

## Type 2 diabetes

**[A] Pharmacological therapies with cardiovascular and other benefits in people with type 2 diabetes.**

*NICE guideline NG28*

*Evidence review underpinning recommendations 1.7.4- 1.7.6, 1.7.9, 1.7.12-1.7.16, 1.7.21 and a research recommendation in the NICE guideline*

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*This evidence review was developed by  
the Guideline Updates Team*



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# 1 Pharmacological therapies with cardiovascular and other benefits

## 1.1 Review question

Which pharmacological therapies are most effective at providing cardiovascular and other benefits in addition to blood glucose control in people with type 2 diabetes?

### 1.1.1 Introduction

Type 2 diabetes is a chronic metabolic condition characterised by insulin resistance (that is, the body's inability to effectively use insulin) and insufficient pancreatic insulin production, resulting in high blood glucose levels (hyperglycaemia). Type 2 diabetes is commonly associated with obesity, physical inactivity, raised blood pressure, disturbed blood lipid levels and a tendency to develop thrombosis, and is therefore recognised to have an increased cardiovascular risk. Type 2 diabetes has a significant impact on lifestyle, and is associated with major long-term complications, reduced quality of life, and reduced life expectancy (by an average of 5 to 7 years). There are approximately 2.9 million people diagnosed with diabetes in the UK, 90% of adults with diabetes have type 2 diabetes, and incidence is increasing. The condition accounts for 10% of NHS expenditure with complications of type 2 diabetes leading to 5-fold increases in NHS costs and prolonged hospital stays for the individual.

Since the publication of the NICE guideline on [Type 2 Diabetes](#) in 2015 (NG28) new glucose lowering drugs (sodium-glucose co-transporter-2 (SGLT2) Inhibitors, Dipeptidyl peptidase-4 (DPP-4) inhibitors and Glucagon-like peptide-1 (GLP-1) agonists) have been licensed. The cardiovascular impact of these drugs has been assessed using a trial design whereby the drug being tested is added to a mixed background of treatments and compared to another drug or placebo on a similar mixed treatment background. These cardiovascular outcome trials (CVOTs) are different in design to trials that compare treatments to each other where everyone in a particular arm is on the same treatment and therefore cannot be combined with these trials directly for analysis. However, the results of these trials can be combined in an economic model to enable an assessment of the effectiveness and cost-effectiveness of the drugs taking the newly identified cardiovascular benefits into account.

This review was carried out to rapidly provide information about the cost-effectiveness of the new drugs, incorporating their cardiovascular benefits, and to use these results to update the pharmacological treatment pathway. Due to the need for a rapid update, the existing evidence base from NG28 has been retained unchanged and only the new evidence from the CVOTs has been added. The protocol for this review is summarised below and presented in detail in [Appendix A](#). Studies which looked these interventions in relation to renal outcomes have been incorporated into a separate review looking at the effectiveness of these drugs in people with type 2 diabetes and chronic kidney disease.

### 1.1.2 Summary of the protocol

#### Summary of the review protocol population, intervention, comparator, and outcomes

<b>Population</b>	Adults (aged 18 years and older) with Type 2 diabetes
<b>Intervention</b>	Any of the following treatments added to mixed treatment background: <ul style="list-style-type: none"><li>• Thiazolidinedione</li><li>• Sodium-glucose Cotransporter-2 (SGLT2) Inhibitors</li><li>• Sulfonylurea (SU)</li><li>• Glucagon-like peptide-1 (GLP-1) receptor agonists</li><li>• Dipeptidyl peptidase 4 (DPP-4) inhibitors.</li></ul>

<b>Comparator</b>	Placebo or another drug added to existing therapy
<b>Outcomes</b>	<p>Cardiovascular event outcomes including:</p> <ul style="list-style-type: none"> <li>• Nonfatal myocardial infarction<sup>1</sup></li> <li>• Nonfatal stroke or atherosclerotic disease<sup>1</sup></li> <li>• Unstable angina</li> <li>• Congestive heart failure</li> <li>• Cardiovascular related mortality</li> <li>• 3-point composite outcome (major adverse cardiovascular events)</li> </ul> <p>Additional outcomes:</p> <ul style="list-style-type: none"> <li>• All-cause mortality</li> <li>• Change in weight or body mass index at 1-year</li> <li>• Total discontinuations from each study</li> <li>• Discontinuations from each study due to adverse events</li> <li>• Severe hypoglycaemic events.</li> </ul>
<p><sup>1</sup> Nonfatal events were extracted for inclusion in the network meta-analyses. Where nonfatal MI or stroke was not reported, or the definition was unclear in a study the closest reported outcomes (such as combined fatal <b>and</b> nonfatal MI or stroke) were extracted and assessed in pairwise analysis.</p>	

1 **1.1.3 Methods and process**

2 This evidence review was developed using the methods and processes described in  
 3 [Developing NICE guidelines: the manual](#). Methods specific to this review question are  
 4 described in the review protocol in [Appendix A](#) and [Appendix B](#).

5 Declarations of interest were recorded according to [NICE's conflicts of interest policy](#).

6 This review adopted the following additional methods:

- 7 1. This review only looked at trials with a design of a (mixed background) versus b (mixed  
 8 background). This is a different approach to NG28 (2015). In the economic model the  
 9 results from NG28 have been combined with the results from this review. Please refer to  
 10 appendix E of [NG28](#) (2015) for the evidence tables of studies included in that work and  
 11 the full guideline for the results of analyses undertaken at that time.
- 12 2. The drugs, routes of administration and doses included in this review are summarised in  
 13 [Table 1](#).
- 14 3. The committee agreed that for the purposes of the evidence review analyses, certain  
 15 interventions would be analysed at class level (DPP-4s, insulins and sulfonylureas) and  
 16 the remaining interventions at an individual level (SGLT2s and GLP-1s). All of these  
 17 drugs were analysed individually in the economic model.
- 18 4. After looking at the data provided in the trials for the outcomes of interest, a decision was  
 19 made about what to extract and analyse based on how the outcomes were reported in  
 20 the majority of trials. These outcomes were extracted as follows:
- 21 • hospitalisation for unstable angina rather than all unstable angina events
  - 22 • hospitalisation for heart failure rather than all heart failure events
  - 23 • nonfatal stroke rather than fatal and nonfatal stroke combined
  - 24 • nonfatal myocardial infarction rather than fatal and nonfatal myocardial infarction  
 25 combined.

26 The remaining outcomes were extracted for all events. To prevent double counting of  
 27 fatal events (fatal MI or fatal stroke), events which would also be counted in the CV  
 28 mortality outcome, the committee agreed that only nonfatal MI and nonfatal stroke events  
 29 would be extracted and incorporated in an NMA. Where nonfatal MI or stroke was not  
 30 reported or the definition was unclear in a study the closest reported outcomes (such as  
 31 combined fatal and nonfatal MI or stroke) were extracted and assessed in pairwise  
 32 analysis rather than as part of the NMAs. The committee approved of this approach.

- 1 5. The committee agreed that where available, individual components (cardiovascular  
2 mortality, nonfatal myocardial infarction, nonfatal stroke and hospitalisation for unstable  
3 angina) should be included in the effectiveness analyses in preference to the composite  
4 trial outcomes (3- point major adverse cardiovascular events, MACE) for the purpose of  
5 network meta-analysis (see protocol deviation below).
- 6 6. For trials not reporting these individual component outcomes either because the endpoint  
7 is not adequately defined (for example if it is unclear if the event is fatal or nonfatal) or if a  
8 slightly different endpoint (combines fatal and nonfatal events), a pairwise analysis would  
9 be performed.
- 10 7. The committee reviewed the definitions of severe hypoglycaemic events used in the  
11 trials. They decided that the definition was sufficiently similar in 13 trials to compare the  
12 results in network meta-analysis. The 3 remaining trials (EXAMINE, TECOS and  
13 EXSCEL), which differed by specifying that medical intervention (for example  
14 hospitalisation) were required, were analysed in a pairwise manner (see section 1.1.6  
15 [Table 7](#) and [Table 9](#)).
- 16 8. The committee agreed that for the 4 trials which randomised participants to more than 1  
17 dose of active treatment compared to a placebo arm (CANVAS program, EMPA-REG,  
18 SUSTAIN-6 and VERTIS-CV), pooled outcome data for the doses could be used for the  
19 purposes of the network meta-analysis. The committee agreed that as all the doses used  
20 were within the normal range of doses prescribed in practice, and as the doses in the  
21 remaining studies in many cases were target doses (doses were titrated to maximum  
22 tolerated dose) that this may represent variation in clinical practice.
- 23 9. The committee initially identified the outcomes 'total number of dropouts' for any reason  
24 and 'dropouts due to adverse events'. Having reviewed the terms used in the included  
25 trials the committee agreed to revise the outcomes using the terms 'discontinuation for  
26 any reason' and 'discontinuation due to adverse events'.
- 27 10. The quality of the evidence for each outcome was assessed using GRADE for the  
28 pairwise analyses of comparisons that were not included in the NMA and using a  
29 modified form of GRADE for the NMA (see methods in appendix B and results in  
30 [appendix I](#)).
- 31 11. For outcomes with event data presented as risk ratios (RRs) and Hazard ratios (HRs),  
32 the committee did not specify particular minimal clinically important differences (MIDs)  
33 and the default of 0.8, 1.25 are used (see protocol deviation).
- 34 12. The interpretation of NMA and pairwise data used in the summary NMA and pairwise  
35 tables is as follows:
  - 36 • Improvements in outcomes are represented by two situations:
    - 37 ○ the 95% CI does not cross the line of no effect and the effect estimate  
38 meets or exceeds the MID (marked in **bold** text in [Table 3](#))
    - 39 ○ the 95% CI does not cross the line of no effect and the effect estimate is  
40 less than the MID (marked in non-bold text in [Table 3](#))
  - 41 • Some of the data could not differentiate between treatments (the 95% CI crosses  
42 the line of no effect, and it is not completely between the MID, i.e., it crosses one  
43 or both MIDs)
  - 44 • In other situations, the difference was not meaningful (the 95% CI is completely  
45 between the MID).
  - 46 • Treatment effects equal to or greater than the MID 0.8, 1.25 were treated as  
47 clinically meaningfully.
  - 48 • 95% confidence intervals starting or ending with 1.0 were treated as crossing the  
49 line of no effect.
  - 50 • 95% confidence intervals including 0.8 or 1.25 were downgraded once for  
51 imprecision or twice if they included both 0.8 and 1.25.

1 **Protocol deviation**

- 2 1. The committee requested that the 3 -point MACE outcome be presented in addition to  
3 the individual components in the NMA analyses after the protocol was signed off (see  
4 [section 1.1.11](#) for details).

5 **Table 1 Acceptable drugs, routes of administration and doses for this review**

Drug class	Drug	Route of administration	Recommended daily doses (or weekly dose)
Biguanides	Metformin	Oral	500 to 3000 mg
	Metformin MR	Oral	500 to 2000 mg
Dipeptidyl peptidase-4 inhibitors (DPP-4 inhibitors)	Linagliptin	Oral	5 mg
	Saxagliptin	Oral	5 mg
	Sitagliptin	Oral	100 mg
	Vildagliptin	Oral	100 mg
	Alogliptin	Oral	25 mg
Sulfonylureas	Gliclazide	Oral	40 to 320 mg
	Gliclazide MR	Oral	30 to 120 mg
	Glimepiride	Oral	1 to 6 mg
	Glipizide	Oral	2.5 to 20 mg
	Tolbutamide	Oral	500 to 2000 mg
Thiazolidinediones	Pioglitazone	Oral	15 to 45 mg
Glucagon-like peptide-1 mimetics (GLP-1 mimetics)	Exenatide	Subcutaneous	10 to 20 mcg
	Exenatide MR	Subcutaneous	2 mg once weekly
	Liraglutide	Subcutaneous	0.6 to 1.8 mg
	Lixisenatide	Subcutaneous	10 to 20 mcg
	Dulaglutide	Subcutaneous	0.75 to 4 mg once weekly
	Semaglutide	Subcutaneous	0.25 mg to 1 mg once weekly
Sodium -glucose co-transporter 2 (SGLT2)	Canagliflozin	Oral	3 mg to 14 mg
	Dapagliflozin	Oral	100 to 300 mg
	Ertugliflozin	Oral	10 mg
	Empagliflozin	Oral	5 to 15 mg
		Oral	10 to 25 mg

6 **1.1.4 Effectiveness evidence**

7 **1.1.4.1 Included studies**

8 A search to update the NICE guideline on type 2 diabetes (NG28) was undertaken and  
9 included 18,333 references which were screened using EPPI-Reviewer software. Priority  
10 screening function was used with stopping rules for the CV outcomes review of at least 50%  
11 of references screened and at least 1,000 records sifted without a further included trial  
12 (sifting stopped at 9,167).

13 A further 10% random sample of the results were checked (see review protocol for full  
14 details). In total 166 results were identified and full text articles of all these were retrieved and  
15 checked for inclusion. The evidence search identified 16 double-blind, randomised controlled  
16 trials. In 15 trials the intervention was compared with placebo and in 1 trial against an active

1 comparator. All the trials were conducted across multiple countries and trial sites. As per the  
2 review protocol committee members were invited to review the included studies for  
3 completeness. The search found no cardiovascular outcome trial (CVOT) evidence for the  
4 biguanide class (metformin or metformin modified release), sulfonylureas other than  
5 glimepiride (for example gliclazide, glipizide or tolbutamide) and the DPP-4 inhibitor  
6 (vildagliptin).

7 For further details of the included studies please see [section 1.1.5](#) and for details of the  
8 literature search please see [Appendix C](#).

#### 9 **1.1.4.2 Excluded studies**

10 For studies excluded from this evidence review with reasons for exclusion please see  
11 [Appendix M](#).

12

1 **1.1.5 Summary of studies included in the effectiveness review**

2 **Table 2 Summary of characteristics of the studies included in the effectiveness review (See bottom of table for abbreviations.)**

Primary study paper and trial name (study type and no. of countries)	Sample size	Intervention (drug class, mode of administration)	Comparator (drug class, mode of administration)	Population	Duration of follow-up	Outcomes of interest <sup>1</sup>
<b>Dipeptidyl peptidase-4 inhibitors (DPP-4 inhibitors)</b>						
Green et al 2015 TECOS (DB, PC, RCT 38 countries)	14,671	Sitagliptin 100 mg (DPP-4, oral <sup>2</sup> )	Placebo	Adults with T2D aged ≥50 years with HbA1c of 48-64 mmol/mol (6.5% - 8.0%) with established CVD. Those with an eGFR <30 were excluded.	Median 3.0 years	<ul style="list-style-type: none"> <li>• CV mortality</li> <li>• MI</li> <li>• Stroke</li> <li>• Hospitalisation for heart failure</li> <li>• Hospitalisation for unstable angina</li> <li>• All-cause mortality</li> <li>• Weight/BMI</li> <li>• Severe hypoglycaemia</li> <li>• Any discontinuation</li> <li>• Discontinuation due to adverse events</li> <li>• 3-point MACE</li> <li>•</li> </ul>
Rosenstock et al 2019 CARMELINA (DB, PC, RCT 27 countries)	6,991	Linagliptin 5 mg (DPP-4, once daily oral)	Placebo	Adults with T2D with an HbA1c of 48-86 mmol/mol (6.5% - 10%) with established, or risk factors for, CVD or renal risk factors (only those with eGFR <15 or on dialysis were excluded).	Median 2.2 years	<ul style="list-style-type: none"> <li>• CV mortality</li> <li>• MI</li> <li>• Stroke</li> <li>• Hospitalisation for heart failure</li> <li>• Hospitalisation for unstable angina</li> <li>• All-cause mortality</li> <li>• Weight/BMI</li> <li>• Severe hypoglycaemia</li> </ul>

Primary study paper and trial name (study type and no. of countries)	Sample size	Intervention (drug class, mode of administration)	Comparator (drug class, mode of administration)	Population	Duration of follow-up	Outcomes of interest <sup>1</sup>
						<ul style="list-style-type: none"> <li>Any discontinuation</li> <li>Discontinuation due to adverse events</li> <li>3-point MACE</li> </ul>
Rosenstock et al 2019 CAROLINA (DB, RCT 43 countries)	6,033	Linagliptin 5 mg (DPP-4, once daily oral)	Glimepiride 4 mg (SU, once daily oral)	Adults with T2D and a HbA1c of 48-70 mmol/mol (6.5% - 8.5%) with established, or risk factors for, CVD or renal risk factors (no exclusions for renal disease reported).	Median 6.3 years	<ul style="list-style-type: none"> <li>CV mortality</li> <li>MI</li> <li>Stroke</li> <li>Hospitalisation for heart failure</li> <li>Hospitalisation for unstable angina</li> <li>All-cause mortality</li> <li>Weight/BMI</li> <li>Severe hypoglycaemia</li> <li>Any discontinuation</li> <li>Discontinuation due to adverse events</li> <li>3-point MACE</li> </ul>
Scirica et al 2013 SAVOR-TIMI 53 (DB, PC, RCT 26 countries)	16,492	Saxagliptin 5 mg <sup>3</sup> (DPP-4, oral <sup>2</sup> )	Placebo	Adults with T2D aged ≥40 years with a HbA1c of 48-108 mmol/mol (6.5% - 12%) with established CVD or be older and have risk factors for CVD. Those with end stage renal disease, having had dialysis or transplantation, or who had a serum creatinine above 6.0 mg per decilitre were excluded.	Median 2.1 years	<ul style="list-style-type: none"> <li>CV mortality</li> <li>MI</li> <li>Stroke</li> <li>Hospitalisation for heart failure</li> <li>Hospitalisation for unstable angina</li> <li>All-cause mortality</li> <li>Weight/BMI</li> <li>Severe hypoglycaemia</li> <li>Any discontinuation</li> <li>3-point MACE</li> </ul>
White et al 2013	5,380	Alogliptin 25 mg <sup>4</sup>	Placebo	Participants with T2D with an acute coronary syndrome	Median 18 months	<ul style="list-style-type: none"> <li>CV mortality</li> </ul>

Primary study paper and trial name (study type and no. of countries)	Sample size	Intervention (drug class, mode of administration)	Comparator (drug class, mode of administration)	Population	Duration of follow-up	Outcomes of interest <sup>1</sup>
EXAMINE (DB, PC, RCT 49 countries)		(GLP-1, oral <sup>2</sup> )		within the preceding 15 to 90 days (no exclusions for renal disease reported).		<ul style="list-style-type: none"> <li>• MI</li> <li>• Stroke</li> <li>• Hospitalisation for heart failure</li> <li>• Hospitalisation for unstable angina</li> <li>• All-cause mortality</li> <li>• Weight/BMI</li> <li>• Severe hypoglycaemia</li> <li>• Any discontinuation</li> <li>• Discontinuation due to adverse events</li> <li>• 3-point MACE<sup>5</sup></li> </ul>
<b>Glucagon-like peptide-1 mimetics (GLP-1 mimetics)</b>						
Holman et al 2017 EXSCEL (DB, PC, RCT 35 countries)	14,752	Exenatide 2 mg (GLP-1, once weekly subcutaneous injection)	Placebo	Adults with T2D with a HbA1c of 48-86 mmol/mol (6.5% - 10%), trial designed so that 70% of the population had established CVD. Those with an eGFR <30 were excluded.	Median 3.2 years	<ul style="list-style-type: none"> <li>• CV mortality</li> <li>• MI</li> <li>• Stroke</li> <li>• Hospitalisation for heart failure</li> <li>• All-cause mortality</li> <li>• Weight/BMI</li> <li>• Severe hypoglycaemia</li> <li>• Any discontinuation</li> <li>• Discontinuation due to adverse events</li> <li>• 3-point MACE</li> </ul>
Husain et al 2019 PIONEER-6 (DB, PC, RCT 21 countries)	3,183	Semaglutide 14 mg (GLP-1, once daily oral tablet)	Placebo	Adults with T2D aged ≥50 years with established CVD or renal disease, or aged ≥60 years with CVD risk factors (no exclusions for renal disease reported).	Median 15.9 months	<ul style="list-style-type: none"> <li>• CV mortality</li> <li>• MI</li> <li>• Stroke</li> <li>• Hospitalisation for heart failure</li> <li>• Hospitalisation for unstable angina</li> </ul>

Primary study paper and trial name (study type and no. of countries)	Sample size	Intervention (drug class, mode of administration)	Comparator (drug class, mode of administration)	Population	Duration of follow-up	Outcomes of interest <sup>1</sup>
						<ul style="list-style-type: none"> <li>All-cause mortality</li> <li>Weight/BMI</li> <li>Severe hypoglycaemia</li> <li>Any discontinuation</li> <li>Discontinuation due to adverse events</li> <li>3-point MACE</li> </ul>
Gerstein et al 2019 REWIND (DB, PC, RCT 24 countries)	9,901	Dulaglutide 1.5 mg (GLP-1, once weekly subcutaneous injection)	Placebo	Adults with T2D aged $\geq 50$ years with a HbA1c $\leq 81$ mmol/mol ( $\leq 9.5\%$ ) with established CVD or aged $\geq 60$ years with CVD risk factors. Those with an eGFR $\leq 15$ were excluded.	Median 5.4 years	<ul style="list-style-type: none"> <li>CV mortality</li> <li>MI</li> <li>Stroke</li> <li>Hospitalisation for heart failure</li> <li>Hospitalisation for unstable angina</li> <li>All-cause mortality</li> <li>Weight/BMI</li> <li>Severe hypoglycaemia</li> <li>Any discontinuation</li> <li>3-point MACE</li> </ul>
Marso et al 2016 LEADER (DB, PC, RCT 32 countries)	9,340	Liraglutide 1.8 mg (GLP-1, once daily subcutaneous injection)	Placebo	Adults with T2D aged $\geq 50$ years with a HbA1c $\geq 53$ mmol/mol ( $\geq 7.0\%$ ) and $\geq 1$ CVD or $\geq 60$ years with CVD risk factors (no exclusions for renal disease reported).	Median 3.8 years	<ul style="list-style-type: none"> <li>CV mortality</li> <li>MI</li> <li>Stroke</li> <li>Hospitalisation for heart failure</li> <li>Hospitalisation for unstable angina</li> <li>All-cause mortality</li> <li>Weight/BMI</li> <li>Severe hypoglycaemia</li> <li>Discontinuation due to adverse events</li> <li>3-point MACE</li> </ul>

Primary study paper and trial name (study type and no. of countries)	Sample size	Intervention (drug class, mode of administration)	Comparator (drug class, mode of administration)	Population	Duration of follow-up	Outcomes of interest <sup>1</sup>
Marso et al 2016 SUSTAIN-6 (DB, PC, RCT 20 countries)	3,297	Semaglutide 0.5 mg or 1.0 mg (GLP-1, once weekly subcutaneous injection)	Placebo	Adults with T2D aged $\geq 50$ years with HbA1c $\geq 53$ mmol/mol ( $\geq 7\%$ ) with established CVD or renal disease, or aged $\geq 60$ years with CVD risk factors (no exclusions for renal disease reported).	Planned 109-week treatment and follow-up period.	<ul style="list-style-type: none"> <li>CV mortality</li> <li>MI</li> <li>Stroke</li> <li>Hospitalisation for heart failure</li> <li>Hospitalisation for unstable angina</li> <li>All-cause mortality</li> <li>Weight/BMI</li> <li>Severe hypoglycaemia</li> <li>Any discontinuation</li> <li>Discontinuation due to adverse events</li> <li>3-point MACE</li> </ul>
Pfeffer et al 2015 ELIXA (DB, PC, RCT 49 countries)	6,068	Lixisenatide 10 – 20 mg (GLP-1, once daily subcutaneous injection)	Placebo	Adults with T2D aged $\geq 30$ years and an acute coronary event in the preceding 180 days. Those with an eGFR $< 30$ were excluded.	Median 25 months	<ul style="list-style-type: none"> <li>CV mortality</li> <li>MI</li> <li>Stroke</li> <li>Hospitalisation for heart failure</li> <li>Hospitalisation for unstable angina</li> <li>All-cause mortality</li> <li>Weight/BMI</li> <li>Severe hypoglycaemia</li> <li>Any discontinuation</li> <li>Discontinuation due to adverse events</li> </ul>
<b>Sodium -glucose co-transporter 2 (SGLT2) studies</b>						
Cannon et al 2020 VERTIS-CV (DB, PC, RCT)	8,246	Ertugliflozin 5 mg or 15 mg (SGLT2, oral <sup>2</sup> )	Placebo	Adults with T2D aged $\geq 40$ years with a HbA1c of 53-92 mmol/mol (7.0% - 10.5%) and	Mean 3.5 years	<ul style="list-style-type: none"> <li>CV mortality</li> <li>MI</li> <li>Stroke</li> </ul>

Primary study paper and trial name (study type and no. of countries)	Sample size	Intervention (drug class, mode of administration)	Comparator (drug class, mode of administration)	Population	Duration of follow-up	Outcomes of interest <sup>1</sup>
34 countries)				established CVD. Those with an eGFR <30 were excluded.		<ul style="list-style-type: none"> <li>• Hospitalisation for heart failure</li> <li>• All-cause mortality</li> <li>• Weight/BMI</li> <li>• Severe hypoglycaemia</li> <li>• Any discontinuation</li> <li>• 3-point MACE</li> </ul>
Mahaffey et al 2018 CANVAS program (DB, PC, RCT 30 countries)	10,142 4,330 (CANVAS) 5,812 (CANVAS-R)	Canagliflozin 100 mg or 300 mg (SGLT2, oral <sup>2</sup> )	Placebo	Adults with T2D aged ≥30 years with a history of CVD or aged ≥50 years with ≥2 or more CVD risk factors. The study excluded people with an eGFR <30.	Mean 188.2 weeks	<ul style="list-style-type: none"> <li>• CV mortality</li> <li>• MI</li> <li>• Stroke</li> <li>• Hospitalisation for heart failure</li> <li>• All-cause mortality</li> <li>• Weight/BMI</li> <li>• Severe hypoglycaemia</li> <li>• Any discontinuation</li> <li>• Discontinuation due to adverse events</li> <li>• 3-point MACE</li> </ul>
Wiviott et al 2019 DECLARE-TIMI 58 (DB, PC, RCT 33 countries)	17,160	Dapagliflozin 10 mg (SGLT2, oral)	Placebo	Adults with T2D aged ≥40 years with a HbA1c of 48-108 mmol/mol (6.5% - 12%) and a creatinine clearance of ≥60 ml/minute.	Median 4.2 years	<ul style="list-style-type: none"> <li>• CV mortality</li> <li>• MI</li> <li>• Stroke</li> <li>• Hospitalisation for heart failure</li> <li>• All-cause mortality</li> <li>• Weight/BMI</li> <li>• Severe hypoglycaemia</li> <li>• Any discontinuation</li> <li>• Discontinuation due to adverse events</li> <li>• 3-point MACE</li> </ul>

Primary study paper and trial name (study type and no. of countries)	Sample size	Intervention (drug class, mode of administration)	Comparator (drug class, mode of administration)	Population	Duration of follow-up	Outcomes of interest <sup>1</sup>
Zinman et al 2015 EMPA-REG (DB, PC, RCT 42 countries)	7,020	Empagliflozin 10 mg or 25 mg (SGLT2, oral <sup>2</sup> )	Placebo	Adults with T2D aged ≥18 years and with a BMI ≤45 and established CVD. Those with an eGFR <30 were excluded.	Median 3.1 years	<ul style="list-style-type: none"> <li>• CV mortality</li> <li>• MI</li> <li>• Stroke</li> <li>• Hospitalisation for heart failure</li> <li>• Hospitalisation for unstable angina</li> <li>• All-cause mortality</li> <li>• Weight/BMI</li> <li>• Severe hypoglycaemia</li> <li>• Any discontinuation</li> <li>• Discontinuation due to adverse events</li> <li>• 3-point MACE</li> </ul>
<b>Thiazolidinediones</b>						
Wilcox et al 2008 PROactive (DB, PC, RCT 19 European countries)	5,238	Pioglitazone 15 mg to 45 mg <sup>6</sup> (Thiazolidinedione, oral)	Placebo	Adults with T2D aged 35 to 75 years with a HbA1c >48 mmol/mol (>6.5%) with established macrovascular disease. Those having had haemodialysis were excluded.	Mean 34.5 months	<ul style="list-style-type: none"> <li>• CV mortality</li> <li>• MI</li> <li>• Stroke</li> <li>• All-cause mortality</li> <li>• Weight/BMI</li> <li>• Severe hypoglycaemia</li> <li>• Any discontinuation</li> <li>• Discontinuation due to adverse events</li> <li>• 3-point MACE</li> </ul>
<p><b>*Abbreviations:</b> DB, Double blind; PC, Placebo controlled; RCT, Randomised Controlled Trial, mg, Milligrams; T2D, Type 2 diabetes; CV or CVD, Cardiovascular or cardiovascular disease; eGFR, Estimated glomerular filtration rate (ml per minute per 1.73 m<sup>2</sup> of body surface area); HbA1c, Glycated haemoglobin; ml, Millilitre; BMI, Body mass index (Kg/m<sup>2</sup>); MI, Myocardial infarction; SU= Sulphonylurea; DPP-4, Dipeptidyl peptidase-4 inhibitors; GLP-1, glucagon-like peptide 1; SGLT2, sodium-glucose co-transporter-2 inhibitors.</p>						
<sup>1</sup> These outcomes are the ones specified in the review protocol (see Appendix A).						

Primary study paper and trial name (study type and no. of countries)	Sample size	Intervention (drug class, mode of administration)	Comparator (drug class, mode of administration)	Population	Duration of follow-up	Outcomes of interest <sup>1</sup>
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<sup>2</sup> Not stated if oral in study but available as tablet in BNF.

<sup>3</sup> Dose adjusted according to eGFR either 2.5 mg (eGFR ≤50 ml/minute) or 5 mg

<sup>4</sup> Dose adjusted according to eGFR either 6.25 mg, 12.5 mg or 25 mg daily.

<sup>5</sup> 3-point MACE data not included in NMA as 95% confidence interval was not reported.

<sup>6</sup> Titrated according to tolerability.

1 See [Appendix E](#) for full evidence tables.

1 **1.1.6 Summary of the effectiveness evidence**

2 **Network meta-analysis (NMA) summary tables**

3 **Table 3 Summary of NMA results with GRADE quality ratings showing where treatments are better than another treatment based on the**  
 4 **use of MIDs.**

5 The following outcomes use the default MIDs of 0.8, 1.25. The columns list the treatments, and the rows list the outcomes. Within each box, the  
 6 treatments listed represent results where there was an improvement in that outcome (the text in **bold** represents situations where the 95% CI does  
 7 not cross the line of no effect **and** the effect treatment point estimate meets or exceeds the MID; the text which is not bold represents situations  
 8 where the 95% CI does not cross the line of no effect **and** the effect point estimate of the treatment is less than the MID). Results have been  
 9 reversed where necessary to ensure that they are presented as improvements. Boxes with dashes represent cases where the NMA could not  
 10 differentiate between treatments (the 95% CI crosses the line of no effect, and it is not completely within the MID) or in cases where the difference  
 11 was not meaningful (the 95% CI is completely within the MID).

12 Abbreviations are as follows: PLAC, Placebo; PIO, Pioglitazone; LIXI, Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin;  
 13 EMPA, Empagliflozin; DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA, Canagliflozin; SU, Sulphonylurea;  
 14 SEMAo, Oral semaglutide; SEMAi, Injected semaglutide. N/A is used when the treatment was not represented in the NMA. See [section 1.1.3](#) for  
 15 more details on the interpretation of results.

16

TREATMENTS															
OUTCOME	PLAC	CANA	DPP-4	DAPA	LIXI	EMPA	EXEN	LIRA	SEMAo	SEMAi	PIO	DULA	ERTU	SU	GRADE Quality
IMPROVEMENTS COMPARED TO:															
All-cause mortality	-	<b>SU</b>	-	-	-	<b>SU</b> DPP-4 PLAC CANA DAPA DULA	<b>SU</b> DPP-4 PLAC	<b>SU</b> DPP-4 PLAC	<b>SU</b> DPP-4 PLAC	-	-	SU	-	-	High

TREATMENTS															
OUTCOME	PLAC	CANA	DPP-4	DAPA	LIXI	EMPA	EXEN	LIRA	SEMAo	SEMAi	PIO	DULA	ERTU	SU	GRADE Quality
						ERTU EXEN LIXI PIO SEMAi			ERTU EXEN LIXI PIO SEMAi						
Cardiovascular mortality	-	-	-	-	-	SU DPP-4 PLAC CANA DAPA LIXI DULA ERTU EXEN PIO	-	DPP-4 PLAC	SU DPP-4 PLAC DAPA LIXI	-	-	-	-	-	High
Any discontinuation	SEMAo	SEMAo LIXI	SEMAo SEMAi LIXI	SEMAo SEMAi LIXI CANA PIO	SEMAo SU	SEMAo SEMAi LIXI CANA PIO DULA EXEN SU PLAC	SEMAo SEMAi LIXI	N/A	-	SEMAo	SEMAo	SEMAo SEMAi LIXI	SEMAo SEMAi LIXI CANA PIO SU PLAC	SEMAo SEMAi LIXI	High
Discontinuation due to adverse	SEMAo SEMAi LIXI CANA DAPA LIRA	SEMAi	SEMAo SEMAi LIXI CANA DAPA LIRA	SEMAo SEMAi LIXI	-	SEMAo SEMAi LIXI CANA DAPA LIRA	SEMAo SEMAi LIXI CANA LIRA	SEMAo SEMAi	-	-	SEMAo SEMAi LIXI	N/A	SEMAo SEMAi LIXI CANA	SEMAo SEMAi LIXI CANA LIRA	High

TREATMENTS															
OUTCOME	PLAC	CANA	DPP-4	DAPA	LIXI	EMPA	EXEN	LIRA	SEMA <sub>o</sub>	SEMA <sub>i</sub>	PIO	DULA	ERTU	SU	GRADE Quality
Events			PIO			PIO									
Hospitalisation for heart failure	-	DPP-4 PLAC	-	DPP-4 PLAC	-	DPP-4 PLAC	-	-	-	-	N/A	-	DPP-4	-	Moderate
Hospitalisation for unstable angina	-	N/A	-	N/A	-	-	N/A	-	-	-	N/A	-	N/A	-	Moderate
Nonfatal MI	-	DPP-4	-	N/A	N/A	-	-	DPP-4	-	-	-	-	-	-	High
Nonfatal stroke	-	-	-	N/A	N/A	-	-	-	-	EMPA PLAC	N/A	EMPA PLAC	-	-	High
Severe hypoglycaemia	SU	SU	SU	SU PLAC DPP-4 PIO SEMA <sub>i</sub> SEMA <sub>o</sub>	SU PIO SEMA <sub>o</sub>	SU	N/A	SU PLAC DPP-4 PIO SEMA <sub>i</sub> SEMA <sub>o</sub>	SU	SU	SU	SU	SU DPP-4	-	High
3-POINT score	-	DPP-4 PLAC	-	-	N/A	PLAC	-	DPP-4 PLAC	-	DPP-4 PLAC SU	DPP-4 PLAC	PLAC	-	-	High

- 1 See [Appendix G](#) for the NMA results, [Appendix I](#) for full GRADE tables and section [1.1.11.3 Benefits and harms: discussion of the NMA and pairwise analysis results](#) for more information.
- 2

1 **Pairwise meta-analysis summary GRADE tables**

2 These tables only show the pairwise results for treatments that could not be included in the relevant NMA. The results are interpreted as follows:

- 3 • The evidence could not differentiate between treatments where the 95% CI crosses the line of no effect, and it is not completely between the  
4 MID, (i.e., it crosses one or both MIDs).  
5 • There was no meaningful difference where the 95% CI is completely between the MID.

6 See section 1.1.3 for more details on the interpretation of results and the other categories (effects greater or less than the MID and clinically  
7 meaningful effects).

8 ***Dapagliflozin versus placebo***

9 **Table 4 Dapagliflozin versus placebo**

No. of studies	Study design	Sample size	Effect size (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Interpretation	Quality
<b>Myocardial infarction (unclear if fatal or nonfatal)</b>							
1 <sup>a</sup>	RCT	17,160	HR 0.89 (0.78 to 1.02)	51 per 1000	45 per 1000 (40 to 52)	The evidence could not differentiate between comparators for myocardial infarction.	Moderate
<b>Ischaemic stroke (unclear if fatal or nonfatal)</b>							
1 <sup>a</sup>	RCT	17,160	HR 1.01 (0.84 to 1.21)	27 per 1000	27 per 1000 (23 to 33)	The evidence found no meaningful difference between comparators for stroke.	High
<sup>a</sup> Wiviott et al 2019 (DECLARE-TIMI 58)							

10 ***Saxagliptin versus placebo***

11 **Table 5 Saxagliptin versus placebo**

No. of studies	Study design	Sample size	Effect size (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Interpretation	Quality
<b>Myocardial infarction (unclear if fatal or nonfatal)</b>							
1 <sup>a</sup>	RCT	16,492	HR 0.95 (0.80 to 1.12)	34 per 1000	32 per 1000 (27 to 38)	The evidence could not differentiate between comparators for myocardial infarction.	Moderate

No. of studies	Study design	Sample size	Effect size (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Interpretation	Quality
<b>Stroke (unclear if fatal or nonfatal)</b>							
1 <sup>a</sup>	RCT	16,492	HR 1.11 (0.88 to 1.40)	17 per 1000	19 per 1000 (15 to 24)	The evidence could not differentiate between comparators for stroke.	Moderate
<sup>a</sup> Scirica et al 2013 (SAVOR-TIMI 53)							

1 ***Lixisenatide versus placebo***

2 **Table 6 Lixisenatide versus placebo**

No. of studies	Study design	Sample size	Effect size (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Interpretation	Quality
<b>Myocardial infarction (fatal and nonfatal)</b>							
1 <sup>a</sup>	RCT	6,068	HR 1.03 (0.87 to 1.22)	86 per 1000	89 per 1000 (75 to 105)	The evidence found no meaningful difference between comparators for myocardial infarction.	High
<b>Stroke (fatal and nonfatal)</b>							
1 <sup>a</sup>	RCT	6,068	HR 1.12 (0.79 to 1.58)	20 per 1000	22 per 1000 (16 to 32)	The evidence could not differentiate between comparators for stroke.	Low
<sup>a</sup> Pfeffer et al 2013 (ELIXA)							

3 ***DPP-4 versus placebo***

4 **Table 7 DPP-4 versus placebo**

No. of studies	Study design	Sample size	Effect size (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Interpretation	Quality
<b>Sitagliptin</b>							
<b>Myocardial infarction (fatal and nonfatal)</b>							

No. of studies	Study design	Sample size	Effect size (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Interpretation	Quality
1 <sup>a</sup>	RCT	14,671	HR 0.95 (0.81 to 1.11)	43 per 1000	41 per 1000 (35 to 48)	The evidence found no meaningful difference between comparators for myocardial infarction.	High
<b>Stroke (fatal and nonfatal)</b>							
1 <sup>a</sup>	RCT	14,671	HR 0.97 (0.79 to 1.19)	25 per 1000	24 per 1000 (20 to 30)	The evidence could not differentiate between comparators for stroke.	Moderate
<b>DPP-4 (Sitagliptin; Alogliptin)</b>							
<b>Severe hypoglycaemia</b>							
2 <sup>a,b</sup>	RCT	19,903	RR 1.15 (0.92 to 1.44)	14 per 1000	16 per 1000 (13 to 20)	The evidence could not differentiate between comparators for severe hypoglycaemia.	Moderate
<sup>a</sup> Green et al 2013 (TECOS)							
<sup>b</sup> White et al 2013 (EXAMINE)							

1 ***Pioglitazone versus placebo***

2 **Table 8 Pioglitazone versus placebo**

No. of studies	Study design	Sample size	Effect size (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Interpretation	Quality
<b>Stroke (not further defined)</b>							
1 <sup>a</sup>	RCT	5,238	HR 0.81 (0.61 to 1.07)	41 per 1000	33 per 1000 (25 to 44)	The evidence could not differentiate between comparators for stroke.	Moderate
<sup>a</sup> Wilcox et al 2008 (PROactive)							

1 **Exenatide versus placebo**

2 **Table 9 Exenatide versus placebo**

No. of studies	Study design	Sample size	Effect size (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Interpretation	Quality
<b>Severe hypoglycaemia</b>							
1 <sup>a</sup>	RCT	14,716	RR 1.13 (0.95 to 1.35)	30 per 1000	34 per 1000 (29 to 41)	The evidence could not differentiate between comparators for severe hypoglycaemia.	Moderate
<sup>a</sup> Holman et al 2017 (EXSCEL)							

3 See [Appendix I](#) for full GRADE tables.

### 1 **1.1.7 Economic evidence**

2 A systematic review was conducted to identify economic evaluations for this review question.  
3 A date filter was applied to exclude papers which were incorporated in the previous iteration  
4 of the guideline and the search was based on the clinical search with a health economic filter  
5 applied. The search yielded 382 unique citations.

6 In order to assist the committee's decision making it was specified that only UK based  
7 studies should be included. As the scope of the guideline includes a wide variety of drug  
8 classes, it was felt that multiple pairwise cost-utility analyses (CUAs), with varying underlying  
9 models would hinder, as opposed to aid decision making. Hence only studies which included  
10 all comparators of interest were included. The committee also stressed the importance of  
11 incorporating evidence directly from CVOTs where available as opposed to using surrogate  
12 models, which have been shown to perform poorly (Si et al. 2020) and do not appear to fully  
13 capture the treatment effects for newer drug classes.

14 This search criteria resulted in 0 CUAs being included.

15 It is somewhat surprising that despite the proliferation of CVOTs no existing CUAs provide  
16 comparisons between all treatment classes. Whilst they did not reach the threshold for  
17 inclusion based on the pairwise nature of the analysis, three studies were found which  
18 employed a similar hybrid approach of surrogate modelling combined with direct CVOT trial  
19 results.

20 Ramos et al. (2019) compared the cost-effectiveness of empagliflozin compared with  
21 sitagliptin or saxagliptin. The IQVIA Core Diabetes Model (CDM) was calibrated to replicate  
22 CVOT hazard ratios until a patient reached the HbA1c intensification threshold (70 mmol/mol  
23 or 8.5%). After this point the UKPDS risk equations were applied. Empagliflozin was found to  
24 be cost-effective versus both sitagliptin and saxagliptin, with results robust to sensitivity  
25 analysis. This study was funded by the manufacturer of empagliflozin.

26 Ramos et al. (2020) compared the cost-effectiveness of empagliflozin + standard of care  
27 (SoC) with liraglutide + SoC and SoC in patients with established cardiovascular disease.  
28 The CDM was calibrated to replicate outcomes from the EMPA-REG and LEADER trials with  
29 the treatment effect applied until a patient reached the HbA1c intensification threshold (70  
30 mmol/mol or 8.5%). Empagliflozin + SoC dominated liraglutide + SoC and empagliflozin +  
31 SoC was associated with a base-case ICER of £6428 versus SoC alone. A minimum  
32 approach to estimate utilities was applied, meaning that for a patient with a history of multiple  
33 events the lowest value was used. The study was funded by the manufacturers of  
34 empagliflozin.

35 McEwan et al. (2020) assessed the cost-effectiveness of SGLT2 inhibitors using clinical trial  
36 and real-world evidence. The Cardiff T2 model was adapted to incorporate the survival  
37 curves from real-world studies and trials involving SGLT2s. In a UK setting SGLT2s were  
38 found to be highly cost-effective in a UK setting. It is notable that the majority of the cost  
39 reduction using SGLT2s was as a result of reduced CKD (including ESRD). The study was  
40 funded by the manufacturers of dapagliflozin.

41 Further details of excluded studies are outlined in [Appendix M](#).

### 42 **1.1.8 Summary of included economic evidence**

43 As outlined in [Section 1.1.7](#), no directly applicable CUAs including all interventions were  
44 identified for this review question. For this reason, an original economic model was  
45 developed to support the guideline.

### 1.1.9 Economic model

The economic model comprises of two modules which incorporate the evidence from the cardiovascular outcome trials (CVOTs) alongside evidence for treatments without CVOTs taken from NG28.

The committee felt that where available, the modelling of direct CVOT outcomes (such as MI or stroke) was more informative for decision making as opposed to the traditional modelling of surrogate outcomes (such as HbA1c) commonly employed in diabetes modelling.

This cost-utility analysis has a time horizon of 40 years, uses an NHS and personal social services perspective and a discount rate of 3.5% for both costs and QALYs.

Interventions are explored both as additions to the standard care comparator treatments and as replacements of components of standard care. As well as the total population, four subgroups are modelled.

Interventions: Anti-diabetic treatments studied in cardiovascular outcome trials (CVOTs), expected to include:

- DPP-4 inhibitors (sitagliptin, saxagliptin, lingagliptin, alogliptin)
- GLP-1 receptor agonists (exenatide, liraglutide, lixisenatide, dulaglutide, semaglutide (injectable), semaglutide (oral))
- SGLT2 inhibitors (canagliflozin, dapagliflozin, empagliflozin, ertugliflozin)
- Pioglitazone

Comparators: Some treatments modelled in NG28 that have not been studied in CVOT trials. Comparators differ by level of treatment intensification:

- Initial therapy (metformin/ placebo)
- First intensification (metformin/ metformin + sulfonylurea)
- Second intensification (metformin + NPH insulin /metformin + sulfonylurea + NPH insulin)

Subgroups:

- High BMI
- Primary prevention - Patients with high cardiovascular risk based on cardiovascular risk factors
- Secondary prevention - Patients with a history of cardiovascular events
- High CV Risk – a combination of primary a secondary prevention

For non-CVOT treatments an implementation of the UKPDS risk equations was developed and used the surrogate biomarker changes extracted for the NG28 clinical review to predict baseline event rates over time to which the CVOT hazard ratios are applied. Cardiovascular events (MI, stroke, IHD and CHF) and microvascular events (Blindness, Amputation and Ulcers) and renal failure are modelled for the non-CVOT drugs, with hazard ratios extracted from the clinical review for MI, stroke, IHD and CHF applied to the CVOT drugs.

Short term in-year events are also modelled. Costs and QALYs relating to rates of hypoglycaemia, treatment-related change in BMI and injections are applied to living patients in each modelled year and relevant costs and QALYs are applied.

1 In order to apply the CVOT hazard the UKPDS individual patient-level outputs are converted  
2 to states in a multi-state model which allows full incorporation of all CVOT hazard ratios.

3 The multi-state model contains states which track events and history of events (e.g. the state  
4 of suffering an in-year MI with a history of heart failure is different to the state of suffering an  
5 in-year MI with no event history). This structure allows the direct application of CVOT hazard  
6 ratios to align with the outcomes the committee valued most highly.

7 At £20,000-£30,000 per QALY gained, the only drugs cost-effective in any of the base-case  
8 analyses were the SGLT2s. [Table 10](#) to [Table 15](#) outline the ICERs for the CVOT  
9 interventions compared to non-CVOT regimens for each intensification level, stratified into  
10 scenarios where the CVOT replaces a component of the non-CVOT regimen and where the  
11 CVOT is added to the non-CVOT regimen. Results are presented for all subgroups. Net  
12 monetary benefit rankings are presenting in the column next to the ICERs. Note that the net  
13 monetary benefit ranking of the non-CVOT regimen is not shown in the table below. See the  
14 health economic model report for further details on the methods and economic model results.

15 Sensitivity analyses were used to explore the effect of removing parameters associated with  
16 uncertainty that were known drivers of the results. The sensitivity analyses performed  
17 showed that removing hypos makes pioglitazone highly cost-effective, whereas other drugs  
18 typically gain or lose a proportion of their QALYs with no clear within-class trends. Removing  
19 the QALYs associated with injections leads to a QALY gain for the injectable GLP-1s, with  
20 injectable semaglutide being associated with the lowest ICER within the GLP-1s. Typically  
21 the higher cost of GLP-1s compared with SGLT-2s prevents them from being associated with  
22 the lowest ICERs. Removing the QoL impact of BMI change has a small overall impact  
23 however as GLP-1s are associated with the highest weight loss they lose more QALYs in  
24 this scenario than other treatments. The sensitivity analyses were designed to be exploratory  
25 and explored the model's sensitivity to extreme scenarios where parameters were removed,  
26 and as such did not reflect the committee's preferred model assumptions.

1 **Table 10: Initial therapy - replacement**

Drug	All T2 patients		High CV risk – no prior event		High CV risk – prior event		All high CV risk		High BMI	
Alogliptin	Dominated	9	Dominated	9	Dominated	8	Dominated	9	Dominated	9
Linagliptin	£265,517	8	£185,349	8	Dominated	9	£253,835	8	£203,470	7
Saxagliptin	Dominated	12	Dominated	13	Dominated	12	Dominated	13	Dominated	13
Sitagliptin	£119,284	7	£106,167	7	£85,445	7	£114,125	7	£127,721	8
Dulaglutide	£85,134	10	£71,385	11	£65,338	11	£69,112	10	£87,684	10
Exenatide	£164,207	13	£128,525	12	£113,955	13	£128,188	12	£170,510	12
Liraglutide	Dominated	16	Dominated	16	£355,776	16	Dominated	16	Dominated	16
Lixisenatide	Dominated	14	Dominated	14	Dominated	14	Dominated	14	Dominated	14
Semaglutide (injection)	£90,451	11	£71,498	10	£44,778	10	£73,417	11	£114,951	11
Semaglutide (oral)	Dominated	15	Dominated	15	Dominated	15	Dominated	15	Dominated	15
Pioglitazone	Dominated	6	£116,326	5	£21,069	3	£100,244	5	Dominated	6
Canagliflozin	£25,504	4	£20,769	3	£21,666	4	£20,988	3	£24,270	5
Dapagliflozin	£17,670	1	£16,443	1	£16,916	1	£16,556	1	£16,839	1
Empagliflozin	£26,730	5	£25,330	6	£22,676	5	£25,438	6	£23,806	4
Ertugliflozin	£25,400	3	£22,525	4	£33,510	6	£22,821	4	£22,772	3

1 **Table 11: Initial therapy - addition**

Drug	All T2 patients		High CV risk – no prior event		High CV risk – prior event		All high CV risk		High BMI	
Alogliptin	Dominated	9	Dominated	9	Dominated	8	Dominated	9	Dominated	9
Linagliptin	£249,251	7	£181,635	7	Dominated	9	£246,734	7	£198,449	7
Saxagliptin	Dominated	12	Dominated	13	Dominated	12	Dominated	13	Dominated	13
Sitagliptin	£192,598	8	£152,891	8	£113,281	7	£168,493	8	£217,300	8
Dulaglutide	£80,221	10	£69,092	10	£62,777	11	£67,023	10	£82,414	10
Exenatide	£215,778	13	£157,100	12	£135,114	13	£156,496	12	£228,497	12
Liraglutide	Dominated	15	£3,504,735	15	£275,683	15	£2,855,842	15	Dominated	15
Lixisenatide	Dominated	14	Dominated	14	Dominated	14	Dominated	14	Dominated	14
Semaglutide (injection)	£103,323	11	£79,699	11	£47,685	10	£81,630	11	£135,153	11
Semaglutide (oral)	Dominated	16	Dominated	16	Dominated	16	Dominated	16	Dominated	16
Pioglitazone	Dominated	6	Dominated	6	£75,098	6	Dominated	6	Dominated	6
Canagliflozin	£31,914	5	£24,923	5	£25,041	4	£25,132	5	£30,357	5
Dapagliflozin	£16,145	1	£15,376	1	£15,695	1	£15,464	1	£15,435	1
Empagliflozin	£25,950	4	£25,017	4	£22,067	3	£25,076	4	£23,264	4
Ertugliflozin	£24,274	3	£22,008	3	£31,441	5	£22,283	3	£21,952	3

2 **Table 12: First intensification - replacement**

Drug	All T2 patients		High CV risk – no prior event		High CV risk – prior event		All high CV risk		High BMI	
Alogliptin	Dominated	9	Dominated	9	Dominated	8	Dominated	9	Dominated	9
Linagliptin	£222,240	7	£140,587	7	Dominated	9	£363,173	8	£185,291	7
Saxagliptin	Dominated	12	Dominated	13	Dominated	12	Dominated	13	Dominated	13
Sitagliptin	£118,518	8	£110,651	8	£87,744	7	£116,919	7	£126,945	8
Dulaglutide	£82,736	11	£70,764	11	£63,019	11	£67,923	11	£85,965	10
Exenatide	£163,702	13	£132,781	12	£115,352	13	£131,946	12	£171,785	12
Liraglutide	Dominated	16	Dominated	16	£385,874	16	Dominated	16	Dominated	16
Lixisenatide	Dominated	14	Dominated	14	Dominated	14	Dominated	14	Dominated	14

Drug	All T2 patients		High CV risk – no prior event		High CV risk – prior event		All high CV risk		High BMI	
Semaglutide (injection)	£81,100	10	£70,189	10	£42,441	10	£66,319	10	£101,227	11
Semaglutide (oral)	Dominated	15	Dominated	15	Dominated	15	Dominated	15	Dominated	15
Pioglitazone	Dominated	6	Dominated	5	£23,674	3	£204,705	5	Dominated	6
Canagliflozin	£26,793	4	£22,190	4	£23,920	4	£22,939	3	£25,571	5
Dapagliflozin	£17,787	1	£16,551	1	£17,878	1	£16,972	1	£16,979	1
Empagliflozin	£28,395	5	£26,835	6	£26,293	5	£27,857	6	£25,087	4
Ertugliflozin	£26,049	3	£22,732	3	£38,983	6	£24,537	4	£23,421	3

1 Table 13: First intensification - addition

Drug	All T2 patients		High CV risk – no prior event		High CV risk – prior event		All high CV risk		High BMI	
Alogliptin	Dominated	9	Dominated	9	Dominated	8	Dominated	9	Dominated	9
Linagliptin	£180,999	6	£122,531	7	Dominated	9	£263,975	7	£153,134	6
Saxagliptin	Dominated	13	Dominated	13	Dominated	12	Dominated	13	Dominated	13
Sitagliptin	£259,172	8	£221,947	8	£142,327	7	£246,451	8	£301,735	8
Dulaglutide	£72,035	10	£62,864	10	£57,370	10	£60,718	10	£74,315	10
Exenatide	£228,660	12	£172,601	12	£146,081	13	£171,452	12	£243,498	12
Liraglutide	£1,114,410	15	£555,294	15	£227,151	15	£531,758	15	£1,022,648	15
Lixisenatide	Dominated	14	Dominated	14	Dominated	14	Dominated	14	Dominated	14
Semaglutide (injection)	£92,797	11	£79,368	11	£45,838	11	£74,342	11	£119,629	11
Semaglutide (oral)	Dominated	16	Dominated	16	Dominated	16	Dominated	16	Dominated	16
Pioglitazone	Dominated	7	Dominated	6	Dominated	6	Dominated	6	Dominated	7
Canagliflozin	£34,644	5	£27,464	5	£29,470	5	£28,544	5	£32,593	5
Dapagliflozin	£14,756	1	£13,814	1	£15,415	1	£14,181	1	£14,129	1
Empagliflozin	£24,975	4	£23,582	4	£24,140	3	£24,494	4	£22,259	4
Ertugliflozin	£22,396	3	£19,742	2	£32,252	4	£21,169	3	£20,289	3

1 **Table 14: Second intensification - replacement**

Drug	All T2 patients	High CV risk – no prior event	High CV risk – prior event	All high CV risk	High BMI					
Alogliptin	Dominated	9	Dominated	9	Dominated	9				
Linagliptin	£176,942	7	£106,118	7	Dominated	9	£300,837	7	£151,193	7
Saxagliptin	Dominated	13	Dominated	13	Dominated	12	Dominated	13	Dominated	13
Sitagliptin	£139,652	8	£138,361	8	£108,998	7	£144,023	8	£148,308	8
Dulaglutide	£74,699	10	£65,799	10	£56,633	11	£62,626	10	£76,697	10
Exenatide	£171,084	12	£145,252	12	£121,124	13	£141,808	12	£175,782	12
Liraglutide	£6,334,180	15	£1,046,000	15	£262,166	15	£791,498	15	£3,377,498	15
Lixisenatide	Dominated	14	Dominated	14	Dominated	14	Dominated	14	Dominated	14
Semaglutide (injection)	£74,532	11	£69,441	11	£42,448	10	£62,559	11	£89,597	11
Semaglutide (oral)	Dominated	16	Dominated	16	Dominated	16	Dominated	16	Dominated	16
Pioglitazone	Dominated	6	Dominated	6	£46,163	4	Dominated	6	Dominated	6
Canagliflozin	£28,922	5	£24,721	4	£26,039	5	£25,591	4	£26,974	5
Dapagliflozin	£16,343	1	£15,150	1	£16,598	1	£15,612	1	£15,567	1
Empagliflozin	£27,394	4	£25,871	5	£26,083	3	£26,930	5	£24,041	4
Ertugliflozin	£24,322	3	£21,077	3	£34,694	6	£23,240	3	£21,782	3

2 **Table 15: Second intensification - addition**

Drug	All T2 patients	High CV risk – no prior event	High CV risk – prior event	All high CV risk	High BMI					
Alogliptin	Dominated	8	Dominated	9	Dominated	9	Dominated	9	Dominated	8
Linagliptin	£157,990	6	£98,646	6	Dominated	8	£243,671	6	£136,238	6
Saxagliptin	Dominated	13	Dominated	14	Dominated	12	Dominated	13	Dominated	14
Sitagliptin	£390,845	7	£380,237	7	£205,586	7	£417,921	8	£469,520	7
Dulaglutide	£64,196	10	£56,984	10	£50,836	10	£54,794	10	£65,732	10
Exenatide	£240,722	12	£190,794	12	£153,393	13	£185,744	12	£250,564	12
Liraglutide	£391,861	15	£289,677	15	£166,180	15	£270,891	15	£372,298	15
Lixisenatide	Dominated	14	Dominated	13	Dominated	14	Dominated	14	Dominated	13

Drug	All T2 patients		High CV risk – no prior event		High CV risk – prior event		All high CV risk		High BMI	
	Cost (£)	N	Cost (£)	N	Cost (£)	N	Cost (£)	N	Cost (£)	N
Semaglutide (injection)	£78,902	11	£72,389	11	£44,076	11	£65,240	11	£96,461	11
Semaglutide (oral)	Dominated	16	Dominated	16	Dominated	16	Dominated	16	Dominated	16
Pioglitazone	Dominated	9	Dominated	8	Dominated	6	Dominated	7	Dominated	9
Canagliflozin	£38,727	5	£31,780	5	£32,899	5	£33,098	5	£35,449	5
Dapagliflozin	£13,548	1	£12,591	1	£14,200	1	£13,020	1	£12,974	1
Empagliflozin	£24,376	4	£23,071	4	£23,912	3	£24,083	4	£21,602	4
Ertugliflozin	£21,204	3	£18,549	2	£29,290	4	£20,287	3	£19,162	2

1

1 **1.1.10 Evidence statements**

2 Summaries of the clinical evidence are presented in [section 1.1.6](#).

3 As outlined in [section 1.1.7](#), a review of the economic literature did not return any directly  
4 applicable CUAs including all interventions relevant to the review question.

5 **1.1.11 The committee's discussion and interpretation of the evidence**

6 This discussion includes consideration of the clinical effectiveness evidence (see [section](#)  
7 [1.1.4](#)) and health economic evidence (see [section 1.1.7](#)) presented in this review.

8 **1.1.11.1. The outcomes that matter most**

9 From the review protocol the committee agreed that the key outcomes for decision making  
10 were cardiovascular events (cardiovascular mortality, myocardial infarction, stroke, unstable  
11 angina and congestive heart failure) and all-cause mortality. (The renal benefits of these  
12 drugs are being considered in another review for in people with type 2 diabetes and chronic  
13 kidney disease (CKD) as part of an update of the CKD guideline. This is because  
14 cardiovascular events are common in type 2 diabetes and related to increased morbidity and  
15 reduced life expectancy. The committee noted that the primary cause of mortality in type 2  
16 diabetes were cardiovascular events but agreed that both types of mortality (all-cause  
17 mortality and cardiovascular mortality) carried equal weight. The committee also discussed  
18 the key issue that people with type 2 diabetes may prioritise the relative importance of  
19 mortality and clinical outcomes differently to clinicians and may place more emphasis on  
20 quality-of-life issues such as weight gain or loss, the tolerability of a drug and any side effects  
21 or adverse events related to taking the drug. The committee also agreed that the relative  
22 importance of these outcomes to an individual may be affected by personal factors such as  
23 the person's age, the duration of their diabetes diagnosis and their current level of  
24 cardiovascular risk. In addition, the committee discussed that for a person with type 2  
25 diabetes, willingness to accept more intensive drug therapy with increased side effects may  
26 depend on their perceived level, and attitude towards, risk of a cardiovascular event.

27 The committee agreed that hypoglycaemia unawareness (a complication of diabetes in which  
28 people, with diabetes do not show the usual adrenergic hypoglycaemia symptoms in  
29 response to a rapid or large reduction in blood glucose) is also an important outcome for  
30 people with type 2 diabetes. However, it is a relatively rare complication in comparison to  
31 people with type 1 diabetes and was not prioritised by the committee because it is not an  
32 outcome routinely reported in the included RCTs. Hypoglycaemia unawareness was  
33 therefore not included in the review protocol because the economic modelling for the  
34 outcomes can only consider a limited number of clinical factors.

