

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

Sunlight Exposure: benefits and risk

**2nd Meeting of the Public Health Advisory Committee F
Sunlight exposure - benefits and risks**

**Royal College of Obstetricians and Gynaecologists (RCOG), 27 Sussex
Place, Regent's Park, London, NW1 4RG
Tuesday 10th June 2014**

FINAL Minutes

Attendees:	<p><i>PHAC Members</i> Catherine Law, Janis Baird, John Hawk, Eugene Healy, Melvyn Hillsdon, Gary Lipman, Stuart Lines, Shelley Mason, John Macleod, Ann Nevinson.</p> <p><i>NICE Team</i> Antony Morgan, Rukshana Begum, Kim Jeong, Patricia Mountain, Peter Shearn, Tracey Shield, Clare Wohlgemuth.</p> <p><i>Review Team York Health Economics Consortium</i> Bryony Beresford, Rob Hodgson, Nicola Moran (9.45am -1.15pm)</p> <p><i>Experts</i> John O'Hagan</p>
Apologies:	<p><i>PHAC Members</i> Lesley Rhodes David McDaid, Jim McManus</p> <p><i>Co-optees</i> Rashmi Shukla</p>

Author	PM
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Version	Final
Audience	PHAC members, NICE team, members of the public

Item		Action
<p>1. Welcome and objectives for the meeting</p>	<p>The Chair welcomed the Public Health Advisory Committee (PHAC) to the second meeting on Sunlight Exposure: benefits and risks.</p> <p>The Chair welcomed the members of the review team and the expert. The Chair informed the PHAC that apologies had been received. These are noted above.</p> <p>The Chair welcomed the members of public to the meeting. The members of the public had been briefed already, both verbally and in writing by the NICE team, and the Chair reminded them of the protocol for members of the public, i.e. their role is to observe and they may not speak or ask questions. Also, no filming or recording of the meeting is permitted.</p> <p>The Chair reminded all present that the PHAC is independent and advisory, and that its decisions and recommendations to NICE do not represent final NICE guidance; and they may be changed as a result of public consultation.</p> <p>The Chair outlined the objectives of the meeting which included:</p> <ul style="list-style-type: none"> • To hear from NICE on the draft NICE public health guideline on Vitamin D - implementing existing guidance • To discuss the findings from the ‘overview of systematic reviews exploring complex risk communication’ and the ‘qualitative documentary analysis of UK media on: communicating the benefits and risks of ultraviolet light to the general population’. • To hear an update from Public Health England in regard to the progress of the Advisory Group on Non Ionising Radiation (AGNIR) on their review of ultraviolet radiation in relation to vitamin D synthesis • To discuss further opportunities for expert testimony 	
<p>2. Declarations of Interests</p>	<p>The Chair explained that verbal declarations of interest are a standing item on every agenda and are recorded in the minutes as a matter of public record.</p> <p>The Chair asked the PHAC to declare any changes to their interests. Previous declarations of interest will be published in the minutes which can be found on the NICE website here http://guidance.nice.org.uk/PHG/77</p>	

	<p>Additional interests declared were:</p> <p>Personal pecuniary interest: Gary Lipman- Managing Director of JK Health and Beauty Technologies Group, the UK subsidiary of JK Group GmbH, Germany.</p> <p>Personal non-pecuniary interest: Gary Lipman Chair of The Sunbed Association. The Sunbed Association (TSA) was set up in 1995 as the association for the sunbed industry. It is a non-profit making organisation, representing operators, manufacturers and distributors of sunbeds.</p> <p>Eugene Healy: an academic interest in sunlight exposure and Vitamin D and has worked on a systematic review on this topic.</p> <p>John o Hagan – John is Director, Division 6 ‘photobiology and Photochemistry’ of the International Commission on Illumination. He is also a member of the Scientific Expert Group at the International Commission on Non-ionizing Radiation Protection.</p> <p>Bryony Beresford – no interests declared Rob Hodgson – no interests declared Nicola Moran – no interests declared</p> <p>The Chair and the Associate Director noted that the interests declared did not prevent the attendees at committee from fully participating in the meeting.</p>	
<p>3. Minutes of the last meeting</p>	<p>These were approved as an accurate record with one clarification on the minutes, and all matters arising were on the agenda.</p> <p>A further clarification on the declarations of interest related to a member who had given apologies and this is to be clarified at the next meeting.</p>	<p>NICE</p>
<p>4. • Role and responsibility of PHAC members • Update from SACN</p>	<p>Antony Morgan (AM), Associate Director at NICE, gave a short presentation on the roles and responsibilities of PHAC members and the NICE team within the guidance development process. AM explained the outline timeline for the process with the key development stages: scoping, development, and validation with publication in July 2015.</p> <p>The Scientific Advisory Committee on Nutrition (SACN.) This is an advisory Committee of independent experts that provides advice to Public Health England as well as other government agencies and Departments. A meeting did occur prior to this PHAC meeting but no update was available, AM will update at the next meeting of this committee</p> <p>Action: NICE to update the PHAC on the progress of SACN at the next meeting</p>	<p>NICE</p>

