng-Ntim E, Sandall J, Sanders TAB, Sattar N, Seed PT, Robson SC, Trépel D, Wardle J. Improving pregnancy outcome in obese women: the UK Pregnancies Better Eating and Activity randomised controlled Trial. Southampton (UK): NIHR Journals Library 2017;5(10):1-
			444.



Lucilla Poston	Committee member	Direct, non- financial professional or personal interest	Member of Diabetes UK grant committee	2022	20/09/24	Ongoing	Declare and participate Rationale: Not specific to the guideline
Lucilla Poston	Committee member	Direct, financial professional or personal interest	Member of MRC Applied Global Health Research board	2018	April 2022	2023	Declare and participate Rationale: Not specific to the guideline
Lucilla Poston	Committee member	Direct, financial	Member MRC Africa Research Leadership Panel. Honorarium received.	2024	20/09/24	Ongoing	Declare and participate Rationale: Not specific to the guideline
Lucilla Poston	Committee member	Direct, financial	Member Wellcome Trust Career Development Award Interview Committee. Honorarium received.	2022	April 2022	10/09/24	Declare and participate Rationale: Not specific to the guideline
Lucilla Poston	Committee member	Direct, non- financial professional and personal	Bick D, Taylor C, Avery A, Bhavnani V, Craig V, Healey A, Khazaezadeh N, McMullen S, Oki B, Oteng-Ntim E, O'Connor S, Poston L, Seed P, Roberts S and Ussher M, 2019. Protocol for a	2019	2023	Ongoing	Declare and participate Rationale: Postnatal weight management is outside the



			two-arm feasibility RCT to support postnatal maternal weight management and positive lifestyle behaviour in women from an ethnically diverse inner city population: the SWAN feasibility trial Pilot and Feasibility Studies. 5(117), Doi: 10.1186/s40814-019-0497-3				scope of this guideline.
Lucilla Poston	Committee member	Direct, non- financial professional and personal	Lecture to Webinar on Women's Health Across the Lifespan; title 'Government Strategies on Nutrition'	March 2023	19/04/2023	April 2024	Declare and participate Rationale: May be specific to the guideline but benefit of expertise likely to outweigh risks and lecture focuses on reflections of existing government strategies rather than expressing



							strong opinions.
Lucilla Poston	Committee member	Direct, non- financial	Named author on below publications:	June 2023	29/06/2023	N/A	Declare and participate
		professional and personal	1. Myo-inositol nutritional supplement for prevention of gestational diabetes (EMmY): a randomised, placebo-controlled, doubleblind pilot trial with nested qualitative study. Amaefule CE, Drymoussi Z, Gonzalez Carreras FJ, Pardo Llorente MDC, Lanz D, Dodds J, Sweeney L, Pizzo E, Thomas A, Heighway J, Daru J, Sobhy S, Poston L, Khalil A, Myers J, Harden A, Hitman G, Khan KS, Zamora J, Pérez T, Huda MSB, Thangaratinam S. BMJ Open. 2022 Mar 11;12(3):e050110. doi: 2. Gestational weight gain outside the Institute of Medicine recommendations				Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks. If any of these publications are included in the evidence base, the member will be asked to withdraw from the drafting of recommendations which are based on evidence of which her publications form a part. Update: The following two studies published by the committee member



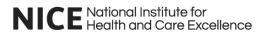
and adverse pregnancy outcomes: analysis using individual participant data from randomised trials. Rogozińska E, Zamora J, Marlin N, Betrán AP, Astrup A, Bogaerts A, Cecatti JG, Dodd JM, Facchinetti F, Geiker NRW, Haakstad LAH, Hauner H, Jensen DM, Kinnunen TI, Mol BWJ, Owens J, Phelan S, Renault KM, Salvesen KÅ, Shub A, Surita FG, Stafne SN, Teede H, van Poppel MNM, Vinter CA, Khan KS, Thangaratinam S; International Weight Management in Pregnancy (i-WIP) Collaborative Group.	formed part of the evidence base for one review, however, these studies did not end up having an impact on the recommendations made: Poston L, Bell R, Croker H, et al. Effect of a behavioural intervention in obese pregnant women (the UPBEAT study): A multicentre, randomised controlled trial. Lancet
(i-WIP) Collaborative	controlled trial.
2019 Sep 2;19(1):322. doi: 10.1186/s12884-019-2472- 7.	Poston L, Bell R, Briley AL,
PMID: 31477075 Free PMC article.	Godfrey KM, Nelson SM,



