

**NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE**

**Older people and mental wellbeing**

**3<sup>rd</sup> Meeting of the Public Health Advisory Committee**

**Wednesday 12 November 2014**

**Bollin, NICE offices, Manchester**

**Final Minutes**

<b>Attendees:</b>	<p><b><i>PHAC Members</i></b> Alan Maryon-Davis (Chair) Brendan Collins Carolyn Arscott Christina Victor (arrived at 10:25) Daniela DeAngelis Gail Mountain Jo Cooke Mima Cattan Richard Watt</p> <p><b><i>NICE Team</i></b> Kay Nolan Jennifer Connolly Karen Peploe Lesley Owen Nicola Ainsworth Ruaraidh Hill Rupert Franklin</p> <p><b><i>Review Team</i></b> A-La Park (LSE) David McDaid (LSE) Jacque Mallender (Matrix) (arrived at 11:25, left at 14:30) Ketevan Rtseladze (Matrix) Rory Tierney (Matrix)</p> <p><b><i>Experts</i></b> James Nazroo Trish Hill</p> <p><b><i>Observers</i></b> Jane Silvester (NICE) Carla Springl</p>
<b>Apologies:</b>	<p><b><i>PHAC Members</i></b> Anna Goodman Jakki Cowley Lynne Wealleans Rachel Johns</p>

<b>Author</b>	Rupert Franklin
<b>File Ref</b>	Final minutes of PHAC B meeting 12 November 14
<b>Version</b>	Final
<b>Audience</b>	<b>PHAC members, NICE team, members of the public</b>

<b>Item</b>		<b>Action</b>
<b>1. Welcome and objectives for the meeting</b>	<p>The Chair welcomed the Public Health Advisory Committee (PHAC) to the third meeting on Older people: independence and mental wellbeing.</p> <p>The Chair welcomed the members of the review team/the observers/the experts.</p> <p>The Chair welcomed the members of public to the meeting. The members of the public had been briefed already, both verbally and in writing by the NICE team, and the Chair reminded them of the protocol for members of the public, i.e. their role is to observe and they may not speak or ask questions. Also, no filming or recording of the meeting is permitted.</p> <p>The Chair reminded all present that the PHAC is independent and advisory, and that its decisions and recommendations to NICE do not represent final NICE guidance; and they may be changed as a result of public consultation.</p> <p>The Chair outlined the general housekeeping for the venue which included noting all fire exits.</p> <p>The Chair outlined the objectives of the meeting which included:</p> <ul style="list-style-type: none"> <li>• discuss the initial findings of a review of practice in England</li> <li>• further discuss the framework for evaluating the cost effectiveness of interventions</li> <li>• receive expert testimony on an example of local practice and the determinants of healthy ageing</li> <li>• receive draft recommendations and considerations based PHAC discussions at the last meeting</li> <li>• consider drafting further recommendations, considerations and research recommendations</li> <li>• consider gaps in the evidence base and</li> </ul>	

	<p>potential expert testimony</p> <p>The Chair informed the PHAC that apologies had been received. These are noted above.</p>	
<p><b>2. Declarations of Interests</b></p>	<p>The Chair explained that verbal declarations of interest are a standing item on every agenda and are recorded in the minutes as a matter of public record. The Chair asked everyone to declare any additional interests that may have arisen since the first meeting in July.</p> <p>The interests declared were as follows:</p> <p><b><u>Non-personal, non-specific, non-financial</u></b>  <b>Jennifer Connolly:</b> On placement 2 days a week with Strategic Clinical Networks in Cheshire &amp; Merseyside. Includes links with the End of Life Network which in part looks at support services for older people</p> <p><b><u>Non-personal, non-specific, financial</u></b>  <b>Christina Victor:</b> Received grant from the Alzheimer's Society for evidence synthesis in the area of dementia, loneliness and isolation</p>	
<p><b>3. Minutes of the last meeting</b></p>	<p>Following one minor correction, the minutes from the previous meeting were confirmed as an accurate account</p>	
<p><b>4, 5. LSE: Review 3 provisional results and discussion</b></p>	<p>The LSE review team gave a presentation on the results from the third review.</p> <p>Following LSE's presentation, the PHAC members raised some queries and discussed the findings.</p>	
<p><b>6, 7. Update on cost-effectiveness analysis and discussion</b></p>	<p>The Matrix review team gave a presentation about the cost effectiveness analysis</p> <p>Following Matrix's presentation, the PHAC members raised some queries and discussed the findings.</p>	
<p><b>8. Expert testimony – prioritisation</b></p>	<p>The NICE team gave a presentation about the current state of the evidence base and asked the PHAC to identify any areas which have not been addressed and that should be made a priority for expert testimony.</p>	
<p><b>9. Expert testimony – James Nazroo</b></p>	<p>The PHAC received expert testimony from James Nazroo. James is Professor of Sociology and Director of the Centre on Dynamics of Ethnicity at the University of Manchester.</p> <p>James presented on different approaches to assessing wellbeing, key factors which can negatively impact on wellbeing and resilience factors which can positively</p>	

	impact on wellbeing	
<b>10. Questions and discussion</b>	<p>The chair thanked James for his presentation.</p> <p>The PHAC discussed the points that James had made and raised a number of queries.</p>	
<b>11. Expert testimony – Trish Hill</b>	<p>The PHAC received expert testimony from Trish Hill. Trish is the Adult Wellbeing Officer for Poynton Town Council</p> <p>Trish gave a presentation about her role and the work that she and Poynton Town Council have done to promote mental wellbeing and independence in older people</p>	
<b>12. Questions and discussion</b>	<p>The chair thanked Trish for her presentation.</p> <p>The PHAC discussed the points that Trish had made and raised a number of queries.</p>	
<b>13. Guideline development</b>	<p>Kay Nolan and Ruaraidh Hill gave a presentation summarising evidence considered by the PHAC and potential gaps.</p> <p>The group discussed all of the evidence and testimony that they had heard throughout the day. They noted where gaps in the evidence remain and discussed recommendations that could be made.</p> <p>The group then reviewed the recommendations which had been previously drafted and made some amendments.</p>	
<b>14. Summary of the day and next steps</b>	<p>The Chair summarised the items that had been discussed and agreed throughout the day.</p> <p>Kay Nolan outlined the next steps including the objectives of the next meeting on Tuesday 16 December.</p> <p>The NICE team will make amendments to the recommendations based on the discussions from the meeting</p> <p><b>ACTION: NICE team to further develop the draft recommendations based on the PHAC discussions</b></p>	<b>NICE</b>
<b>17. Any other business</b>	There were no additional matters arising	
<b>18. Close</b>	The meeting closed at 16:30	