35 **1.1.11.2 The quality of the evidence**

36 The committee noted that the quality of the evidence in the pairwise analyses was moderate  
37 and in the network meta-analyses (NMA) this ranged from moderate to high as assessed  
38 using a modified form of GRADE (please see [Table 17](#) and the section on [Modified GRADE](#)  
39 [for intervention studies analysed using network meta-analysis](#) in appendix B for more  
40 details). Two outcomes were downgraded to moderate quality in the NMAs, hospitalisation  
41 for heart failure, which was downgraded due to [heterogeneity](#) between the medications  
42 ( $I^2 > 50\%$ ) and hospitalisation for unstable angina which was downgraded for imprecision. The  
43 pairwise analyses were all downgraded to moderate quality due to imprecision. Two NMA  
44 outcomes (severe hypoglycaemia and any discontinuation) had sensitivity analyses  
45 conducted using random effects models to confirm their findings, as the heterogeneity was  
46 assessed as close to the  $I^2$  model choice threshold of 50%. The NMA for hospitalisation for

1 heart failure had a sensitivity analysis conducted using a fixed effects model (removing 1 trial  
2 which caused significant heterogeneity in the NMA model).

3 The evidence was provided by 16 double blind, randomised controlled trials. In 15 of the  
4 trials the comparator was placebo and in 1 trial the comparator was an active drug. Following  
5 the review protocol outcomes which were reported the same way across the trials were  
6 analysed using NMAs to assess the relative effectiveness of each treatment versus other  
7 treatments or placebo (see section 1.1.3 Methods and process for more details on which  
8 outcomes were extracted and in what format). Although the committee were interested in all  
9 recorded events of unstable angina or congestive heart failure, they noted that the majority of  
10 the trials reported hospitalisation for these events. They agreed that in the absence of data  
11 on all the events the data for hospitalisation still provided useful information about the impact  
12 of the drugs on these outcomes. For myocardial infarction and stroke non-fatal event data  
13 was extracted to prevent double counting with the cardiovascular normality outcome and  
14 used in the NMAs. Outcomes which were unclear or different between the trials (for example  
15 if it was unclear if an event was fatal or nonfatal for stroke and myocardial infarction, or, if  
16 events were reported as both fatal and nonfatal) were reported separately to the NMA as  
17 pairwise comparisons.

18 The committee noted that there was no cardiovascular outcome trial evidence for some of  
19 the treatments listed in the review protocol (biguanides, sulfonylureas other than glimepiride,  
20 and vildagliptin). The committee also noted that not every RCT contributed to each NMA due  
21 to different outcomes being reported by each trial.

22 The committee noted that 6 of the 16 RCTs only included people with established  
23 cardiovascular disease (CVD) (secondary prevention group) and that the remaining 10 trials  
24 included people with both established CVD and those at high risk due to being older age  
25 and/or having additional CVD risk factors. However, the committee noted that in 7 of the 10  
26 trials most participants also had established CVD with percentages of participants with  
27 established CVD ranging from 57% - 85%. The committee discussed whether people with  
28 type 2 diabetes and CV risk factors are likely to respond in the same way to treatment  
29 interventions to those people with established CVD. The committee agreed that for the  
30 treatments under review in this update it was reasonable to assume that the relative  
31 treatment effects would be similar, but that baseline risks may be different between these  
32 CVD risk groups. They noted that this difference in baseline risks is being considered as part  
33 of the economic modelling work. They therefore agreed that pooled data covering both  
34 groups of people from these studies could be used in the analyses alongside the data from  
35 studies that only included people with established CVD. The committee agreed that because  
36 of the inclusion criteria of these trials caution may be needed when generalising the findings  
37 of these trials beyond people with type 2 diabetes who are at high or very high risk of CVD  
38 events.

39 The committee discussed the difference in kidney function of the included study populations  
40 at baseline between the RCTs (as measured using estimated glomerular filtration rate  
41 [eGFR]). Where reported, the proportion of people with an eGFR <60 ml/min varied between  
42 trials from 10% to 60%, reflecting differences in the severity of their chronic kidney disease  
43 (CKD). Eight of the studies also reported urine albumin-to-creatinine ratio (UACR), but the  
44 method of reporting varied making comparison across studies harder (see evidence table  
45 baseline characteristics for this information where it is available). The committee noted that  
46 some drugs can be used in people with very reduced kidney function, while the use of other  
47 drugs should be avoided below a certain eGFR level. The committee agreed that the  
48 differences in eGFR inclusion criteria and baseline levels between the RCTs most likely  
49 represented the use of each drug in people with reduced kidney function based on the  
50 licences of the individual drugs. Although there were differences in the baseline levels of  
51 kidney dysfunction between trials the committee agreed these differences were not so  
52 pronounced that the data from these trials could not be pooled for analysis for comparison  
53 using NMAs, although they agreed that the variation in inclusion criteria between trials for

1 kidney function and for CV risk was a limitation. The committee also noted that in practice  
2 they would expect around 40% of people with type 2 diabetes to have some kidney  
3 dysfunction during their lifetime although this may be increasing as more younger people  
4 develop the disease and that people with type 2 diabetes who had higher CV risk or  
5 established CVD were more likely to have CKD. The severity of CKD as shown by baseline  
6 eGFR was not seen to be unrepresentative of people with type 2 diabetes with high CV risk  
7 and therefore the committee agreed the quality of the evidence should not be downgraded.

8 The committee also discussed the racial and ethnic populations in the included trials. All the  
9 trials were conducted in multiple countries and often across different continents. Caucasian  
10 participants made up the majority of the studied populations in all trials (approx. 67-99%,  
11 [99% in 1 RCT of thiazolidinedione]) with much smaller percentages of Black (approx. 3-7%)  
12 and Asian participants (ranging from approximately 6-22%). These percentages may be  
13 approximately representative of the ethnicities of the populations in the countries the  
14 participants were recruited from, but the committee noted that in the UK a higher proportion  
15 of people from the Asian and Black communities may have a predisposition to type 2  
16 diabetes, and that as a result they are likely to be underrepresented in the trials. In addition,  
17 they noted that the differences in racial and ethnic recruitment to the trials could affect event  
18 rates as certain racial and ethnic groups may have a higher baseline risk of cardiovascular  
19 events in type 2 diabetes than others. However, the committee decided that this evidence  
20 was still generalisable to the UK and agreed not to downgrade the results of the NMAs and  
21 pairwise analyses.

22 The committee agreed to group DPP-4 and sulfonylureas (SU) as drug classes for the  
23 purpose of the network meta-analyses, as it was expected that there would be limited  
24 difference between the effectiveness of the individual drugs in each class. However, these  
25 drugs were analysed separately in the economic model in case differences did exist. The  
26 committee noted that only 1 sulfonylurea glimepiride was included in the RCTs which is used  
27 less commonly than, for example, sulfonylurea gliclazide in some areas of the UK. The  
28 committee considered whether glimepiride alone was sufficient to represent all sulfonylureas  
29 but decided that on balance that it was likely that any differences in outcomes between  
30 sulfonylureas would be small and therefore they agreed that this data could still be used to  
31 represent SUs as a class.

32 The committee noted that 2 trials had lower numbers of participants and events than other  
33 trials (PIONEER-6 and SUSTAIN-6). They also noted that 2 outcomes had fewer events than  
34 other outcomes (stroke and hospitalised for unstable angina) across most of the trials. This  
35 may increase uncertainty in the outcomes from these trials and as smaller numbers of events  
36 lead to wider 95% confidence intervals. The committee noted that there might be greater  
37 uncertainty around the results of the NMAs for comparisons that included these trials and  
38 they agreed to take this into account when looking at the results of the NMAs and economic  
39 model.

40 Overall, the committee agreed that despite the caveats with the evidence discussed above  
41 the CVOT data was directly applicable to the UK population and of sufficient quality to be  
42 used to inform the economic model.

### 43 **1.1.11.3 Benefits and harms: discussion of the NMA and pairwise analysis results**

44 The committee discussed the evidence from the NMAs and the pairwise evidence that was  
45 used to inform them. There were 16 trials included in the analyses and the numbers of  
46 participants in these trials ranged from 3,183 (PIONEER-6) to 17,160 (DECLARE-TIMI 58)  
47 with the majority of trials having over 6,000 participants. The PIONEER-6 and SUSTAIN- 6  
48 trials for oral and injectable semaglutide respectively had lower number of participants (see  
49 above for more discussion about the impact this could have on the certainty of the results).

50 Please see section [1.1.3 Methods and process](#) for a description of the interpretation of the  
51 results using the minimal clinically important differences. For an effect to be described as

1 clinically meaningful it had to be greater than the MID. The results are summarised in [Table](#)  
2 [3](#).

3 The NMA for all-cause mortality ([Figure 1](#)) and cardiovascular mortality ([Figure 3](#)) included  
4 all 16 trials, their interventions and comparators. These networks were star shaped and had  
5 a thicker connection between DPP-4 and placebo, denoting the 4 trials for the DPP-4 class  
6 compared to placebo. The other comparisons all consisted of data from single trials. The star  
7 shaped network displays graphically how almost all the comparisons were between the  
8 intervention and placebo; with the exception of a single spur for DPP-4 compared to  
9 sulfonylurea there were no other direct drug-drug comparisons. Therefore, the only direct  
10 comparisons were intervention to placebo apart from the single DPP-4 to sulfonylurea study.  
11 The remaining evidence for drugs versus other drugs in the network came from indirect  
12 evidence. This is shown clearly when we examine the proportions of the NMA evidence that  
13 are derived from direct and indirect evidence for each network. Since there were no loops in  
14 the network inconsistency between direct and indirect estimates of effect was not possible  
15 and so no inconsistency checks were carried out.

16 The committee discussed the high-quality evidence from the NMA for all-cause mortality  
17 presented in the caterpillar plot (see [Figure 2](#)) and noted that no treatment was worse than  
18 placebo. The committee noted that 4 interventions showed a reduction in the risk of all-cause  
19 mortality compared with placebo (empagliflozin and oral semaglutide with clinically  
20 meaningful effects greater than the minimal important difference (MID), and a reduction of  
21 less than the MID for exenatide and liraglutide). The committee noted that in the NMA results  
22 shown in the relative effectiveness table ([Table 19](#)) empagliflozin and oral semaglutide  
23 showed a clinically meaningful reduction in the risk of all-cause mortality compared with  
24 exenatide with an effect greater than MID but could not be differentiated compared to each  
25 other. Liraglutide could not be differentiated from oral semaglutide and from empagliflozin.  
26 The committee noted that while oral semaglutide showed a clinically meaningful reduction in  
27 risk of all-cause mortality estimate against placebo, it had greater imprecision (broader 95%  
28 confidence intervals; HR 0.51, [0.31 to 0.84]) than was seen for empagliflozin versus placebo  
29 (HR 0.68, [0.57 to 0.82]). The committee noted the probability that oral semaglutide (P  
30 score=0.9773) and empagliflozin (P score=0.9259) were most effective compared to other  
31 treatments and that both DPP-4 and sulfonylurea were ranked worse than placebo. However,  
32 the committee noted the lack of 95% CI for the P scores ([Table 20](#)) that would allow them to  
33 determine whether there were overlaps in ranking between any of the treatments (for  
34 example in the relative effectiveness chart ([Table 19](#)) the results could not differentiate  
35 between oral semaglutide and empagliflozin). They were careful to take this limitation into  
36 account when interpreting the table and comparing it to the relative effectiveness results.

37 Similar findings were noted by the committee for the high-quality evidence from the NMA for  
38 the cardiovascular mortality outcome where 3 interventions (empagliflozin, liraglutide and  
39 oral semaglutide) showed a clinically meaningful reduction in the risk of CV mortality  
40 compared to placebo with effects greater than the MID ([Figure 4](#)) but could not be  
41 differentiated from each other in terms of relative effectiveness in the NMA ([Table 21](#)). Again,  
42 no intervention was worse than placebo. The committee noted that the probability ranking  
43 showed that oral semaglutide (P score=0.9552) and empagliflozin (P score=0.9322) ([Table](#)  
44 [22](#)) were likely to be the most effective interventions compared to other treatments and this  
45 was in agreement with the relative effectiveness results that showed that these drugs were  
46 better than placebo and multiple other drugs. Liraglutide (P score = 0.7818) was less likely to  
47 be the most effective and this was reflected in the relative effectiveness data where it was  
48 only better than placebo and DPP-4.

49 Oral semaglutide showed a clinically meaningful reduction in the risk of all-cause mortality  
50 compared to placebo. In contrast, the effects of injectable semaglutide could not be  
51 differentiated from placebo. In addition, oral semaglutide showed a clinically meaningful  
52 reduction in the risk of all-cause mortality compared to injectable semaglutide (HR 2.06, [1.12  
53 to 3.79]). The committee agreed that it was unexpected that there was such a pronounced

1 difference in effectiveness between oral and injectable forms of semaglutide for the all-cause  
2 mortality outcome compared to each other and to placebo given that they are the same drug.  
3 The committee discussed possible reasons to explain this including whether there were  
4 differences in trial populations. The results for these drugs came from 2 trials, one of each  
5 intervention which compared to other trials in the review were the 2 smallest; N=3,183 [oral  
6 semaglutide] and N=3,297 [injectable semaglutide]). However, the committee did not identify  
7 any major differences between the trials. Alternatively, the committee discussed whether the  
8 pharmacokinetics related to the different routes of administration could lead to differences in  
9 effectiveness, but they thought this was unlikely given that they were meant to both deliver  
10 an effective dose of drug. The committee looked at the results for cardiovascular mortality to  
11 see if these differences were maintained. They noted that in the NMA relative effectiveness  
12 chart cardiovascular mortality could not be differentiated between the oral and injectable  
13 forms of semaglutide ([Table 21](#)). Furthermore, the committee noted that the 2 forms of  
14 semaglutide could not be differentiated for any other outcome relevant to each other, apart  
15 from the outcome of any discontinuation where injected semaglutide showed a clinically  
16 meaningful reduction in discontinuations (HR 0.72, [0.57 to 0.91]) compared to oral  
17 semaglutide ([Table 23](#)). The committee also noted the uncertainty due to wide 95% CI for  
18 many outcomes with these drugs, due to the smaller numbers of participants and events in  
19 the trials (see section 1.1.11.2 above). (This was also the case for the comparison of oral  
20 semaglutide compared to injectable semaglutide for all-cause mortality (HR 2.06, [1.12 to  
21 3.79]), although the point estimate fell outside the MID). Taking the above into account, the  
22 committee were less certain that any differences seen in all-cause mortality between the 2  
23 forms of semaglutide were real and decided not to place undue weight on this.

24 For both all-cause mortality and CV mortality, empagliflozin showed a clinically meaningful  
25 reduction in the risk of all-cause mortality and CV mortality compared with other SGLT2  
26 drugs. The committee discussed why empagliflozin (an SGLT2) might be more effective than  
27 other drugs of the SGLT2 class for these outcomes. The committee noted that the EMPA-  
28 REG (empagliflozin) trial was in a population (N=7,020) with established CVD only. However,  
29 the committee noted that another SGLT2 trial (ertugliflozin in the VERTIS-CV [N=8,246]) also  
30 included people with only established CVD, and this did not have the same effects versus  
31 placebo or relative to other SGLT2 drugs. The population in the VERTIS-CV trial was similar  
32 to the EMPA-REG trial. Both trials included people with established CVD only, but the  
33 population in the VERTIS-CV trial had higher rates of heart failure at baseline than the  
34 EMPA-REG trial (approximately 24% versus 10%) and slightly more events in the control  
35 arm (all-cause mortality 9.2% compared with 8.3%; and CV mortality 6.7% compared with  
36 5.9%) than the EMPA-REG trial. The other 2 SGLT2 trials (CANVAS and DECLARE-TIMI  
37 58) were both conducted in mixed populations of people with and without established CVD.  
38 The DECLARE-TIMI 58 (dapagliflozin) trial had the lowest proportion of people (<41%) with  
39 established CVD at baseline and much lower control arm events rates for both outcomes.  
40 The CANVAS trial (canagliflozin) had higher rates of established CVD at baseline (65.6%)  
41 but again had lower control arm event rates for the all-cause and CV mortality outcomes. The  
42 committee thought that differences between the study populations and the event rates might  
43 explain the observed differences in effects seen for these outcomes for canagliflozin and  
44 dapagliflozin compared to empagliflozin. They were less certain about the reason for the  
45 differences between empagliflozin and ertugliflozin. The committee noted that the difference  
46 in effectiveness between empagliflozin and the other SGLT2s was not sustained consistently  
47 across the remaining outcomes and agreed to look at the results of the economic model,  
48 which would integrate the effects of the drugs across all the outcomes, before making  
49 decisions about whether to treat the SGLT2s as a class or as individual drugs when making  
50 recommendations.

51 The committee noted that the network for hospitalisation for heart failure was similarly  
52 shaped to the ones for mortality ([Figure 10](#)) but contained only 15 trials as this outcome was  
53 not reported for pioglitazone. The committee noted that the moderate quality evidence of  
54 effectiveness from the NMA for hospitalisation for heart failure, favoured the SGLT2 class of  
55 drugs (canagliflozin, dapagliflozin and empagliflozin all showing clinically meaningful effects

1 greater than the MID) in comparison to placebo and that no intervention was worse than  
2 placebo ([Figure 11](#)). The committee noted that canagliflozin, dapagliflozin, empagliflozin and  
3 ertugliflozin showed a clinically meaningful reduction in the risk of hospitalisation due to heart  
4 failure against DPP-4 in the NMA but could not be differentiated from each other ([Table 29](#)).  
5 These 4 SGLT2s also ranked best compared to other treatments ([Table 30](#)). The committee  
6 also noted that for this outcome injectable semaglutide and the DPP-4 were ranked lower  
7 than placebo but noted that injectable semaglutide could not be differentiated from placebo in  
8 the relative effectiveness chart and that the difference was not clinically meaningful between  
9 DPP-4 and placebo ([Table 29](#)). However, it was noted that there is heterogeneity between  
10 the 4 DPP-4 trials in the NMA for this outcome, particularly between the largest trial (SAVOR-  
11 TIMI 53, saxagliptin) and the remaining 3 DPP-4 trials. In this model the effects of the  
12 SAVOR-TIMI trial in causing a statistically significant increase in hospitalisation for heart  
13 failure (HR 1.27, [1.07 to 1.51] in the trial) is drawn towards the estimate of effect of  
14 treatment in the remaining smaller DPP-4 trials. This was noted as a limitation by the  
15 committee and a sensitivity analysis was conducted to look at the effects of removing the  
16 SAVOR-TIMI trial on the heterogeneity and the results ([Figure 12](#)). As expected, this reduced  
17 the heterogeneity ( $I^2=0.0\%$ ) and so a fixed effect model was now appropriate. The sensitivity  
18 analysis emphasised the statistically significant and clinically meaningful reduction in  
19 hospitalisation for heart failure for each of the SGLT2 compared with placebo ([Figure 13](#)), but  
20 again the SGLT2s could not be differentiated from each other ([Table 33](#)). In the ranking table  
21 ([Table 34](#)) it was noted that the SGLT2 were still ranked highest of all interventions and that  
22 the DPP-4 were now ranked higher than placebo. The committee agreed that these findings  
23 supported the use of SGLT2s in type 2 diabetes for people with CVD or high CV risk and  
24 noted that a specific SGLT2 (dapagliflozin) is used in people with heart failure ([NICE TA679](#)).

25 The committee noted the network for hospitalisation due to unstable angina was sparser than  
26 previous networks including data from 11 trials because there was no data for this outcome  
27 for canagliflozin, dapagliflozin, exenatide or ertugliflozin ([Figure 14](#)). They agreed that the  
28 findings of the moderate quality evidence for the outcome of hospitalisation for unstable  
29 angina were unsurprising. No effects could be differentiated between any intervention and  
30 placebo in the caterpillar plot, apart from DPP-4 which had no clinically meaningful difference  
31 compared to placebo, ([Figure 15](#)), or compared to any other comparator in the NMA relative  
32 effectiveness chart results ([Table 33](#)). However, no intervention was worse than placebo  
33 except in the probability ranking ([Table 34](#)) where 3 interventions (lixisenatide, dulaglutide  
34 and oral semaglutide) ranked lower. However, because of the lack of detectable differences  
35 in relative effectiveness between drugs the committee agreed that the ranking was unhelpful  
36 for this outcome. The committee attributed this to the action of the drugs not impacting on the  
37 mechanisms underlying unstable angina.

38 The committee discussed the high-quality NMA evidence for the outcomes of nonfatal  
39 myocardial infarction (MI) and the moderate quality evidence from the pairwise analyses for  
40 other MI outcomes ([appendix F](#)). The committee noted that the network was composed of 12  
41 trials, but there was no data for dapagliflozin or lixisenatide ([Figure 16](#)). The committee noted  
42 that no effect could be differentiated between any intervention and placebo apart from  
43 exenatide which had no clinically meaningful difference compared to placebo ([Figure 17](#)),  
44 and only 2 interventions (canagliflozin and liraglutide) showed a clinically meaningful  
45 reduction in the risk of nonfatal MI, , both compared to DPP-4 ([Table 35](#)). The probability  
46 ranking showed that injectable semaglutide was ranked first (P score = 0.8651) but that oral  
47 semaglutide ranked second lowest (P score = 0.2104), amongst 4 drugs that ranked lower  
48 than placebo. Again, the committee were surprised at the difference in ranking for the same  
49 drug administered differently, but due to the lack of 95% CI could not tell how much overlap  
50 between rankings exists ([Table 36](#)). In addition, they noted that in the relative effectiveness  
51 chart only canagliflozin and liraglutide were more effective than another treatment and they  
52 therefore did not place much weight on the results of this particular probability ranking table.

53 The committee noted the network for nonfatal stroke ([Figure 18](#)) comprised data from 11  
54 RCTs, but there was no data for dapagliflozin, lixisenatide or pioglitazone which was

1 analysed in pairwise analysis (see [appendix F](#)). Only 2 interventions showed a clinically  
2 meaningful reduction in the risk of nonfatal stroke, (dulaglutide and injectable semaglutide,  
3 both GLP-1s) compared with placebo, and no intervention was worse than placebo ([Figure](#)  
4 [19](#)). In the NMA analysis both dulaglutide and injectable semaglutide showed a clinically  
5 meaningful reduction in the risk of nonfatal stroke compared to empagliflozin ([Table 37](#)).  
6 Empagliflozin was the only intervention ranked lower than placebo ([Table 38](#)) but it could not  
7 be differentiated from placebo in the relative effectiveness chart. The committee discussed  
8 whether the specific mode of action of SGLT2s could be linked to the results for this outcome  
9 in comparison to the GLP-1s dulaglutide and injectable semaglutide. However, as the result  
10 was specific to empagliflozin only and was not seen for other drugs in the SGLT2 class they  
11 agreed that this was unlikely.

12 The committee agreed that the small number of clinically meaningful differences between  
13 comparators seen for both non-fatal MI and non-fatal stroke outcomes was unsurprising as  
14 they did not expect to observe major differences between most of the drugs for these  
15 outcomes. They noted that there may have been relatively few events for both outcomes  
16 over the duration of the trials, especially where the trial population was small, even when  
17 longer follow up times were used. In addition, most of the trials included composite (major  
18 adverse cardiovascular events or MACE) outcomes as their primary outcome rather than the  
19 individual components of the 3-point MACE (CV mortality, nonfatal MI and nonfatal stroke)  
20 and therefore the trials may have been designed to be powered around the composite  
21 outcome. The committee therefore requested a protocol deviation to include an NMA for 3-  
22 point MACE. The committee agreed that for the purposes of informing the NICE economic  
23 analyses these outcomes have been separated as they have different costs and effects on  
24 quality of life.

25 The committee noted the high-quality evidence for the NMA outcome of 3-point MACE, the  
26 network for 3-point MACE ([Figure 24](#)) comprised of data from 14 trials, but there was no data  
27 for lixisenatide or alogliptin for this outcome. The committee noted that the EXAMINE trial  
28 does report a hazard ratio for alogliptin (a DPP-4) versus placebo (HR 0.96), but only  
29 reported an upper boundary of the one-sided repeated CI at an alpha level of 0.01 ( $\leq 1.16$ )  
30 rather than a 95% CI which could be included in the NMA. The committee agreed that it was  
31 therefore appropriate to exclude this drug from the NMA and that as the as DPP-4s were  
32 analysed at class level there would still be results for this comparison from the NMA. The  
33 committee noted that 5 interventions (canagliflozin, empagliflozin, liraglutide, pioglitazone  
34 and dulaglutide) showed a reduction in 3-point MACE compared with placebo that was less  
35 than the MID, but injectable semaglutide showed a clinically meaningful reduction ([Figure 24](#))  
36 compared to placebo. In the NMA relative effectiveness chart there were relatively few  
37 differences noted between interventions and only 2 comparisons, favouring injectable  
38 semaglutide, versus both DPP-4 and sulfonylurea had clinically meaningful effects ([Table](#)  
39 [43](#)). The committee noted that injectable semaglutide, pioglitazone and oral semaglutide were  
40 the 3 highest ranked interventions for this outcome but due to the lack of statistically  
41 significant differences in the relative effectiveness chart between these they did not place  
42 much weight on the results of the probability ranking table ([Table 44](#)).

43 The committee discussed high-quality evidence from the NMA for the outcome of any  
44 discontinuation. The committee noted the network ([Figure 5](#)) contained data from 15 RCTs,  
45 but there was no data for liraglutide. The committee noted that the definition of any  
46 discontinuation was the concluding of participation, before completing all protocol-required  
47 elements, in a trial by an enrolled subject. Discontinuation does not necessarily imply the  
48 exclusion of the subject's data from analyses and is not necessarily due to adverse events,  
49 (these are analysed in a separate NMA below). The committee noted that empagliflozin and  
50 ertugliflozin showed a reduction in the risk of any discontinuation compared to placebo but  
51 only empagliflozin showed a clinically meaningful reduction. In contrast, oral semaglutide  
52 showed a clinically meaningful increase compared to placebo ([Figure 6](#)). The effect of the  
53 remaining interventions was not clinically meaningfully different from placebo, apart from  
54 injectable semaglutide which could not be differentiated from placebo. The committee noted

1 that there was an increased risk of any discontinuation with oral semaglutide, injectable  
2 semaglutide and lixisenatide compared to most of the other interventions ([Table 23](#)) and that  
3 often the risk was greater than the MID (see [Table 3](#) in section 1.1.6 for full details). The  
4 committee noted that the 3 interventions ranked best were SGLT2s (empagliflozin,  
5 dapagliflozin and ertugliflozin) and that 3 interventions ranked worse than placebo (oral and  
6 injectable semaglutide, and lixisenatide; [Table 24](#)). These rankings also reflected the relative  
7 effectiveness data as although the results for injectable semaglutide could not be  
8 differentiated from placebo, the lower 95% CI was 0.99 and the point estimate was 1.13, and  
9 this treatment was less effective than many other treatments. The committee noted the  
10 consistency between the results of the caterpillar plot, relative effectiveness chart and the  
11 probability rankings which increased their confidence in the results of the probability  
12 rankings. As the NMA model heterogeneity ( $I^2=48\%$ ) was near to the model choice threshold  
13 ( $I^2>50\%$ ) for using random effects a sensitivity analyses using random effects model was  
14 conducted. There was little change in the results compared to placebo from the fixed effects  
15 model, except exenatide could no longer be differentiated from placebo ([Figure 7](#)). Similarly,  
16 there was little change in the relative effectiveness of the interventions ([Table 25](#)) and the  
17 probability rankings ([Table 26](#)).

18 The committee noted that the network for discontinuation due to adverse events ([Figure 8](#))  
19 contained data from 13 trials but there was no data for dulaglutide. The NMA evidence was  
20 rated as high-quality. The committee noted that, as they expected, many drugs showed an  
21 increase in the risk of discontinuation due to adverse events when directly compared to  
22 placebo ([Figure 9](#)). The committee noted that for canagliflozin, lixisenatide, liraglutide, and  
23 oral and subcutaneous semaglutide the effect was clinically meaningful. The committee  
24 commented that the result for empagliflozin reducing the risk compared to placebo was  
25 surprising as this is not seen in clinical practice in their experience and was not seen for  
26 other drugs of the SGLT2 class. However, they noted that as the 95% CI for empagliflozin  
27 was contained within the defined MID this effect was not clinically meaningful. The committee  
28 also discussed whether the results for pioglitazone were borne out in clinical practice as they  
29 may have expected more discontinuations for this compared to other interventions (see  
30 relative effectiveness chart, [Table 27](#)). However, the committee agreed that this may be  
31 more common in certain areas of practice such as heart failure where pioglitazone may be  
32 stopped due to weight gain or exacerbation of heart failure and noted that it still ranked below  
33 placebo in the probability ranking ([Table 28](#)). In addition, the committee noted that when the  
34 default MIDs were considered in the pairwise and NMA results, oral and subcutaneous  
35 semaglutide and lixisenatide increased the risk of discontinuation due to adverse events  
36 compared with other interventions often by greater than the MID ([Table 3](#)). The committee  
37 discussed at what point people discontinued the medication due to adverse events and  
38 agreed that some interventions are tolerable for longer than others. However, the event data  
39 provided by the trials was over the entire follow-up period for each trial and therefore the time  
40 course for discontinuation due to adverse events could not be examined using this data and  
41 was not reflected in the NMA. The committee made recommendations about checking  
42 tolerability of drug treatments and retained existing recommendations that mention tolerability  
43 (see section on [1.1.11.5 Balancing the benefits and harms to make recommendations](#) for  
44 more details).

45 The committee noted the network for severe hypoglycaemia ([Figure 20](#)) was derived from 13  
46 RCTs but there was no data for exenatide. They reviewed the high-quality evidence, and the  
47 results were largely consistent with the committees' expectations. The committee were made  
48 aware that 1 trial (SUSTAIN-6) had higher rate of severe hypoglycaemia (>20% in both arms)  
49 compared to the other trials (typically 2% to 3%), this may be due to definitional differences  
50 in this trial compared to other trials, but that this has not led to clinically meaningful  
51 differences compared to placebo and other interventions as the rate of events was similar in  
52 both intervention and control arms but note this as a limitation. (See below for the results of a  
53 sensitivity analysis using a random effects model and also economic model sensitivity  
54 analyses for hypoglycaemia in [section 1.1.11.4 Cost effectiveness and resource use.](#))

1 The committee noted that 2 interventions, dapagliflozin and liraglutide, showed a clinically  
2 meaningful reduction in severe hypoglycaemia, with effects greater than the defined MID,  
3 compared with placebo ([Figure 21](#)). In addition, there were clinically meaningful reductions in  
4 severe hypoglycaemia seen with dapagliflozin, lixisenatide, liraglutide and ertugliflozin  
5 compared to other interventions in the relative effectiveness chart ([Table 39](#)) (see also [Table](#)  
6 [3](#)). The committee also noted that, sulfonylurea (glimepiride) increased the risk of severe  
7 hypoglycaemia compared to placebo and every other comparator and ranked lowest on the  
8 probability ranking for this outcome ([Table 40](#)). However, there are limitations in the NMA  
9 model related to the shape of the model and that Glimepiride is a spur from the star shape;  
10 firstly, as there are no loops in the model inconsistency could not be assessed. Secondly,  
11 there is heterogeneity in the rates of severe hypoglycaemia in the DPP-4 class to which  
12 glimepiride is compared which may affect the estimates. Finally, differences in the baseline  
13 event rates between trials could have affected the estimates for glimepiride. The committee  
14 commented that although glimepiride is not as commonly used in UK practice as gliclazide,  
15 in their opinion it probably causes fewer hypoglycaemic events than other sulfonylureas. In  
16 this respect the committee agreed that it is probably conservatively representative for this  
17 outcome of other drug in its class and all sulfonylureas can cause hypoglycaemia, especially  
18 in those with renal impairment, so the result was not unexpected. The committee agreed that  
19 these findings were in line with their clinical experience, and they had reasonable confidence  
20 in the data.

21 The NMA model heterogeneity ( $I^2=49.9%$ ) was near to the model choice threshold ( $I^2>50%$ )  
22 for using random effects for the severe hypoglycaemia outcome. This may have been due in  
23 part to the differences between the SUSTAIN- 6 trial and DPP-4 trials compared to the other  
24 included trials. To try to determine whether allowing for the increased heterogeneity as part  
25 of the model choice would affect the results, we carried out a sensitivity analysis using a  
26 random effects model. The results of the random effects model caterpillar plot showed that  
27 both dapagliflozin and liraglutide were no longer meaningfully different to placebo ([Figure 1](#))  
28 with sulfonylureas remaining clinically meaningfully worse than placebo. There was little  
29 change in the relative effectiveness ([Table 43](#)) and the probability rankings ([Table 44](#)) of the  
30 interventions. The results of the 2 analyses confirm the main findings and increased the  
31 committee certainty with regards to the results.

#### 32 **1.1.11.4 Cost effectiveness and resource use**

33 The committee were presented with ICERs and net monetary benefit rankings for all  
34 individual CVOT drugs compared with a non-CVOT treatment regimen which was stratified  
35 by treatment level (metformin at first line treatment, metformin and sulfonylurea at second  
36 line treatment, and metformin, sulfonylurea and NPH insulin at third line therapy). Results  
37 were further stratified into scenarios where the CVOT drug replaced a component of the non-  
38 CVOT treatment regimen and where the CVOT drug was added to the non-CVOT treatment  
39 regimen. The base-case analysis included all patients with Type 2 diabetes. Subgroup  
40 analyses were presented for patients with a BMI  $\geq 30$  and patients at high risk of  
41 cardiovascular events with and/or without previous cardiovascular events. One-way  
42 sensitivity analyses explored the removal of quality-of-life decrements associated with  
43 injections, hypoglycaemic events and change in BMI. The sensitivity analyses were designed  
44 to be exploratory and to indicate the likely 'direction of travel' from changes to parameters  
45 that were associated with substantial uncertainty and were known drivers of the results. A  
46 probabilistic sensitivity analysis was run for the Type 2 diabetes population at second  
47 intensification, as this was the treatment stage in which the most patient time was spent in  
48 the model.

49 The committee were asked whether there were any populations or treatment stages at which  
50 it would be appropriate to compare any of the individual CVOT drugs against each other. The  
51 committee considered that although CVOT drugs were used in clinical practice, prescribing  
52 was done on an individual patient basis and that there were no specific patient groups in  
53 whom use of CVOTs were considered established clinical practice. On this basis, committee

1 decision making was informed by comparisons of CVOT compared to non-CVOT treatment  
2 regimens. The committee was however presented with the net monetary benefit rankings  
3 which were considered during the decision-making process.

4 The committee were aware that there was substantial uncertainty around several of the  
5 model inputs, especially the wide confidence intervals around estimates taken from the  
6 clinical review. The committee were presented with sensitivity analyses exploring the effect  
7 of changing model parameters and assumptions that were associated with substantial  
8 uncertainty. The assumptions explored were the removal of the utility decrement associated  
9 with additional injections, the removal of hypoglycaemic events, the removal of the effects of  
10 change in BMI, adding in the effects of adverse events and using an alternative assumption  
11 around the modelling of cardiovascular mortality. The committee considered the sensitivity  
12 analyses during decision making to assess how much these assumptions were driving the  
13 results. In general, the committee preferred to base its decisions on the results from the  
14 base-case analysis as these were aligned to the preferred model assumptions that had been  
15 chosen before seeing the results. When considering the sensitivity analyses, the committee  
16 noted the uncertainty in the estimates of hypoglycaemic event rates and agreed that some of  
17 the modelled rates were higher than they would expect to see in clinical practice. Although  
18 aware that the sensitivity analyses were only intended to be exploratory, the committee noted  
19 that the ICERs for several drugs decreased when this parameter was removed. The drugs  
20 with lower ICERs in the hypoglycaemia sensitivity analyses were canagliflozin, exenatide,  
21 pioglitazone, injectable semaglutide and sitagliptin. The committee concluded that the base-  
22 case ICERs for these drugs may be higher than if they had been based on hypoglycaemic  
23 rates observed in clinical practice.

24 When considering the base-case analyses for the total Type 2 diabetes population and  
25 subgroups, the committee noted that the only class of drugs with ICERs that fell below  
26 £30,000 in any of the analyses were the SGLT2s, and so these were the only drugs with any  
27 potential to be cost-effective. The committee discussed whether any recommendations for  
28 SGLT2s should be class based or based on individual drugs. Although the cost-effectiveness  
29 estimates differed across individual SGLT2s, the committee considered that the differences  
30 were predominately driven by differences in costs and so preferred to make  
31 recommendations on a class level. To address the differences in cost-effectiveness, and  
32 mindful of future price changes and new treatments entering the market, the committee  
33 agreed that wherever an SGLT2s was suitable for people at high CV risk, the SGLT2 with the  
34 lowest acquisition cost should be used. The NG28 2015 recommendation on choosing drugs  
35 already states that the drug with the lowest acquisition cost should be used if 2 options from  
36 the same class are under consideration and this was retained by the committee as part of the  
37 current update. With this proviso in place, the committee were comfortable basing  
38 recommendations on the most cost-effective member of the class in any analysis.

39 The committee were mindful of potential the resource impact of any recommendations made  
40 due to the large population numbers of people with Type 2 diabetes. When developing  
41 recommendations, the committee took into account the principles outlined in Section 6.2.14  
42 of the [NICE Guide to the methods of technology appraisal](#); that the committee would want to  
43 be increasingly certain of the cost effectiveness of a technology as the resource impact of  
44 adoption increases. As the CVOTs informing the clinical review were only studied in people  
45 with high cardiovascular risk, the committee considered that there was more uncertainty in  
46 the cost effectiveness estimates for the populations outside this group (the total population of  
47 people with Type 2 diabetes and the subgroup with BMI  $\geq 30$  to whom the trial data was then  
48 extrapolated in the economic model). On this basis, the committee placed more weight on  
49 the cost-effectiveness estimates for the high cardiovascular risk subgroups. In the economic  
50 model, the high cardiovascular risk subgroups were based on clinical criteria determined by  
51 the committee (outlined in Sections 3.1.2 to 3.1.4 of the Economic Model Report). However,  
52 the committee considered that these criteria might not be practical for clinicians to use when  
53 assessing patients in clinical practice. The committee instead decided that any  
54 recommendations made for the high cardiovascular risk subgroups should be aligned to

1 assessment of cardiovascular risk using the QRISK2 algorithm already widely used in the  
2 NHS,

3 The scope of the work in this guideline update is compatible with two 'worldviews' on the role  
4 of evidence from the CVOTs:

- 5 1. The primary purpose of glycaemic control is to prevent future cardiovascular and  
6 diabetic events, rather than being a goal in itself (other than for avoiding  
7 hypo/hyperglycaemic events). Because of this, evidence of treatment effects on 'hard'  
8 cardiovascular events takes priority over evidence on measures of glycaemic control  
9 (such as HbA1c) which only serve as surrogates for predicting hard events.
- 10 2. There is inherent merit to achieving glycaemic control over and above its potential to  
11 prevent future cardiovascular and diabetic events. Because of this, evidence on  
12 treatment effects on cardiovascular events supplements evidence on measures of  
13 glycaemic control but does not take priority.

14 The chosen worldview about the CVOT evidence determines whether evidence from the  
15 clinical review and economic model supports recommendations that supersede previous  
16 recommendations based on evidence about glycaemic control.

17 The committee discussed the positions and concluded that option 2 best represented their  
18 views for the main Type 2 population, but that option 1 was true for patients at high  
19 cardiovascular risk. Because of this, the committee felt the evidence supported  
20 recommendations for treatments given with the intention to improve cardiovascular protection  
21 in patients at high cardiovascular risk. The committee did not consider the evidence to  
22 support recommendations for treatments given with the intention of improving glycaemic  
23 control and so opted not to adapt recommendations from NG28 that were based on evidence  
24 on glycaemic control.

25 The committee were aware that in clinical practice GLP-1s are sometimes used more broadly  
26 than currently recommended in the current NG28 (2015) pathway. Based on the economic  
27 analysis, the committee considered that GLP-1s were not likely to be cost-effective in  
28 improving the cardiovascular prognosis of people with Type 2 diabetes. The committee  
29 recognised that it had not seen evidence on the use of GLP-1s when given with the intention  
30 to improve glycaemic control, and so restricted its recommendation not to use GLP-1s to  
31 apply only when given solely for cardiovascular risk reduction.

32 The committee also noted that in the sensitivity analysis where the effects of hypoglycaemic  
33 events were excluded, pioglitazone became highly cost-effective in all subgroups across all  
34 levels of treatment intensification. The committee considered that the base-case ICERs for  
35 pioglitazone may have been less favourable than if they had been based on hypoglycaemic  
36 rates observed in clinical practice but noted that in the base-case pioglitazone was predicted  
37 to cost more and be less effective than standard care. The committee were uncertain of the  
38 most plausible ICER for pioglitazone but noted that pioglitazone is already recommended as  
39 an option if further interventions are needed after first line therapy (and as an option for initial  
40 therapy in people who cannot have metformin) in the 2015 NG28 pathway and that these  
41 recommendations were retained in this update; because of this, the committee did not make  
42 a further recommendation for pioglitazone.

#### 43 **1.1.11.5 Balancing the benefits and harms to make recommendations**

44 The committee used the information provided by the NMAs (discussed above) and the  
45 economic model (see the section on cost effectiveness and resource use below) to draft their  
46 recommendations. The evidence from the CVOTs was primarily about CV benefits, and so  
47 the consideration of effectiveness focused on the treatment effect on CV protection in this  
48 review.

1 There was an existing recommendation on the factors to take into account when choosing  
2 drug treatments and the committee agreed that these were still relevant. However, they  
3 noted that the cardiovascular benefits (as reflected in the evidence from the NMAs that  
4 several treatments reduce the risk of an adverse cardiovascular event in both primary  
5 prevention and secondary prevention cohorts) were not covered by the existing  
6 recommendation. They therefore agreed that it is important to expand consideration of  
7 effectiveness to include the effects on cardiovascular protection and this has been added to  
8 recommendation 1.7.1 in the update as an amendment. The committee also amended the  
9 recommendation to take account of 2 additional factors to be considered when choosing a  
10 drug treatment. Firstly, any contraindication to a drug listed in its summary of product  
11 characteristics (SPC) or the British National Formulary (BNF) would mean that the drug  
12 should not be used because of the potential to cause harm to that person. Secondly,  
13 monitoring requirements, which differ between drugs, may impact negatively upon quality of  
14 life and affect drug choice.

15 The person's preferences and needs should be considered as part of a shared decision-  
16 making process, as well as focusing on clinical needs, effectiveness, safety and cost. The  
17 committee included a cross reference to the [NICE guideline on shared decision making](#) to  
18 emphasise this point and to ensure that the person with type 2 diabetes is empowered to be  
19 involved in the choice being made. For women with type 2 diabetes the committee also  
20 added a cross reference to the safety of medicines section in the [NICE guideline on diabetes  
21 in pregnancy](#) as some type 2 diabetes drugs may be safer to use during pregnancy than  
22 others, and so may require current treatment to be switched if the person becomes pregnant  
23 or is planning a pregnancy.

#### 24 **First line drug treatment**

25 The committee discussed the results from the economic model for the replacement of  
26 metformin with one of the other drugs in the analysis at treatment initiation. They noted that  
27 although the analysis looked at 5 populations of people with type 2 diabetes (a high  
28 cardiovascular (CV) risk population with a prior event, a high CV risk population without a  
29 prior event, a pooled high CV risk population, one with BMI greater than or equal to 30 and  
30 one representing everyone with type 2 diabetes), the ICER results for each drug were similar  
31 across the population groups. All of the ICER results were greater than £20,000 with the  
32 exception of Dapagliflozin which had ICERs for all groups less than £20,000. The other  
33 SGLT2s had higher ICERs but these were £21,000- £33,000, compared to ICERs of over  
34 £50,000 (and in some cases over £100,000) for other drug options. A similar pattern was  
35 seen with the analysis for adding a drug to metformin for initial therapy (i.e., starting with dual  
36 therapy). In this scenario, ICERs for the SGLT2s ranged from £15,000- £32,000. Further  
37 details of results in this population are outlined in the Economic Model Report.

38 The committee discussed whether the clinical trial data that was used in the economic model  
39 and analysed in the NMAs (discussed above) could be generalised to everyone with type 2  
40 diabetes. They noted that the trials all recruited people with established CV disease and a  
41 proportion also included people with high CV risk, but no prior CV event. They agreed that  
42 there was highest certainty that the results of the NMAs, the economic model and any CV  
43 benefits identified applied to people with established CV disease and that the uncertainty  
44 increased as the populations in the model became more removed from this group.

45 The committee noted the economic model findings which suggested that replacing metformin  
46 as initial therapy in the treatment of all adults with type 2 diabetes with the SGLT2  
47 dapagliflozin was cost effective (ICER £17,670). However, the committee noted that  
48 metformin is very effective at controlling blood glucose levels and they agreed that changing  
49 to initial therapy with an SGLT2 for these people would not be appropriate because there  
50 was less certainty that they would benefit from this change due to their reduced CV risk  
51 compared to the people with type 2 diabetes who have established CV disease or high risk of  
52 CV disease who were studied in the CVOT trials. In addition, the cost impact of using

1 dapagliflozin as first line therapy in place of metformin would be substantial, with a significant  
2 opportunity cost to the NHS. The committee therefore agreed that standard release  
3 metformin should remain the standard of care first-line drug treatment for newly, or recently,  
4 diagnosed adults with type 2 diabetes if diet and lifestyle changes alone are insufficient to  
5 control glycaemia and the patient is not at high CV risk (see below for the definition of high  
6 CV risk). The committee therefore agreed that the existing recommendations in NG28 (2015)  
7 concerning the use of metformin as initial therapy, increasing the dose of metformin over  
8 several weeks, when to consider a modified release metformin or reducing or stopping  
9 metformin according to kidney function were still applicable and did not make any  
10 amendments to them.

11 The committee agreed that the results of the analyses carried out in this review and the  
12 associated model are most applicable to people with established CV disease and high risk of  
13 developing CV disease (collectively referred to as high CV risk in the sections below). As a  
14 result of this decision, they retained the existing NG28 pathway for drug treatment, including  
15 for those people who are metformin intolerant or contraindicated, but developed new  
16 recommendations for people with established CV disease and high risk of developing CV  
17 disease. The following sections of this discussion focus on the development of new  
18 recommendations specific to people with high CV risk (those who have congestive heart  
19 failure, established atherosclerotic cardiovascular disease or a high risk of developing  
20 cardiovascular disease).

21 The committee agreed that it was important to assess the cardiovascular status (presence of  
22 established atherosclerotic cardiovascular disease or not) and risk of developing  
23 cardiovascular disease before determining which treatments would be offered to people with  
24 type 2 diabetes. The committee agreed that adults with type 2 diabetes are all generally  
25 regarded as being at high cardiovascular risk. However, they noted that certain people (for  
26 example younger people, those with a shorter history of diabetes, those without concomitant  
27 renal disease) who would not fit into a highest CV risk category, which might include people  
28 with previous atherosclerotic disease, congestive heart failure or chronic kidney disease. The  
29 committee discussed that type 2 diabetes is progressive and although much can be done to  
30 slow disease progression, cardiovascular risk tends to increase with duration of disease and  
31 highlighted the importance of not just current cardiovascular risk but lifetime risk of  
32 cardiovascular disease.

33 The committee deliberated over the definition of high CV risk (high risk of future major  
34 adverse cardiovascular event such as an MI or stroke) to capture this population. They  
35 agreed that a QRISK2 score of >10% might be appropriate because this score takes into  
36 account most of the factors that were used to define this population in the economic model  
37 (see Economic Model Report section 3.1.2 for information on the modelled population) and  
38 factors such as age, gender and ethnicity. However, they agreed that for people aged under  
39 40 years old the lifetime risk of CV disease may be underestimated. They therefore included  
40 a point about using clinical judgment to assess lifetime risk in these people and suggested a  
41 number of factors (hypertension, dyslipidaemia, smoking, family history (in a first degree  
42 relative) of premature cardiovascular disease and obesity) to take into account. Most of these  
43 criteria were used in the cardiovascular outcome trials that contained primary prevention  
44 cohorts, although definitions varied (including the SGLT2 trials, CANVAS and DECLARE-  
45 TIMI 58). The committee agreed that prescribers and people with type 2 diabetes who  
46 wanted further guidance on the assessment of risk of cardiovascular disease in adults with  
47 type 2 diabetes should see the recommendations in the [NICE guideline on Cardiovascular  
48 disease: risk assessment and reduction, including lipid modification](#) (CG181) and a cross  
49 reference was made to this guideline as part of the recommendation on assessing CV status  
50 and risk.

51 The committee discussed whether there was sufficient evidence to justify replacing  
52 metformin or initiating treatment with dual therapy in subgroups of adults diagnosed with type  
53 2 diabetes who have a higher cardiovascular risk. The committee agreed that given the

1 benefits of metformin for blood glucose management and the similar ICERs for replacing  
2 metformin with another drug or adding another drug to metformin that it would be more  
3 appropriate to start a person with type 2 diabetes and high CV risk on dual therapy. To  
4 simplify the pathway, they retained the existing 2015 recommendation on the use of  
5 metformin as first line treatment for adults with type 2 diabetes but made an additional  
6 recommendation on the use of SGLT2s in addition to metformin for people with high CV risk  
7 or with established CVD.

8 The committee noted that the economic model suggested that only the SGLT2s were close  
9 to being cost effective as a class solely based on cardiovascular outcomes when modelled  
10 as additional therapy to metformin in those at higher risk (as a pooled group and separately  
11 for people with people with and without prior CV events). However, the committee thought  
12 that the ICERs might be slightly overestimated due to the modelling of hypoglycaemia and so  
13 thought the 'true' ICER would be slightly lower (see the section on cost effectiveness and  
14 resource use for more details).

15 The committee also noted the clinical evidence from the NMA that SGLT2s reduced  
16 hospitalisation for heart failure in adults with type 2 diabetes compared with placebo and  
17 other drugs based on trial data from people with higher cardiovascular risk (see above on  
18 benefits and harms). The committee were aware that all of the CVOT trials included people  
19 with established CV disease, and some of the CVOT trials had a broader population  
20 comprising of people at high risk of developing CV disease but that the definitions for the  
21 broader group varied across trials. The subgroups in the economic model categorised  
22 patients with prior CV events (including myocardial infarction, stroke and congestive heart  
23 failure) as having established CV disease; this subgroup was therefore most representative  
24 of the trial populations. The committee agreed that there was sufficient certainty in the  
25 evidence to recommend initial dual therapy with metformin and an SGLT2 in adults with type  
26 2 diabetes with congestive heart failure or established atherosclerotic cardiovascular  
27 disease, who correspond the population with established CV disease (secondary prevention  
28 group) in the trials and in the economic model and therefore they made a strong  
29 recommendation to offer an SGLT2 with metformin as initial therapy for these people. The  
30 committee discussed whether to recommend an individual SGLT2, as canagliflozin in  
31 particular had the lowest ICER, but noted that there was significant uncertainty in the  
32 modelling which meant that small changes in price of individual SGLT2 drugs may result in  
33 changes to the cost effectiveness. Therefore, the committee agreed that, as all the SGLT2  
34 were more effective than placebo but could not be differentiated from each other for  
35 hospitalisation for heart failure, the SGLT2 with the lowest acquisition cost be selected by the  
36 prescriber. This point is already covered in an existing recommendation to use the lowest  
37 cost drug within a class if they are all appropriate (see the general recommendation on  
38 choosing drug treatments).

39 Although the SGLT2 ICERs for people without established CVD who were at increased risk  
40 of developing CVD were almost identical to the ICERs for the established CVD group, the  
41 committee noted that there was greater uncertainty for this group because they were  
42 included in a lower proportion in many of the trials and not included in 6 trials at all. The  
43 committee agreed that prescribers, in discussion with their patients, may want to think about  
44 early dual therapy to help prevent poor cardiovascular outcomes in the future and they made  
45 a weaker recommendation for initial dual therapy with SGLT2s and metformin for this  
46 population.

47 The committee agreed that to allow assessment of the tolerability of each drug for the person  
48 with type 2 diabetes, the dual therapy should be introduced sequentially rather than at the  
49 same time and that it would likely begin with metformin. The committee noted that the  
50 effectiveness of the drugs at controlling blood glucose levels can be assessed by measuring  
51 HbA1c levels, but the effects of SGLT2s on CV outcomes could only be assumed based on  
52 trial evidence and would be expected to lead to improved CV outcomes in the long term.  
53 They also agreed that the recommendations about initiating metformin treatment in the

1 general population applied to people with high CV risk. If metformin is not tolerated, then a  
2 trial with a modified-release form may be considered (as per an existing 2015  
3 recommendation) before the SGLT2 inhibitor is added for these people.

4 The committee noted that SGLT2s have been approved by NICE as monotherapy if  
5 metformin, sulfonylurea, and pioglitazone are contraindicated or not tolerated, and if a DPP-4  
6 would otherwise have been prescribed. (See NICE technology appraisals for [Canagliflozin](#),  
7 [dapagliflozin and empagliflozin as monotherapies for treating type 2 diabetes](#) [TA390] and  
8 [Ertugliflozin as monotherapy or with metformin for treating type 2 diabetes](#) [TA572] for  
9 details). They noted that the results of the economic model did not directly provide evidence  
10 for the most effective treatments for people with high CV risk in whom metformin is  
11 contraindicated or not tolerated. Although metformin being contraindicated or not tolerated  
12 was not an exclusion criterion for the CVOTs, it was expected that the majority of participants  
13 in these trials would be able to take metformin and data was not reported separately by  
14 ability to take metformin. The committee therefore agreed that in the absence of specific  
15 evidence for these people that it would be appropriate to use SGLT2 drugs as the preferred  
16 option as they offer cardiovascular benefit (as seen in the NMAs) and were most likely to be  
17 cost effective in the NICE economic model as monotherapy (replacing metformin analysis in  
18 model). The committee agreed that there was more certainty in the evidence for people who  
19 have congestive heart failure or established CVD than for people who have a high risk of  
20 developing CV disease (see above for more discussion about this point). They extrapolated  
21 these findings to people in whom metformin is contraindicated or not tolerated and therefore  
22 made a stronger 'offer' recommendation for the former group, and a separate weaker  
23 'consider' recommendation for the latter group. The committee also agreed that if an SGLT2  
24 was not appropriate (contraindicated or not tolerated) then a DPP-4, pioglitazone or a  
25 sulfonylurea would be suitable as alternative monotherapies but did not include this in the  
26 recommendation because they wanted to keep the pathway as simple as possible and they  
27 agreed that it would not be possible to do this if alternative options were provided every time  
28 a drug was not contradicted or not tolerated. They agreed that it was appropriate to have  
29 recommendations for metformin being contradicted or not tolerated because this is the drug  
30 that the majority of people would take as first-line therapy.

31 The committee noted that although the DPP-4 drugs did not offer clinically significant  
32 cardiovascular benefits in the NMAs and were often dominated for outcomes in the economic  
33 model (meaning they were more expensive and less effective than other treatment options),  
34 they have a place in therapy due to their effectiveness at lowering glycaemia without a high  
35 burden of adverse events, particularly in older and more frail adults. The committee also  
36 noted that in the base case economic model pioglitazone was not cost effective as  
37 monotherapy for replacing metformin, but that it became highly cost effective in the sensitivity  
38 analysis where quality-of-life decrements associated with hypoglycaemia were removed. In  
39 addition, the rates of severe hypoglycaemia in the PROactive trial were for pioglitazone given  
40 as combination therapy. In the committees' experience, in clinical practice, the rates of  
41 severe hypoglycaemia when pioglitazone is used as monotherapy are much lower. On this  
42 basis, the committee considered that the 'true' ICER for pioglitazone was plausibly cost-  
43 effective. However, pioglitazone still has contraindications to its use in certain people.

44 The committee discussed additional safety and monitoring issues raised by the use of  
45 SGLT2s. The committee noted the MHRA/CHM advice on the [Risk of diabetic ketoacidosis](#)  
46 [with sodium-glucose co-transporter 2 \(SGLT2\) inhibitors \(canagliflozin, dapagliflozin or](#)  
47 [empagliflozin\)](#). The committee were aware that the SGLT2 inhibitors are a relatively new  
48 class of drugs and clinical experience with their use is low. They noted that in their  
49 experience there have been multiple instances of avoidable diabetic ketoacidosis resulting in  
50 hospital admission. [Diabetic ketoacidosis](#) (DKA) is a rare (in type 2 diabetes) but potentially  
51 life-threatening side effect of treatment due to build-up of ketones in the body. The committee  
52 noted that taking an SGLT2 inhibitors along with a ketogenic diet has been seen to increase  
53 the risk DKA in clinical practice. The committee agreed that prescribers should check that a  
54 person is not on a ketogenic diet before commencing treatment with an SGLT2. Similarly, the

1 committee agreed that people with type 2 diabetes taking an SGLT2 should be advised by  
2 the prescriber not to commence very low carbohydrate or ketogenic diet without first  
3 discussing this with a health professional because it would be advisable to suspend SGLT2  
4 treatment to avoid DKA before starting the diet. The committee noted that these diets are  
5 often used in remission treatment for type 2 diabetes and that treatment with SGLT2 should  
6 not be a barrier to access to such programmes.

7 The committee noted that all manufacturers of SGLT2 inhibitors advise the avoidance of their  
8 use during pregnancy and breastfeeding due to toxicity and the presence of the drugs in  
9 breast milk being observed in animal studies (see the [BNF](#) for details). Therefore, it is  
10 essential that prescribers check with the person who has type 2 diabetes before initiating  
11 treatment with an SGLT2 that they are not pregnant, breastfeeding, or planning a pregnancy.  
12 In addition, they noted that an unplanned pregnancy could occur and would be problematic  
13 when taking an SGLT2 inhibitor, so they recommended checking with the person whether  
14 advice about contraception is needed to prevent this happening. The committee advised that  
15 prescribers should also see NICE guideline on [diabetes in pregnancy](#).

16 The committee agreed that as SGLT2 inhibitors can have adverse effects on renal function  
17 prescribers should monitor the person's renal function, including the estimated glomerular  
18 filtration rate (eGFR). They also noted that monitoring requirements vary between SGLT2  
19 inhibitor treatments in the SPCs. The committee agreed that for those with reduced renal  
20 function dose adjustment or avoidance of SGLT2 inhibitor treatment may be required  
21 depending on the SGLT2 inhibitor selected and the renal function test results obtained (as  
22 detailed in the summary of product characteristics (SPC) for the proposed SGLT2 inhibitor).  
23 The committee decided against making a recommendation for monitoring to be carried out at  
24 specific time intervals because the appropriate timing would need to be tailored to the needs  
25 of the individual, taking into account their clinical factors and baseline renal function. Instead,  
26 the committee made a recommendation to warn clinicians about the need for monitoring  
27 when SGLT2 inhibitors are used.

28 The committee discussed that due to their mechanism of action in increasing urinary glucose  
29 excretion (osmotic diuresis) SGLT2 inhibitors may reduce blood pressure. The committee  
30 agreed that certain groups may require more careful monitoring of fluid volume status (for  
31 example physical examination, blood pressure checks, blood tests including renal function,  
32 haematocrit, and serum electrolytes). These groups may include older adults (aged 65 years  
33 and above), those with established cardiovascular disease, those with an eGFR <60  
34 mL/min/1.73m<sup>2</sup>, patients taking antihypertensive therapy with a history of hypotension, and  
35 those on diuretics. In particular, the committee noted that people aged 65 and over, people  
36 who are frail or at risk of dehydration are commonly encountered in clinical practice and are  
37 vulnerable to DKA. The committee agreed that prescribers should be aware of the additional  
38 monitoring requirements listed in the SPCs for the above groups, but they included fluid  
39 volume depletion in the 'be aware' recommendation to emphasise this point.

40 The committee noted that SGLT2s could lead to an increased risk of dehydration and DKA if  
41 taken by a person during an acute illness, particularly if there is reduced intake of fluids from  
42 nausea or vomiting and diarrhoea. The committee therefore recommended that prescribers  
43 should advise people commencing SGLT2 treatment about suspending this if they become  
44 ill.

#### 45 **Reviewing drug treatments**

46 The committee discussed the importance of reviewing treatments regularly to ensure that  
47 they remain optimised to the individual. They noted that this process is particularly important  
48 when a change in treatment is being considered because the lack of effectiveness of the  
49 current regimen could be due to poor adherence and that this could in turn be linked to  
50 adverse effects. In these cases, it would be appropriate to explore other treatment options  
51 involving the same line of therapy before thinking about adding a drug or moving to treatment  
52 with insulin. The committee noted that treatment reviews can also involve the removal of

1 ineffective or unnecessary treatments or those that are not tolerated. They agreed that some  
2 changes in clinical circumstances (such as losing weight) could lead to a degree of remission  
3 and the possibility of de-escalating/ reducing treatment.

4 The committee agreed that a number of factors should be taken into account as part of the  
5 optimisation process before changing treatments is considered. These included adherence to  
6 existing medication, prescribed doses and formulations, and adverse effects. They were also  
7 aware of the [NICE guideline on medicines optimisation](#) which has a relevant section on  
8 medication review and of the recommendations on reviewing medications and supporting  
9 adherence in the [NICE guideline on medicines adherence](#) and included cross references to  
10 these guidelines. They agreed that the list of factors was not intended to be exhaustive and  
11 that the NICE guidelines mentioned would provide additional information to support the  
12 implementation of this recommendation. The committee also agreed that the effectiveness of  
13 the treatments and individual clinical factors were important considerations. This latter  
14 category covers both the individual's medical history and the current medical situation.  
15 However, as these were both covered by the existing 2015 recommendation on choosing  
16 drug treatments the committee included a cross reference to this recommendation rather  
17 than duplicating content. In addition, they agreed that the other factors listed in that  
18 recommendation were also relevant at the treatment review stage.