Scudeller TT, Shen G, Shub therefore not
--



A, Stafne SN, Surita FG,	been assessed
Thangaratinam S, Tonstad	for relevance or
S, van Poppel MNM, Vinter	included in the
C, Vistad I, Yeo S,	evidence base
McAuliffe FM; i-WIP	if it were
(International Weight	relevant:
Management in Pregnancy)	
Collaborative Group.	Dodd JM,
	Louise J,
BMJ Open. 2019 Aug	Deussen AR,
1;9(8):e025620. doi:	Mitchell M,
10.1136/bmjopen-2018-	Poston L.
025620.	Rethinking
020020.	causal assumptions
PMID: 31375602 Free PMC	about maternal
article. "	BMI,
artiolo.	gestational
"4. Effects of antenatal diet	weight gain,
and physical activity on	and adverse
maternal and fetal	pregnancy
	outcomes.
outcomes: individual patient	BMC Med.
data meta-analysis and	2024 May
health economic evaluation.	15;22(1):197.
	doi:
Rogozińska E, Marlin N,	10.1186/s1291
Jackson L, Rayanagoudar	6-024-03410-2.
G, Ruifrok AE, Dodds J,	PMID:
Molyneaux E, van Poppel	38750522; PMCID:
MN, Poston L, Vinter CA,	PMC11094971.
McAuliffe F, Dodd JM,	1 100 1 103431 1.
	_1



Owens J, Barakat R, Perales M, Cecatti JG, Surita F, Yeo S, Bogaerts A, Devlieger R, Teede H, Harrison C, Haakstad L, Shen GX, Shub A, Beltagy NE, Motahari N, Khoury J, Tonstad S, Luoto R, Kinnunen TI, Guelfi K, Facchinetti F, Petrella E, Phelan S, Scudeller TT, Rauh K, Hauner H, Renault K, de Groot CJ, Sagedal LR, Vistad I, Stafne SN, Mørkved S, Salvesen KA, Jensen DM, Vitolo M, Astrup A, Geiker NR, Kerry S, Barton P, Roberts T, Riley RD, Coomarasamy A, Mol BW, Khan KS, Thangaratinam S. Health Technol Assess. 2017 Aug;21(41):1-158. doi: 10.3310/hta21410. PMID: 28795682 Free PMC article. Review. "	



"5. Effect of diet and
physical activity based
interventions in pregnancy
on gestational weight gain
and pregnancy outcomes:
meta-analysis of individual
participant data from
randomised trials.
International Weight
Management in Pregnancy
(i-WIP) Collaborative
Group.
DM I 2017 Jul
BMJ. 2017 Jul
19;358:j3119. doi: 10.1136/bmj.j3119.
10.1130/bittj.j3119.
PMID: 28724518 Free PMC
article. Review. "
"6. Dietary interventions in
overweight and obese
pregnant women: a
systematic review of the
content, delivery, and outcomes of randomized
controlled trials.
Controlled trials.



Flynn AC, Dalrymple K, Barr S, Poston L, Goff LM, Rogozińska E, van Poppel MN, Rayanagoudar G, Yeo S, Barakat Carballo R, Perales M, Bogaerts A, Cecatti JG, Dodd J, Owens J, Devlieger R, Teede H, Haakstad L, Motahari- Tabari N, Tonstad S, Luoto R, Guelfi K, Petrella E, Phelan S, Scudeller TT, Hauner H, Renault K, Sagedal LR, Stafne SN, Vinter C, Astrup A, Geiker NR, McAuliffe FM, Mol BW, Thangaratinam S; i-WIP (International Weight Management in Pregnancy) Collaborative Group.
Nutr Rev. 2016 May;74(5):312-28. doi: 10.1093/nutrit/nuw005.
PMID: 27083868 Review. "
"7. Development of composite outcomes for individual patient data (IPD)



meta-analysis on the effects
of diet and lifestyle in
pregnancy: a Delphi survey.
pregnancy. a Delprii survey.
Rogozinska E, D'Amico MI,
Khan KS, Cecatti JG,
Teede H, Yeo S, Vinter CA,
Rayanagoudar G, Barakat
R, Perales M, Dodd JM,
Devlieger R, Bogaerts A,
van Poppel MN, Haakstad
L, Shen GX, Shub A, Luoto
R, Kinnunen TI, Phelan S,
Poston L, Scudeller TT, El
Beltagy N, Stafne SN,
Tonstad S, Geiker NR,
Ruifrok AE, Mol BW,
Coomarasamy A,
Thangaratinam S;
International Weight
Management in Pregnancy
(iWIP) Collaborative Group.
BJOG. 2016
Jan;123(2):190-8. doi:
10.1111/1471-0528.13764.
PMID: 26841002 "



