

Sunlight Exposure: Benefits and Risks Committee meeting 7

Date: 17/03/2015

Location: Derwent, NICE Office, London

Minutes: Final

| Committee members present: | | |
|-----------------------------------|--|----------------------------|
| Catherine Law (Chair) | | (Present for notes 1 – 14) |
| Lesley Rhodes (topic member) | | (Present for notes 1 – 14) |
| Ann Nevinson (community member) | | (Present for notes 1 – 14) |
| Stuart Lines (core member) | | (Present for notes 1 – 14) |
| John Macleod (core member) | | (Present for notes 1 – 14) |
| Eugene Healy (topic member) | | (Present for notes 1 – 14) |
| Janis Baird (topic member) | | (Present for notes 1 – 14) |
| Gary Lipman (topic member) | | (Present for notes 1 – 14) |

| In attendance from NICE: | | |
|---------------------------------|--------------------|---------------------------|
| Antony Morgan | Associate Director | (Present for notes 1 – 7) |
| Clare Wohlgemuth | Analyst | (Present for notes 1 – 7) |
| Emma Doohan | Project Manager | (Present for notes 1 – 7) |
| James Jagroo | Analyst | (Present for notes 1 – 7) |
| Tracey Shield | Analyst | (Present for notes 1 – 7) |

| Experts | | |
|-------------------|-----------------------|-----------------------|
| Vivien Lund | Public Health England | (Present for note 11) |
| Apologies: | | |
| John Hawk | Committee member | |
| Shelley Mason | Committee member | |
| David McDaid | Committee member | |

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|-----------------|------------------|
| Melvyn Hillsdon | Committee member |
| Rashmi Shukla | Co-optee |

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 7th PHAC meeting on 'Sunlight Exposure – benefits and risks'. The Committee members and attendees introduced themselves.

The committee informed the committee that John Macleod has been appointed as the vice chair for this committee.

The Chair welcomed the members of the public to the meeting. The members of the public had been briefed already, both verbally and in writing by the NICE team, and the Chair reminded them of the protocol for members of the public, whose role is to observe (they should not speak or ask questions). No filming or recording of the meeting is permitted. The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting as follows:

The aim of the meeting is to finalise the guidance on '**sunlight exposure: benefits and risk**', to be published in July 2015.

The objectives of the 2 days are to:

- consider stakeholders comments on the draft guideline
- consider the equality impact assessment of the guideline
- discuss revisions and finalise the guideline
- discuss plans for dissemination and implementation.
- Provide an update from SACN

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was **Sunlight Exposure: communicating the benefits and risks to the general population.**

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The Chair explained that NICE had recently changed its declarations of interest policy. This has changed since the committee was formed. The committee was sent a copy of the new policy with their meeting papers. It was agreed that the new policy would be taken forward from this point onwards. All of the interests made under the old policy have been reviewed in light of the new policy and will be published on the NICE website once agreed with the PHAC members. Of the declarations made by the attendees at today's meeting, the following declaration was considered a conflict of interest:

| Name | Job title, organisation | Declarations of Interest, date declared | Type of interest | Decision taken |
|-------------|-----------------------------------|--|-----------------------------|--|
| Gary Lipman | Chairman – The Sunbed Association | Gary is Managing Director of JK Health and Beauty Technologies Group, the UK subsidiary of JK Group GmbH, Germany. This company produces light emitting devices. | Personal financial Specific | Declare and leave the meeting whilst sunbeds are discussed |

It was agreed that Gary Lipman would not participate in the committee meeting discussions when the issue of sunbeds was being considered due to his specific financial interest noted above.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. The following was noted:

| Name | Job title, organisation | Declarations of Interest, date declared | Type of interest | Decision taken |
|-------------|--|---|---------------------------------|-------------------------|
| Janis Baird | Senior Lecturer in Public Health Medicine - MRC Lifecourse Epidemiology Unit | Since the last meeting of PHAC F, I and a group of colleagues at the MRC Lifecourse Epidemiology Unit, University of Southampton, have received funding from Danone Nutrica Early Life Nutrition for a specific research study which aims to improve the nutrition and Vitamin D status of pregnant women. I believe this is potentially a non-personal pecuniary | Non-personal financial Specific | Declare and participate |

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| | | interest. | | |
| 3. Minutes of last meeting | | | | |
| <p>The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.</p> <p>The Chair confirmed that all matters arising had been completed or were in hand.</p> <p>The minutes will now be uploaded to the NICE website.</p> | | | | |
| 4. General NICE update | | | | |
| <p>The Chair introduced Antony Morgan, Associate Director at NICE, who updated the committee about the timeline for producing the guideline.</p> <p>The committee were reminded to refer any press queries about NICE guidelines to the press office:</p> <p>Office hours: 0300 323 0142 Out-of-hours on 07775 583 813 pressoffice@nice.org.uk</p> | | | | |
| 5 and 6. Stakeholder comments | | | | |
| <p>The Chair introduced Clare Wohlgemuth, Analyst at NICE, who presented an overview of the stakeholder comments on the draft guideline.</p> <p>The committee then had an opportunity to raise any points that they were keen to discuss that hadn't been highlighted in the presentation.</p> | | | | |
| 7 and 8. Equality impact assessment | | | | |
| <p>The Chair introduced James Jagroo, Analyst at NICE, who presented the equality impact assessment in relation to this guideline. The issues raised will be considered further as the committee make revisions to the guideline.</p> | | | | |
| 9 and 10. Revising the recommendations | | | | |
| <p>The committee then looked in turn at all of the sections in the guideline and suggested changes based on the stakeholder feedback. They discussed:</p> <ul style="list-style-type: none">• General comments on the guideline including the scope of the guideline. Gary Lipman was asked to leave the room whilst the issue of sunbeds was discussed. | | | | |

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- Each of the recommendations in turn. The committee discussed recommendations 1 – 5 and recommendation 10.