#### 19 **Adding an SGLT2 inhibitor at any stage after first-line treatment has been started**

20 In order to ensure that people with type 2 diabetes who have either congestive heart failure  
21 or established cardiovascular disease and are already on drug therapy are able to benefit  
22 from the use of SGLT2s similar to people at treatment initiation, the committee included a  
23 recommendation to offer therapy with an SGLT2 to these people based on the clinical  
24 (cardiovascular benefit) and cost effectiveness evidence of benefit in this subgroup. Similarly,  
25 for those adults with type 2 diabetes already on drug therapy who are at high risk of  
26 developing cardiovascular disease, therapy with an SGLT2 should be considered based on  
27 the lower certainty evidence of cost-effectiveness in this subgroup. However, it may be the  
28 case that a person who is already taking treatment for type 2 diabetes develops congestive  
29 heart failure or established atherosclerotic cardiovascular disease or becomes at high risk of  
30 developing cardiovascular disease. In these cases, it is now appropriate for these people to  
31 have access to SGLT2 inhibitors as well and the committee included these scenarios in the  
32 recommendation to ensure that this could happen. The differing strengths of the  
33 recommendations for people with established CVD or at high risk of developing CVD was  
34 based on the different levels of confidence the committee had in the results for these groups  
35 due to the populations in the CVOTs and the economic model (see above for more  
36 discussion about this point). The committee discussed that in line with the recommendation  
37 on reviewing drug treatments it may be appropriate to replace an existing therapy with an  
38 SGLT2 inhibitor rather than to add it to the existing treatment regimen. This choice would be  
39 dependent on the persons individual clinical circumstances, needs and preferences and  
40 should be made as part of a shared decision-making process.

#### 41 **Treatment options if further interventions are required**

42 The committee agreed that it was unnecessary to have separate recommendations for  
43 people at high risk of developing cardiovascular disease who had congestive heart failure or  
44 established atherosclerotic cardiovascular disease for later stages of treatment for several  
45 reasons. Firstly, because the evidence from the clinical review and economic model  
46 continued to show that the SGLT2 inhibitors were likely to be the most cost-effective options  
47 for these people. Secondly, the recommendations the committee had made on first-line  
48 treatment using SGLT2 inhibitors (with metformin if it is not contradicted or not tolerated or  
49 alone otherwise) and for switching or adding these drugs at later stages meant that these  
50 people would be able to access SGLT2 inhibitors without adding this consideration to the  
51 existing recommendations. Finally, the alternative treatment options for people with and  
52 without increased cardiovascular risk remained the same for later treatment stages.

1 Therefore, the committee agreed to retain the existing 2015 NG28 recommendations for  
2 treatment options if further interventions are required without editing them to refer to  
3 cardiovascular risk.

4 The committee agreed with the existing 2015 recommendation that if dual therapy with  
5 metformin and another oral drug was not sufficient to control the HbA1c to below the persons  
6 agreed threshold for intervention then triple therapy by adding a DPP-4 inhibitor,  
7 pioglitazone, or sulfonylurea would be appropriate. Based on the earlier recommendations  
8 that the committee made as part of this update, people with established atherosclerotic CVD,  
9 or who were at high risk of developing CVD, would be expected to be taking an SGLT2  
10 inhibitor already. In further support of this the economic model showed that a combination of  
11 metformin, sulfonylurea and an SGLT2 inhibitor was more likely to be cost effective  
12 compared to metformin, sulfonylurea, and any other drug class studied in the CVOTs (if the  
13 SGLT2 inhibitor with the lowest acquisition cost was used) for adults with type 2 diabetes and  
14 established CVD or those who were at high risk of developing CVD. However, the ICERs  
15 varied within the class and some drugs had ICERs of more than £20,000 for the three high  
16 risk CV populations. As before, the committee thought that the ICERs might be slightly  
17 overestimated due to the modelling of hypoglycaemia and so thought the 'true' ICER would  
18 be slightly lower (see the section 1.1.11.14 on [Cost effectiveness and resource use](#) for more  
19 details). Although it was not included in the model, the committee also agreed that  
20 commencing insulin therapy may be an option for these groups, based on the existing  
21 recommendations in NG28 (2015). People who were not in these groups but met the criteria  
22 in a relevant NICE technology appraisal ([TA315](#), [TA418](#), [TA336](#), or [TA583](#)) could also take  
23 an SGLT2 inhibitor as part of their combination therapy at this stage.

24 The committee agreed that, where possible, the recommendations for people in whom  
25 metformin was contraindicated or not tolerated should be merged with the recommendations  
26 for people who could take metformin because after first-line treatment the same options  
27 applied as seen with the recommendations in NG28 (2015). By doing this they aimed to  
28 simplify the pathway to make it more user friendly. The committee noted that these options  
29 were the same if first-line monotherapy (either metformin or another monotherapy if  
30 metformin was contraindicated or not tolerated) was not sufficient to control the HbA1c to  
31 below the persons agreed threshold. They therefore merged recommendations 1.6.25 and  
32 1.6.26 from the 2015 version of NG28. However, they were unable to merge the later  
33 recommendations because, based on the existing 2015 recommendations, the treatment  
34 option was limited to insulin for people in whom metformin was contraindicated or not  
35 tolerated if dual therapy was not effective. In contrast, the options were wider and included  
36 triple therapy or insulin for people who could take metformin. The committee did not look at  
37 evidence that would allow them to update these options as part of the current work.  
38 Therefore, the recommendations were retained with minor amendments (for example, adding  
39 the SGLT2 inhibitor TAs as options if people meet the criteria specified in the TAs).

40 The committee noted that evidence for the use of GLP1 mimetics to reduce cardiovascular  
41 risk suggested that they are not cost-effective at the current cost at any stage in the  
42 treatment pathway and therefore recommended against the use of GLP-1 mimetics solely to  
43 reduce cardiovascular risk. For the analysis adding a GLP-1 mimetic to metformin and  
44 sulfonylurea the ICERs were dominated or over £ 50,000 for dulaglutide to over £200,000 for  
45 liraglutide. For the analyses where a GLP-1 mimetic was added to, or replaced a component  
46 of, metformin, sulfonylurea and NPH insulin the ICERs were either dominated or fell in a  
47 range between £50,000 to £6,334,180. However, the committee agreed that there may be  
48 wider benefits from using GLP-1 mimetics that are not captured in the clinical evidence  
49 included in the current evidence review and the economic model, although these drugs are  
50 unlikely to ever be cost-effective at their current prices unless they are used in a very  
51 restricted population who lack other treatment options.

52 The evidence that was reviewed as part of this update was limited to the cardiovascular  
53 benefits of GLP1-mimetics. The committee noted that people should be aware that evidence

1 for the use of GLP1 mimetics to control blood glucose levels was not looked at as part of the  
2 update to the guidance. As a result, the committee were unable to update the existing 2015  
3 GLP-1 mimetic recommendations for the wider type 2 diabetes population and they were  
4 retained as before. The committee were aware that in practice GLP-1 mimetics are being  
5 used in populations outside those specified in the existing recommendations in the NICE  
6 guideline NG28 (2015). These recommendations set tight limits to the populations that  
7 should be offered a GLP-1 mimetic, based on the analyses in NG28 that showed that GLP-  
8 1s mimetics were not cost-effective in the main type 2 diabetes population. However, the  
9 committee were concerned that, as currently written, the existing (2015) recommendation  
10 would mean that people taking newer drugs with proven cardiovascular benefit, such as  
11 SGLT2 inhibitors, would have to switch to a combination of metformin, a sulfonylurea and a  
12 GLP-1 mimetic which they felt might be inappropriate and not in keeping with current clinical  
13 practice. The committee were able to amend this recommendation to remove the  
14 requirement for this specific combination of treatment options, but the rest of the  
15 recommendation and the other recommendations for GLP-1 mimetics were out of scope and  
16 as a result, the criteria for accessing a GLP-1 mimetic remained unchanged.

#### 17 **1.1.11.6 Other factors the committee took into account**

18 There was a lack of evidence for people in whom metformin was contraindicated or not  
19 tolerated. The committee therefore had to extrapolate the evidence from the economic model  
20 that did not include these people as a separate group. This was in turn based on data from  
21 the CVOTs that included people who could take metformin and may also have included  
22 people who could not take metformin but did not present the results separately. Although  
23 there was a lack of evidence the committee decided against making a specific research  
24 recommendation to determine the most effective treatments for these people because most  
25 people can tolerate and are not contraindicated for metformin and so this would be a  
26 relatively small population to recruit for a trial. In addition, there are multiple other treatment  
27 options licensed as monotherapy and combination therapy which could be used, and the  
28 committee agreed that in practice if a particular drug is contraindicated or not tolerated the  
29 clinician would select the next most effective and appropriate treatment in discussion with the  
30 person who has type 2 diabetes. Therefore, they agreed that additional clinical trials would  
31 be of low priority compared to other areas that need research. They also noted that it would  
32 be unlikely that the relevant drug companies would run such trials.

33 In addition, the committee discussed whether GLP-1 mimetics might be cost-effective at later  
34 treatment stages compared to insulin therapy. They noted that adults with type 2 diabetes  
35 may prefer to take GLP-1 mimetics instead of insulin due to weekly rather than daily  
36 injections, and the association of GLP-1 mimetics with weight loss. In contrast, insulins are  
37 associated with weight gain, need blood glucose monitoring and may lead to restrictions on  
38 activities of daily living such as driving. However, this comparison was not included in the  
39 economic modelling and the relevant clinical evidence was not searched for or examined as  
40 part of this update. The committee therefore made a research recommendation for this  
41 analysis (see [Appendix O](#) for more details).

#### 42 **1.1.12 Recommendations supported by this evidence review**

43 This evidence review supports new recommendations 1.7.4- 1.7.6, 1.7.9, 1.7.12-1.7.16,  
44 1.7.21 and the research recommendation on GLP-1 receptor agonists compared to insulin.

1 **1.1.13 References – included studies**

2 **1.1.13.1 Effectiveness**

3 ***Key paper for each study used for data extraction (matches summary evidence table)***

4 **CANVAS**

5 Mahaffey Kenneth, W, Neal, Bruce, Perkovic, Vlado et al. (2018) Canagliflozin for Primary  
6 and Secondary Prevention of Cardiovascular Events: Results From the CANVAS Program  
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8 **CARMELINA**

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46

# 1 Appendices

## 2 Appendix A – Review protocols

### 3 Review protocol for the most effective pharmacological therapies with cardiovascular and other benefits for people with 4 type 2 diabetes 5

ID	Field	Content
0.	PROSPERO registration number	Not relevant
1.	Review title	Pharmacological therapies with cardiovascular and other benefits in people with type 2 diabetes.
2.	Review question	Which pharmacological therapies are most effective at providing cardiovascular and other benefits in addition to blood glucose control in people with type 2 diabetes?
3.	Objective	To determine which pharmacological therapies are most effective at providing cardiovascular and other benefits in addition to blood glucose control in people with type 2 diabetes.
4.	Searches	The following databases will be searched for the clinical review: <ul style="list-style-type: none"><li>• Cochrane Central Register of Controlled Trials (CENTRAL)</li><li>• Cochrane Database of Systematic Reviews (CDSR)</li><li>• Embase</li><li>• MEDLINE</li><li>• Medline in Process</li><li>• Medline Epub Ahead of Print</li></ul>

		<p>For the economics review the following databases will be searched:</p> <ul style="list-style-type: none"> <li>• Embase</li> <li>• MEDLINE</li> <li>• Medline in Process</li> <li>• Medline Epub Ahead of Print</li> <li>• Econlit</li> <li>• NHS EED (legacy records)</li> <li>• INAHTA</li> </ul> <p>Searches will be restricted by:</p> <ul style="list-style-type: none"> <li>• Studies reported in English</li> <li>• Study design RCT and SR filters will be applied</li> <li>• Animal studies will be excluded from the search results</li> <li>• Conference abstracts will be excluded from the search results</li> <li>• No date limit will be set</li> <li>• Economic evaluations and quality of life filters for the economic search</li> </ul> <p>Other searches:</p> <ul style="list-style-type: none"> <li>• None identified</li> </ul> <p>The searches will be re-run 6 weeks before final submission of the review and further studies retrieved for inclusion.</p> <p>The full search strategies for MEDLINE database will be published in the final review.</p>
5.	Condition or domain being studied	Pharmacological treatments for people with Type 2 Diabetes.
6.	Population	<p>Inclusion: Adults (aged 18 years and older) with Type 2 diabetes</p> <p>Exclusion:</p> <ul style="list-style-type: none"> <li>- Children and young people aged younger than 18 years with type 2 diabetes.</li> <li>- Pregnant women with type 2 diabetes.</li> </ul>

		<ul style="list-style-type: none"> <li>- People with type 1 diabetes.</li> <li>- People with type 2 diabetes who are hyperglycaemic and require rescue treatment.</li> </ul>
7.	Interventions	<p>One of the following treatments added to existing therapy:</p> <ul style="list-style-type: none"> <li>• Thiazolidinediones             <ul style="list-style-type: none"> <li>○ Pioglitazone</li> </ul> </li> <li>• SGLT2 inhibitors             <ul style="list-style-type: none"> <li>○ Canagliflozin</li> <li>○ Dapagliflozin</li> <li>○ Ertugliflozin</li> <li>○ Empagliflozin</li> </ul> </li> <li>• Sulfonylurea             <ul style="list-style-type: none"> <li>○ Gliclazide (standard and modified release)</li> <li>○ Glimepiride</li> <li>○ Glipizide</li> <li>○ Tolbutamide</li> </ul> </li> </ul> <p>GLP-1 agonists will be considered added to any anti-diabetic licenced for type 2 diabetes but not DPP4 inhibitors:</p> <ul style="list-style-type: none"> <li>○ Liraglutide</li> <li>○ Dulaglutide</li> <li>○ Semaglutide</li> <li>○ Exenatide (standard and modified release)</li> <li>○ Lixisenatide</li> </ul> <p>DPP4 inhibitors will be considered added to any anti-diabetic licenced for type 2 diabetes but not GLP-1 agonists:</p> <ul style="list-style-type: none"> <li>○ Saxagliptin</li> <li>○ Vildagliptin</li> <li>○ Sitagliptin</li> <li>○ Alogliptin</li> <li>○ Linagliptin</li> </ul>

		Both standard and modified release preparations of drugs listed which are available in the UK will be considered. Both oral and injectable modes of administration of drugs listed which are available in the UK will be considered.
8.	Comparators	Placebo or another drug added to existing therapy
9.	Types of study to be included	<ul style="list-style-type: none"> <li>- Randomised controlled trials</li> <li>- Systematic reviews of randomised controlled trials (including published NMAs)</li> <li>- Studies must include time to event data (Kaplan Meier curves, HRs with a minimum follow up duration of 15 months)</li> <li>- Studies must be in the format of A (mixed background) versus B or placebo (mixed background)</li> </ul> <p>[a +(b or b+c or b+c+d) versus x +(b or b+c or b+c+d)]</p>
10.	Other exclusion criteria	<ul style="list-style-type: none"> <li>- Non-randomised evidence (including observational, cohort, case-control and case series studies, uncontrolled or single arm trials), narrative reviews, conference abstracts, letters, editorials and trial protocols.</li> <li>- Studies including a mixed population of people with type 1 and 2 diabetes, unless subgroup analyses were reported or 85% or more of the study population have type 2 diabetes.</li> <li>- Studies including a mixed population of people with and without diabetes will be excluded.</li> <li>- Comparisons with unlicensed modes of delivery (for example, inhaled insulin)</li> <li>- Crossover trials, (unless the duration of one or both interventions is at least 15 months and there is a washout period of at least 6 weeks between interventions).</li> <li>- Trials where there is unclear washout of existing drug treatments, where a proportion or all participants continued previous medicines that will likely confound study results (papers were excluded unless this represented a small proportion of patients that is less than 5%).</li> <li>- Trials where drugs are compared with each other or placebo but the treatments are the same within each treatment arm (a vs b or placebo)</li> <li>- Trials that have a treatment and follow up period of less than 15 months</li> <li>- Trials where rescue medication was given and it is unclear if analyses were adjusted.</li> <li>- Systematic reviews that did not include at least one RCT of at least 15 months duration</li> <li>- Dose finding trials where both arms would be combined in a single node in the NMA. (Three arm trials may be included if they connect to the network and provide useful information.)</li> <li>- Trials with no information relating to doses.</li> <li>- Other methodological reasons (e.g. no explicit inclusion/exclusion criteria)</li> <li>- Trials of Treatments which are not available, or no longer available, in the UK including:</li> </ul>

		<ul style="list-style-type: none"> <li>○ Glibenclamide</li> <li>○ Chlorpropamide</li> <li>○ Nateglinide</li> <li>○ Miglitol</li> <li>○ Omarigliptin</li> <li>○ Albiglutide</li> <li>- Trials of treatments that are rarely used in the UK: <ul style="list-style-type: none"> <li>○ Repaglinide</li> <li>○ Acarbose</li> </ul> </li> <li>- Trials of combinations of drugs which include one or more drug that is not available in the UK, no longer available in the UK or are rarely used in the UK.</li> <li>- Trials of combinations of drugs within the same class due to the therapeutic overlap.</li> <li>- Trials of combinations of a GLP-1 analogue with a DPP4 inhibitor due to the therapeutic overlap.</li> <li>- Trials that were not reported in English</li> </ul>
11.	Context	<p>Since the publication of the 2015 guideline, new blood-glucose lowering medicines have been developed, and there is new evidence on cardiovascular and renal outcomes. This new evidence may affect which medicines should be offered, and which combinations should be used at each stage of treatment.</p>
12.	Primary outcomes (critical outcomes)	<p>Outcomes to take from CVOTs:</p> <ul style="list-style-type: none"> <li>• Cardiovascular outcomes (event rates of the following during trial duration): <ul style="list-style-type: none"> <li>• Myocardial infarction</li> <li>• Stroke, or atherosclerotic disease</li> <li>• Unstable angina</li> <li>• Congestive heart failure</li> <li>• Cardiovascular-related mortality</li> </ul> </li> </ul> <p>The outcomes will be presented as reported in the majority of trials to facilitate comparison. Where possible and appropriate, they will include all non-fatal reported events, not just those events leading to hospitalisation. Since cardiovascular mortality is a separate outcome, they will be limited to non-fatal events, where possible, to prevent double counting.</p>

		<ul style="list-style-type: none"> <li>All-cause mortality</li> </ul> <p>Other outcomes to take from CVOTs (even if there are NG28 surrogate trials for these drugs):</p> <ul style="list-style-type: none"> <li>Change in weight or Body Mass Index (BMI) at 1 year</li> <li>Total discontinuations</li> <li>Discontinuations due to adverse events</li> <li>Severe hypoglycaemic events</li> </ul> <p>Drug type specific adverse events will be accounted for in the economic model if appropriate. The economists will carry out a brief, non-systematic review to identify this data.</p>
13.	Secondary outcomes (important outcomes)	None
14.	Data extraction (selection and coding)	<p>All references identified by the searches and from other sources will be uploaded into EPPI reviewer and de-duplicated.</p> <p>This review will make use of the priority screening functionality within the EPPI-reviewer software. A stopping rule will be used to terminate screening if the following criteria are met:</p> <ul style="list-style-type: none"> <li>At least 50% of the database has been screened and</li> <li>1,000 records have been screened with no further included studies (this 1,000 can fall within the 50%)</li> </ul> <p>A further 10% random screen of remaining records will be undertaken. If any additional records are identified, then the remaining records will be screened in full.</p> <p>10% of the abstracts will be reviewed by two reviewers, with any disagreements resolved by discussion or, if necessary, a third independent reviewer.</p> <p>The full text of potentially eligible studies will be retrieved and will be assessed in line with the criteria outlined above. A standardised form will be used to extract data from studies (see Developing NICE guidelines: the manual section 6.4). Extracted information for the quantitative review will include: study type; study setting; study population and participant demographics and baseline characteristics; details of the intervention and comparator used; inclusion and exclusion</p>

		criteria; recruitment and study completion rates; outcomes and times of measurement and information for assessment of the risk of bias.
15.	Risk of bias (quality) assessment	<p>Risk of bias will be assessed using appropriate checklists as described in <a href="#">Developing NICE guidelines: the manual</a>.</p> <p>Risk of bias in RCTs will be assessed using the <a href="#">Cochrane risk of bias version 2 tool</a>.</p> <p>Risk of bias in systematic reviews and meta-analyses of RCTs will be assessed using <a href="#">ROBIS checklist</a>.</p>
16.	Strategy for data synthesis	<p>Where appropriate pairwise meta-analyses will be performed in Cochrane Review Manager V5.3. A pooled relative risk will be calculated for dichotomous outcomes (using the Mantel–Haenszel method) reporting numbers of people having an event.</p> <p>A pooled mean difference will be calculated for continuous outcomes (using the inverse variance method) when the same scale is used to measure an outcome across different studies. Where different studies presented continuous data measuring the same outcome but using different numerical scales these outcomes will be all converted to the same scale before meta-analysis is conducted on the mean differences. Where outcomes measured the same underlying construct but used different instruments/metrics, data will be analysed using standardised mean differences (SMDs, Hedges' g).</p> <p>Fixed effects models will be fitted unless there is significant statistical heterogeneity in the meta-analysis, defined as <math>I^2 \geq 50\%</math>, when random effects models will be used instead.</p> <p>GRADE will be used to assess the quality of the pairwise outcomes. Outcomes using evidence from RCTs will be rated as high quality initially and downgraded from this point. Reasons for upgrading the certainty of the evidence will also be considered.</p> <p>Where 10 or more studies are included as part of a single meta-analysis, a funnel plot will be produced to graphically assess the potential for publication bias.</p> <p>Network meta-analysis (NMAs) may be used to synthesise direct evidence about pairs of interventions that originate from two or more separate studies and indirect evidence.</p>

		The quality of the NMA networks will be assessed using a modified form of GRADE.
17.	Analysis of sub-groups	None
18.	Type and method of review	<input checked="" type="checkbox"/> Intervention <input type="checkbox"/> Diagnostic <input type="checkbox"/> Prognostic <input type="checkbox"/> Qualitative <input type="checkbox"/> Epidemiologic <input type="checkbox"/> Service Delivery <input type="checkbox"/> Other (please specify)
19.	Language	English
20.	Country	England
21.	Anticipated or actual start date	December 2020
22.	Anticipated completion date	June 2021

23.	Stage of review at time of this submission	Review stage	Started	Completed
		Preliminary searches	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
		Piloting of the study selection process	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
		Formal screening of search results against eligibility criteria	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
		Data extraction	<input checked="" type="checkbox"/>	<input type="checkbox"/>
		Risk of bias (quality) assessment	<input checked="" type="checkbox"/>	<input type="checkbox"/>
		Data analysis	<input type="checkbox"/>	<input type="checkbox"/>

24.	Named contact	<p><b>5a. Named contact</b> NICE Guideline Updates Team</p> <p><b>5b Named contact e-mail</b> <a href="mailto:T2DAmedupdate@nice.org.uk">T2DAmedupdate@nice.org.uk</a></p> <p><b>5e Organisational affiliation of the review</b> National Institute for Health and Care Excellence (NICE) and NICE Guideline Updates Team</p>
25.	Review team members	<p>From the Guideline Updates team:</p> <ul style="list-style-type: none"> <li>• Technical lead, Marie Harrisingh</li> <li>• Medicines analyst, Greg Moran</li> <li>• Health economics lead, Lucy Beggs</li> <li>• Health economics analyst, Thomas Jones</li> <li>• Information specialist, Sarah Glover</li> </ul>
26.	Funding sources/sponsor	This systematic review is being completed by the Guideline Updates team which receives funding from NICE.
27.	Conflicts of interest	<p>All guideline committee members and anyone who has direct input into NICE guidelines (including the evidence review team and expert witnesses) must declare any potential conflicts of interest in line with NICE's code of practice for declaring and dealing with conflicts of interest. Any relevant interests, or changes to interests, will also be declared publicly at the start of each guideline committee meeting. Before each meeting, any potential conflicts of interest will be considered by the guideline committee Chair and a senior member of the development team. Any decisions to exclude a person from all or part of a meeting will be documented. Any changes to a member's declaration of interests will be recorded in the minutes of the meeting. Declarations of interests will be published with the final guideline.</p>
28.	Collaborators	<p>Development of this systematic review will be overseen by an advisory committee who will use the review to inform the development of evidence-based recommendations in line with section 3 of <a href="#">Developing NICE guidelines: the manual</a>. Members of the guideline committee are available on the NICE website: <a href="https://www.nice.org.uk/guidance/indevelopment/gid-ng10160">https://www.nice.org.uk/guidance/indevelopment/gid-ng10160</a></p>

29.	Other registration details	None
30.	Reference/URL for published protocol	None
31.	Dissemination plans	<p>NICE may use a range of different methods to raise awareness of the guideline. These include standard approaches such as:</p> <ul style="list-style-type: none"> <li>• notifying registered stakeholders of publication</li> <li>• publicising the guideline through NICE's newsletter and alerts</li> <li>• issuing a press release or briefing as appropriate, posting news articles on the NICE website, using social media channels, and publicising the guideline within NICE.</li> </ul>
32.	Keywords	Diabetes type 2, adults, pharmacological treatment, cardiovascular outcome trials.
33.	Details of existing review of same topic by same authors	None
34.	Current review status	<input checked="" type="checkbox"/> Ongoing <input type="checkbox"/> Completed but not published <input type="checkbox"/> Completed and published <input type="checkbox"/> Completed, published and being updated <input type="checkbox"/> Discontinued
35..	Additional information	None

36.	Details of final publication	<a href="http://www.nice.org.uk">www.nice.org.uk</a>
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1

## 1 **Appendix B – Methods**

### 2 **Reviewing research evidence**

#### 3 **Review protocols**

4 Review protocols were developed with the guideline committee to outline the inclusion and  
5 exclusion criteria used to select studies for each evidence review.

#### 6 **Searching for evidence**

7 Evidence was searched for each review question using the methods specified in the [2020](#)  
8 [NICE guidelines manual](#).

#### 9 **Selecting studies for inclusion**

10 All references identified by the literature searches and from other sources (for example,  
11 previous versions of the guideline or studies identified by committee members) were  
12 uploaded into EPPI reviewer software (version 5) and de-duplicated. Titles and abstracts  
13 were assessed for possible inclusion using the criteria specified in the review protocol. 10%  
14 of the abstracts were reviewed by two reviewers, with any disagreements resolved by  
15 discussion or, if necessary, a third independent reviewer.

16 The following evidence reviews made use of the priority screening functionality within the  
17 EPPI-reviewer software: [insert links to evidence reviews that used the priority screening  
18 functionality in EPPI]. This functionality uses a machine learning algorithm (specifically, an  
19 SGD classifier) to take information on features (1-, 2- and 3-word blocks) in the titles and  
20 abstract of papers marked as being 'includes' or 'excludes' during the title and abstract  
21 screening process, and re-orders the remaining records from most likely to least likely to be  
22 an include, based on that algorithm. This re-ordering of the remaining records occurs every  
23 time 25 additional records have been screened. Research is currently ongoing as to what are  
24 the appropriate thresholds where reviewing of abstracts can be stopped, assuming a defined  
25 threshold for the proportion of relevant papers it is acceptable to miss on primary screening.  
26 As a conservative approach until that research has been completed, the following rules were  
27 adopted during the production of this guideline:

- 28
- 29 • At least 50% of the identified abstracts (or 1,000 records, if that is a greater number)  
30 were always screened.
  - 31 • After this point, screening was only terminated if a pre-specified threshold was met for a  
32 number of abstracts being screened without a single new include being identified. This  
33 threshold was set according to the expected proportion of includes in the review (with  
34 reviews with a lower proportion of includes needing a higher number of papers without an  
35 identified study to justify termination) and was always a minimum of 250.
- 36

37 As an additional check to ensure this approach did not miss relevant studies, systematic  
38 reviews (or qualitative evidence syntheses in the case of reviews of qualitative studies) were  
39 included in the review protocol and search strategy for all review questions. Relevant  
40 systematic reviews or qualitative evidence syntheses were used to identify any papers not  
41 found through the primary search. Committee members were also consulted to identify  
42 studies that were missed. If additional studies were found that were erroneously excluded  
43 during the priority screening process, the full database was subsequently screened.

1 The full text of potentially eligible studies was retrieved and assessed according to the  
2 criteria specified in the review protocol. A standardised form was used to extract data from  
3 included studies. Study investigators were contacted for missing data when time and  
4 resources allowed (when this occurred, this was noted in the evidence review and relevant  
5 data was included).

## 6 **Incorporating published evidence syntheses**

7 For all review questions where a literature search was undertaken looking for a particular  
8 study design, published evidence syntheses (quantitative systematic reviews or qualitative  
9 evidence syntheses) containing studies of that design were also included. All included  
10 studies from those syntheses were screened to identify any additional relevant primary  
11 studies not found as part of the initial search. Evidence syntheses that were used solely as a  
12 source of primary studies were not formally included in the evidence review (as they did not  
13 provide additional data) and were not quality assessed.

## 14 **Methods of combining evidence**

### 15 **Data synthesis for intervention studies**

16 Where possible, meta-analyses were conducted to combine the results of quantitative  
17 studies for each outcome. Network meta-analyses was considered in situations where the  
18 following criteria were met:

- 19 • At least three treatment alternatives.
- 20 • The aim of the review was to produce recommendations on the most effective option,  
21 rather than simply describe the effectiveness of treatment alternatives.

22 In other situations, pairwise meta-analysis was used to compare interventions.

### 23 **Pairwise meta-analysis**

24 Pairwise meta-analyses were performed in Cochrane Review Manager V5.3. A pooled  
25 relative risk was calculated for dichotomous outcomes (using the Mantel–Haenszel method)  
26 reporting numbers of people having an event, and a pooled incidence rate ratio was  
27 calculated for dichotomous outcomes reporting total numbers of events. Both relative and  
28 absolute risks were presented, with absolute risks calculated by applying the relative risk to  
29 the risk in the comparator arm of the meta-analysis (calculated as the total number events in  
30 the comparator arms of studies in the meta-analysis divided by the total number of  
31 participants in the comparator arms of studies in the meta-analysis).

32 Fixed- and random-effects models were fitted, with the presented analysis dependent on the  
33 degree of heterogeneity in the assembled evidence. Fixed-effects models were the preferred  
34 choice to report, but in situations where the assumption of a shared mean for fixed-effects  
35 model were clearly not met, even after appropriate pre-specified subgroup analyses were  
36 conducted, random-effects results are presented. Fixed-effects models were deemed to be  
37 inappropriate if there was significant statistical heterogeneity in the meta-analysis, defined as  
38  $I^2 \geq 50\%$ .

39 However, in cases where the results from individual pre-specified subgroup analyses were  
40 less heterogeneous (with  $I^2 < 50\%$ ) the results from these subgroups were reported using  
41 fixed effects models. This may have led to situations where pooled results were reported  
42 from random-effects models and subgroup results were reported from fixed-effects models.

## 1 **Network meta-analysis**

2 Frequentist NMAs were undertaken using the netmeta package in R v3.6.2. This uses a  
3 graph-theoretical method which is mathematically equivalent to frequentist network meta-  
4 analysis (Rücker 2012). Inconsistency was assessed using the overall  $I^2$  value for the whole  
5 network, which is a weighted average of the  $I^2$  value for all comparisons where there are  
6 multiple trials (both direct and indirect), and random-effects models were used if the  $I^2$  value  
7 was above 50% (as for pairwise meta-analyses, this was interpreted as showing the  
8 assumption of consistent, shared underlying means was not met, and therefore a fixed-  
9 effects model was inappropriate). In addition, the Cochrane Q and p-value were also  
10 examined to check that these were in agreement with the  $I^2$  results and if this was not the  
11 case then a random effects model was used.

## 12 **Appraising the quality of evidence**

### 13 **Intervention studies (relative effect estimates)**

14 RCTs were quality assessed using the Cochrane Risk of Bias Tool. Evidence on each  
15 outcome for each individual study was classified into one of the following groups:

- 16 • Low risk of bias – The true effect size for the study is likely to be close to the estimated  
17 effect size.
- 18 • Moderate risk of bias – There is a possibility the true effect size for the study is  
19 substantially different to the estimated effect size.
- 20 • High risk of bias – It is likely the true effect size for the study is substantially different to  
21 the estimated effect size.

22 Each individual study was also classified into one of three groups for directness, based on if  
23 there were concerns about the population, intervention, comparator and/or outcomes in the  
24 study and how directly these variables could address the specified review question. Studies  
25 were rated as follows:

- 26 • Direct – No important deviations from the protocol in population, intervention, comparator  
27 and/or outcomes.
- 28 • Partially indirect – Important deviations from the protocol in one of the following areas:  
29 population, intervention, comparator and/or outcomes.
- 30 • Indirect – Important deviations from the protocol in at least two of the following areas:  
31 population, intervention, comparator and/or outcomes.

### 32 **Minimally important differences (MIDs) and clinical decision thresholds**

33 The Core Outcome Measures in Effectiveness Trials (COMET) database was searched to  
34 identify published minimal clinically important difference thresholds relevant to this guideline  
35 that might aid the committee in identifying clinical decision thresholds for the purpose of  
36 GRADE. Identified MIDs were assessed to ensure they had been developed and validated in  
37 a methodologically rigorous way, and were applicable to the populations, interventions and  
38 outcomes specified in this guideline. In addition, the Guideline Committee were asked to  
39 prospectively specify any outcomes where they felt a consensus clinical decision threshold  
40 could be defined from their experience. In particular, any questions looking to evaluate non-  
41 inferiority (that one treatment is not meaningfully worse than another) required a clinical  
42 decision threshold to be defined to act as a non-inferiority margin.

1 No clinical decision thresholds were identified thought his process of by the committee. For  
 2 relative risks and hazard ratios, a default clinical decision threshold for dichotomous  
 3 outcomes of 0.8 to 1.25 was used.

4 **GRADE for intervention studies analysed using pairwise analysis**

5 GRADE was used to assess the quality of evidence for the outcomes specified in the review  
 6 protocol. Data from randomised controlled trials were initially rated as high quality while data  
 7 from other study types were initially rated as low quality. The quality of the evidence for each  
 8 outcome was downgraded or not from this initial point, based on the criteria given in [Table](#)  
 9 [16](#).

10 **Table 16: Rationale for downgrading quality of evidence for intervention studies**

GRADE criteria	Reasons for downgrading quality
Risk of bias	<p>Not serious: If less than 33.3% of the weight in a meta-analysis came from studies at moderate or high risk of bias, the overall outcome was not downgraded.</p> <p>Serious: If greater than 33.3% of the weight in a meta-analysis came from studies at moderate or high risk of bias, the outcome was downgraded one level.</p> <p>Very serious: If greater than 33.3% of the weight in a meta-analysis came from studies at high risk of bias, the outcome was downgraded two levels.</p> <p>Extremely serious: If greater than 33.3% of the weight in a meta-analysis came from studies at critical risk of bias, the outcome was downgraded three levels</p> <p>Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between studies at high and low risk of bias.</p>
Indirectness	<p>Not serious: If less than 33.3% of the weight in a meta-analysis came from partially indirect or indirect studies, the overall outcome was not downgraded.</p> <p>Serious: If greater than 33.3% of the weight in a meta-analysis came from partially indirect or indirect studies, the outcome was downgraded one level.</p> <p>Very serious: If greater than 33.3% of the weight in a meta-analysis came from indirect studies, the outcome was downgraded two levels.</p> <p>Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between direct and indirect studies.</p>
Inconsistency	<p>Concerns about inconsistency of effects across studies, occurring when there is unexplained variability in the treatment effect demonstrated across studies (heterogeneity), after appropriate pre-specified subgroup analyses have been conducted.</p> <p>This was assessed using the <math>I^2</math> statistic.</p> <p>N/A: Inconsistency was marked as not applicable if data on the outcome was only available from one study.</p>

GRADE criteria	Reasons for downgrading quality
	<p>Not serious: If the <math>I^2</math> was less than 33.3%, the outcome was not downgraded.</p> <p>Serious: If the <math>I^2</math> was between 33.3% and 66.7%, the outcome was downgraded one level.</p> <p>Very serious: If the <math>I^2</math> was greater than 66.7%, the outcome was downgraded two levels.</p> <p>Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between studies with the smallest and largest effect sizes.</p>
Imprecision	<p>If an MID other than the line of no effect was defined for the outcome, the outcome was downgraded once if the 95% confidence interval for the effect size crossed one line of the MID, and twice if it crosses both lines of the MID.</p> <p>If the line of no effect was defined as an MID for the outcome, it was downgraded once if the 95% confidence interval for the effect size crossed the line of no effect (i.e., the outcome was not statistically significant), and twice if the sample size of the study was sufficiently small that it is not plausible any realistic effect size could have been detected.</p> <p>Outcomes meeting the criteria for downgrading above were not downgraded if the confidence interval was sufficiently narrow that the upper and lower bounds would correspond to clinically equivalent scenarios.</p>
Publication bias	<p>Where 10 or more studies were included as part of a single meta-analysis, a funnel plot was produced to graphically assess the potential for publication bias. When a funnel plot showed convincing evidence of publication bias, or the review team became aware of other evidence of publication bias (for example, evidence of unpublished trials where there was evidence that the effect estimate differed in published and unpublished data), the outcome was downgraded once. If no evidence of publication bias was found for any outcomes in a review (as was often the case), this domain was excluded from GRADE profiles to improve readability.</p>

1 **Modified GRADE for intervention studies analysed using network meta-analysis**

2 A modified version of the standard GRADE approach for pairwise interventions was used to  
 3 assess the quality of evidence across the network meta-analyses. While most criteria for  
 4 pairwise meta-analyses still apply, it is important to adapt some of the criteria to take into  
 5 consideration additional factors, such as how each 'link' or pairwise comparison within the  
 6 network applies to the others. As a result, the following criteria ([Table 17](#)) was used when  
 7 modifying the GRADE framework to a network meta-analysis. It is designed to provide a  
 8 single overall quality rating for an NMA to judge the overall strength of evidence.

9 **Table 17: Rationale for downgrading quality of evidence for network meta-analysis**

GRADE criteria	Reasons for downgrading quality
Risk of bias	<p>Not serious: If fewer than 33.3% of the studies in the network meta-analysis were at moderate or high risk of bias, the overall network was not downgraded.</p> <p>Serious: If greater than 33.3% of the studies in the network meta-analysis were at moderate or high risk of bias, the network was downgraded one level.</p> <p>Very serious: If greater than 33.3% of the studies in the network meta-analysis were at high risk of bias, the network was downgraded two levels.</p>
Indirectness	<p>Not serious: If fewer than 33.3% of the studies in the network meta-analysis were partially indirect or indirect, the overall network was not downgraded.</p> <p>Serious: If greater than 33.3% of the studies in the network meta-analysis were partially indirect or indirect, the network was downgraded one level.</p> <p>Very serious: If greater than 33.3% of the studies in the network meta-analysis were indirect, the network was downgraded two levels.</p>
Inconsistency	<p>N/A: Inconsistency was marked as not applicable if there were no links in the network where data from multiple studies (either direct or indirect) were synthesised.</p> <p>For network meta-analyses conducted under a frequentist framework, the network was downgraded one level if the <math>I^2</math> was greater than 50%.</p> <p>In addition, the direct and indirect treatment estimates were compared as a check on the consistency of the network.</p>
Imprecision	<p>95% confidence intervals were used to assess imprecision.</p> <p>Not serious: The data were sufficiently precise to allow the committee to draw conclusions from the results of the NMA. (At least one comparison had a 95% CI that did not cross the line of no effect.)</p> <p>Serious: Imprecision had a moderate impact on the ability of the committee to draw conclusions from the results of the NMA.</p> <p>Very serious: Imprecision had a substantial impact on the committee to draw conclusions from the results of the NMA.</p>

## 1 References

- 2 Follmann D, Elliott P, Suh I, Cutler J (1992) Variance imputation for overviews of clinical trials  
 3 with continuous response. *Journal of Clinical Epidemiology* 45:769–73
- 4 Fu R, Vandermeer BW, Shamliyan TA, et al. (2013) Handling Continuous Outcomes in  
 5 Quantitative Synthesis In: *Methods Guide for Effectiveness and Comparative Effectiveness  
 6 Reviews* [Internet]. Rockville (MD): Agency for Healthcare Research and Quality (US); 2008-  
 7 Available from: <http://www.ncbi.nlm.nih.gov/books/NBK154408/>

## 1 Appendix C – Literature search strategies

2

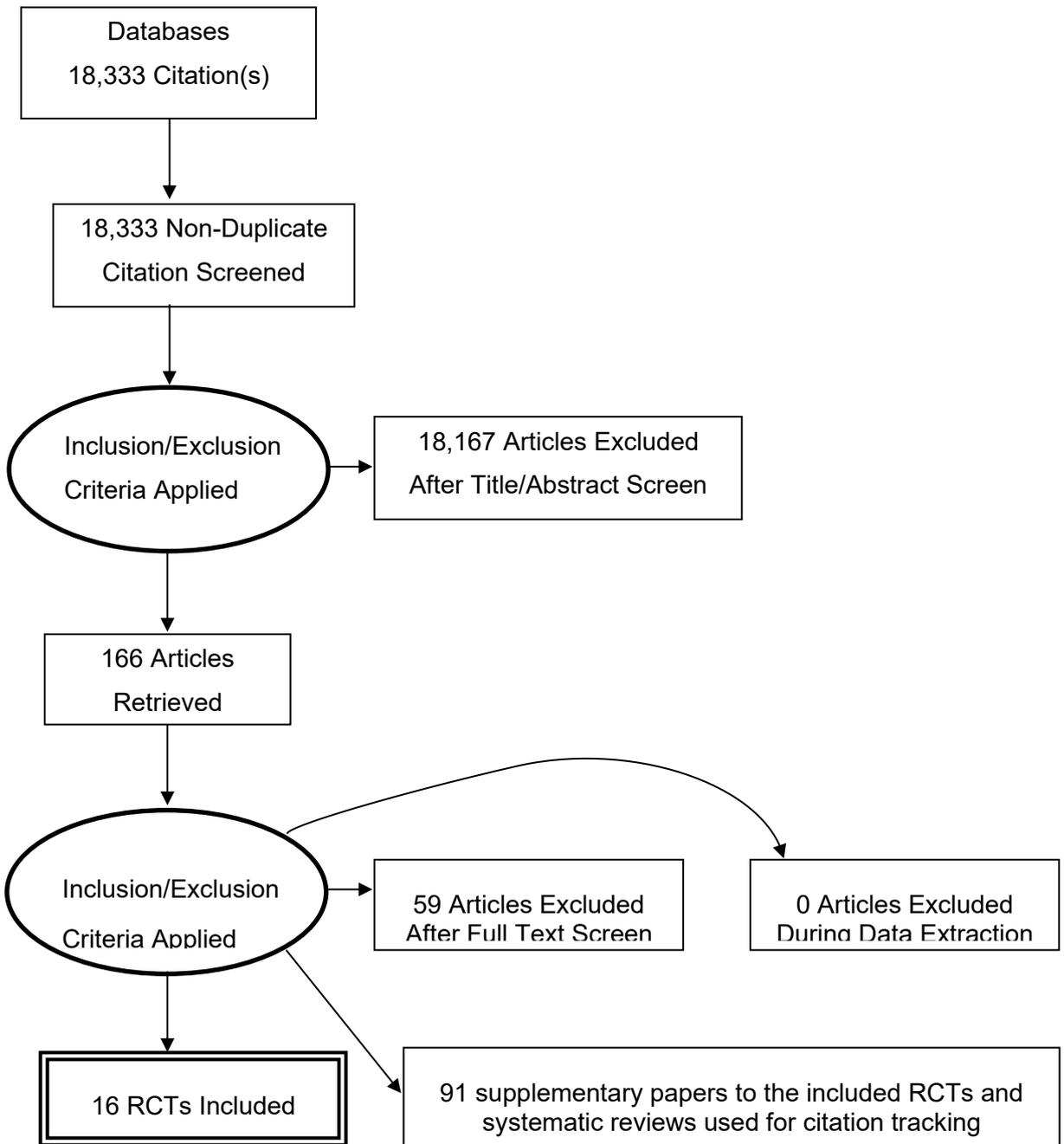
3 The MEDLINE strategy below was run on the 30<sup>th</sup> November 2020. It was translated into all  
4 the databases that were searched.

5

6 1 exp Diabetes Mellitus, Type 2/  
7 2 (Type\* adj4 ("2" or "II" or two\*) adj4 (diabete\* or diabetic\*).tw.  
8 3 ((Maturit\* or adult\* or slow\*) adj4 onset\* adj4 (diabete\* or diabetic\*).tw.  
9 4 ((Ketosis-resistant\* or stable\*) adj4 (diabete\* or diabetic\*).tw.  
10 5 ((Non-insulin\* or Non insulin\* or Noninsulin\*) adj4 depend\* adj4 (diabete\* or  
11 diabetic\*).tw.  
12 6 NIDDM.tw.  
13 7 or/1-6  
14 8 exp Glucagon-Like Peptide 1/  
15 9 (Glucagon\* adj Like adj Peptide adj "1").tw.  
16 10 (GLP\* adj "1").tw.  
17 11 GLP1\*.tw.  
18 12 Exenatide/  
19 13 (Exenatide\* or Byetta\* or Bydureon\* or Saxenda\*).tw.  
20 14 (Liraglutide\* or Victoza\*).tw.  
21 15 (Dulaglutide\* or Trulicity\*).tw.  
22 16 (Semaglutide\* or Ozempic\* or Rybelsus\*).tw.  
23 17 (Lixisenatide\* or Lyxumia\*).tw.  
24 18 Sodium-Glucose Transporter 2/  
25 19 (Sodium\* adj4 Glucose\* adj4 Transporter\* adj4 "2").tw.  
26 20 (Sodium\* adj4 Glucose\* adj4 (co-transporter\* or cotransporter\* or co transporter\*) adj4  
27 "2").tw.  
28 21 (SGLT\* or gliflozin\*).tw.  
29 22 Canagliflozin/  
30 23 (Canagliflozin\* or Invokana\* or Dapagliflozin\* or Forxiga\* or Ertugliflozin\* or Steglatro\*  
31 or Empagliflozin\* or Jardiance\* or Glyxambi\*).tw.  
32 24 exp Sulfonylurea Compounds/tu [Therapeutic Use]  
33 25 (Sulfonylurea\* or Sulphonylurea\*).tw.  
34 26 (Gliclazide\* or Diamicron\*).tw.  
35 27 (Glimepiride\* or Amaryl\*).tw.  
36 28 (Glipizide\* or Minodiab\*).tw.  
37 29 Tolbutamide\*.tw.  
38 30 Thiazolidinediones/  
39 31 (Thiazolidinedione\* or Glitazone\*).tw.  
40 32 Pioglitazone/  
41 33 (Pioglitazone\* or Actos\*).tw.  
42 34 exp Dipeptidyl-Peptidase IV Inhibitors/ or Dipeptidyl Peptidase 4/  
43 35 (Dipeptidyl\* adj2 Peptidase\* adj2 ("4" or "iv") adj Inhibitor\*).tw.  
44 36 (DPP\* adj2 ("4" or "iv")).tw.  
45 37 gliptin\*.tw.  
46 38 (Saxagliptin\* or Onglyza\* or Komboglyze\* or Qtern\*).tw.  
47 39 (Vildagliptin\* or Galvus\*).tw.  
48 40 (Sitagliptin\* or Januvia\*).tw.  
49 41 (Alogliptin\* or Vipdomet\*).tw.  
50 42 (Linagliptin\* or Trajenta\* or Jentadueto\*).tw.  
51 43 Metformin/  
52 44 (Metformin\* or Glucophage\*).tw.

1 45 (Competact\* or Janumet\* or Eucreas\* or Synjardy\* or Vokanamet\* or Xigduo\*).tw.  
2 46 Biguanides/  
3 47 Biguanide\*.tw.  
4 48 exp Glycoside Hydrolase Inhibitors/  
5 49 glycosid\*.tw.  
6 50 (glycosyl adj4 hydrolases).tw.  
7 51 ((intestinal adj4 alpha adj4 amylase adj4 inhibitor\*) or (intestinal adj4 alpha-amylase  
8 adj4 inhibitor\*)).tw.  
9 52 ((pancreatic adj4 alpha adj4 amylase adj4 inhibitor\*) or (pancreatic adj4 alpha-amylase  
10 adj4 inhibitor\*)).tw.  
11 53 Acarbose/  
12 54 (Acarbose\* or Glucobay\*).tw.  
13 55 exp Insulins/ad, tu [Administration & Dosage, Therapeutic Use]  
14 56 exp Insulin/ad, tu [Administration & Dosage, Therapeutic Use]  
15 57 Insulin Infusion Systems/  
16 58 (Insulin\* adj4 (treat\* or therap\* or administrat\* or dos\* or human\* or analogue\* or  
17 biphasic\* or basal\* or protamine\* or isophane\* or inject\* or pen\* or deliver\* or device\* or  
18 system\* or pump\* or syringe\* or needle\* or infusion\*)).tw.  
19 59 (Insulin\* adj4 (Intermediate\* or shortact\* or short-act\* or short act\* or longact\* or long-  
20 act\* or long act\* or ultralong\* or ultra-long\* or ultra long\* or rapidact\* or rapid-act\* or rapid  
21 act\*)).tw.  
22 60 (Actrapid\* or Humulin\* or Hypurin\*).tw.  
23 61 Aspart\*.tw.  
24 62 (Glulisine\* or Apidra\*).tw.  
25 63 (Lispro\* or Humalog\*).tw.  
26 64 (Insulin\* adj4 zinc\* adj4 (suspension\* or protamine\*)).tw.  
27 65 (Detemir\* or Levemir\*).tw.  
28 66 (Glargine\* or Lantus\* or Toujeo\*).tw.  
29 67 (Degludec\* or Tresiba\*).tw.  
30 68 (Isophane\* or Insulatard\* or Insuman\* or Novomix\*).tw.  
31 69 (Fiasp\* or Lyumjev\* or Suliqua\* or Xultophy\* or NovoRapid\*).tw.  
32 70 (LY2963016 or Abasaglar\* or MYK-1501D or MYK1501D or Semglee\*).tw.  
33 71 Biosimilar pharmaceuticals/  
34 72 (biosimilar\* or biologics).tw.  
35 73 Nateglinide/  
36 74 (Meglitinide\* or Repaglinide\* or Nateglinide\*).tw.  
37 75 or/8-74  
38 76 7 and 75  
39 77 animals/ not humans/  
40 78 76 not 77  
41 79 limit 78 to english language  
42 80 randomized controlled trial.pt.  
43 81 randomi?ed.mp.  
44 82 placebo.mp.  
45 83 or/80-82  
46 84 (MEDLINE or pubmed).tw.  
47 85 systematic review.tw.  
48 86 systematic review.pt.  
49 87 meta-analysis.pt.  
50 88 intervention\$.ti.  
51 89 or/84-88  
52 90 79 and 83  
53 91 79 and 89  
54

## 1 Appendix D – Effectiveness evidence study selection



2  
3

## 1 Appendix E – Effectiveness evidence

2

### Cannon Christopher, 2020

**Bibliographic Reference** Cannon Christopher, P; Pratley, Richard; Dagogo-Jack, Samuel; Mancuso, James; Huyck, Susan; Masiukiewicz, Urszula; Charbonnel, Bernard; Frederich, Robert; Gallo, Silvina; Cosentino, Francesco; Shih Weichung, J; Gantz, Ira; Terra Steven, G; Cherney David Z, I; McGuire Darren, K; VERTIS, CV; Investigators; Cardiovascular Outcomes with Ertugliflozin in Type 2 Diabetes.; The New England journal of medicine; 2020; vol. 383 (no. 15); 1425-1435

### 3 Study details

<b>Other publications associated with this study included in review</b>	Cannon et al. 2018; Cosentino et al. 2020
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov number, NCT01986881 - Vertis-CV
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	34 countries
<b>Study setting</b>	567 centers (no further details reported)
<b>Study dates</b>	December 2013 through July 2015 and from June 2016 through April 2017; The final follow-up window was from September 2019 through December 2019; the last patient visit took place on December 27, 2019.
<b>Sources of funding</b>	Merck Sharp & Dohme and Pfizer
<b>Inclusion criteria</b>	Adults (aged 40 year or older) with type 2 diabetes At least 40 years of age and had type 2 diabetes (with a glycated haemoglobin level of 7.0 to 10.5%) and established atherosclerotic cardiovascular disease involving the coronary, cerebrovascular, or peripheral arterial systems.
<b>Exclusion criteria</b>	<b>People with type 1 diabetes</b> History of type 1 diabetes or ketoacidosis <b>Renal</b> Estimated glomerular filtration rate below 30 ml per minute per 1.73 m <sup>2</sup> of body-surface area

<b>Intervention(s)</b>	5 mg or 15 mg of ertugliflozin once daily, added to background standard-of-care treatment
<b>Comparator</b>	Matching placebo once daily, added to background standard-of-care treatment
<b>Outcomes of interest</b>	Myocardial infarction Stroke, or atherosclerotic disease Cardiovascular-related mortality All-cause mortality Change in weight or Body Mass Index (BMI) at 1 year Total dropouts Hypoglycaemic event rates Hospitalization for heart failure 3-point MACE
<b>Number of participants</b>	8250 Underwent randomization; 8246 Were included in the intention-to-treat population
<b>Duration of follow-up</b>	3.5 years (mean)
<b>Loss to follow-up</b>	13% (n=358/2747) in the placebo arm, 12% (n=330/2752) in the ertugliflozin, 5 mg/day arm and 12.6% (n=346/2747) ertugliflozin, 15 mg/day arm did not complete the study. ITT analysis undertaken
<b>Methods of analysis</b>	Stratified Cox proportional-hazards model that included the trial group as a covariate and cohort of enrolment as the stratification factor was used to evaluate the primary outcome. The Kaplan–Meier method was used to estimate the cumulative incidence (first occurrence) of an outcome event over time in each trial group.

## 1 Study arms

### Ertugliflozin (5 mg and 15 mg) (N = 5499)

Ertugliflozin (5 mg n=2752 and 15 mg n=2747) with standard care of treatment

### Placebo (N = 2747)

with standard-of-care treatment

## 2 Characteristics

### 3 Arm-level characteristics

	Ertugliflozin (5 mg and 15 mg) (N = 5499)	Placebo (N = 2747)
<b>% Female</b> ( <i>Percentage</i> )		
Nominal	29.7	30.7

	<b>Ertugliflozin (5 mg and 15 mg) (N = 5499)</b>	<b>Placebo (N = 2747)</b>
<b>Mean age (SD) (years)</b>		
Mean/SD	64.4 (8.1)	64.4 (8)
<b>BMI or weight (kg/m<sup>2</sup>)</b> Data were available for 5496 patients in the ertugliflozin group and 2747 patients in the placebo group.		
Mean/SD	31.9 (5.4)	32 (5.5)
<b>Comorbidities</b>		
<b>Duration of type 2 diabetes - years</b> Data were available for 5493 patients in the ertugliflozin group and 2745 patients in the placebo group.		
Mean/SD	12.9 (8.3)	13.1 (8.4)
<b>Glycated haemoglobin %</b>		
Mean/SD	8.2 (1)	8.2 (0.9)
<b>Estimated GFR — ml/min/1.73 m<sup>2</sup> (mean/SD)</b> The estimated glomerular filtration rate (GFR) was calculated with the Modification of Diet in Renal Disease equation. Data were available for 5498 patients in the ertugliflozin group and 2747 patients in the placebo group.		
Mean/SD	76.1 (20.9)	75.7 (20.8)
<b>Coronary artery disease %</b>		
Nominal	75.4	76.9
<b>Cerebrovascular disease %</b>		
Nominal	23.2	22.3
<b>Peripheral arterial disease %</b>		
Nominal	18.7	18.6
<b>Heart failure %</b>		
Nominal	23.4	24.5
<b>Myocardial infarction %</b>		
Nominal	47.7	48.4
<b>Coronary revascularization %</b>		
Nominal	57.8	58.7
<b>Stroke %</b>		

	<b>Ertugliflozin (5 mg and 15 mg) (N = 5499)</b>	<b>Placebo (N = 2747)</b>
Nominal	21.5	20.3
<b>Race / Ethnicity %</b>		
<b>White %</b>		
Nominal	87.8	87.9
<b>Black %</b>		
Nominal	3	2.5
<b>Asian %</b>		
Nominal	6.1	5.9
<b>Other %</b>		
Nominal	3.1	3.7

1

<b>Section</b>	<b>Question</b>	<b>Answer</b>
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low <i>(Multicentre, double-blind, randomized, placebo-controlled, event-driven, noninferiority trial; Randomization was performed at a central location with the use of an interactive voice-response system and was based on a computer-generated schedule with randomly permuted blocks, stratified according to geographic region; Study described the baseline characteristics of the patients as well balanced between the ertugliflozin group and the placebo group; However the use of diuretics, were used more often in the placebo group than in the ertugliflozin group at the end of the trial but this is not considered a to be a source of bias.)</i>
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low <i>(Multicentre, double-blind, randomized, placebo-controlled, event-driven, noninferiority trial; Randomization was performed at a central location with the use of an interactive voice-response system and was based on a computer-generated schedule with randomly permuted blocks, stratified according to geographic region; Intention to treat analysis undertaken that considered 99.9% of randomized participants (n=4 participants were excluded post randomization due to being enrolled twice; involved in another ertugliflozin trial))</i>
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low <i>(Intention to treat analysis undertaken that considered 99.9% of those randomized; The non-inferiority analysis for the primary outcome</i>

Section	Question	Answer
		<i>considered participants who at received at least one dose of treatment/placebo (99.9%); 12.5% (n=1034) participant did not complete the trial)</i>
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low <i>(Clinical event rates were used to measure all predefined and prespecified outcomes, with all the primary and secondary outcome events centrally adjudicated on by a cardiovascular adjudication committee in a blinded manner; The study is outlined as a multicentre, double-blind, randomized, placebo-controlled, event-driven, noninferiority trial. Randomization was performed at a central location with the use of an interactive voice-response system and was based on a computer-generated schedule with randomly permuted blocks, stratified according to geographic region.)</i>
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low <i>(Pre-specified analysis plan is outlined in the paper and published in Cannon et al 2018, with the analysis undertaken is in line with this plan. Primary and secondary outcomes were all prespecified with outcome measures assessed via clinical event rates with all the primary and secondary outcome events centrally adjudicated on by a cardiovascular adjudication committee in a blinded manner.)</i>
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

1

## Gerstein Hertzal, 2019

**Bibliographic Reference** Gerstein Hertzal, C; Colhoun Helen, M; Dagenais Gilles, R; Diaz, Rafael; Lakshmanan, Mark; Pais, Prem; Probstfield, Jeffrey; Riesmeyer Jeffrey, S; Riddle Matthew, C; Ryden, Lars; Xavier, Denis; Atisso Charles, Messan; Dyal, Leanne; Hall, Stephanie; Rao-Melacini, Purnima; Wong, Gloria; Avezum, Alvaro; Basile, Jan; Chung, Namsik; Conget, Ignacio; Cushman William, C; Franek, Edward; Hancu, Nicolae; Hanefeld, Markolf; Holt, Shaun; Jansky, Petr; Keltai, Matyas; Lanas, Fernando; Leiter Lawrence, A; Lopez-Jaramillo, Patricio; Cardona, Munoz; Ernesto, German; Pirags, Valdis; Pogossova, Nana; Raubenheimer Peter, J; Shaw Jonathan, E; Sheu Wayne, H-H; Temelkova-Kurktschiev, Theodora; REWIND, Investigators; Dulaglutide and cardiovascular outcomes in type 2 diabetes (REWIND): a double-blind, randomised placebo-controlled trial.; Lancet (London, England); 2019; vol. 394 (no. 10193); 121-130

## 2 Study details

<b>Other publications associated with this study included in review</b>	Gerstein et al. 2019b; Cukierman-Yaffe et al. 2020; Dagenais et al. 2020; Gerstein et al 2018
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<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov, number NCT01394952; REWIND
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	24 countries
<b>Study setting</b>	371 sites
<b>Study dates</b>	Aug 18, 2011, and Aug 14, 2013, 12 133 patients were screened; Follow-up ended on Aug 21, 2018.
<b>Sources of funding</b>	Eli Lilly and Company
<b>Inclusion criteria</b>	<p>Adults (aged 50 year or older) with type 2 diabetes</p> <p>Previous/new type 2 diabetes with HbA1c &lt;81 mmol/mol (&lt;9.5%); Stable dose of 0, 1 or 2 oral glucose lowering drugs +/- basal insulin for &gt; 3 months; Body mass index &gt; 23 kg/m<sup>2</sup>; If age &gt; 50, at least 1 of: prior MI; prior ischemic stroke; coronary revascularization &gt; 2 years earlier; carotid, or peripheral revascularization &gt; 2 months earlier; unstable angina hospitalization; image proven myocardial ischemia; or percutaneous coronary intervention; If age &gt; 55, any of the above or at least 1 of: documented myocardial ischemia by stress test or imaging; &gt;50% coronary, carotid, or lower extremity artery stenosis; ankle-brachial index &lt;0.9; eGFR persistently &lt;60 mL/minute/1.73m<sup>2</sup>; hypertension with LV hypertrophy; or persistent albuminuria; If age &gt; 60, any of the above or at least 2 of: any tobacco use; use of lipid modifying therapy or a documented untreated LDL ≥3.4 mmol/L (130 mg/dL) within the past 6 months; HDL-C &lt;1.0 mmol/L (40 mg/dL) for men and &lt;1.3 mmol/L (50 mg/dL) for women or triglycerides ≥2.3 mmol/L (200 mg/dL) within the past 6 months; use of &gt; 1 blood pressure drug or untreated SBP ≥140 mm Hg or DBP ≥95 mmHg; or waist-to-hip ratio &gt;1.0 (men) and &gt;0.8 (women); Run-in adherence to study drug = 100%</p>
<b>Exclusion criteria</b>	<p><b>Renal</b></p> <p>eGFR &lt;15 ml/min/1.73 m<sup>2</sup> or on dialysis</p> <p>Cardiovascular or cerebrovascular event within 8 weeks of randomization</p> <p><b>Cancer</b></p> <p>Family history of/or C cell hyperplasia or medullary thyroid cancer or MEN 2A or 2B or calcitonin value ≥20 pg/mL; Cancer within prior 5 years</p> <p><b>Treatment</b></p> <p>Unwilling to stop GLP-1 RA or DPP-4 inhibitor or weight loss drug</p> <p><b>Hypoglycaemia</b></p> <p>Uncontrolled diabetes</p> <p>Pancreatitis</p>

	<p>Prior pancreatitis/concordant symptoms</p> <p><b>Liver disease</b></p> <p>Liver disease or ALT <math>\geq 3.0</math> X normal</p> <p><b>Pregnant</b></p> <p>Pregnant or not using reliable birth control</p> <p><b>Life expectancy</b></p> <p>Life expectancy &lt; 1 year</p>
<b>Intervention(s)</b>	Dulaglutide: 1.5 mg weekly via subcutaneous injection
<b>Comparator</b>	Placebo
<b>Outcomes of interest</b>	<p>Myocardial infarction</p> <p>Stroke, or atherosclerotic disease</p> <p>Cardiovascular-related mortality</p> <p>All-cause mortality</p> <p>Change in weight or Body Mass Index (BMI) at 1 year</p> <p>Total dropouts</p> <p>Hypoglycaemic event rates</p> <p>Hospitalization for unstable angina</p> <p>Hospitalization for heart failure</p> <p>Composite renal and retinal microvascular outcome</p> <p>Composite Microvascular Outcome: diabetic retinopathy needing laser, anti VEGF therapy, or vitrectomy; or clinical proteinuria; or a 30% decline in eGFR; or chronic renal replacement therapy</p> <p>Angina</p> <p>Unstable angina hospitalization</p> <p>Non-fatal stroke</p>
<b>Number of participants</b>	9901
<b>Duration of follow-up</b>	5.4 years (median)
<b>Loss to follow-up</b>	ITT undertaken for all randomized participants; 0.3% (n=34) final status across arms was unknown; 2.9% (n=291) did not provide primary outcome at final visit or died.