<p>5. Update: Vitamin D – implementing existing guidance</p>	<p>Peter Shearn, analyst at NICE, gave a presentation to the PHAC on the NICE guideline in development on Vitamin D: implementation of existing guidance to prevent deficiency. This is currently out to stakeholder consultation on the draft guidance (13th May – 24th June 2014). The focus of the guidance is: to address very low awareness of the importance of vitamin D among at risk groups (health professionals & public); to increase local availability of vitamin D supplements for at-risk groups and to improve access to Healthy Start supplements, including through pharmacies.</p> <p>PS gave a summary of the draft recommendations within this guideline, and explained that these are still draft, and may change further after consultation. There was time for questions and discussion</p> <p>Action: NICE team to add the final published Vitamin D guidance to the October meeting of this committee</p>	<p>NICE</p>
<p>6,7 Overview of systematic reviews exploring complex risk communication</p>	<p>Rob Hodgson (RH), analyst from York Health Economics Consortium (YHEC), gave a presentation to the PHAC, giving a high level summary of the findings of selected systematic reviews which have explored the effectiveness of complex risk communication.</p> <p>There was time for questions and discussion</p>	
<p>8.9 Sunlight Exposure: communicating the benefits and risks of ultraviolet light to the general population – a qualitative documentary analysis of UK media</p>	<p>Nicola Moran and Bryony Beresford from YHEC gave a presentation to the PHAC on their study.</p> <p>As the media play an important role in shaping and influencing public understanding, beliefs and behaviours around public health issues, the study looked at how sunlight exposure and public health recommendations about safe exposure is reported within UK national newspapers and magazines.</p> <p>There was time for questions and discussion</p> <p>Action: NICE to email presentations from this meeting to PHAC members</p> <p>Action: NICE team to invite the Communications lead for this guideline to the agenda of a future meeting</p>	<p>NICE NICE</p>
<p>10. Drafting recommendations and considerations</p>	<p>The PHAC considered the evidence that they heard and began to discuss potential recommendations. The Chair explained that this is an iterative process following NICE Centre for Public Health methods and processes and that members would have the opportunity at a later point to revise any draft recommendations.</p> <p>The PHAC agreed a possible outline for the structure of the recommendations section of the guidance. They agreed that they would start drafting recommendations</p>	

	<p>at the next PHAC meeting once they had received the next reviews.</p> <p>Action: NICE to bring PH32 to next PHAC meeting</p> <p>Action: NICE to consider with their editors having a series of statements that a practitioner can chose from as part of this guideline.</p> <p>Action: NICE editor to next PHAC meeting agenda</p> <p>Action: NICE to circulate to the PHAC for the 4th meeting (September 2014) the relevant recommendations from Behaviour change: the principles for effective interventions (PH6) and Behaviour change: individual approaches (PH49)</p>	<p>NICE</p> <p>NICE</p> <p>NICE</p> <p>NICE</p>
<p>11, 12 Expert Testimony: AGNIR to provide update on their review of ultraviolet radiation in relation to vitamin D synthesis</p>	<p>John O’Hagan, from the Advisory Group on Non-ionising Radiation (AGNIR), gave expert testimony to the PHAC.</p> <p>AGNIR was set up in 1990 and continued its work programme within the Health Protection Agency (HPA) from 2005, and then within Public Health England (PHE) from 2013.</p> <p>AGNIR produced a report in 2002 on available evidence for health effects from exposure to UV radiation, including a chapter on Vitamin D</p> <p>The AGNIR began work on a review of ultraviolet radiation in relation to vitamin D synthesis during 2012. AGNIR. This will include</p> <ul style="list-style-type: none"> • Physics of Ultraviolet Radiation • Overview of Vitamin D, UV and Health • Photo biological aspects of Vitamin D <p>There was time for questions and discussion. The Chair thanked John for his testimony.</p>	
<p>12. Committee suggestions for expert testimony and addressing any gaps in the evidence</p>	<p>As part of the guideline development process the PHAC has the opportunity to invite experts who may help with either gaps in the evidence base or contextual aspects of the guidance that maybe helpful in formulating recommendations.</p> <p>The PHAC discussed where there are gaps in the evidence and what sort of expert testimony would be useful to fill those gaps.</p> <p>The NICE team noted the suggestions</p> <p>Action: NICE to update the PHAC on progress with expert testimony recruitment at next meeting</p> <p>Action: NICE team to add John Hawk and Lesley Rhodes to give expert testimony to the next PHAC</p>	<p>NICE</p> <p>NICE</p>

	meeting on Vitamin D and ultraviolet radiation exposure – a photo dermatologist’s viewpoint. Also to invite someone on eye health	
13. Summary of the day and any Other Business/Next steps	The Chair summarised the items that had been discussed throughout the day. <ul style="list-style-type: none">• The next meeting is Tuesday 22nd July 2014 at NICE London Office, 10 Spring Gardens, London SW1A 2BU• PHAC members were reminded that NICE will only process expenses that are submitted within 3 months of the date incurred	
14. Close	The meeting closed at 3.30pm.	

Next meeting: Tuesday 22nd July 2014

VENUE FOR NEXT MEETING: NICE London Office, 10 Spring Gardens, London SW1A 2BU