11. Revising the recommendations

The committee considered the stakeholder comments and made revisions to recommendations 12, 13 and 14.

12. Summary of the day and next steps

The Chair outlined the remaining items to be discussed at the PHAC meeting tomorrow:

- The committee would have a chance to revise recommendations 6 – 9 in light of the stakeholder comments.
- They will consider whether any additional recommendations will be needed for people who choose to avoid the sun.
- They will also look at the considerations section and any other parts of the guideline that may need further revision.

In addition, the committee were keen to think about:

- The ordering of statements in the guideline – risks then benefits or benefits then risks.

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Sunlight Exposure: Benefits and Risks Committee meeting 8

Date: 18/03/2015

Location: Derwent, NICE Office, London

Minutes: Final

| Committee members present: | | |
|-----------------------------------|--|----------------------------|
| Catherine Law (Chair) | | (Present for notes 1 – 11) |
| Lesley Rhodes (topic member) | | (Present for notes 1 – 11) |
| Ann Nevinson (community member) | | (Present for notes 1 – 11) |
| Stuart Lines (core member) | | (Present for notes 1 – 11) |
| John Macleod (core member) | | (Present for notes 1 – 11) |
| Eugene Healy (topic member) | | (Present for notes 1 – 11) |
| Janis Baird (topic member) | | (Present for notes 1 – 11) |
| Gary Lipman (topic member) | | (Present for notes 1 – 11) |
| Rashmi Shukla (co-optee) | | (Present for notes 1 - 11) |

| In attendance from NICE: | | |
|---------------------------------|------------------------|----------------------------|
| Antony Morgan | Associate Director | (Present for notes 1 – 11) |
| Clare Wohlgemuth | Analyst | (Present for notes 1 – 11) |
| Emma Doohan | Project Manager | (Present for notes 1 – 11) |
| James Jagroo | Analyst | (Present for notes 1 – 11) |
| Tracey Shield | Analyst | (Present for notes 1 – 11) |
| Alexa Forrester | Implementation adviser | (Present for notes 1 – 7) |
| Ciara Donnelly | Implementation adviser | (Present for notes 1 – 7) |

| Apologies: | |
|-------------------|------------------|
| John Hawk | Committee member |
| Shelley Mason | Committee member |
| David McDaid | Committee member |

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Melvyn Hillsdon

Committee member

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 8th PHAC meeting on 'Sunlight Exposure – benefits and risks'. The Committee members and attendees were introduced.

The Chair welcomed the members of the public to the meeting. The members of the public had been briefed already, both verbally and in writing by the NICE team, and the Chair reminded them of the protocol for members of the public, whose role is to observe (they should not speak or ask questions). No filming or recording of the meeting is permitted. The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of final meeting, which included to:

- consider stakeholders comments on the draft guideline, in particular recommendations 6 - 9
- discuss revisions and finalise the guideline
- discuss plans for dissemination and implementation.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was **Sunlight Exposure: communicating the benefits and risks to the general population.**

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. No additional declarations were made.

The Chair noted the following:

- Gary Lipman is unable to participate in the committee when sunbeds are discussed due to his specific financial interest noted above.

3 and 4. NICE Implementation

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The Chair introduced Alexa Forrester from the Implementation team at NICE. She provided an overview of the stakeholder comments on the implementation section of the guideline and the committee discussed these and began to think through the revisions. The committee will have a chance to look at these changes in detail when the revised guideline is circulated.

5 and 6. Revising recommendations and considerations

The committee had a chance to discuss the feedback from Vivien Lund yesterday on the SACN report on vitamin D.

The committee agreed that an additional recommendation should be drafted on the variability of benefits and risks depending on a number of variables, including environmental, biological and behavioural factors.

The committee looked at recommendations 6 – 9, agreeing revisions based on the stakeholder feedback.

7 and 8. Revising the considerations

The committee looked through the considerations section, suggesting changes based on the stakeholder comments.

The committee then considered the research recommendations and made some minor amendments.

Finally the committee reviewed and revised the context section.

The chair asked the committee to consider whether within the title and the guideline they'd like to refer to risks first, then the benefits OR benefits first before the risks. There was an agreement that both were important, so the text should remain as it currently is in the guideline. A new consideration on this should be added to outline the discussion that the committee had.

9. Summary and final thoughts

It was agreed that Antony Morgan should report back that the AGNIR report may have some useful additional information that may mean the guideline should be reviewed more quickly than usual. However, the SACN report won't influence the outcome of this guideline, so the committee advised that the guideline should publish as planned in July. **This should be reported back to the NICE Guidance Executive.**

Any further changes to the guideline should be fed back to the NICE team, but it was felt that most substantive issues have been discussed and consensus has been

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reached.

The Chair confirmed that the revisions to recommendations 6-9 had been extremely helpful.

The next steps were agreed as follows:

- The team will now revise the guideline in line with the discussions had during the meeting.
- 13th – 27th April 2015 – the revised guideline will be sent back to the committee to ensure that the reflections have been correctly interpreted. This is largely an editorial process rather than a chance to debate the key issues again.
- The guideline will be signed off by the chair before being considered by NICE's Guidance Executive.
- This is due to be published in July 2015.

11. AOB

The committee were advised that expenses should be submitted within 3 months of the meeting.

The next meeting of PHAC F will be on Harmful Sexual Behaviour. New topic members will be starting on this new guideline.

Thanks were given to the sunlight topic members for their excellent contributions and to the core members who will be meeting again in May.

Date of next meeting: 13/05/2015

Location of next meeting: Broadway House, London