"8. Modifiable Determinants
of Postpartum Weight Loss
in Women with Obesity: A
Secondary Analysis of the
UPBEAT Trial.
Dalrymple KV, Uwhubetine
O, Flynn AC, Pasupathy D,
Briley AL, Relph SA, Seed
PT, O'Keeffe M, Poston L.
Nutrients. 2021 Jun
9;13(6):1979. doi: 10.3390/nu13061979.
10.5590/11u15061979.
PMID: 34207523 Free PMC
article. Clinical Trial. "
"9. The UK Pregnancies
Better Eating and Activity
Trial (UPBEAT); Pregnancy
Outcomes and Health
Behaviours by Obesity
Class.
Peacock L, Seed PT,
Dalrymple KV, White SL,
Poston L, Flynn AC.
Int J Environ Res Public
Health. 2020 Jun



30;17(13):4712. doi:
10.3390/ijerph17134712.
PMID: 32629997 Free PMC
article. "
"10. Improving pregnancy outcome in obese women:
the UK Pregnancies Better
Eating and Activity
randomised controlled Trial.
Poston L, Bell R, Briley AL,
Godfrey KM, Nelson SM,
Oteng-Ntim E, Sandall J,
Sanders TAB, Sattar N,
Seed PT, Robson SC, Trépel D, Wardle J.
Treper D, Wardie 3.
Southampton (UK): NIHR
Journals Library; 2017 Apr.
DMD 00074004 5
PMID: 28671801 Free Books & Documents.
Review. "
Neview.
"11. Dietary patterns in
obese pregnant women;
influence of a behavioral
intervention of diet and
physical activity in the



UPBEAT randomized controlled trial.
Flynn AC, Seed PT, Patel N, Barr S, Bell R, Briley AL, Godfrey KM, Nelson SM, Oteng-Ntim E, Robinson SM, Sanders TA, Sattar N, Wardle J, Poston L, Goff LM; UPBEAT consortium.
Int J Behav Nutr Phys Act. 2016 Nov 29;13(1):124. doi: 10.1186/s12966-016-0450- 2.
PMID: 27894316 Free PMC article. Clinical Trial. "
"12. Effect of a behavioural intervention in obese pregnant women (the UPBEAT study): a multicentre, randomised controlled trial.
Poston L, Bell R, Croker H, Flynn AC, Godfrey KM, Goff L, Hayes L, Khazaezadeh N, Nelson SM, Oteng-Ntim



E, Pasupathy D, Patel N, Robson SC, Sandall J, Sanders TA, Sattar N, Seed
PT, Wardle J, Whitworth
MK, Briley AL; UPBEAT Trial Consortium.
Thai Consolium.
Lancet Diabetes Endocrinol.
2015 Oct;3(10):767-77. doi:
10.1016/S2213-
8587(15)00227-2. Epub
2015 Jul 9.
PMID: 26165396 Clinical
Trial. "
"13. Developing a complex
intervention for diet and
activity behaviour change in
obese pregnant women (the
UPBEAT trial); assessment
of behavioural change and
process evaluation in a pilot
randomised controlled trial.
Poston L, Briley AL, Barr S,
Bell R, Croker H, Coxon K,
Essex HN, Hunt C, Hayes
L, Howard LM,
Khazaezadeh N, Kinnunen