<b>Methods of analysis</b>	All efficacy and safety analyses will be conducted using an intention-to-treat approach that includes all randomized participants regardless of adherence; The effect of the intervention on the time to the first occurrence of the primary outcome analysed via Cox proportional hazards models with the only independent variable being allocation to dulaglutide versus placebo. The proportional hazard assumption assessed graphically. Kaplan-Meier curves generated along with log-rank P-values. The incidence rate per 100 person years calculated for each treatment group for all key outcomes.
<b>Additional comments</b>	

## 1 Study arms

**Dulaglutide (N = 4949)**

**Placebo (N = 4952)**

## 2 Characteristics

### 3 Arm-level characteristics

	<b>Dulaglutide (N = 4949)</b>	<b>Placebo (N = 4952)</b>
<b>% Female</b>		
Nominal	46.6	46.1
<b>Mean age (SD)</b>		
Mean/SD	66.2 (6.5)	66.2 (6.5)
<b>BMI or weight</b>		
Mean/SD	32.3 (5.7)	32.3 (5.8)
<b>Comorbidities</b>		
<b>Current tobacco use %</b>		
Nominal	14	14.4
<b>Cardiovascular disease %</b> Myocardial infarction, ischaemic stroke, unstable angina with electrocardiogram changes, myocardial ischaemia on imaging or stress test, or coronary, carotid, or peripheral re-vascularisation		
Nominal	31.5	31.4
<b>Cardiovascular event %</b> Myocardial infarction or ischemic stroke		
Nominal	20.8	20.3
<b>Hypertension %</b>		
Nominal	93	93.3

	Dulaglutide (N = 4949)	Placebo (N = 4952)
<b>Previous heart failure %</b>		
Nominal	8.5	8.7
<b>Duration of diabetes (years)</b> Data are mean (SD).		
Mean/SD	10.5 (7.3)	10.6 (7.2)
<b>eGFR &lt;60 ml/min/1.73 m2</b> Percentage		
Nominal	21.8	22.6
<b>Urinary albumin-to-creatinine ratio (mg/mmol)</b>		
Nominal	1.80 (0.70 - 6.60)	1.88 (0.70 - 7.38)
<b>Race % (Percentage)</b>		
<b>White %</b>		
Nominal	75.9	75.6

1

Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low <i>(Randomized, double-blind, placebo-controlled trial. Randomization was done by a computer-generated random code with an interactive web response system with stratification by site. All investigators and participants were masked to treatment allocation. There were no between-group differences in use of other medications at baseline)</i>
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low <i>(Randomized, double-blind, placebo-controlled trial. Randomization was done by a computer-generated random code with an interactive web response system with stratification by site. All investigators and participants were masked to treatment allocation. All efficacy and safety analyses were done according to an intention-to-treat approach that included all randomly assigned participants irrespective of adherence, as described in the protocol and prespecified statistical analysis plan.)</i>
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low <i>(ITT undertaken with all randomized participant accounted for in final analysis for all predefined and prespecified outcomes)</i>
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for	Low <i>(Clinical event rates used to calculate the prespecified clinical and biochemical outcomes. All</i>

Section	Question	Answer
	measurement of the outcome	<i>deaths and cardiovascular, pancreatic, and thyroid events were adjudicated by an external adjudication committee, which is blinded to treatment allocation.)</i>
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low <i>(Pre-specified plan published (Gerstein et al 2018); Analysis undertaken in line with this. Clinical event rates used to calculate the prespecified clinical and biochemical outcomes. All deaths and cardiovascular, pancreatic, and thyroid events were adjudicated by an external adjudication committee, which is blinded to treatment allocation.)</i>
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

1

### Green Jennifer, 2015

**Bibliographic Reference** Green Jennifer, B; Bethel M, Angelyn; Armstrong Paul, W; Buse John, B; Engel Samuel, S; Garg, Jyotsna; Josse, Robert; Kaufman Keith, D; Koglin, Joerg; Korn, Scott; Lachin John, M; McGuire Darren, K; Pencina Michael, J; Standl, Eberhard; Stein Peter, P; Suryawanshi, Shailaja; Van de Werf, Frans; Peterson Eric, D; Holman Rury, R; TECOS, Study; Group; Effect of Sitagliptin on Cardiovascular Outcomes in Type 2 Diabetes.; The New England journal of medicine; 2015; vol. 373 (no. 3); 232-42

2 **Study details**

<b>Other publications associated with this study included in review</b>	Bethel et al. 2017; Bethel et al. 2018; McAlister et al. 2020; Nauck et al. 2019; Pagidipati et al. 2017; Standl et al. 2018.
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov number, NCT00790205 - TECOS
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	38 countries
<b>Study setting</b>	673 sites
<b>Study dates</b>	Patients underwent randomization from December 2008 through July 2012; The study was closed in March 2015, after the requisite minimum of 1300 patients were confirmed to have had a primary composite outcome.

<b>Sources of funding</b>	Merck Sharp & Dohme; TECOS
<b>Inclusion criteria</b>	<p>Adults (aged 50 year or older) with type 2 diabetes</p> <p>Participants had type 2 diabetes with established cardiovascular disease (history of major coronary artery disease, ischemic cerebrovascular disease, or atherosclerotic peripheral arterial disease) at least 50 years of age, with a glycated hemoglobin level of 6.5 to 8.0% when treated with stable doses of one or two oral antihyperglycemic agents (metformin, pioglitazone, or sulfonylurea) or insulin (with or without metformin).</p>
<b>Exclusion criteria</b>	<p>Renal:</p> <p>Estimated glomerular filtration rate (eGFR) was less than 30 ml per minute per 1.73 m<sup>2</sup> of body-surface area at baseline</p> <p>Treatment:</p> <p>DPP-4 inhibitor, glucagon-like peptide-1 receptor agonist, or thiazolidinedione (other than pioglitazone) during the preceding 3 months</p> <p>Hypoglycaemia:</p> <p>History of two or more episodes of severe hypoglycaemia (defined as requiring third party assistance) during the preceding 12 months;</p>
<b>Intervention(s)</b>	Sitagliptin 100 mg daily (50 mg according to eGFR) - route of administration not specified but available as a tablet (BNF)
<b>Comparator</b>	Placebo
<b>Outcomes of interest</b>	<p>Myocardial infarction</p> <p>Stroke, or atherosclerotic disease</p> <p>Cardiovascular-related mortality</p> <p>All-cause mortality</p> <p>Change in weight or Body Mass Index (BMI) at 1 year</p> <p>Total dropouts</p> <p>Dropouts due to adverse events</p> <p>Hypoglycaemic event rates</p> <p>Hospitalization for unstable angina</p> <p>Hospitalization for heart failure</p>
<b>Number of participants</b>	14,735 Patients underwent randomization; 14,671 Were included in the intention-to-treat population
<b>Duration of follow-up</b>	3.0 years (median)
<b>Loss to follow-up</b>	Of those randomized to sitagliptin (n=7332) 4.9% (n=360) did not complete the study; Of those randomized to placebo (n=7339) 5.9% (n=434).

<b>Methods of analysis</b>	Cox proportional-hazards model to calculate hazard ratios and two-sided 95% confidence intervals, stratified according to region.
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1 **Study arms**

<b>Sitagliptin (N = 7332)</b>
<b>Placebo (N = 7339)</b>

2 **Characteristics**

3 **Arm-level characteristics**

	<b>Sitagliptin (N = 7332)</b>	<b>Placebo (N = 7339)</b>
<b>% Female</b>		
Nominal	29.1	29.5
<b>Mean age (SD)</b>		
Mean/SD	65.4 (7.9)	65.5 (8)
<b>BMI or weight (kg/m<sup>2</sup>)</b>		
Mean/SD	30.2 (5.6)	30.2 (5.7)
<b>Comorbidities</b>		
<b>Duration of diabetes (years)</b> (year of randomization – year of diagnosis) + 1.		
Mean/SD	11.6 (8.1)	11.6 (8.1)
<b>Qualifying HbA1c (%)</b>		
Mean/SD	7.2 (0.5)	7.2 (0.5)
<b>eGFR (mL/min/1.73 m<sup>2</sup>)</b> MDRD formula used to calculate eGFR. Site-reported values are presented.		
Mean/SD	74.9 (21.3)	74.9 (20.9)
<b>Urinary albumin: creatinine ratio (mg/g)</b> Median		
Nominal	10.3	11.4
Range	3.5 to 34.6	3.6 to 36.2
<b>Prior cardiovascular disease %</b> Myocardial infarction, >50% coronary stenosis, Prior PCI, CABG		
Nominal	73.6	74.5
<b>Prior cerebrovascular disease %</b>		

	Sitagliptin (N = 7332)	Placebo (N = 7339)
Nominal	24.6	24.3
<b>Cigarette smoking %</b> Never smoked		
Nominal	48.9	48.6
<b>Prior congestive heart failure %</b>		
Nominal	17.8	18.3
<b>Race / Ethnicity</b>		
<b>White %</b>		
Nominal	67.6	68.2
<b>Black %</b>		
Nominal	2.8	3.3
<b>Asian %</b>		
Nominal	22.6	22
<b>Other %</b>		
Nominal	7.1	6.6
<b>Hispanic / Latino %</b>		
Nominal	12.1	12.4

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Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low (Randomized, double-blind, placebo-controlled; An interactive voice-response system assigned the study medication in a double-blind manner, blocked within each site. The characteristics of the patients at baseline were well balanced between the study groups with respect to demographic characteristics and the use of antihyperglycemic agents and secondary cardiovascular prevention medications - analysis not specified.)
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low (Randomized, double-blind, placebo-controlled; An interactive voice-response system assigned the study medication in a double-blind manner, blocked within each site. per protocol and ITT undertaken for all outcomes)

Section	Question	Answer
assignment to intervention)		
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low ( <i>Intention to treat analysis undertaken considering all randomized participants; 14,735 Patients underwent randomization; 14,671 Were included in the intention-to-treat population; Of those randomized to sitagliptin (n=7332) 4.9% (n=360) did not complete the study; Of those randomized to placebo (n=7339) 5.9% (n=434) did not complete the study.</i> )
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low ( <i>Clinical event rates were used to measure predefined and prespecified outcomes, with an independent clinical events classification committee whose members were unaware of study-group assignments adjudicating all events of death, myocardial infarction, stroke, hospitalization for unstable angina, hospitalization for heart failure, acute pancreatitis, and cancers (other than nonmelanoma skin cancers).</i> )
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low ( <i>The study refers to a pre-specified analytical plan; Randomized, double-blind, placebo-controlled; An interactive voice-response system assigned the study medication in a double-blind manner, blocked within each site. All prespecified and predefined outcomes have been reported on in line with a pre specified plan. Clinical event rates were used to measure predefined and prespecified outcomes, overseen by an independent clinical events classification committee who were unaware of study-group assignments.</i> )
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

1

## Holman Rury, 2017

**Bibliographic Reference** Holman Rury, R; Bethel M, Angelyn; Mentz Robert, J; Thompson Vivian, P; Lokhnygina, Yuliya; Buse John, B; Chan Juliana, C; Choi, Jasmine; Gustavson Stephanie, M; Iqbal, Nayyar; Maggioni Aldo, P; Marso Steven, P; Ohman, Peter; Pagidipati Neha, J; Poulter, Neil; Ramachandran, Ambady; Zinman, Bernard; Hernandez Adrian, F; EXSCEL Study, Group; Effects of Once-Weekly Exenatide on Cardiovascular Outcomes in Type 2 Diabetes.; The New England journal of medicine; 2017; vol. 377 (no. 13); 1228-1239

2 **Study details**

**Other publications associated** Holman et al. 2016; Clegg et al. 2019 Badjatiya et al. 2019; Bethel et al. 2019; Fudim et al. 2019; Gaebler et al. 2012; Mentz et al. 2017; Mentz et al. 2018; Reed et al. 2020; Standl et al. 2020; Wittbrodt et al. 2018

<b>with this study included in review</b>	
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov number - NCT01144338
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	35 countries - North America, Latin America, Europe, Asia/Pacific
<b>Study setting</b>	687 sites - no further details
<b>Study dates</b>	Randomization June 18, 2010, through September 16, 2015. The planned closeout of follow-up of the patients was from December 5, 2016 to May 11, 2017.
<b>Sources of funding</b>	Amylin Pharmaceuticals
<b>Inclusion criteria</b>	<p>Adults (aged 18 years and older) with type 2 diabetes</p> <p>Adults with type 2 diabetes (defined as a glycated haemoglobin level of 6.5 to 10.0% [48 to 96 mmol per mole]); 70% had previous cardiovascular events (history of major clinical manifestation of coronary artery disease, ischemic cerebrovascular disease, or atherosclerotic peripheral arterial disease) 30% not have had previous cardiovascular events. Patients were permitted to receive up to three oral glucose-lowering agents or to receive insulin, either alone or in combination with up to two oral glucose-lowering agents.</p>
<b>Exclusion criteria</b>	<p><b>Renal</b></p> <p>End-stage renal disease</p> <p>estimated glomerular filtration rate (eGFR) at entry of less than 30 ml per minute per 1.73 m<sup>2</sup> of body-surface area</p> <p><b>Cancer</b></p> <p>Personal or family history of medullary thyroid carcinoma; multiple endocrine neoplasia type 2</p> <p><b>Treatment</b></p> <p>Previous treatment with a GLP-1 receptor agonist</p> <p><b>Hypoglycaemia</b></p> <p>Two or more episodes of severe hypoglycaemia (defined as hypoglycaemia for which a patient received third-party assistance) during the preceding 12 months,</p> <p><b>Calcitonin level</b></p> <p>Baseline calcitonin level of greater than 40ng per litre</p>

<b>Intervention(s)</b>	Subcutaneous injections of extended release exenatide at a dose of 2 mg weekly
<b>Comparator</b>	Subcutaneous injections of placebo
<b>Outcomes of interest</b>	Myocardial infarction Stroke, or atherosclerotic disease Cardiovascular-related mortality All-cause mortality Change in weight or Body Mass Index (BMI) at 1 year Total dropouts Dropouts due to adverse events Hypoglycaemic event rates Hospitalization for heart failure
<b>Number of participants</b>	14752 randomised
<b>Duration of follow-up</b>	3.2 years (median)
<b>Loss to follow-up</b>	14,187 patients (96.2%) completed the trial - 565 did not complete the trial (3.8%); vital status was obtained for 98.8% of the patients.
<b>Methods of analysis</b>	Time-to-event analyses were performed with Cox proportional-hazards model for primary, secondary, and exploratory outcomes in the intention-to-treat population, stratified according to history of cardiovascular disease, with trial regimen as an explanatory variable. The Kaplan–Meier method was used to calculate event rates

### 1 Study arms

#### Exenatide (N = 7356)

Subcutaneous injections of extended release exenatide at a dose of 2 mg once weekly

#### Placebo (N = 7396)

Subcutaneous injections of 2 mg placebo once weekly

### 2 Characteristics

### 3 Arm-level characteristics

	Exenatide (N = 7356)	Placebo (N = 7396)
<b>% Female</b>		
Nominal	38	38
<b>Median age (IQR)</b>		

	<b>Exenatide (N = 7356)</b>	<b>Placebo (N = 7396)</b>
Age at randomization	62.0 (56.0, 68.0)	62.0 (56.0, 68.0)
<b>BMI or weight</b> BMI 30 or over (%)		
Median (IQR)	31.8 (28.2 to 36.2)	31.7 (28.2 to 36.1)
<b>Comorbidities</b>		
<b>Previous cardiovascular event at randomization (%)</b> Prior CV event at randomization based on IVRS.		
Nominal	73.3	72.9
<b>History of congestive heart failure</b>		
Nominal	15.8	16.6
<b>Duration of diabetes</b> 15 years or greater		
Nominal	36.7	37.1
<b>Race / Ethnicity %</b>		
<b>White %</b>		
Nominal	75.5	76
<b>Black %</b>		
Nominal	6	5.9
<b>Asian %</b>		
Nominal	9.9	9.8
<b>Indian (American) or Alaskan Native %</b>		
Nominal	0.5	0.5
<b>Native Hawaiian or Other Pacific Islander %</b>		
Nominal	0.2	0.2
<b>Hispanic %</b>		
Nominal	7.8	7.5
<b>eGFR (MDRD) %</b> (ml/min/1.73m <sup>2</sup> of body surface area)		
Median (IQR)	76.6 (61.3 to 92)	76 (61 to 92)
<b>HbA1c (%)</b> (median)		
Median (IQR)	8 (7.3 to 8.9)	8 (7.3 to 8.9)

1

Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low (Double blind randomized control trial; An interactive voice-response system assigned patients on the basis of computer-generated block randomization within each site; The demographic, disease, and clinical characteristics of the patients did not differ significantly between the groups with the exception of lipid-lowering medications and SGLT2 inhibitors - this is not consider to be a source of bias.)
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low (Double-blind randomized control study; interactive voice-response system assigned patients on the basis of computer-generated block randomization within each site; ITT undertaken considering all randomized participants within the analysis)
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low (ITT used for analysis of primary and secondary outcomes; ITT population includes all randomized participants)
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low (Double blind randomized control trial; interactive voice-response system assigned patients on the basis of computer-generated block randomization within each site; Clinical event rates; all outcomes pre-defined; An independent clinical events classification committee whose members were unaware of the trial-group assignments adjudicated all the components of the primary composite outcome, secondary outcomes, ventricular arrhythmias that led to intervention, neoplasms, and pancreatitis)
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low (Numerical result outlined is in line with the prespecified analytical plan; All Clinical event rates used outcomes which were pre-defined are reported on; An independent clinical events classification committee whose members were unaware of the trial-group assignments adjudicated all the components of the primary composite outcome, secondary outcomes.)
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

2

### Husain, 2019

**Bibliographic Reference** Husain, Mansoor; Birkenfeld Andreas, L; Donsmark, Morten; Dungan, Kathleen; Eliaschewitz Freddy, G; Franco Denise, R; Jeppesen Ole, K; Lingvay, Ildiko;

Mosenzon, Ofri; Pedersen Sue, D; Tack Cees, J; Thomsen, Mette; Vilsboll, Tina; Warren Mark, L; Bain Stephen, C; PIONEER, 6; Investigators; Oral Semaglutide and Cardiovascular Outcomes in Patients with Type 2 Diabetes.; The New England journal of medicine; 2019; vol. 381 (no. 9); 841-851

1 Study details

<b>Other publications associated with this study included in review</b>	Rodbard et al. 2019; Thethi et al. 2020; Bain et al. 2018.
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov number, NCT02692716 - PIONEER6
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	21 countries - Africa, Asia, Europe, Latin America, North America and the Middle East.
<b>Study setting</b>	214 sites
<b>Study dates</b>	Participants (n=3183) randomized between January and August 2017; Last point of data collection/follow-up not specified
<b>Sources of funding</b>	Novo Nordisk
<b>Inclusion criteria</b>	Adults (aged 50 year or older) with type 2 diabetes 50 years of age or older, had established cardiovascular disease or chronic kidney disease, or 60 years of age or older and had cardiovascular risk factors only
<b>Exclusion criteria</b>	<p><b>Renal</b></p> <p>Long-term or intermittent haemodialysis or peritoneal dialysis, or severe renal impairment (estimated glomerular filtration rate [GFR], &lt;30 ml per minute per 1.73 m<sup>2</sup> of body surface area)</p> <p>Cardiovascular or cerebrovascular event within 8 weeks of randomization</p> <p>Myocardial infarction, stroke, or hospitalization for unstable angina or transient ischemic attack within 60 days before screening</p> <p><b>Treatment</b></p> <p>Treatment with any GLP-1 receptor agonist, dipeptidyl peptidase 4 inhibitor, or pramlintide within 90 days before screening</p> <p><b>Heart failure</b></p>

	<p>New York Heart Association class 4 heart failure</p> <p>Planned coronary revascularization procedure within 90 days after screening</p> <p>Planned coronary-artery, carotid-artery, or peripheral-artery revascularization within 60 days before screening</p> <p><b>Retinopathy or maculopathy</b></p> <p>Proliferative retinopathy or maculopathy resulting in active treatment</p>
<b>Intervention(s)</b>	Once-daily oral Semaglutide (target dose, 14 mg)
<b>Comparator</b>	Placebo
<b>Outcomes of interest</b>	<p>Myocardial infarction</p> <p>Stroke, or atherosclerotic disease</p> <p>Non-fatal</p> <p>Cardiovascular-related mortality</p> <p>All-cause mortality</p> <p>A composite of death from any cause, nonfatal myocardial infarction, or nonfatal stroke</p> <p>Change in weight or Body Mass Index (BMI) at 1 year</p> <p>Total dropouts</p> <p>Dropouts due to adverse events</p> <p>Hypoglycaemic event rates</p> <p>Hospitalization for unstable angina</p> <p>Hospitalization for heart failure</p>
<b>Number of participants</b>	3183 patients were randomly assigned to oral semaglutide (1591 patients) or placebo (1592 patients)
<b>Duration of follow-up</b>	15.9 months (median)
<b>Loss to follow-up</b>	3172 patients (99.7%) completed the trial (n=11 loss to follow-up); 1347 (84.7%) completed the trial regimen with oral semaglutide (n=144 did not complete treatment) and 1435 (90.1%) with placebo (n=156 did not complete treatment - placebo)
<b>Methods of analysis</b>	A stratified Cox proportional hazards model was used for the primary analysis, with treatment group as a fixed factor, and stratification based on evidence of cardiovascular disease/advanced chronic kidney disease at screening
<b>Additional comments</b>	

## 1 Study arms

**Semaglutide (N = 1592)**

14 mg orally once daily (target dose) in addition to standard of care treatment

**Placebo (N = 1592)**

in addition to standard of care treatment

1 **Characteristics**

2 **Arm-level characteristics**

	Semaglutide (N = 1592)	Placebo (N = 1592)
<b>% Female</b>		
Nominal	31.9	31.4
<b>Mean age (SD)</b>		
Mean/SD	66 (7)	66 (7)
<b>BMI or weight (Kilograms)</b> Body weight		
Mean/SD	91 (21.4)	90.8 (21)
<b>Comorbidities</b>		
<b>Type 2 diabetes</b> Duration — yr		
Mean/SD	14.7 (8.5)	15.1 (8.5)
<b>Cardiovascular risk stratum %</b> Age ≥50 yr and established CVD or chronic kidney disease %		
Nominal	84.9	84.5
<b>Current smoker %</b>		
Nominal	11.6	10.4
<b>Cardiovascular risk stratum %</b> Age ≥60 yr and cardiovascular risk factors only		
Nominal	15.1	15.5
<b>Chronic heart failure NYHA class 2-3 (%)</b>		
Nominal	11.8	12.6
<b>Race / Ethnicity %</b>		
<b>White %</b>		
Nominal	72.2	72.4

	Semaglutide (N = 1592)	Placebo (N = 1592)
<b>Black or African American %</b>		
Nominal	5.6	6.5
<b>Asian %</b>		
Nominal	20.4	19.2
<b>Other %</b>		
Nominal	1.9	1.9
<b>eGFR (ml/min/1.73m<sup>2</sup> of body surface area)</b>		
Mean/SD	74 (21)	74 (21)

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Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low (Double blind randomized trial - Patients were randomly assigned (in a 1:1 ratio); Randomization was stratified according to evidence of established cardiovascular disease or chronic kidney disease or the presence of cardiovascular risk factors only and performed using an interactive voice/web response system (IV/WRS).)
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low (Double blind randomized trial - Patients were randomly assigned (in a 1:1 ratio); Randomization was stratified according to evidence of established cardiovascular disease or chronic kidney disease or the presence of cardiovascular risk factors only and performed using an interactive voice/web response system (IV/WRS). Blinding of trial staff is maintained by using IV/WRS. ITT undertaken)
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low (ITT undertaken; 99.7% of participants randomized completed the trial; 87% of participants randomized completed treatment)
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low (Clinical event rates used to assess prespecified outcomes. Cardiovascular and other selected events were adjudicated by an independent, external event-adjudication committee whose members were unaware of the trial-group assignments. Blinding of trial staff was maintained by using IV/WRS for dispensing of trial drug and through the use of visually identical oral semaglutide and placebo tablets in identical packaging.)

Section	Question	Answer
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low (All pre-specified outcomes are reported based on clinical event rates for those outcomes as outlined in the pre-specified analytical plan. All non-primary outcomes were not controlled for multiple comparisons within the stratified Cox proportional-hazards model and are outlined as exploratory.)
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

1

### Mahaffey Kenneth, 2018

**Bibliographic Reference** Mahaffey Kenneth, W; Neal, Bruce; Perkovic, Vlado; de Zeeuw, Dick; Fulcher, Greg; Erondu, Ngozi; Shaw, Wayne; Fabbrini, Elisa; Sun, Tao; Li, Qiang; Desai, Mehul; Matthews David, R; CANVAS Program, Collaborative; Group; Canagliflozin for Primary and Secondary Prevention of Cardiovascular Events: Results From the CANVAS Program (Canagliflozin Cardiovascular Assessment Study).; Circulation; 2018; vol. 137 (no. 4); 323-334

### 2 Study details

<b>Other publications associated with this study included in review</b>	Arnott et al. 2020; Figtree et al. 2019; Fulcher et al. 2015a; Fulcher et al. 2015b; Matthews et al. 2019; Matthews et al. 2020; Neal et al. 2015; Neal et al. 2016; Neal et al. 2017; Neuen et al. 2018; Neuen et al. 2020; Perkovic et al. 2018; Radholm et al. 2018; Watts et al. 2016; Wittbrodt et al. 2018; Yale et al. 2017; Zhou et al. 2019
<b>Trial registration number and/or trial name</b>	NCT01032629 and NCT01989754.
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	667 centres in 30 countries - Not further specified
<b>Study setting</b>	Not specified
<b>Study dates</b>	Not specified
<b>Sources of funding</b>	Supported by Janssen Research & Development, LLC. Medical writing support was funded by Janssen Global Services, LLC. Canagliflozin has been developed by Janssen Research & Development, LLC, in collaboration with Mitsubishi Tanabe Pharma Corp.
<b>Inclusion criteria</b>	Adults (aged 18 years and older) with type 2 diabetes

	Men and women with type 2 diabetes mellitus (glycohemoglobin $\geq 7.0\%$ and $\leq 10.5\%$ ) who were either $\geq 30$ years of age with a history of symptomatic atherosclerotic cardiovascular events defined as stroke, MI, hospitalization for unstable angina, coronary artery bypass grafting, percutaneous coronary intervention, peripheral revascularization (surgical or percutaneous), and symptomatic with documented hemodynamically significant carotid or peripheral vascular disease or amputation secondary to vascular disease (secondary prevention cohort); or $\geq 50$ years of age with no prior cardiovascular events but with $\geq 2$ of the following cardiovascular risk factors: duration of diabetes mellitus $\geq 10$ years, systolic blood pressure $> 140$ mm Hg on $\geq 1$ antihypertensive agents, current smoker, microalbuminuria or macroalbuminuria, or high-density lipoprotein cholesterol $< 1$ mmol/L (primary prevention cohort).
<b>Exclusion criteria</b>	<p>People with type 1 diabetes</p> <p><b>Renal</b></p> <p>Requiring renal dialysis or transplantation or eGFR <math>&lt; 30</math> ml/min/1.73m<sup>2</sup></p> <p>Pregnant (or intending), breastfeeding, not using adequate contraception</p> <p><b>Life expectancy</b></p> <p>Less than 1 year</p> <p>Current or prior use of sodium glucose co-transporter 2 inhibitor</p>
<b>Intervention(s)</b>	Canagliflozin 300 mg or canagliflozin 100 mg.
<b>Comparator</b>	Placebo
<b>Outcomes of interest</b>	<p>Myocardial infarction</p> <p>Stroke, or atherosclerotic disease</p> <p>Cardiovascular-related mortality</p> <p>All-cause mortality</p> <p>Change in weight or Body Mass Index (BMI) at 1 year</p> <p>Total dropouts</p> <p>Dropouts due to adverse events</p> <p>Hypoglycaemic event rates</p> <p>Hospitalization for heart failure</p>
<b>Number of participants</b>	10142 participants with type 2 diabetes mellitus
<b>Duration of follow-up</b>	Mean: 188 weeks
<b>Loss to follow-up</b>	Discontinuation of the study drug was similar with placebo and canagliflozin in the overall population (30% versus 29%) and in the secondary prevention (29% versus 30%) and primary prevention cohorts (31% versus 28%)

<b>Methods of analysis</b>	Hazard ratios (HRs) and 95% confidence intervals (CIs) were estimated for participants; Cardiovascular, death, and safety outcomes were analysed using a stratified Cox proportional hazards regression model; Renal outcomes were analysed using a stratified Cox proportional hazards model with treatment and the stage of baseline chronic kidney disease measured by estimated glomerular filtration rate (<60 or ≥60 mL/min/1.73 m <sup>2</sup> ) as the exploratory variables and study as the stratification factor. Homogeneity of treatment effects across the primary and secondary prevention groups was examined via a test for the treatment-by-prevention interaction by adding this term and the prevention cohort as covariates to the respective Cox proportional hazards model. The risk differences were calculated by subtracting the incidence rate (per 1000 patient-years) with placebo from the incidence rate with canagliflozin and multiplying by 5 years. Similarly, the CI was estimated by multiplying the lower and upper CI values by 5 years.
<b>Additional comments</b>	

## 1 Study arms

### Canagliflozin (N = 5795)

Randomized to receive either 100 mg or 300 mg

### Placebo (N = 4347)

Randomized to placebo arm

## 2 Characteristics

### 3 Arm-level characteristics

	Canagliflozin (N = 5795)	Placebo (N = 4347)
<b>% Female</b> ( <i>Percentage</i> )		
Nominal	35.1	36.7
<b>Mean age (SD)</b> ( <i>Mean (SD)</i> )		
Mean/SD	63.2 (8.3)	63.4 (8.2)
<b>BMI or weight</b> ( <i>Mean (SD)</i> )		
Mean/SD	31.9 (5.9)	32 (6)
<b>Comorbidities</b>		
<b>eGFR</b> ( <i>ml/min/1.73m<sup>2</sup> of body surface area</i> )		
Mean/SD	76.7 (20.3)	76.2 (20.8)
<b>Current smokers</b> ( <i>Percentage</i> )		
Nominal	17.6	18.1
<b>Established CVD</b> ( <i>Percentage</i> )		

	Canagliflozin (N = 5795)	Placebo (N = 4347)
Nominal	64.8	66.7
<b>Nephropathy (Percentage)</b>		
Nominal	17.2	17.9
<b>Median albumin-to-creatinine ratio (IQR)</b>		
Median (IQR)	12.4 (6.71-40.9)	12.1 (6.57-43.9)
<b>History of Heart Failure %</b>		
Nominal	13.9	15.1
<b>Race / Ethnicity % (Percentage)</b> Race was determined by investigator inquiry of the participant. Other includes American Indian or Alaska Native, Native Hawaiian or other Pacific Islander, multiple races, other race, and unknown.		
<b>White %</b>		
Nominal	77.8	79
<b>Asian %</b>		
Nominal	13.4	11.7
<b>Black %</b>		
Nominal	3	3.7
<b>Other</b>		
Nominal	5.8	5.6

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Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low (Randomization was performed through a central web-based system and used a computer-generated randomization schedule; CANVAS Program outlined as a double-blind comparison of the effects of canagliflozin versus placebo made by combining data from 2 large-scale trials; Blinding and concealment protocols not specified in this paper; Authors outlined that within each of the primary and secondary prevention cohorts, participant characteristics were all well balanced across canagliflozin and placebo groups.)
Domain 2a: Risk of bias due to deviations from the intended	Risk of bias for deviations from the intended interventions	Low (Limited details in the paper but outlines a double-blind procedure; Study highlights that all analyses of the effects of canagliflozin compared with placebo

Section	Question	Answer
interventions (effect of assignment to intervention)	(effect of assignment to intervention)	<i>on cardiovascular and renal outcomes were based on the intention-to-treat principle using all follow-up time (on or off study treatment) for all randomized participants)</i>
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low <i>(All analyses of the effects of canagliflozin compared with placebo on cardiovascular and renal outcomes were based on the intention-to-treat principle using all follow-up time (on or off study treatment) for all randomized participants.)</i>
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low <i>(Study utilized a double-blind method; Event rates of clinical outcomes measured with major cardiovascular events, renal outcomes, and deaths as well as selected safety outcomes (diabetic ketoacidosis, acute pancreatitis, and fracture) were assessed by Endpoint Adjudication Committees blinded to therapy.)</i>
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low <i>(Study outlines that evaluation of outcomes in the primary and secondary prevention participants were prespecified with all analyses of the effects of canagliflozin compared with placebo on cardiovascular and renal outcomes based on the intention-to-treat principle using all follow-up time (on or off study treatment) for all randomized participants. Findings presented for all pre-specified efficacy outcomes: composite of cardiovascular mortality, nonfatal MI, or nonfatal stroke; the individual components of the composite; hospitalization for heart failure; and all-cause mortality. Effects on the kidney, and safety events)</i>
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

1

### Marso Steven, 2016

**Bibliographic Reference** Marso Steven, P; Bain Stephen, C; Consoli, Agostino; Eliaschewitz Freddy, G; Jodar, Esteban; Leiter Lawrence, A; Lingvay, Ildiko; Rosenstock, Julio; Seufert, Jochen; Warren Mark, L; Woo, Vincent; Hansen, Oluf; Holst Anders, G; Pettersson, Jonas; Vilsboll, Tina; SUSTAIN-6, Investigators; Semaglutide and Cardiovascular Outcomes in Patients with Type 2 Diabetes.; The New England journal of medicine; 2016; vol. 375 (no. 19); 1834-1844

2 **Study details**

<b>Other publications associated with this study</b>	Vilsboll et al. 2017; Jodar et al. 2019; Leiter et al. 2019
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<b>included in review</b>	
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov number, NCT01720446 - SUSTAIN-6
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	20 countries not specified
<b>Study setting</b>	230 sites not specified
<b>Study dates</b>	February 2013 through December 2013 patients were screened; the last patient visit was March 15, 2016
<b>Sources of funding</b>	Novo Nordisk
<b>Inclusion criteria</b>	<p>Adults (aged 50 year or older) with type 2 diabetes</p> <p>Patients with type 2 diabetes and a glycated haemoglobin level of 53 mmol/mol (7%) or more were eligible if they had not been treated with an antihyperglycemic drug or had been treated with no more than two oral antihyperglycemic agents, with or without basal or premixed insulin. Key inclusion criteria were an age of 50 years or more with established cardiovascular disease (previous cardiovascular, cerebrovascular, or peripheral vascular disease), chronic heart failure (New York Heart Association class II or III), or chronic kidney disease of stage 3 or higher or an age of 60 years or more with at least one cardiovascular risk factor</p>
<b>Exclusion criteria</b>	<p><b>Renal</b></p> <p>Long-term dialysis</p> <p>Cardiovascular or cerebrovascular event within 8 weeks of randomization</p> <p>A history of an acute coronary or cerebrovascular event within 90 days before randomization</p> <p><b>Treatment</b></p> <p>Treatment with a dipeptidyl-peptidase 4 inhibitor within 30 days before screening or with a GLP-1–receptor agonist or insulin other than basal or premixed within 90 days before screening</p> <p><b>Revascularization</b></p> <p>Planned revascularization of a coronary, carotid, or peripheral artery</p>
<b>Intervention(s)</b>	Subcutaneous semaglutide 0.5 mg or 1.0 mg once weekly
<b>Comparator</b>	Volume-matched Placebo

<b>Outcomes of interest</b>	Myocardial infarction Stroke, or atherosclerotic disease Cardiovascular-related mortality All-cause mortality Change in weight or Body Mass Index (BMI) at 1 year Total dropouts Dropouts due to adverse events Hypoglycaemic event rates Hospitalization for unstable angina Hospitalization for heart failure
<b>Number of participants</b>	3297
<b>Duration of follow-up</b>	109 weeks
<b>Loss to follow-up</b>	Vital status was known for 99.6%; 2% (n=65) randomized participants did not complete the trial due to withdrawal of consent or lost to follow-up.
<b>Methods of analysis</b>	Prespecified statistical analysis plan utilizing Cox proportional-hazards model, with pooled treatment (semaglutide vs. placebo) as a fixed factor and categorized according to all possible combinations of stratification factors used for randomization.
<b>Additional comments</b>	

### 1 Study arms

**Semaglutide (0.5 mg) (N = 826)**

**Semaglutide (1.0 mg) (N = 822)**

**Placebo (0.5 mg) (N = 824)**

**Placebo (1.0 mg) (N = 825)**

### 2 Characteristics

#### 3 Arm-level characteristics

	<b>Semaglutide (0.5 mg) (N = 826)</b>	<b>Semaglutide (1.0 mg) (N = 822)</b>	<b>Placebo (0.5 mg) (N = 824)</b>	<b>Placebo (1.0 mg) (N = 825)</b>
<b>% Female</b>				
Nominal	40.1	37	41.5	39.5

	<b>Semaglutide (0.5 mg) (N = 826)</b>	<b>Semaglutide (1.0 mg) (N = 822)</b>	<b>Placebo (0.5 mg) (N = 824)</b>	<b>Placebo (1.0 mg) (N = 825)</b>
<b>Mean age (SD)</b> Age in years				
Mean/SD	64.6 (7.3)	64.7 (7.1)	64.8 (7.6)	64.4 (7.5)
<b>BMI or weight (Kilograms)</b> Weight (kg)				
Mean/SD	91.8 (20.3)	92.9 (21.1)	91.8 (20.3)	91.9 (20.8)
<b>Comorbidities</b>				
<b>Never smoked %</b>				
Nominal	47.2	44.3	47.5	42.2
<b>History of Ischemic heart disease %</b>				
Nominal	59.7	60.2	61.9	60.1
<b>History of MI %</b>				
Nominal	32.2	32.1	32.4	33.3
<b>History of heart failure %</b>				
Nominal	24.3	21.9	23.1	25
<b>Ischemic stroke %</b>				
Nominal	10.8	10.8	11.7	13.2
<b>Haemorrhagic stroke %</b>				
Nominal	3.4	2.9	3.3	3.5
<b>Hypertension %</b>				
Nominal	93.5	93.8	91.7	92.1
<b>Normal eGFR ≥90 (%)</b> (ml/min/1.73m <sup>2</sup> of body surface area)				
Nominal	29.9	29.9	29.7	30.5
<b>Ethnicity (Percentage)</b>				
<b>Hispanic / Latino</b> Percentage				
Nominal	16	15.1	14.2	16.6
<b>Not Hispanic / Latino</b>				

	<b>Semaglutide (0.5 mg) (N = 826)</b>	<b>Semaglutide (1.0 mg) (N = 822)</b>	<b>Placebo (0.5 mg) (N = 824)</b>	<b>Placebo (1.0 mg) (N = 825)</b>
Percentage				
Nominal	84	84.9	85.8	83.4
<b>Race (Percentage)</b>				
<b>White %</b>				
Nominal	83.9	84.1	82	81.9
<b>Black/African American</b>				
Nominal	6.5	6.6	6.6	7.2
<b>Asian %</b>				
Nominal	7.6	7.1	9.7	8.7
<b>Other</b>				
Nominal	1.9	2.3	1.7	2.2
<b>Duration of diabetes (years (mean))</b>				
Mean/SD	14.3 (8.21)	14.1 (8.17)	14 (8.54)	13.2 (7.44)

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<b>Section</b>	<b>Question</b>	<b>Answer</b>
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low <i>(Randomized, double-blind, placebo-controlled, parallel-group trial - method of randomization and allocation concealment not specified. The study outlines that demographic and clinical characteristics of the patients at baseline were similar across treatment groups - method of analysis not outlined.)</i>
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low <i>(Randomized, double-blind, placebo-controlled, parallel-group trial - method of randomization and allocation concealment not specified. All results were analysed on an intention-to-treat basis that included all patients who underwent randomization according to the planned treatment with the exception of adverse events leading to premature discontinuation, which were included in the as-treated safety analysis.)</i>
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low <i>(Vital status was known for 99.6%; 2% (n=65) randomized participants did not complete the trial due to withdrawal of consent or lost to follow-up. ITT undertaken on all participants randomized)</i>

Section	Question	Answer
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low (Clinical event rates used to measure the predefined and prespecified outcomes; Each outcome, except for peripheral revascularization, was adjudicated in a blinded fashion by an external, independent event-adjudication committee. Randomized, double-blind, placebo-controlled, parallel-group trial - method of randomization and allocation concealment not specified.)
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low (Clinical event rates used to measure the predefined and prespecified outcomes; All outcomes prespecified are outlined. Each outcome, except for peripheral revascularization, was adjudicated in a blinded fashion by an external, independent event-adjudication committee.)
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

1

### Marso Steven, 2016

**Bibliographic Reference** Marso Steven, P; Daniels Gilbert, H; Brown-Frandsen, Kirstine; Kristensen, Peter; Mann Johannes F, E; Nauck Michael, A; Nissen Steven, E; Pocock, Stuart; Poulter Neil, R; Ravn Lasse, S; Steinberg William, M; Stockner, Mette; Zinman, Bernard; Bergenstal Richard, M; Buse John, B; LEADER, Steering; Committee; LEADER, Trial; Investigators; Liraglutide and Cardiovascular Outcomes in Type 2 Diabetes.; The New England journal of medicine; 2016; vol. 375 (no. 4); 311-22

### 2 Study details

<b>Other publications associated with this study included in review</b>	Daniels et al. 2015; Dhatariya et al. 2018; Hegedus et al. 2018; Hinton et al. 2019; Mann et al. 2017; Mann et al. 2018; Marso et al. 2018; Marso et al. 2020; Masmiquel et al. 2016; Mosenzon et al. 2020; Nuack et al. 2018; Nuack et al. 2018; Nuack et al. 2018; Nauck et al. 2019; Petrie et al. 2016; Rutten et al. 2016; Satman et al. 2016; Steinberg et al. 2014; Steinberg et al. 2017; Verma et al. 2018; Verma et al. 2018; Verma et al. 2019; Zinman et al. 2018; Zinman et al. 2018.
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov number, NCT01179048 - LEADER
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	32 countries (Canada, USA, Mexico, Brazil, South Africa, Romania, Greece, Serbia, Italy, Austria, Spain, France, Ireland, United Kingdom, Belgium, Netherlands, Denmark, Norway, Sweden, Finland, Germany, Poland, Czech Rep, Russian Federation, China, India, Taiwan, South Korea, Australia, UAE, Turkey, Israel)
<b>Study setting</b>	410 sites - no further detail.

<b>Study dates</b>	Randomization from September 2010 through April 2012; The planned closeout of follow-up of the patients was from August 2014 through December 2015.
<b>Sources of funding</b>	Novo Nordisk and the National Institutes of Health
<b>Inclusion criteria</b>	<p>Adults (aged 50 year or older) with type 2 diabetes</p> <p>Patients with type 2 diabetes who had a glycated haemoglobin level of 7.0% or more were eligible if they either had not received drugs for this condition previously or had been treated with one or more oral antihyperglycemic agents or insulin (human neutral protamine Hagedorn, long-acting analogue, or premixed) or a combination of these agents. The major inclusion criteria: an age of 50 years or more with at least one cardiovascular coexisting condition (coronary heart disease, cerebrovascular disease, peripheral vascular disease, chronic kidney disease of stage 3 or greater, or chronic heart failure of New York Heart Association class II or III) or an age of 60 years or more with at least one cardiovascular risk factor (investigator determined: microalbuminuria or proteinuria, hypertension and left ventricular hypertrophy, left ventricular systolic or diastolic dysfunction, or an ankle–brachial index of less than 0.9).</p>
<b>Exclusion criteria</b>	<p>People with type 1 diabetes</p> <p>Cardiovascular or cerebrovascular event within 8 weeks of randomization</p> <p>Within 14 days before screening and randomization</p> <p><b>Cancer</b></p> <p>Familial or personal history of multiple endocrine neoplasia type 2 or medullary thyroid cancer;</p> <p><b>Treatment</b></p> <p>Use of GLP-1–receptor agonists, dipeptidyl peptidase 4 (DPP-4) inhibitors, pramlintide</p> <p><b>Insulin therapy</b></p> <p>Rapid-acting insulin</p>
<b>Intervention(s)</b>	Liraglutide, an analogue of human glucagon-like peptide 1 (GLP-1)
<b>Comparator</b>	Placebo
<b>Outcomes of interest</b>	<p>Myocardial infarction</p> <p>Stroke, or atherosclerotic disease</p> <p>Primary composite outcome: first occurrence of death from cardiovascular causes, nonfatal (including silent) myocardial infarction, or nonfatal stroke</p> <p>Expanded composite cardiovascular outcome (death from cardiovascular causes, nonfatal myocardial infarction, nonfatal stroke, coronary revascularization, or hospitalization for unstable angina pectoris or heart failure),</p> <p>Cardiovascular-related mortality</p>

	<p>Primary composite outcome: first occurrence of death from cardiovascular causes, nonfatal (including silent) myocardial infarction, or nonfatal stroke</p> <p>Expanded composite cardiovascular outcome (death from cardiovascular causes, nonfatal myocardial infarction, nonfatal stroke, coronary revascularization, or hospitalization for unstable angina pectoris or heart failure),</p> <p>All-cause mortality</p> <p>Change in weight or Body Mass Index (BMI) at 1 year</p> <p>Dropouts due to adverse events</p> <p>Hypoglycaemic event rates</p> <p>Hospitalization for unstable angina</p> <p>Expanded composite cardiovascular outcome (death from cardiovascular causes, nonfatal myocardial infarction, nonfatal stroke, coronary revascularization, or hospitalization for unstable angina pectoris or heart failure),</p> <p>Hospitalization for heart failure</p>
<b>Number of participants</b>	9340 patients underwent randomization; liraglutide n=4668 and placebo n=4672
<b>Duration of follow-up</b>	Minimum follow-up period 42 months, median follow-up 3.8 years
<b>Loss to follow-up</b>	A total of 96.8% (n=9041) of the patients completed a final visit, died, or had a primary outcome (loss to follow-up of 3.2%; n=299); The vital status was known in 99.7% of the patients.
<b>Methods of analysis</b>	The primary and exploratory analyses for the outcomes in the time-to-event analyses were based on a Cox proportional-hazards model with treatment as a covariate
<b>Additional comments</b>	

## 1 Study arms

### Liraglutide (N = 4668)

1.8 mg via subcutaneous injection

### Placebo (N = 4672)

## 2 Characteristics

### 3 Arm-level characteristics

	Liraglutide (N = 4668)	Placebo (N = 4672)
<b>% Female</b>		
Nominal	35.5	36

	<b>Liraglutide (N = 4668)</b>	<b>Placebo (N = 4672)</b>
<b>Mean age (SD)</b>		
Mean/SD	64.2 (7.2)	64.4 (7.2)
<b>BMI or weight</b>		
BMI		
Mean/SD	32.5 (6.3)	32.5 (6.3)
<b>Comorbidities</b>		
<b>Established CVD (age &gt;50) %</b> Includes: Prior myocardial infarction, Prior stroke or transient ischemic attack, Prior revascularization, >50% stenosis of coronary, carotid, or lower extremity arteries, documented symptomatic CHD, documented asymptomatic cardiac ischemia, Heart failure NYHA II – III, Chronic kidney disease		
Nominal	82.1	80.6
<b>CVD risk factors (age &gt;60) %</b> Includes: Microalbuminuria or proteinuria, Hypertension and left ventricular hypertrophy, Left ventricular systolic or diastolic dysfunction, Ankle-brachial index <0.9.		
Nominal	17.9	19.4
<b>Renal function</b> Normal (eGFR >90) %		
Nominal	34.7	35.4
<b>Heart failure (NYHA class I, II and III) %</b>		
Nominal	17.9	17.8

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<b>Section</b>	<b>Question</b>	<b>Answer</b>
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low <i>(Double-blind, placebo-controlled trial - randomized in a 1:1 manner using a interactive voice/web response system. The demographic and clinical characteristics of the patients were similar in the two groups)</i>
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low <i>(Double-blind, placebo-controlled trial - randomized in a 1:1 manner using a interactive voice/web response system; ITT undertaken with subject evaluated as randomized)</i>
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low <i>(Marso et al 2013 outlines that the full analysis set includes all randomized subjects with evaluation by intention-to-treat, with subjects evaluated as randomized.)</i>

Section	Question	Answer
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low (Clinical event rates used to assess prespecified outcomes which were adjudicated in a blinded fashion by an external, independent event-adjudication committee; Double blind randomized study)
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low (Results outlined align with those prespecified in the analytical plan and the prespecified outcomes which were assessed via clinical event rates which were adjudicated in a blinded fashion by an external, independent event-adjudication committee)
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

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### Pfeffer Marc, 2015

**Bibliographic Reference** Pfeffer Marc, A; Claggett, Brian; Diaz, Rafael; Dickstein, Kenneth; Gerstein Hertzl, C; Kober Lars, V; Lawson Francesca, C; Ping, Lin; Wei, Xiaodan; Lewis Eldrin, F; Maggioni Aldo, P; McMurray John J, V; Probstfield Jeffrey, L; Riddle Matthew, C; Solomon Scott, D; Tardif, Jean-Claude; ELIXA, Investigators; Lixisenatide in Patients with Type 2 Diabetes and Acute Coronary Syndrome.; The New England journal of medicine; 2015; vol. 373 (no. 23); 2247-57

2 **Study details**

<b>Other publications associated with this study included in review</b>	Bentley-Lewis et al. 2015; Serferovic et al. 2018; Wijkman et al. 2020; Wittbrodt et al. 2018; Wolsk et al 2017.
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov number, NCT01147250
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	49 countries (not specified)
<b>Study setting</b>	Not specified - study refers to 'multicentre'
<b>Study dates</b>	Enrolment occurred between July 9, 2010, and August 2, 2013; end-of-study visits initiated from November 11, 2014 with the last patient visit occurring on February 11, 2015.

<b>Sources of funding</b>	Funded by Sanofi
<b>Inclusion criteria</b>	Adults (aged 30 years or older) with type 2 diabetes Eligible patients had type 2 diabetes and had had an acute coronary event within 180 days before screening.
<b>Exclusion criteria</b>	Renal Estimated glomerular filtration rate (eGFR) of less than 30 ml per minute per 1.73 m <sup>2</sup> of body surface area age <30 years Percutaneous coronary intervention within the previous 15 days Coronary-artery bypass graft surgery within the previous 15 days Planned coronary revascularization procedure within 90 days after screening Glycated haemoglobin level of less than 5.5% or more than 11.0%,
<b>Intervention(s)</b>	Lixisenatide, a once-daily GLP-1–receptor agonist, effective in reducing the glycated haemoglobin level in patients with type 2 diabetes by lowering both the fasting and the postprandial blood glucose levels
<b>Comparator</b>	Placebo
<b>Outcomes of interest</b>	Myocardial infarction Stroke, or atherosclerotic disease non-fatal stroke Cardiovascular-related mortality All-cause mortality Change in weight or Body Mass Index (BMI) at 1 year Total dropouts Dropouts due to adverse events Hypoglycaemic event rates Hospitalization for unstable angina Hospitalization for heart failure
<b>Number of participants</b>	6068
<b>Duration of follow-up</b>	Median 25 months

<b>Loss to follow-up</b>	5/6068 did not receive at least one dose of treatment (Placebo n=2; lixisenatide n=3); 96.3% in the lixisenatide arm and 96.1% in the placebo arm completed the study
<b>Methods of analysis</b>	The primary analysis was conducted in the intention-to-treat population with the use of the Cox proportional-hazards model, with study group and geographic region as the covariates, to estimate the hazard ratio for the comparison of lixisenatide with placebo
<b>Additional comments</b>	

## 1 Study arms

### Lixisenatide (N = 3034)

A starting dose of 10 µg of lixisenatide per day was administered via subcutaneous injection during the first 2 weeks and then increased, at the investigator's discretion, to a maximum dose of 20 µg of lixisenatide per day.

### Placebo (N = 3034)

A starting dose of 10 µg of volume matched placebo was administered during the first 2 weeks and then increased, at the investigator's discretion, to a maximum dose of 20 µg volume-matched placebo.

## 2 Characteristics

### 3 Arm-level characteristics

	Lixisenatide (N = 3034)	Placebo (N = 3034)
<b>% Female</b>		
Nominal	30.4	34.9
<b>Mean age (SD)</b>		
Mean/SD	59.9 (9.7)	60.6 (9.6)
<b>BMI or weight</b>		
Mean/SD	30.1 (5.6)	30.2 (5.8)
<b>Comorbidities</b>		
<b>Current smoking %</b>		
Nominal	11.7	11.7
<b>Myocardial infarction before index ACS %</b>		
Nominal	22.1	22.1
<b>Urinary albumin: creatinine ratio (Median)</b> measured in milligrams and creatinine in grams.		

