

Falls: Assessment and Prevention in older people and people 50 and over at higher risk

Committee meeting 8

Date: 22 September 2023

Location: Virtual meeting

Minutes: Draft

Committee members present:			
Margaret Lally (ML) Chair	Present for items 1 – 6		
Daniel Mac Intyre (DMI)	Present for items 1 – 6		
Tun Aung: (TA)	Present for items 1 – 5		
Catherine Ruane (CR)	Present for items 1 – 6		
Cathy Baldwin (CB)	Present for items 1 – 6		
Heather Smith (HS) (Cooptee)	Present for items 1 – 6		
Jennifer Farren (JF)	Present for items 1 – 6		
Charlotte Deasy (CD)	Present for items 1 – 6		
Christina Heaton (CH)	Present for items 1 – 6		
Jennifer Simper (JS)	Present for items 1 – 6		
Julie Whitney (JW)	Present for items 1 – 6		

In attendance NICE:			
Gill Ritchie (GR)	Guideline Lead	Present for items 1 – 6	
Julie Neilson (JN)	Senior Research Fellow	Present for items 1 – 6	
Muna Ali	Technical Analysist	Present for items 1 – 6	
Rupert Franklin (RF)	Guideline commissioning	Present for items 1 – 6	
	manager		
Sophia Kemmis-Betty	Health Economics Lead	Present for items 1 – 6	
(SKB)			
Annette Chalker (ACh)	Technical Analyst		
Steph Armstrong (SA)	Senior Technical Analyst	Present for items 1 – 6	
	(Economics)		
Tamara Diaz (TD)	Project Manager	Present for items 1 – 6	

Apologies:		
Michelle Manzie (MM)		
Julie Blake (JB		
Andrew Clegg (AC)	(Cooptee)	
David Tomlinson (DT)	(Cooptee)	
Anja Fricke	Technical Analyst	
Benjamin Gregory	Resource Impact Awareness	
Sarah Palombella (SP)	Senior Medical Editor	



1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the eighth meeting on the Falls (Assessment and Prevention in older people and people 50 and over at higher risk) guideline. Apologies are noted above.

The Chair outlined the objectives of the meeting, which included consideration of education, medication provision and review, surgical, psychological and nutrition interventions for the following evidence review:

• Q 4.1a What are the most clinically and cost-effective interventions for falls prevention in older people in community care settings?

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion included the above. Declarations raised on the day are listed below:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Heather Smith	Cooptee Pharmacist	Member of National Falls Prevention Co- ordination Group (NFPCG) and co- authored NFPCG Medicines and Falls document for reviewing medicines in patients at risk of falls (published	Non Financial Direct	Non Specific Declare and participate

The Chair and a senior member of the Developer's team confirmed that interests noted on the register did not prevent attendees from fully participating in meeting discussions.

3. Minutes of previous meeting

The committee confirmed the minutes and notes of GC meeting 7 as accurate. The actions from meeting 7 were reviewed and updates provided.

4. Project timeline and upcoming reviews

The committee heard a summary of the outstanding areas for review for the guideline and were advised that an extension was being considered. Updates will be provided when available.

5. Evidence review: What are the most clinically effective and cost-effective



methods for falls prevention in older people in community care settings?

JN and AC presented the clinical evidence, the health economic evidence was presented by SK-B. The group discussed the evidence and drafted recommendations for this evidence review.

6. Any other business

There being no further business, the meeting ended at 3:30 p.m. The next meeting date is listed below:

Date of next meeting: 26 October 2023

Location of next meeting: Virtual meeting