			T, Nelson SM, Oteng-Ntim E, Robson SC, Sattar N, Seed PT, Wardle J, Sanders TA, Sandall J. BMC Pregnancy Childbirth. 2013 Jul 15;13:148. doi: 10.1186/1471-2393-13-148. PMID: 23855708 Free PMC article. Clinical Trial. " Dodd JM, Louise J, Deussen AR, Mitchell M, Poston L. Rethinking causal assumptions about maternal BMI, gestational weight gain, and adverse pregnancy outcomes. BMC Med. 2024 May 15;22(1):197. doi: 10.1186/s12916-024-03410-2. PMID: 38750522; PMCID: PMC11094971.				
Lucilla Poston	Committee	Direct, non-	Talk at online Webinar;	05/03/2024	lanuary	05/03/2024	Declare and
Lucilla Postoli	member	financial professional and personal	Innovations in Women's health' titled: 'Gestational Weight Gain: an Update'	03/03/2024	January 2024	03/03/2024	participate. Rationale: Specific to the guideline but benefit of expertise likely



							to outweigh risks.
Lucilla Poston	Committee member	Direct, non- financial professional and personal	Member of iWIP consortium. International Weight Management in Pregnancy https://www.i-wip.com	2013	January 2024	Ongoing	Declare and participate. Rationale: Specific to the guideline but benefit of expertise likely to outweigh risks.
Lucilla Poston	Committee member	Direct, non- financial professional and personal	Chair, Scientific Advisory Board, BORNE Charity (premature birth)	2024	20/09/24	Ongoing	Declare and participate Rationale: Not specific to the guideline
Lucilla Poston	Committee member	Indirect	Research Grant; Co-Investigator Almond Board of California Can almond nut consumption improve nocturnal glycaemic control in women diagnosed with gestational diabetes mellitus? Grant received by the university.	2021	20/09/24	Ongoing	Declare and participate Rationale: Potentially specific to the review question on healthy lifestyle interventions for women with gestational diabetes but



							research ongoing and was not included in the evidence review. Grant received by the university, not personally.
Dr Ellinor Olander	Co-opted member	Direct, financial	Senior Lecturer in Maternal and Child Health, School of Health Sciences, City, University of London	2016	20/04/2022	Ongoing	Declare and participate Rationale: Not specific to the guideline
Dr Ellinor Olander	Co-opted member	Direct, financial	Paid by Nursing in Practice to write article on weight management in pregnancy: Olander, E. (2015). Weight management in pregnancy. Nursing in Practice, Community Midwife Special, September/October, 19-24.	2015	April 2022	N/A	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks. If this publication is included in the evidence base, member may



							be asked to withdraw from relevant discussions. Update: There was no need for the member to withdraw because this study did not form part of the evidence base.
Dr Ellinor Olander	Co-opted member	Direct, financial	Paid by British Journal of Midwifery to write article on weight management in young pregnant and postnatal women: Olander, E., Lucas, G., & Salmon, D. (2018). Weight management during teenage pregnancy: issues to consider when developing appropriate support. British Journal of Midwifery, 26(12), 770-774.	2018	April 2022	N/A	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks. If this publication is included in the evidence base, member may be asked to



							withdraw from relevant discussions.
Dr Ellinor Olander	Co-opted member	Direct, non- financial professional and personal	Member of the scientific advisory board for the charity Active Pregnancy Foundation. This charity advocates for a healthy active pregnancy, including physical activity to benefit physical strength, mental health and weight management.	2020	April 2022	Ongoing	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks
Dr Ellinor Olander	Co-opted member	Direct, non- financial professional and personal	Co-author of an editorial about benefits of physical activity in pregnancy Full reference - Mills, H., Atkinson, L., Olander, E., Smith, D., Hayes, L., Currie, S., & De Vivo, M. (2020). Bump start needed: linking guidelines, policy and practice in promoting physical activity during and beyond pregnancy. British journal of sports medicine, 54(13), 764-765.	2020	April 2022	N/A	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks.