	<b>Lixisenatide (N = 3034)</b>	<b>Placebo (N = 3034)</b>
Nominal	10.2	10.5
<b>Hypertension %</b> Medical history at randomization		
Nominal	75.6	77.1
<b>Percutaneous coronary intervention %</b>		
Nominal	67.6	66.8
<b>Heart failure %</b>		
Nominal	22.5	22.3
<b>Stroke %</b>		
Nominal	4.7	6.2
<b>Peripheral arterial disease %</b> included amputation due to a cause other than trauma		
Nominal	7.8	7.5
<b>Atrial fibrillation %</b>		
Nominal	5.8	6.3
<b>eGFR (ml/min/1.73m<sup>2</sup> of body surface area)</b>		
Mean/SD	76.7 (21.3)	75.2 (21.4)
<b>Race / Ethnicity %</b> Race and ethnic group were self-reported.		
<b>Asian %</b>		
Nominal	13.3	12.1
<b>Black %</b>		
Nominal	3.9	3.4
<b>Other</b>		
Nominal	8.4	8.1
<b>White %</b>		
Nominal	74.4	76.4

Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low ( <i>Outlined as a multicentre, randomized, double-blind, placebo-controlled trial. Randomization was performed with the use of a centralized assignment system. The characteristics of the study groups are outlined as 'generally balanced at baseline' however nominally significant between-group differences were observed in 4/35 baseline comparisons (age, eGFR, glycated haemoglobin, level, and prior stroke).</i> )
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low ( <i>Outlined as a multicentre, randomized, double-blind, placebo-controlled trial; Concealment protocols not specified; Intention to treat adopted for the primary analysis</i> )
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low ( <i>5/6068 participants did not receive at least one dose of treatment or placebo; ITT adopted for primary analysis; data reported for all randomized participants (n=6068) - unclear how 3/5 participants randomized to the treatment arm but did not receive the treatment were considered in the data collection or analysis - this represents 0.1% of the treatment arm - not considered to be a source of bias</i> )
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low ( <i>Outlined as a multicentre, randomized, double-blind, placebo-controlled trial; Concealment protocols not specified. Prespecified outcomes measured via clinical event rates with a separate independent committee blinded to treatment allocations adjudicated potential cardiovascular, pancreatic, and allergic events.</i> )
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low ( <i>Pre-specified primary outcomes are all reported based on clinical event rates. Study outlined as a double-blind study; Some additional analysis were undertaken which were not outlined in the pre-specified analytic plan including the use of Student's t-tests, Wilcoxon rank-sum tests, and chi-square tests. These additional analysis are not a source of bias.</i> )
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

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## Rosenstock, 2019

**Bibliographic Reference** Rosenstock, J; Kahn S, E; Johansen O, E; Zinman, B; Espeland M, A; Woerle H, J; Pfarr, E; Keller, A; Mattheus, M; Baanstra, D; Meinicke, T; George J, T; Von Eynatten, M; McGuire D, K; Marx, N; Effect of Linagliptin vs Glimepiride on Major

Adverse Cardiovascular Outcomes in Patients with Type 2 Diabetes: The CAROLINA Randomized Clinical Trial; JAMA - Journal of the American Medical Association; 2019; vol. 322 (no. 12); 1155-1166

1 Study details

<b>Other publications associated with this study included in review</b>	Kadowaki et al. 2021; Espeland et al. 2020; Biessels et al. 2018; Biessels et al. 2021; Chilton et al. 2013; Janssen et al. 2018; Marx et al. 2015
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov Identifier: NCT01243424
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	43 countries not specified but covering Europe, North America, New Zealand, or Australia, Asia, South America and Mexico, Africa (Tunisia and South Africa)
<b>Study setting</b>	607 centres not specified
<b>Study dates</b>	Participants were screened from November 2010 through December 2012, with final follow-up on August 21, 2018.
<b>Sources of funding</b>	This study was sponsored by Boehringer Ingelheim and Eli Lilly and Company.
<b>Inclusion criteria</b>	Adults (aged 18 years and older) with type 2 diabetes  Adults with type 2 diabetes, glycated haemoglobin (HbA1c) level of 48-70 mmol/mol (6.5% to 8.5%), and high cardiovascular risk were eligible for inclusion. Participants naive to sulfonylurea or glinide therapy had to have a HbA1c level of 48-70 mmol/mol (6.5% to 8.5%), while participants who were currently treated with a sulfonylurea or glinide as monotherapy or in a dual combination with metformin or $\alpha$ -glucosidase inhibitor (who also were eligible for the trial) had to have an HbA1c level of 48-59 mmol/mol (6.5% to 7.5%).
<b>Exclusion criteria</b>	Insulin therapy exposure to DPP-4 inhibitors exposure to glucagonlikepeptide-1 exposure to receptor agonists exposure to thiazolidinediones  <b>Heart failure</b>  New York Heart Association class III to IV heart failure
<b>Intervention(s)</b>	Linagliptin orally 5 mg once daily
<b>Comparator</b>	Glimepiride orally 1 to 4 mg once daily

<b>Outcomes of interest</b>	Myocardial infarction
	Non-fatal myocardial infarction
	Stroke, or atherosclerotic disease
	Non-fatal (secondary)
	Fatal or non-fatal stroke (secondary)
	Cardiovascular-related mortality
	Part of MACE
	Transient ischemic attack
	Secondary
	All-cause mortality
	Secondary outcome
	Total dropouts
	Dropouts due to adverse events
Hypoglycaemic event rates	
Hospitalization for unstable angina	
Hospitalization for heart failure	
<b>Number of participants</b>	6033
<b>Duration of follow-up</b>	6.3 years (median)
<b>Loss to follow-up</b>	9/6033 participants were not included in the analysis 239/6033 did not complete the study (112/6033 withdrew consent; 127/6033 lost to follow-up)
<b>Methods of analysis</b>	Time-to-event outcomes were analysed using a Cox proportional hazards model, with treatment assignment as a factor in the model. For all Cox proportional hazards analyses, the proportional hazard assumption was met. Proportional hazards assumptions were explored by plotting log (-log [survival function]) against the log of time*treatment group and checked for parallelism. Schoenfeld residuals were plotted against time and log(time). Subgroup analyses included additional factors for subgroup and treatment by subgroup interaction. Kaplan-Meier estimates are presented
<b>Additional comments</b>	

## 1 Study arms

**Linagliptin (N = 3028)**

5 mg once daily

**Glimepiride (N = 3014)**

1 to 4 mg once daily

1 **Characteristics**

2 **Arm-level characteristics**

	<b>Linagliptin (N = 3028)</b>	<b>Glimepiride (N = 3014)</b>
<b>% Female (%)</b>		
Nominal	39.2	40.8
<b>Mean age (SD) (years)</b>		
Mean/SD	63.9 (9.5)	64.2 (9.5)
<b>BMI or weight</b>		
Sample Size	n = 3012; % = 99.5	n = 2997; % = 99.6
Mean/SD	30.2 (5.2)	30 (5.1)
<b>Comorbidities</b>		
<b>Smoking status</b> Never smoker %		
Nominal	45	48.1
Sample Size	n = 3014; % = 99.7	n = 3000; % = 99.7
<b>Vascular disease %</b>		
Nominal	34.8	34.5
Sample Size		
<b>Multiple cardiovascular risk factors %</b>		
Nominal	37.4	36.9
Sample Size		
<b>Microvascular disease %</b> Any (Diabetic neuropathy; Diabetic nephropathy; Diabetic retinopathy)		
Nominal	28.1	29.4
Sample Size		
<b>Atherosclerotic cardiovascular disease %</b> Any (Coronary artery disease; Cerebrovascular disease; Peripheral artery disease)		

	<b>Linagliptin (N = 3028)</b>	<b>Glimepiride (N = 3014)</b>
Nominal		
Sample Size	42.2	41.7
<b>eGFR (MDRD) (ml/min/1.73m<sup>2</sup> of body surface area)</b>		
Mean/SD	76.5 (19.7)	77 (19.8)
<b>Urinary albumin-to-creatinine ratio (mg/mL)</b>		
Median (IQR)	9.7 (5.3, 31.8)	9.7 (5.3, 30.1)
<b>History of heart failure %</b>		
Nominal	4.1	5.0
<b>Race % (Percentage)</b>		
<b>White %</b>		
Nominal	73.6	73
<b>Asian %</b>		
Nominal	17.6	17.7
<b>Black %</b>		
Nominal	5.1	5.6
<b>American Indian / Alaska native %</b>		
Nominal	3.5	3.6
<b>Hawaiian/Pacific Islander %</b>		
Nominal	0.2	0.1
<b>Ethnicity %</b>		
Nominal	3014	3000
<b>Not Hispanic / Latino %</b>		
Nominal	82.8	82.9
<b>Hispanic / Latino %</b>		
Nominal	17.2	17.1

Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low <i>(Study outlined as multicentre, randomized, double-blind, active controlled clinical trial. Randomization and allocation protocols outlined. Baseline clinical characteristics balanced between groups)</i>
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low <i>(Study described as multicentre, randomized, double-blind, active controlled clinical trial indicating adequate allocation concealment, but specific methods not outlined; ITT undertaken)</i>
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low <i>(Data provided for all primary (Cardiovascular death, nonfatal myocardial infarction, or nonfatal stroke [3P-MACE]) and secondary end points accounting for 99.9% (6033/6042) of participants randomized.)</i>
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low <i>(Clinical event rates and objective measures of safety coded using the Medical Dictionary for Drug Regulatory Activities version were utilized to measure pre-specified outcomes. Study described as multicentre, randomized, double-blind, active controlled clinical trial indicating adequate allocation concealment, but specific methods not outlined.)</i>
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low <i>(Evidence of prespecified analytical plan and prespecified outcomes, and the data presented aligns with prespecified plans)</i>
Overall bias and Directness	Risk of bias judgement	Low <i>(Study described as multicentre, randomized, double-blind, active controlled clinical trial indicating adequate allocation concealment, but specific methods not outlined; ITT undertaken; Data provided for all primary (Cardiovascular death, nonfatal myocardial infarction, or nonfatal stroke [3P-MACE]) and secondary end points accounting for 99.9% (6033/6042) of participants randomized. Clinical event rates and objective measures of safety coded (using the Medical Dictionary for Drug Regulatory Activities version) were utilized to measure pre-specified outcomes. Evidence of prespecified analytical plan and prespecified outcomes (Marx et al 2015), and the data presented, and methods of analysis outlined aligns with prespecified plans.)</i>
	Overall Directness	Directly applicable

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Rosenstock, 2019

**Bibliographic Reference** Rosenstock, Julio; Perkovic, Vlado; Johansen Odd, Erik; Cooper Mark, E; Kahn Steven, E; Marx, Nikolaus; Alexander John, H; Pencina, Michael; Toto Robert, D; Wanner, Christoph; Zinman, Bernard; Woerle Hans, Juergen; Baanstra, David; Pfarr, Egon; Schnaidt, Sven; Meinicke, Thomas; George Jyothis, T; von Eynatten, Maximilian; McGuire Darren, K; CARMELINA, Investigators; Effect of Linagliptin vs Placebo on Major Cardiovascular Events in Adults With Type 2 Diabetes and High Cardiovascular and Renal Risk: The CARMELINA Randomized Clinical Trial.; JAMA; 2019; vol. 321 (no. 1); 69-79

1 **Study details**

<b>Other publications associated with this study included in review</b>	Rosenstock et al. 2018; Perkovic et al. 2020; McGuire et al. 2019; Biessels et al. 2019; Inagaki et al. 2020; Cooper et al. 2020; Verhagen et al. 2020
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov Identifier: NCT01897532
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	27 countries (not specified)
<b>Study setting</b>	605 clinic sites (no further information)
<b>Study dates</b>	August 2013 to August 2016. Final follow-up occurred on January 18, 2018.
<b>Sources of funding</b>	Study was sponsored by Boehringer Ingelheim and Eli Lilly.
<b>Inclusion criteria</b>	Adults (aged 18 years and older) with type 2 diabetes
<b>Exclusion criteria</b>	People with type 1 diabetes End-stage renal disease eGFR <15ml/min/1.73m <sup>2</sup> Pregnant (or intending), breastfeeding, not using adequate contraception
<b>Intervention(s)</b>	Linagliptin is a selective, once-daily, DPP-4 inhibitor approved for glycaemic management of type 2 diabetes
<b>Comparator</b>	Placebo
<b>Outcomes of interest</b>	Myocardial infarction Primary outcome: time to first occurrence of CV death, nonfatal myocardial infarction Stroke, or atherosclerotic disease

	<p>Primary outcome: nonfatal stroke (3-point major adverse CV event [MACE]).</p> <p>Coronary heart failure</p> <p>Hospitalization for heart failure</p> <p>Cardiovascular-related mortality</p> <p>All-cause mortality</p> <p>Tertiary or exploratory outcomes all-cause death</p> <p>Change in weight or Body Mass Index (BMI) at 1 year</p> <p>Total dropouts</p> <p>Dropouts due to adverse events</p> <p>Hypoglycaemic event rates</p> <p>Additional tertiary outcomes: change from baseline in HbA1c.</p> <p>Hospitalization for unstable angina</p>
<b>Number of participants</b>	6991 randomized
<b>Duration of follow-up</b>	Median 2.2 years
<b>Loss to follow-up</b>	1.3% (n=12) did not receive at least one dose and were not included in the primary analysis; (27% [n=1880] did not provided primary data or discontinued treatment before the end of the study [n=91 participants did not have primary outcome data; n=1789 discontinued treatment before the end of the study])
<b>Methods of analysis</b>	Hazard ratio with 95% CI outlined based on cox regression analysis based on patients treated with at least 1 dose of study drug; Adverse event assessments were conducted using descriptive statistics
<b>Additional comments</b>	<p>Protocol amendment (via steering group) in 2016 based on emerging evidence that a primary outcome definition based on 3-point MACE was preferred by regulators and consistent with other CV outcome trials - the original protocol included hospitalization for unstable angina pectoris in the primary outcome (a 4-point MACE).</p> <p>Assessment of outcome change - Death due to renal failure: The eGFR criterion was changed from the original decrease of at least 50% in eGFR in accord with National Kidney Foundation and the US Food and Drug Administration (FDA) recommendations. Use of the originally planned decrease of at least 50% in eGFR in the kidney composite was evaluated as a tertiary outcome.</p>

## 1 Study arms

### Linagliptin (N = 3499)

DPP-4 inhibitor approved for glycaemic management of type 2 diabetes (5 mg once daily orally)

**Placebo (N = 3492)**

1 **Characteristics**

2 **Arm-level characteristics**

	<b>Linagliptin (N = 3499)</b>	<b>Placebo (N = 3492)</b>
<b>% Female</b>		
Nominal	38.5	35.7
<b>Mean age (SD)</b>		
Mean/SD	66.1 (9.1)	65.6 (9.1)
<b>BMI or weight</b>		
Mean/SD	31.4 (5.3)	31.3 (5.4)
<b>Comorbidities</b>		
<b>Never smoker %</b>		
Nominal	54.3	53.3
<b>History of heart failure %</b>		
Nominal	27.2	26.4
<b>Ischemic heart disease %</b>		
Nominal	58.1	58.9
<b>History of hypertension %</b>		
Nominal	90.8	91.2
<b>Atrial fibrillation %</b>		
Nominal	9.1	10.2
<b>eGFR (MDRD) %</b>		
Nominal	25.1	24.9
<b>Urinary albumin-to-creatinine ratio (mg/g)</b>		
Median (IQR)	162 (43, 700)	162 (44, 750)
<b>Race / Ethnicity %</b> Other - American Indian/Alaska Native or Native Hawaiian/other Pacific Islander.		
<b>White %</b>		

	Linagliptin (N = 3499)	Placebo (N = 3492)
Nominal	80.9	79.5
<b>Asian %</b>		
Nominal	8.8	9.6
<b>Black, African American</b>		
Nominal	5.6	6.2
<b>Other</b>		
Nominal	4.8	4.8

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Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low <i>(Randomized double-blind study, No reference to a analysis of difference. Study outlines that baseline clinical characteristics were balanced between groups and patients' CV and kidney disease risk factors were well managed overall)</i>
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low <i>(Randomized double blinded study; computer generated allocations and ITT undertaken with analysis undertaken based on the groups patients were randomized to.)</i>
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low <i>(Data available for all prespecified outcomes; n=12 (1.3%) participants were not included in the primary analysis; ITT undertaken (27% [n=1880] did not provided primary data or discontinued treatment before the end of the study [n=91 participants did not have primary outcome data; n=1789 discontinued treatment before the end of the study]))</i>
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low <i>(Study outlines double-blind methods and computerized participant allocation process. Clinical event rates; Definitions of all clinical outcomes assessed as well as a complete list of all predefined end points are detailed in statistical analyses plans; Adverse events were assessed based on reported events, coded using the Medical Dictionary for Drug Regulatory Activities, version 20.1. An independent, unmasked data monitoring committee regularly reviewed trial data throughout the study.)</i>

Section	Question	Answer
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low (Reference made to prespecified definitions of outcomes and analytical plans. Prespecified outcomes are assessed by clinical event rates and all prespecified outcomes have been reported.)
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

1

### Scirica Benjamin, 2013

**Bibliographic Reference** Scirica Benjamin, M; Bhatt Deepak, L; Braunwald, Eugene; Steg P, Gabriel; Davidson, Jaime; Hirshberg, Boaz; Ohman, Peter; Frederich, Robert; Wiviott Stephen, D; Hoffman Elaine, B; Cavender Matthew, A; Udell Jacob, A; Desai Nihar, R; Mosenzon, Ofri; McGuire Darren, K; Ray Kausik, K; Leiter Lawrence, A; Raz, Itamar; SAVOR-TIMI 53 Steering Committee, and; Investigators; Saxagliptin and cardiovascular outcomes in patients with type 2 diabetes mellitus.; The New England journal of medicine; 2013; vol. 369 (no. 14); 1317-26

2 **Study details**

<b>Other publications associated with this study included in review</b>	Scirica et al. 2014; Scirica et al. 2018; Mosenzon et al. 2017; Leiter et al. 2015; Leibowitz et al. 2015; Cavender et al. 2016; Berg et al. 2019; Bergmark et al. 2019; Mosenzon et al. 2015; Scirica et al. 2016; Udell et al. 2015; Xia et al. 2017
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov number, NCT01107886 SAVOR-TIMI 53
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	26 countries not specified
<b>Study setting</b>	788 sites not specified
<b>Study dates</b>	May 2010 through December 2011 patients underwent randomization.
<b>Sources of funding</b>	AstraZeneca and Bristol-Myers Squibb;
<b>Inclusion criteria</b>	Adults (aged 40 year or older) with type 2 diabetes History of documented type 2 diabetes mellitus, a glycated haemoglobin level of 6.5% to 12.0%, and either a history of established cardiovascular disease (at least 40 years old and have a history of a clinical event associated with atherosclerosis involving the coronary, cerebrovascular, or peripheral vascular system) or multiple

	risk factors for vascular disease (at least 55 years of age [men] or 60 years of age [women] with at least one of the following additional risk factors: dyslipidaemia, hypertension, or active smoking).
<b>Exclusion criteria</b>	<p>Renal</p> <p>End-stage renal disease and were undergoing long-term dialysis, had undergone a renal transplantation, or had a serum creatinine level higher than 6.0 mg per decilitre (530 µmol per litre).</p> <p>Treatment</p> <p>Patients were ineligible if they were currently receiving or had received within the previous 6 months an incretin-based therapy</p>
<b>Intervention(s)</b>	Saxagliptin: Dose of 5 mg daily (or 2.5 mg daily in patients with an estimated glomerular filtration rate [GFR] of =50 ml per minute)
<b>Comparator</b>	Matching placebo
<b>Outcomes of interest</b>	<p>Myocardial infarction</p> <p>Stroke, or atherosclerotic disease</p> <p>Cardiovascular-related mortality</p> <p>All-cause mortality</p> <p>Change in weight or Body Mass Index (BMI) at 1 year</p> <p>Total dropouts</p> <p>Hypoglycaemic event rates</p> <p>Hospitalization</p> <p>Hospitalization for unstable angina</p> <p>Hospitalization for heart failure</p>
<b>Number of participants</b>	16492
<b>Duration of follow-up</b>	2.1 years (median)
<b>Loss to follow-up</b>	A final vital status was assessed in 99.1% of the patients. A total of 28 patients were lost to follow-up. The study drug was discontinued prematurely less frequently among patients assigned to saxagliptin than among patients assigned to placebo (1527 patients [18.4%] vs. 1705 patients [20.8%], P<0.001).
<b>Methods of analysis</b>	Cox proportional-hazards model, with stratification according to baseline renal-impairment category and baseline cardiovascular risk group and with treatment as a model term.
<b>Additional comments</b>	

## 1 Study arms

**Saxagliptin (N = 8280)**

**Placebo (N = 8212)**

1 **Characteristics**

2 **Arm-level characteristics**

	<b>Saxagliptin (N = 8280)</b>	<b>Placebo (N = 8212)</b>
<b>% Female</b>		
Nominal	33.4	32.7
<b>Mean age (SD)</b>		
Mean/SD	65.1 (8.5)	65 (8.6)
<b>BMI or weight</b> (BMI)		
Mean/SD	31.5 (5.5)	31.2 (5.7)
<b>Comorbidities</b>		
<b>Duration of diabetes (median - years)</b> Data were available for 8270 patients in the saxagliptin group and 8207 in the placebo group		
Nominal	10.3	10.3
<b>Established atherosclerotic disease %</b>		
Nominal	78.4	78.7
<b>Hypertension %</b>		
Nominal	81.2	82.4
<b>Dyslipidaemia %</b>		
Nominal	71.2	71.2
<b>Prior myocardial infarction %</b>		
Nominal	38	37.6
<b>Prior heart failure %</b>		
Nominal	12.8	12.8
<b>Prior coronary revascularization %</b>		
Nominal	43.1	43.3
<b>Glycated haemoglobin</b>		
Mean/SD	8 (1.4)	8 (1.4)

	Saxagliptin (N = 8280)	Placebo (N = 8212)
<b>Fasting serum glucose — mg/dl</b> Data were available for 7892 patients in the saxagliptin group and 7805 in the placebo group		
Mean/SD	156 (56)	157 (57)
<b>Estimated glomerular filtration rate</b>		
Mean/SD	72.5 (22.6)	72.7 (22.6)
<b>Albumin-to-creatinine ratio</b>		
Median (IQR)	1.8 (0.7, 7.5)	1.9 (0.7, 7.9)
<b>Race % (Percentage)</b>		
<b>White %</b> Race and ethnic group were self-reported.		
Nominal	75.4	75.1
<b>Hispanic %</b> Race and ethnic group were self-reported.		
Nominal	21.5	21.5

1

Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low <i>(Randomized, double-blind, placebo-controlled; Randomization was performed by means of a central computerized telephone or Web-based system in blocks of 4; Method of allocation concealment not specified; The baseline characteristics of the patients who underwent randomization were outlined as well balanced between the two groups. Analysis not outlined)</i>
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low <i>(Randomized, double-blind, placebo-controlled; Randomization was performed by means of a central computerized telephone or Web-based system in blocks of 4. Method of allocation concealment not specified. The primary safety and efficacy analyses were performed according to the intention-to-treat principle on data from all patients who underwent randomization.)</i>
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low <i>(The primary safety and efficacy analyses were performed according to the intention-to-treat principle on data from all patients who underwent randomization. A final vital status was assessed in 99.1% of the patients. A total of 28 patients were lost to follow-up.)</i>

Section	Question	Answer
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low (Clinical event rates used to assess predefined and prespecified outcomes; A clinical events committee comprising specialists in cardiovascular and pancreatic medicine, all of whom were unaware of the study group assignments, adjudicated all components of the primary composite and secondary efficacy end points and all cases of pancreatitis. Randomized, double-blind, placebo-controlled; Randomization was performed by means of a central computerized telephone or Web-based system in blocks of 4; Method of allocation concealment not specified.)
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low (Prespecified analytical plan outlined and published which reported outcomes align with; Clinical event rates used to assess impact of interventions on prespecified and predefined outcomes; A clinical events committee comprising specialists in cardiovascular and pancreatic medicine, all of whom were unaware of the study group assignments, adjudicated all components of the primary composite and secondary efficacy end points and all cases of pancreatitis.)
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

1

### White William, 2013

**Bibliographic Reference** White William, B; Cannon Christopher, P; Heller Simon, R; Nissen Steven, E; Bergenstal Richard, M; Bakris George, L; Perez Alfonso, T; Fleck Penny, R; Mehta Cyrus, R; Kupfer, Stuart; Wilson, Craig; Cushman William, C; Zannad, Faiez; EXAMINE, Investigators; Alogliptin after acute coronary syndrome in patients with type 2 diabetes.; The New England journal of medicine; 2013; vol. 369 (no. 14); 1327-35

### 2 Study details

<b>Secondary publication of another included study- see primary study for details</b>	
<b>Other publications associated with this study</b>	Cavender et al. 2017; Elharram et al. 2020; Ferreira et al. 2020; Hwang et al. 2017; Jarolim et al. 2018; Kay et al. 2017; Sharma et al. 2018; Sharma et al. 2020; Shimada et al.2016; White et al. 2011; White et al. 2016; White et al. 2018; White et al. 2018; Zannad et al. 2015

<b>included in review</b>	
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov number, NCT00968708
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	49 countries; United States and Canada; Western Europe, Australia, New Zealand, and Middle East; Central and South America and Mexico; Eastern Europe and Africa; Asia and Pacific Islands
<b>Study setting</b>	898 centres; Described as multicentre; reference made to outpatient visits - no further details
<b>Study dates</b>	Recruitment undertaken from October 2009 to March 2013; last patient visit June 18, 2013
<b>Sources of funding</b>	Takeda Development Center Americas
<b>Inclusion criteria</b>	Adults (aged 18 years and older) with type 2 diabetes  Received a diagnosis of type 2 diabetes mellitus (glycated haemoglobin level of 6.5 to 11.0% at screening, or if the antidiabetic regimen included insulin, a glycated haemoglobin level of 7.0 to 11.0%, receiving antidiabetic therapy (other than a DPP-4 inhibitor or GLP-1 analogue), and had had an acute coronary syndrome (acute myocardial infarction and unstable angina requiring hospitalization within 15 to 90 days before randomization.
<b>Exclusion criteria</b>	People with type 1 diabetes  Diagnosis  <b>Renal</b>  Dialysis within 14 days before screening  <b>Heart failure</b>  New York Heart Association class IV heart failure  Refractory angina  Uncontrolled arrhythmias  Critical valvular heart disease  Severe uncontrolled hypertension
<b>Intervention(s)</b>	Alogliptin - Selective inhibitor of dipeptidyl peptidase 4 (DPP-4) that is approved for the treatment of type 2 diabetes. Dose of alogliptin was adjusted to eGFR from 6.25 mg, 12.5 mg and 25 mg daily. Route of administration not stated (BNF - Oral) in addition to standard-of-care treatment for type 2 diabetes mellitus
<b>Comparator</b>	Placebo in addition to standard-of-care treatment for type 2 diabetes mellitus

<b>Outcomes of interest</b>	Myocardial infarction Stroke, or atherosclerotic disease Cardiovascular-related mortality All-cause mortality Change in weight or Body Mass Index (BMI) at 1 year Total dropouts Dropouts due to adverse events Hypoglycaemic event rates Hospitalization for unstable angina Hospitalization for heart failure
<b>Number of participants</b>	5380 (Placebo: n=2679; Alogliptin: n=2701)
<b>Duration of follow-up</b>	18 months (median)
<b>Loss to follow-up</b>	606/2679 (Placebo arm [22.6%]) and 564/2701 (Alogliptin arm [20.9%]) prematurely discontinued study drug
<b>Methods of analysis</b>	Cox proportional-hazards models were used to analyse the time to the first occurrence of a primary or secondary end-point event among all randomly assigned patients, with stratification according to geographic region and renal function at baseline.

## 1 Study arms

### Alogliptin (N = 2701)

Alogliptin (Selective inhibitor of dipeptidyl peptidase 4 (DPP-4) that is approved for the treatment of type 2 diabetes) in addition to standard-of-care treatment for type 2 diabetes mellitus. Dose of alogliptin was adjusted to eGFR from 6.25 mg, 12.5 mg and 25 mg daily. Route of administration not stated (BNF - Oral)

### Placebo (N = 2679)

in addition to standard-of-care treatment for type 2 diabetes mellitus

## 2 Characteristics

### 3 Arm-level characteristics

	Alogliptin (N = 2701)	Placebo (N = 2679)
<b>% Female</b>		
Nominal	32.3	32
<b>Mean age (SD)</b>		

	<b>Alogliptin (N = 2701)</b>	<b>Placebo (N = 2679)</b>
Median (IQR)	61 ( <i>not reported</i> )	61 ( <i>not reported</i> )
<b>BMI or weight</b> ( <i>BMI - Median (range)</i> )		
Nominal	28.7	28.7
Range	15.7 to 55.9	15.6 to 68.3
<b>Comorbidities</b>		
<b>Current smoker %</b>		
Nominal	13	14.3
<b>Hypertension %</b>		
Nominal	82.5	83.6
<b>Myocardial infarction %</b> Values include the index event of the acute coronary syndrome.		
Nominal	88.4	87.5
<b>Percutaneous coronary intervention %</b> Values include the index event of the acute coronary syndrome		
Nominal	62.5	62.8
<b>Coronary-artery bypass grafting %</b> Values include the index event of the acute coronary syndrome		
Nominal	12.8	12.7
<b>Congestive heart failure %</b>		
Nominal	28	27.8
<b>Stroke %</b>		
Nominal	7.2	7.2
<b>Peripheral arterial disease %</b>		
Nominal	9.7	9.4
<b>Estimated glomerular filtration rate - Median — ml/min/1.73 m<sup>2</sup></b> calculated with the use of the Modification of Diet in Renal Disease formula		
Nominal	71.1	71.2
<b>% Aged 65 and over</b>		
Nominal	36.0	34.9
<b>Race / Ethnicity %</b>		

	<b>Alogliptin (N = 2701)</b>	<b>Placebo (N = 2679)</b>
Race or ethnic group was self-reported.		
<b>White %</b>		
Nominal	72.8	72.5
<b>Black %</b>		
Nominal	3.7	4.3
<b>Asian %</b>		
Nominal	20.3	20.2
<b>Native American %</b>		
Nominal	2.1	2
<b>Other</b>		
Nominal	1.1	0.9

1

<b>Section</b>	<b>Question</b>	<b>Answer</b>
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low <i>(Randomized, double-blind trial - method of randomization not specified; analysis of post-randomization baseline characteristics not outlined)</i>
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low <i>(Randomized, double-blind trial; method of blinding and concealment not specified; No reference to analysis to account for randomization but participants appear to be analysed in the arms they were randomized to.)</i>
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low <i>(Data for all participants randomized is outlined in the arms randomized to. However, no reference made to ITT or mITT and 1170 participants prematurely discontinued allocated treatment (approximately 22%))</i>
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low <i>(Double blind randomized trial; Outcome measurements were clinical event rate with an independent central adjudication committee adjudicated all suspected primary end-point events and other cardiovascular end points, as well as all deaths.)</i>
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low <i>(Pre-specified analytical plan was outlined in White et al 2011; Analysis utilized based on</i>

Section	Question	Answer
		<i>pre-specified outcomes based on a composite of clinical events which were also reported individually.)</i>
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

1

## Wilcox, 2008

**Bibliographic Reference** Wilcox, Robert; Kupfer, Stuart; Erdmann, Erland; PROactive, Study; investigators; Effects of pioglitazone on major adverse cardiovascular events in high-risk patients with type 2 diabetes: results from PROspective pioglitAzone Clinical Trial In macroVascular Events (PROactive 10).; American heart journal; 2008; vol. 155 (no. 4); 712-7

2 **Study details**

<b>Other publications associated with this study included in review</b>	Wilcox et al. 2007; Spanheimer et al. 2009; Ferrannini et al. 2011; Erdmann et al. 2010; Erdmann et al. 2007; Erdmann et al. 2007; Dormandy et al. 2005; Doehner et al. 2011; Charbonnel et al. 2004; Erdmann et al. 2007; Schneider et al. 2007.
<b>Trial registration number and/or trial name</b>	PROspective pioglitAzone Clinical Trial In macroVascular Events 04; International Standard Randomized Controlled Trial (ISRCTN NCT00174993)
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	19 European countries
<b>Study setting</b>	321 clinical sites across
<b>Study dates</b>	Not specified
<b>Sources of funding</b>	Takeda Europe R&D Centre Ltd, London, United Kingdom, and Eli Lilly and Company, Indianapolis, IN.
<b>Inclusion criteria</b>	Adults (aged 30 years or older) with type 2 diabetes  Participants included with type 2 diabetes (haemoglobin A1c level above the upper limit of normal; i.e., the local equivalent of 6.5% for a DCCT traceable assay) and with an established history of macrovascular disease (MI, stroke, percutaneous coronary intervention (PCI), or coronary artery bypass graft (CABG) ≥6 months before entering the study; ACS ≥3 months before entering the study; Objective evidence of coronary artery disease (positive exercise test or scintigraphy, or angiography showing at least one lesion N50% stenosis); Peripheral arterial

	obstructive disease of the leg (previous leg amputation above the ankle, or intermittent claudication with an ankle or toe brachial pressure index N0.9).
<b>Exclusion criteria</b>	<p>People with type 1 diabetes</p> <p>including any history of ketoacidosis or requirement for insulin therapy within 1 year of diagnosis</p> <p><b>Renal</b></p> <p>Haemodialysis; or significantly impaired hepatic function (defined as serum alanine aminotransferase &gt;2.5 times the upper limit of normal)</p> <p><b>Treatment</b></p> <p>Insulin as sole therapy for diabetes</p> <p><b>Heart failure</b></p> <p>Symptomatic heart failure (New York Heart Association class II or above)</p> <p>Planned coronary revascularization procedure within 90 days after screening</p> <p>Planned revascularization - no time frame</p> <p>Leg ulcers, gangrene, or pain at rest</p>
<b>Intervention(s)</b>	Pioglitazone dose was force-titrated from 15 to 45 mg/d during the first 2 months, depending upon tolerability
<b>Comparator</b>	Placebo
<b>Outcomes of interest</b>	<p>Myocardial infarction</p> <p>Stroke, or atherosclerotic disease</p> <p>Nonfatal stroke</p> <p>Cardiovascular-related mortality</p> <p>All-cause mortality</p> <p>Change in weight or Body Mass Index (BMI) at 1 year</p> <p>Total dropouts</p> <p>Dropouts due to adverse events</p> <p>Hypoglycaemic event rates</p>
<b>Number of participants</b>	5238
<b>Duration of follow-up</b>	34.5 months (mean)
<b>Loss to follow-up</b>	All randomized participants provided outcome data with no documentation of loss to follow-up

<b>Methods of analysis</b>	Kaplan-Meier estimates of the 3-year event rates were calculated; Time-to-event analyses were carried out by fitting proportional hazards survival models with “treatment” as the only covariate, and estimated hazard ratios (HRs) and 95% CIs were calculated.
<b>Additional comments</b>	

1 **Study arms**

**Pioglitazone (N = 2605)**

**Placebo (N = 2633)**

2 **Characteristics**

3 **Study-level characteristics**

	<b>Pioglitazone</b>	<b>Placebo</b>
<b>% Female</b> ( <i>Percentage</i> )		
Nominal	33	34
<b>Mean age (SD)</b> ( <i>years (mean)</i> )		
Mean/SD	61.9 (7.6)	61.6 (7.8)
<b>BMI or weight</b> ( <i>kg/m<sup>2</sup></i> )		
Mean/SD	30.7 (4.7)	31.0 (4.8)
<b>Comorbidities</b>		
<b>Previous MI %</b>		
Nominal	47	46
<b>Previous stroke %</b>		
Nominal	19	19
<b>Micral test negative %</b>		
Nominal	54	54
<b>Hypertension %</b>		
Nominal	75	76
<b>Previous percutaneous intervention or CABG %</b>		
Nominal	31	31
<b>Hypertension %</b>		

	Pioglitazone	Placebo
Nominal	75	76
<b>Current smoking %</b>		
Nominal	13	14
<b>Race %</b>		
<b>White %</b>		
Nominal	98	99
<b>Duration of diabetes (median - years) (median)</b>		
Median IQR	8 (4 to 13)	8 (4 to 14)

1

Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low <i>(Study described as randomized prospective, double-blind, multicentre, placebo controlled. Method of randomization and allocation concealment not specified. Study outlines that there were no relevant differences between the treatment groups in any of the baseline characteristics, medical history, or existing medication use. The analysis undertaken to establish this has not been specified.)</i>
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low <i>(Study described as randomized prospective, double-blind, multicentre, placebo controlled. Method of randomization and allocation concealment not specified. All study outcomes analysed on an intention-to-treat basis, defined as a patient having received at least one dose of study medication (Charbonnel et al 2004).)</i>
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low <i>(All study outcomes analysed on an intention-to-treat basis, defined as a patient having received at least one dose of study medication (Charbonnel et al 2004). All participants randomized are accounted for in the analysis.)</i>
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low <i>(A composite cardiovascular disease end point is used from randomization to the first occurrence of any of the events in the composite based on clinical event rates. The end points are adjudicated by an independent panel. Secondary end points include the individual components of the primary end point and cardiovascular mortality. Safety evaluations were undertaken (serious and non-serious adverse events). Study described as randomized</i>

Section	Question	Answer
		<i>prospective, double-blind, multicentre, placebo controlled. Method of randomization and allocation concealment not specified.)</i>
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low <i>(The study was analysed in accordance with a pre-specified and published (Charbonnel et al 2004) plan. All pre-specified outcomes are reported on as outlined in pre-specified plan. Outcomes are based on clinical event rates which were adjudicated by an independent panel)</i>
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

1

### Wiviott Stephen, 2019

**Bibliographic Reference** Wiviott Stephen, D; Raz, Itamar; Bonaca Marc, P; Mosenzon, Ofri; Kato Eri, T; Cahn, Avivit; Silverman Michael, G; Zelniker Thomas, A; Kuder Julia, F; Murphy Sabina, A; Bhatt Deepak, L; Leiter Lawrence, A; McGuire Darren, K; Wilding John P, H; Ruff Christian, T; Gause-Nilsson Ingrid A, M; Fredriksson, Martin; Johansson Peter, A; Langkilde, Anna-Maria; Sabatine Marc, S; DECLARE-TIMI, 58; Investigators; Dapagliflozin and Cardiovascular Outcomes in Type 2 Diabetes.; The New England journal of medicine; 2019; vol. 380 (no. 4); 347-357

### 2 Study details

<b>Other publications associated with this study included in review</b>	Zelniker et al. 2020; Mosenzon et al. 2019; Kato et al. 2019; Furtado et al. 2019; Cahn et al. 2020; Bonaca et al. 2020; Cahn et al.2020; Berg et al. 2019; Wittbrodt et al. 2018; Wiviott eal. 2018
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov number, NCT01730534
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	33 countries (regions: N. America; Europe; Latin America; Asia-Pacific)
<b>Study setting</b>	882 sites (not specified)
<b>Study dates</b>	Not reported
<b>Sources of funding</b>	Funded by AstraZeneca

<b>Inclusion criteria</b>	<p>Adults (aged 40 year or older) with type 2 diabetes</p> <p>40 years of age or older and had type 2 diabetes, a glycated haemoglobin level of at least 6.5% but less than 12.0%, and a creatinine clearance of 60 ml or more per minute.</p> <p>Eligible patients also had multiple risk factors for atherosclerotic cardiovascular disease or had established atherosclerotic cardiovascular disease (defined as clinically evident ischemic heart disease, ischemic cerebrovascular disease, or peripheral artery disease).</p>
<b>Exclusion criteria</b>	<p>People with type 1 diabetes</p> <p>Renal</p> <p>creatinine clearance (CrCl) &lt;60 mL/min</p> <p>Cancer</p> <p>lifetime history of bladder cancer; history of any malignancy within 5 years</p> <p>Recurrent UTI</p> <p>Recurrent urinary tract infections</p> <p>Treatment</p> <p>Use of an open-label SGLT2 inhibitor, pioglitazone, or rosiglitazone</p> <p>Pregnant</p>
<b>Intervention(s)</b>	Dapagliflozin - 10 mg daily orally
<b>Comparator</b>	Placebo
<b>Outcomes of interest</b>	<p>Myocardial infarction</p> <p>Stroke, or atherosclerotic disease</p> <p>Cardiovascular-related mortality</p> <p>All-cause mortality</p> <p>Change in weight or Body Mass Index (BMI) at 1 year</p> <p>Total dropouts</p> <p>Dropouts due to adverse events</p> <p>Hypoglycaemic event rates</p> <p>Hospitalization for unstable angina</p> <p>Hospitalization for heart failure</p>
<b>Number of participants</b>	n=17160

<b>Duration of follow-up</b>	Median: 4.2 years
<b>Loss to follow-up</b>	A total of 3962 patients discontinued the trial regimen prematurely; 1811/8574 patients (21.1%) in the dapagliflozin group and 2151/8569 (25.1%) in the placebo group.
<b>Methods of analysis</b>	Hazard ratios, 95% confidence intervals, and P values for time-to-event analyses are reported for the primary outcomes and were derived from a Cox proportional-hazards model in the overall population
<b>Additional comments</b>	

## 1 Study arms

### Dapagliflozin (N = 8582)

10 mg daily orally

### Placebo (N = 8578)

## 2 Characteristics

### 3 Arm-level characteristics

	Dapagliflozin (N = 8582)	Placebo (N = 8578)
<b>% Female</b>		
Nominal	36.9	37.9
<b>Mean age (SD)</b>		
Mean/SD	63.9 (6.8)	64 (6.8)
<b>BMI or weight (BMI)</b>		
Mean/SD	32.1 (6)	32 (6.1)
<b>Comorbidities</b>		
<b>Established atherosclerotic cardiovascular disease %</b>		
Nominal	40.5	40.8
<b>History of coronary artery disease %</b>		
Nominal	32.9	33
<b>History of peripheral artery disease %</b>		
Nominal	6.1	5.9
<b>History of cerebrovascular disease %</b>		

	Dapagliflozin (N = 8582)	Placebo (N = 8578)
Nominal	7.6	7.6
<b>History of heart failure %</b>		
Nominal	9.9	10.2
<b>eGFR</b> (ml/min/1.73m <sup>2</sup> of body surface area)		
Mean/SD	85.4 (15.8)	85.1 (16)
<b>Race %</b> Race was reported by the patient.		
<b>White %</b>		
Nominal	79.7	79.4
<b>Black %</b>		
Nominal	3.4	3.6
<b>Asian %</b>		
Nominal	13.4	13.5
<b>Other</b>		
Nominal	3.4	3.6

1

Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low (Eligible patients were enrolled in a 4-to-8-week, single-blind run-in period during which all patients received placebo, and blood and urine testing was performed. Patients who remained eligible after the run-in period were randomly assigned in a 1:1 ratio, in a double-blind fashion. Balanced baseline characteristics across arms post randomization)
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low (Study outlined as randomized and utilizing double blind approach; Methods for allocation concealment not specified; ITT adopted)
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low (Analyses were performed according to the intention-to-treat principle with the use of adjudicated events)

Section	Question	Answer
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low (Clinical event rates with primary and secondary outcomes prespecified. Outcomes and their measurement included oversight from the clinical-events committee of the TIMI Study Group who adjudicated all components of the primary outcomes and key components of other safety and efficacy outcomes. Study is outlined as double blind, but methods of concealment not specified)
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low (Reference made to pre-specified outcomes and statistical analysis plan; Trial registered; Results outlined are in line with the pre-specified outcomes and analytical plan)
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

1

## Zinman, 2015

**Bibliographic Reference** Zinman, Bernard; Wanner, Christoph; Lachin John, M; Fitchett, David; Bluhmki, Erich; Hantel, Stefan; Mattheus, Michaela; Devins, Theresa; Johansen Odd, Erik; Woerle Hans, J; Broedl Uli, C; Inzucchi Silvio, E; EMPA-REG, OUTCOME; Investigators; Empagliflozin, Cardiovascular Outcomes, and Mortality in Type 2 Diabetes.; The New England journal of medicine; 2015; vol. 373 (no. 22); 2117-28

2 **Study details**

<b>Other publications associated with this study included in review</b>	Bohm et al. 2020; Ceriello et al. 2020; Cherney et al. 2017; Fitchett et al 2016; Inzucchi et al. 2019; Kadowaki et al. 2019; Kaku et al. 2017; Mancia et al. 2016; Mayer et al. 2019; McGuire et al. 2020; Monteiro et al. 2019; Ridderstrale et al. 2018; Sattar et al. 2018; Wanner et al. 2016; Wanner et al. 2018a; Chilton et al. 2016; Wanner et al. 2018b; Wanner et al. 2020
<b>Trial registration number and/or trial name</b>	ClinicalTrials.gov number, NCT01131676
<b>Study type</b>	Randomised controlled trial (RCT)
<b>Study location</b>	42 countries - not specified
<b>Study setting</b>	590 sites - North America [plus Australia and New Zealand], Latin America, Europe, Africa, or Asia
<b>Study dates</b>	Randomization from September 2010 through April 2013; date for last data collection point and follow-up not outlined

<b>Sources of funding</b>	Supported by Boehringer Ingelheim and Eli Lilly
<b>Inclusion criteria</b>	Adults (aged 18 years and older) with type 2 diabetes BMI 45 or less and an estimated glomerular filtration rate (eGFR) of at least 30 ml per minute per 1.73 m <sup>2</sup> of body-surface area, according to the Modification of Diet in Renal Disease criteria.
<b>Exclusion criteria</b>	<p><b>Renal</b></p> <p>Glomerular filtration rate (eGFR) of &lt;30 ml per minute per 1.73 m<sup>2</sup> of body-surface area, according to the Modification of Diet in Renal Disease criteria</p> <p>Cancer</p> <p>Received glucose-lowering agents for at least 12 weeks before randomization and had a glycated haemoglobin level of at &lt;53 mmol/mol and &gt;86 mmol/mol (&lt;7.0% and &gt; than 10.0%).</p> <p>No glucose-lowering agents for at least 12 weeks before randomization, glycated haemoglobin level of at &lt;53 mmol/mol and &gt;75 mmol/mol (&lt;7.0% and &gt; 9.0%).</p> <p>Liver disease</p> <p>Pregnant (or intending), breastfeeding, not using adequate contraception</p>
<b>Intervention(s)</b>	Empagliflozin 10 mg (n=2345) or 25 mg (n=2342)
<b>Comparator</b>	Placebo (n=2333)
<b>Outcomes of interest</b>	<p>Myocardial infarction</p> <p>Stroke, or atherosclerotic disease</p> <p>Fatal or nonfatal stroke; Nonfatal stroke</p> <p>Cardiovascular-related mortality</p> <p>All-cause mortality</p> <p>Change in weight or Body Mass Index (BMI) at 1 year</p> <p>Total dropouts</p> <p>Dropouts due to adverse events</p> <p>Hypoglycaemic event rates</p> <p>Hospitalization for unstable angina</p> <p>Hospitalization for heart failure</p>
<b>Number of participants</b>	7028 patients underwent randomization; 7020 were treated and included in the primary analysis
<b>Duration of follow-up</b>	3.1 years (mean)

<b>Loss to follow-up</b>	8/7020 randomized were not included in the primary analysis (0.1%). 97.0% of patients completed the study (n=6809), with 25.4% of patients prematurely discontinuing a study drug (n=1780). Final vital status was available for 99.2% of patients (n=6967).
<b>Methods of analysis</b>	Cox proportional-hazards model, with study group, age, sex, baseline body-mass index, baseline glycated haemoglobin level, baseline eGFR, and geographic region as factors; Kaplan–Meier estimates for death from any cause;
<b>Additional comments</b>	

## 1 Study arms

### Empagliflozin (N = 4687)

Empagliflozin an inhibitor of sodium–glucose cotransporter 2, patients to receive 10 mg (n=2345) or 25 mg (n=2342) of empagliflozin

### Placebo (N = 2333)

## 2 Characteristics

### 3 Arm-level characteristics

	<b>Empagliflozin (N = 4687)</b>	<b>Placebo (N = 2333)</b>
<b>% Female</b>		
Nominal	29	28
<b>Mean age (SD)</b>		
Mean/SD	63.1 (8.6)	63.2 (8.8)
<b>BMI or weight</b>		
Mean/SD	30.6 (5.3)	30.7 (5.2)
<b>Comorbidities</b>		
<b>CV risk factor %</b> Coronary artery disease; Multi-vessel coronary artery disease; History of myocardial infarction; Coronary artery bypass graft; History of stroke; Peripheral artery disease; Single vessel coronary artery disease; Cardiac failure		
Nominal	99.4	98.9
<b>Glycated haemoglobin %</b>		
Mean/SD	8.07 (0.85)	8.08 (0.84)
<b>eGFR (MDRD) (ml/min/1.73m<sup>2</sup> of body surface area)</b>		
Mean/SD	74.2 (21.6)	73.8 (21.1)

	Empagliflozin (N = 4687)	Placebo (N = 2333)
<b>Urinary albumin-to-creatinine ratio (&lt;30 mg/g) %</b>		
Nominal	59.5	59.2
<b>Cardiac failure %</b>		
Nominal	9.9	10.5
<b>Race %</b>		
<b>White %</b>		
Nominal	72.6	71.9
<b>Asian %</b>		
Nominal	21.5	21.9
<b>Black/African American</b>		
Nominal	5.1	5.1
<b>Other/missing</b>		
Nominal	0.9	1

1

Section	Question	Answer
Domain 1: Bias arising from the randomisation process	Risk of bias judgement for the randomisation process	Low <i>(Randomized, double-blind, placebo-controlled trial. Randomization process outlined, but protocol for allocation concealment not specified. No significant differences outlined for baseline characteristics post randomisation)</i>
Domain 2a: Risk of bias due to deviations from the intended interventions (effect of assignment to intervention)	Risk of bias for deviations from the intended interventions (effect of assignment to intervention)	Low <i>(Randomized, double-blind, placebo-controlled trial. Randomization process outlined, but protocol for allocation concealment not specified. MITT undertaken for primary analysis)</i>
Domain 3. Bias due to missing outcome data	Risk-of-bias judgement for missing outcome data	Low <i>(Data presented for n=7020 participants for all outcomes except silent myocardial infarction (n=3589); 97.0% of patients completed the study (n=6809), with 25.4% of patients prematurely discontinuing a study drug (n=1780). Final vital status was available for 99.2% of patients (n=6967).)</i>

Section	Question	Answer
Domain 4. Bias in measurement of the outcome	Risk-of-bias judgement for measurement of the outcome	Low <i>(Study outlined as a double-blind randomized controlled trial. Clinical event rates were the measures for the primary outcome and secondary outcome. Definitions of major clinical outcomes prespecified. Cardiovascular outcome events and deaths were prospectively adjudicated by two clinical-events committees.)</i>
Domain 5. Bias in selection of the reported result	Risk-of-bias judgement for selection of the reported result	Low <i>(Evidence of prespecified analytical plan; Outcomes reported for most participants against prespecified and clearly defined outcomes using clinical event rates.)</i>
Overall bias and Directness	Risk of bias judgement	Low
	Overall Directness	Directly applicable

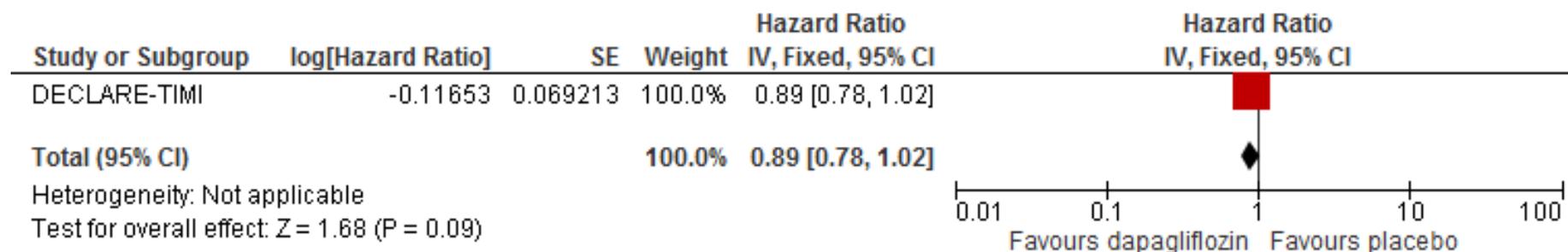
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1 **Appendix F – Forest plots**

2 **Pairwise forest plots**

3 **Dapagliflozin versus placebo**

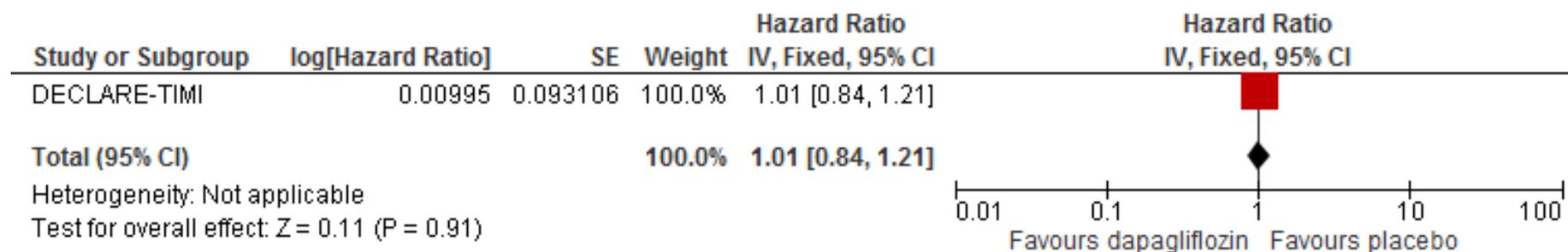
4 **Outcome: Myocardial infarction** (unclear if fatal or nonfatal).



5

6

7 **Outcome: Stroke** (unclear if fatal or nonfatal).

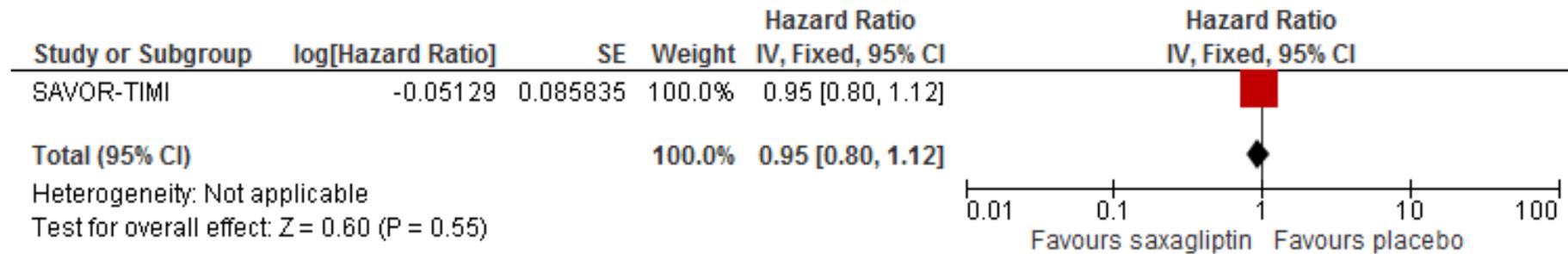


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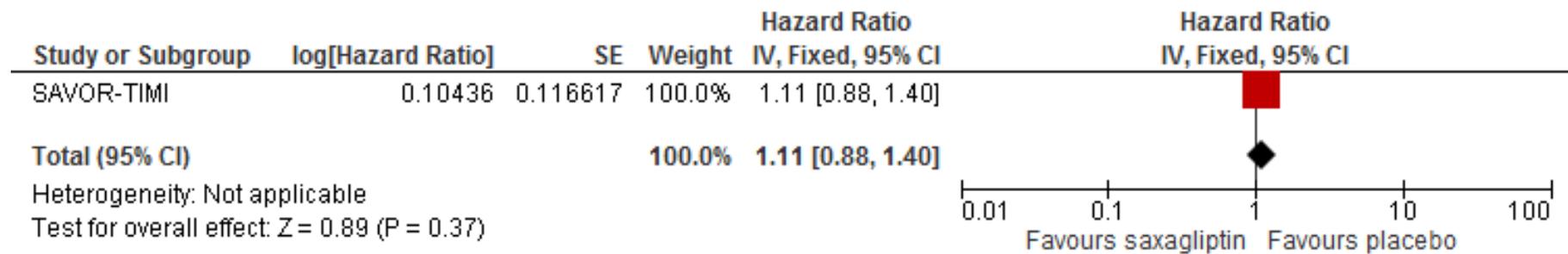
1 **Saxagliptin versus placebo**

2 **Outcome: Myocardial infarction** (unclear if fatal or nonfatal).



3

4 **Outcome: Stroke** (unclear if fatal or nonfatal).



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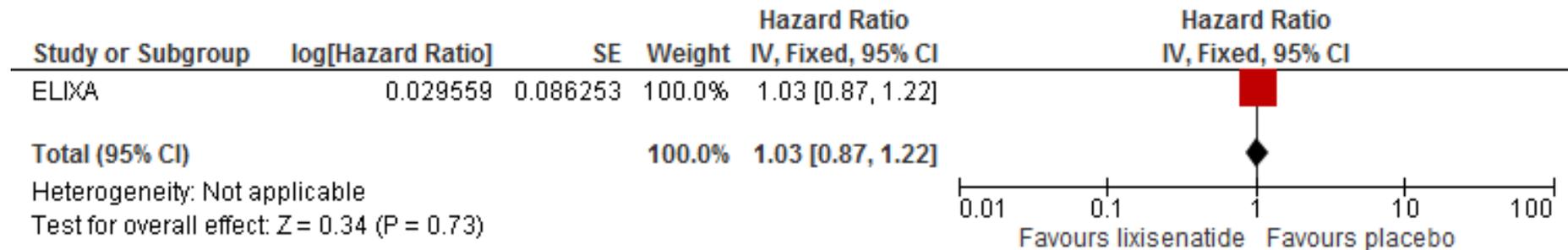
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1 **Lixisenatide versus placebo**

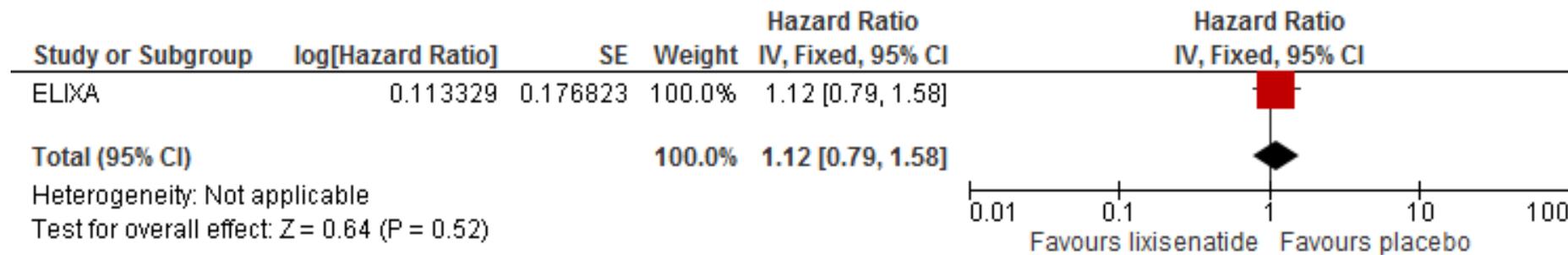
2 **Outcome: Myocardial infarction** (unclear if fatal or nonfatal).



3

4

5 **Outcome: Stroke** (unclear if fatal or nonfatal).



6

7

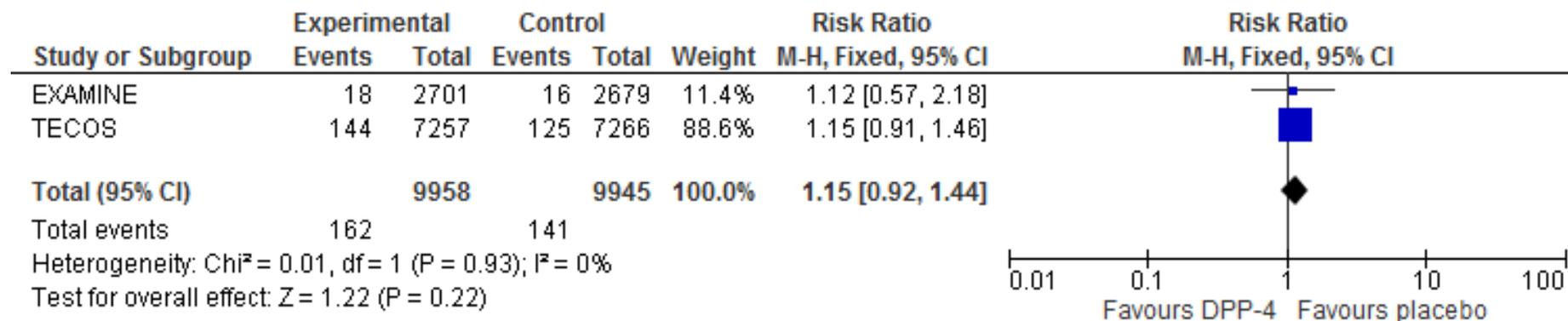
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10

1 **DPP-4 versus placebo**

2 **Outcome: Severe hypoglycaemia.** The data for these studies for the outcome of severe hypoglycaemia was not included in the NMA as the  
 3 committee agreed that this may be a subgroup of more severe hypoglycaemia defined as requiring medical intervention.

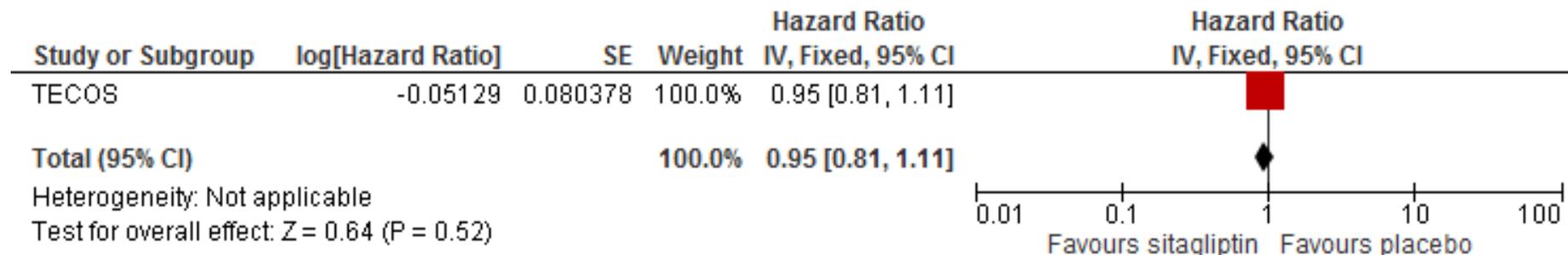


4

5 The interventions in the trials were Alogliptin (EXAMINE) and sitagliptin (TECOS).

1 **Sitagliptin versus placebo**

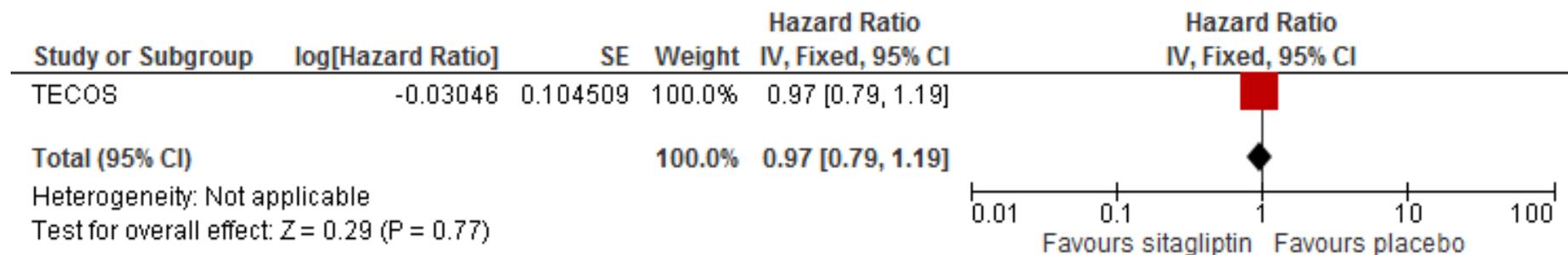
2 **Outcome: Myocardial infarction (fatal and nonfatal).**



3  
4

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6 **Outcome: Stroke (fatal and nonfatal).**



7

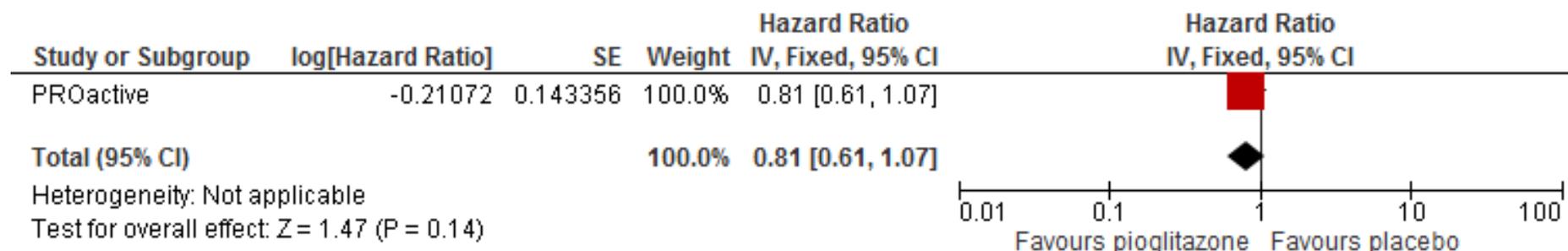
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1 **Pioglitazone versus placebo**

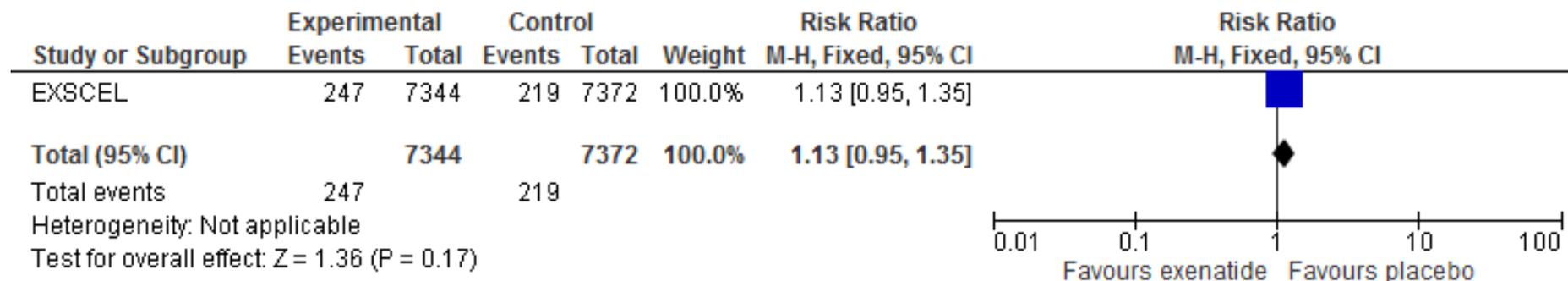
2 **Outcome: Stroke (all).**



3  
4

5 **Exenatide versus placebo**

6 **Outcome: Severe hypoglycaemia.** The data for this study for the outcome of severe hypoglycaemia was not included in the NMA as the  
7 committee agreed that this may be a subgroup of more severe hypoglycaemia defined as requiring medical intervention.



