

# Older people: independence and mental wellbeing Committee meeting

**Date:** 29/&30/07/2015

Location: Red Rooms, City Tower & NICE offices, Manchester,

Minutes: Final

Committee members present:	
Alan Maryon-Davis (Chair)	Present for notes 4 – 13
Rachel Johns (Chaired the meeting for notes 1 - 4)	Present for notes 1 – 5
Brendan Collins	Present for notes 1 – 13
Jo Cooke	Present for notes 1 – 13
Daniella DeAngelis	Present for notes 1 – 13
Richard Watt	Present for notes 4 – 13
Carolyn Arscott	Present for notes 1 – 13
Mima Cattan	Present for notes 1 – 13
Anna Goodman	Present for notes 1 – 13
Gail Mountain	Present for notes 1 - 13
Christina Victor	Present for notes 1 – 13
Lynne Wealleans	Present for notes 1 – 13

In attendance:		
Kay Nolan	Associate Director, NICE	Present for notes 1 – 13
Rachel Kettle	Technical Lead, NICE	Present for notes 1 –13
Nicola Ainsworth	Senior Technical Analyst, NICE	Present for notes 7 - 13
Denise Jarrett	Assistant Project Manager, NICE	Present for notes 1 – 13
Raj Jessal	Business Analyst, NICE	Present for notes 7 – 11
Carmel Thomason	Implementation Advisor, NICE	Present for notes 7 - 13

Observers:	
Jennifer Heaton, Assistant Project Manager, NICE	Present for notes 1 – 5
Diana O'Rourke, Technical Analyst, NICE	Present for notes 1 – 6
Juliet Kenny	Present for note 8

Apologies:	
Jakki Cowley	Core committee member

# 1. Welcome and objectives for the meeting

The Chair of the committee was delayed attending the start of the meeting and so it was agreed that Rachel Johns (vice chair) would act as Chair until the Chair arrived.

The acting-Chair welcomed the Committee members and attendees to the 7<sup>th</sup> meeting on Older people: independence and mental wellbeing.

No members of the public attended to observe the meeting.

The acting-Chair informed the Committee that apologies had been received. These are noted above.

The acting-Chair outlined the objectives of the meeting, which included:

- Review the stakeholder comments received during the draft guideline consultation
- Finalise the draft guideline

#### 2. Confirmation of matter under discussion, and declarations of interest

The acting-Chair explained that verbal declarations of interest are a standing item on every agenda and are recorded in the minutes as a matter of public record.

The acting-Chair asked everyone to verbally declare any interests that had arisen since the last meeting that, for the purpose of managing conflicts of interest, the matter under discussion is defined as:

'Relating to older people (including those that have aged prematurely) and being directly relevant to the scope areas:

- Raising awareness of older people's mental wellbeing

- Identification of people at risk of a decline in mental wellbeing or independence
- Interventions to improve or protect the mental wellbeing and independence of older people

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Brendan	Research Fellow in Health Economics, University of Liverpool/Wirral Council	I am part of a team which has been commissione d by NICE to produce an economic evidence review and economic model for preventing drug misuse in vulnerable groups, which is for one of the other public health advisory committees (PHACs).		No action needed
		I am part of a team which is currently evaluating drug and alcohol treatment services for North Yorkshire County Council.  In the last 12 months I have		

		evaluated drug and alcohol treatment services for Wirral Council.		
Anna Goodman	Community topic member	I have started a new job at a charity – Independent Age – who have a direct interest in the matter under consideration	Personal non- financial interest	No action needed
Gail Mountain	Professor of health service research, Assisted Living, University of Sheffield	Results of Lifestyle Matters trial now available (but confidential at present)	Personal non- financial – non- specific	If discussed, to be done in closed session
Christina Victor	Professor of Gerontology & Public Health, Brunel University	Principal investigator at Brunel University on 3 projects in broad area covered by the PHAC		No action needed
		1) WWW evidence synthesis on what works in promoting wellbeing in culture and sport £1 million funded by ESRC (June 1st 2015 for 3		

yrs)
2) Quality of life for older people with visual impairme nt – funded by Guide Dogs £35k (July 2015 – 12 months)
3) Why aren't all old people lonely – July 2015 – 18 months Dunhill £95k

The acting-Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees for fully participating in the meeting.

# 3. Minutes of last meeting

The acting-Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

The acting-Chair confirmed that all matters arising had been completed or were in hand.

#### 4. Presentations

Kay Nolan, Associate Director, NICE gave a presentation to provide an overview on stakeholder comments from the draft guideline consultation. This included: which organisations commented; an overview of their comments and suggestions for change to the recommendations, based on the comments received.

The Chair asked the PHAC to consider these comments when revising the

recommendations.

Rachel Kettle, Technical Lead, NICE gave a presentation to outline the approach to be followed by the committee throughout the meeting to revise and finalise the content of the guideline.

# 5. Revising the recommendations

The Committee reviewed the draft recommendations giving consideration to the comments received from stakeholders during draft guideline consultation.

#### 6. Any other business

There were no additional matters arising. The Chair thanked the group for their work and closed the first day of the meeting.

#### Day 2

# 7. Welcome and objectives for the meeting

The Chair welcomed the group to the second day of the meeting.

#### 8. Revising the recommendations

The committee continued to review the recommendations and make further changes to them.

# 9. Revising 'considerations, gaps in evidence, background information' sections

The committee reviewed these areas of the draft guideline giving consideration to the comments received from stakeholders during the draft guideline consultation

# 10. Research recommendations

Nicola Ainsworth, NICE gave a presentation to facilitate committee discussion and formulation of research recommendations.

The committee discussed potential topics which should be addressed.

# 11. Implementation, Resource Impact and Communications presentation

Kay Nolan outlined the role of the NICE communications team and their planned

activities for the publication of the guideline

**ACTION** – The committee should relay any media related enquiries to the NICE communications team.

Raj Jessal, Business Analyst, NICE gave a presentation to outline the tools that can be developed by the Resource Impact Assessment team to support the guideline.

The committee discussed and offered suggestions on the areas of the guideline that should be addressed by the Resource Impact Assessment team.

Carmel Thomason, NICE Implementation Advisor, sought advice from the committee on the areas that should be addressed by the implementation chapter of the guideline and the development of implementation resources.

The committee discussed and offered suggestions on the areas of the guideline that should be addressed by the Implementation team.

**ACTION** – the committee are to send examples of good practice, tools/resources or inclusions for the implementation chapter to Carmel by 7/08/15

### 12. Next steps

Kay Nolan outlined the next steps in the guideline development process

- Project team to revise the recommendations, considerations and research recommendations as directed by the PHAC
- NICE team to circulate the draft guideline to the committee from 28<sup>th</sup> August to 11<sup>th</sup> September
- NICE team to meet with the Chair to review comments from members
- NICE team to undertake internal sign-off and issue the final guideline on November 2015

#### 13. Any other business

There were no additional matters arising. The Chair thanked the group for their work and closed the meeting.