Dr Ellinor Olander	Co-opted member	Direct, non- financial professional and personal	Member of Supporting Preconception, Pregnant and Postnatal women to be Physically Active (SPPPPA) working group, which aims to encourage more funding, research and focus on physical activity during pregnancy and postpartum. This group is made up of UK-based academics with a shared interest in physical activity during the perinatal period and is funded by the British Psychological Society.	2020	April 2022	Ongoing	Declare and participate Rationale: Specific to guideline, but benefit of expertise likely to outweigh risks. The SPPPA is a working group of academics concerned with research that focuses on physical activity during pregnancy and postpartum. It is not a campaigning or advocacy organisation but an information sharing network.
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Dr Ellinor Olander	Co-opted member	Direct, non-financial professional and personal	I have authored a number of publications that are relevant to the guideline topic. 1. Olander, E. K., Hill, B., & Skouteris, H. (2021). Healthcare professional training regarding gestational weight gain: Recommendations and future directions. Current Obesity Reports. 2. Redsell, SA, Slater, V, Rose, J, Olander, EK, Matvienko-Sikar, K. (2021). Barriers and enablers to caregivers' responsive feeding behaviour: A systematic review to inform childhood obesity prevention. Obesity Reviews, available online. 3. Lucas, G., Olander, E. K., & Salmon, D. (2021). Bodies of concern? A qualitative exploration of eating, moving and embodiment in young mothers. Health, available online 4. Teychenne, M., Apostolopoulos, M., Ball, K., Olander, E. K., Opie, R. S.,	2011	April 2022	N/A	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks. If any of these publication is included in the evidence base, member may be asked to withdraw from relevant discussions.
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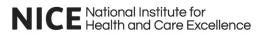
Rosenbaum, S., & Laws, R.
(2021). Key stakeholder
perspectives on the
development and real-world
implementation of a home-
based physical activity
program for mothers at risk
of postnatal depression: a
qualitative study. BMC
Public Health, 21(1), 361.
doi:10.1186/s12889-021-
10394-8
5. Yazdizadeh, B.,
Walker, R., Skouteris, H.,
Olander, E. K., & Hill, B.
(2021). Interventions
improving health
professionals' practice for
addressing patients' weight
management behaviours:
systematic review of
reviews. Health Promotion
International, 36(1), 165-
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6. Apostolopoulos, M.,
Hnatiuk, J. A., Maple, JL.,
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L., van der Pligt, P., &
Teychenne, M. (2021).
Influences on physical
activity and screen time
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women with heightened
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qualitative study. BMC Pregnancy and Childbirth, 21(1), 376. 7. Toomey, E., Flannery, C., Matvienko- Sikar, K., Olander, E.K., Hayes, C., Heffernan, T.,Heary, C. (2021). Exploring healthcare professionals' views of the acceptability of delivering interventions to promote healthy infant feeding practices within primary care: A qualitative interview study. Public Health Nutrition, 24(10), 2889- 2899.
Opie, R. S., Olander, E. K., Brennan, L., Ball, K. (2021). Mums on the Move: A pilot randomised
controlled trial of a home-based physical activity intervention for mothers at risk of postnatal depression.
Midwifery, 93, 102898. 9. Lucas, G., Olander, E. K., & Salmon, D. (2020).
Healthcare professionals' views on supporting young mothers with eating and



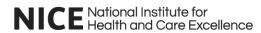
study using the COM-B framework. Health and Social Care in the Community, 28(1), 69-80. 10. Paylova, N. Teychenne, M., & Olander, E. K. (2020). The concurrent acceptability of a postnatal walking group: A Qualitative Study Using the Theoretical Framework of Acceptability. International Journal of Environmental Research and Public Health, 17(14), 5027 11. Flannery, C., Fredrix, M., Olander, E. K., McAuliffe, F. M., Byrne, M., & Kearney, P. M. (2019). Effectiveness of physical activity interventions for overweight and obesity during pregnancy: a systematic review of the content of behaviour change interventions. International Journal of Behavioral Nutrition and Physical Activity, 16(1), 97, 12. Olander, E.K., Berg, F., Berg, M., & Dencker, A. (2019). Offering weight	
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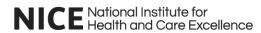
management support to pregnant women with high body mass index: a qualitative study with midwives. Sexual & Reproductive Healthcare, 20, 81-86. 13. Walker, R., Olander, E. K., Hill, B., Willey, S., & Skouteris, H. (2019). Weight management across pregnancy and postpartum care: The need for interprofessional education and collaboration. Nurse Education Practitioner, 41, 102651. 14. Teychenne, M., van der Plijtt, Abbott, G., Brennan, L., Olander, E.K. (2018). Feasibility and acceptability of a home-based physical activity program for postnatal women with depressive symptoms: A pilot study. Mental Health and Physical Activity, 14, 82-89. 15. Hillier, S. E., & Olander, E. K. (2017).
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			22. Olander, E.K. & Atkinson, L. (2013). Obese women's reasons for not attending a weight management service during pregnancy. Acta Obstetricia et Gynecologica Scandinavica, 92(10), 1227-1230. 23. Olander, E.K., Atkinson, L., Edmunds, J.K. & French, D.P. (2012). Promoting healthy eating in pregnancy: What kind of support services do women say they want? Primary Health Care Research and Development. 13, 237-243. 24. Olander, E.K., Atkinson, L., Edmunds, J.K. & French, D.P. (2011). The views of pre- and post-natal women and health professionals regarding gestational weight gain: an exploratory study. Sexual & Reproductive Healthcare, 2, 43–48.				
Dr Ellinor Olander	Co-opted member	Direct, financial	and Francis to review a book proposal on maternal	2022	09/05/2022	2022	Declare and participate
			obesity				Rationale: May be specific to



