

Falls: Assessment and Prevention in older people and people 50 and over at higher risk

Committee meeting 12

Date: 21 March 2024

Location: Virtual meeting

Minutes: FINAL

Committee members present:		
Margaret Lally (ML) Chair		Present for items 1 – 8
Daniel Mac Intyre (DMI) Early member		Present for items 1 – 8
Julie Whitney (JW) Early member		Present for items 1 – 8
Tun Aung: (TA) Early member		Present for items 1 – 8
Andrew Clegg (AC) Cooptee		Present for items 3 – 8
Heather Smith (HS) Cooptee		Present for items 1 – 4
David Tomlinson (DT) Cooptee		Present for items 6 – 8
Catherine Ruane (CR)		Present for items 1 – 8
Cathy Baldwin (CB)		Present for items 1 – 8
Charlotte Deasy (CD)		Present for items 1 – 4
Christina Heaton (CH)		Present for items 1 – 8
Jennifer Simper (JS)		Present for items 1 – 8
Jennifer Farren (JF)		Present for items 1 – 8
Michelle Manzie (MM)		Present for items 1 – 8

In attendance NICE:		
Anja Fricke (AF)	Technical Analyst	Present for items 1 – 8
Annette Chalker (ACh)	Technical Analyst	Present for items 1 – 8
Gill Ritchie (GR)	Guideline Lead	Present for items 1 – 8
Julie Neilson (JN)	Senior Research Fellow	Present for items 1 – 8
Rupert Franklin (RF)	Guideline commissioning manager	Present for items 1 – 8
Steph Armstrong (SA)	Senior Technical Analyst (Economics)	Present for items 1 – 8
Tamara Diaz (TD)	Project Manager	Present for items 1 – 8
Benjamin Gregory (BG)	Resource Impact Team	Present for items 6 – 8

Apologies:		
Sarah Palombella: Senior Medical Editor		
Julie Blake: Cooptee		

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 12th meeting on the Falls (Assessment and Prevention in older people and people 50 and over at higher risk) guideline. Apologies are noted above.

The Chair outlined the objectives of the meeting, which included the presentation of the Falls Economic Model results and presentation of the following review questions:

- Q1.1 What are the education and information needs of people who have been, and their families and carers after being, identified and assessed to be at risk of falls, or who have had a fall?
- Q 4.3 What are the best methods for maximizing participation, adherence and continuation of falls prevention interventions?

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion included the above. New declarations raised on the day are listed below:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Christina Heaton	Consultant Nurse	Honorary Clinical Lecturer at Edge Hill University. Role to start on 13 July 2024	Direct Financial	Non-specific. Declare and participate.

The Chair and a senior member of the Developer’s team confirmed that interests noted on the register did not prevent attendees from fully participating in meeting discussions.

3. Minutes of previous meeting

There were no suggested changes to the minutes of GC meeting 11, so these were confirmed to be accurate.

4. Evidence review: Q1.1 What are the education and information needs of people who have been, and their families and carers after being, identified and assessed to be at risk of falls, or who have had a fall?

JN presented the clinical evidence; the health economic evidence was presented by SA. The group discussed the evidence and drafted recommendations for this review.

5. Evidence review: Q 4.3 What are the best methods for maximizing participation, adherence and continuation of falls prevention interventions?

AF presented the clinical evidence; the health economic evidence was presented by SA. The group discussed the evidence and drafted recommendations for this review.

6. Falls Economic Model

SA presented the results of the Falls Economic Model. The group provided feedback

7. Research Recommendations

The committee considered the draft list of research recommendations compiled during development and volunteers were sought to complete this exercise. This item was led by the Chair and Guideline Lead.

8. Any other business and date of the next meeting

There being no further business, the meeting ended at 15.30 p.m. The next meeting dates are listed below:

Date of next meeting: 09 May 2024

Location of next meetings: Virtual meeting