

Putting NICE guidance into practice

**Resource impact report:  
Older people: independence and mental  
wellbeing (NG32)**

Published: December 2015

## Summary

This resource impact report looks at the resource impact of implementing [NICE's guideline on older people: independence and mental wellbeing](#) in England.

The commissioners of this guideline are local authorities, CCGs, and public, private, voluntary and community sector organisations. The providers could be local authorities, and public, private, voluntary and community sector organisations.

This report focuses on the recommendations that we consider to have the greatest resource impact nationally, and therefore need the most additional resources to implement or that can potentially generate the biggest savings.

Providing activities for older people ([recommendations 1.2.1, 1.2.2 and 1.3.1](#)) should be funded from existing resources where possible. Some additional costs related to organisation and delivery may be incurred locally. However, any additional costs may be offset by savings from a reduction in:

- the number of GP appointments needed
- the number of falls
- diabetes, stroke and coronary heart disease
- depression and dementia.

## About this resource impact report

This resource impact report is an implementation tool that accompanies NICE's guideline: [older people: independence and mental wellbeing](#) (NICE guideline NG32).

**Issue date:** December 2015

### This report is written in the following context

This report represents NICE's view. It was arrived at after careful consideration of the available data and through consulting professionals. It should be read in conjunction with NICE's guideline. The report focuses on those areas that may have an impact on resource utilisation.

The cost and activity assessments are estimates based on a number of assumptions. They provide an indication of the potential impact of the principal recommendations and are not absolute figures.

Implementation of the guideline is the responsibility of local commissioners and/or providers. Commissioners and providers are reminded that it is their responsibility to implement the guideline, in their local context, in light of their duties to have due regard to the need to eliminate unlawful discrimination, advance equality of opportunity and foster good relations. Nothing in this guideline should be interpreted in a way that would be inconsistent with compliance with those duties.

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