							guideline but benefit of expertise likely to outweigh risks.
Dr Ellinor Olander	Co-opted member	Direct, financial	Paid by Queens University Belfast to examine PhD thesis on intervention to support weight management in postpartum women.	2019	18/05/2022	2019	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks.
Dr Ellinor Olander	Co-opted member	Direct, financial	Paid by University of Stirling to examine PhD thesis on midwifery intervention to support behaviour change in pregnant women.	2020	18/05/2022	2020	Declare and participate. Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks.
Dr Ellinor Olander	Co-opted member	Direct, financial	Paid by Nottingham Trent University to examine PhD thesis on exercise, diet and	2021	18/05/2022	2021	Declare and participate.



			weight management in postpartum women with overweight or obesity.				Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks.
Prof. Vivien Swanson	Co-opted member	Direct, financial	Professor of Health Psychology – University of Stirling	01/08/2023	01/03/2022	Ongoing	Declare and participate
			Curing				Rationale: Not specific to the guideline
Prof. Vivien Swanson	Co-opted member	Direct, financial	Co-Director, Professional Doctorate Health Psychology – University of Stirling	01/09/2019	01/03/2022	Ongoing	Declare and participate Rationale: Not specific to the guideline
Prof. Vivien Swanson	Co-opted member	Direct, financial	Programme Lead, Health Psychology Secondment to NHS Education for Scotland (0.4 FTE)	Feb 2013	01/03/2022	30/09/2022	Declare and participate Rationale: Not specific to the guideline
Prof. Vivien Swanson	Co-opted member	Direct, financial	Fellow of the Royal College of Physicians of Edinburgh	August 2018	01/03/2022	Ongoing	Declare and participate



							Rationale: Not specific to the guideline
Prof. Vivien Swanson	Co-opted member	Direct, non- financial professional and personal	NIHR funded study - Co- creation of an NHS-tailored implementation and evaluation strategy framework to support women in the UK to breastfeed with a focus on reducing health inequities: evidence synthesis with stakeholder engagement Advisory Group Member, 2021	May 2021	24/10/2021	2022	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks.
Prof. Vivien Swanson	Co-opted member	Direct, non- financial professional and personal	Member of the Scottish Preconception Health Research Network	2024	22/09/2024	Ongoing	Declare and participate. Rationale: Being part of a research network is not in conflict of committee membership.
Prof. Vivien Swanson	Co-opted member	Direct, non- financial professional and personal	Keynote Lecture: 'Why bother with breastfeeding behaviour'. British Psychological Society, Division of Health	6/6/2024	22/09/2024	6/6/2024	Declare and participate. Rationale: May be specific to



			Psychology Annual Conference, Stirling June 2024.				guideline but benefit of expertise likely to outweigh risks.
Prof. Vivien Swanson	Co-opted member	Indirect	Research Grant Awarded to University of Stirling as Co-Investigator: Olfactory communication in the first weeks of life: from chemical mechanisms to improving breastfeeding outcomes. Funder Wellcome, £3.5 million.	2024	01/10/2024	Ongoing	Declare and participate. Rationale: Not specific to guideline.
Prof. Vivien Swanson	Co-opted member	Direct, non- financial professional and personal	I have obtained research funding, presented at academic conferences and published over 25 academic papers from 2000 onwards using health psychology to understand women's infant nutrition behaviours and support promotion of optimal nutrition: Henton, S., Swanson V. (2022) A mixed-methods analysis of the role of online social support to promote psychological wellbeing in new mothers" Digital	2000	07/02/23	N/A	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks.



