



British Society for Allergy and Clinical Immunology allergy action plans

Implementation support

Published: 27 May 2026

www.nice.org.uk

The [British Society for Allergy and Clinical Immunology \(BSACI\)](#) have produced [anaphylaxis and allergy action plans](#). During the consultation for the May 2026 update of NICE's guideline on anaphylaxis, stakeholders said it would be helpful to link to examples of action plans which clinicians could offer to a patient and suggested these plans.

Disclaimer

This is a resource you may find helpful to support implementation. Please note that one of the adult plans is about the use of intranasal adrenaline (EURneffy adult action plan). NICE does not currently have a recommendation about intranasal adrenaline due to limited evidence. The NICE surveillance team are monitoring this space for emerging evidence.

This resource has not been produced by NICE and is not maintained by NICE. [In the event of any issues or errors, please contact the BSACI.](#)