8

## 1 Appendix G – NMA results

### 2 Network meta-analysis methodological considerations

3 The committee noted that most trials (15 out of 16) compared an active treatment against  
4 placebo. One trial compared two active treatments: CAROLINA, which compared linagliptin  
5 (a DPP-4) to glimepiride (a sulfonylurea). These outcomes of interest were useful, but the  
6 trials largely did not directly compare drugs against each other. The committee agreed it  
7 would be helpful if the results for each outcome of interest could be pooled to give  
8 effectiveness estimates which would allow a meaningful comparison between the drugs. The  
9 committee agreed that for the purposes of the evidence review analyses that certain  
10 interventions would be analysed at class level (DPP-4, insulins and sulfonylureas) and the  
11 remaining interventions at an individual level (all SGLT2 and GLP-1 interventions).

12 Since the resultant networks were star shaped without loops no inconsistency checking was  
13 necessary or possible. Additionally, this meant that comparisons of indirect versus direct  
14 evidence did not add extra information as the comparisons with placebo were direct and  
15 comparison between interventions were indirect, with the exception of linagliptin to  
16 glimepiride (trial data was included for this comparison). Therefore, these results are not  
17 presented.

18 See [methods and processes](#) and the methods in [Appendix B](#) for more details.

19 Abbreviations used in figures and tables: PLAC, Placebo; PIO, Pioglitazone; LIXI,  
20 Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin; EMPA, Empagliflozin;  
21 DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA,  
22 Canagliflozin; SU, Sulphonylurea; SEMAo, Oral semaglutide; SEMAi, Injected semaglutide.

### 23 NMA model choice

24 We undertook frequentist network meta-analyses (NMA) using the netmeta package in R,  
25 with placebo as the reference treatment. Heterogeneity was assessed using the  $I^2$  statistic  
26 and either a fixed effects or random effects model was selected as appropriate. Random  
27 effects models were used when  $I^2$  was high ( $\geq 50\%$ ) and there were sufficient studies to  
28 estimate a distribution for the random effects ( $>2$  studies on the relevant treatment  
29 comparison) with the Q statistic also reported. See [Table 18](#) below for a summary of the  
30 models chosen for each outcome.

31 **Table 18 Model choice for each outcome**

No of studies	Outcome	Heterogeneity	Model used
16 trials	All-cause mortality	$I^2= 14.1\%$ Total Q 3.49 (3 df), $p=0.3219$	Fixed effects model
15 trials	Any discontinuation	$I^2= 48.4\%$ Total Q 5.81 (3 df), $p=0.1213$	Fixed effects model <sup>a</sup>
16 trials	Cardiovascular mortality	$I^2= 6.0\%$ Total Q 3.19 (3 df), $p=0.3632$	Fixed effects model
13 trials	Discontinued due to adverse events	$I^2= 0.0\%$ Total Q 0.70 (1 df), $p=0.4014$	Fixed effects model

15 trials	Hospitalization for heart failure	I <sup>2</sup> = 60.0% Total Q 7.5 (3 <i>df</i> ), p=0.0576	Random effects model <sup>b</sup>
11 trials	Hospitalization for unstable angina	I <sup>2</sup> = 0.0% Total Q 2.68 (3 <i>df</i> ), p=0.4436	Fixed effects model
12 trials	Nonfatal myocardial infarction	I <sup>2</sup> = 0.0% Total Q 0.16 (1 <i>df</i> ), p=0.6925	Fixed effects model
11 trials	Nonfatal stroke	I <sup>2</sup> = 0.0% Total Q 0.01 (1 <i>df</i> ), p=0.9132	Fixed effects model
13 trials	Severe hypoglycaemia	I <sup>2</sup> = 49.9% Total Q 2.00 (1 <i>df</i> ), p=0.1575	Fixed effects model <sup>a</sup>
14 trials	3-point MACE (composite outcome)	I <sup>2</sup> = 0.0% Total Q 0.11 (2 <i>df</i> ), p=0.9459	Fixed effects model
<sup>a</sup> Sensitivity analyses are presented for outcomes with I <sup>2</sup> within a few points of 50% either side.			
<sup>b</sup> Additional sensitivity analysis excluding 1 DPP-4 trial which caused heterogeneity, using fixed effects model (I <sup>2</sup> = 0.0%, Total Q 1.1 (2 <i>df</i> ), p=0.5773)			
Abbreviations: <i>df</i> , degrees of freedom; p, P-value; MACE, Major adverse cardiovascular outcomes.			

1

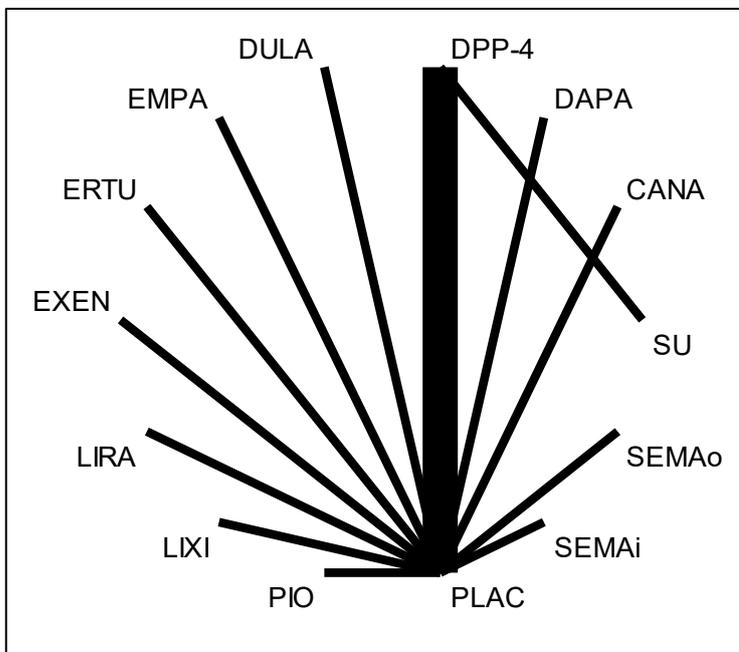
1 **All-cause mortality**

2 The fixed effects model for all-cause mortality generated a network diagram (see [Figure 1](#)).  
3 Data for this outcome was included from all 16 RCTs. As specified by the committee, both  
4 the sulfonylureas and DPP-4 drugs were analysed at the class level, assuming the  
5 treatments within the class have the same effectiveness. Five trials included DPP-4  
6 interventions, whilst the sulfonylurea class consisted of a single treatment (glimepiride).  
7 Other drugs were analysed at the individual level.

8 Abbreviations used in figures and tables: PLAC, Placebo; PIO, Pioglitazone; LIXI,  
9 Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin; EMPA, Empagliflozin;  
10 DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA,  
11 Canagliflozin; SU, Sulphonylurea; SEMAo, Oral semaglutide; SEMAi, Injected semaglutide.

12 **Network diagram for all-cause mortality**

13 **Figure 1 Network diagram for all-cause mortality<sup>1</sup>.**

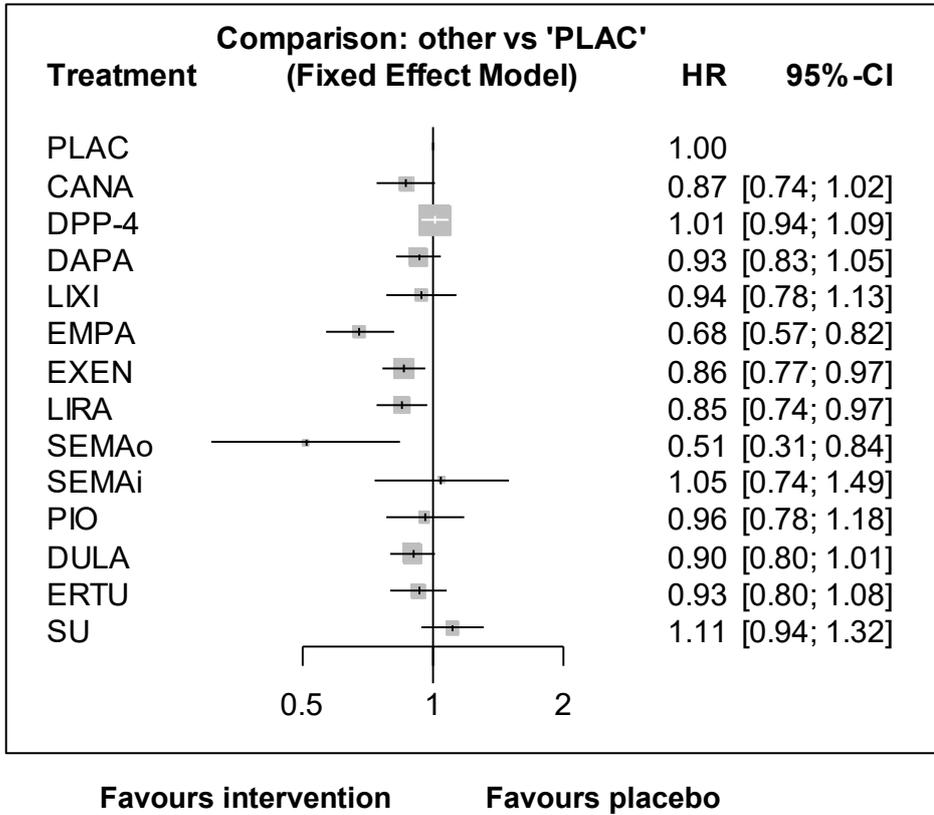


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15 <sup>1</sup> Line width is proportional to the number of trials comparing every pair of treatments.

1 **Caterpillar plot for all-cause mortality**

2 **Figure 2 Relative effectiveness of all options versus placebo. (Hazard ratios with 95%**  
 3 **confidence intervals and line of no effect as the vertical line at 1).**



1 **Relative effectiveness chart for all-cause mortality**

2 **Table 19 Relative effectiveness of all pairwise combinations for all-cause mortality. Upper diagonal: hazard ratios (HR) with 95%**  
 3 **confidence intervals from the pair-wise meta-analysis. HR less than 1 favour the row defining treatment. HRs greater than 1**  
 4 **favour the column defining treatment.) Lower diagonal: HR with 95% confidence intervals from the from the NMA results. HRs**  
 5 **greater than 1 favour the row defining treatment, HRs less than 1 favour the column defining treatment.**

	CANA	DAPA	DPP-4	DULA	EMPA	ERTU	EXEN	LIRA	LIXI	PIO	SEMAi	SEMAo	SU	Placebo
CANA														0.87 (0.74; 1.02)
DAPA	0.94 (0.77; 1.14)													0.93 (0.83; 1.05)
DPP-4	0.86 (0.72; 1.02)	0.92 (0.80; 1.06)											0.91 (0.78; 1.06)	1.01 (0.94; 1.09)
DULA	0.97 (0.80; 1.17)	1.03 (0.87; 1.22)	1.12 (0.98; 1.29)											0.90 (0.80; 1.01)
EMPA	1.28 (1.01; 1.63)	1.37 (1.10; 1.70)	1.49 (1.22; 1.81)	1.32 (1.07; 1.64)										0.68 (0.57; 0.82)
ERTU	0.94 (0.75; 1.16)	1.00 (0.83; 1.21)	1.09 (0.92; 1.29)	0.97 (0.80; 1.17)	0.73 (0.58; 0.93)									0.93 (0.80; 1.08)
EXEN	1.01 (0.83; 1.23)	1.08 (0.92; 1.28)	1.18 (1.03; 1.35)	1.05 (0.89; 1.23)	0.79 (0.64; 0.98)	1.08 (0.89; 1.31)								0.86 (0.77; 0.97)
LIRA	1.02 (0.83; 1.26)	1.09 (0.91; 1.31)	1.19 (1.02; 1.39)	1.06 (0.89; 1.27)	0.80 (0.64; 1.00)	1.09 (0.89; 1.34)	1.01 (0.85; 1.21)							0.85 (0.74; 0.97)
LIXI	0.93 (0.73; 1.18)	0.99 (0.79; 1.23)	1.08 (0.88; 1.31)	0.96 (0.77; 1.19)	0.72 (0.56; 0.94)	0.99 (0.78; 1.26)	0.91 (0.74; 1.14)	0.90 (0.72; 1.14)						0.94 (0.78; 1.13)
PIO	0.91 (0.70; 1.17)	0.97 (0.76; 1.23)	1.05 (0.85; 1.31)	0.94 (0.74; 1.19)	0.71 (0.54; 0.93)	0.97 (0.75; 1.25)	0.90 (0.71; 1.14)	0.89 (0.69; 1.13)	0.98 (0.74; 1.29)					0.96 (0.78; 1.18)
SEMAi	0.83 (0.56; 1.22)	0.89 (0.61; 1.29)	0.96 (0.67; 1.38)	0.86 (0.59; 1.24)	0.65 (0.44; 0.96)	0.89 (0.60; 1.30)	0.82 (0.56; 1.19)	0.81 (0.55; 1.18)	0.90 (0.60; 1.33)	0.91 (0.61; 1.38)				1.05 (0.74; 1.49)
SEMAo	1.71 (1.01; 2.88)	1.82 (1.09; 3.04)	1.99 (1.20; 3.28)	1.76 (1.06; 2.94)	1.33 (0.78; 2.27)	1.82 (1.08; 3.07)	1.69 (1.01; 2.81)	1.67 (0.99; 2.79)	1.84 (1.08; 3.14)	1.88 (1.10; 3.23)	2.06 (1.12; 3.79)			0.51 (0.31; 0.84)
SU	0.78 (0.62; 0.98)	0.84 (0.68; 1.03)	0.91 (0.78; 1.06)	0.81 (0.66; 0.99)	0.61 (0.48; 0.78)	0.84 (0.67; 1.05)	0.77 (0.63; 0.95)	0.76 (0.61; 0.95)	0.84 (0.66; 1.09)	0.86 (0.66; 1.13)	0.94 (0.64; 1.40)	0.46 (0.27; 0.78)		
Placebo	0.87 (0.74; 1.02)	0.93 (0.83; 1.05)	1.01 (0.94; 1.09)	0.90 (0.80; 1.01)	0.68 (0.57; 0.82)	0.93 (0.80; 1.08)	0.86 (0.77; 0.97)	0.85 (0.74; 0.97)	0.94 (0.78; 1.13)	0.96 (0.78; 1.18)	1.05 (0.74; 1.49)	0.51 (0.31; 0.84)	1.11 (0.94; 1.32)	

6

1 **Probability ranking for all-cause mortality**

2 **Table 20 Probability that each intervention is one of the best treatments. Higher**  
3 **probabilities indicate that the intervention would be ranked as more**  
4 **effective.**

<b>Treatment</b>	<b>P-score (fixed effects)</b>
SEMA <sub>o</sub>	0.9773
EMPA	0.9259
LIRA	0.6956
EXEN	0.6764
CANA	0.6351
DULA	0.5590
DAPA	0.4660
ERTU	0.4638
LIXI	0.4346
PIO	0.3841
SEMA <sub>i</sub>	0.2518
PLAC	0.2398
DPP-4	0.2133
SU	0.0773

5

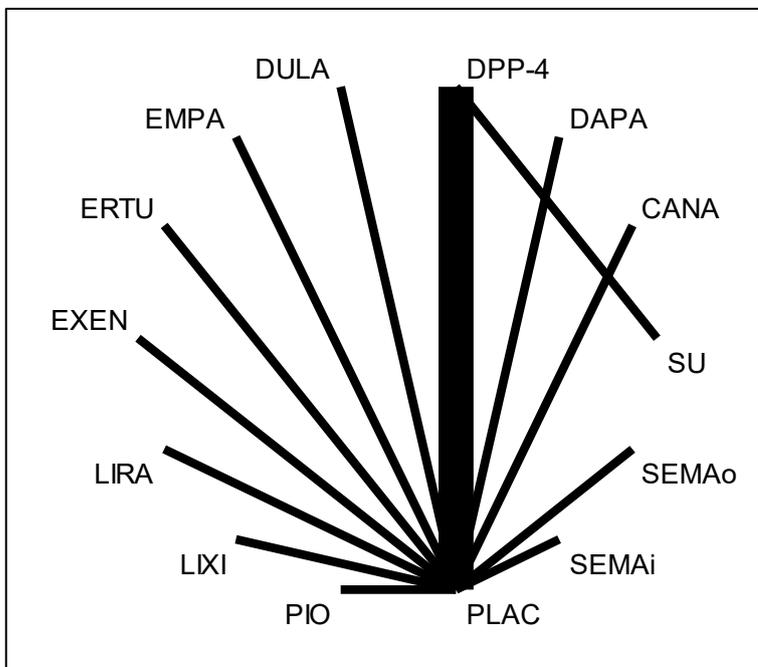
1 **Cardiovascular mortality**

2 The fixed effects model for cardiovascular (CV) mortality generated a network diagram (see  
3 Figure 3). Data for this outcome was included from all 16 RCTs. As specified by the  
4 committee, both the sulphonylureas and DPP-4 drugs were analysed at the class level,  
5 assuming the treatments within the class have the same effectiveness. Five trials included  
6 DPP-4 interventions, whilst the sulphonylurea class consisted of a single treatment  
7 (glimepiride). Other drugs were analysed at the individual level.

8 Abbreviations used in figures and tables: PLAC, Placebo; PIO, Pioglitazone; LIXI,  
9 Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin; EMPA, Empagliflozin;  
10 DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA,  
11 Canagliflozin; SU, Sulphonylurea; SEMAo, Oral semaglutide; SEMAi, Injected semaglutide.

12 **Network diagram for CV mortality**

13 **Figure 3 Network diagram for CV mortality<sup>1</sup>**

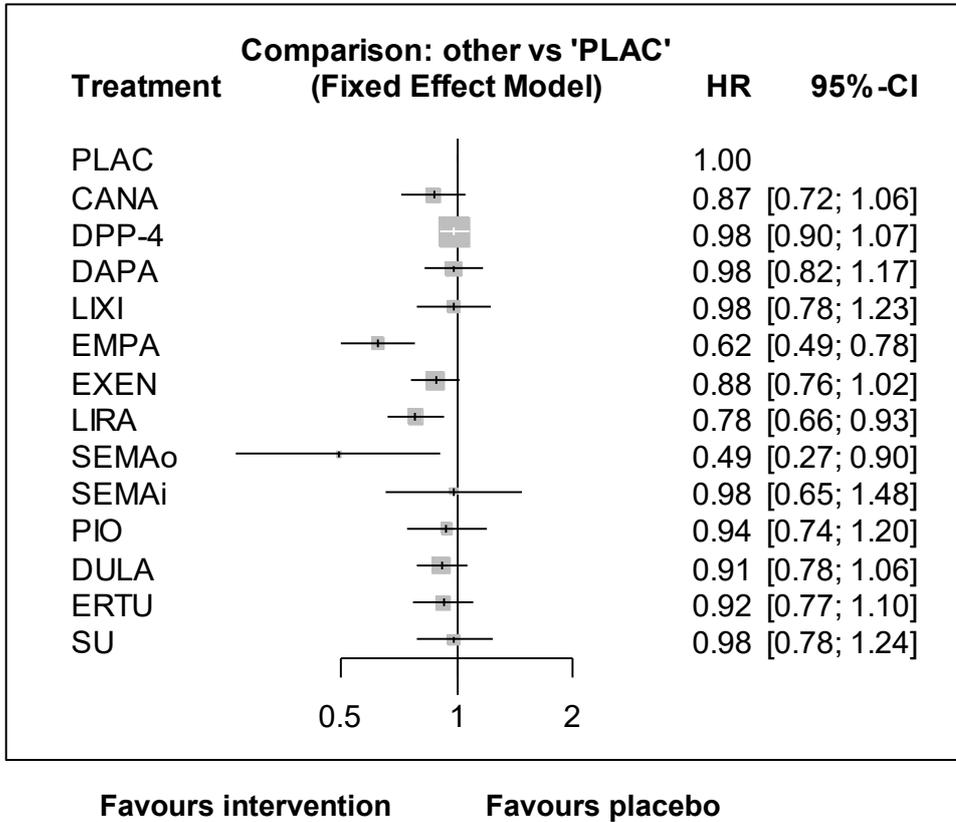


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15 <sup>1</sup> Line width is proportional to the number of trials comparing every pair of treatments.

1 **Caterpillar plot for CV Mortality**

2 **Figure 4 Relative effectiveness of all options versus placebo. (Hazard ratios with 95%**  
 3 **confidence intervals and line of no effect as the vertical line at 1).**



1 **Relative effectiveness chart for CV mortality**

2 **Table 21 Relative effectiveness of all pairwise combinations for CV mortality. Upper diagonal: hazard ratios (HR) with 95% confidence**  
 3 **intervals from the pair-wise meta-analysis. HR less than 1 favour the row defining treatment. HRs greater than 1 favour the**  
 4 **column defining treatment.) Lower diagonal: HR with 95% confidence intervals from the from the NMA results. HRs greater**  
 5 **than 1 favour the row defining treatment, HRs less than 1 favour the column defining treatment.**

	CANA	DAPA	DPP-4	DULA	EMPA	ERTU	EXEN	LIRA	LIXI	PIO	SEMAi	SEMAo	SU	Placebo
CANA														0.87 (0.72; 1.06)
DAPA	0.89 (0.68; 1.15)													0.98 (0.82; 1.17)
DPP-4	0.88 (0.71; 1.09)	1.00 (0.82; 1.21)											1.00 (0.81; 1.24)	0.98 (0.90; 1.07)
DULA	0.96 (0.75; 1.22)	1.08 (0.85; 1.36)	1.08 (0.91; 1.29)											0.91 (0.78; 1.06)
EMPA	1.40 (1.04; 1.89)	1.58 (1.19; 2.11)	1.59 (1.25; 2.02)	1.47 (1.12; 1.93)										0.62 (0.49; 0.78)
ERTU	0.95 (0.72; 1.23)	1.07 (0.83; 1.37)	1.07 (0.87; 1.31)	0.99 (0.78; 1.26)	0.67 (0.50; 0.90)									0.92 (0.77; 1.10)
EXEN	0.99 (0.78; 1.26)	1.11 (0.88; 1.40)	1.12 (0.94; 1.33)	1.03 (0.84; 1.28)	0.70 (0.54; 0.92)	1.05 (0.83; 1.32)								0.88 (0.76; 1.02)
LIRA	1.12 (0.86; 1.44)	1.26 (0.98; 1.61)	1.26 (1.04; 1.53)	1.17 (0.93; 1.47)	0.79 (0.60; 1.06)	1.18 (0.92; 1.52)	1.13 (0.90; 1.41)							0.78 (0.66; 0.93)
LIXI	0.89 (0.66; 1.19)	1.00 (0.75; 1.33)	1.00 (0.79; 1.28)	0.93 (0.71; 1.22)	0.63 (0.46; 0.87)	0.94 (0.70; 1.25)	0.90 (0.69; 1.17)	0.80 (0.60; 1.06)						0.98 (0.78; 1.23)
PIO	0.93 (0.68; 1.26)	1.04 (0.77; 1.41)	1.05 (0.81; 1.35)	0.97 (0.73; 1.29)	0.66 (0.47; 0.92)	0.98 (0.72; 1.33)	0.94 (0.71; 1.24)	0.83 (0.62; 1.12)	1.04 (0.75; 1.45)					0.94 (0.74; 1.20)
SEMAi	0.89 (0.56; 1.40)	1.00 (0.64; 1.57)	1.00 (0.66; 1.53)	0.93 (0.60; 1.44)	0.63 (0.40; 1.01)	0.94 (0.60; 1.47)	0.90 (0.58; 1.39)	0.80 (0.51; 1.24)	1.00 (0.63; 1.60)	0.96 (0.60; 1.55)				0.98 (0.65; 1.48)
SEMAo	1.78 (0.93; 3.38)	2.00 (1.06; 3.79)	2.01 (1.08; 3.73)	1.86 (0.99; 3.49)	1.27 (0.66; 2.43)	1.88 (0.99; 3.56)	1.80 (0.96; 3.37)	1.59 (0.84; 3.01)	2.00 (1.04; 3.84)	1.92 (0.99; 3.71)	2.00 (0.96; 4.18)			0.49 (0.27; 0.90)
SU	0.88 (0.65; 1.19)	1.00 (0.74; 1.33)	1.00 (0.81; 1.24)	0.92 (0.70; 1.22)	0.63 (0.46; 0.87)	0.93 (0.70; 1.25)	0.89 (0.68; 1.18)	0.79 (0.59; 1.06)	1.00 (0.72; 1.37)	0.96 (0.68; 1.33)	1.00 (0.62; 1.60)	0.50 (0.26; 0.96)		
Placebo	0.87 (0.72; 1.06)	0.98 (0.82; 1.17)	0.98 (0.90; 1.07)	0.91 (0.78; 1.06)	0.62 (0.49; 0.78)	0.92 (0.77; 1.10)	0.88 (0.76; 1.02)	0.78 (0.66; 0.93)	0.98 (0.78; 1.23)	0.94 (0.74; 1.20)	0.98 (0.65; 1.48)	0.49 (0.27; 0.90)	0.98 (0.78; 1.24)	

6

1 **Probability ranking for CV mortality**

2 **Table 22 Probability that each intervention is one of the best treatments. Higher**  
3 **probabilities indicate that the intervention would be ranked as more**  
4 **effective.**

<b>Treatment</b>	<b>P-score (fixed effects)</b>
SEMA <sub>o</sub>	0.9552
EMPA	0.9322
LIRA	0.7818
CANA	0.5890
EXEN	0.5790
DULA	0.4967
ERTU	0.4642
PIO	0.4110
SEMA <sub>i</sub>	0.3526
LIXI	0.3180
SU	0.3104
DAPA	0.3085
DPP-4	0.2820
PLAC	0.2195

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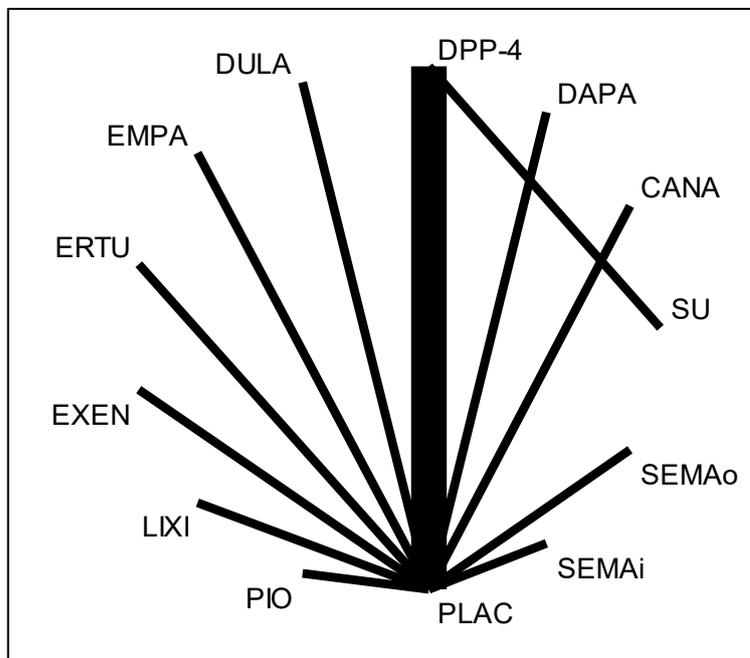
1 **Any discontinuation**

2 The fixed effects model for any discontinuation generated a network diagram (see Figure 5).  
3 Data for this outcome was included from 15 RCTs. As specified by the committee, both the  
4 sulfonylureas and DPP-4 drugs were analysed at the class level, assuming the treatments  
5 within the class have the same effectiveness. Five trials included DPP-4 interventions, whilst  
6 the sulfonylurea class consisted of a single treatment (glimepiride). GLP-1 and SGLT-2 drugs  
7 were analysed as separate interventions, each with evidence from a single trial.

8 Abbreviations used in figures and tables: PLAC, Placebo; PIO, Pioglitazone; LIXI,  
9 Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin; EMPA, Empagliflozin;  
10 DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA,  
11 Canagliflozin; SU, Sulphonylurea; SEMAo, Oral semaglutide; SEMAi, Injected semaglutide.

12 **Network diagram for any discontinuation**

13 **Figure 5 Network diagram for any discontinuation<sup>1</sup>**



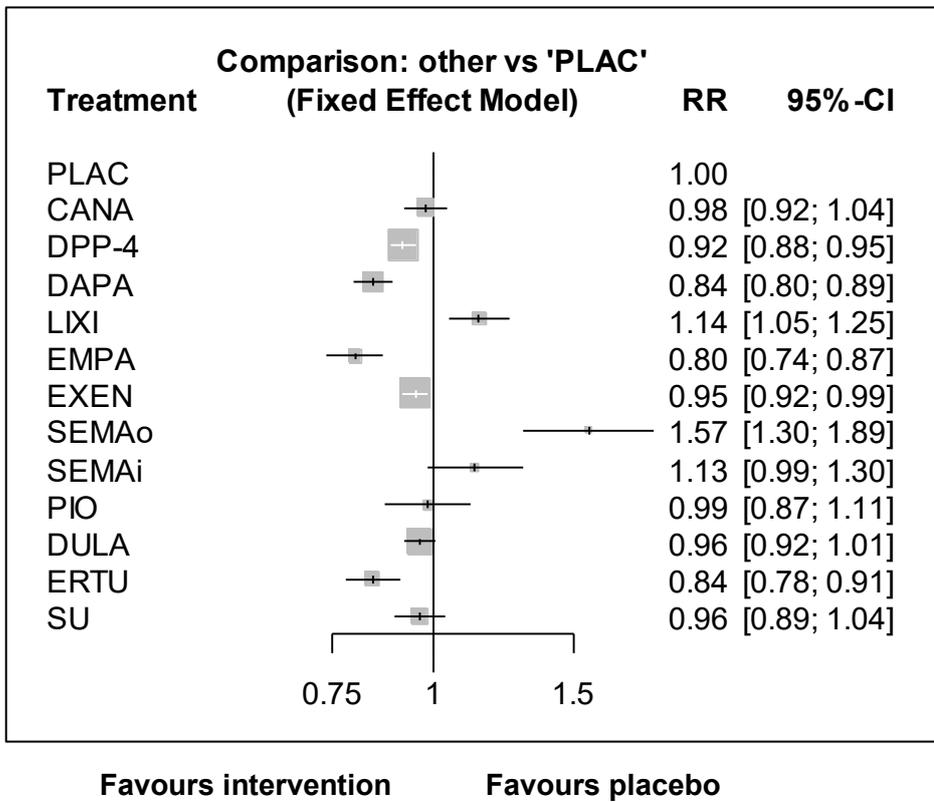
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15 <sup>1</sup> Line width is proportional to the number of trials comparing every pair of treatments.

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1 **Caterpillar plot for any discontinuation**

2 **Figure 6 Relative effectiveness of all options versus placebo. (Risk ratios with 95%**  
 3 **confidence intervals and line of no effect as the vertical line at 1).**



1 **Relative effectiveness chart for any discontinuation**

2 **Table 23 Relative effectiveness of all pairwise combinations for any discontinuation. Upper diagonal: risk ratios (RR) with 95%**  
 3 **confidence intervals from the pair-wise meta-analysis. RR less than 1 favour the row defining treatment. RRs greater than 1**  
 4 **favour the column defining treatment.) Lower diagonal: RR with 95% confidence intervals from the from the NMA results. RRs**  
 5 **greater than 1 favour the row defining treatment, RRs less than 1 favour the column defining treatment.**

	CANA	DAPA	DPP-4	DULA	EMPA	ERTU	EXEN	LIXI	PIO	SEMAi	SEMAo	SU	Placebo
CANA													0.98 (0.92; 1.04)
DAPA	1.16 (1.07; 1.26)												0.84 (0.80; 0.89)
DPP-4	1.07 (1.00; 1.15)	0.92 (0.86; 0.98)										0.95 (0.89; 1.02)	0.92 (0.88; 0.95)
DULA	1.02 (0.94; 1.10)	0.87 (0.81; 0.94)	0.95 (0.90; 1.01)										0.96 (0.92; 1.01)
EMPA	1.22 (1.11; 1.36)	1.05 (0.95; 1.16)	1.15 (1.05; 1.25)	1.21 (1.10; 1.32)									0.80 (0.74; 0.87)
ERTU	1.16 (1.06; 1.28)	1.00 (0.91; 1.10)	1.09 (1.00; 1.19)	1.15 (1.05; 1.25)	0.95 (0.85; 1.06)								0.84 (0.78; 0.91)
EXEN	1.03 (0.96; 1.10)	0.88 (0.83; 0.94)	0.96 (0.92; 1.01)	1.01 (0.96; 1.07)	0.84 (0.77; 0.92)	0.88 (0.81; 0.96)							0.95 (0.92; 0.99)
LIXI	0.86 (0.77; 0.95)	0.74 (0.67; 0.82)	0.80 (0.73; 0.88)	0.84 (0.77; 0.93)	0.70 (0.62; 0.79)	0.74 (0.66; 0.83)	0.83 (0.76; 0.91)						1.14 (1.05; 1.25)
PIO	0.99 (0.87; 1.14)	0.85 (0.75; 0.98)	0.93 (0.82; 1.06)	0.98 (0.86; 1.11)	0.81 (0.70; 0.94)	0.85 (0.74; 0.99)	0.97 (0.85; 1.10)	1.16 (1.00; 1.35)					0.99 (0.87; 1.11)
SEMAi	0.87 (0.75; 1.01)	0.74 (0.64; 0.86)	0.81 (0.70; 0.93)	0.85 (0.74; 0.99)	0.71 (0.60; 0.83)	0.74 (0.64; 0.87)	0.84 (0.73; 0.97)	1.01 (0.86; 1.19)	0.87 (0.73; 1.05)				1.13 (0.99; 1.30)
SEMAo	0.63 (0.51; 0.76)	0.54 (0.44; 0.65)	0.59 (0.48; 0.71)	0.62 (0.51; 0.75)	0.51 (0.42; 0.63)	0.54 (0.44; 0.66)	0.61 (0.50; 0.74)	0.73 (0.59; 0.90)	0.63 (0.50; 0.79)	0.72 (0.57; 0.91)			1.57 (1.30; 1.89)
SU	1.02 (0.93; 1.12)	0.87 (0.80; 0.96)	0.95 (0.89; 1.02)	1.00 (0.92; 1.09)	0.83 (0.74; 0.93)	0.87 (0.79; 0.97)	0.99 (0.91; 1.07)	1.19 (1.06; 1.33)	1.02 (0.89; 1.18)	1.17 (1.01; 1.37)	1.63 (1.33; 1.99)		
Placebo	0.98 (0.92; 1.04)	0.84 (0.80; 0.89)	0.92 (0.88; 0.95)	0.96 (0.92; 1.01)	0.80 (0.74; 0.87)	0.84 (0.78; 0.91)	0.95 (0.92; 0.99)	1.14 (1.05; 1.25)	0.99 (0.87; 1.11)	1.13 (0.99; 1.30)	1.57 (1.30; 1.89)	0.96 (0.89; 1.04)	

6

1 **Probability ranking for any discontinuation**

2 **Table 24 Probability that each intervention is one of the best treatments. Higher**  
3 **probabilities indicate that the intervention would be ranked as more**  
4 **effective.**

<b>Treatment</b>	<b>P-score (fixed effects)</b>
EMPA	0.9711
ERTU	0.8872
DAPA	0.8858
DPP-4	0.7231
EXEN	0.5693
SU	0.5071
DULA	0.5055
CANA	0.4335
PIO	0.4300
PLAC	0.3190
SEMAi	0.1452
LIXI	0.1228
SEMAo	0.0004

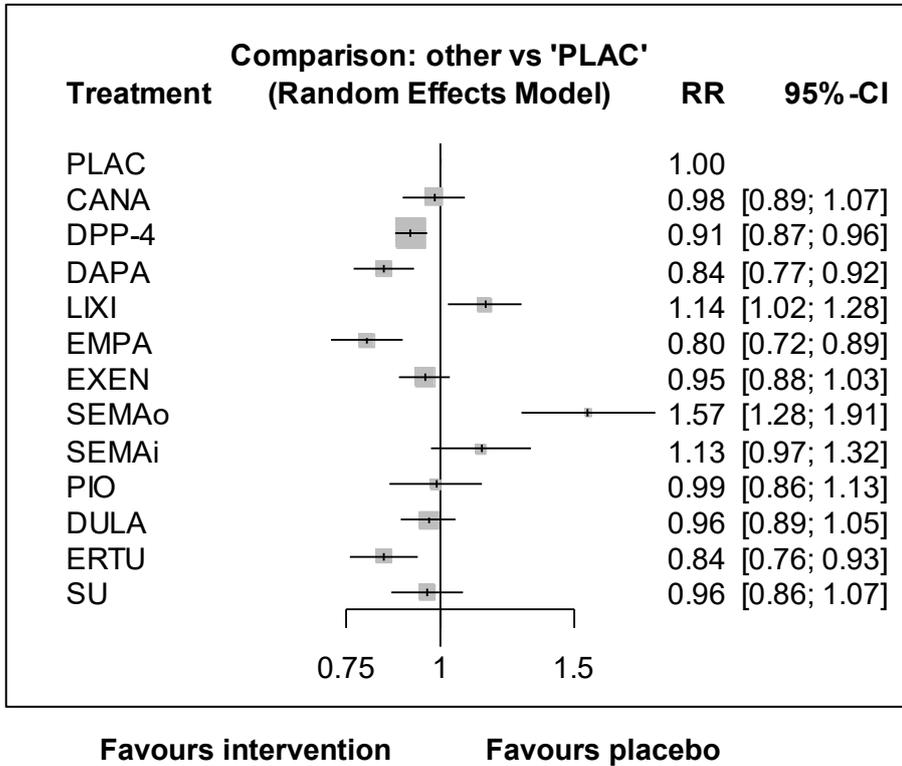
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1 **Sensitivity analysis: any discontinuation (using random effects model)**

2 ***Caterpillar plot any discontinuation***

3 **Figure 7 Relative effectiveness of all options versus placebo. (Risk ratios with 95%  
 4 confidence intervals and line of no effect as the vertical line at 1).**



1 **Relative effectiveness chart for any discontinuation (sensitivity analysis using random effects model)**

2 **Table 25 Relative effectiveness of all pairwise combinations for any discontinuation. Upper diagonal: risk ratios (RR) with 95%**  
 3 **confidence intervals from the pair-wise meta-analysis. RR less than 1 favour the row defining treatment. RRs greater than 1**  
 4 **favour the column defining treatment.) Lower diagonal: RR with 95% confidence intervals from the from the NMA results. RRs**  
 5 **greater than 1 favour the row defining treatment, RRs less than 1 favour the column defining treatment.**

	CANA	DAPA	DPP-4	DULA	EMPA	ERTU	EXEN	LIXI	PIO	SEMAi	SEMAo	SU	PLAC
CANA													0.98 (0.89; 1.07)
DAPA	1.16 (1.02; 1.32)												0.84 (0.77; 0.92)
DPP-4	1.07 (0.96; 1.19)	0.92 (0.83; 1.02)										0.95 (0.87; 1.05)	0.91 (0.87; 0.96)
DULA	1.02 (0.90; 1.15)	0.87 (0.77; 0.99)	0.95 (0.86; 1.05)										0.96 (0.89; 1.05)
EMPA	1.22 (1.06; 1.41)	1.05 (0.92; 1.21)	1.14 (1.01; 1.29)	1.21 (1.05; 1.38)									0.80 (0.72; 0.89)
ERTU	1.16 (1.01; 1.34)	1.00 (0.87; 1.15)	1.09 (0.97; 1.22)	1.15 (1.00; 1.31)	0.95 (0.82; 1.10)								0.84 (0.76; 0.93)
EXEN	1.03 (0.91; 1.16)	0.88 (0.78; 1.00)	0.96 (0.87; 1.06)	1.01 (0.90; 1.14)	0.84 (0.74; 0.96)	0.88 (0.78; 1.01)							0.95 (0.88; 1.03)
LIXI	0.86 (0.74; 0.99)	0.74 (0.64; 0.85)	0.80 (0.71; 0.90)	0.84 (0.73; 0.97)	0.70 (0.60; 0.82)	0.74 (0.63; 0.86)	0.83 (0.73; 0.95)						1.14 (1.02; 1.28)
PIO	0.99 (0.84; 1.18)	0.85 (0.72; 1.01)	0.93 (0.80; 1.08)	0.98 (0.83; 1.15)	0.81 (0.68; 0.97)	0.85 (0.72; 1.02)	0.97 (0.82; 1.13)	1.16 (0.97; 1.39)					0.99 (0.86; 1.13)
SEMAi	0.87 (0.72; 1.04)	0.74 (0.62; 0.89)	0.81 (0.69; 0.95)	0.85 (0.72; 1.02)	0.71 (0.59; 0.85)	0.74 (0.62; 0.90)	0.84 (0.71; 1.00)	1.01 (0.84; 1.22)	0.87 (0.71; 1.07)				1.13 (0.97; 1.32)
SEMAo	0.63 (0.50; 0.78)	0.54 (0.43; 0.67)	0.58 (0.47; 0.72)	0.62 (0.50; 0.77)	0.51 (0.41; 0.64)	0.54 (0.43; 0.67)	0.61 (0.49; 0.75)	0.73 (0.58; 0.92)	0.63 (0.49; 0.80)	0.72 (0.56; 0.93)			1.57 (1.28; 1.91)
SU	1.02 (0.89; 1.18)	0.88 (0.76; 1.01)	0.95 (0.87; 1.05)	1.01 (0.88; 1.15)	0.83 (0.72; 0.97)	0.88 (0.75; 1.02)	0.99 (0.87; 1.13)	1.19 (1.02; 1.39)	1.03 (0.86; 1.23)	1.18 (0.98; 1.42)	1.63 (1.30; 2.05)		
PLAC	0.98 (0.89; 1.07)	0.84 (0.77; 0.92)	0.91 (0.87; 0.96)	0.96 (0.89; 1.05)	0.80 (0.72; 0.89)	0.84 (0.76; 0.93)	0.95 (0.88; 1.03)	1.14 (1.02; 1.28)	0.99 (0.86; 1.13)	1.13 (0.97; 1.32)	1.57 (1.28; 1.91)	0.96 (0.86; 1.07)	

6

1 **Probability ranking for any discontinuation (sensitivity analysis using random effects**  
2 **model)**

3 **Table 26 Probability that each intervention is one of the best treatments. Higher**  
4 **probabilities indicate that the intervention would be ranked as more**  
5 **effective.**

<b>Treatment</b>	<b>P-score (fixed effects)</b>
EMPA	0.9553
DAPA	0.8802
ERTU	0.8773
DPP-4	0.6986
EXEN	0.5497
SU	0.5142
DULA	0.5017
CANA	0.4471
PIO	0.4383
PLAC	0.3510
SEMAi	0.1563
LIXI	0.1296
SEMAo	0.0008

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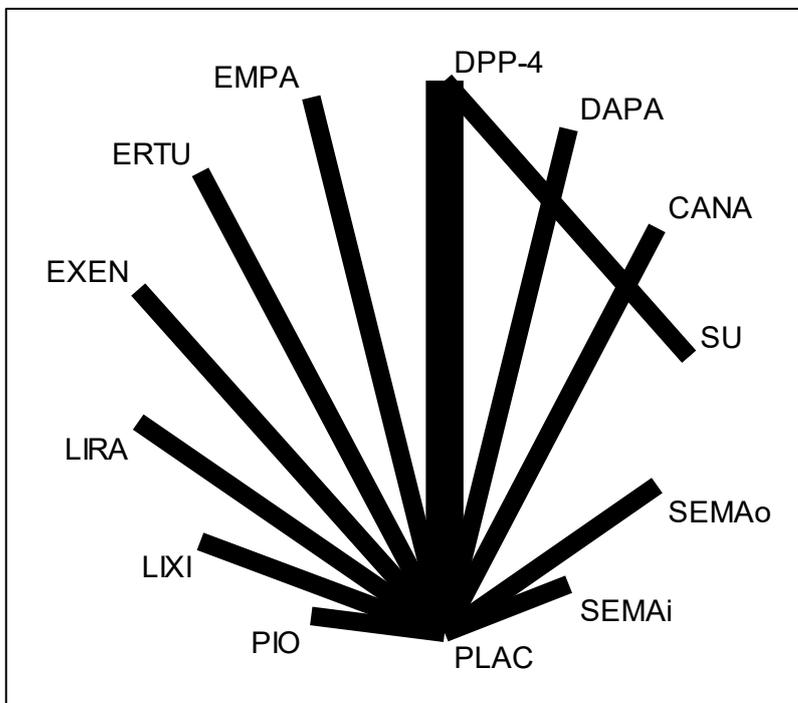
1 **Discontinuation due to adverse events**

2 The fixed effects model for discontinuation due to adverse events generated a network  
3 diagram (see Figure 8). Data for this outcome was included from 13 RCTs. As specified by  
4 the committee, both the sulphonylureas and DPP-4 drugs were analysed at the class level,  
5 assuming the treatments within the class have the same effectiveness. Five trials included  
6 DPP-4 interventions, whilst the sulphonylurea class consisted of a single treatment  
7 (glimepiride). Other drugs were analysed at the individual level.

8 Abbreviations used in figures and tables: PLAC, Placebo; PIO, Pioglitazone; LIXI,  
9 Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin; EMPA, Empagliflozin;  
10 DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA,  
11 Canagliflozin; SU, Sulphonylurea; SEMAo, Oral semaglutide; SEMAi, Injected semaglutide.

12 **Network diagram for discontinuation due to adverse events**

13 **Figure 8 Network diagram for discontinuation due to adverse events<sup>1</sup>**

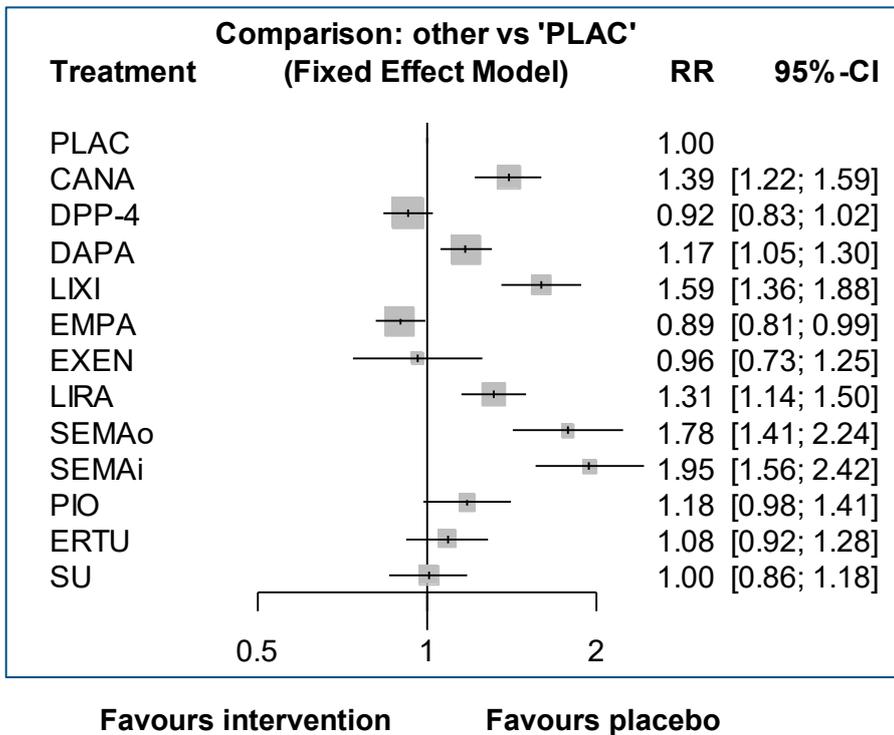


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15 <sup>1</sup> Line width is proportional to the number of trials comparing every pair of treatments.

1 **Caterpillar plot for discontinuation due to adverse events**

2 **Figure 9 Relative effectiveness of all options versus placebo. (Risk ratios with 95%**  
 3 **confidence intervals and line of no effect as the vertical line at 1).**



1 **Relative effectiveness chart for discontinuation due to adverse events**

2 **Table 27 Relative effectiveness of all pairwise combinations for discontinuation due to adverse events. Upper diagonal: risk ratios (RR)**  
 3 **with 95% confidence intervals from the pair-wise meta-analysis. RR less than 1 favour the row defining treatment. RRs greater**  
 4 **than 1 favour the column defining treatment.) Lower diagonal: RR with 95% confidence intervals from the from the NMA**  
 5 **results. RRs greater than 1 favour the row defining treatment, RRs less than 1 favour the column defining treatment.**

	CANA	DAPA	DPP-4	EMPA	ERTU	EXEN	LIRA	LIXI	PIO	SEMAi	SEMAo	SU	PLAC
CANA													1.39 (1.22; 1.59)
DAPA	1.19 (1.00; 1.41)												1.17 (1.05; 1.30)
DPP-4	1.51 (1.27; 1.79)	1.27 (1.09; 1.47)										0.92 (0.81; 1.04)	0.92 (0.83; 1.02)
EMPA	1.56 (1.32; 1.85)	1.31 (1.13; 1.52)	1.03 (0.89; 1.20)										0.89 (0.81; 0.99)
ERTU	1.28 (1.04; 1.59)	1.08 (0.89; 1.31)	0.85 (0.70; 1.04)	0.82 (0.68; 1.00)									1.08 (0.92; 1.28)
EXEN	1.45 (1.08; 1.96)	1.22 (0.91; 1.63)	0.96 (0.72; 1.28)	0.93 (0.70; 1.24)	1.13 (0.83; 1.55)								0.96 (0.73; 1.25)
LIRA	1.06 (0.88; 1.29)	0.89 (0.75; 1.06)	0.71 (0.59; 0.84)	0.68 (0.57; 0.81)	0.83 (0.67; 1.03)	0.73 (0.54; 0.99)							1.31 (1.14; 1.50)
LIXI	0.87 (0.71; 1.08)	0.73 (0.60; 0.89)	0.58 (0.48; 0.70)	0.56 (0.46; 0.68)	0.68 (0.54; 0.86)	0.60 (0.44; 0.82)	0.82 (0.67; 1.02)						1.59 (1.36; 1.88)
PIO	1.18 (0.95; 1.48)	0.99 (0.81; 1.23)	0.79 (0.64; 0.97)	0.76 (0.62; 0.94)	0.92 (0.72; 1.18)	0.82 (0.59; 1.13)	1.11 (0.89; 1.40)	1.36 (1.06; 1.73)					1.18 (0.98; 1.41)
SEMAi	0.72 (0.55; 0.93)	0.60 (0.47; 0.77)	0.47 (0.37; 0.61)	0.46 (0.36; 0.59)	0.56 (0.42; 0.73)	0.49 (0.35; 0.70)	0.67 (0.52; 0.87)	0.82 (0.62; 1.08)	0.60 (0.45; 0.80)				1.95 (1.56; 2.42)
SEMAo	0.78 (0.60; 1.02)	0.66 (0.51; 0.85)	0.52 (0.40; 0.67)	0.50 (0.39; 0.65)	0.61 (0.46; 0.81)	0.54 (0.38; 0.77)	0.74 (0.56; 0.96)	0.90 (0.68; 1.19)	0.66 (0.49; 0.88)	1.09 (0.80; 1.50)			1.78 (1.41; 2.24)
SU	1.39 (1.12; 1.71)	1.16 (0.96; 1.41)	0.92 (0.81; 1.04)	0.89 (0.73; 1.08)	1.08 (0.86; 1.36)	0.95 (0.70; 1.30)	1.30 (1.06; 1.61)	1.59 (1.26; 1.99)	1.17 (0.92; 1.49)	1.94 (1.48; 2.54)	1.77 (1.34; 2.35)		
PLAC	1.39 (1.22; 1.59)	1.17 (1.05; 1.30)	0.92 (0.83; 1.02)	0.89 (0.81; 0.99)	1.08 (0.92; 1.28)	0.96 (0.73; 1.25)	1.31 (1.14; 1.50)	1.59 (1.36; 1.88)	1.18 (0.98; 1.41)	1.95 (1.56; 2.42)	1.78 (1.41; 2.24)	1.00 (0.86; 1.18)	

6

1 **Probability ranking for discontinuation due to adverse events**

2 **Table 28 Probability that each intervention is one of the best treatments. Higher**  
3 **probabilities indicate that the intervention would be ranked as more**  
4 **effective.**

<b>Treatment</b>	<b>P-score (fixed effects)</b>
EMPA	0.9335
DPP-4	0.8913
EXEN	0.7916
PLAC	0.7313
SU	0.7203
ERTU	0.5995
DAPA	0.4812
PIO	0.4794
LIRA	0.3354
CANA	0.2693
LIXI	0.1541
SEMA <sub>o</sub>	0.0820
SEMA <sub>i</sub>	0.0311

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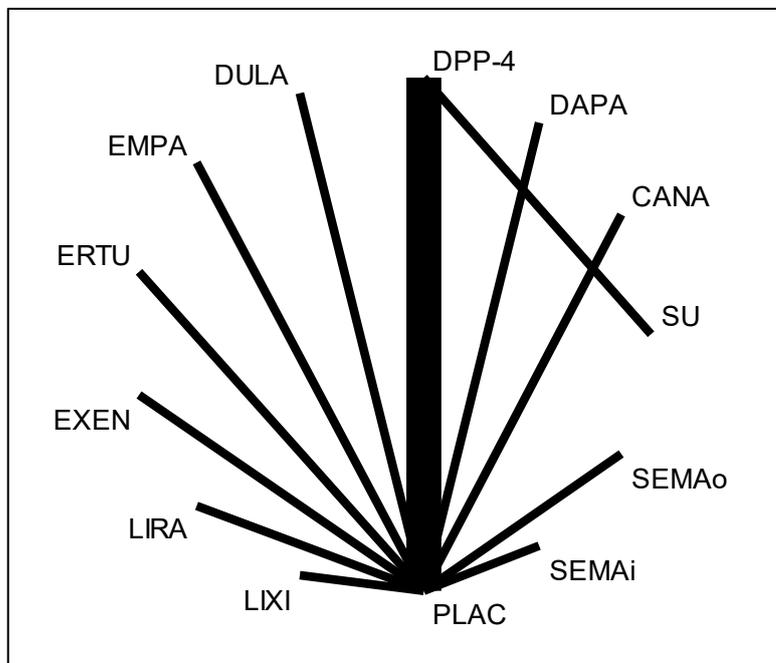
1 **Hospitalisation for heart failure**

2 The random effects model for hospitalised for heart failure generated a network diagram (see  
3 Figure 10). Data for this outcome was included from 15 RCTs. As specified by the  
4 committee, both the sulphonylureas and DPP-4 drugs were analysed at the class level,  
5 assuming the treatments within the class have the same effectiveness. Five trials included  
6 DPP-4 interventions, whilst the sulphonylurea class consisted of a single treatment  
7 (glimepiride). Other drugs were analysed at the individual level.

8 Abbreviations used in figures and tables: PLAC, Placebo; PIO, Pioglitazone; LIXI,  
9 Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin; EMPA, Empagliflozin;  
10 DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA,  
11 Canagliflozin; SU, Sulphonylurea; SEMAo, Oral semaglutide; SEMAi, Injected semaglutide.

12 **Network diagram for hospitalised due to heart failure**

13 **Figure 10 Network diagram for hospitalisation for heart failure<sup>1</sup>**

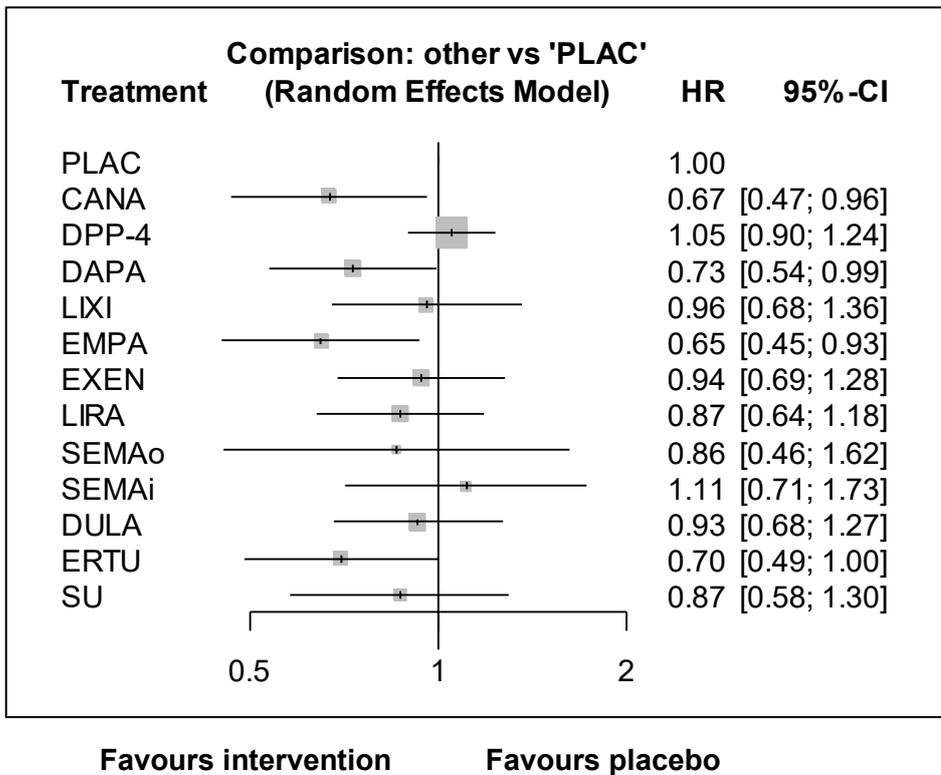


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15 <sup>1</sup> Line width is proportional to the number of trials comparing every pair of treatments.