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V., Power KG., Slane P. (2008) What maternal factors influence the diet of toddlers living in deprived areas: a cross-sectional survey. Public Health Nutrition 12 (8), 1254-1260. http://journals.cambridge.



org/action/displayAbstrac t?aid=2347680 Breastfeeding Expert Group (Scotland). Completing the Circle: Evidence into Practice. Breastfeeding initiation and duration –what works? NHS Health Scotland. March 2006. www.healthscotland.com	
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			of infant feeding in new mothers and their partners. In: J Watson, S Platt (Eds) Researching Health Promotion, Routledge, London and New York.				
Prof. Vivien Swanson	Co-opted member	Non- Financial Interest	New Publication - Preconception knowledge, beliefs and behaviours among people of reproductive age: A systematic review of qualitative studies - ScienceDirect	October 2023	01.11.23	Ongoing	Declare and participate Rationale: Not specific to the guideline
Dr Catherine McParlin	Committee member	Direct, financial	Research Midwife/Research Fellow, LMNS & ARC North East, North Cumbria	01/01/2022	20/07/2022	Ongoing	Declare and participate Rationale: Not specific to the guideline
Dr Catherine McParlin	Committee member	Direct, financial	Senior Research Methodologist, NIHR Research Design Service, North East/North Cumbria, Newcastle University	26/07/2021	20/07/2022	Ongoing	Declare and participate Rationale: Not specific to the guideline



review but was part of a large



							furthermore, the member was not a co- author in the UPBEAT publications which were included in the review.
Dr Catherine McParlin	Committee member	Direct, financial	Employed part time as an associate professor of midwifery at Northumbria University	May 2023	21/11/2024	Ongoing	Declare and participate Rationale: Paid employment in academia
Dr Adrienne Cullum	External Expert Reviewer	Direct, financial	Employed by Office for Health Improvement and Disparities (and previously employed by Public Health England, since 2017)	01/10/2021	14/09/2022	Ongoing	Declare and participate Rationale: Not specific to the guideline
Dr Adrienne Cullum	External Expert Reviewer	Direct, non- financial professional and personal	Member of Nutrition Society and member of Nutrition Society Advisory Council	Member of Nutrition Society since 2017; Advisory	14/09/2022	Ongoing	Declare and participate Rationale: May be specific to guideline but



				council since 2019			benefit of expertise likely to outweigh risks
Dr Adrienne Cullum	External Expert Reviewer	Direct, non- financial professional and personal	Member of the Association for Nutrition	2012	14/09/2022	Ongoing	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks
Ms Rachel Elsom	External Expert Reviewer	N/A	N/A – no interest declared	N/A	14/09/2022	N/A	N/A
Ms Susannah Brown	External Expert Reviewer	N/A	N/A – no interest declared	N/A	23/05/2023	N/A	N/A
Ms Neeve Pearce	External Expert Reviewer	N/A	N/A – no interest declared	N/A	23/05/2023	N/A	N/A



Dr Rachel Pryke	Committee member (until 5th May 2022)	Direct, financial	Salaried GP Bewdley Medical Centre	2020	09/11/2021	05/05/2022	Declare and participate Rationale: Not specific to the guideline
Dr Rachel Pryke	Committee member (until 5th May 2022)	Direct, financial	I have presented sponsored obesity education sessions at 2 conferences in 2021 for Novo Nordisk which contained promotional material.	October/No vember 2021	09/12/2021	December 2021	Declare and participate Rationale: Specific financial interest which occurred in the last 12 months but it has ceased so no potential to benefit. Member until 5th May 2022
Dr Rachel Pryke	Committee member (until 5th May 2022)	Direct, financial	I have chaired and presented at 6 obesity-related conferences for RCGP, who were funded by Novo Nordisk through an unrestricted educational grant to run the conferences, (although my own payments came directly from RCGP). There	April 2020	09/12/2021	November 2021	Declare and participate Rationale: Funding for activity came from RCGP not



			was no promotional material in these conferences. I do not have any further commercially funded meetings planned now.				a commercial company. Member until 5th May 2022
Dr Rachel Pryke	Committee member (until 5th May 2022)	Direct, financial	I have run obesity training sessions for Harrow CCG and for various Vocational Training Scheme GP trainee groups, none of which contained any promotional material or commercial links.	2021	09/12/2021	Ongoing	Declare and participate Rationale: Training sessions were for Harrow CCG not a commercial company. Member until 5th May 2022
Dr Rachel Pryke	Committee member (until 5th May 2022)	Direct, non- financial professional and personal	I am a commissioner on the EASL Lancet commission on Liver disease across Europe. My involvement has been unfunded with no commercial elements.	2019	09/12/2021	Ongoing	Declare and participate Rationale: Not specific to guideline Member until 5th May 2022



