

## Falls: Assessment and Prevention in older people and people 50 and over at higher risk

### Committee meeting 9

**Date:** 26 October 2023

**Location:** Virtual meeting

**Minutes:** FINAL

<b>Committee members present:</b>		
Margaret Lally (ML) Chair		Present for items 1 – 5
Catherine Ruane (CR)		Present for items 1 – 5
Cathy Baldwin (CB)		Present for items 1 – 5
Charlotte Deasy (CD)		Present for items 1 – 5
Christina Heaton (CH)		Present for items 1 – 5
Daniel Mac Intyre (DMI)		Present for items 1 – 5
David Tomlinson (DT) (Cooptee)		Present for items 1 – 5
Jennifer Farren (JF)		Present for items 1 – 5
Jennifer Simper (JS)		Present for items 4 – 5
Julie Blake (JB)		Present for items 1 – 5
Julie Whitney (JW)		Present for items 4 – 5
Michelle Manzie (MM)		Present for items 1 – 5
Tun Aung: (TA)		Present for items 1 – 5

<b>In attendance NICE:</b>		
Anja Fricke	Technical Analyst	Present for items 1 – 5
Annette Chalker (ACh)	Technical Analyst	Present for items 1 – 5
Gill Ritchie (GR)	Guideline Lead	Present for items 1 – 5
Julie Neilson (JN)	Senior Research Fellow	Present for items 1 – 5
Rupert Franklin (RF)	Guideline commissioning manager	Present for items 4 – 5
Sarah Palombella (SP)	Senior Medical Editor	Present for items 1 – 5
Steph Armstrong (SA)	Senior Technical Analyst (Economics)	Present for items 1 – 5
Tamara Diaz (TD)	Project Manager	Present for items 1 – 5

<b>Apologies:</b>		
Andrew Clegg (AC)	(Cooptee)	
Heather Smith (HS)	(Cooptee)	
Sophia Kemmis-Betty (SKB)	Health Economics Lead	

## 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the ninth meeting on the Falls (Assessment and Prevention in older people and people 50 and over at higher risk) guideline. Apologies are noted above.

The Chair outlined the objectives of the meeting, which included consideration of exercise interventions for the following evidence review:

- Q 4.1a What are the most clinically and cost-effective interventions for falls prevention in older people in community settings?

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion included the above. Declarations raised on the day are listed below:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
None				

The Chair and a senior member of the Developer's team confirmed that interests noted on the register did not prevent attendees from fully participating in meeting discussions.

## 3. Minutes of previous meeting

The committee confirmed the minutes of GC meeting 8 as accurate.

## 4. Evidence review: What are the most clinically effective and cost-effective methods for falls prevention in older people in community settings?

AF presented the clinical evidence; the health economic evidence was presented by SA. The group discussed the evidence and drafted recommendations for this evidence review.

## 5. Any other business

There being no further business, the meeting ended at 12:45 p.m. The next meeting dates are listed below:

**Date of next meeting:** 24 November 2023

**Location of next meetings:** Virtual meetings