1 **Caterpillar plot for hospitalisation for heart failure**

2 **Figure 11 Relative effectiveness of all options versus placebo. (Hazard ratios with 95%**  
 3 **confidence intervals and line of no effect as the vertical line at 1).**



1 **Relative effectiveness chart for hospitalisation for heart failure**

2 **Table 29 Relative effectiveness of all pairwise combinations for hospitalisation for heart failure. Upper diagonal: hazard ratios (HR) with**  
 3 **95% confidence intervals from the pair-wise meta-analysis. HR less than 1 favour the row defining treatment. HRs greater than**  
 4 **1 favour the column defining treatment.) Lower diagonal: HR with 95% confidence intervals from the from the NMA results.**  
 5 **HRs greater than 1 favour the row defining treatment, HRs less than 1 favour the column defining treatment.**

	CANA	DAPA	DPP-4	DULA	EMPA	ERTU	EXEN	LIRA	LIXI	SEMAi	SEMAo	SU	PLAC
CANA													0.67 (0.47; 0.96)
DAPA	0.92 (0.57; 1.47)												0.73 (0.54; 0.99)
DPP-4	0.64 (0.43; 0.94)	0.69 (0.49; 0.98)										1.21 (0.84; 1.75)	1.05 (0.90; 1.24)
DULA	0.72 (0.45; 1.16)	0.78 (0.51; 1.22)	1.13 (0.80; 1.61)										0.93 (0.68; 1.27)
EMPA	1.03 (0.62; 1.72)	1.12 (0.70; 1.81)	1.62 (1.09; 2.41)	1.43 (0.89; 2.31)									0.65 (0.45; 0.93)
ERTU	0.96 (0.58; 1.58)	1.04 (0.65; 1.67)	1.50 (1.02; 2.22)	1.33 (0.83; 2.13)	0.93 (0.56; 1.54)								0.70 (0.49; 1.00)
EXEN	0.71 (0.44; 1.14)	0.78 (0.50; 1.20)	1.12 (0.79; 1.59)	0.99 (0.64; 1.53)	0.69 (0.43; 1.11)	0.74 (0.46; 1.19)							0.94 (0.69; 1.28)
LIRA	0.77 (0.48; 1.23)	0.84 (0.54; 1.30)	1.21 (0.86; 1.71)	1.07 (0.69; 1.65)	0.75 (0.46; 1.20)	0.80 (0.50; 1.29)	1.08 (0.70; 1.67)						0.87 (0.64; 1.18)
LIXI	0.70 (0.42; 1.15)	0.76 (0.48; 1.21)	1.10 (0.75; 1.61)	0.97 (0.61; 1.55)	0.68 (0.41; 1.12)	0.73 (0.44; 1.20)	0.98 (0.61; 1.56)	0.91 (0.57; 1.44)					0.96 (0.68; 1.36)
SEMAi	0.60 (0.34; 1.07)	0.66 (0.38; 1.13)	0.95 (0.59; 1.52)	0.84 (0.49; 1.44)	0.59 (0.33; 1.04)	0.63 (0.36; 1.11)	0.85 (0.49; 1.46)	0.78 (0.46; 1.35)	0.86 (0.49; 1.52)				1.11 (0.71; 1.73)
SEMAo	0.78 (0.38; 1.62)	0.85 (0.42; 1.72)	1.22 (0.64; 2.36)	1.08 (0.53; 2.20)	0.76 (0.36; 1.57)	0.81 (0.39; 1.69)	1.09 (0.54; 2.22)	1.01 (0.50; 2.05)	1.12 (0.54; 2.31)	1.29 (0.59; 2.80)			0.86 (0.46; 1.62)
SU	0.77 (0.45; 1.32)	0.84 (0.51; 1.39)	1.21 (0.84; 1.75)	1.07 (0.64; 1.78)	0.75 (0.43; 1.28)	0.80 (0.47; 1.38)	1.08 (0.65; 1.80)	1.00 (0.60; 1.66)	1.10 (0.65; 1.88)	1.28 (0.70; 2.32)	0.99 (0.47; 2.10)		
PLAC	0.67 (0.47; 0.96)	0.73 (0.54; 0.99)	1.05 (0.90; 1.24)	0.93 (0.68; 1.27)	0.65 (0.45; 0.93)	0.70 (0.49; 1.00)	0.94 (0.69; 1.28)	0.87 (0.64; 1.18)	0.96 (0.68; 1.36)	1.11 (0.71; 1.73)	0.86 (0.46; 1.62)	0.87 (0.58; 1.30)	

6

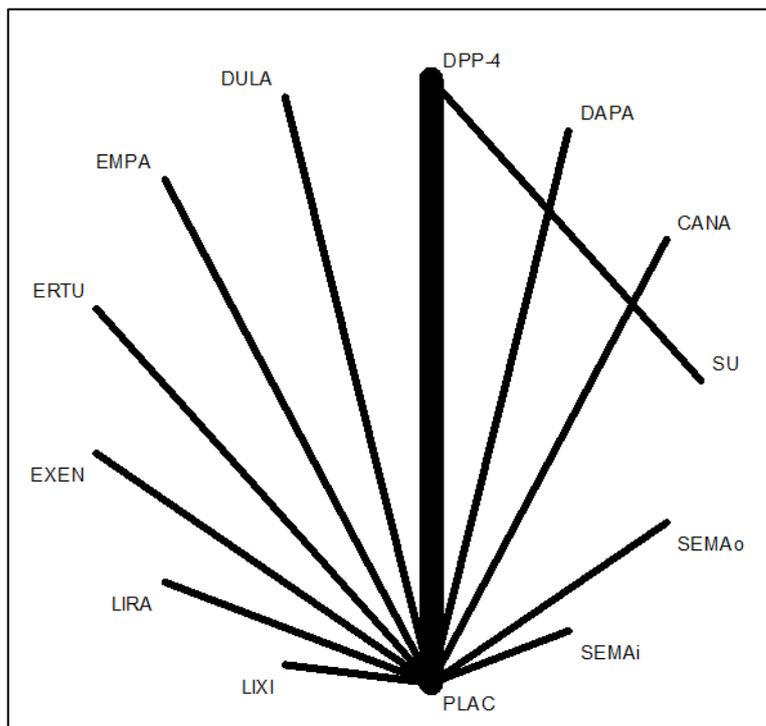
1 **Probability ranking for hospitalisation for heart failure**

2 **Table 30 Probability that each intervention is one of the best treatments. Higher**  
3 **probabilities indicate that the intervention would be ranked as more**  
4 **effective.**

<b>Treatment</b>	<b>P-score (random effects)</b>
EMPA	0.8418
CANA	0.8155
ERTU	0.7721
DAPA	0.7351
SEMAo	0.5054
LIRA	0.5030
SU	0.5004
DULA	0.4047
EXEN	0.3889
LIXI	0.3612
PLAC	0.2768
SEMAi	0.2030
DPP-4	0.1921

5

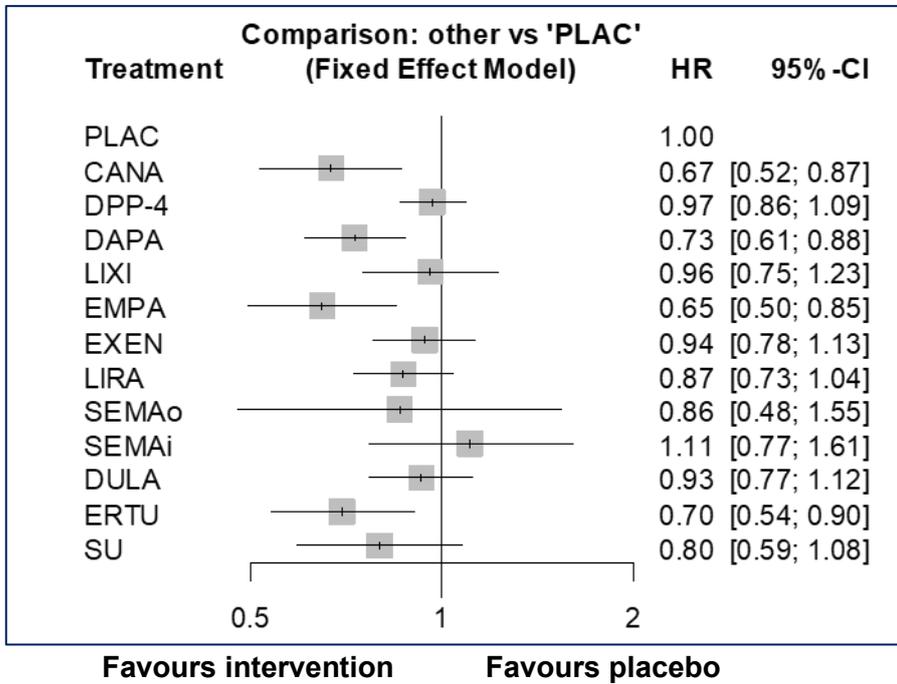
- 1 **Sensitivity analysis: hospitalisation for heart failure (minus SAVOR-TIMI 53**
- 2 **[saxagliptin versus placebo] and using fixed effects model)**
- 3 ***Network diagram for hospitalised due to heart failure***
- 4 **Figure 12 Network diagram for hospitalisation for heart failure<sup>1</sup>**



- 5
- 6 <sup>1</sup> Line width is proportional to the number of trials comparing every pair of treatments.

1 **Caterpillar plot for hospitalisation for heart failure**

2 **Figure 13 Relative effectiveness of all options minus saxagliptin versus placebo. (Risk**  
 3 **ratios with 95% confidence intervals and line of no effect as the vertical line**  
 4 **at 1).**



1 **Relative effectiveness chart for hospitalisation for heart failure (sensitivity analysis using fixed effects model)**

2 **Table 31 Relative effectiveness of all pairwise combinations for nonfatal stroke. Upper diagonal: risk ratios (RR) with 95% confidence**  
 3 **intervals from the pair-wise meta-analysis. RR less than 1 favour the row defining treatment. RRs greater than 1 favour the**  
 4 **column defining treatment.) Lower diagonal: RR with 95% confidence intervals from the from the NMA results. RRs greater**  
 5 **than 1 favour the row defining treatment, RRs less than 1 favour the column defining treatment.**

	CANA	DPP-4	DAPA	LIXI	EMPA	EXEN	LIRA	SEMAo	SEMAi	DULA	ERTU	SU	PLAC
CANA													0.67 (0.52; 0.87)
DPP-4	0.69 (0.52; 0.92)											1.21 (0.92; 1.59)	0.97 (0.86; 1.09)
DAPA	0.92 (0.67; 1.26)	1.33 (1.06; 1.65)											0.73 (0.61; 0.88)
LIXI	0.70 (0.49; 1.00)	1.01 (0.77; 1.33)	0.76 (0.56; 1.03)										0.96 (0.75; 1.23)
EMPA	1.03 (0.71; 1.49)	1.49 (1.11; 1.99)	1.12 (0.81; 1.55)	1.48 (1.03; 2.12)									0.65 (0.50; 0.85)
EXEN	0.71 (0.52; 0.98)	1.03 (0.82; 1.28)	0.78 (0.60; 1.01)	1.02 (0.75; 1.39)	0.69 (0.50; 0.96)								0.94 (0.78; 1.13)
LIRA	0.77 (0.56; 1.06)	1.11 (0.89; 1.38)	0.84 (0.65; 1.09)	1.10 (0.81; 1.50)	0.75 (0.54; 1.03)	1.08 (0.83; 1.40)							0.87 (0.73; 1.04)
SEMAo	0.78 (0.41; 1.48)	1.13 (0.62; 2.05)	0.85 (0.46; 1.57)	1.12 (0.59; 2.11)	0.76 (0.40; 1.44)	1.09 (0.59; 2.02)	1.01 (0.55; 1.87)						0.86 (0.48; 1.55)
SEMAi	0.60 (0.38; 0.95)	0.87 (0.59; 1.29)	0.66 (0.44; 0.99)	0.86 (0.55; 1.35)	0.59 (0.37; 0.92)	0.85 (0.56; 1.28)	0.78 (0.52; 1.18)	0.77 (0.39; 1.55)					1.11 (0.77; 1.61)
DULA	0.72 (0.52; 0.99)	1.04 (0.83; 1.30)	0.78 (0.60; 1.02)	1.03 (0.76; 1.41)	0.70 (0.51; 0.97)	1.01 (0.78; 1.32)	0.94 (0.72; 1.21)	0.92 (0.50; 1.71)	1.19 (0.79; 1.81)				0.93 (0.77; 1.12)
ERTU	0.96 (0.67; 1.38)	1.38 (1.04; 1.83)	1.04 (0.76; 1.43)	1.37 (0.96; 1.96)	0.93 (0.64; 1.34)	1.34 (0.98; 1.84)	1.24 (0.91; 1.70)	1.23 (0.65; 2.33)	1.59 (1.01; 2.48)	1.33 (0.97; 1.82)			0.70 (0.54; 0.90)
SU	0.84 (0.56; 1.24)	1.21 (0.92; 1.59)	0.91 (0.64; 1.30)	1.20 (0.81; 1.77)	0.81 (0.54; 1.21)	1.18 (0.83; 1.67)	1.09 (0.77; 1.54)	1.08 (0.56; 2.08)	1.39 (0.86; 2.23)	1.16 (0.82; 1.66)	0.88 (0.59; 1.30)		
PLAC	0.67 (0.52; 0.87)	0.97 (0.86; 1.09)	0.73 (0.61; 0.88)	0.96 (0.75; 1.23)	0.65 (0.50; 0.85)	0.94 (0.78; 1.13)	0.87 (0.73; 1.04)	0.86 (0.48; 1.55)	1.11 (0.77; 1.61)	0.93 (0.77; 1.12)	0.70 (0.54; 0.90)	0.80 (0.59; 1.08)	

6

1 **Probability ranking for hospitalisation for heart failure (sensitivity analysis using fixed**  
2 **effects model)**

3 **Table 32 Probability that each intervention is one of the best treatments. Higher**  
4 **probabilities indicate that the intervention would be ranked as more**  
5 **effective.**

<b>Treatment</b>	<b>P-score (fixed effects)</b>
EMPA	0.8772
CANA	0.8486
ERTU	0.8001
DAPA	0.7587
SU	0.6134
SEMAo	0.4887
LIRA	0.4884
DULA	0.3621
EXEN	0.3414
LIXI	0.3075
DPP-4	0.2775
PLAC	0.1927
SEMAi	0.1438

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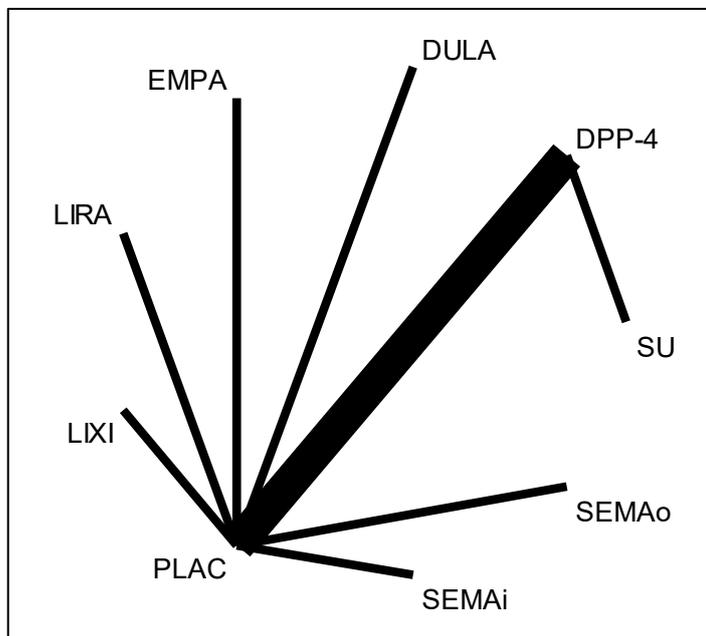
## 1 Hospitalisation for unstable angina

2 The fixed effects model for hospitalised for unstable angina generated a network diagram  
3 (see Figure 14). Data for this outcome was included from 11 RCTs. As specified by the  
4 committee, both the sulfonylureas and DPP-4 drugs were analysed at the class level,  
5 assuming the treatments within the class have the same effectiveness. Five trials included  
6 DPP-4 interventions, whilst the sulfonylurea class consisted of a single treatment  
7 (glimepiride). Other drugs were analysed at the individual level.

8 Abbreviations used in figures and tables: PLAC, Placebo; PIO, Pioglitazone; LIXI,  
9 Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin; EMPA, Empagliflozin;  
10 DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA,  
11 Canagliflozin; SU, Sulphonylurea; SEMAo, Oral semaglutide; SEMAi, Injected semaglutide.

## 12 Network diagram for hospitalisation for unstable angina

### 13 Figure 14 Network diagram for hospitalisation for unstable angina<sup>1</sup>

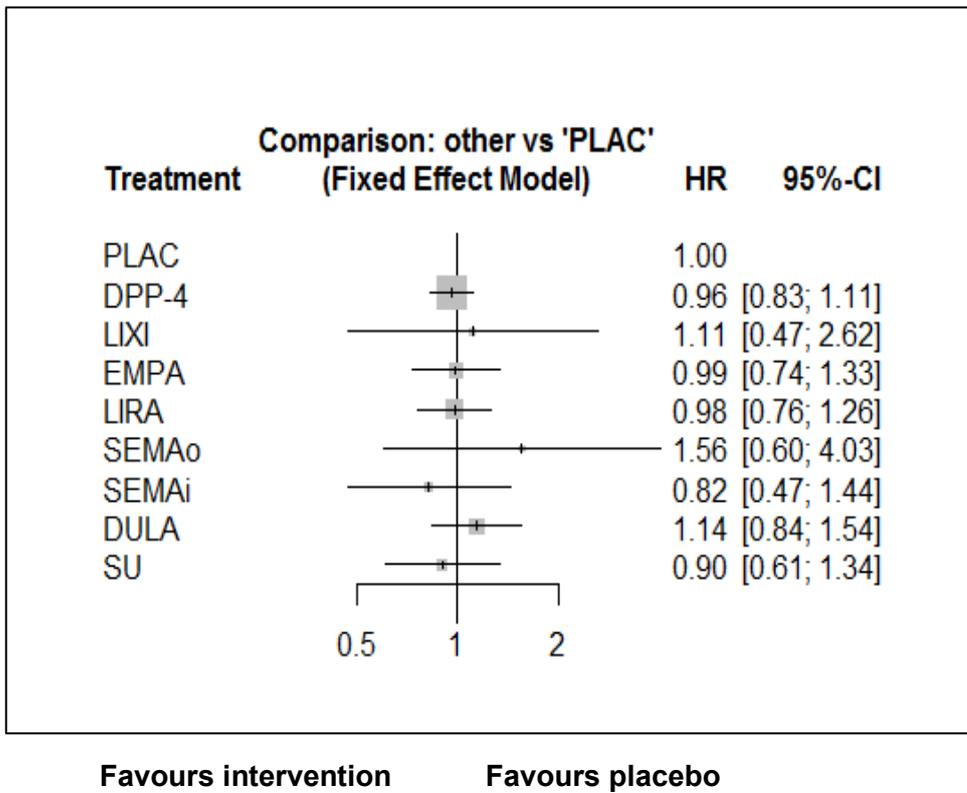


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15 <sup>1</sup> Line width is proportional to the number of trials comparing every pair of treatments.

1 **Caterpillar plot for hospitalisation for unstable angina**

2 **Figure 15 Relative effectiveness of all options versus placebo. (Hazard ratios with 95%**  
 3 **confidence intervals and line of no effect as the vertical line at 1).**



1 **Relative effectiveness chart for hospitalisation for unstable angina**

2 **Table 33 Relative effectiveness of all pairwise combinations for hospitalisation for unstable angina. Upper diagonal: hazard ratios (HR)**  
 3 **with 95% confidence intervals from the pair-wise meta-analysis. HR less than 1 favour the row defining treatment. HRs greater**  
 4 **than 1 favour the column defining treatment.) Lower diagonal: HR with 95% confidence intervals from the from the NMA**  
 5 **results. HRs greater than 1 favour the row defining treatment, HRs less than 1 favour the column defining treatment.**

	DPP-4	DULA	EMPA	LIRA	LIXI	SEMAi	SEMAo	SU	Placebo
DPP-4								1.07 (0.74; 1.54)	0.96 (0.83; 1.11)
DULA	0.84 (0.60; 1.18)								1.14 (0.84; 1.54)
EMPA	0.97 (0.70; 1.35)	1.15 (0.75; 1.76)							0.99 (0.74; 1.33)
LIRA	0.98 (0.73; 1.32)	1.16 (0.78; 1.73)	1.01 (0.68; 1.49)						0.98 (0.76; 1.26)
LIXI	0.87 (0.36; 2.07)	1.03 (0.41; 2.55)	0.89 (0.36; 2.21)	0.88 (0.36; 2.16)					1.11 (0.47; 2.62)
SEMAi	1.17 (0.66; 2.09)	1.39 (0.74; 2.63)	1.21 (0.64; 2.28)	1.20 (0.65; 2.21)	1.35 (0.49; 3.77)				0.82 (0.47; 1.44)
SEMAo	0.62 (0.24; 1.61)	0.73 (0.27; 1.98)	0.63 (0.23; 1.72)	0.63 (0.24; 1.68)	0.71 (0.20; 2.56)	0.53 (0.17; 1.58)			1.56 (0.60; 4.03)
SU	1.07 (0.74; 1.54)	1.27 (0.77; 2.08)	1.10 (0.67; 1.80)	1.09 (0.68; 1.74)	1.23 (0.48; 3.17)	0.91 (0.46; 1.81)	1.73 (0.62; 4.85)		
Placebo	0.96 (0.83; 1.11)	1.14 (0.84; 1.54)	0.99 (0.74; 1.33)	0.98 (0.76; 1.26)	1.11 (0.47; 2.62)	0.82 (0.47; 1.44)	1.56 (0.60; 4.03)	0.90 (0.61; 1.34)	

6

1 **Probability ranking for hospitalisation for unstable angina**

2 **Table 34 Probability that each intervention is one of the best treatments. Higher**  
3 **probabilities indicate that the intervention would be ranked as more**  
4 **effective.**

<b>Treatment</b>	<b>P-score (fixed effects)</b>
SEMAi	0.7426
SU	0.6708
DPP-4	0.5944
LIRA	0.5483
EMPA	0.5287
PLAC	0.4973
LIXI	0.4264
DULA	0.2980
SEMAo	0.1935

5

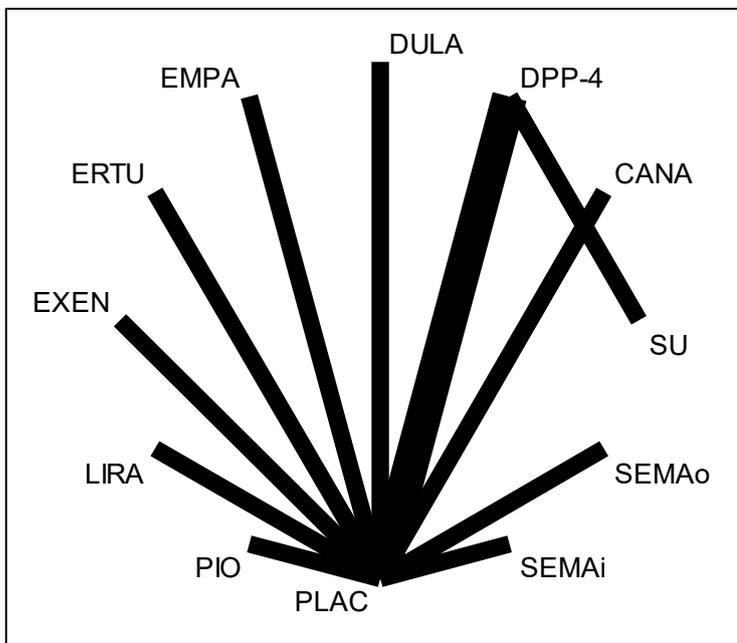
1 **Nonfatal myocardial infarction**

2 The fixed effects model for nonfatal myocardial infarction (MI) generated a network diagram  
3 (see Figure 16). Data for this outcome was included from 12 RCTs. As specified by the  
4 committee, both the sulfonylureas and DPP-4 drugs were analysed at the class level,  
5 assuming the treatments within the class have the same effectiveness. Three trials included  
6 DPP-4 interventions, whilst the sulfonylurea class consisted of a single treatment  
7 (glimepiride). Other drugs were analysed at the individual level.

8 Abbreviations used in figures and tables: PLAC, Placebo; PIO, Pioglitazone; LIXI,  
9 Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin; EMPA, Empagliflozin;  
10 DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA,  
11 Canagliflozin; SU, Sulphonylurea; SEMAo, Oral semaglutide; SEMAi, Injected semaglutide.

12 **Network diagram for nonfatal MI**

13 **Figure 16 Network diagram for nonfatal MI<sup>1</sup>**

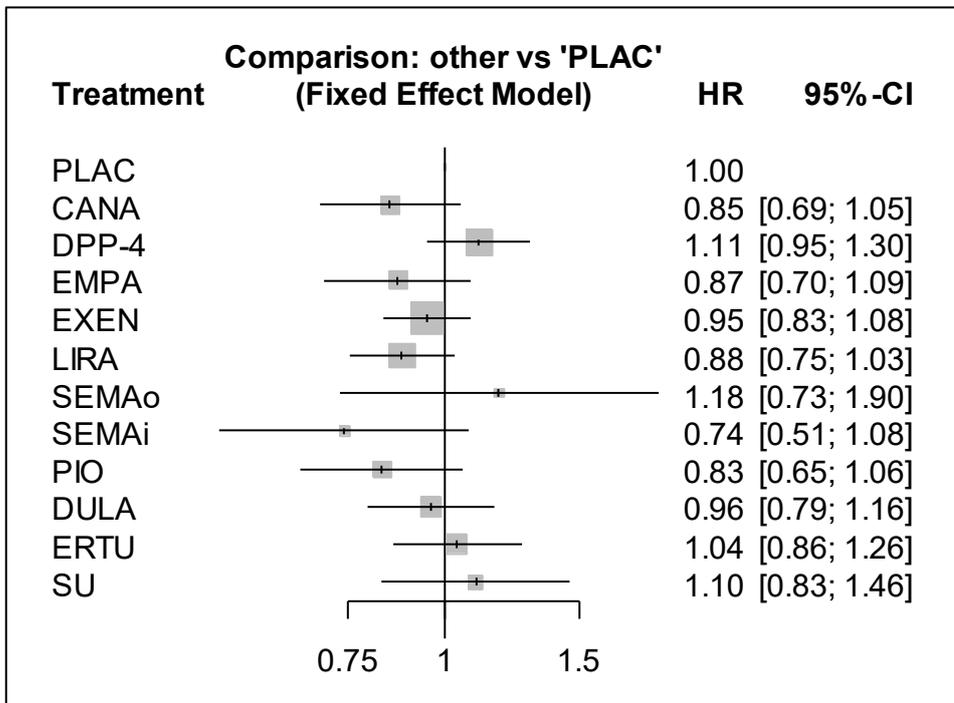


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15 <sup>1</sup> Line width is proportional to the number of trials comparing every pair of treatments.

1 **Caterpillar plot for nonfatal myocardial infarction**

2 **Figure 17 Relative effectiveness of all options versus placebo. (Hazard ratios with 95%**  
 3 **confidence intervals and line of no effect as the vertical line at 1).**



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Favours intervention

Favours placebo

1 **Relative effectiveness chart for nonfatal myocardial infarction**

2 **Table 35 Relative effectiveness of all pairwise combinations for nonfatal myocardial infarction. Upper diagonal: hazard ratios (HR) with**  
 3 **95% confidence intervals from the pair-wise meta-analysis. HR less than 1 favour the row defining treatment. HRs greater than**  
 4 **1 favour the column defining treatment.) Lower diagonal: HR with 95% confidence intervals from the from the NMA results.**  
 5 **HRs greater than 1 favour the row defining treatment, HRs less than 1 favour the column defining treatment.**

	CANA	DPP-4	DULA	EMPA	ERTU	EXEN	LIRA	PIO	SEMAi	SEMAo	SU	Placebo
CANA												0.85 (0.69; 1.05)
DPP-4	0.77 (0.59; 0.99)										1.01 (0.80; 1.28)	1.11 (0.95; 1.30)
DULA	0.89 (0.67; 1.18)	1.16 (0.90; 1.48)										0.96 (0.79; 1.16)
EMPA	0.98 (0.72; 1.33)	1.28 (0.97; 1.67)	1.10 (0.82; 1.48)									0.87 (0.70; 1.09)
ERTU	0.82 (0.61; 1.09)	1.07 (0.83; 1.37)	0.92 (0.70; 1.21)	0.84 (0.62; 1.12)								1.04 (0.86; 1.26)
EXEN	0.89 (0.70; 1.15)	1.17 (0.95; 1.43)	1.01 (0.80; 1.27)	0.92 (0.71; 1.18)	1.09 (0.87; 1.38)							0.95 (0.83; 1.08)
LIRA	0.97 (0.74; 1.26)	1.26 (1.01; 1.57)	1.09 (0.85; 1.40)	0.99 (0.75; 1.30)	1.18 (0.92; 1.52)	1.08 (0.88; 1.33)						0.88 (0.75; 1.03)
PIO	1.02 (0.74; 1.41)	1.34 (1.00; 1.79)	1.16 (0.85; 1.58)	1.05 (0.75; 1.46)	1.25 (0.92; 1.71)	1.14 (0.87; 1.51)	1.06 (0.79; 1.42)					0.83 (0.65; 1.06)
SEMAi	1.15 (0.75; 1.77)	1.50 (1.00; 2.25)	1.30 (0.85; 1.98)	1.18 (0.76; 1.82)	1.41 (0.92; 2.14)	1.28 (0.86; 1.91)	1.19 (0.79; 1.79)	1.12 (0.72; 1.76)				0.74 (0.51; 1.08)
SEMAo	0.72 (0.43; 1.21)	0.94 (0.57; 1.56)	0.81 (0.49; 1.36)	0.74 (0.44; 1.25)	0.88 (0.53; 1.48)	0.81 (0.49; 1.32)	0.75 (0.45; 1.23)	0.70 (0.41; 1.20)	0.63 (0.34; 1.15)			1.18 (0.73; 1.90)
SU	0.77 (0.54; 1.10)	1.01 (0.80; 1.28)	0.87 (0.62; 1.23)	0.79 (0.55; 1.13)	0.95 (0.67; 1.33)	0.86 (0.63; 1.18)	0.80 (0.58; 1.11)	0.76 (0.52; 1.10)	0.67 (0.42; 1.08)	1.07 (0.62; 1.87)		
Placebo	0.85 (0.69; 1.05)	1.11 (0.95; 1.30)	0.96 (0.79; 1.16)	0.87 (0.70; 1.09)	1.04 (0.86; 1.26)	0.95 (0.83; 1.08)	0.88 (0.75; 1.03)	0.83 (0.65; 1.06)	0.74 (0.51; 1.08)	1.18 (0.73; 1.90)	1.10 (0.83; 1.46)	

6

1 **Probability ranking for nonfatal MI**

2 **Table 36 Probability that each intervention is one of the best treatments. Higher**  
3 **probabilities indicate that the intervention would be ranked as more**  
4 **effective.**

<b>Treatment</b>	<b>P-score (fixed effects)</b>
SEMAi	0.8651
PIO	0.7672
CANA	0.7384
EMPA	0.6906
LIRA	0.6861
EXEN	0.5093
DULA	0.4801
PLAC	0.3611
ERTU	0.2994
SU	0.2310
SEMAo	0.2104
DPP-4	0.1614

5

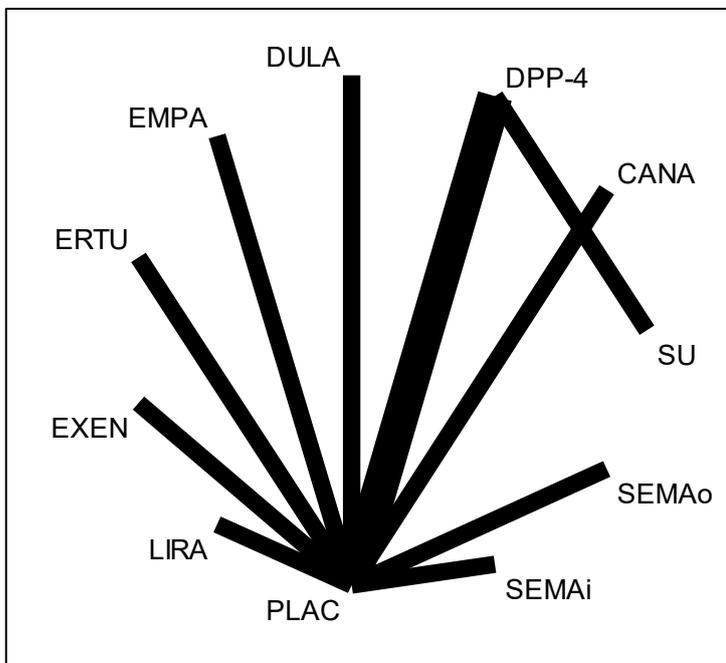
1 **Nonfatal stroke**

2 The fixed effects model for nonfatal stroke generated a network diagram (see Figure 18).  
3 Data for this outcome was included from 11 RCTs. As specified by the committee, both the  
4 sulfonylureas and DPP-4 drugs were analysed at the class level, assuming the treatments  
5 within the class have the same effectiveness. Three trials included DPP-4 interventions,  
6 whilst the sulfonylurea class consisted of a single treatment (glimepiride). Other drugs were  
7 analysed at the individual level.

8 Abbreviations used in figures and tables: PLAC, Placebo; PIO, Pioglitazone; LIXI,  
9 Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin; EMPA, Empagliflozin;  
10 DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA,  
11 Canagliflozin; SU, Sulphonylurea; SEMAo, Oral semaglutide; SEMAi, Injected semaglutide.

12 **Network diagram for nonfatal stroke**

13 **Figure 18 Network diagram for nonfatal stroke<sup>1</sup>**

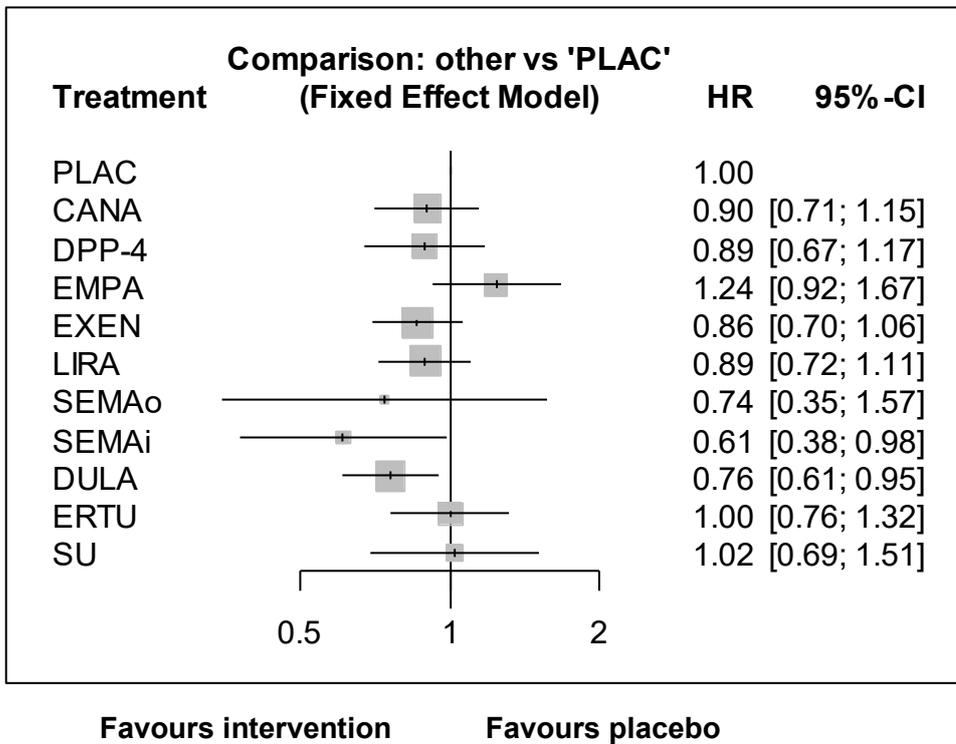


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15 <sup>1</sup> Line width is proportional to the number of trials comparing every pair of treatments.

1 **Caterpillar plot for nonfatal stroke**

2 **Figure 19 Relative effectiveness of all options versus placebo. (Hazard ratios with 95%**  
 3 **confidence intervals and line of no effect as the vertical line at 1).**



1 **Relative effectiveness chart for nonfatal stroke**

2 **Table 37 Relative effectiveness of all pairwise combinations for nonfatal stroke. Upper diagonal: hazard ratios (HR) with 95% confidence**  
 3 **intervals from the pair-wise meta-analysis. HR less than 1 favour the row defining treatment. HRs greater than 1 favour the**  
 4 **column defining treatment.) Lower diagonal: HR with 95% confidence intervals from the from the NMA results. HRs greater**  
 5 **than 1 favour the row defining treatment, HRs less than 1 favour the column defining treatment.**

	CANA	DPP-4	DULA	EMPA	ERTU	EXEN	LIRA	SEMAi	SEMAo	SU	Placebo
CANA											0.90 (0.71; 1.15)
DPP-4	1.01 (0.70; 1.46)									0.87 (0.66; 1.15)	0.89 (0.67; 1.17)
DULA	1.18 (0.85; 1.64)	1.17 (0.82; 1.67)									0.76 (0.61; 0.95)
EMPA	0.73 (0.49; 1.06)	0.72 (0.48; 1.08)	0.61 (0.42; 0.89)								1.24 (0.92; 1.67)
ERTU	0.90 (0.62; 1.30)	0.89 (0.60; 1.32)	0.76 (0.53; 1.08)	1.24 (0.83; 1.86)							1.00 (0.76; 1.32)
EXEN	1.05 (0.76; 1.44)	1.03 (0.73; 1.47)	0.88 (0.65; 1.20)	1.44 (1.00; 2.08)	1.16 (0.82; 1.65)						0.86 (0.70; 1.06)
LIRA	1.01 (0.73; 1.40)	1.00 (0.70; 1.42)	0.85 (0.63; 1.16)	1.39 (0.96; 2.01)	1.12 (0.79; 1.60)	0.97 (0.71; 1.31)					0.89 (0.72; 1.11)
SEMAi	1.48 (0.86; 2.52)	1.46 (0.84; 2.54)	1.25 (0.74; 2.11)	2.03 (1.16; 3.57)	1.64 (0.94; 2.85)	1.41 (0.84; 2.38)	1.46 (0.86; 2.47)				0.61 (0.38; 0.98)
SEMAo	1.22 (0.55; 2.68)	1.20 (0.54; 2.68)	1.03 (0.47; 2.25)	1.68 (0.75; 3.76)	1.35 (0.61; 3.01)	1.16 (0.53; 2.53)	1.20 (0.55; 2.63)	0.82 (0.34; 2.01)			0.74 (0.35; 1.57)
SU	0.88 (0.56; 1.40)	0.87 (0.66; 1.15)	0.74 (0.47; 1.17)	1.21 (0.74; 1.99)	0.98 (0.61; 1.58)	0.84 (0.54; 1.32)	0.87 (0.56; 1.36)	0.60 (0.32; 1.11)	0.72 (0.31; 1.69)		
Placebo	0.90 (0.71; 1.15)	0.89 (0.67; 1.17)	0.76 (0.61; 0.95)	1.24 (0.92; 1.67)	1.00 (0.76; 1.32)	0.86 (0.70; 1.06)	0.89 (0.72; 1.11)	0.61 (0.38; 0.98)	0.74 (0.35; 1.57)	1.02 (0.69; 1.51)	

6

1 **Probability ranking for nonfatal stroke**

2 **Table 38 Probability that each intervention is one of the best treatments. Higher**  
3 **probabilities indicate that the intervention would be ranked as more**  
4 **effective.**

<b>Treatment</b>	<b>P-score (fixed effects)</b>
SEMAi	0.8991
DULA	0.7782
SEMAo	0.6769
EXEN	0.5909
DPP-4	0.5365
LIRA	0.5282
CANA	0.5057
ERTU	0.3240
SU	0.3033
PLAC	0.2837
EMPA	0.0736

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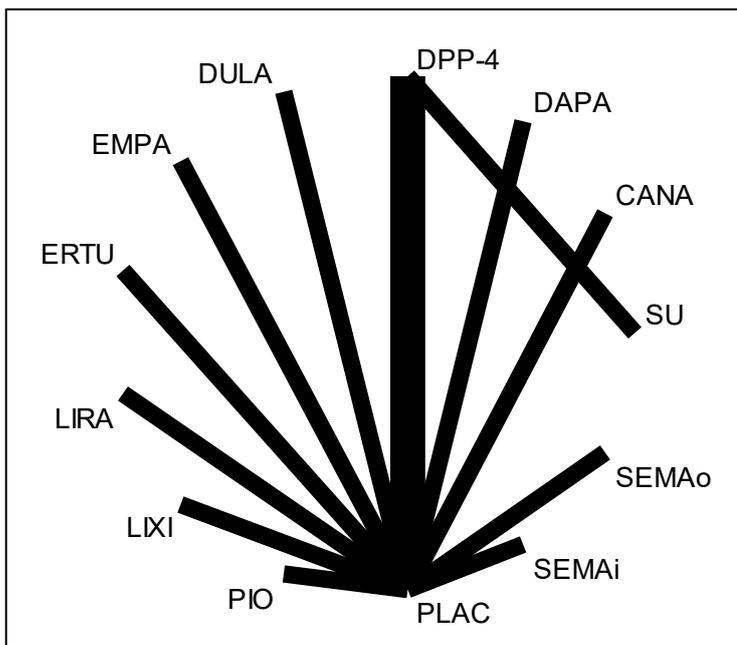
1 **Severe hypoglycaemia**

2 The fixed effects model for severe hypoglycaemia generated a network diagram (see [Figure](#)  
3 [20](#)). Data for this outcome was included from 13 RCTs. As specified by the committee, both  
4 the sulphonylureas and DPP-4 drugs were analysed at the class level, assuming the  
5 treatments within the class have the same effectiveness. Three trials included DPP-4  
6 interventions, whilst the sulphonylurea class consisted of a single treatment (glimepiride).  
7 Other drugs were analysed at the individual level. The committee reviewed the definitions of  
8 severe hypoglycaemic events used in the trials. They decided that the definition was  
9 sufficiently similar in 13 trials to compare the results in network meta-analysis. The 3  
10 remaining trials which differed by specifying that medical intervention (for example  
11 hospitalisation) were analysed in a pairwise manner ([see section 1.1.6](#)).

12 Abbreviations used in figures and tables: PLAC, Placebo; PIO, Pioglitazone; LIXI,  
13 Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin; EMPA, Empagliflozin;  
14 DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA,  
15 Canagliflozin; SU, Sulphonylurea; SEMAo, Oral semaglutide; SEMAi, Injected semaglutide.

16 **Network diagram for severe hypoglycaemia**

17 **Figure 20 Network diagram for severe hypoglycaemia<sup>1</sup>**

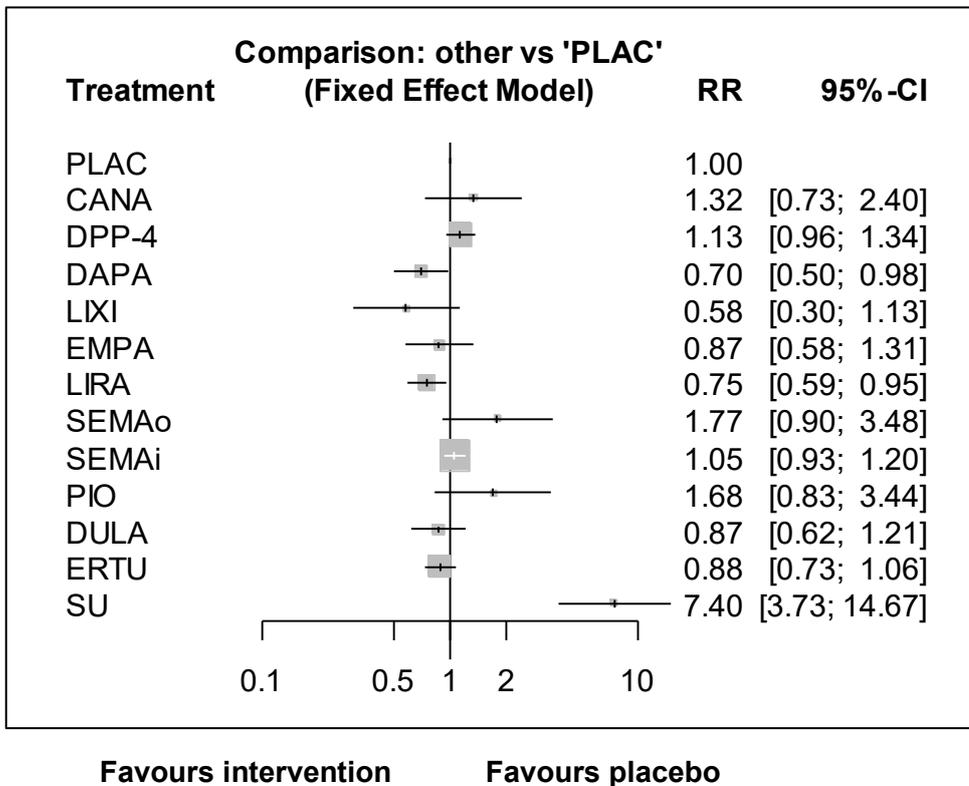


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19 <sup>1</sup> Line width is proportional to the number of trials comparing every pair of treatments.

1 **Caterpillar plot for severe hypoglycaemia**

2 **Figure 21 Relative effectiveness of all options versus placebo. (Risk ratios with 95%**  
 3 **confidence intervals and line of no effect as the vertical line at 1).**



1 **Relative effectiveness chart for severe hypoglycaemia**

2 **Table 39 Relative effectiveness of all pairwise combinations for nonfatal stroke. Upper diagonal: risk ratios (RR) with 95% confidence**  
 3 **intervals from the pair-wise meta-analysis. RR less than 1 favour the row defining treatment. RRs greater than 1 favour the**  
 4 **column defining treatment.) Lower diagonal: RR with 95% confidence intervals from the from the NMA results. RRs greater**  
 5 **than 1 favour the row defining treatment, RRs less than 1 favour the column defining treatment.**

	CANA	DAPA	DPP-4	DULA	EMPA	ERTU	LIRA	LIXI	PIO	SEMAi	SEMAo	SU	Placebo
CANA													1.32 (0.73; 2.40)
DAPA	1.90 (0.96; 3.75)												0.70 (0.50; 0.98)
DPP-4	1.17 (0.63; 2.17)	0.62 (0.42; 0.90)										0.15 (0.08; 0.30)	1.13 (0.96; 1.34)
DULA	1.53 (0.77; 3.02)	0.81 (0.50; 1.29)	1.31 (0.90; 1.90)										0.87 (0.62; 1.21)
EMPA	1.52 (0.74; 3.12)	0.80 (0.47; 1.36)	1.30 (0.84; 2.02)	0.99 (0.59; 1.68)									0.87 (0.58; 1.31)
ERTU	1.51 (0.81; 2.82)	0.80 (0.54; 1.17)	1.29 (1.01; 1.66)	0.99 (0.67; 1.45)	0.99 (0.64; 1.56)								0.88 (0.73; 1.06)
LIRA	1.78 (0.94; 3.37)	0.94 (0.62; 1.41)	1.52 (1.13; 2.04)	1.16 (0.77; 1.75)	1.17 (0.73; 1.87)	1.17 (0.87; 1.59)							0.75 (0.59; 0.95)
LIXI	2.27 (0.94; 5.50)	1.20 (0.57; 2.50)	1.94 (0.99; 3.83)	1.48 (0.71; 3.10)	1.49 (0.69; 3.23)	1.50 (0.76; 2.97)	1.28 (0.64; 2.57)						0.58 (0.30; 1.13)
PIO	0.79 (0.31; 1.99)	0.41 (0.19; 0.91)	0.67 (0.32; 1.40)	0.51 (0.23; 1.13)	0.52 (0.23; 1.18)	0.52 (0.25; 1.09)	0.44 (0.21; 0.94)	0.35 (0.13; 0.91)					1.68 (0.83; 3.44)
SEMAi	1.26 (0.68; 2.30)	0.66 (0.46; 0.95)	1.07 (0.87; 1.33)	0.82 (0.57; 1.17)	0.83 (0.54; 1.26)	0.83 (0.66; 1.04)	0.71 (0.54; 0.93)	0.55 (0.28; 1.08)	1.60 (0.77; 3.30)				1.05 (0.93; 1.20)
SEMAo	0.75 (0.30; 1.84)	0.39 (0.19; 0.84)	0.64 (0.32; 1.29)	0.49 (0.23; 1.04)	0.49 (0.22; 1.08)	0.49 (0.25; 1.00)	0.42 (0.21; 0.86)	0.33 (0.13; 0.85)	0.95 (0.36; 2.54)	0.60 (0.30; 1.19)			1.77 (0.90; 3.48)
SU	0.18 (0.07; 0.44)	0.09 (0.04; 0.20)	0.15 (0.08; 0.30)	0.12 (0.05; 0.25)	0.12 (0.05; 0.26)	0.12 (0.06; 0.24)	0.10 (0.05; 0.21)	0.08 (0.03; 0.20)	0.23 (0.08; 0.61)	0.14 (0.07; 0.29)	0.24 (0.09; 0.63)		
Placebo	1.32 (0.73; 2.40)	0.70 (0.50; 0.98)	1.13 (0.96; 1.34)	0.87 (0.62; 1.21)	0.87 (0.58; 1.31)	0.88 (0.73; 1.06)	0.75 (0.59; 0.95)	0.58 (0.30; 1.13)	1.68 (0.83; 3.44)	1.05 (0.93; 1.20)	1.77 (0.90; 3.48)	7.40 (3.73; 14.67)	

6

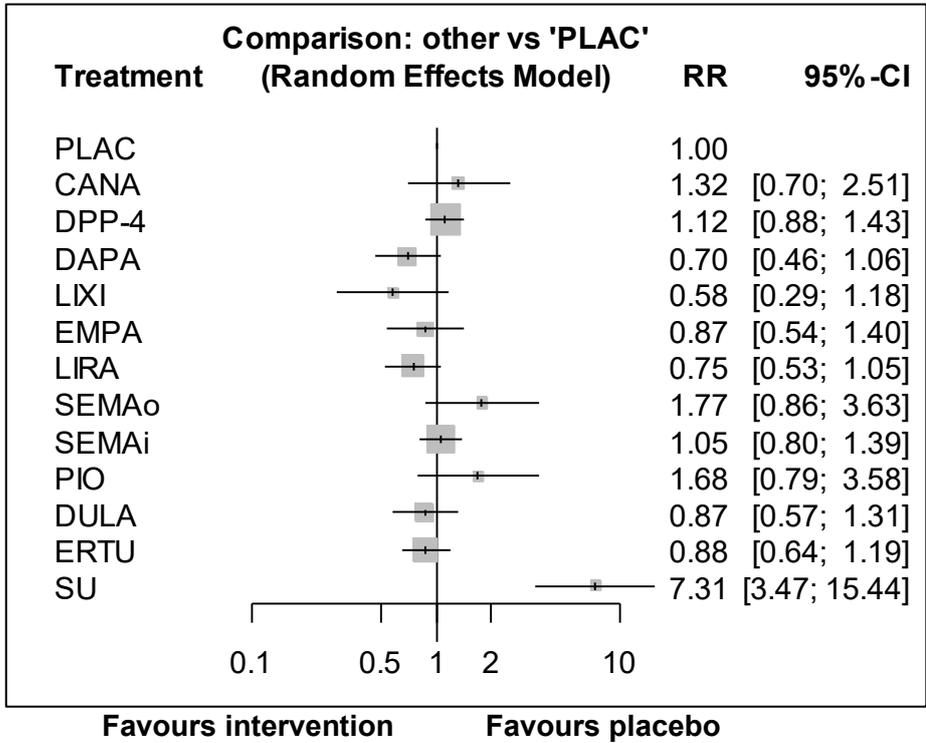
1 **Probability ranking for severe hypoglycaemia**

2 **Table 40 Probability that each intervention is one of the best treatments. Higher**  
3 **probabilities indicate that the intervention would be ranked as more**  
4 **effective.**

<b>Treatment</b>	<b>P-score (fixed effects)</b>
LIXI	0.9024
DAPA	0.8612
LIRA	0.8245
DULA	0.6669
ERTU	0.6696
EMPA	0.6527
PLAC	0.5024
SEMAi	0.4159
DPP-4	0.3355
CANA	0.2993
PIO	0.1968
SEMAo	0.1724
SU	0.0003

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- 1 **Sensitivity analysis: severe hypoglycaemia (using random effects model)**
- 2 ***Caterpillar plot for severe hypoglycaemia***
- 3 **Figure 22 Relative effectiveness of all options versus placebo. (Risk ratios with 95% confidence intervals and line of no effect as the vertical line at 1).**
- 4



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1 **Relative effectiveness chart for severe hypoglycaemia (sensitivity analysis using random effects model)**

2 **Table 41 Relative effectiveness of all pairwise combinations for nonfatal stroke. Upper diagonal: risk ratios (RR) with 95% confidence**  
 3 **intervals from the pair-wise meta-analysis. RR less than 1 favour the row defining treatment. RRs greater than 1 favour the**  
 4 **column defining treatment.) Lower diagonal: RR with 95% confidence intervals from the from the NMA results. RRs greater**  
 5 **than 1 favour the row defining treatment, RRs less than 1 favour the column defining treatment.**

	CANA	DAPA	DPP-4	DULA	EMPA	ERTU	LIRA	LIXI	PIO	SEMAi	SEMAo	SU	PLAC
CANA													1.32 (0.70; 2.51)
DAPA	1.90 (0.88; 4.06)												0.70 (0.46; 1.06)
DPP-4	1.18 (0.60; 2.34)	0.62 (0.39; 1.01)										0.15 (0.08; 0.31)	1.12 (0.88; 1.43)
DULA	1.53 (0.71; 3.28)	0.81 (0.45; 1.45)	1.29 (0.80; 2.09)										0.87 (0.57; 1.31)
EMPA	1.52 (0.68; 3.37)	0.80 (0.43; 1.50)	1.29 (0.76; 2.19)	0.99 (0.53; 1.86)									0.87 (0.54; 1.40)
ERTU	1.51 (0.74; 3.08)	0.80 (0.48; 1.33)	1.28 (0.87; 1.89)	0.99 (0.59; 1.65)	0.99 (0.57; 1.75)								0.88 (0.64; 1.19)
LIRA	1.78 (0.86; 3.67)	0.94 (0.55; 1.60)	1.50 (0.99; 2.28)	1.16 (0.68; 1.98)	1.17 (0.65; 2.09)	1.17 (0.74; 1.86)							0.75 (0.53; 1.05)
LIXI	2.27 (0.88; 5.87)	1.20 (0.53; 2.70)	1.92 (0.92; 4.03)	1.48 (0.66; 3.34)	1.49 (0.64; 3.48)	1.50 (0.70; 3.23)	1.28 (0.59; 2.78)						0.58 (0.29; 1.18)
PIO	0.79 (0.29; 2.11)	0.41 (0.18; 0.98)	0.67 (0.30; 1.47)	0.51 (0.22; 1.21)	0.52 (0.21; 1.26)	0.52 (0.23; 1.17)	0.44 (0.19; 1.01)	0.35 (0.12; 0.97)					1.68 (0.79; 3.58)
SEMAi	1.26 (0.62; 2.52)	0.66 (0.40; 1.09)	1.06 (0.74; 1.53)	0.82 (0.50; 1.35)	0.83 (0.48; 1.43)	0.83 (0.55; 1.25)	0.71 (0.46; 1.09)	0.55 (0.26; 1.17)	1.60 (0.72; 3.56)				1.05 (0.80; 1.39)
SEMAo	0.75 (0.29; 1.96)	0.39 (0.17; 0.90)	0.63 (0.30; 1.35)	0.49 (0.21; 1.12)	0.49 (0.21; 1.16)	0.49 (0.23; 1.08)	0.42 (0.19; 0.93)	0.33 (0.12; 0.90)	0.95 (0.34; 2.70)	0.60 (0.28; 1.29)			1.77 (0.86; 3.63)
SU	0.18 (0.07; 0.48)	0.10 (0.04; 0.22)	0.15 (0.08; 0.31)	0.12 (0.05; 0.28)	0.12 (0.05; 0.29)	0.12 (0.05; 0.27)	0.10 (0.04; 0.23)	0.08 (0.03; 0.22)	0.23 (0.08; 0.67)	0.14 (0.07; 0.32)	0.24 (0.09; 0.68)		
PLAC	1.32 (0.70; 2.51)	0.70 (0.46; 1.06)	1.12 (0.88; 1.43)	0.87 (0.57; 1.31)	0.87 (0.54; 1.40)	0.88 (0.64; 1.19)	0.75 (0.53; 1.05)	0.58 (0.29; 1.18)	1.68 (0.79; 3.58)	1.05 (0.80; 1.39)	1.77 (0.86; 3.63)	7.31 (3.47; 15.44)	

6

1 **Probability ranking for severe hypoglycaemia (sensitivity analysis using random**  
2 **effects model)**

3 **Table 42 Probability that each intervention is one of the best treatments. Higher**  
4 **probabilities indicate that the intervention would be ranked as more**  
5 **effective.**

<b>Treatment</b>	<b>P-score (fixed effects)</b>
LIXI	0.8876
DAPA	0.8371
LIRA	0.7998
DULA	0.6561
ERTU	0.6535
EMPA	0.6448
PLAC	0.5010
SEMAi	0.4434
DPP-4	0.3738
CANA	0.3126
PIO	0.2072
SEMAo	0.1826
SU	0.0006

6

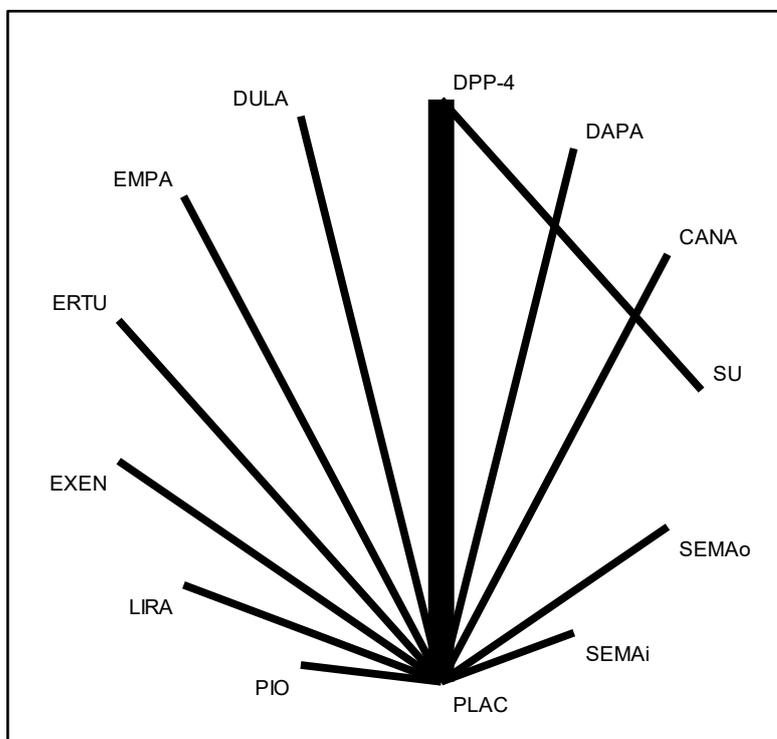
1 **3-point MACE**

2 The fixed effects model for 3-point MACE (major adverse cardiovascular events, comprising  
3 cardiovascular death, nonfatal MI and nonfatal stroke) generated a network diagram (See  
4 Figure 23 ). Data for this outcome was included from 14 RCTs. As specified by the  
5 committee, both the sulfonylureas and DPP-4 drugs were analysed at the class level,  
6 assuming the treatments within the class have the same effectiveness. Three trials included  
7 DPP-4 interventions, whilst the sulfonylurea class consisted of a single treatment  
8 (glimepiride). Other drugs were analysed at the individual level.

9 Abbreviations used in figures and tables: PLAC, Placebo; PIO, Pioglitazone; LIXI,  
10 Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin; EMPA, Empagliflozin;  
11 DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA,  
12 Canagliflozin; SU, Sulphonylurea; SEMAo, Oral semaglutide; SEMAi, Injected semaglutide.

13 **Network diagram for 3-point MACE**

14 **Figure 23 Network diagram for 3-point MACE<sup>1</sup>**



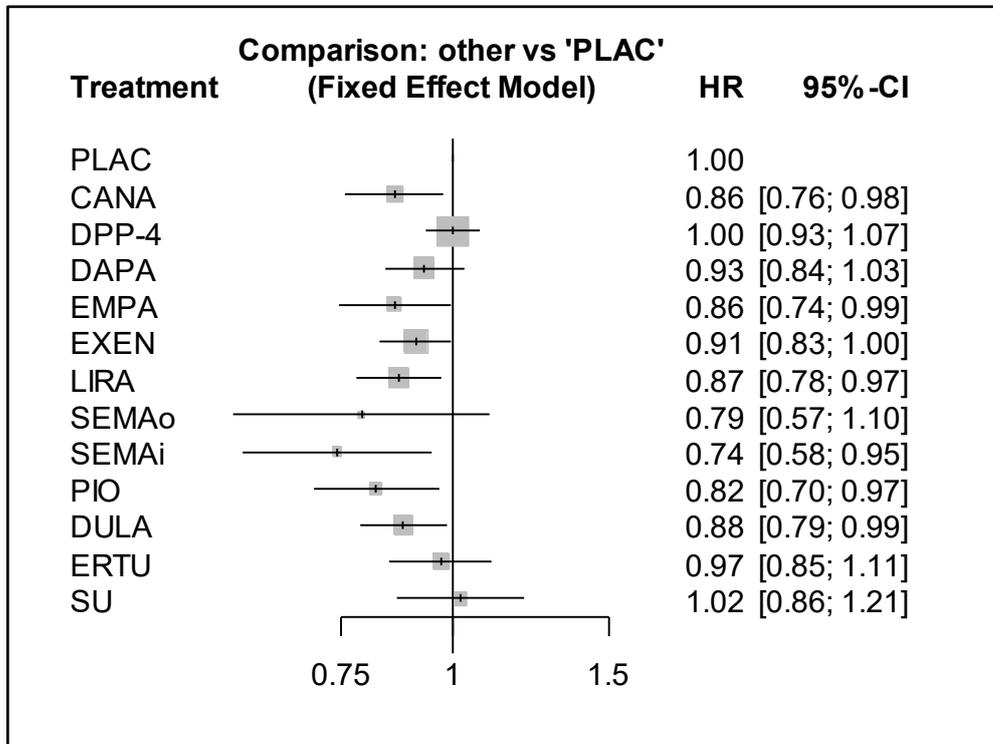
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16 <sup>1</sup> Line width is proportional to the number of trials comparing every pair of treatments

1

2 **Caterpillar plot for 3-point MACE**

3 **Figure 24 Relative effectiveness of all options versus placebo. (Hazard ratios with 95%**  
 4 **confidence intervals and line of no effect as the vertical line at 1).**



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**Favours intervention**

**Favours placebo**

1 **Relative effectiveness chart for 3-point MACE**

2 **Table 43 Relative effectiveness of all pairwise combinations for 3-point MACE. Upper diagonal: hazard ratios (HR) with 95% confidence**  
 3 **intervals from the pair-wise meta-analysis. HR less than 1 favour the row defining treatment. HRs greater than 1 favour the**  
 4 **column defining treatment.) Lower diagonal: HR with 95% confidence intervals from the from the NMA results. HRs greater**  
 5 **than 1 favour the row defining treatment, HRs less than 1 favour the column defining treatment. (Results highlighted red**  
 6 **indicate statistically significant differences).**

	CANA	DPP-4	DAPA	EMPA	EXEN	LIRA	SEMAo	SEMAi	PIO	DULA	ERTU	SU	Placebo
CANA													0.86 (0.76; 0.98)
DPP-4	0.86 (0.74; 0.99)											0.98 (0.84; 1.14)	1.00 (0.93; 1.07)
DAPA	0.92 (0.78; 1.09)	1.08 (0.95; 1.22)											0.93 (0.84; 1.03)
EMPA	1.00 (0.82; 1.21)	1.16 (0.99; 1.37)	1.08 (0.91; 1.29)										0.86 (0.74; 0.99)
EXEN	0.95 (0.81; 1.11)	1.10 (0.98; 1.24)	1.02 (0.89; 1.17)	0.95 (0.80; 1.12)									0.91 (0.83; 1.00)
LIRA	0.99 (0.84; 1.17)	1.15 (1.01; 1.31)	1.07 (0.92; 1.24)	0.99 (0.82; 1.19)	1.05 (0.91; 1.21)								0.87 (0.78; 0.97)
SEMAo	1.09 (0.76; 1.56)	1.27 (0.90; 1.78)	1.18 (0.83; 1.67)	1.09 (0.76; 1.57)	1.15 (0.81; 1.63)	1.10 (0.78; 1.56)							0.79 (0.57; 1.10)
SEMAi	1.16 (0.88; 1.53)	1.35 (1.05; 1.75)	1.26 (0.96; 1.64)	1.16 (0.87; 1.55)	1.23 (0.94; 1.60)	1.18 (0.90; 1.54)	1.07 (0.71; 1.62)						0.74 (0.58; 0.95)
PIO	1.05 (0.85; 1.29)	1.22 (1.02; 1.46)	1.13 (0.94; 1.37)	1.05 (0.84; 1.31)	1.11 (0.92; 1.34)	1.06 (0.87; 1.29)	0.96 (0.66; 1.40)	0.90 (0.67; 1.21)					0.82 (0.70; 0.97)
DULA	0.98 (0.82; 1.16)	1.14 (1.00; 1.30)	1.06 (0.91; 1.23)	0.98 (0.81; 1.17)	1.03 (0.89; 1.20)	0.99 (0.85; 1.16)	0.90 (0.63; 1.28)	0.84 (0.64; 1.10)	0.93 (0.76; 1.14)				0.88 (0.79; 0.99)
ERTU	0.89 (0.74; 1.07)	1.03 (0.89; 1.20)	0.96 (0.81; 1.13)	0.89 (0.73; 1.08)	0.94 (0.80; 1.10)	0.90 (0.75; 1.07)	0.81 (0.57; 1.17)	0.76 (0.58; 1.01)	0.85 (0.68; 1.04)	0.91 (0.76; 1.08)			0.97 (0.85; 1.11)
SU	0.84 (0.68; 1.04)	0.98 (0.84; 1.14)	0.91 (0.75; 1.11)	0.84 (0.67; 1.05)	0.89 (0.74; 1.08)	0.85 (0.70; 1.04)	0.77 (0.53; 1.12)	0.72 (0.54; 0.98)	0.80 (0.64; 1.01)	0.86 (0.70; 1.05)	0.95 (0.77; 1.18)		
PLAC	0.86 (0.76; 0.98)	1.00 (0.93; 1.07)	0.93 (0.84; 1.03)	0.86 (0.74; 0.99)	0.91 (0.83; 1.00)	0.87 (0.78; 0.97)	0.79 (0.57; 1.10)	0.74 (0.58; 0.95)	0.82 (0.70; 0.97)	0.88 (0.79; 0.99)	0.97 (0.85; 1.11)	1.02 (0.86; 1.21)	

7

1 **Probability ranking for 3-point MACE**

2 **Table 44 Probability that each intervention is one of the best treatments. Higher**  
 3 **probabilities indicate that the intervention would be ranked as more**  
 4 **effective.**

Treatment	P-score (fixed effects)	Rank
SEMAi	0.8898	6
PIO	0.7614	7
SEMAo	0.7470	8
CANA	0.6536	9
EMPA	0.6473	10
LIRA	0.6248	11
DULA	0.5873	12
EXEN	0.4764	13
DAPA	0.4013	14
ERTU	0.2691	15
DPP-4	0.1509	16
SU	0.1499	17
PLAC	0.1412	18

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## 1 Appendix H - NMA summary tables

### 2 Table 45 Summary of NMA results showing where treatments are better than another treatment based on an MID.

3 The following outcomes use the default MIDs of 0.8, 1.25. The columns list the treatments, and the rows list the outcomes. Within each box, the  
4 treatments listed represent results where there was an improvement in that outcome (the text in **bold** represents situations where the 95% CI does  
5 not cross the line of no effect **and** the effect treatment point estimate meets or exceeds the MID; the text which is not bold represents situations  
6 where the 95% CI does not cross the line of no effect **and** the effect point estimate treatment is less than the MID). Results have been reversed  
7 where necessary to ensure that they are presented as improvements. Boxes with dashes represent cases where the NMA could not differentiate  
8 between treatments (the 95% CI crosses the line of no effect, and it is not completely within the MID) or in cases where the difference was not  
9 meaningful (the 95% CI is completely within the MID).

