

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

Older people and mental wellbeing

2nd Meeting of the Public Health Advisory Committee

Tuesday 07 October 2014

Red Rooms, City Tower, Manchester

Final Minutes

Attendees:	<p><i>PHAC Members</i> Alan Maryon-Davis (Chair) Anna Goodman Carolyn Arscott Christina Victor Daniela DeAngelis (left at 16:00) Gail Mountain Jakki Cowley Jo Cooke Mima Cattan Rachel Johns Richard Watt</p> <p><i>NICE Team</i> Kay Nolan Lesley Owen Charlotte Simpson (arrived at 13:00) Karen Peplow (via teleconference) Nicola Ainsworth (left at 15.00) Rebecca Walker</p> <p><i>Review Team</i> A-La Park (LSE) Anna Forsman (LSE) Clive Pritchard (Matrix) David McDaid (LSE) Rory Tierney (Matrix)</p> <p><i>Observers</i> Jane Silvester (NICE)</p>
Apologies:	<p><i>PHAC Members</i> Brendan Collins Lynne Wealleans</p>
Author	Nicola Ainsworth
File Ref	Final minutes of PHAC B meeting 07 October 14

Version	Final
Audience	PHAC members, NICE team, members of the public

Item		Action
1. Welcome and objectives for the meeting	<p>The Chair welcomed the Public Health Advisory Committee (PHAC) to the second meeting on Older people: independence and mental wellbeing.</p> <p>The Chair welcomed the members of the review team/the observers/the experts.</p> <p>The Chair welcomed the members of public to the meeting. The members of the public had been briefed already, both verbally and in writing by the NICE team, and the Chair reminded them of the protocol for members of the public, i.e. their role is to observe and they may not speak or ask questions. Also, no filming or recording of the meeting is permitted.</p> <p>The Chair reminded all present that the PHAC is independent and advisory, and that its decisions and recommendations to NICE do not represent final NICE guidance; and they may be changed as a result of public consultation.</p> <p>The Chair outlined the general housekeeping for the venue which included noting all fire exits.</p> <p>The Chair outlined the objectives of the meeting which included:</p> <ul style="list-style-type: none"> • Receive and discuss a topic framework developed by the topic expert PHAC members • Discuss the findings of 3 evidence reviews • Receive an update on the cost effectiveness analysis • Consider drafting recommendations, considerations and research recommendations • Consider gaps in the evidence base and potential expert testimony <p>The Chair informed the PHAC that apologies had been received. These are noted above.</p>	
2. Declarations of Interests	<p>The Chair explained that verbal declarations of interest are a standing item on every agenda and are recorded in the minutes as a matter of public record. The Chair asked everyone to declare any additional interests that may have arisen since the first meeting in July.</p>	

	<p>The interests declared were as follows:</p> <p><u>Non-personal pecuniary interest</u> Jo Cooke: works for an organisation that may apply for research and implementation funding. The organisation (Collaboration for Leadership in Applied Health Research and Care for South Yorkshire) undertakes research on older people and wellbeing</p> <p>Daniela DeAngelis: works for the Medical Research Council, which carries out research on older people</p> <p>The Chair and the Associate Director noted that the interests declared did not prevent the attendees at committee from fully participating in the meeting.</p>	
<p>3. Minutes of the last meeting</p>	<p>Subject to one minor amendment, the minutes were agreed as a true record of the meeting.</p>	
<p>4. Related NICE guidance</p>	<p>At the last meeting, an action was recorded for the NICE team to show other pieces of NICE guidance that are related to older people and mental wellbeing.</p> <p>Nicola Ainsworth presented an overview of related NICE guidance and picked out ‘dementia’ (CG 42) and ‘occupational therapy and physical activity interventions to promote the mental wellbeing of older people in primary and residential care’ (PH16) to discuss in more detail.</p> <p>Nicola also highlighted that the committee can refer to particular relevant recommendations in other guidance if they wish to.</p> <p>Action: NICE to send the presentation and tabled paper to the PHAC</p>	<p>NICE</p>
<p>5. Topic framework for guidance</p>	<p>Kay Nolan introduced the framework to be used in the guidance.</p> <p>Carolyn Arscott gave a presentation on the different populations, settings and timings to be considered; in particular, the differences between how rural and urban communities adapt to ageing and the heterogeneity of the older population.</p> <p>Anna Goodman then gave a presentation on the actions, interventions and services which are important for older people and should be considered in the guidance; in particular, the importance of social participation.</p> <p>Mima Cattan then gave a presentation on the foundations of mental wellbeing in later life. MC</p>	

	presented the results of an MRC funded study, which is used as a model to illustrate foundations of mental wellbeing in later life.	
6. Questions and discussion	The PHAC discussed the presentation and were given the opportunity to ask questions. The group discussed the inclusion of environmental interventions and social dimensions.	
7, 9. Presentations of review 1 and 2	The LSE team presented an overview of the findings from review 1. It was noted that the large majority of participants in the studies in review 1 were female. The LSE team then presented an overview of the findings from review 2. Review 2 considered barriers for facilitation, and focussed on ICT, volunteering and arts interventions.	
8, 10. Questions and discussion	The PHAC discussed the presentation and were given the opportunity to ask questions. It was asked whether there are any studies on whole populations (not just older people) regarding the value of arts-based interventions. Action: NICE to consider this and follow up at the next PHAC meeting Some PHAC members highlighted additional sources of evidence which might be relevant and they agreed to send the details of these to the NICE team. The team advised that it is important to look at universal principles in existing guidance. Action: share the NICE guidance on community engagement with the PHAC	NICE NICE
11. Areas for recommendations	The PHAC discussed ideas for recommendations based on evidence received thus far. Gaps in the evidence base in relation to the scope and the topic framework were identified.	
12. Update on cost effectiveness analysis	The Matrix team presented an update on their work on the cost-effectiveness analysis.	
13. Questions and discussion	The PHAC discussed the presentation and were given the opportunity to ask questions. Loneliness and social isolation as an outcome was discussed further.	
14. Presentation of cost effectiveness review	Charlotte Simpson presented the findings from the review of full economic analyses. The PHAC were reminded that this presentation includes academic in confidence data	
15. Questions and discussion	The PHAC discussed the presentation and were given the opportunity to ask questions.	
16. Update on review 3	LSE gave an overview of the approach they are planning to take to review 3	

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16. Questions and discussion	The PHAC discussed the presentation and were given the opportunity to ask questions. They discussed their views on approaches to in-depth mapping and further areas to consider.	
17. Summary of the day and next steps	<p>The Chair summarised the items that had been discussed and agreed throughout the day. He noted in particular the prevalence of arts-based interventions and the potential importance of this in the guidance.</p> <p>KN outlined the next steps including the objectives of the next meeting on Wednesday 12 November.</p> <p>Action: NICE to circulate a list of future meeting dates to the PHAC</p>	NICE
18. Any other business	None	
19. Close	The meeting closed at 16:10	