Dr Rachel Pryke	Committee member (until 5th May 2022)	Direct, non- financial professional and personal	I am a member of the World Obesity Federation Clinical Care Committee, unfunded.	2018	09/12/2021	Ongoing	Declare and participate Rationale: Not specific to guideline. Member until 5th May 2022
Dr Rachel Pryke	Committee member (until 5th May 2022)	Direct, non- financial professional and personal	I founded (previously chaired) a special interest virtual network group GPING (GPs with Interest in Nutrition Group) that sits within RCGP. This is unfunded with no commercial links.	2015	09/12/2021	Ongoing	Declare and participate Rationale: Not specific to guideline. Member until 5th May 2022
Dr Rachel Pryke	Committee member (until 5th May 2022)	Direct, non- financial professional and personal	I was member of the SACN Joint Working Group on low carbohydrate diets for people with type 2 diabetes	2019	09/12/2021	2021	Declare and participate Rationale: Not specific to guideline. Member until 5th May 2022



Phillippa Atkinson	Committee member (until 28th February 2023)	Direct, financial	PhD at the University of Central Lancashire (UCLan).	2020	09/11/2021	Ongoing	Declare and participate Rationale: Not specific to the guideline. Member until 28th February 2023
Phillippa Atkinson	Committee member (until 28th February 2023)	Direct, financial	Guest lecturer Health Visiting at UCLan	2020	09/11/2021	Ongoing	Declare and participate Rationale: Not specific to the guideline. Member until 28th February 2023
Phillippa Atkinson	Committee member (until 28th February 2023)	Direct, financial	Clinical Editor for the Community Practitioner Journal	May 2021	09/11/2021	Ongoing	Declare and participate Rationale: Not specific to the guideline.



							Member until 28th February 2023
Phillippa Atkinson	Committee member (until 28th February 2023)	Direct, financial	Private practice as an International Board Certified Lactation Consultant (IBCLC) (accounts for small percentage of annual income)	2018	23/12/2021	Ongoing	Declare and participate Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks. Member until 28th February 2023
Phillippa Atkinson	Committee member (until 28th February 2023)	Direct, financial	Fixed term teaching contract, School of Community Health and Midwifery, University of Central Lancashire	November 2021	23/12/2021	Ongoing	Declare and participate Rationale: Not specific to guideline. Member until 28th February 2023



Karen McLean	Committee member	Direct, financial	I work as a bank health visitor for HCRG (the locally commissioned provider for 0-19 services in Lancashire).	01/11/2022	26/06/2023	Ongoing	Declare and participate Rationale: Not specific to guideline
Karen McLean	Committee member	Direct, financial	I am exploring work as an expert witness with a firm called GMS Associates and have training booked with this firm in September 2023	26/06/2023	01/06/2023	Ongoing	Declare and participate Rationale: Not specific to guideline
Karen McLean	Committee member	Direct, financial	I sit on the Core Group of the "Preston City of Sanctuary" and advocate for the needs of local refugees and asylum seekers.	26/06/2023	01/11/22	Ongoing	Declare and participate Rationale: Not specific to guideline
Karen McLean	Committee member	Indirect	My Mother and Father hold shares in AstraZeneca (which they bought when my maternal Aunt worked for this company. My Aunt now works for ApconiX but I	03/07/2023	2016	Ongoing	Declare and participate



			rarely see or speak with her and would certainly not discuss any committee issues with her).				Rationale: Not specific to guideline
Jane Hirst	Co-opted member	Direct, non- financial professional or personal	Member of NICE Diabetes Committee	17/07/2023	July 2020	Ongoing	Declare and participate Rationale: Not specific to guideline
Jane Hirst	Co-opted member	Direct, non- financial professional or personal	UKRI Future Leaders Fellow	17/07/2023	January 2021	Ongoing	Declare and participate Rationale: Not specific to guideline