10 Abbreviations are as follows: PLAC, Placebo; PIO, Pioglitazone; LIXI, Lixisenatide; LIRA, Liraglutide; EXEN, Exenatide; ERTU, Ertugliflozin;  
11 EMPA, Empagliflozin; DULA, Dulaglutide; DPP-4, Dipeptidyl peptidase-4 inhibitors; DAPA, Dapagliflozin; CANA, Canagliflozin; SU, Sulphonylurea;  
12 SEMAo, Oral semaglutide; SEMAi, Injected semaglutide. N/A is used when the treatment was not represented in the NMA. See [section 1.1.3](#) for  
13 more details on the interpretation of results.

14

TREATMENTS														
OUTCOME	PLAC	CANA	DPP-4	DAPA	LIXI	EMPA	EXEN	LIRA	SEMAo	SEMAi	PIO	DULA	ERTU	SU
IMPROVEMENTS COMPARED TO:														
All-cause mortality	-	SU	-	-	-	SU DPP-4 PLAC CANA DAPA DULA ERTU EXEN LIXI	SU DPP-4 PLAC	SU DPP-4 PLAC	SU DPP-4 PLAC	-	-	SU	-	-

TREATMENTS														
OUTCOME	PLAC	CANA	DPP-4	DAPA	LIXI	EMPA	EXEN	LIRA	SEMAo	SEMAi	PIO	DULA	ERTU	SU
						PIO SEMAi			PIO SEMAi					
<b>Cardiovascular mortality</b>	-	-	-	-	-	SU DPP-4 PLAC CANA DAPA LIXI DULA ERTU EXEN PIO	-	DPP-4 PLAC	SU DPP-4 PLAC DAPA LIXI	-	-	-	-	-
<b>Any discontinuation</b>	SEMAo	SEMAo LIXI	SEMAo SEMAi LIXI	SEMAo SEMAi LIXI CANA PIO	SEMAo SU	SEMAo SEMAi LIXI CANA PIO DULA EXEN SU PLAC	SEMAo SEMAi LIXI	N/A	-	SEMAo	SEMAo	SEMAo SEMAi LIXI	SEMAo SEMAi LIXI CANA PIO SU PLAC	SEMAo SEMAi LIXI
<b>Discontinuation due to adverse events</b>	SEMAo SEMAi LIXI CANA DAPA LIRA	SEMAi	SEMAo SEMAi LIXI CANA DAPA LIRA PIO	SEMAo SEMAi LIXI	-	SEMAo SEMAi LIXI CANA DAPA LIRA PIO	SEMAo SEMAi LIXI CANA LIRA	SEMAo SEMAi	-	-	SEMAo SEMAi LIXI	N/A	SEMAo SEMAi LIXI CANA	SEMAo SEMAi LIXI CANA LIRA

TREATMENTS														
OUTCOME	PLAC	CANA	DPP-4	DAPA	LIXI	EMPA	EXEN	LIRA	SEMAo	SEMAi	PIO	DULA	ERTU	SU
Hospitalisation for heart failure	-	DPP-4 PLAC	-	DPP-4 PLAC	-	DPP-4 PLAC	-	-	-	-	N/A	-	DPP-4	-
Hospitalisation for unstable angina	-	N/A	-	N/A	-	-	N/A	-	-	-	N/A	-	N/A	-
Nonfatal MI	-	DPP-4	-	N/A	N/A	-	-	DPP-4	-	-	-	-	-	-
Nonfatal stroke	-	-	-	N/A	N/A	-	-	-	-	EMPA PLAC	N/A	EMPA PLAC	-	-
Severe hypoglycaemia	SU	SU	SU	SU PLAC DPP-4 PIO SEMAi SEMAo	SU PIO SEMAo	SU	N/A	SU PLAC DPP-4 PIO SEMAi SEMAo	SU	SU	SU	SU	SU DPP-4	-
3-POINT mace	-	DPP-4 PLAC	-	-	N/A	PLAC	-	DPP-4 PLAC	-	DPP-4 PLAC SU	DPP-4 PLAC	PLAC	-	-

1

2

## 1 Appendix I – GRADE tables

## 2 Network meta-analysis

No. of studies	Study design	Sample size	Effect estimates	Risk of bias	Indirectness	Inconsistency	Imprecision	Quality
<b>All-cause mortality</b>								
16 studies	RCT	146,500	See appendix G	Not serious	Not serious	Not serious	Not serious	High
<b>Cardiovascular mortality</b>								
16 studies	RCT	146,500	See appendix G	Not serious	Not serious	Not serious	Not serious	High
<b>Any discontinuation</b>								
15 studies	RCT	134,523	See appendix G	Not serious	Not serious	Not serious	Not serious	High
<b>Discontinuation due to adverse events</b>								
13 studies	RCT	102,756	See appendix G	Not serious	Not serious	Not serious	Not serious	High
<b>Hospitalisation for heart failure</b>								
15 studies	RCT	141,262	See appendix G	Not serious	Not serious	Serious <sup>1</sup>	Not serious	Moderate
<b>Hospitalisation for unstable angina</b>								
11 studies	RCT	88,216	See appendix G	Not serious	Not serious	Not serious	Serious <sup>2</sup>	Moderate
<b>Nonfatal myocardial infarction</b>								
12 studies	RCT	92,257	See appendix G	Not serious	Not serious	Not serious	Not serious	High
<b>Nonfatal stroke</b>								
11 studies	RCT	87,019	See appendix G	Not serious	Not serious	Not serious	Not serious	High
<b>Severe hypoglycaemia</b>								
13 studies	RCT	109,061	See appendix G	Not serious	Not serious	Not serious	Not serious	High
<b>3-point major adverse cardiovascular events (MACE) composite outcome</b>								
14 studies	RCT	132,298	See appendix G	Not serious	Not serious	Not serious	Not serious	High
<b>Sensitivity analyses</b>								
<b>Any discontinuation (using random effects model)</b>								
15 studies	RCT	134,523	See appendix G	Not serious	Not serious	Not serious	Not serious	High

<b>Severe hypoglycaemia (using random effects model)</b>								
13 studies	RCT	109,061	See appendix G	Not serious	Not serious	Not serious	Not serious	High
<b>Hospitalisation for heart failure (using fixed effects model and omitting the SAVOR-TIMI 53 [saxagliptin] study)</b>								
14 studies	RCT	122,024	See appendix G	Not serious	Not serious	Not serious	Not serious	High
<ol style="list-style-type: none"> <li>1. The network was downgraded one level as the <math>I^2</math> was greater than 50%.</li> <li>2. It was not possible to differentiate between any meaningfully distinct treatments options in the network (based on of the 95% confidence intervals for all the comparison crossing the line of no effect). The sample size was sufficiently large that difference could plausibly have been detected so this outcome was only downgraded once.</li> </ol>								

o

## 1 Pairwise meta-analysis

2 These tables only show the pairwise results for treatments that could not be included in the relevant NMA.

## 3 Dapagliflozin versus placebo

4 Table 46 GRADE table for Dapagliflozin versus placebo

No. of studies	Study design	Sample size	Effect size* (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Risk of bias	Indirectness	Inconsistency	Imprecision	Quality
<b>Myocardial infarction (unclear if fatal or nonfatal) (HR&lt;1 favour dapagliflozin)</b>										
1 (Wiviott et al 2019)	RCT	17,160	HR 0.89 (0.78 to 1.02)	51 per 1000	45 per 1000 (40 to 52)	Not serious	Not serious	N/A	Serious <sup>1</sup>	Moderate
<b>Ischaemic stroke (unclear if fatal or nonfatal) (HR&lt;1 favour dapagliflozin)</b>										
1 (Wiviott et al 2019)	RCT	17,160	HR 1.01 (0.84 to 1.21)	27 per 1000	27 per 1000 (23 to 33)	Not serious	Not serious	N/A	Not serious	High
1. Downgraded once for imprecision: the 95% confidence interval for the effect size crossed the lower MID line (0.80)										

## 5 Saxagliptin versus placebo

6 Table 47 GRADE table for Saxagliptin versus placebo

No. of studies	Study design	Sample size	Effect size* (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Risk of bias	Indirectness	Inconsistency	Imprecision	Quality
<b>Myocardial infarction (unclear if fatal or nonfatal) (HR&lt;1 favours saxagliptin)</b>										
1 (Scirica et al 2013)	RCT	16,492	HR 0.95	34 per 1000	32 per 1000 (27 to 38)	Not serious	Not serious	N/A	Serious <sup>1</sup>	Moderate

No. of studies	Study design	Sample size	Effect size* (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Risk of bias	Indirectness	Inconsistency	Imprecision	Quality
			(0.80 to 1.12)							
<b>Ischaemic stroke (unclear if fatal or nonfatal) (HR&lt;1 favours saxagliptin)</b>										
1 (Scirica et al 2013)	RCT	16,492	HR 1.11 (0.88 to 1.40)	17 per 1000	19 per 1000 (15 to 24)	Not serious	Not serious	N/A	Serious <sup>2</sup>	Moderate
1. Downgraded once for imprecision: the 95% confidence interval for the effect size crossed the lower MID line (0.80)										
2. Downgraded once for imprecision: the 95% confidence interval for the effect size crossed the upper MID line (1.25)										

## 1 Lixisenatide versus placebo

### 2 Table 48 GRADE table for Lixisenatide versus placebo

No. of studies	Study design	Sample size	Effect size* (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Risk of bias	Indirectness	Inconsistency	Imprecision	Quality
<b>Myocardial infarction (fatal and nonfatal) (HR&lt;1 favours lixisenatide)</b>										
1 (Pfeffer et al 2013)	RCT	6,068	HR 1.03 (0.87 to 1.22)	86 per 1000	89 per 1000 (75 to 105)	Not serious	Not serious	N/A	Not serious	High
<b>Stroke (fatal and nonfatal) (HR&lt;1 favours lixisenatide)</b>										
1 (Pfeffer et al 2013)	RCT	6,068	HR 1.12 (0.79 to 1.58)	20 per 1000	22 per 1000 (16 to 32)	Not serious	Not serious	N/A	Very serious <sup>1</sup>	Low
1. Downgraded twice for imprecision: the 95% confidence interval for the effect size crossed both sides of MID (0.8, 1.25)										

## 1 DPP-4 versus placebo

### 2 Table 49 GRADE table for DPP-4 versus placebo

No. of studies	Study design	Sample size	Effect size* (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Risk of bias	Indirectness	Inconsistency	Imprecision	Quality
<b>Sitagliptin</b>										
<b>Myocardial infarction (fatal and nonfatal) (HR&lt;1 favours sitagliptin)</b>										
1 (Green et al 2013)	RCT	14,671	HR 0.95 (0.81 to 1.11)	43 per 1000	41 per 1000 (35 to 48)	Not serious	Not serious	N/A	Not serious	High
<b>Stroke (fatal and nonfatal) (HR&lt;1 favours sitagliptin)</b>										
1 (Green et al 2013)	RCT	14,671	HR 0.97 (0.79 to 1.19)	25 per 1000	24 per 1000 (20 to 30)	Not serious	Not serious	N/A	Serious <sup>1</sup>	Moderate
<b>Sitagliptin and Alogliptin</b>										
<b>Severe hypoglycaemia (RR&lt;1 favours DPP-4)</b>										
2 (Green et al 2013; White et al 2013)	RCTs	19,903	RR 1.15 (0.92 to 1.44)	14 per 1000	16 per 1000 (13 to 20)	Not serious	Not serious	Not serious	Serious <sup>1</sup>	Moderate
1. Downgraded once for imprecision: the upper or lower bound of the 95% confidence interval for the effect size crossed the line of minimal important difference once (0.80 or 1.25)										

## 3 Pioglitazone versus placebo

### 4 Table 50 GRADE table for Pioglitazone versus placebo

No. of studies	Study design	Sample size	Effect size* (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Risk of bias	Indirectness	Inconsistency	Imprecision	Quality
<b>Stroke (not further defined) (HR&lt;1 favours pioglitazone)</b>										

No. of studies	Study design	Sample size	Effect size* (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Risk of bias	Indirectness	Inconsistency	Imprecision	Quality
1 (Wilcox et al 2008)	RCT	5,238	HR 0.81 (0.61 to 1.07)	41 per 1000	33 per 1000 (25 to 44)	Not serious	Not serious	N/A	Serious <sup>1</sup>	Moderate

1. Downgraded once for imprecision: the 95% confidence interval for the effect size crossed the lower MID line (0.80)

## 1 Exenatide versus placebo

### 2 Table 51 GRADE table for Exenatide versus placebo

No. of studies	Study design	Sample size	Effect size* (95% CI)	Absolute risk: control	Absolute risk intervention (95% CI)	Risk of bias	Indirectness	Inconsistency	Imprecision	Quality
<b>Severe hypoglycaemia (RR&lt;1 favours exenatide)</b>										
1 (Holman et al 2017)	RCT	14,716	RR 1.13 (0.95 to 1.35)	30 per 1000	34 per 1000 (29 to 41)	Not serious	Not serious	N/A	Serious <sup>1</sup>	Moderate

1. Downgraded once for imprecision: the 95% confidence interval for the effect size crossed the upper MID line (1.25)

3

1 **Appendix J – Economic evidence study selection**

2 Following the approach outlined in [Section 1.1.7](#), no economic studies were identified that  
3 matched the criteria specified in the review.

4

1 **Appendix K – Economic evidence tables**

2 Following the approach outlined in Section 1.1.7, no economic studies were identified that  
3 matched the criteria specified in the review.

4

5

1 **Appendix L – Health economic model**

2 Details of the health economic model can be found in the separate health economic model  
3 report.

4

## 1 Appendix M– Excluded studies

### M.1.121 Clinical

Study	Reason
Ahren, Bo, Johnson Susan, L, Stewart, Murray et al. (2014) HARMONY 3: 104-week randomized, double-blind, placebo- and active-controlled trial assessing the efficacy and safety of albiglutide compared with placebo, sitagliptin, and glimepiride in patients with type 2 diabetes taking metformin. <i>Diabetes care</i> 37(8): 2141-8	Study does not contain a relevant intervention: <i>Albiglutide a GLP-1 agonist that is not available in the UK.</i>
Anholm, Christian, Kumarathurai, Preman, Pedersen Lene, R et al. (2017) Liraglutide effects on beta-cell, insulin sensitivity and glucose effectiveness in patients with stable coronary artery disease and newly diagnosed type 2 diabetes. <i>Diabetes, obesity &amp; metabolism</i> 19(6): 850-857	Study did not meet the review protocol: <i>The intervention was not against mixed treatment background. The washout period in the crossover was not the 4-6 weeks detailed in the protocol. The outcomes were also not CVOT and no time to event data was presented.</i>
Berg David, D, Wiviott Stephen, D, Scirica Benjamin, M et al. (2019) Heart Failure Risk Stratification and Efficacy of Sodium-Glucose Cotransporter-2 Inhibitors in Patients With Type 2 Diabetes Mellitus. <i>Circulation</i> 140(19): 1569-1577	Secondary publication of an included study that does not provide any additional relevant information: <i>Not time-to-event CV outcome data.</i>
Bilal, Anika and Pratley Richard, E (2018) Cardiovascular Outcomes Trials Update: Insights from the DEVOTE Trial. <i>Current diabetes reports</i> 18(11): 102	Study does not contain a relevant intervention: <i>Insulin versus insulin.</i>
Brown A, J.M, Gandy, S, McCrimmon, R et al. (2020) A randomized controlled trial of dapagliflozin on left ventricular hypertrophy in people with type two diabetes: the DAPA-LVH trial. <i>European heart journal</i> 41(36): 3421-3432	Excluded on outcomes: <i>Outcomes not reported as time-to-event (HR/K-M curve). Primary outcome (Left ventricular mass - MRI assessed) and secondary outcomes not specified in protocol.</i>
Carbone, S, Billingsley H, E, Canada J, M et al. (2020) The effects of canagliflozin compared to sitagliptin on cardiorespiratory fitness in type 2 diabetes mellitus and heart failure with reduced ejection fraction: The CANA-HF study. <i>Diabetes/Metabolism Research and Reviews</i> 36(8): e3335	Duplicate reference (see below).
Carbone, S, Billingsley H, E, Canada J, M et al. (2020) The Effects of Canagliflozin compared to Sitagliptin on Cardiorespiratory Fitness in Type 2 Diabetes Mellitus and Heart Failure with Reduced Ejection Fraction: Results of the CANA-HF Study.	Excluded on outcome and follow-up period: <i>Not time-to-event data, and follow-up at 12 weeks.</i>

Study	Reason
Diabetes/metabolism research and reviews: e3335	
de Boer R, A, Nunez, J, Kozlovski, P et al. (2020) Effects of the dual sodium-glucose linked transporter inhibitor, licogliflozin vs placebo or empagliflozin in patients with type 2 diabetes and heart failure. <i>British Journal of Clinical Pharmacology</i> 86(7): 1346-1356	Excluded as not a relevant study design: <i>Inadequate length of study follow-up.</i>
Fuchigami, Ayako, Shigiyama, Fumika, Kitazawa, Toru et al. (2020) Efficacy of dapagliflozin versus sitagliptin on cardiometabolic risk factors in Japanese patients with type 2 diabetes: a prospective, randomized study (DIVERSITY-CVR). <i>Cardiovascular diabetology</i> 19(1): 1	Excluded on outcomes: <i>No time-to-event CV outcomes.</i>
Hiramatsu, Takeyuki, Asano, Yuko, Mabuchi, Masatsuna et al. (2018) Liraglutide relieves cardiac dilated function than DPP-4 inhibitors. <i>European journal of clinical investigation</i> 48(10): e13007	Excluded as not a relevant study design: <i>longitudinal observational study.</i>
Home P, D, Shamanna, P, Stewart, M et al. (2015) Efficacy and tolerability of albiglutide versus placebo or pioglitazone over 1 year in people with type 2 diabetes currently taking metformin and glimepiride: HARMONY 5. <i>Diabetes, obesity &amp; metabolism</i> 17(2): 179-87	Excluded on intervention: <i>Albiglutide a GLP-1 agonist that is not available in the UK.</i>
Hong, Jie, Zhang, Yifei, Lai, Shenghan et al. (2013) Effects of metformin versus glipizide on cardiovascular outcomes in patients with type 2 diabetes and coronary artery disease. <i>Diabetes care</i> 36(5): 1304-11	Excluded as not a relevant study design: <i>The intervention was not against mixed treatment background.</i>
Hughes Alun, David, Park, Chloe, March, Katherine et al. (2013) A randomized placebo controlled double blind crossover study of pioglitazone on left ventricular diastolic function in type 2 diabetes. <i>International journal of cardiology</i> 167(4): 1329-32	Excluded as not a relevant study design: <i>Washout period for cross over was shorter than specified in the protocol, no time-to-event CV data.</i>
Husain, M, Bain S, C, Jeppesen O, K et al. (2020) Semaglutide (SUSTAIN and PIONEER) reduces cardiovascular events in type 2 diabetes across varying cardiovascular risk. <i>Diabetes, Obesity and Metabolism</i> 22(3): 442-451	Excluded as not a primary study: <i>Systematic review used as source of primary studies.</i>

Study	Reason
Iacobellis, Gianluca and Gra-Menendez, Silvia (2020) Effects of Dapagliflozin on Epicardial Fat Thickness in Patients with Type 2 Diabetes and Obesity. <i>Obesity</i> (Silver Spring, Md.) 28(6): 1068-1074	Excluded as outcome was not in scope: <i>Outcome (epicardial fat thickness) not in protocol.</i>
Ishikawa, Shinji, Shimano, Masayuki, Watarai, Masato et al. (2014) Impact of sitagliptin on carotid intima-media thickness in patients with coronary artery disease and impaired glucose tolerance or mild diabetes mellitus. <i>The American journal of cardiology</i> 114(3): 384-8	Excluded as outcome was not in scope: <i>Outcome (carotid intima thickness) not in protocol.</i>
Januzzi James L, Jr, Butler, Javed, Jarolim, Petr et al. (2017) Effects of Canagliflozin on Cardiovascular Biomarkers in Older Adults With Type 2 Diabetes. <i>Journal of the American College of Cardiology</i> 70(6): 704-712	Excluded as outcome was not in scope: <i>Outcome (cardiovascular biomarkers) not in protocol.</i>
Jensen, Jesper, Omar, Massar, Kistorp, Caroline et al. (2019) Empagliflozin in heart failure patients with reduced ejection fraction: a randomized clinical trial (Empire HF). <i>Trials</i> 20(1): 374	Excluded as not a relevant study design: <i>Trial protocol only.</i>
Jhund P, S, Solomon S, D, Docherty K, F et al. (2020) Efficacy of Dapagliflozin on Renal Function and Outcomes in Patients with Heart Failure with Reduced Ejection Fraction: Results of DAPA-HF. <i>Circulation</i>	Excluded as does not contain a population of people with T2D: <i>Population with T2D &lt;85% specified in the protocol.</i>
Kaku, Kohei, Daida, Hiroyuki, Kashiwagi, Atsunori et al. (2009) Long-term effects of pioglitazone in Japanese patients with type 2 diabetes without a recent history of macrovascular morbidity. <i>Current medical research and opinion</i> 25(12): 2925-32	Excluded as the comparator in study does not match that specified in protocol: <i>No active control arm.</i>
Kosiborod, Mikhail, Gause-Nilsson, Ingrid, Xu, John et al. (2017) Efficacy and safety of dapagliflozin in patients with type 2 diabetes and concomitant heart failure. <i>Journal of diabetes and its complications</i> 31(7): 1215-1221	Excluded as not a primary study: <i>Systematic review used as source of primary studies.</i>
Kumarathurai, Preman, Anholm, Christian, Fabricius-Bjerre, Andreas et al. (2017) Effects of the glucagon-like peptide-1 receptor agonist liraglutide on 24-h ambulatory blood pressure in patients with type 2 diabetes and stable coronary artery disease: a randomized, double-blind,	Excluded as outcome was not in scope: <i>Outcome (ambulatory blood pressure) not in protocol.</i>

Study	Reason
<p>placebo-controlled, crossover study. Journal of hypertension 35(5): 1070-1078</p>	
<p>Kumarathurai, Preman, Anholm, Christian, Nielsen Olav, W et al. (2016) Effects of the glucagon-like peptide-1 receptor agonist liraglutide on systolic function in patients with coronary artery disease and type 2 diabetes: a randomized double-blind placebo-controlled crossover study. Cardiovascular diabetology 15(1): 105</p>	<p>Excluded as outcome was not in scope: <i>Outcome (systolic function) not in protocol.</i></p>
<p>Li, B, Luo Y, R, Tian, F et al. (2020) Sitagliptin attenuates the progression of coronary atherosclerosis in patients with coronary disease and type 2 diabetes. Atherosclerosis 300: 10-18</p>	<p>Exclude as comparator in study does not match that specified in protocol: <i>Control is Acarbose (excluded as intervention / comparator in protocol)</i></p>
<p>Lincoff, A Michael, Wolski, Kathy, Nicholls, Stephen J et al. (2007) Pioglitazone and risk of cardiovascular events in patients with type 2 diabetes mellitus: a meta-analysis of randomized trials. JAMA 298(10): 1180-8</p>	<p>Excluded as not a primary study: <i>Systematic review used as source of primary studies.</i></p>
<p>Maruhashi, Tatsuya, Higashi, Yukihito, Kihara, Yasuki et al. (2016) Long-term effect of sitagliptin on endothelial function in type 2 diabetes: a sub-analysis of the PROLOGUE study. Cardiovascular diabetology 15(1): 134</p>	<p>Excluded as outcome was not in scope: <i>Outcome (HbA1c) not in protocol.</i></p>
<p>McMurray John J, V, Ponikowski, Piotr, Bolli Geremia, B et al. (2018) Effects of Vildagliptin on Ventricular Function in Patients With Type 2 Diabetes Mellitus and Heart Failure: A Randomized Placebo-Controlled Trial. JACC. Heart failure 6(1): 8-17</p>	<p>Excluded as not a relevant study design: <i>Inadequate length of follow-up.</i></p>
<p>McMurray John J, V, Solomon Scott, D, Inzucchi Silvio, E et al. (2019) Dapagliflozin in Patients with Heart Failure and Reduced Ejection Fraction. The New England journal of medicine 381(21): 1995-2008</p>	<p>Excluded as does not contain a population of people with T2D: <i>Rate of people with T2D &lt;85% specified in the protocol.</i></p>
<p>Nassif M, E, Windsor, S, Tang, F et al. (2019) Dapagliflozin effects on biomarkers, symptoms, and functional status in patients with heart failure with reduced ejection fraction. Circulation 140(18): 042929</p>	<p>Excluded as duplicate reference (see below).</p>
<p>Nassif Michael, E, Windsor Sheryl, L, Tang, Fengming et al. (2019) Dapagliflozin Effects on Biomarkers, Symptoms, and Functional</p>	<p>Excluded on outcome and study population: <i>Main paper for define-HF, follow-up was 12 weeks, no hazard ratio for main outcome</i></p>

Study	Reason
Status in Patients With Heart Failure With Reduced Ejection Fraction: The DEFINE-HF Trial. <i>Circulation</i> 140(18): 1463-1476	<i>and odds ratio presented for subgroups of T2D versus no T2D. Population with T2d &lt;65% of sample less than the 85% specified in the protocol.</i>
Nauck Michael, A, Stewart Murray, W, Perkins, Christopher et al. (2016) Efficacy and safety of once-weekly GLP-1 receptor agonist albiglutide (HARMONY 2): 52 week primary endpoint results from a randomised, placebo-controlled trial in patients with type 2 diabetes mellitus inadequately controlled with diet and exercise. <i>Diabetologia</i> 59(2): 266-74	Study does not contain a relevant intervention: <i>Albiglutide a GLP-1 agonist that is not available in the UK.</i>
Nicholls Stephen, J, Tuzcu E, Murat, Wolski, Kathy et al. (2011) Lowering the triglyceride/high-density lipoprotein cholesterol ratio is associated with the beneficial impact of pioglitazone on progression of coronary atherosclerosis in diabetic patients: insights from the PERISCOPE (Pioglitazone Effect on Regression of Intravascular Sonographic Coronary Obstruction Prospective Evaluation) study. <i>Journal of the American College of Cardiology</i> 57(2): 153-9	Excluded on outcomes: <i>Study does not include survival analysis (time-to-event, hazard ratio) as specified in the protocol.</i>
Nissen Steven, E, Nicholls Stephen, J, Wolski, Kathy et al. (2008) Comparison of pioglitazone vs glimepiride on progression of coronary atherosclerosis in patients with type 2 diabetes: the PERISCOPE randomized controlled trial. <i>JAMA</i> 299(13): 1561-73	Excluded on outcomes: <i>Study does not include survival analysis (time-to-event, hazard ratio) as specified in the protocol.</i>
Nitta, Yoshikazu, Tahara, Nobuhiro, Tahara, Atsuko et al. (2013) Pioglitazone decreases coronary artery inflammation in impaired glucose tolerance and diabetes mellitus: evaluation by FDG-PET/CT imaging. <i>JACC. Cardiovascular imaging</i> 6(11): 1172-82	Excluded as outcome data not reported in an extractable format: <i>Mixed impaired glucose tolerance and T2D data, results not stratified.</i>
Njerve Ida, Unhammer, Akra, Sissel, Weiss Thomas, W et al. (2017) A Double-Blinded Randomized Study Investigating a Possible Anti-Inflammatory Effect of Saxagliptin versus Placebo as Add-On Therapy in Patients with Both Type 2 Diabetes And Stable Coronary Artery Disease. <i>Mediators of inflammation</i> 2017: 5380638	Excluded on outcomes: <i>Study does not include survival analysis (HbA1c as main outcome in study) as specified in the protocol.</i>

Study	Reason
Nystrom, T, Santos I, P, Hedberg, F et al. (2017) Effects on subclinical heart failure in type 2 diabetic subjects on liraglutide treatment vs. Glimepiride both in combination with metformin: A randomized open parallel-group study. <i>Frontiers in Endocrinology</i> 8(nov): 325	Excluded on outcomes: <i>Study does not include survival analysis (systolic and diastolic velocities as outcome in study) as specified in the protocol.</i>
Ogasawara, Daisuke, Shite, Junya, Shinke, Toshiro et al. (2009) Pioglitazone reduces the necrotic-core component in coronary plaque in association with enhanced plasma adiponectin in patients with type 2 diabetes mellitus. <i>Circulation journal: official journal of the Japanese Circulation Society</i> 73(2): 343-51	Excluded as comparator in study does not match that specified in protocol: <i>No active control arm.</i>
Ostlund, Papadogeorgos, N, Kuhl, J et al. (2020) Effects of exenatide on microvascular reactivity in patients with type 2 diabetes and coronary artery disease, a randomized controlled study. <i>Microcirculation (New York, N.Y.: 1994):</i> e12670	Excluded as comparator in study does not match that specified in protocol: <i>No active control arm.</i>
Packer, Milton, Anker Stefan, D, Butler, Javed et al. (2020) Cardiovascular and Renal Outcomes with Empagliflozin in Heart Failure. <i>The New England journal of medicine</i> 383(15): 1413-1424	Excluded as does not contain a population of people with T2D: <i>Population with T2D &lt;85% specified in the protocol.</i>
Petrie Mark, C, Verma, Subodh, Docherty Kieran, F et al. (2020) Effect of Dapagliflozin on Worsening Heart Failure and Cardiovascular Death in Patients With Heart Failure With and Without Diabetes. <i>JAMA</i> 323(14): 1353-1368	Excluded as does not contain a population of people with T2D: <i>Population with T2D &lt;85% specified in the protocol.</i>
Phrommintikul, Arintaya, Wongcharoen, Wanwarang, Kumfu, Sirinart et al. (2019) Effects of dapagliflozin vs vildagliptin on cardiometabolic parameters in diabetic patients with coronary artery disease: a randomised study. <i>British journal of clinical pharmacology</i> 85(6): 1337-1347	Excluded on outcomes: <i>Study does not include survival analysis (HbA1c as main outcome in study) as specified in the protocol.</i>
Preiss, David, Lloyd Suzanne, M, Ford, Ian et al. (2014) Metformin for non-diabetic patients with coronary heart disease (the CAMERA study): a randomised controlled trial. <i>The lancet. Diabetes &amp; endocrinology</i> 2(2): 116-24	Excluded as does not contain a population of people with T2D: <i>Population with T2D &lt;85% specified in the protocol.</i>

Study	Reason
<p>Reusch, J, Stewart M, W, Perkins C, M et al. (2014) Efficacy and safety of once-weekly glucagon-like peptide 1 receptor agonist albiglutide (HARMONY 1 trial): 52-week primary endpoint results from a randomized, double-blind, placebo-controlled trial in patients with type 2 diabetes mellitus not controlled on pioglitazone, with or without metformin. <i>Diabetes, obesity &amp; metabolism</i> 16(12): 1257-64</p>	<p>Study does not contain a relevant intervention: <i>Albiglutide a GLP-1 agonist that is not available in the UK.</i></p>
<p>Sacre, J.W.; Magliano, D.J.; Shaw, J.E. (2020) Incidence of Hospitalization for Heart Failure Relative to Major Atherosclerotic Events in Type 2 Diabetes: A Meta-analysis of Cardiovascular Outcomes Trials. <i>Diabetes care</i> 43(10): 2614-2623</p>	<p>Excluded as not a primary study: <i>Systematic review used as source of primary studies.</i></p>
<p>Shimizu, W, Kubota, Y, Hoshika, Y et al. (2020) Effects of empagliflozin versus placebo on cardiac sympathetic activity in acute myocardial infarction patients with type 2 diabetes mellitus: The EMBODY trial. <i>Cardiovascular Diabetology</i> 19(1): 148</p>	<p>Excluded on outcomes: <i>Study does not include survival analysis (standard deviation of all 5-min mean normal RR intervals as outcome) as specified in the protocol.</i></p>
<p>Singh Jagdeep S, S, Mordi Ify, R, Vickneson, Keeran et al. (2020) Dapagliflozin Versus Placebo on Left Ventricular Remodeling in Patients With Diabetes and Heart Failure: The REFORM Trial. <i>Diabetes care</i> 43(6): 1356-1359</p>	<p>Excluded as not a relevant study design: <i>Inadequate length of follow-up.</i></p>
<p>Spinar, J; Spinarova, L; Vitovec, J (2015) The TECOS study - The effect of sitagliptin on cardiovascular events in patients with type 2 diabetes mellitus. <i>Kardiologicka revue</i> 17(3): 257-261</p>	<p>Study not reported in English language.</p>
<p>Tanaka, A, Hisauchi, I, Taguchi, I et al. (2020) Effects of canagliflozin in patients with type 2 diabetes and chronic heart failure: a randomized trial (CANDLE). <i>ESC Heart Failure</i> 7(4): 1585-1594</p>	<p>Excluded as not a relevant study design: <i>Inadequate length of follow-up.</i></p>
<p>Tanaka, Atsushi, Komukai, Sho, Shibata, Yoshisato et al. (2018) Effect of pioglitazone on cardiometabolic profiles and safety in patients with type 2 diabetes undergoing percutaneous coronary artery intervention: a prospective, multicenter, randomized trial. <i>Heart and vessels</i> 33(9): 965-977</p>	<p>Excluded as not a relevant study design and outcomes: <i>Not CV outcomes trial design, no relevant CV outcomes.</i></p>

Study	Reason
Tanaka, Atsushi, Shimabukuro, Michio, Okada, Yosuke et al. (2017) Rationale and design of a multicenter placebo-controlled double-blind randomized trial to evaluate the effect of empagliflozin on endothelial function: the EMBLEM trial. <i>Cardiovascular diabetology</i> 16(1): 48	Excluded as not a relevant study design: <i>Trial protocol only.</i>
Verma, Subodh, Mazer C, David, Yan Andrew, T et al. (2019) Effect of Empagliflozin on Left Ventricular Mass in Patients With Type 2 Diabetes Mellitus and Coronary Artery Disease: The EMPA-HEART CardioLink-6 Randomized Clinical Trial. <i>Circulation</i> 140(21): 1693-1702	Excluded as not a relevant study design: <i>Inadequate length of follow-up.</i>
Webb D, R, Htike Z, Z, Swarbrick D, J et al. (2020) A randomized, open-label, active comparator trial assessing the effects of 26 weeks of liraglutide or sitagliptin on cardiovascular function in young obese adults with type 2 diabetes. <i>Diabetes, Obesity and Metabolism</i> 22(7): 1187-1196	Excluded as not a relevant study design: <i>Inadequate length of follow-up.</i>
Yoshihara, Fumiki, Imazu, Miki, Hamasaki, Toshimitsu et al. (2018) An Exploratory Study of Dapagliflozin for the Attenuation of Albuminuria in Patients with Heart Failure and Type 2 Diabetes Mellitus (DAPPER). <i>Cardiovascular drugs and therapy</i> 32(2): 183-190	Excluded as comparator in study does not match that specified in protocol: <i>No active control arm.</i>
You S, H, Kim B, S, Hong S, J et al. (2010) The effects of pioglitazone in reducing atherosclerosis progression and neointima volume in type 2 diabetic patients: Prospective randomized study with volumetric intravascular ultrasonography analysis. <i>Korean Circulation Journal</i> 40(12): 625-631	Excluded on outcomes: <i>Study does not include survival analysis (atherosclerosis and neointima volume as outcome) as specified in the protocol.</i>
Younis, A, Eskenazi, D, Goldkorn, R et al. (2017) The addition of vildagliptin to metformin prevents the elevation of interleukin 1? in patients with type 2 diabetes and coronary artery disease: a prospective, randomized, open-label study. <i>Cardiovascular diabetology</i> 16(1): 69	Excluded as comparator in study does not match that specified in protocol: <i>No active control arm.</i>
Zainordin N, A, Hatta S, F.W.M, Shah F, Z.M et al. (2020) Effects of dapagliflozin on endothelial dysfunction in type 2 diabetes with established ischemic heart disease	Excluded on outcomes: <i>Study does not include survival analysis (endothelial dysfunction as outcome) as specified in the protocol.</i>

Study	Reason
(EDIFIED). Journal of the Endocrine Society 4(1): bvz017	
Zannad, Faiez, Ferreira, Joao Pedro, Pocock, Stuart J et al. (2020) SGLT2 inhibitors in patients with heart failure with reduced ejection fraction: a meta-analysis of the EMPEROR-Reduced and DAPA-HF trials. Lancet (London, England) 396(10254): 819-829	Excluded as not a primary study: <i>Systematic review used as source of primary studies.</i>
Zhang, Yifei, Hu, Chunxiu, Hong, Jie et al. (2014) Lipid profiling reveals different therapeutic effects of metformin and glipizide in patients with type 2 diabetes and coronary artery disease. Diabetes care 37(10): 2804-12	Excluded on outcomes: <i>Study does not include survival analysis (lipid profiling as outcome) as specified in the protocol.</i>
Zhou, Zien, Lindley Richard, I, Radholm, Karin et al. (2019) Canagliflozin and Stroke in Type 2 Diabetes Mellitus. Stroke 50(2): 396-404	Duplicate reference.

#### M.1.112 Health economics

References of studies excluded after scanning by full text	Reason
Pollock, Richard F; Valentine, William J; Marso, Steven P; Andersen, Andreas; Gundgaard, Jens; Hallen, Nino; Tutkunkardas, Deniz; Magnuson, Elizabeth A; Buse, John B; DEVOTE study, group. Long-term Cost-effectiveness of Insulin Degludec Versus Insulin Glargine U100 in the UK: Evidence from the Basal-bolus Subgroup of the DEVOTE Trial (DEVOTE 16). Applied health economics and health policy 615-627 doi:10.1007/s40258-019-00494-3	Insulin
Kansal, A; Reifsnider, O S; Proskorovsky, I; Zheng, Y; Pfarr, E; George, J T; Kandaswamy, P; Ruffolo, A. Cost-effectiveness analysis of empagliflozin treatment in people with Type 2 diabetes and established cardiovascular disease in the EMPA-REG OUTCOME trial. Diabetic medicine : a journal of the British Diabetic Association 1494-1502 doi:10.1111/dme.14076	Trial specific CUA, pairwise comparison
McEwan, Phil; Darlington, Oliver; McMurray, John J V; Jhund, Pardeep S; Docherty, Kieran F; Bohm, Michael; Petrie, Mark C; Bergenheim, Klas; Qin, Lei. Cost-effectiveness of dapagliflozin as a treatment for heart failure with reduced ejection fraction: a multinational health-economic analysis of DAPA-HF. European journal of heart failure doi:10.1002/ejhf.1978	Trial specific CUA, pairwise comparison
Ramos, M.; Foos, V.; Ustyugova, A.; Hau, N.; Gandhi, P.; Lamotte, M.. Cost-Effectiveness Analysis of Empagliflozin in Comparison to Sitagliptin and Saxagliptin Based on Cardiovascular Outcome Trials in Patients with Type 2 Diabetes and Established Cardiovascular Disease Diabetes Therapy 2153-2167 doi:10.1007/s13300-019-00701-3	Pairwise comparison only (between two classes)

References of studies excluded after scanning by full text	Reason
Pollock, R.F.; Valentine, W.J.; Marso, S.P.; Gundgaard, J.; Hallen, N.; Hansen, L.L.; Tutkunkardas, D.; Buse, J.B.. DEVOTE 5: Evaluating the Short-Term Cost-Utility of Insulin Degludec Versus Insulin Glargine U100 in Basal-Bolus Regimens for Type 2 Diabetes in the UK Diabetes Therapy 1217-1232 doi:10.1007/s13300-018-0430-4	Insulin
Ramos, M.; Ustyugova, A.; Hau, N.; Lamotte, M.. Cost-effectiveness of empagliflozin compared with liraglutide based on cardiovascular outcome trials in Type II diabetes Journal of Comparative Effectiveness Research 781-794 doi:10.2217/ce-2020-0071	Pairwise comparison
Johansen, P.; Chubb, B.; Hunt, B.; Malkin, S.J.P.; Sandberg, A.; Capehorn, M.. Evaluating the Long-Term Cost-Effectiveness of Once-Weekly Semaglutide Versus Once-Daily Liraglutide for the Treatment of Type 2 Diabetes in the UK Advances in Therapy 2427-2441 doi:10.1007/s12325-020-01337-7	Pairwise comparison, surrogate biomarkers only
McEwan, P.; Bennett, H.; Khunti, K.; Wilding, J.; Edmonds, C.; Thuresson, M.; Wittbrodt, E.; Fenici, P.; Kosiborod, M.. Assessing the cost-effectiveness of sodium-glucose cotransporter-2 inhibitors in type 2 diabetes mellitus: A comprehensive economic evaluation using clinical trial and real-world evidence Diabetes, Obesity and Metabolism 2364-2374 doi:10.1111/dom.14162	Single class (SGLT2) only
Reifsnider, O.S.; Kansal, A.R.; Franke, J.; Lee, J.; George, J.T.; Brueckmann, M.; Kaspers, S.; Brand, S.B.; Ustyugova, A.; Linden, S.; Stargardter, M.; Hau, N.. Cost-effectiveness of empagliflozin in the UK in an EMPA-REG OUTCOME subgroup with type 2 diabetes and heart failure ESC Heart Failure doi:10.1002/ehf2.12985	Trial specific CUA, pairwise comparison only
Shyangdan, D.; Cummins, E.; Royle, P.; Waugh, N.. Liraglutide for the treatment of type 2 diabetes Health technology assessment (Winchester, England) 77-86 doi:	ERG summary document
Vega-Hernandez, G.; Wojcik, R.; Schlueter, M.. Cost-Effectiveness of Liraglutide Versus Dapagliflozin for the Treatment of Patients with Type 2 Diabetes Mellitus in the UK Diabetes Therapy 513-530 doi:10.1007/s13300-017-0250-y	Pairwise comparison, surrogate biomarkers only
Viljoen, Adie; Hoxer, Christina S; Johansen, Pierre; Malkin, Samuel; Hunt, Barnaby; Bain, Stephen C. Evaluation of the long-term cost-effectiveness of once-weekly semaglutide versus dulaglutide for treatment of type 2 diabetes mellitus in the UK. Diabetes, obesity & metabolism 611-621 doi:10.1111/dom.13564	Pairwise comparison, surrogate biomarkers only
Gordon, Jason; McEwan, Phil; Evans, Marc; Puelles, Jorge; Sinclair, Alan. Managing glycaemia in older people with type 2 diabetes: A retrospective, primary care-based cohort study, with economic assessment of patient outcomes. Diabetes, obesity & metabolism 644-653 doi:10.1111/dom.12867	Trial specific CUA, surrogate biomarkers
Barnett, Anthony H; Arnoldini, Simon; Hunt, Barnaby; Subramanian, Gowri; Hoxer, Christina Stentoft. Switching from sitagliptin to liraglutide to manage patients with type 2 diabetes in the UK: A long-term cost-effectiveness analysis. Diabetes, obesity & metabolism 1921-1927 doi:10.1111/dom.13318	Pairwise comparison, surrogate biomarkers only

References of studies excluded after scanning by full text	Reason
Hunt, Barnaby; Vega-Hernandez, Gabriela; Valentine, William J; Kragh, Nana. Evaluation of the long-term cost-effectiveness of liraglutide vs lixisenatide for treatment of type 2 diabetes mellitus in the UK setting. <i>Diabetes, obesity &amp; metabolism</i> 842-849 doi:10.1111/dom.12890	Pairwise comparison, surrogate biomarkers only
Charokopou, M; McEwan, P; Lister, S; Callan, L; Bergenheim, K; Tolley, K; Postema, R; Townsend, R; Roudaut, M. The cost-effectiveness of dapagliflozin versus sulfonylurea as an add-on to metformin in the treatment of Type 2 diabetes mellitus. <i>Diabetic medicine : a journal of the British Diabetic Association</i> 890-8 doi:10.1111/dme.12772	Pairwise comparison, surrogate biomarkers only
Chuang, L H; Verheggen, B G; Charokopou, M; Gibson, D; Grandy, S; Kartman, B. Cost-effectiveness analysis of exenatide once-weekly versus dulaglutide, liraglutide, and lixisenatide for the treatment of type 2 diabetes mellitus: an analysis from the UK NHS perspective. <i>Journal of medical economics</i> 1127-1134 doi:	Pairwise comparison, surrogate biomarkers only
Charokopou, M; McEwan, P; Lister, S; Callan, L; Bergenheim, K; Tolley, K; Postema, R; Townsend, R; Roudaut, M. Cost-effectiveness of dapagliflozin versus DPP-4 inhibitors as an add-on to Metformin in the Treatment of Type 2 Diabetes Mellitus from a UK Healthcare System Perspective. <i>BMC health services research</i> 496 doi:10.1186/s12913-015-1139-y	Pairwise comparison, surrogate biomarkers only
Aguiar-Ibanez, R; Palencia, R; Kandaswamy, P; Li, L. Cost-Effectiveness of Empagliflozin (Jardiance R) 10 Mg And 25 Mg Administered As An Add-on To Metformin Compared To Other Sodium-Glucose Co-Transporter 2 Inhibitors (Sglt2is) for Patients With Type 2 Diabetes Mellitus (T2dm) In The UK. <i>Value in health : the journal of the International Society for Pharmacoeconomics and Outcomes Research</i> a350-1 doi:10.1016/j.jval.2014.08.729	Single class, surrogate biomarkers only
Gordon, J.; McEwan, P.; Hurst, M.; Puelles, J.. The Cost-Effectiveness of Alogliptin Versus Sulfonylurea as Add-on Therapy to Metformin in Patients with Uncontrolled Type 2 Diabetes Mellitus <i>Diabetes Therapy</i> 825-845 doi:10.1007/s13300-016-0206-7	Single class, surrogate biomarkers only
Ramos, M.; Cummings, M.H.; Ustyugova, A.; Raza, S.I.; de Silva, S.U.; Lamotte, M.. Long-Term Cost-Effectiveness Analyses of Empagliflozin Versus Oral Semaglutide, in Addition to Metformin, for the Treatment of Type 2 Diabetes in the UK <i>Diabetes Therapy</i> 2041-2055 doi:10.1007/s13300-020-00883-1	Pairwise comparison, surrogate biomarkers only
Bain, S.C.; Hansen, B.B.; Malkin, S.J.P.; Nuhoho, S.; Valentine, W.J.; Chubb, B.; Hunt, B.; Capehorn, M.. Oral Semaglutide Versus Empagliflozin, Sitagliptin and Liraglutide in the UK: Long-Term Cost-Effectiveness Analyses Based on the PIONEER Clinical Trial Programme <i>Diabetes Therapy</i> 259-277 doi:10.1007/s13300-019-00736-6	surrogate biomarkers only
Evans, M.; Mcewan, P.; O'Shea, R.; George, L.. A retrospective, case-note survey of type 2 diabetes patients prescribed incretin-based therapies in clinical practice <i>Diabetes Therapy</i> 27-40 doi:10.1007/s13300-012-0015-6	Single class, surrogate biomarkers only
Evans, M.; Mehta, R.; Gundgaard, J.; Chubb, B.. Cost-Effectiveness of Insulin Degludec vs. Insulin Glargine U100 in Type 1 and Type 2 Diabetes Mellitus in a UK Setting	Insulin, short-term time horizon

References of studies excluded after scanning by full text	Reason
Diabetes Therapy 1919-1930 doi:10.1007/s13300-018-0478-1	
Drummond, Russell; Malkin, Samuel; Du Preez, Michelle; Lee, Xin Ying; Hunt, Barnaby. The management of type 2 diabetes with fixed-ratio combination insulin degludec/liraglutide (IDegLira) versus basal-bolus therapy (insulin glargine U100 plus insulin aspart): A short-term cost-effectiveness analysis in the UK setting. <i>Diabetes, obesity &amp; metabolism</i> 2371-2378 doi:10.1111/dom.13375	Insulin, short-term time horizon
Davies, Melanie J; Glah, Divina; Chubb, Barrie; Konidaris, Gerasimos; McEwan, Phil. Cost Effectiveness of IDegLira vs. Alternative Basal Insulin Intensification Therapies in Patients with Type 2 Diabetes Mellitus Uncontrolled on Basal Insulin in a UK Setting. <i>PharmacoEconomics</i> 953-66 doi:10.1007/s40273-016-0433-9	Insulin, surrogate biomarkers only
Evans, M; Wolden, M; Gundgaard, J; Chubb, B; Christensen, T. Cost-effectiveness of insulin degludec compared with insulin glargine for patients with type 2 diabetes treated with basal insulin - from the UK health care cost perspective. <i>Diabetes, obesity &amp; metabolism</i> 366-75 doi:10.1111/dom.12250	Insulin, short-term time horizon
Pollock, R.F.; Chubb, B.; Valentine, W.J.; Heller, S.. Evaluating the cost-effectiveness of insulin detemir versus neutral protamine hagedorn insulin in patients with type 1 or type 2 diabetes in the UK using a short-term modeling approach <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> 217-226 doi:10.2147/dmso.s156739	Insulin, short-term time horizon
Johnston, Rhona; Uthman, Olalekan; Cummins, Ewen; Clar, Christine; Royle, Pamela; Colquitt, Jill; Tan, Bee Kang; Clegg, Andrew; Shantikumar, Saran; Court, Rachel; O'Hare, J Paul; McGrane, David; Holt, Tim; Waugh, Norman. Canagliflozin, dapagliflozin and empagliflozin monotherapy for treating type 2 diabetes: systematic review and economic evaluation. <i>Health technology assessment (Winchester, England)</i> 1-218 doi:10.3310/hta21020	Systematic review
Schwarz, B.; Gouveia, M.; Chen, J.; Nocea, G.; Jameson, K.; Cook, J.; Krishnarajah, G.; Alemao, E.; Yin, D.; Sintonen, H.. Cost-effectiveness of sitagliptin-based treatment regimens in European patients with type 2 diabetes and haemoglobin A1c above target on metformin monotherapy <i>Diabetes, Obesity and Metabolism</i> 43-55 doi:10.1111/j.1463-1326.2008.00886.x	Rosiglitazone not modelled
Pawaskar, Manjiri; Bilir, S Pinar; Kowal, Stacey; Gonzalez, Claudio; Rajpathak, Swapnil; Davies, Glenn. Cost-effectiveness of intensification with sodium-glucose co-transporter-2 inhibitors in patients with type 2 diabetes on metformin and sitagliptin vs direct intensification with insulin in the United Kingdom. <i>Diabetes, obesity &amp; metabolism</i> 1010-1017 doi:10.1111/dom.13618	Single class, surrogate biomarkers only
Aguiar-Ibanez, R; Palencia, R; Kandaswamy, P; Li, L. Cost-Effectiveness of Empagliflozin (Jardiance R) 10 Mg And 25 Mg Administered As An Add-On To Metformin And Sulfonilurea (Met+Su) Compared To Other Sodium-Glucose Co-Transporter 2 Inhibitors (SglT2is) in Patients with Type 2 Diabetes Mellitus (T2dm) In The Uk. <i>Value in health : the journal of the International Society for Pharmacoeconomics</i>	Single class, surrogate biomarkers only

References of studies excluded after scanning by full text	Reason
and Outcomes Research a351 doi:10.1016/j.jval.2014.08.732	
Hunt, B.; Ye, Q.; Valentine, W.J.; Ashley, D.. Evaluating the Long-Term Cost-Effectiveness of Daily Administered GLP-1 Receptor Agonists for the Treatment of Type 2 Diabetes in the United Kingdom Diabetes Therapy 129-147 doi:10.1007/s13300-016-0219-2	Single class, surrogate biomarkers only

1  
2

## 1 **Appendix N – NMA code**

### 2 **General code**

```
3 setwd  
4 library("netmeta")  
5 data=read.csv("",header=TRUE)  
6
```

### 7 **Hazard ratio model code**

```
8 sm="HR"  
9 reference.group="PLAC"  
10 model= netmeta(LogHR, SElogHR, Intervention1, Intervention2, Trial, data = data, sm =  
11 "HR", n1 = n1, n2 = n2, comb.random=FALSE  
12 model2= netmeta(LogHR, SElogHR, Intervention1, Intervention2, Trial, data = data, sm =  
13 "HR", n1 = n1, n2 = n2, comb.random=FALSE,reference.group=reference.group )  
14 sortvar=c("PLAC","CANA","DPP-4","DAPA","LIXI","EMPA","EXEN","LIRA","SEMAo",  
15 "SEMAi","PIO","DULA","ERTU","SU")  
16 forest(model2,sortvar=sortvar)  
17 seq=c("CANA","DPP-4","DAPA","LIXI","EMPA","EXEN","LIRA","SEMAo","SEMAi",  
18 "PIO","DULA","ERTU","SU","PLAC")  
19 netleague <- netleague(model, seq=seq,bracket = "(", digits=2)  
20 write.csv(netleague$fixed, "netleague.csv")  
21 netgraph(model, plastic=FALSE,thickness="number.of.studies",multiarm=FALSE,col="black")  
22 netrank(model,small.values="good")  
23 netsplit(model)  
24 decomp.design(model)  
25 netheat(model)  
26
```

### 27 **Risk ratio (n/N data analysis) code**

```
28 sm="RR"  
29 reference.group="PLAC"  
30 data2=pairwise(list(Intervention1,Intervention2),n=list(n1,n2),event=list(event1,event2),data=  
31 data,studlab=Trial,sm=sm)  
32 model=netmeta(TE=TE,seTE=seTE,treat1=treat1,treat2=treat2,studlab=data2$studlab,data=  
33 data2,sm=sm,comb.random=FALSE)
```

```
1 model2=netmeta(TE=TE,seTE=seTE,treat1=treat1,treat2=treat2,studlab=data2$studlab,data
2 =data2,sm=sm,comb.random=FALSE,reference.group=reference.group)
3 sortvar=c("PLAC","CANA","DPP-4" ,"DAPA" ,"LIXI" ,"EMPA","EXEN","LIRA" ,"SEMAo",
4 "SEMAi" ,"PIO","DULA","ERTU","SU ")
5 forest(model2,sortvar=sortvar)
6 netleague <- netleague(model, bracket = "(", digits=2)
7 write.csv(netleague$fixed, "netleague.csv")
8 netgraph(model, plastic=FALSE,thickness="number.of.studies",multiarm=FALSE,col="black")
9 netrank(model,small.values="good")
10 netsplit(model)
11 decomp.design(model)
12 netheat(model)
```

## 1 Appendix O – Research recommendations – full details

### O.121 Research recommendation

3 What is the effectiveness and cost effectiveness of GLP-1 agonists compared to  
 4 insulin in adults with type 2 diabetes?

### O.122 Why this is important

6 GLP-1 agonists were not cost effective in the economic model as potential third- and  
 7 fourth-line treatments for any populations analysed. However, in current practice  
 8 these drugs are often used in combination with other drugs in place of insulins.  
 9 Adults with type 2 diabetes may wish to have the GLP-1 drugs for reasons such as  
 10 weekly rather than daily injections, insulins require blood glucose monitoring, GLP-1s  
 11 are associated with weight loss and insulin with weight gain, restrictions on activities  
 12 of daily living with insulin such as driving. It is noted that the GLP-1 drugs have high  
 13 acquisition cost and common side effects which may lead to frequent discontinuation  
 14 of use.

15 The evidence for the cost effectiveness of GLP-1 agonists compared to insulin was  
 16 not examined in the current update. However, a review on this topic could clarify the  
 17 place in practice of both insulin and GLP-1s.

### O.123 Rationale for research recommendation

Importance to 'patients' or the population	In practice people with type 2 diabetes may perceive benefit (quality of life and CV mortality) from GLP-1 therapy which is not captured or demonstrated by current research evidence.
Relevance to NICE guidance	High - GLP-1 agonist use has been considered both as part of the NG28 [2015 update] and as part of the NG28 [2021 cardiovascular outcomes update]. There is lack of direct comparative evidence with the most appropriate comparator (insulin). The research is essential to inform future updates of key recommendations in the guidance.
Relevance to the NHS	The use of GLP-1 agonists is currently in wider populations than that specified in NG28 [2015 and 2021], but these drugs have not yet demonstrated cost effectiveness for cardiovascular outcomes, or in the wider economic model used in NG28. The NHS is spending a lot of money on these drugs currently.
National priorities	Low
Current evidence base	Minimal long-term data capturing quality of life and cardiovascular benefit compared to insulin therapy.
Equality considerations	None known

19

### O.124 Modified PICO table

Population	Adults with type 2 diabetes for whom a GLP-1 or insulin would ordinarily be considered.  Subgroup of interest: people recruited may have established cardiovascular disease or be at high risk of cardiovascular, renal, or peripheral vascular events or outcomes
------------	--

Intervention	NPH insulin, or similar insulin therapy
Comparator	GLP-1 agonist (for example exenatide, lixisenatide, liraglutide, dulaglutide or semaglutide)
Outcome	Clinical outcomes such as: <ul style="list-style-type: none"><li>• total BMI measured at baseline and 12 months</li><li>• glycaemic control (HbA1c)</li><li>• cardiovascular, peripheral vascular and renal outcomes</li><li>• safety and adverse events (severe hypoglycaemia, amputation, and diabetic neuropathy)</li><li>• discontinuations due to adverse event and total discontinuation (due to any reason)</li><li>• quality of life</li></ul>
Study design	Systematic review with economic analyses
Timeframe	No time frame for completion of this work, but the sooner it was available it could be used to inform and update the GLP-1 and insulin recommendations in NG28.

1